

The Laws of Sex

BY

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The Laws of Lust and Sex: The debates of celibacy and purity have been the subject of many philosophers' public conversations, and many have strongly advocated for blanket chastity. Men like Plato, Socrates, St. Augustine, Isaac Newton, and Immanuel Kant, all developed and taught treatise on this subject, which were linked to one another, and like children of a marriage of convenience between two opposing principles, neither of them was religious or even particularly humanistic. The elitist philosophical trope was significantly misappropriated by some New Age discourses, but the idea of celibacy remained a powerful topic in their ideals.

Sexual Attraction:

One may wonder why celibacy, purity, virginity and chastity were frequent themes in medieval religious discourse and particularly prevalent in the ideals of monotheistic religions. Many religious figures were frequently virgins and cultivated chastity as many monastic writers drew on those models when considering their own spirituality. Hundreds of priests, scholars, jurists and monks wrote about monastic virginity or chastity and most highlighted the importance of curbing sexual desire. Also, as an exegete against detractors, most pious men and women insisted that what matters most is chaste humility. This is one of the most important aspects of celibacy, as remaining chaste is far more difficult than being promiscuous, as there is a higher probability of you surviving a fall from a 100-story building than be able to remain celibate and pure for a lifetime, as almost no one, out of the eight billion humans in our world, nearly no person was successful in the endeavour or remaining aloof from the parasite-filled body parts of other humans. The human body is a living creature which contains thousands of different types of the most horrific bacteria and parasites. In particular, the people who worship the private parts of others should be aware of the fact that an average person emits thousands of cubic metres of putrid gas from their bodies, which smell far worse than the stink spray shot from skinks. Most gas passed during

human flatulence can be noticed because there is a pungent smell. The wind passed from human bodies often contains odourless gases, such as nitrogen, oxygen, hydrogen, carbon dioxide and methane, but a large portion includes hydrogen sulphide, which causes it to smell like rotten eggs. Think of hydrogen sulphide as the waste of the microbes helping you digest the indigestible. Then, there are other factors contributing to smelly farts, including compounds that are byproducts from meat digested, and whether there are faeces present in the rectum when flatulence occurs. Humiliating oneself or another person's body is not compatible with general human feelings and essentialities. Being promiscuous and sexually divergent and perverse are not actions that are affable with human nature, as sexually explicit acts and actions are the nature of animals, beasts and things that have no soul or sensibilities. It leads to the general idea that any kind of sexual relationship and sexual acts causes people to shed their morality and takes the humanity out of humans and turns them into a selfish, self-serving, self-oriented and self-pleasing creatures, who are incapable of feeling compassion. The act of degradation and humiliation in sexual relationship affect not only those who are promiscuous but adversely affect the people around them. But sexual addicts are morally in a precarious situation because they do not realise the danger of their actions. Unlike drug addicts who are drawn to narcotics but understand the danger of overdosing, the men and women who are addicted to sexual activities do not consider their depraved actions to be harmful, either to themselves or to the person whose body they are using, abusing and humiliating. But rather than acknowledging the guilt of promiscuity, the most horrifying thing about sexual addicts is that those who are involved in sexual acts always portray themselves as martyrs to themselves and to others. They often tend to constantly lie to themselves and to others and claim that they are doing a great act of love and a great service for humanity as they use and abuse another human's body. They claim to love that person when in fact, all they are doing is fulfilling their selfish carnal desires, and salvaging their own sexual appetites and gaining a sort of sadistic ecstasy through the degradation and humiliation of another human being.

While almost any difficulty in the world could have been resolved if someone was to be celibate, being chaste and staying pure is the most difficult feat in the universe. If ten superb snipers were madly firing at you, while you were trapped in the middle of an open field, you will have more chance of surviving that attack and coming out of the skirmish alive, than be able to live a chaste life and be completely celibate. There is nothing in the world more difficult than being pure. It is a simple fact. Billions of people have come to this world. Billions have passed away. Hardly any had been able to maintain ultimate chastity. And almost no one can remain single, chaste and virgin, and almost everyone becomes a sexual slave to another person, or persons. For those who are sceptical about celibacy or deem it a sacrifice, it is worth knowing that being chaste is a treasure, not a torment. You may think that you are missing out a lot from life by being chaste, and living a celibate life, without sexually servicing every man or woman who appears before you, and this could feel somewhat oppressive. Indeed, how can you imagine being celibate and pure? Perhaps, you cannot even entertain the idea of being away from your sexual partner for one day, or avoid having sexual encounters for one night, but think of what might happen in the future, when and if a nuclear warfare breaks out, or a natural catastrophic event, such as the super volcanoes in Italy and Iceland, which have been showing signs of activity in recent days, erupts

simultaneously, blanketing half the world in a thick smog, blocking sunlight completely, causing a volcanic or nuclear winter, destroying every last crop on earth and killing all herbivores. With deadly diseases and radiation everywhere, people will fall terribly ill and every other person will contract some form of fatal cancer, with skin particles falling off, and bones becoming so brittle that walking would be impossible. The most common form of illness would likely be bone cancer, causing irregular spikes of cells to pierce every nerve like needles, creating such excruciating pain that even the most powerful painkillers, which is ten times more effective than heroin, would be useless in lessening the anguish or dulling the pain. Patients would suffer from kidney malfunction due to the severity of the painkillers but it would be futile in stopping the agony. The harsh side effects of those pain-relieving medication would damage the liver and collapse all functions completely, but still the pain would not go away, and they would suffer a bitterly painful death. This is a reality that awaits many of us, and in that dire situation, would anyone still desire to worship and sexually service the body parts of another human, or obsess about a particular part of their body which emanates over fifteen thousand kilograms of horrifically putrid faeces in a lifetime? Would being sexually active still be so important then? Because when that disaster appears at our doorstep, we will wish we have been celibate and avoided such a bitter end.

Sexual Indulgence and Natural or Unnatural Disaster:

Authentic historical records demonstrate that whenever a nation or society became sexually promiscuous and engaged in a variety of acts to enhance their carnal pleasures, they inevitably gave up God's religion and faith in any form of moralistic creed, due to their zeal to abandon all forms of pure love and chastity. Within a decade of relinquishing religion, those nations found themselves in mortal pain and dangers. The horrors of the First and Second World Wars are still fresh in many of our minds, and while there is no doubt that the horror of death and destruction

befell Europe and North America in the 1900s was because of their vagrant sexual revolutionary ways, even more indirect suffering struck the people of India during World War 2. Although India was not directly engaged in warfare, but their people suffered untold terror and pain from starvation as the entire region faced the worst possible famine of the century. Local chroniclers in India reported that from the end of World War One, millions of Indians who had recently been accustomed to a handful of luxury items which modern technology offered them became ecstatic and many became overindulgent in their sex lives, and even though most of the sexual encounters took place between married couple, the excess of pleasure and the enjoyment and exploitation of human flesh caused them to lose their soul and become careless. Soon, they faced the worst famine and drought which led to the deaths of millions. This became later known as the Bengal famine of 1943 and in this anthropogenic famine in the Bengal province of British India, no less than five million people died either directly from starvation or indirectly from malnutrition and exposure. The elders and gurus of India had lamented that people there had been too sexually indulgent and this caused them to suffer from such acute distress. Nowhere in history can there be found a single locale or region where the people did not suffer terribly after becoming overindulgent in sexual encounters or devise creative ways to enjoy each other sexually. During World War 2, the hardship which befell Indians was due to their sexual promiscuousness just as the terrible warfare which plagued Russia during the same time frame was due to their excesses in sexual indulgence. Economic historians have tried to examine the actual reason behind the Bengal famine, but they scarcely are able to agree on any one particular cause. They insist however that the claim that colonialism caused famines cannot be verified because there is no evidence that famines were less frequent or less deadly before. But as sexual activities increased in many Indian regions, the population rose and disaster struck them mercilessly, and even though they had decided not to get involved in the world war, they still suffered similar fate to the three million people who nearly starved to death during the Siege of Leningrad. Contrary to some claims, the British did not start the famines. Geography did and it did so due to the excessive sexual indulgence of the people who lived in that area.

Some people might argue that sexual encounters between people have been taking place for thousands of years, and why must this generation suffer from unexpected turmoil and terror when previous generations were let off with relative ease? The facts speak plainly enough for all of us, as we can see that during the past centuries, even as early as the sixth century, when the Justinian Plague took place and the world faced a brutal volcanic winter, all the way to the last century which witnessed two of the deadliest world wars, our ancestors had their share of suffering, which almost always preceded an uptick in sexual activities. However, people in this era would definitely face a much greater disaster of unimaginable magnitude, because never before in human history have people been more sexually perverse and lustfully creative. Today, every adolescent child has access to the filthiest porn images and most couples are exposed to the dirtiest films and pictures imaginable, while in the generations before us, our parents and grandparents generally considered sexual acts to be acceptable in marriage only because it produced children. Because the population of the world then was much fewer than it is today, the people of our grandparent's generations were far less promiscuous than us, and women generally tried to remain chaste, due to the fear of becoming pregnant. Even in marriage, wives were terrified of birth pains, and

fifty percent of mothers would perish at child birth. In fact, there was almost no medical sciences available and certainly not as advanced as today's medical laboratories, and each sexual encounter meant a neat death experience for those people, and dying in childbirth was in itself the most self-sacrificing and frightening thing in the universe for a woman. To bear a child by getting married or sexually involved with someone else was almost as fatal as it was terrifying because most children died in infancy, and mortality rate was as high as 80% and in every family, an average of a third of the couple's children would die before reaching adolescence. My very own grandmother would often weep reminiscing about her deceased children, because three of her daughters died in infancy from undiagnosed and incurable diseases before their first birthday. In the past centuries, the act of sexual relationship was a thing to be feared off and women were terrified of it, and saw it akin to death itself. But today with medical sciences, and pain free childbirth, and almost zero rate of mortality amongst delivering mothers, and almost a 95% decrease in infancy death, the fear of sexual encounters has decreased or disappeared. In this century, every act in a sexual relationship has become not an act of causing childbirth because the majority of women are on birth control regimen but lustful encounters have become solely the act of degrading oneself and humiliating another person physically and sexually. This act has become the greatest weapon of assassinating a human being's honour, pride self-respect, and so sexual activities became not only counterproductive, but also very dangerous, in the sense that historically, we have seen how any nation or society that became sexually promiscuous and were indulgent in lustful activities were destroyed, either by a natural disaster or by manmade catastrophes. When the British Raj began to govern parts of India, they implemented great changes and introduced modernity in every day lives. This caused the quality of life for many Indians to improve as they suddenly were able to afford automatic machineries and live with proper sanitation. This also meant that men and women in India were able to spend more time indoors and engage in romantic and sexual rendezvous. The British authorities tried to ban certain medieval and barbaric practices among the Hindu populace, such as forbidding the Sati, where Hindu widows were forced to immolate themselves upon the pyre of their deceased husbands, and thus be burned alive without reprieve. With this newfound freedom, many women and men freely indulged in fulfilling their lust using the flesh of other human bodies, and soon, a deadly famine broke out in India, known as the Madras Famine of 1878. The cause of the draught has been debated by experts, who conclude that 1877 was the driest year in over a century and monsoon failure caused distress by drying up all accessible water sources. The effect was disastrous in the Deccan Plateau and destroyed all crops and food sources. This famine also claimed millions of lives. There has been no exception to these phenomena, that whenever the people of some nation became sexually promiscuous, and they habitually engaged in reviving lustful methods of enjoying the human flesh, their society became degenerate and rather than becoming a centre for intellectual and philosophical activities, they sought to revive the sexual legacy of the past heathen civilisations.

Sexual Love:

The general practice of sexual activity in itself -without the possibility of conceiving- has become a weapon to destroy and assassinate the honour, the pride, the self-respect and the mercy from the soul and eradicate the humanity of another human being, by degrading and using an abusing the body of that person. In a world of continuing civilisation, in our world of advanced medical sciences and technology, sexual perversion and intercourse serves no other purpose than to humiliate another human's body, and it is a sadistic degradation of another living being. Sexual actions have been used as a weapon to destroy a person's character, professionally, emotionally and mentally. In fact, many people use sexual interactions and experiences as an act to control others and some people use it as an act to manipulate others and enslaving another person physically and emotionally. When people become too addicted to sexual desires, they cease to believe in God and religion, not because it ceases to make sense to them, but because they inherently resent the morality that is directly taught in the religious texts. Do not lie, do not cheat, do not fornicate and do not covet those forbidden to you, are all commandments given by God, or at least this is what religious men believe. And these laws or moral codes are at odds with sexual perversions which are common in our culture today. Those who advocate the adherence towards a heavenly inspired religion feel that moral codes present in the Ten Commandments are vital for the continuity of human life, and they likewise appreciate the synthesis of God's incomparability and His self-assimilation.

Being lustful is dangerous not only for ourselves but for humanity. Sexually indulgent people begin to see other humans, not as honourable people, but as lustful objects to be used as a toilet bowl and be discarded. This makes them doubly cruel towards others, even their loved ones, such as parents, children or siblings, and only their current sexual masters are valued by those sensual people. History confirms repeatedly that whenever leaders of nations became sexually active, they carried out unimaginable cruelty, including ordering the rape and murder of millions of people. Nero, the sexually deviant emperor of Rome, burned thousands of Christians alive, after framing them for crimes. His unnatural sexual appetites caused him to become quite merciless, making him execute his mother, and boil his wife to death and castrating a little boy and fashioning the child as his empress. King Léopold, a sexually active leader in Europe, was responsible for the deaths of 15 million people in Africa, and also put 8 million people in slavery. Adolf Hitler, another sexually active leader in Germany, is believed to have been responsible for at least 6 million deaths.

In our sexually revolutionised society, even mentioning the name of God became a taboo and is considered a sign of deformed intelligence, when those who find religion to be priceless find solace and love in the revealed scriptures wherein God describes Himself with various scriptural expressions in order to make Himself known to creation. While the true understanding of many religious passages may be attainable through mystical experiences, the moral truth and advise in the holy books cannot be completely overlooked by us. In this sexual society, as more and more sexual relationships and activities are getting popular coverage in the media and getting accepted by every single human being, it has been turned into something so horrifying that those who become acquainted with sexual deviations

cannot control their lust of human flesh and seek newer ways to satisfy their lusts. It is as if this sexual revolution was a weapon to humiliate, assault and destroy every human being's soul. Sexual indulgence is undesirable in human societies because it makes humans hate each and lose respect for one another. Medical specialist claims that many people who have difficulty metabolising sugars and carbs give out smelly gas which smell exceedingly unpleasant. It is yet a wonder why millions of people find it worthy to worship and pant after those odour-filled body parts of other humans and billions even watch images of those body parts and desire them. People who suffer from irritable bowel syndrome frequently emit faeces with wind, causing the gas not only to be severely smelly but also uncommonly unhygienic. Sexually using and abusing one another makes humans despise each other after the act is done because it makes people dehumanise each other and see them as an object, no better or nobler than an animal who is to be used and then discarded.

An increasing number of people have realized that sexual indulgence cannot satisfy man's expectations of life of happiness. The hegemony of Western sexual philosophical theories is on its way to an end, as many sexual ideologies have been discarded by scientist and plebians alike, and proven to be false by historical representations. Once a person satisfies his lust using the flesh of another human being, he or she immediately feels the urge to go to another person who uses this despicable act to enslave them and the person tries earnestly to please that new lover, and eventually becomes so arrested by lustful desires, that the person hates all the other previous sex partners of his or her past and wants to destroy them in order to please this new sensual partner. Sexual relationships and sexual actions turn humans into such animals that they become blinded towards everyone else's feelings and all emotions such as love, mercy and loyalty vanish from the heart and only one thing, one wish and one desire remain: To worship their current sexual masters and please the partners who they are in sexual relations with, and in most cases, their sexual master will be someone who can surpass them in sexual depravity, jealousy or passion. Indeed, all modes of anger- hatred- vengeance -murderous rage -killing urge- it all comes from a person's sexual actions and promiscuity. Is it rational for sensible and educated people like us to spend our hours gazing mesmerised at the phone or computer screen where a foul body part of a human being is displayed? Yet, billions of porn films are downloaded each day, as people find some joy in watching and worshipping the odour-filled reproductive organs of men and women who emit approximately thirty thousand pounds of very dangerous and unpleasant faeces from that side of the body. Numerous virus groups originate in untreated faeces and these include adenoviruses, enteroviruses, hepatitis A, reoviruses, and rotaviruses.

Philosophy tries to understand the world, and ourselves, by appeal to raw sensation and to thought and the methods of inference, and in the past centuries, philosophy tried to harness sexuality to its own very different ends. The great Greek thinker Plato studied psychology or the human psyche. Plato stressed that while eating and sex were not such bad things, but as an upper-class Greek, he preached and practiced restraint. He believed to be rational was to be in control. For this reason, Plato like his mentor Socrates, was deeply distrustful of sexual activities and even romantic love: they referred to sexual indulgence as a madness, and the very act of sex was viewed as highly revolting and dangerous. Sexual activities destroyed the ability of man to function and both Plato and Socrates held that at the moment of climax, human reason cannot be in charge. It is well known

that Plato always counselled abstinence and it was he who introduced the notorious argument that since the birds and the animals do not do it this way, neither should we.

Sexual encounters with others causes countless germs and bacteria and even parasites to travel from one body to another. Many causes major health concerns such as hepatitis A and rotavirus, but carnal desires us blind people from reality. It is curious to see that despite knowing the harm of lustful indulgence, mankind continues earnestly in this endeavour, using our intelligence to devise novel ways to satisfy the carnal desires. The human mind is a sacred entity which is meant to better the lives of others, as the mind analyses one objective affair via multiple affairs and establishes a necessary relation between them and forms unique solution to human problem, and this sacred mind should never be used in analysing the lustful acts or obsessing over the reproductive organ of other humans. These vainly addicted human beings relinquish their dignity in pursuit of the flesh of other people, and try to satisfy their carnal appetite in any manner they find feasible, until no human moral or kindness remains in those lustful hearts and no sense of patriotism or duty glimmers in the forefront of their minds.

These sexually addicted people then forego civility, and create their own diminutive sexual entertainment industries and degenerate organisations for mutual sexual satisfaction and build up resistance against God or religion, because most of the world's religions call for moral chastity and physical purity. These lustful people despise men of faith for their celibacy or physical purity, and reject faith in One God. They utterly disown God and denounce religion, refusing to serve or obey the moral codes brought forth by the prophets. Compassion eventually dies away from their hearts, and the suffering of people makes no difference to them, as everyone could go to perdition for all they cared, as it was no concern of theirs; their sexual lives and lustful kingdom was not of the next world, but they only wanted to satisfy the needs of the flesh in this world. Historically, these people have been unable to maintain civil order in their nations, as every man and woman constantly searched for more perverse ways to satisfy their sexual desires, and soon, the countries broke out into open revolt, and descended into anarchy and plunder, so that men and women therein could fulfil their sexual appetites.

Sexuality and Humility:

If the world is witnessing hatred between nations, wars between religions, anger towards laws and order, and experiencing fractured government policies that are spouting wars that are killing millions of people, it entirely comes down to the act of sexual relationships that are prevalent here. It is the jealousy and the hatred and the weakness and the slavery of sexual acts which cause this inhumanity to fester and makes everyone forget all laws of self-respect, and makes people lose all forms of emotion until he or she stops loving everyone. Sexually active people end

up losing love towards their children and parents and even siblings, because it deadens the heart, causing the soul to become hard and obtuse. Sexual actions have become weapon of humiliation and an act of degradation; an act which makes one human a slave and the other, his or her master. For eons, sexually implicit acts have turned people into senseless creatures, and become embroiled in a slave-master relationship or become an animal who hunts and gets hunted. Every human being loses their soul and loses self-respect for themselves and for their partners and that, in turn, makes them extremely angry and very hateful and doubly passionate and soulless. Sexual acts of every form in itself are enough to destroy a person's humanity and erase a person's feelings and wipe away a person's wisdom, whether the sexual act was performed with good intention or not. Verily, there is no honour in sexual relationships as there is no honour in sexual acts. There is no respect between sexual partners, and there can be no love either, because no love is possible between two people who have been sexually active with each other as this act itself makes one human being lose every form of respect, humanity, honour and mercy towards each other.

What is love?

Love is what comes between parent and their children. Love is what manifests between a child and his mother or father. Love is what comes between someone who saved you in the street despite being a stranger, but risked their life for you. Love is possible for someone you feel sorry for such as an old woman who is homeless or a frail man who is dying from cancer.

Love can never exist between two people who have degraded each other sexually because the only emotion left in that person is self-loathing and disgust and hatred towards the act of humiliation and also the person who humiliated him or her. This hatred comes in the shape and form of many other emotions such as jealousy, anger or merely finding faults and being insecure to a point that the sexually used person will wish to quarrel with loved ones, and gang up against each other within the family until all relationships start breaking apart and all former friendships crumble and the person remains busy tearing down each other and publicly shaming each other and become each other's enemy. Some religious people feel that life shows divine selection and solicitude for a chaste person. Based on this idea, they maintain that God makes a good person a divine vessel for His names and attributes, and, most notably, makes His attribute of goodness the essence of the good and chaste man or woman. This in turn, may serve to elucidate that people who are chaste, such as celibate monks, friars or priests, are often non-violent and understanding in their interaction with others, whilst serial killers and sex offenders are likely to be more prone to rage and envy. Perhaps, it is the absence of sexual degradation in the chaste people's lives which allows them to retain their humanity.

In many instances, practical life events demonstrated to me that true love cannot exist with someone who is sexually indulgent, as every antagonistic person had been promiscuous. Does this mean that every man or woman who is sexually active is violent or hateful? Of course not. However, the reverse is true. Every wrathful and vengeful or jealous person I ever came across had always been very sexually promiscuous.

Greek thinkers like Socrates and Plato believed that romantic love and lust was dangerous to society. Plato's influence came down to through the greatest of the Church fathers, Saint Augustine. This philosophy changed Augustine from a promiscuous man to a chaste one, and although as a young man, he was racked with powerful emotions and sexual guilt, he gave up carnal pursuit and spent the rest of his life trying to drive out sexual thoughts by pouring out volume after volume of attacking rhetoric against all sexual deviances and promiscuity. Oftentimes, we wonder why crime rates are so high in this century, and perverse methods of torture and degradation is the norm. Many people wonder why in this century, almost everyone has become so viciously hateful and resorted to bullying others online. We try to make sense of what has happened to people's soul and where have their nurturing hearts have gone, and why the episodes of compassion where they cared about their fellow man, or the loving nature towards each other which had existed for thousands of years is almost non-existent right now. This coldness of the heart may directly be attributed to excessive sexual indulgence and the availability of sexual content on the internet, which is accessible to every man, woman and child. It is because of sexual promiscuity that almost 98% of the people in the world have become sexually vigorous and each one of them gradually becomes addicted to lustful acts and constantly hate themselves and feel degraded and dehumanised, even though the entertainment industry and mainstream media strive tirelessly to teach people that nothing can be more noble and gratifying than satisfying sexual desires using the flesh of another human. People everywhere are taught to enjoy sexual humiliation until, eventually, many become sadistic in degrading themselves and their sexual partners, or others begin to enjoy degrading themselves in lustful acts and worship the parasite-filled body parts of their sexual masters, but that does not make them respect themselves by any standards nor can they ever love themselves or be proud of themselves and, that self-depreciation, in return makes them hate everyone around them and it also causes them to be jealous of their families and their friends who may be less promiscuous than them. For instances, thousands of women and men participate in sex competitions in many cities in Europe, and such as the 2014 sexual championship in Poland, where one of the Polish contestants tried to set record of having the most sexual partners and began a global sex marathon by trying to sleep with 100,000 men, or five to ten person each day. Ultimately, the global world record was broken by a woman who was able to have sexual encounter with 900 men in one day. Such promiscuous behaviour is not only encouraged but also glorified in our media and books, and women and men are told they are enjoying ultimate sexual freedom and liberation by humiliating their bodies. Sexual addicts become insecure in their humility and this trepidation makes them unimaginably hateful and inconceivably angry and vicious and rather selfish towards everyone they come across. This frustration grows in the sexual slave's heart, and they often vent their hatred online through blaming others and attempt to deflect their shame and emotional distress by finger pointing and cursing everyone but themselves. This takes place in the public sphere as well as in social and personal lives, as I have noticed many incidents within my close associates, where formerly affectionate siblings or parents suddenly became callous towards one another, and spared no effort to scald each other's lives and ruin reputations. The harms of sexual activities have been quite evident to me, and noticeably despicable, not only from historical perspective but personally for my own life. I can say with a great degree of conviction that people who are sexually active end

up becoming very dangerous in their psychology and unhinged in their physiognomy. Even in my very close circle, I noticed that some people who had been once very loving towards their parents and affectionate towards their siblings and understanding towards other relatives suddenly became violent and cruel and behaved completely irrationally as soon as they got involved in intense lustful activities and took a sexual partner. I personally know several young men who were very talented and extremely passionate but lost the lustre of morality and kindness within one year after becoming besotted with a certain sexual partner. A particular young man comes to mind as I write this, as he lived nearby, and I happened to know the family well. The young man loved his parents, but totally adored his two sisters, and loved them more than his own life. I often found it quite impressive and sweet. Soon, the young man moved to a neighbouring state and lived two hours away from his parents and teenage sisters, and while working in a shop, he met his future wife. The young woman he was dating was a former sex worker who had been a mutual friend as she had relationships with twelve of his friends previously, but her charms and docile demeanour melted the young man's heart. He fell in love and wanted to move in with her. Although the woman was initially a prostitute from Eastern Europe and was sexually very promiscuous, including being sexually involved with twelve of that man's friends, he was still besotted with her and immediately proposed to her. The young man's family knew about the woman's history, but they were happy for his happiness, and he married her in a lovely ceremony.

Everything was going perfectly in this happily married couple's lives, until several months after the marriage. One of the sisters had innocently expressed her surprise at the brother's decision, but the girls were civil and they participated in all family functions and congratulated the brother upon having his first child. The sisters were present at the baby's christening even though they were barely above their teens and were busy in their own scholastic endeavours. Within one year of the marriage, the young man became more and more sensitive towards his interaction with his parents and siblings, and soon, the man became sexually enslaved to his wife. With each year, he became increasingly active in his sexual life and he and his Eastern European wife constantly experimented with new forms of sexual acts. He desired greater sexual entertainment and explored sensual methods with his wife, until he became completely addicted to those humiliating acts, and gradually grew more and more violent, until he started reacting angrily to the slightest unfavourable comment or criticism.

His sisters were young and cared little about attending long parties, and they generally stayed indoors to knit or cook for school events or projects, and therefore, they skipped the birthday parties of most of their family members, but the older brother took great offense at his sisters' absence and accused them of being prejudiced towards him, because his wife was a prostitute from Eastern Europe. The young sisters were mortified to hear the accusation, and begged to be excused, insisting that they tried to avoid social functions altogether as it distracted them from their education and other projects. But the older brother became angrier by the day, eventually ceasing to take phone calls from his sisters. Suddenly, the man started to come up with excuses to be angry at everybody else in the family although his wife did not take offense at his sisters' absence from her parties, as she scarcely knew them well enough to care. But the young man rebuked the two sisters and said they were very cruel and heartless for not being nice enough to his wife. The two sisters argued that they were being perfectly civil

and were strictly maintaining all norms of society and family relationships, but he insisted that they were not being pleasant or friendly enough with his wife. This tirade continued, until the sisters accused him of being unjustly harsh towards them. The girls were justifiably hurt, as they had ever known their brother to be so angry before. They were mortified to see that the brother who loved them most affectionately and showered them with gifts and advises from a young age would suddenly become hostile in every interaction, and even cease answering phone calls. Soon, the man became very angry and became violent every time the subject of his wife came up, and to maintain civility, the sisters started to avoid him generally but they would try to go to his house only occasionally, such as once or twice every year. The sisters used the avoidance to avoid any heated confrontation with their beloved older brother, but this man became more and more angry and irrational in his demands. He implied that his sisters completely devoted themselves to his wife the way he himself was sexually enslaved to her body, and anyone who criticised the woman in any remote manner would immediately face the wrath and merciless anger of that man.

Although his three younger brothers tried to maintain formalities of the family relationships, he was wrathful over the alleged cold-shoulder from his sisters, and eventually, managed to somewhat divert his rage and started a business of his own. The man became quite wealthy and soon, he started to use his money to destroy the life of his family, and his sisters in particular. Using his accumulated millions, he hired private psychologists to give him their opinion about mental illnesses. He would drive hours each day to travel to far-away clinics to persuade the psychiatrists to take in his sisters as mentally unstable patients. For years, the young man cared for nothing in the world other than to try and commit his sisters into mental institutions. The man became so obsessed with his sexual partner that he wanted his entire family to be either destroyed or be completely enslaved and devoted to his sexual partner. He demanded absolute obedience from everybody towards his wife. The family members, especially the man's parents and younger brothers were enthusiastic in worshipping the dust his wife treads on, and never once did they bring up the information that she had been a prostitute.

However, the two sisters could not believe their eyes. They could scarcely believe their ears when they heard him making unreasonable demands because this was their beloved big brother who once loved them desperately. Even when he had been financially broke, he used to purchase expensive gifts for them. Before he got married, the man was struggling with his business but on his sister's birthday, he gladly sold his entire business venture and gave the money to his sisters and told them to buy diamonds and jewels for themselves, even though they wanted not needed those items. As a little girl, when his younger sister was in school, she would often be bullied because of her looks or her weight, and this valiant older brother would defiantly defend her and help her cope with her sorrows, and even teach her how to wrestle with bullies. He personally trained her how to box and land blows on anyone who might want to hurt her. He gave her the strength to stand up to anyone who was bullying her. The sisters were in a pensive shock, because their beloved passionate brother, who had always helped, loved and supported them with all his passion, compassion and his strength, was now forgetting that they once loved one another, and with all his energetic passions, he was enslaved to the sexual body parts of his wife. With this newfound addiction to lustful activities, he suddenly changed as a human being and became so angry with the very same sister that he once loved that he started to curse and beat them for

the slightest unsolicited comment, until the sisters avoided him even more and stopped going to his house altogether. This, naturally, enraged the young man further. He was angry because he thought the girls were insulting his wife indirectly, by not constantly attending her parties and serving her compliments or entertaining her socially.

Finally, the older brother could not contain his anger one day when his sisters rejected his invitation to attend a party his wife had hosted, and he got so angry that he declared to the rest of the family members that his sisters were insane and he would institutionalise the two sisters and convince the courts that they were mentally imbalanced and schizophrenic. The brother was so desperate to convince the world that his sisters were insane, that he tried to visit scores of clinics and went to a different hospital every week so he could bribe one doctor and or coerce them or pay them money to have medical units forcefully arrest the sisters and commit them to psychiatric care.

Speaking from personal experience, and from interacting with everyone around them, I knew for a fact that no women in the world could have been more serene, sane and sensible than those girls as they were extremely intelligent. Their brother knew his sisters well, and he was aware that they were not suffering from schizophrenia, but in his desperation to be slave of his wife's body and his addiction to sexuality made him lose his conscious. He lost his sense and tried to accuse everyone in the family to be crazy as well for not supporting him. The three younger brothers were also wary of their older brother's actions, and tried to convince him that committing their sisters to a mental asylum was unnecessary. The young man's parents likewise protested his actions, and insisted that their daughters were the most intelligent and sound people in the world, but in his madness to worship his wife, who had become his sexual master, the young man forgot the meaning of justice and love, and as he became desperate, he consistently began to collect evidence against his own sisters, to convince the court or the doctors of the psychiatric clinics to let him get a court order to commit the two sisters to an institution permanently.

The family in general were cynical about the idea, especially when he asked them all to testify in court to attest that the sisters were mentally unstable, but when no one in the family agreed to play along with his charade, he started to go to other private mental institutions and exclusive clinics and begged the doctors to give him drugs to treat schizophrenia, so that he could forcefully inject those drugs into his sisters and potentially cure them from their non-existent diseases. He told medical professionals that since his sisters were mentally ill, they would reject to take medications willingly and needed to be injected by force, so that they could become more agreeable towards his wife. This was a shocking behaviour because this brother had previously adored these sisters, and prior to becoming sexually indulgent, the young man regularly showered the young girls with expensive gifts and took them to luxurious vacations. He was an adorable older brother, but after becoming sexually active, he lost all sense of justice and mercy, and became dedicated to destroying the honour and reputation of his little sisters. The brother became even more desperate to make the rest of his siblings believe that the sisters were mentally unstable, so he began another campaign. He started to accuse the two young women of being kleptomaniac thieves. Whenever a small item of value went missing from either their parent's house, or any of the brother's houses, or if one of his nieces and nephews ever took an item and misplaced it, the older brother wasted no time to convince everyone that the sisters were insane and

thus stole it. When the passport of their mother went missing prior to a vacation flight, the brother riled against his two sisters and insisted that the older sister must have stolen the passport to cause undue hardship on the elderly and frail mother, but within two days, his mother found her passport lying on the kitchen cupboard, which was likely left there by one of the many grandchildren who was seen playing with the passport, but the older brother again defended his accusations and told the mother that the sisters probably returned the passport after stealing it, because they were caught.

This curious trend continued until the older brother began to hold mandatory weekly meetings with each member of the family, and invited the three younger brothers to his vacation home, to convince them to testify against the sisters, and tell the judge that the two young women are completely insane. Every week, he invited the other siblings for barbecue and brunches and tried to persuade them to turn against their sisters and banish them from the family, but the brothers were unsure of what to do, because they knew the sisters were very affectionate and kind towards everyone. None of them believed the two women were mentally imbalanced.

The lack of support from his younger brothers made the man even more frustrated, as he was eager to punish his sisters for not being respectful enough towards his wife and avoiding her parties, and so he collected all his money and sold his family jewels and pawned all his treasures to destroy the lives of his sisters and try to forcefully place them into mental clinics because he was so angry that they were not friendly enough in their interactions with his wife.

In due course, the man began a stealth operation by writing text messages to his sisters, accusing them of being vile and cruel, and when they replied in indignation and insisted that they love everyone, he would instruct the other brothers to insist to the sisters that they are violent. One of the sisters reacted angrily and said she is not violent at all and would never hurt anyone in her life. But the older brother saved every single phone call and text messages and made photocopies of the writings and told everyone else in the family that since the sisters want to hurt his children, they are claiming they loved everyone and would never hurt them. He continued to save every reply they gave to any messages, and ordered the other brothers to forward every voicemail and message to his phone as he collected his trove of evidence, which he hoped would be enough to commit his sisters to a psychiatric hospital. Throughout their ordeal, the sisters said that they do not want to hurt anyone and simply did not attend parties because they would rather not be around his wife or his children, because someone might lie about them or misquote them due to misunderstanding and this would cause friction in their family relationship. This made the man so angry that he told everyone in the family that the sisters would beat up his kids if they ever had a chance, although they never said such a thing. Soon, the older brother convinced the three younger brothers that they should never again talk to the sisters, or ever answer their phone calls or even send them text messages. Since he was the wealthiest of them all, the younger brothers obediently listened to his advice, and even when one of the sisters suffered from a near-fatal health complication, they maintained their silence and none of the brothers answered their distress call nor did they agree to drive the girl to the hospital.

Often, the girls vented their frustration and replied to his messages, saying he had changed or had become a different person. The older brother prized these interactions and told his parents that his sisters were genuinely crazy and thought

everyone else hated them, and since it is a typical side-effect of chronic schizophrenia, they should immediately be placed in a mental clinic. In one instance, the younger sister, who was very emotional, sent a tearful message to the older brother, asking why he hated her so much, when there was so much love and affection between them only a few years ago. Naturally, the brother eagerly saved that message as well and made his case against his sisters, who had become depressed in their sadness of having their own beloved brother striving to have them locked up in an institution. This was astonishing because when they siblings were younger, the older brother loved his two sisters immensely, but as soon as he became sexually active, he became angry and habitually enraged. When the older brother heard that one of his nieces were seen playing with cat food and had left the pet treats lying on the cobbled path, and was discouraged by their grandmother, the brother saw this as an opportunity to make his two sisters appear even more vile, and told everyone that since they were insane, they were trying to kill all the cats in the neighbourhood by feeding them cat food mixed with small pebbles, in an attempt to choke and kill the stray animals, although it was common knowledge in the family that the sisters were extremely fond of animals, and had several pet cats. Naturally, no one in the family believed that their sisters would ever want to assassinate the cats, so the older brother began to drive around the area and collected all the dead animals, and even brought in the dead birds which were likely hunted by the stray cats, and he showed those dead animals to his family members and convinced them that his psychopathic sisters must have gone around and killed all those innocent animals, and thus, they must be committed to mental institutions.

Whenever the sisters complained about their older brother's antics, the young man took screenshot of all those text messages and submitted them to the court and somehow persuaded or bribed some doctors to testify that the girls were a threat to society and he successfully put his sisters into a mental clinic, in revenge for them not behaving sweetly enough with his wife. Once the girls were committed to psychiatric care, the brother was elated and was happily doting on his wife again. Whilst being sexually enslaved to the private body parts of his wife, the young man was so irrational in his senses that he became insane with rage to a point that he put his perfectly sane and healthy sisters into a mental clinic where they suffered from immense hardship.

The irony was however, the events which followed. Soon after he institutionalised his sisters in a notorious asylum, his Eastern European wife rekindled her relationship with one of the man's chief business partners. He did not know that while his sisters were being forced to endure torture in the psychiatric facility, his own beloved wife was having an affair with several other men and was pregnant with one of them. She hurriedly filed for divorce in order to run away with the new lover and took custody of her two children. The man was astounded to see his wife elope with his best friend, but he was too emotionally shattered to react, because it was for this woman's sexual love that he had committed his sisters in to mental clinics and had them locked away for life, and now, his wife ran away with one of the men she had sexual relations with while still active as a prostitute. Not only did she take all his prized possessions, she took the children and changed her name to her maiden one, and then tried to hire a prestigious law firm to fight against the prenup which they had signed during marriage. Perhaps, this man finally realised how futile it was to become addicted to lust after the flesh of a human, or maybe he never did actually realise that he was sexually enslaved to her female body

organs, and was prepared to kill every single one of his family members, and place every one of his beloved siblings into a mental institution, even though they were perfectly sane and impeccably normal.

This man had worked tirelessly to ensure his sisters would suffer forever, and in order to ostracise them from the family, he had convinced his younger brothers that the sisters were so dangerous that they would hurt or kill their children as well. Using his wealth, the older brother bribed the younger siblings with free and expensive cars and gifted them motorbikes and other items until they melted to his influence and agreed to boycott the sisters permanently. He was able to persuade all the brothers never to let anyone of their children to meet or talk to either sister, and soon, the two women were never able to see their beloved nieces and nephews again, and I later learned that it took a great toll on their emotional state, as they loved those children as if the kids were their own. While this incident might seem astonishing to some readers, this is merely one small example, from my personal life, that demonstrated the harms of sexual encounter. It is evident that this is one of the things that addiction to sexual activities does to human beings. When people become like animals and try to satisfy their sexual desires like beasts, and every cell in their brain is active in trying to fulfil their carnal appetites using the bodies of other people and humiliating the bodies of themselves in the process, the person becomes unproductive as sexual excesses cause the brain to malfunction and makes the mind very slow and irrational, resulting in a senseless and unsophisticated human being. It is important for all of us to remember that we should never indulge in sexual activities unless it is solely for the purpose of procreation and even then, one must always try to be chaste at heart. Chastity is not being virgin or physically clean or untouched, but the real chastity is in the heart, and it is something almost no one can achieve, because as soon as we think about a human, or obsess over the shape of their flesh, or become enamoured with their sexual prowess, or are besotted with the intricacies of their filthy sexual organs, the heart can never be pure and the mind cannot be chaste. With the case of this young man, who married an Eastern European prostitute, he loved her maddeningly and believed she loved him as well and, in his madness, he became blinded to all other human feelings and was prepared to destroy his siblings and ruin the lives of his once beloved sisters. His wife, who as a former sex worker, was accustomed to having many sexual customers, and found it difficult to remain faithful to this man, although the brother believed she loved him, as he had become totally enslaved to her body parts, and even though he had an iron clad prenup done prior to the marriage, the woman was able to file several cases against the husband to take most of his money and parts of his business. She hired famous lawyers to defeat her husband in court and nullify the prenup, even as the man mourned his loss and wondered why his wife would not wish to stay with him, when he loved her more than anything in the universe.

Sexual Activities.

If the world and all the people in the world were to become chaste today, then humanity will be witness and the posterity will testify that all human calamity and global catastrophe or man-made disasters would cease, and every single war in the world would stop every individual human would start respecting and loving each

one another like angels and become as generous as the saints of God. With global celibacy, every single person would become the most honourable human beings in the world every single person's hatred, anger and selfishness would vanish within a year or even less, and the world would become heaven. On contrast, the utopian heaven in which religious people believe mankind will lie for eternity in bliss, will doubtlessly become worse than hell should sexual relationships be allowed in there, because with sexual promiscuousness comes envy and hate, and with indulgence of lust comes insecurity and self-loathe and this causes one person to crucify another and humiliate each other to the point that no one retains any vestige of humanity. On the whole, religious men and theologians maintain that God is with His creation through His attributes, such as His knowledge, power, mercy and protection. Based on their observations, it may be reasonable to assume that the people who are celibate and chaste are able to maintain goodness due to their purity.

Being chaste not only causes the heart to become merciful, but it also prevents the physical body from contracting numerous diseases. Why do people of this era suffer from thousands of new and deadly diseases? Many medical professionals and scientists who had conducted their own independent investigations have concluded that one of the leading causes of cancer is sexual indulgence. In other words, medical experts have interviewed thousands of people who suffered from cancer, especially the breast and prostate cancer patients, and they almost unanimously admitted to being sexually promiscuous, or engaged in numerous sexual encounters with their own marriage partners, whether it was within the same gender or the opposite, the results were the same. Some experts believe that the hormone and ecstasy that accumulates in the body after or during sexual acts causes the cell to lose its elasticity and eventually, degenerates cell quality, causing abnormal growth, and even cancer in the breast or prostate areas. For health reason alone, some scientists have advised young and adult men and women to avoid all forms of sexual relationships. A British woman by the name of Clara Meadmore died at the age of 108 years old, while in relatively good health and sound mind, and on her 107th birthday, she had told news outlets and journalists the secret to her longevity was abstinence, as she never had sex or engaged in any form of intimate sexual acts in her entire life, and took an oath of celibacy from the tender age of eleven, when she had vowed never to marry. She this remained a virgin her entire life, and was highly energetic and healthy.

Medical researchers also concluded that it is not sexual acts alone that causes cancer and other autoimmune disease in people, but trigger items such as pornographic content and anything that makes a person sexually cognisant caused many deadly terminal diseases.

If you wish to live a productive and healthy life, it would be wise to avoid anything which makes you sexually active. There is no better way to live and thrive in this world than to be chaste and absolutely celibate, although such an endeavour is mightily difficult. Almost no one in the world succeeds in being celibate and chaste, but anyone can become sexually promiscuous and defile their bodies. It is far easier to be sexually active than to be abstinent, but is someone succeeded in being celibate, then he or she would have been able to reap wondrous rewards. Our world today is hyper-focused on human sexuality in a way unprecedented by any prior generation. In fact, objectification of the human body has become so common that almost no one is spared from the filth that pervades eery mainstream media outlet, from blockbuster films to best-selling novels to mega billboards. Even

the annual Superbowl football matches in the United States became a hub for live pornographic entertainment, where children are forced to watch celebrities displaying vulgar dances. Helped by the technological boom, with a click of a button, adolescents and adults can now access different media that objectify the human person. In addition, a growing number of youths are beginning to experiment perverted sexual inclinations as integral part of their marital life. From this culture's perspective, people are taught that any sexual pleasure is an ultimate good, and denying oneself sexual pleasures and lustful endeavours to become celibate is nothing short of extremism and bigoted, while whipping and flogging the pregnant mother of four children is the most ideal and acceptable way to experience sensual bliss as taught by many recent films, provided it is consensual. Middle aged women, who were in the past, worshiped by their sons and respected by their husbands, are now forced to agree to the most humiliating and sick sexual plays, including being lashed and choked and electrocuted and drowned and beaten and bound with tape and ropes, all to enhance the sexual pleasures of men. With this sort of depravities abound, our society is bound to get hurtled into global catastrophe, as another world war might break out anytime, and when it does, almost no one will survive, and those who manage to stay alive after the nuclear blast, will find life to be bitterly painful, with diseases like cancer so common that people will die from it in millions. The total nuclear arsenal in the world is steadily increasing, making the risk of an escalation quite real. Not only did Russia and China develop more powerful weapons this year, in 2023, the US Defence Department announced that it developed a new version of the B61 nuclear bomb with 24 times the destructive power of the one dropped on the Japanese city of Hiroshima during the second world war. The bomb, dubbed the B61-13, have a similar yield to the B61-7, which it had replaced, with a maximum yield of 360 kilotons, making it 24 times more powerful than the 15-kiloton bomb that levelled Hiroshima. Other more powerful nuclear weapon in the US arsenal is the B83, a thermonuclear gravity bomb with a yield of 1.2 megatons of TNT. A single bomb of this force could level entire cities within seconds and cause hundreds of millions of deaths.

The purity and celibacy of humans is a unique gift and miracle in a sense that it is nearly impossible for anyone to live a chaste life free from impure and sexual thoughts and actions. Being sexually abstinent is far more challenging than singing hymns or engrossing in meditative thought. It takes a supreme prodigy to remove oneself from sexual indulgence and move one an immeasurably loftier plane of purity, dignity and sublimity, but once people become chaste and pure, every suffering in their lives will cease. I have seen many celibate people who have enjoyed remarkable peace and comfort in their youth and adulthood. With celibacy, every sadness and depression will drop to zero, as chaste people almost never face major anxiety or terror. With celibacy, you will find all your fake friends disappearing from your life, and only the people who truly love you for yourself will remain in your company. Try being chaste and celibate for five to seven years, and test this theory and you shall find that it will not fail you and nor has it ever failed anyone who was led a pure life. From my personal experience, after speaking to the test subjects who chose celibacy over promiscuity for a certain number of years, the change was remarkable.

On the other hand, those who wish to remain promiscuous, and try to engage in more deviant sexual practices, they will find that true happiness will vanish from their lives, and the sexual partners whose genital area they are worshipping today

will go to another person who will sexually please them even more efficiently, and their former lover and his or her newest sexual partner will enjoy their lustful flesh in mutual depravity and perhaps even taunt the previous imbecilic lover.

Sexual Relationships:

Sexual promiscuity causes only humiliation and distress. That pain and suffering is simply not worth it. I know, many people will feel I am holding extreme views. They may even call me a fanatic now, but if and when a disaster hits them, then I hope they can remember that one person who had firm scientific backing as evidence and proved that sexual indulgence not only caused spiritual decay but also physical ailments. Remember then - that I asked, or rather earnestly exhorted the intelligent men and women of this world to refrain from all form of sexual activities if they wished to remain alive and healthy. I asked people to stop all kinds of sex but if they do not heed this advice, I have little else to do but hope that my fellow man will see the error of their ways and cease worshiping the foul body parts of their partners who often play the role of a sexual master, and in this chain of sexual slavery, very few people come out unscathed.

Generally, when I present my study, and highlight the danger of sexual intercourse, most people refused to listen or even take this research seriously, but now, people might think they cannot live without sex but soon, when a nuclear warfare breaks out, as it might happen at any given day, then every family member of the sexually active person will perish, and every loved one will die, and every child will suffer from monstrously terrifying diseases caused by radiation, then believe me, those people will no longer find their sexual partners' body parts to be remotely attractive. In those dreadful times, not only will we have no internet access, people will not even find the adult actors to be attractive, or feel sensually attached to sexual partners.

Adherence to a celibate and chaste worldview may feel as unorthodox as an ontological divine self-manifestation, wherein people would treat the sexual attributes of others as impersonally as possible, but pure and chaste people are capable of synthesising the notions of freedom and peace and live in the shadow of divine incomparability and immanence.

Without implying divine immanence, if we only study the anthropomorphic attributes as part of the growth in people's minds that encourages love, faith and compassion in their prima facie sense, we can find that these noble attributes are present in those who are habitually celibate, as they lack the anger which sexually promiscuous people harbour. Therefore, sexual acts should be avoided, except when it is done for procreation with a spouse who may uphold moral standards and mutual respect.

Historically, sexual indulgence was attributed with imperfection and deficiency. It has been noted in many instances that the more people get sexually active, the more those people become inhumanely jealous towards all others who are not as sexually deviated or active as them. In the end, it becomes a sort of murder suicide ritual of making sure everyone else becomes as promiscuous as the sex addicted person. Putting oneself through self-destructive sexual acts makes one hate oneself and disrespect oneself, and then this causes the person to become of chaste people, and often even determined to hurt or kill others who retain their self-

respect and religion and stay chaste. Thus, many sexually promiscuous people (and by no means all) become vindictively jealous towards chaste men and women because of their piety and purity and self-respect and tries to defile that person's honour, by desperately convincing them that sexual acts are a part of human nature and a basic right of all, and those who prevent or dissuade others from sexual perversion should be banned, cancelled, tortured, imprisoned or even killed. By nature, humans are not evil or vile. We are not killers or sinners. We are not, by nature and design, abusers or seducers, and when an innocent child is born in the world with mercy, love, purity and chastity in its heart, gradually, the respect for humans and the love towards others, and the granules of self-respect and the vestiges of honour and freedom and the innocence of the childhood become diminished every day by being exposed to the sexual degeneracy of the sexual communist world. The degradation of sexual acts that is done to the child or is carried out in the presence of children as the child grows into his adolescent and teen year destroy the fabric of humanity from his or her heart, and as time passes by and the sexual addiction afflicts the child or the teenager the same way a young man or teenager is invited to drug-fuelled parties and is addicted eventually to those drugs, and with time, as the severity of the addiction increases, the young person will become so dependent on the substance that he will be prepared to destroy everyone to get one more fix of drug that will make him or her feel high. Act that causes sexual ecstasy are nothing but the worst kind of drug. It is a drug that makes people high by revelling in the degradation of another person and ultimately humbling, sexualising and degrading oneself. This act of degrading oneself and another person over and over again makes oneself insecure and weak, and eventually the emotions of hatred and anger increase and deluged with hurt and pain, the person becomes irrational and erratic. As one of the side effect and aftermath of that sexual act, the person eventually begins to lose all mercy in the heart. The sensual person starts becoming physically weak and mentally broken, and with a broken heart, the person starts losing faith in love and in humanity and also in their sexual partners. The possibility of betrayal becomes a glaring reality and each sexual partner demands a higher standard of loyalty and many other psychological issues start to take place in that person's heart and body, eventually making that person extremely angry and very jealous towards everyone. Soon, the sexually addicted person becomes uncommonly hateful which makes the person lose all trust in humans. This immense rage causes them to lose all love for humanity as though they were a drug addict, because sex addiction is far worse than drug addiction, for drug destroys only oneself and sex addiction destroys the person and the person's intended victim and former victims. In this sexual world, we are not being able to wrestle against the lust of flesh and blood, and therefore are losing the hold on our principalities and powers. If we wish to be free from sexual sickness, then we have to rally against the sexual rulers of the darkness of this age, and hold firmly against the spiritual hosts of sexual wickedness. If we do not wrestle against flesh and blood, we will fall into this perverse sexual addiction because it is more spiritual than physical in taking over our heart and soul, as is happening in our culture, and how sexual tendencies are attacking your life and affecting your experiences. I am not blaming sexual activities for every single problem in our life, but I also believe that sexual indulgence is not harmless, meaning, there are spiritual repercussions for enslaving one's body to the flesh of another person, and this sickness causes moral decay, mental attacks, creates marital problems, increases financial challenges and absently sabotages the human

destiny. The war against flesh and lust is not with people but with sexual ideas and entities, and its lustful principalities, which works like a well-oiled machine to seduce and entice us into the kingdom of darkness, making us addicted to filthy body parts of humans which eventually brings about destruction and attacks in our life.

Sexual promiscuity affects our health, causing infirmity and death and destruction. History shows us that whenever a nation became sexually overindulgent, they were deluged with sickness and diseases. Sexual addiction not only attack people's health, it attacks people's mental state, causing insanity, schizophrenia, depression, bipolar disorder and other erratic illnesses. Nearly all murders are done by killers or gangsters who had been most obsessively active in their past life which made them cruel, hateful, angry, jealous and selfish towards all others except for their current sexual partner whom they enjoy degrading and by whose hand they enjoy being degraded as well.

Sexuality and Morality:

In a godless society, the lines are blurred between animal and human. Animal life is now more elevated, and human life is devalued. Today you can go to jail for hurting dolphins but you will not go to jail for killing babies. Sexual revolution brought in the idea that you can forge your own god, and fashion your own truth and values. Absolutes do not exist anymore, and men can do as they please and religious values and principles where human life was valuable, and where sexuality had its boundaries, parameters and safeguards were removed and now sexual perversion and revolution or any instant gratification that brings fulfilment and unrestrained sexuality is acceptable. This sexual revolution severed marriages and made children susceptible to moral dangers. It is common knowledge that sex is like drugs, and people feel ecstatic upon experiencing sex, but this feeling of ecstasy offers a drug to the body and this feeling of a short term of high makes that person become more and more addicted to that experience, and as time goes on, the person becomes hooked to sex, and within middle age, the sexually addicted person loses all love and all feelings for everyone else but themselves. Their current sexual partners become like drugs which they will try to retain and gain, and do anything to get another dose. These addicts will kill and murder anyone for another fix and only care for the feeling of getting high the next time. Therefore, sexual activities make people extremely jealous towards anyone whom they feel threatened by, and whom they feel might take away their sex partners or their precious drug, thus making them hate all men or all women around them. This causes sexually active people very wrathful and bitter, while they remain devoted to the current sexual partner and worship the lover's unclean body parts, and when they find a better sexual partner or meet someone who can better satisfy them sexually, they start hating the current sexual partner with all that passion

and self-hate, and eventually deluged in self-love and selfishness, they banish the current sexual partner and chase after the body of the next person who seems attractive to them. Today, people addicted to sexual activities get rid of their child so that the child does not hinder their success. Abortion had to be necessary in Europe and the United States because when the country allowed sexual revolution, which followed abandoning God, and giving up the truth and the high morals that God's word teaches, that sexual revolution meant everyone had sex that has no boundaries, and they have babies that do not belong anywhere. Our nations have exchanged God of love, for love who is god. In fact, instead of enjoying sex, we worship sex and therefore, it became a vile thing that has no boundaries, and no safeguards.

People like Saint Aquinas and Saint Augustine were Christian thinkers who abhorred the notion of sexual indulgence and earnestly advocated abstinence, and many dismissed their theories as religious bigotry, but many of the more secular philosophers spoke far more powerfully against sexuality. The eighteenth-century German philosopher Immanuel Kant was a secular philosopher, but he stood in the grand old tradition of purity when it came to sexuality. His supreme moral principle, the Categorical Imperative, exhorts people to treat fellow humans as ends rather than means. Sexuality of all forms gave Kant many dilemmas. In sexual intercourse, even a conventionally married husband and wife seem to be treating each other as means to self-gratification rather than as ends in themselves. According to Kant, to lustfully desire and worship a sexual partner's body and genitalia hardly allows anyone to be respectful or rational. Although Kant reluctantly allowed that sexual activity was acceptable for married people, he himself was celibate and a life-long bachelor of such regularity that one could set one's watch by his purity and punctuality. All other kinds of sexuality were strictly unacceptable to Kant as he argued that intercourse was morally unacceptable because you are thereby treating the recipient as a means rather than as an end in itself.

Love is love, people say. Love wins. And so, anyone can love and marry anyone. There are people applying for a marriage license with their laptop. Why? Because Love is love. Love decides what is right or what is wrong. For a religious person who believes in God, to them, God is love and God is good and He sets parameters on what is good. It is similar to parents, who set rules for the child, and no parent in the right mind will let the child decide what is right or what is wrong based on the child's preference in that day. If the child gets a loaded gun, walks around and starts shooting at things and insists that he loves it, the parent will not be responsible to say, since the child loves shooting, let us make it legal for children to run around with ARs. There are certain rules, certain rights and wrongs that are established by a Supreme Being who many people believe wants the best for us. This Deity created the parks, the rivers, the oceans, abundance of seeds and fruits because He loves us and does not wish harm upon any of His creation, and the rules of morality and sexuality are merely there to ensure we remain kind and merciful humans, because there is no doubt that the more people have sex, the more callous and cold hearted they become, until no sense of morality, mercy or magnanimity remains. The more people are sexually active, the more selfish they become, and the more blinded their hearts and minds become towards all except for their own sexual partners who are giving them the drugs for now which allows them to be sexually high. Should a disaster natural and unnatural event take place in our sexually promiscuous world, every single person on earth who are currently

addicted towards acts of sexual exaggerations, be it pornography or physical interaction with others, or unlimited sexual relationships, they will become cruel, heartless and murderous with the slightest hardship and in their quest to get one pack of food or one bottle of water or one bottle of medicine for their sexual partners, they will lash out angrily and become blinded and hateful towards everyone else. For those who are religious, they believe that God wants happiness for people and He wants men to be holy and wants people to be satisfied in His creation. Religion teaches abstinence because it believes that God wants people to enjoy their lives in the unity of the family. He wants husbands to love and honour their wives and wives to love their husbands and wants kids to grow up learning science, math and wisdom, and not unnecessary sex education and sexual orientations in first grade. Religion teaches that God wants people to be happy and to love one another. He wants them to know the Creator. He does not want people to be slaves of their passions and to be prisoners of their desires, but what is happening today in our cultures is that God became replaced, and sex became our god and when sex becomes god, sex demands a sacrifice and that sacrifice is children, and since children are precious to God, they need to be protected but the sexually obsessive society is after the children. What happens when a lion attacks, what kind of gazelle he goes after? The younger they are, the greater they are the target, and it is necessary for us to ensure that children can grow up in a pure environment without being exposed to the filth of pornographic films and images. In this country, our children are having to grow up watching illicit pornographic films in school and attending drag shows and these children will believe it is acceptable to sexually serve the anyone, even if they are the enemy or invaders, believing they deserve to get exploited. By forcing children to undergo sex ed classes from first or third grade, children have become emotionally broken and they have been abused psychologically since infancy, until their minds cease to have the capacity to think. If the educational system is not changed, and such irresponsible erotic drag shows and movies are not censured, then none of the children of our generation will be brave or chaste, and they will wallow in low self-confidence. These children will grow up to have minimal intelligence and will only learn that they should serve everyone sexually. Since they have been constantly taught to glorify sexual acts, our children will grow up to believe that using and abusing their own bodies and the flesh of another human is normal and even virtuous. However, people who believe in some form of faith and trust in a deity, they are able salvage their humanity by abstaining from sexual activity, as they choose to honour the body which their God gifted them to be sacred and holy. To them, God is a merciful entity Who is at the level of exclusive oneness manifests Himself in the all-comprehensive image, which can be identified as the image of inclusive oneness, and then manifests Himself to His creation, by bestowing honour and courage to those who value themselves and cherish others.

Is religion really necessary for humanity?

Faith in an invisible creed or belief in an unseen deity is really not the most important aspect of human life, as we all can perfectly well do without god and angels. But the moral dilemma begins to expose itself once a nation or society becomes overindulgent in sexual acts and begin to act like wild animals in their quest for more carnal satisfaction, and people resort to torture sex and whip and strangle, of course, consensually, one another, and even flog women to death in some cases, to excite their flagging passions, and all the while, they call it legal and healthy. Without a religion, and without a God to send forth that religion, and without a prophet to instruct us on the intricacies of that religion, one would be at a loss indeed to figure out how to conduct themselves in a world of sexual madness. Who is to set a rule and decide that whipping and electrocuting an adult woman for sexual pleasures is wrong? Religion tries to keep humans, human by containing and curtailing sexual depravity and sexual madness. Thus, after religion came, all the madness of the pagan Romans and the Aztecs and all the cruelty and the torture and the murder of the Phoenicians and the rape of the Babylonian and other people of the universe decreased by many percent. But now that religion is gone and every religious personality been defamed and degraded by those who want to be free in doing sexual acts and thus, they frame religion for sick crimes and even added fake books or papers into religion to make it look like a falsified religion, and falsely claiming that god's religion curtails human rights, when they themselves have been enjoying the rights that religion made for them for the last 3,000 years. Should a disaster take place now, in one minute, the entire world will show itself the true face of selfishness and anger and sexual slavery and jealousy and hatred and madness that comes with becoming an addict to sexual relationships and aftermath of losing one's soul. There will be no instances of selflessness and humanity or the fear of God and love for God in a sexual communism where every man, woman and child will be coerced into becoming the sex slave of someone else.

Harms of Sex:

Psychology shows us that many children who are abused at a young age and are sexually molested become very violent and often become molesters themselves as they get older. Sometimes they become offenders themselves and abuse others and the primary reason for this is that they were assaulted as a young age and they began to have low self-esteem and could never learn what love means, and they could never develop pride but only had weakness, self-loathe and pain which made

them hate themselves to a point that they began to hate others and eventually became incapable of treating other children with compassion. But it is not the fault of those children but it is the fault of those adults and those sick men and women who assaulted them when they were little and innocent.

With sexual freedom, similar dangers are exposed to our societies, because every man and every woman has a child in them. When they are used sexually and harassed and assaulted and made to use their bodies for the sexual gratification of others, then they also become very vulnerable and learn to get used to being assaulted and abused sexually. As a result, they become sexual predators themselves and this is the reason why the crime rate is so high in this century, because children who have been raised with watching millions of images of nude men and women and adults and who have been downloading most degrading sexual and violent images from my young age begin to normalise sexual torture and abuse, and feel that it is normal to watch and view these adult films. They lose their sense of honour and their sense of control is diminished and they begin to think that it is normal to act in those shameful manner and be violent in their sexual activities and they also teach their sexual partners such acts and convince others that to get whipped and beaten and electrocuted is a pleasurable act in sex and they learn to abuse others and the cycle goes on, until generations of people carry out these sick and humiliating acts in public in this modern world, and proudly and openly assault and hurt each other until they all become completely heartless and so cruel and soulless that they stop feeling compassion for others and only care about themselves. If only people stopped having sex today, then all crimes in the world would subside, and every depravity would end completely, because every crime has a sexual element behind it. Every burglar likely steals to gift something to his or her beloved, and every murderer kills either to please a spouse or to keep a sexual partner, and every robber takes money undoubtedly to give it to his lover. This tendency to be enslaved to a sexual partner's filthy body parts is only an expected side-effect of sexual acts, and as many philosophers admitted in the past that sexual indulgence, even when it was legal and done in marriage, was an enslavement of the flesh. One of the most important figures of the French Enlightenment, Jean-Jacques Rousseau, held that sexual acts inhibited freedom, and believed that humankind's natural state had been corrupted by society. "Man is born free, and everywhere he is in chains," the philosopher wrote. Although Rousseau believed that marriage was a necessary "chain" that mankind needed to submit to, and was often in integral to society's success, he lamented the adverse effects of sexual acts.

Althusser was a French philosopher who valued his celibacy and lived as a virgin, but after he met a worldly and experienced older woman in 1946, who introduced the philosopher to a new sexual world, the Frenchman was horrified. After experiencing the sexual encounter for the first time, he fell into a deep depression, leading to hospitalization and shock treatment, but the distress at being objectified led to Althusser's fragile mental state and the beleaguered philosopher fell into a pattern of frequent hospitalisations and extensive psychoanalytic treatment. But Althusser continued to lament the sexual use and abuse of human bodies, and though he lectured for more than 30 years at prestigious institutions, influencing an entire generation of French thinkers with his radical philosophy, he never quite figured out the opposite sex, as he put it, "The trouble is there are bodies, and worse still, sexual organs."

Hazards of Sexuality:

There are many dangers related to having excessive sexual encounters.

One of the first thing that happens as a result of sexual promiscuousness is people lose their sense of self-respect and their feeling of honour. But the first and most grievous casualty of sexual activities is the loss of justice in the person who becomes addicted to human flesh. Indeed, those who engage in excessive sex get addicted to sexual acts and eventually become totally enslaved to the private body parts of their pleasure partner, and then they gradually become completely enslaved to their lovers, who they begin to consider their masters. Soon, these sexual addicts become incapable of doing justice towards anyone except the one they love for the time being. To everyone else, they remain apathetic. They worship only their lover and everyone else they are prepared to kill and destroy without any sense of remorse or repercussion.

It is frequent sexual acts that make people feel cheap and exploited, and this in turn, makes them become humble. This humility eventually makes a person capable of doing any crime, because they are incapable of being proud and brave and have no honour or ego to salvage, and refuse to take responsibility for their own crimes or accountability for their actions.

If we look around, and study the crime statistics around us, then we will find that the crime rate in the world is increasing and taking place everywhere with greater frequency every day, because people are addicted to sexual acts and have lost their sense of justice, honour, pride and accountability. Eleven million people are in American prisons alone, which is greater than the population of many countries in Europe and the Middle East, and all these social sores would end if only the criminals in those prisons adopted celibacy and stopped having sexual acts completely. If the people in the penitentiary became chaste today, then all crimes would have halted tomorrow, because people would not need to commit a crime if they had no sexual urge or fancy. Why is this the case? Because almost every single thief in the world is stealing some item of value to give his lover or gift it to a sexual partner so that the lover or spouse can live in a better house or have a better jewel and this causes them to commit more acts of crime. Every murderer who are killing someone is doing so because of his sexual relationship with the victim or someone related to the victim, or is killing someone who prevented him or her from getting into a certain sexual relationship.

Every single predator in the world who has kidnapped or murdered or captured some youth or hurt a woman from the street was doing it because he was addicted to sex and he felt attracted to a woman and wanted to use her body most violently and degradingly. The more people have sexual encounters, the more they will become addicted to those soiled sensations, and this will cause more and more crimes to take place in our world. Every soldier who assaults the enemy is doing it because he was sexually active. This can be remedied. If only every soldier and every fighter became celibate, then they would become noble and proud and be

very confident. Those chaste soldiers would stop sexualising and assaulting others and there would be ultimate peace in the world. If only criminals were persuaded to adopt celibacy and remain chaste, then the nation would finally find peace and security, and all the prisons could become empty again and criminals would become saints.

Sexual Addiction:

It is self-evident and proven with scientific researches, that the more people have sex, the more they become violent and obsessed with themselves and their own happiness and care only about their own wealth and their own property and they find compassion or love only towards the person they are currently having sexual acts with and they tend to dismiss everybody else, including their parents and their children and even their siblings until nothing remains sacred or beloved to them. Eventually, sexual indulgence becomes an addiction and sexual perversion increases and morality deteriorates all nobility disappears from the person's psyche, until they become sick with lust and rage, and become accustomed to degrading the body of other people for their own sexual gratification. Ultimately, the sexual addict cannot form decent human relationships with anyone and sees all men and women as sexual objects, and after being used and abused for so long, they become psychologically broken and therefore stop treating their mothers with respect. Eventually, they start looking at the younger people with lustful reactions, eventually even start abusing their own children and even become molesters and habitual criminals.

The end result of sexual indulgence is nothing short of horrifying, and it shocks and saddens me greatly to imagine that we are living in such sexually promiscuous world, where hundreds of billions of explicit sexual images and films are downloaded by people every day. Judging from the carnal desires and perversion, one would think we are not human. It would seem that we have become some kind of a selfish and lustful animal who know nothing of humanity but understand only to fulfil own sick and selfish sexual madness and demented desires. We know that animals do not have any higher purpose in life, and they only live only to please themselves while humans live to help others and think and pray and cry for the pain of others. But many members of our humankind have deviated from the path of righteousness and morality, and they remain online either downloading sexually explicit images or uploading sensual and degrading and lustfully maddening videos and spend their hours preaching lust and seduction and teaching others how to satisfy their animalistic desires, while millions of people are dying out of hunger in obscure parts of the world, and little children are perishing without medicine and women are getting sexually assaulted in thousands around the world while sexual addicts sit leisurely, watching the sickest ways to fulfil their own sexual appetite like beastly animals who care for no one but their own sick lust.

Can you imagine a day when there will be no electricity and internet connection, and no high-speed Wi-Fi to download or upload or watch Instagram, YouTube, Reddit and Tik Tok contents? If and when a nuclear war breaks out between Russia or China and Europe or North America or some other unexpected adversary altogether, then there will be numerous nuclear attacks from all sides, as we live in a nuclear world where accidents are bound to happen. The Cold War-era automatic nuclear weapons-control system are active in many places, meaning even if all leaders are killed in a country, the computer is programmed to launch nuclear

missiles at enemy targets if it detected a nuclear attack on its own nation, or if communication links with military commanders were severed or the commander-in-chief had been killed, and in such a scenario, hundreds of nuclear weapons would detonate simultaneously, causing a brutal nuclear winter, where the sunlight may be blocked for over ten years, and massive disease and terror will manifest everywhere. Without sunlight, crops will die, and without vegetation, billions of people and animals will perish.

Scientists estimate that the casualties from an 800-kiloton detonation over New Delhi in India would be more than 2,124,130 deaths and 5,806,960 injuries. A similar bomb over Jakarta, Indonesia, would have as casualties 1,810,860 deaths and more than 3,751,030 injuries. If those wars begin, and we, the sexually liberated modern people of this century are dying in millions and starving to death, and radiation poisons all our fresh water supply and burns our bodies and our skins and muscle fall off from radiation exposures and billions of us are blinded from the nuclear flash, which causes blindness even if one's eyes are shut, and our innocent and helpless children are in excruciating pain from contracting stage 4 radiation-related cancers, then in those terrifying times, if there was one nation in the world, which was relatively unaffected by our calamity and the people in that country, instead of raising funds to aid us, made sexual videos to fulfil their carnal desires, how would we feel? How could the humanity in us reconcile with the idea that billions would suffer on part of the world, while sexually addicted human beings elsewhere would indulge in their sick lustful fantasies and make films sexually torturing one another and whipping and flogging, choking or even electrifying mothers for their sexual satisfaction? Would they have the right to call themselves humans or should they then be labelled as pigs and called rabid dogs and lustful beasts?

It is therefore, for the sake of humanity and for the sake of honour and for the sake of self-respect and for the sake of the young children and their innocent heart and for the sake of our own heart, I propose the idea of global celibacy, where every man and woman would at least make an honest effort to remain chaste and pure and live a pious life that would be undefiled by sexual indulgence or thoughts. Only with celibacy can mankind be saved from future pain and suffering. For the sake of the future war and the murder and violent assaults that could take place in the near future, we must stop preaching sexually sickening actions. We must not advocate sexual promiscuity and call it love. We cannot in good conscience, delude ourselves by calling sexual humiliation the right of our partners. Do not try to convince yourself or others that sexual degradation and perversions makes you happy and therefore, you can do whatever you want that makes you happy. Killing oneself might make a depressed person happy, but it should not be done. Having oneself tortured and electrocuted and burnt and stabbed may make some people happy, but they have no right to hurt themselves, nor do they have the right to demean themselves sexually to any partners. The philosopher Immanuel Kant disapproved of all kinds of sexual indulgence and declared that to allow one's person for profit to be used by another for the satisfaction of sexual desire, to make of oneself an Object of demand, is to dispose over oneself as over a thing and to make of oneself a thing on which another satisfies his appetite, just as he satisfies his hunger upon a steak. But since the inclination is directed towards one's sex and not towards one's humanity, it is clear that one thus partially sacrifices one's humanity and thereby runs a moral risk. Human beings are,

therefore, not entitled to offer themselves, for profit, as things for the use of others in the satisfaction of their sexual propensities.

We are all honourable and noble creatures called human beings. All of us must try to remember that. Let us try to be humans, and learn how to be a human being. Pleasing oneself sexually and satisfying carnal desires using the bodies of other men and women makes oneself an animal who love to please themselves by doing whatever they desire, and hunt and kill any animal they wish to slay, and whoever follows the path of animals cannot help but become animals themselves.

Sexual Freedom:

We live in world where we believe we are free. Free to love. Free to lust. Free to use and abuse others. Free to seduce men and women. Free to indoctrinate little children with sex education and gender changes. Free to whip and flog one another for sexual pleasures. Free to humiliate the body of a husband or wife. Free to marry members of the same gender. Free to change genders at whim. Free to please oneself in any way, shape or form. If you want to be free, do not ever try to please yourself. Try to do the right thing and honour your body, and respect yourself by practicing abstinence, charity and piety because this is what makes us humans.

Lust, sex, torture, whipping and insulting one another does not make us human, but rather it makes us animals. The more you try to please yourself or your partner in these horrifying sexually deviant ways, the more the person sickening standards will decrease and you will search for more vile ways to please yourself and satisfy your sexual appetites. The more one uses and humiliates the body of a sexual partner, the more the person will be disgusted of you and the more you will hate yourself and look down at yourself and eventually become a raging jealous person, especially if you come across someone who is more chaste than yourself. We personally might not find such jealousies in ourselves but historically, people who were sexually promiscuous tried to frame religious or chaste men and women with sexual crimes. For example, in recent decades, there had been a sharp rise in sexual assault cases in Christian priests, and the majority have been proven to be false. When sexually active people see any decent human beings around them, they feel a twinge of envy and feel humiliated with their own deviances and wish for everyone to become as promiscuous as them, so when they come across chaste and virgin celibate priests, they often feel inclined to humiliate the abstinent clergy and file false cases against them. Religious men and women were framed for various terrible crimes for thousands of years. In pagan Rome, Christians were framed for murder and arson. One such incidents took place under the leadership of emperor Nero, who torched his own capitol, and blamed the devastation on the Christian community in the city, initiating the empire's brutal persecution against the Christians. For the next three hundred years, innocent Christians were persecuted viciously because they were falsely blamed for something they never did. Hatred served as deadly weapon in ancient times, and once more, we can see how religious people are being wrongfully targeted and discriminated against. Due to excessive sexual indulgence, many people feel envy towards the men and women who are chaste, and they want everyone to become promiscuous like them and tend to accuse Catholic clergies of sexual abuse, because of their extreme

bigotry and hate. The majority of cases against Christian priests are left in the state of being 'unable to be proven', especially since many of the accusations date back decades, where witnesses and evidence are non-existent. National data suggests that false claims of sexual abuse or exploitation against a member of the Catholic church are becoming increasingly common. The U.S. Conference of Catholic Bishops found that for the 1,787 allegations received between July 1, 2018, and June 30, 2019, most did not meet a threshold for credibility. For some of the cases, investigators could not prove one way or another that a crime actually occurred. Most of these accusations are flung at the priests by people who are sexually overindulgent and become unhappy to see celibate men amidst themselves and so they try to discredit chaste men's purity to persuade everyone else not to adopt celibacy as a way of life, although we have demonstrated how chaste men and women historically had been sensible, responsible and peaceful. It is vital for humans to try to become a genuine human being and stop using themselves or other human beings as a sexual object. If we wish to be free from the bondage of man, we have to stop worshiping humans and making ourselves their sexual slave and prevent other human beings from being your own sexual objects and slave and a thing to use and abuse and call it love or teaching others to enjoy being sexually humiliated. Part of being a human being is to honour oneself. We have to train to not engage in any sexual activities unless it is specifically for procreation because when people copulate, they lose their humanity and become addicted to the filthy body parts of human's beings. The most important thing for us is to be a human being. Some people perusing these lines will be upset to hear that I am criticising sexual deviances, but even if you have to curse me or hate me or even try to destroy me for saying excessive sex is harmful, and others may dub me a monster and call me a judgmental human rights violator, and brand me as the worst monster in this universe, but I cannot stop telling the obvious, because I cannot and will not stop trying to make everyone metamorphose into a human being, because if a deadly war breaks out, as it may soon spill into Europe and China, or move into Cuba, then there must be people here who will continue to teach every young man who is a future soldier to respect humans as humans and not to ever focus on fulfilling his desire using the flesh of other helpless people, so that when he invades a country and comes across thousands of young boys and girls and meets helpless orphans, the soldier will not decide to seduce or abuse them or use their bodies for his sick lustful desires in exchange for some food. We have to teach every man to marry and only engage in sexual relationship with their wife for procreation and to honour women with marriage. Why must people marry before engaging in sexual acts? Because marriage is the only proof for consent that is taken in the presence of a judge and in the setting of a court, so that there is no misunderstanding in the couple's actions. Marriage is consent and consent is required in order to demonstrate respect to women as the mother of their children. Women and mothers; women are daughter, and women are sisters, who must never be humiliated, and neither should women be brainwashed or coerced into believing that they are sexual objects who deserve to be whipped, flogged or electrocuted and even strangled for the sexual pleasures of another man. Men should resolve never to use any woman's mouth as if it is a toilet bowl. This modern day's sexual deviations are destroying the honour of both men and women and people think it is normal to treat women worse than any pig or dog and couples use their spouse as toilet rim, and make the wife's mouth a toilet bowl or mount her like a pig and teach her to submit to it and enjoy it. If we

only saw humanity as a sacred brotherhood, where every man is a future father and every woman is a future mother. In fact, every human being is someone's child. If only we could all be a human.

If only all humans could be human, and stopped using each other's bodies like animals.

I hope we can respect ourselves enough to control our desire before they take control of ourselves. May we never teach sexual perversion to people and brainwash them into justifying it and enjoying it. I sincerely hope we all have the strength to honour fellow human beings and stop treating them like toilet bowls. I wish people in our nations become chaste and honourable and mentally courageous and strong so when the governments will all collapse due to inflation or invasion, and when there will be no police and no laws in a war-torn country, I hope these sexually promiscuous youths do not ever consensually abuse or rape or degrade any man or woman or assault any boys or girls or children or the elderly people. I hope they learn to love a human without degrading them and without using their private body parts. I hope they never humiliate any living soul and convince themselves it is love, pleasure or even worse, as consensual act of sexual union. These sensual practices not only cause physical health problems, but also cause people to suffer unexpected calamities, such as natural disasters or outbreak of diseases.

During the fourteenth century, the bubonic plague or Black Death killed more than one third of Europe or 25 million people. Those afflicted died quickly and horribly from an unseen menace, spiking high fevers with suppurative buboes (swellings). Transmission was by fleas carried on rats, although new theories include via human body lice and infected grain. During the Black Death, more than 200 million people were killed worldwide. Chroniclers of that time reported that during the Crusades, many warriors in Europe gradually distanced themselves from the Church and defied the advice of their priests in following the peaceful footsteps of the Gospel, and they wanted to hoard and loot wealth, subsequently invading several nations in North Africa, including some Arab and Moslems nations, whereby, they secured much treasures and returned home. Back in Europe, these fighters had become suspicious of priestly and celibate lives, and began to be more and more promiscuous, marrying many women, using their money as incentive. This caused frequent sexual encounters across Europe, leading many people to lose their heart and give up faith, becoming more sexually deviant in the process. Soon after, the terrible plague took place which claimed the life of millions of people, and caused acute starvation.

We might imagine that the world had progressed and we have come past all this sort of medieval pestilence and plagues, but the Centre for Disease Control and Prevention had recently classified Y. pestis as a Category A biologic agent for potential bioterrorism, meaning it can be released and spread easily, and create major public health hazards, leading to quarantines and potentially widespread economic devastation. The pneumonic or bubonic plague can be manufactured and spread artificially and it could lead to death rapidly even with prompt recognition and treatment, and this dormant disease make it an ideal weapon for biowarfare. In 1346, the armies of the Mongol conqueror Genghis Khan leveraged its lethality in by catapulting plague-ridden corpses into the Genoese-controlled seaport of Caffa, in one of the first uses of biological agents to wage a massacring war. Later, during the World Wars, the Imperial Japanese military developed and deployed biological weapons in Manchuria and China. On October 27, 1940, Japanese

warplanes dropped plague-contaminated rice and fleas into Chu Hsien, China, which led to a massive outbreak of the pneumonic plague, causing millions of deaths. According to the World Health Organization, if only 50 kilograms of *Y. pestis* were released in aerosolized form over a major city, the deadly pneumonic plague could cause widespread devastation and death, making this plague an ideal biological tool because its victims die quickly in a horrific fashion. As recent as 1924, a plague outbreak hit Los Angeles in 1924, killing nearly a hundred people, when a man contracted the disease and died after handling a dead rat. A Catholic priest administering last rites to victims also died of the pneumonic plague, but a large-scale catastrophe was prevented by extreme quarantining.

The loss of humanity can be very visible in various life events and experiences, as from my personal life, I have seen people who lost touch with their own humanity after becoming sexually promiscuous, or who became overindulgent in legal sexual endeavours with their lawfully wedded spouse. I saw this in the life of two sisters who were inseparable from a young age and became even more beloved and were best friends in their college days and shared all their joys. One of the sisters married and had a daughter, but her husband died, and the sisters raised the little girl most affectionately. However, when the mother of the child took a new boyfriend, she fell madly in love and lusted after her boyfriends twenty-four hours, and soon, she expelled the other sister from her home, and ordered her to stay away from her city, lest her new boyfriend falls in love with her. The sister was somewhat broken-hearted to leave her beloved sister and her child behind, but she left the city and was not able to meet them for many years. The other sister was delighted to have the house to herself and married her boyfriend, with her ten-year-old daughter as the bridesmaid. She was insanely in love with the man and worshiped his body, and treated him like a sexual master. Eight years later, when her niece turned 18 years old, the man dumped the mother and married the girl in the most disgraceful fashion, and began to worship her body the same way her mother had worshiped him. Such sexual slavery gives benefit to no one. Why must honourable humans waste their precious lives away sexually servicing the filthy body parts of other humans, who likely hate them? Why should anyone in the world ever submit to the humiliation of being a toilet for another person who is being disgusted of them because even the wild dogs would never have humiliated themselves so vulgarly?

Some of the pornographic videos which people freely watch is unbelievable and one cannot believe we as human beings could have stooped so shamelessly low. To think that it was humanly possible for us as humans to go lower than this is preposterously unreal.

Can we Imagine what our grandchildren 60 years later, upon watching these images and films, and what will they think about the kind of sick ancestors we had? Indeed, what examples are we setting for our future generations? Selfishness and sickness and insane lust and fulfilling one's sick fantasies has made us lose all sense and sensibilities. Now, using the body of our partners to make them as sick and as low is not even considered and abomination in our societies, and those partners go on to take other sexual partners and teach them those sickness and make fun of how sick and sexually perverted their previous partner was. It is not too different from how the pagan emperors of Rome conducted themselves. One famous emperor named Caligula was popular for his sexual practices because he would abduct and rape any woman who took his fancy, and this included the wives of Roman noblemen who were powerless to stop Caligula. Afterward, to add insult

to injury, Caligula would publicly comment on how his victims had performed in bed.

While we may now be horrified to hear about those heathen leaders of ancient civilisations, it is the end result of all sexually promiscuous society to become as depraved as Caligula. With modern technologies, we are once more delving into sexual immorality.

Can we really call ourselves human? When millions of people are dying each month from starvation and diseases, and more wars are breaking out every year, and brutal sectarian violence is bubbling under the surface and even in our enclave, we are threatened from all sides, as communist China becomes more powerful each day, and with its ruthless armed force and deducing from the way they treat their minority population in the Xinjiang regions, and the manner in which they are persecuting ethnic groups like the Uyghur Moslems, we have a pretty decent idea of how cruel they can be and it is not far-fetched to say that Genghis Khan is still here, with a new name and a new country. While we are making sexual videos and watching the flesh of other humans, and are trying desperately to please our own carnal fantasies, some other nation like China may be taking over the world. It is not an exaggeration to say that any minute, we might die, and any minute we might get cancer, and at any moment, a nuclear bomb might go off, and any minute, communist nations like China might invade our country, and millions of children could die even as we stay obsessed with lust and watching sick videos of humans copulating in the most animalistic manner.

Right now, in many parts of the world, children are suffering and dying. But we are still alive and well, but this utopia will not last forever, for everyone's turn comes eventually, and since the universe is just, we too shall have to pay.

While we sit back and browse the high-speed social media pages, and become more sexually sick minded and demented with increased sexual appetite which becomes more beastly by the minute, we will find that our hate and madness will make us justify our actions to ourselves. No amount of chastisement or advice will affect a heart that has become dead with sexual depravities.

History demonstrated how evil men become without a God to set rules and without religion to govern them. The Roman emperor Caligula was known for his sexual sickness and his favourite sex partner was his own sister, Drusilla. He regularly had sex with her in an amphitheatre where people paid to watch them in sexual action. Drusilla dropped dead at 23 after a 24-hour long marathon sex session with Caligula and several other men. Two of Caligula's other sisters who refused to have sex with him were forced to publicly service every man who wanted to have sex with them, in any fashion the men desired and they eventually engaged in thousands of sex acts during that time and died from injuries.

Today, we are busy with the chase of wealth and sex, and at this moment, there are people around the world who are suffering and will likely complain and curse us should they know of us and our actions. But soon enough, the universe will change the tide and make us the victims and them the victorious and successful people.

Would we then enjoy these sick and demented sexual films and psychopathic videos and sexual actions if someone were to tell us that we will all die of cancer in a few days or that our country will be bombed into smithereens or that a lethal plague will break out or a gruesome virus like leprosy could afflict us all and our children will be starving and screaming in pain and crying as our government will become destroyed and we won't have any food or any money that would have any

value as our currencies will crash? Would we enjoy these sickening nauseating sexual action films knowing that a drastically painful future awaits us? Or would the sexually addicted people still please their sexual partner by worshiping their bacteria and filth-filled sexual organs, knowing that they might go to the first person and offer them sexual service for a slice of radiation free bread? How pathologically dumb have we become to think that we will enjoy sexual madness here while others continue to suffer around the world and how can we possibly think we are untouchable and will be consistently unaffected by the world's wrath and war and poverty or sickness or cancers and diseases and even death itself?

Where is our soul?

Where is our mercy?

Where is our humanity?

Verily, it will take seconds for our situation to change. If we do not spend every second of our life trying to better the lives of others with all our wealth and time, then within years or months, the punishment of hell will descend upon us while those people who are starving and dying now will find peace and happiness and may be able to find a nuclear free zone to reside in. Some sexually indulgent leader who is addicted to satisfying his carnal desires, might become the leader of a moderately powerful nation and he might see any type of aggression from a rival nation as an attack aimed at overthrowing his regime, and could retaliate with an all-or-nothing response using weapons of mass destruction, which are not necessarily limited to nuclear weapons. People who become addicted to their lustful inclinations lose their sense of humanity and would not hesitate to kill millions or billions of people as they would no longer be able to maintain morality and rationality. One of the reasons sexually promiscuous people are inclined to cruelty is because they do not believe in a God or a hereafter, or trust in the promises of heaven and damnation, because most religion view sexual indulgence in negative light, and those who are lustfully aggressive find religious edicts against sexual immorality to be unacceptable and they vent their anger by cursing or killing all religious men and women who disapprove of their dalliances, and this causes them to become increasingly cruel and violent, as there is no God or heavenly laws or Commandment to tell them, thou shalt not kill. These sensual leaders would not hesitate to launch nuclear missiles at one another. But this prospect may not frighten all of us, as we have faith in our military and defence forces, but what would really happen should a global nuclear warfare breaks out? What would happen if an attack on the United States took place? If we suppose a nuclear adversary decided to cripple the U.S. nuclear retaliatory forces, including the nuclear missile submarine, then since most of the 48 contiguous states have at least one nuclear bomber base, a submarine support base, or intercontinental missile silos, those areas would warrant destruction in such an attack. The attack, which would require only a tiny fraction of the strategic nuclear weapons in the enemy's arsenal, could kill hundreds of millions of civilians. Those living near targeted bomber and submarine bases would suffer most painful blast and brutal radiation effects. Intense fallout from ground-burst explosions on missile silos in the American Midwest would extend all the way to the Atlantic coast. Fallout would also contaminate nearly all of U.S. cropland for several years and would kill all livestock. Ten years later, the suffering population would possibly die out from hunger and diseases.

The lower one goes from the respectful standard of human beings, the lower he or she will have to stoop to please the animal side and the less love or empathy the person will feel, as the sexually addicted person will become obsessed with pleasing his own body until it becomes a sick habit that is worse than drugs. There are many people who do sickening lustful actions with women but then they get bored with women and go to men and soon, sexual perversion increases so then they get bored with one man, and become like a pig or dog and need multiple men to satisfy their sexual appetites, and then they become sick and tired of men and so they go to youngsters, pre-teens or teenagers to please themselves and then they even get bored of youngsters and go to children in order to please themselves until they completely lose control over all heavenly laws and moral codes and begin to lust after everyone like mad dogs. These addicts who are obsessed with sex become the slave of their own sexual madness and even fall in lust with their own blood relatives, until, eventually they cannot control their sickening lustful desires and, in their madness, to please themselves, they go to their own children and no vestige of humanity remain in them. This is the end of many people who chase after fulfilling their own desire and thus, sexual indulgence is so dangerous for humans. Not only do people tend to ruin their own lives, they humiliate the bodies of other human beings, and become envious of those who are chaste, and hence, the trend in the last 20 years of giving false molestation cases against priests was manifest. Priests who live a life of poverty and chastity, have to suffer the misfortune of being branded as a molester for the rest of their lives merely because someone who was sexually active got envious of their purity. When a primetime television reporter accosted a priest of raping a minor and fathering a child, he was speechless in shock, and later vehemently denied he had ever committed anything like what was alleged. The priest swore that he never slept with a woman in his entire life, and never even touched anyone inappropriately, and he offered to take a paternity test to prove the claims against him were false. But the media's obsessive coverage of the Catholic Church sex abuse story highlights the common view that they are guilty until proven guiltier. Many of the people who knew the priest publicly proclaimed his innocence, and after hearing the words of sympathy from his parishioners, the priest was moved to tears. The DNA tests proved the priest's innocence, and he was allowed back into the ministry.

Attacks against religious men and women are common in this era, and was even more prevalent in the heathen civilisations, because without god and religion, people become sexually free, and with this carnal freedom, they are able to lust after any human they desire, and this causes the humanity to be diminished from the heart, and eventually, they desire more and more sick pleasures, and when that happens, religious men and women often speak vocally against it, and they are therefore punished for it, not by cold and calculated murder, but by branding them as the perpetrators of great evil, as we have seen in the cases of many chaste Christians. Pagans in Rome would regularly attack and punish any Jewish or Christian scholar who tried to preach abstinence, for it is a nature of humans to be envious of chaste people when they themselves are sexually deviant, as was most heathens of Rome, where incestuous marriages were legal, and nearly every nobleman would have little boys as sex slaves. The religious men who spoke against such deviant practices would be tied to a high pole and wax mixed with the fat from pigs would be put on their bodies, and set alight. Then the unfortunate person would die due to exposure to extreme heat. During the reign of Nero, the

Great Fire of Rome of 64 killed hundreds of Romans and Nero blamed Christians for this event and persecuted thousands of Christians and burned them alive, leaving them to die, even though he knew the Christians were blameless in the crime, but it was his inherent jealousy and rage at the religious believers of God because they disapproved of his incestuous relationship with his mother. Heathen societies glorified sexual filthiness and people there were encouraged to be as sexually promiscuous as possible, with many emperors prostituting themselves after turning their palaces into brothels, like many Roman leaders. As a result, those people lost their humanity and began to berate and brutalise one another, until they did not resemble human anymore, and rather than gaining education in sciences, they underwent sex education and had libraries filled with sexual content books. All those sexually enslaved societies and empires fell and got destroyed. Every country that was attacked or destroyed or bombed or incinerated or had their children burnt and every single of their young boys and girls sexually assaulted had once been very selfish in their sexual indulgences and were too busy fulfilling their own sexual desires with a righteous rage, insisting they have the right to make themselves happy. But every one of those country was destroyed because of some bizarre sense of karma or universal justice, where the more insanely a nation indulged in sexual madness, the more heinous and inhumanly cruel their enemies were, and they bitterly perished from the pages of time.

Sexual Thoughts:

Pagan cultures of the past were sexually active not only with the opposite sex, but with their own genders. Those people were proud and lust-filled and were too busy fulfilling their own sexual desires, never imagining that one day their children will be killed by enemy forces and their young boys and girls assaulted in unimaginable ways, scarring them forever and depleting their race with starvation and injury which would be destroying their body and soul with pain. Once, these sensual heathens believed they were glorious and had the right to use and abuse every human flesh they saw, and they thought they were untouchable, and thought they could ignore the world's suffering and be busy fulfilling their own sexual desires, but one day, their enemies came mercilessly, who were also demented in their sexual desires, and sick with their own carnal lusts and cruelty and destroyed them. Had these people been chaste and remained abstinent and were not obsessed with their own sexual desires or becoming the slave of their partner's sexual organs, then they could have learned to defend themselves and teach chastity and honour amongst the people of the world. They could have given boundless charity and voyaged to other kingdoms to preach honour amongst those people. They could have taught their younger generation the beauty of love, loyalty, honour and respect. Indeed, they could have taught their enemies morality by using their own lived example on how to treat people with respect and not use them sexually. They could have taught self-control to the people of the world instead of preaching people to worship each other's unpleasant odour-emanating body parts, and whip, flog or use or abuse, consensually of course, other human being's body like a vile sexual thing or discardable object and not like a human being with a generous heart and sensible soul. Hundreds of Christian saints and even secular minded philosophers accepted the horrors of sexual indulgence and

many remained celibates throughout their lives, rejecting any and all forms of sexual contact with others. St. Thomas Aquinas, perhaps best known for coming up with five different proofs of God's existence, was born into nobility in 1225, and decided to join an order of priesthood, taking oaths of celibacy. His family were horrified and Aquinas's parents, hoping he might come to his senses, had him kidnapped and imprisoned for more than a year in the family castle, but since his adolescent years, he fell deeply in love with the monastic life spending hours in prayer and study. His parents did not appreciate their son throwing away his promising future to become a monk, and members of his family were forbidden to let him to leave unless he renounced his vocation to become a priest. His brothers even hired a prostitute, locking her in the tower with Thomas so that he would break his vow of celibacy. In response, Thomas took a fire-lit torch from the wall and chased the prostitute around the room until she screamed to be let out. He remained resolute in his celibate oaths and the chaste youth got on with writing logical treatises, until his brothers tried to make him see the error of his ways by placing other beautiful sex workers into his cell. Aquinas, in an unprecedented display of monkish restraint, did not succumb to her worldly charms, but rather, wielding a burning stick, chased them from his prayer space, and with his prayers, he strengthened his resolve to remain celibate. Aquinas's family, realised then that he was a lost cause, allowed him to escape, and Aquinas went to Cologne, and was ordained to the priesthood.

Sexuality and Humanity:

Sexual laws and sex propaganda and sexually explicit films videos and sexual articles make people's hearts dead. It makes them selfish and angry and hateful and jealous of anyone who isn't as sexually puerile as them. People have become mad; and all those who are promiscuous have become mad. We live in a sexual communist world. Indeed, we have all become like dogs who care only about our next meal and how to worship our partners dirty sexual organs. Have noble humans become worse than dogs, since our teenage generation know nothing of humanity and understand nothing of love and appreciate nothing of selflessness or of loyalty or care in the least for patriotism, and all they do is what the media and sexually perverted films have taught them, which is to be like real pigs and eat the filthy and disgusting bacteria and yeast infected things related to their sexual partner's reproductive organs? Scientists know that hundreds of different types of pathogens can be found in faeces, and the ramifications if extreme personal hygiene are not used can be fatal, as diseases are regularly transmitted to human faeces. Those pathogens have very negative effects on health and cannot be easily destroyed. Therefore, to worship and think about the private body parts of other people and to obsess over sexual encounters is not only useless but also mortifying and dangerous.

Billions of living organisms are present in the human faeces and there are always traces of such excrement in the private body parts, which some people who are addicted to sexual acts, senselessly worship and adore.

We have no right to call ourselves human beings when we have no humanity and no honour left in us. It is pitiful that our education and schooling are centred around sexual learning, while our life's purpose became contaminated with sensual pleasures, and our phones are brimming with human images and ideas, and our memory and our time are mostly spent on how to please ourselves in the most sickeningly deviated way which becomes more bestial and filthier by the minute and we spend the rest of our time worshipping the filthy faeces-smeared sexual organs of our partners who secretly despises us for our own sickness and worships other chaste human beings who still have souls left in them. These words might sound harsh, but it is the absolute reality of our world. If humans cannot stop this madness and do not cease preaching this sick animalistic lust to one another and if they do not stop justifying it by branding themselves martyrs for being able to insult themselves sexually to the point of becoming lower than wild pigs and mad dogs, then we cannot even salvage whatever humanness we have remaining.

If people only understood that there was no greatness in sexual promiscuousness and no honour in worshipping other human being's sexual organs, then they could put an end to this shameful and harmful practice and instead of becoming insanely angry at anyone who tries to preach abstinence, they would have tried to honour themselves and their partners. People must try to keep sexual relationships only for procreation and not treat human being's body as though it was a toilet bowl or toilet drain. Humans should respect every woman, and even if women or men or young boys and girls want you to whip them and insult them and treat them like pigs and dogs, it is our duty to be honourable enough not to do it and teach them to honour themselves instead of joining in the obscenity and becoming a soulless, selfish and sexually manic animal. It is time we gain some humanity and restore some dignity and some honour some self-respect. Have we become so enslaved sexually and so weak and sick minded that we cannot distinguish the difference between right and wrong? It would be sad if our country should get invaded by Russia or China or Africa, and our youths who were raised thinking sexual freedom is noble, will offer the enemies sexual services instead of fighting to defend their honour and save their country and their families.

In this sexually revolutionised world, is there any love and loyalty left in the heart of our people or are they all obsessed with discovering what other sick way they can try to fulfil their carnal lust next? Each day, billions of disgusting adult films are downloaded by the people of the world and viewers watch with relish as women or men are being degraded sexually in a manner which is hundred times worse than any pig or dog would be treated by their animal sexual partners. Will there be any brotherhood left amongst our soldiers who have grown up watching sick images and learned to objectify all human bodies? Due to sexual addictions, will they be too busy to fight for their country and only try to sexually please their brothers in arms or their enemy soldiers should they get captured? With sexual promiscuousness, people become heartless and all love which they had in their hearts for their families evaporates, and soon, in their sexual madness and their obsession to please themselves sexually, that feel that love should not have any boundaries and they should have the right to lust after own parents, siblings, cousins or same gender, because love is love even if it is with one's own mother, as

long as it's "consensual". This was the policy adopted in pagan Rome where they had no God or religion to govern their social and sexual lives, and the noblemen found it perfectly legal and acceptable to marry their siblings, nieces and or even, their mothers like the emperor Nero, who would publicly cohabit with his mother Agrippina.

With maddening sexual lusts, we will forget the measure of morality and cease to understand why certain sexual acts are wrong. Our sexually depraved mind will not be able to comprehend why it may not be appropriate for an eighty-year-old man to marry an eighteen-year-old boy. Our youngsters and older people who are addicted to sexual acts may even assault, insult and cancel or punish, penalise and boycott anyone who says a word against incest, because they will think that incestuous relationship is fine as long as it is consensual. Will this sexually liberal generation start tormenting people for becoming incest phobic, saying one has every right to fulfil their carnal sexual desire even if it be with the daughter or the mother or the sister or father or grandmother? Is that where our sick sexual madness will lead us because love is love and who could ever have the right to stop one from sexually enjoying their privilege?

In today's sexually promiscuous world, anyone who says a word against sexual indulgence is banished, cursed and painted as a torturous monster for trying to stop two men from marrying or a couple from enjoying premarital having. Since there is no religion in Europe or north America, and no religious book accepted by all, there is no limit to what is right and wrong.

How sexually demented would people soon become? Excessive sexual indulgence makes people lose their intelligence and wisdom, until only sickness and sexual madness remains, and everyone teaches other how to be sexually deviant and they make every form of sexual torture consensual while our children no longer have the opportunity to be acquainted with honour or loyalty or love or patriotism or strength to even defend themselves!

Many people by becoming too indulgent in sexual acts got destroyed both physically and spiritually. Seeing young men and women becoming beguiled by carnal desires is frightening because sexual indulgence makes people enslaved towards one another and causes the heart to die. Due to the inherent tendency of many people to explore more ways to please themselves sexually, they forget all about their real purpose in life, and give up their morality, chastity and religion, because excessive sexual acts deaden the heart and blackens the soul.

I have been exposed to various cultures and nations and have travelled to many countries, and I discovered that sexual acts and obsessing over carnal desires are the root of all pain and disaster in the world. Under no circumstance is it healthy for one person to worship another human, because human beings are born free, and enslaving oneself to the body part of another person not only makes one psychologically broken, but also causes numerous health problems. According to some researchers, breast and other cancers cancer in women and men are increasing at an alarming rate. The causes for breast cancer in men are now thought to be sexual activity. Older married men who had sex as few as once every six-month reported to have been diagnosed by breast or other forms of deadly cancer. This is believed to have been due to a spike in hormone level following

sexual encounters, proving once more that worshiping or idolising or obsessing over human flesh is severely detrimental to our existence.

Our predecessors who struggled to survive in primitive conditions in the past were more pious than we were and for them, sexual activities after marriage did not cause much harm because they lived in an ancient world where there were no modern amenities like electricity or fast cars, but for us, indulging in lust and carnal desires is doubly dangerous.

We live in a utopian world, where we have everything we could ask for. Right now, we do not have to dig wells to find fresh water, and neither do we have to swelter in the heat without coolers and air conditions, and in this heavenly existence, where at the touch of a button, thousands of items of food and groceries and even furniture, are delivered to our doorstep, rather than devoting every moment of our remaining time to the service of Faith and Humanity, when we indulge in lusts and fulfilling our sexual appetite, it may take only one moment for everything in our life to change, and it takes only one disaster to ruin every happiness in our lives. We have become so indulgent that even the most obligatory charities and liturgies are forsaken, and the moment some calamity befalls us, some of rush to the altar and violently curse God while we wasted our youth in sexual indulgence, and selfish lustful desires, and never cared about remembering humanity and salvaging our soul. What the German philosopher Kant feared most of about people's inclination to sexual acts was their objectification of human bodies, because to him, sexuality was the prime disturber of reason. In his estimation, a sexual urge was the desire to possess another person. Those who engaged in sexual acts for the sake of pleasure "make of humanity an instrument for the satisfaction of their lusts and inclinations, and dishonour it by placing it on a level with animal nature. Sexuality, therefore, exposes mankind to the danger of equality with the beasts." In this vein, Kant concludes that since morality can only pertain to rational creatures, such a lowering of status is the worst sort of degradation possible. One loses one's moral sense when lust becomes dominant.

Some statisticians discovered that when any nation becomes too sexually active and sexual revolutions begin to take place, that nation immediately gets destroyed. Even from the near history, where the world witnessed great depression of the North American societies and Europe faced the worst bloodshed of the century, with millions of casualties, researchers found out that these societies had suddenly become very promiscuous prior to facing these calamities, which suggests that when people become engrossed in pleasing only their bodies using the flesh of other human beings, and worshiping the private body parts of humans, then become narrow minded and lose the will to live a productive life.

Wherever in the world a ruling party of a nation began to make rules of free mixing men and women and encouraging them be intimate with each other, that race or nation became destroyed, like the horrific incidents our world had witnesses in World War One and Two, with Europe suffering nearly 200 million casualties. They had faced sudden prosperity prior to the wars, and women and men found more reasons to be sexually active, causing utter humiliation and suffering for decades. None of these horrors ever took place as long as men and women were pious and God-fearing and chaste. Whenever godless or communist parties ruled a country and banned all religious obligations, and forbade priests, Rabbis, or imams from teaching their young subjects to be chaste and pious, the nation was destroyed because when people ban religion and religious laws, they have no reason to stay chaste. They had no reason not to fulfil their sexual desire with anyone and

everyone. Sinning and sex become the norm and those people who start sinning try to make the sinning acts into the greatest virtue in the eyes of people and hence, all forms of sexual deviation like homosexuality, incest and other horrible acts becomes the greatest good deed that a human being could do. Indeed, without religion, chastity disappears from the hearts of men, and every sexual deviation seems like the greatest act imaginable. If the people of our world do not actively try to be abstinent, they will regress into a dark state of irreligion, where without the laws of heavenly faith, people will start sexually abusing children and make it legal. The worst part of sexual freedom is that everyone inevitably becomes immoral because those who are sexually active resent anyone who tries to be chaste, and this unconscious jealousy causes great harm to celibate men and women. One such attacks has manifested as the famous fraud against the Church where priests are falsely accused of sexual crimes. A former FBI investigator examining abuse claims against priests in California had determined that more than half of the claims were either entirely false or so greatly exaggerated that the truth would not have supported a prosecutable claim for sexual abuse. More than seventy million people in America participate in religious events at the Catholic Church, but less than thirty minors came forward with the claim that a priest abused them and out of the thirty cases, only two have been considered to be plausible, and the rest were quite clearly unsubstantiated, or merely false. Many other false cases were dismissed in court due to the lack of evidence, and this indicates that there may be some people who are determined to continually file fabricated charges against chaste priests who abstain from all forms of sexual immorality. Less than fifteen percent of all accusations against Catholic priests are even deemed 'substantiated' by the very lenient standards of diocesan review boards. The majority of accusations against priests are deemed either false or unable to be proven, but prejudice against men of faith is rampant, and people who are sexually active tend to endlessly criticise and curse them.

Every single country in the world that is promiscuous, or where the people became obsessed with sexual acts, or are trying to use religious edicts to legalise every act that would satisfy the carnal desires, will become ruined with horrifying calamities. Whenever the people of a nation start being sexually active and forgets religion or gives up chastity, that country suffers unimaginable terror. This much has been historically proven. Even in marriage, to unite with one's spouse only for the sake of procreation should be the norm, because anything else would be considered blasphemous by all standards of humanity, religiosity and chastity. No sooner does a person engage in lustful activities, do they become wild in their sexual appetites and cruel at heart.

Saint Augustine implied that sexual acts are permitted only for having children and even then, one should be feeling extremely tortured by it because it is taking precious time away from the future and takes the heart away from God. These acts can be done only because by doing it can one increase the number of human beings, but it is imperative not to enjoy conjugal encounters but rather feeling so pained that your night is going away being involved physically and mentally in an ecstatic relation with a human, while you're not being able to empathise with other helpless men and women, or weep all night for the women that are being humiliated in many parts of the world.

The reality is we become immune to human feelings if we indulge in sexual activities or become enslaved to the disgustingly unpleasant body parts of a sexual partner, and when people become addicted to the flesh of human beings, they lose

their common sense and natural compassion. I am reminded of a family who lived in an adjacent building, where the couple had an adorable teenage daughter who cared for her mother, who was unfortunately suffering from terminal cancer. The woman passed away after a long and arduous battle with the disease, leaving the seventeen-year-old-daughter devastated. The woman's husband did not mourn for too long, as he married a beautiful model only one month after his wife died. Hours after returning from the funeral services, he began to date other women while his teenage daughter went off to college, using the money he had stored in her college fund. Weeks after moving to her college campus, the daughter received news that her father had married a young beauty. He became besotted with the new bride, and slept with her in the very bedroom which he had previously shared with his wife of twenty years. The man also removed all photographs from his house that had image of his late wife on it, and attempted to erase her presence from the home she had built with him. His daughter, who was still grieving from her mother's untimely death, was visibly upset and commented that the woman should not have taken her mother's place so soon after the funeral, and that her father should have waited awhile or allowed her to grieve peacefully. However, her comments enraged the man and he banished the daughter from his house for being disrespectful to the new wife. This made the young girl even more sad and she insisted that at least one picture of her mother be allowed to remain in the house, but he accused the girl of being rude to her stepmom and ordered her to leave the house and never come back. The daughter broke into fits of sob, and went back to her campus, but found her identity card malfunctioning. Upon investigating the matter, she discovered that her father was so angry at her reaction to his new wife, that he cancelled her college fund, causing her to automatically get unenrolled and banned from her campus housing. The grieving daughter, who was already suffering from depression, cried bitterly for several weeks, and was forced to live in the streets, with no income to supplement her basic needs, and soon, she committed suicide on her nineteenth birthday, crying till the end for her dead mother. The end result of sex and lust are almost always unpleasant, as it removes humanity from the hearts of humans, and anyone who takes a sexual master loses the capacity to feel compassion to wards people who they were supposed to love and protect, as we have seen in this rather loving family, where everyone cared for each other, but when lust and sexual desires got in the way, the father could no longer feel any sympathy for his grieving daughter, and indirectly caused her death.

If we become even more adamant and even more blinded and even more arrogant with lust and sex, then I fear we will end up completely becoming obliterated and annihilated like all the nations before us. We must not let that happen and should not let our arrogance and our cruelty and our anger and our personal vengeance come in the way of us saving our future nation and countries. People in our societies have to do everything in their power to stop people from sexual sinning so they could save humanity. When I contemplate the sexual absurdities and obsession which has overtaken many people of our century, I find sadness overcoming me, for I know that indulging in excess sexual acts is doubly harmful, not only for the spiritual state of faith and integrity, but also the stability of health and cognitive abilities, because sexual acts makes one to worship another person's body parts, and worshiping the body parts of another human being, someone who may or may not be loyal to you tomorrow, and someone who may move on to the next lover moments after your demise, is a senseless endeavour, and not only does

this habit destroy the mental health of a person to the point that they will be inclined to follow the falsities and misrepresentations about God and religion, but this obsession with sexual relations often diminishes the human mind. In 1992, researchers asked men who did not have prostate cancer to report their typical number of sexual encounters per month during their twenties, and forties. The scientists found that men and women who reported more sex (more than once per month) during their adulthood had two thirds the lifetime risk of prostate cancer of men who reported fewer sexual encounters each year. This study proved that cancer was directly related to excessive sexual activities, suggesting that men and women who wish to be cancer free should also practice abstinence.

Why is sexual activity so dangerous? Because it takes one's heart away from the remembrance of humanity and even God and religion and spirituality. Our pious predecessors like Saint Francis of Assisi and St. Augustine tried to abstain from sexual actions and even marriages and he regretted ever being intimate with other humans because it distracted him from the prayers and fasting, they had been accustomed to. With today's technology and internet, the heart of our nation has become rotten with objectifying other sexes and reeks with human obsession, selfishness, and anger which have made them insecure with a feeling of entitlement which makes them lose all empathy towards others, and makes them heartless to all but themselves.

My words may not sound very pleasant but if we were to think about this brief duration we have remaining in this world and that every day, we hear about one more colleague who have passed away from this world, and we know we might be next, but those who are young get easily deluded because youthhood is a curse in some ways, because it makes you believe that you will live forever, and therefore are free to do any sin or indulgent act you desire, but ponder well. Do you think doing acts to satisfy carnal desires will give you happiness forever? Do you think it is worth it to give up an eternal life of purity in exchange for a few minutes of ecstasy in this world, in the company of someone who may or not love you, and in many cases, may even find your very existence to be revolting? Is it worth it to give up the eternal joy of purity and chastity for the pleasure of a sexual partner, who may love you today but will love another person tomorrow? Will it be worthwhile to spend all your days obsessing over certain body parts of a sexual partner, who will take another lover within days after you die, and he or she may even laugh and joke with the other lover and occupy the same house or bed which you prized?

Many people are glued to the phones in their hands. It is an unfortunate phenomenon, where some people have become obsessed with satisfying selfish lust and desires, and constantly upload disgusting videos and download pornographic content, and this is something even those who claim to be pious are suffering from, and it is a deadly practice. Indulging in sexual acts cause the light of morality to diminish from the heart, and slowly, sympathy leaves that person, and they become violent, as I personally had seen many who had become dedicated to destroy all their relatives or friends. Every time, someone desires to worship the foul body parts of another person, or gaze ardently at the filth-emanating body organ of an adult actor or porn star, then he or she should try to recall the basic biology, that an average man produces approximately thirty thousand pounds of faeces in a lifetime, while an average woman emits 35,000 pounds of poop from the body in her life, which would be greater than several garbage dump truck. Why would we even wish to adore and stare at such body parts which produces such huge quantity of filth? In recent years, doctors discovered that there are thousands of

deadly viruses in the human reproductive body parts, and over 100 different varieties of viruses, bacteria, and helminths can be found in faeces which can cause severe pain or dysentery, and even lead to death if left untreated. The dangerous pathogens cause Typhoid fever, Cholera, or Hepatitis A, and the variety of worms including Rotavirus, Norwalk Agent virus, and numerous others that are found in human genitalia cause respiratory and other health distress. Other pathogens cause severe diarrhoea and every single one of these diseases come from faeces that emit from the human organs.

If we become dirty minded, then there will be thousands of chaste monks, priests and pastors who will lead pure lives and be much more productive in their daily lives. Therefore, it is imperative for us to learn the beauty of chastity from these pious men who preceded us in time and in faith. Those who constantly think about the opposite gender or become obsessed with satisfying the animal lust, they will become very unhappy and unsuccessful. It is imperative that people have control over their desires. Being a strong human does not mean one who is physically energetic but rather one who has the capacity to shun away from sinful activities. A nobleman is capable of fighting against shameful desires and lust, therefore he or she must never engage in any lustful or selfish encounters. We must know that this life and worldly enjoyment is not our purpose. We use the mouth for saying our beloved parent's name and calling our children, and read philosophical texts, and rather than preaching and teaching goodness to the young ones, we are busy in singing the praise of earthly singers, adult actors and sports people.

Nearly eight billion people in the world, but there is scarcely anyone strong enough to fight lustful desires. Instead of expressing willingness to better themselves, most people are trying to use religion or freedom to marry more women or men, but they forget that the purpose of our existence is to worship God alone and follow the noble path of morality and help humanity. We should not have sexual relations with a spouse without the explicit intention of procreation, and an intelligent man must only make intention of having a child when approaching a spouse, otherwise the encounter will be considered blasphemous and sinful. Saint Augustine felt that it is advisable to give up all lustful activities after the age of forty, and devote life to the service of God alone, but unfortunately the people of this era consider themselves young and having a promising and certain future, whereas youth and prime are not a guarantee for eternal health and happiness, as we know that in Britain alone, thousand od people are permanently disabled with brain injury each week, and never again will those youth be able to talk or pray or even speak. Sometimes, it takes many months for those brain-injury patients to learn how to say their own name. Others have to learn how to talk and walk. While some people indulge in vices and lust, they should be aware that their lives might change in one second. Never should a human being choose to objectify his wife or approach a spouse with the sole intention of fulfilling physical lust. Because all the sin and sickness in the universe starts from treating the spouse as an object of desire. This is how every previous sinful nation got destroyed. Unfortunately, many people are slaves of desire and try to make everything legal. Those people are the ones who try to run away from the path of chastity and truth. The harms of sexual indulgence were manifest to many of our great predecessors, such as Saint Agustine, the Bishop of Hippo, but many non-religious figures also celebrated chastity and remained celibate for the entirety of their lives. One such famous example had been the German philosopher, Immanuel Kant, who insisted that

there could be nothing more humiliating and shameful than using the body of another human for sexual gratification. The 18th-century philosopher Kant believed that human beings tend to be evil. He was thinking about the basic human tendency to succumb to what we want to do instead of what we ought to do, to heed the siren-song of our desires instead of the call of duty. For Kant, morality was the force that closed this gap and held us back from our darker, desiring selves. Sex, according to him, was a means by which one person objectified and humiliated another, and therefore it was morally wrong, because when people sexually desire another person, they desire his or her body, not the person's services or talents or intellectual capabilities. The danger to this is ultimate and impersonal humiliation that causes humans to lose their humanity. When we desire the person's body, we often focus on its individual body parts, and this causes the sensual desirer to become besotted with those filthy organs and worship the other person to the point that they become enslaved to the sexuality and lose all rationality. People who worship the foul body parts of their lovers think they are doing sexual things because they love their partners, and want them to feel pleasure, but in reality, they have become enslaved to a human's flesh, and the problem of objectification presents itself, and while those sex addicts enjoy sexually pleasing someone else, they often have little clue as to how horrifyingly the lover is being disgusted at them for behaving like a toilet bowl. But then, the question is why is it so terrible for people objectify each other in sex and let themselves be objectified? Is the end result of sexual objectification as harmful as we imagine? It is. According to the German philosopher, the capacity to reason is what makes people ends in themselves, worthy of moral respect. To Kant, what's objectifying about sexual desire is its ability to numb a person to reason, both in themselves and in others. Its power is such that it makes our reason its slave: our rationality becomes the means to satisfy its goals. It has been the downfall of kings and leaders; the ruination of relationships; the seedbed of lies in the pursuit of getting laid. Then, people who become addicted to sex cannot live without it, and in their pursuit to fulfil sexual appetites, they cheat, they deceive, and they even pretend to be not who they are, and eventually they set aside the other's rationality, and in doing so, set aside their humanity. Kant concludes that sexual desire and objectification are inseparable, and a force that morality must reckon with, and one that erases goodness from good people, and corrodes humanity in humans.

How do we retain our humanity?

We must be in constant fear, and avoid all kinds of sin. Do not think about women or men, or even look at them, and think that if God takes my life away when staring at women, what will happen if the angel of death comes to take my soul away? Those who think of fornicating all the time, then his mind becomes so embroiled in the fantasy that he ends up doing that. Do not let yourself think of anyone. Every

evil in the world starts with thoughts. Yes, marriage is permissible, but one must only marry for procreation. People should only stay with their wives to produce children. Keep ethics in your heart, and never approach such filth as pornography. Remember that you are more honourable than you know, and imagine for one moment that you will have a daughter one day; you will not like other men watching her porn. You have a beloved mother whom you respect, so think how you would feel if other men watched her pornographic images. Every sin begins with an evil thought of human beings, so the most dangerous thing in life is to have thoughts of others in the heart. You will notice some people in the world who do not pray or fast too often, but they have a pure heart in which no thoughts of human beings ever enter, and those are the men and women who are truly free and whoever thinks of other humans are enslaved and are stuck in a human bondage.

If we think about humans all the time, it may even be worse than sinning with them. The heart is more important than action, and dirty thoughts are worse than the action. Imagine that a supreme being can see your thoughts, and imagine what will God think if he sees dirty thoughts in my mind? Will God say, I have created this man and given him health and wealth, and yet he thinks of human flesh only? This person who I created and blessed with such luxury and family; does he think of Me, or is his mind polluted with the dirty thoughts of others? While a person is thinking of strange men or women and entertaining sinful thoughts, purity and piety and chastity will not enter that heart. And without a pure heart, morality and justice does not remain inside the body. Being a good person is not in our hands. If someone constantly entertains filthy thoughts, then it will take God one second to make that person forget about morality and make his or her heart dislike the tenets of faith. I know many people who were addicted to watching explicit pictures and videos, and soon, they started becoming violent and hateful, so never allow the thoughts of humans, whether men or women, to enter this heart. Think of the temporariness of life. If you become sick this day and are unable to eat and drink on your own and suddenly become completely paralyzed, then who will take care of you? Will the people in the porn movies come to save you at the time of death? The weakest man is he, who cannot control his lust. Even if he is tall and muscular, he is a weak man who is a slave to desire and lust after men, women, and children. There is no limit to that person's weakness. If you become physically weak and frail, but you have the strength to control your soul from pining after sinful acts, then you are a strong and brave believer. And God loves those who are strong. It is the inner strength that allows mankind to stay aloof from sins. We must harvest this spiritual strength in our dreams, in our heart, in our sleeping, and in our waking, and then you will notice your faith increasing, and your Iman will be so strong that the devil will run away from you. In this pure state, when you pray to God, the angels will descend from heaven to listen to you, and if you make sincere prayer to God, He will be proud of your goodness and praise you in the court of all His sinless angels.

The bloody road to global war



In order to remain chaste, we have to try to remind ourselves of the insignificance of mankind and we must be in constant fear of God, and try to love Him, and fear Him simultaneously, but the most important thing is to be grateful to God. Let us ponder. What if I was poor and plain and did not have money to go to the physicians? What if I had to die from fever without medicine like those homeless people in Africa or the Middel East? Even if I fast or pray or give charity for the rest of my life, I will not be able to be grateful to the Supreme Being for one of the blessings which He had granted me. We must never make human love or lust our object. We must fight against ourself, but the human self is a tricky thing. It will first try to make you get lost in enjoying the permissible things, such as much food, and women who are spouses, and then the whole life will rotate around this wife and her beauty and romance, and then it will turn you to dirty and shameful and the impermissible acts. Slowly, this urge will convince us that which is forbidden to be permissible and we will be doomed, like all the heathen emperors of Rome and Greece. We must build a spiritual connection with God, because it is the only way one can be truly free from the sexual bondage of man. Every day, spend an hour praying and meditating over your life. No matter how ill you are, or how busy life is, or what faith or religion you adhere to, always make sure to spend one hour at midnight or anytime, and pray to a higher power, and force yourself to become pious by thinking only of the God who made you and kept you alive, healthy and with faith. Sit in seclusion, and coerce yourself to think of God, and if you cannot make yourself to believe in God, then at least, forfeit all thoughts of insignificant creatures like men and women. Humans are all going to leave the earth one day, and no one will be here for you forever, so there is no use thinking about their flesh. Rather, think of all the goodness you have, and think of all the blessings God gave you, and remind yourself that one day you, may lose this happiness without warning. Right now, you are healthy, but one day, if you are diagnosed with cancer, you won't find joy in the small things in life, and you will not find those beautiful women attractive and will not want to engage in sexual sins. Indeed, it is because

of all the blessings which you have that made you inclined to sinful acts and thoughts, and what will happen if God decides to take away all the blessings you had? What if your health, wealth and family was gone? Spend every moment of your life in staying pure and remembrance of God, because right now, you may be healthy, but in any second, you could trip on the stairs and become paralyzed, and then the beauty of strange man or women will not come to any use. Spend one hour each day expressing gratitude towards God, and thank your Creator for giving you a family, for letting you grow up in a safe home. If you cannot find yourself to be grateful, then imagine how different your life would be if you were born in a poor orphanage and grew up in an abusive environment, like many children of the world. Imagine if you were poor and homeless, starving in the streets. Would staring at women appeal to you? If you had to spend your day picking garbage to find scraps and leftovers for a meal, then how eager would you be to look at filthy pictures and engage in sick and depraved styles of sex? Ask yourself how much gratitude you had shown God for giving you fresh water to drink? Imagine if you were destined to live in remote area, and had to travel miles in hot weather, to carry buckets of clean water to drink? All the luxuries you have right now were given to by God, and at any moment, all these blessings can be taken away. One of the afflictions facing many men and women in this digital age is the curse of graphic films and pornographic materials. I have decided to address this issue because it is true that if someone's heart had become polluted with this filth, the beauty and mercy of religion will never penetrate the soul, no matter how many mathematical codes or secrets we discovered. Watching pornographic material is a grave sin, and we must cry to God, thinking of these sins, and abandon such practices permanently. Weep profusely at midnight and pray to God to make your heart pure. Think of all the people who are suffering around the world, and ask yourself if you really deserve happiness while they suffer. Cry as you think about all the women's pain, who are being assaulted in refugee camps, and pray for them, and remember, the women you find attractive in the street, and those who make you think of sinful thoughts, might become unattractive one day, while you will also die away and be forgotten. If you find an image of a man or woman in this world attractive, then know that her beauty will fade soon. If you are in love with his or her personality, also beware that the qualities could change, and one day, the mind may cease to function, and he or she may become very bad suddenly. Any person in the world can become insane in any second, if God does not keep her sane and healthy. People suffer from dementia and amnesia and lose their original personality and become very violent and angry, so do not think of humans. Only keep God in your heart.

Objectively speaking, believing in a supreme entity is not inherently necessary, but to be chaste is indisputably vital, and often, the two are interrelated, as one can never be chaste without a supernatural power of mammoth effort, because it is the nature of humans that they want another person to become enslaved to them, and so if you were to venture outdoors, and strolled in leisure, there would be many humans around you who will desperately wish to make you their sexual slaves, and will want you to lust after them, and make them feel special. Those people will eagerly wish you become their toilet bowl which they can place their filth in and feel superior, and soon, you will be powerless to repel their advances and succumb to their demands, whether willingly or unwillingly. Everyone who lives in a society or interacts with men or women who are sexually active become trapped into this web of sexual slavery, and find themselves in bestial bondage where someone uses

their bodies and vilely as a urinary bowl, and is horrifyingly disgusted of them afterwards. Proving the existence of God is a philosophical issue, and although philosophy is neither religious nor atheistic in its origination, it can be religious in its execution; and since the status of the intellect lies within the tent of religion, primary philosophy is a part of religion. That is why some philosophers are obliged to true monotheistic beliefs even more than theologians and these philosophers have proved the existence of God in various discourses and treatise. Our objective here, however, is not to prove the existence of a Necessary Being, which we can denote as God, but to highlight the unquestionable harm of sexual indulgence. When people worship the body of another human, they end up thinking and obsessing about the filthy body organs of their lovers which are full of heavy and disgusting odours. No matter how pretty a person is, within an hour of her or his death, the person will decompose and become food for the insects. No beauty or glamour will remain. The reality of life is that all the glamorous people in this world will become old, frail and unattractive, and the only thing that matters is the heart. And remember, even the kindest and sweetest person can become the worse in the world, and for no reason, they can become hateful, and horrible natured; and so horrible natured, that looking at the beauty will not give you any happiness. So, it is important to stay humble and pray for fortitude, because no one can remain pious if they remain obsessed with the flesh of other humans. If God does not have mercy on someone, he or she cannot stay chaste and pure. Many thinkers of the past, such as Immanuel Kant, believed in this philosophy and advocated celibacy and practices abstinence. For Kant, sexual desire was potentially the cause of the deepest degradation. It made a person no better than a beast. To treat another person as an object of desire was wrong. In his book, Kant wrote, "This is the only case in which a human being is designed by nature as the Object of another's enjoyment. Sexual desire is at the root of it: and that is why we are ashamed of it, and why all strict moralists, and those who had the pretensions to be regarded as saints, sought to suppress and extirpate it." He declared that one dishonours another person by focusing only upon his or her sexual attributes. It is the supreme case of treating another as merely a means to an end, the end being sexual gratification. In Kant's view, even mutual sexual satisfaction, rather than the selling of sexual services, was morally impermissible, since it still treated a person as a thing. It involved showing concern for only a part of them, rather than for their personhood in its entirety. It showed a lack of regard for the other individual's reasoning capabilities, as opposed to their sensual qualities. Although he preferred absolute celibacy, but accepted the necessity of some degree of union, and the only morally acceptable route for sexual expression was then through legal matrimony. Only marriage, he held, allowed for a morally acceptable exchange of sexual pleasure, as he wrote, "The sole condition on which we are free to make use of our sexual desires depends upon the right to dispose over the person as a whole – over the welfare and happiness and generally over all the circumstances of that person."

The German philosopher was a great proponent of purity and practiced being a celibate all his life, but he also allowed marriage between men and women for the sole purpose of procreation, and carnal intentions. However, in this day and age, when almost every adult had been introduced to vulgar and degrading images or graphic sexual films, and when every billboard and magazine contain images of naked men and women, marriage itself is no longer pure, and married couple engaging in sexual acts cannot stay unscathed by the immorality of the society.

Marrying one another in this sexualised society is as dangerous as being sexually promiscuous, because nearly no couple can possibly permanently remain pure in their sexual activities and when they begin to degrade and humiliate one another, even within the bounds of marriage, then they will gradually lose their heart and humanity. Today's media teaches people that love is love and love is free, and the human sexuality is a natural and good aspect of life, rather than a degrading and immoral aspect, when in reality, sexual desires is a flawed emotion which place us on the level with beasts, and Kant, therefore was opposed to treating humans as merely means to an end and exhorted to us the harms of sexual promiscuity.

Celibacy, Sexuality and Sacrality:

Philosophy, by its very nature, has been opposed to sexuality and philosophy has many virtues, it is worth studying what some philosophers wrote about human sexuality. Socrates held that the unexamined life was not worth living. The great German philosopher Immanuel Kant attempted to establish moral certainty through his concept of the categorical imperative, and for Kant, moral judgments had to be made independent of the particular circumstances, emotions and motives of the people involved. Thereby, he thought that moral certainty could be achieved in the area of human conduct. Ultimately, his ethical framework required a belief in free will, immortality of the human soul, and a personal God as the moral judge of human behaviour, and in his entire life, he practiced celibacy and advocated chastity for all, insisting that nothing can be more degrading than sexual acts, whether consensual or not, as it accounts to one person degrading and insulting another.

There is only one true method to ensure our sexuality do not bring about the mutual destruction of the world and everything in it, and it is unconditional celibacy. What is happening in our culture today, is a universal sexual revolution where sex communism is at play. It is not political, but rather sexual, where moral and ethical values are being scorned and all religious ideals are being mocked today. The moment this culture begins to infiltrate the lives of people, they become accustomed to sexual indulgence and become gradually addicted to sexual freedom.

Discussing sexuality and the laws that should govern sex is a necessary topic, both for our existence and the continuity of our humanity, and while we need to address this issue as plainly as possible, and assess the side-effects of sexual promiscuity very frankly, I will attempt to sanitise this topic as much as possible, and speak in truth and love.

The reason I am advocating global celibacy in this century is because marriage is evidently not a viable option for the sexually cognisant humans of our world. We no longer have a marriage that is free from sexual humiliation or sensual aggression. For people of the past centuries, marriage was a basic and necessary part of life. Wedding were sacred rituals which united a man and a woman eternally, and who

bore pain and loss together, and enjoyed life and health in unison. That was the sort of marriage which the bible talked about and was prominent in the marriages of the past generations where couples would be awash with mutual respect, love and self-sacrifice, both knowing any sexual act could be potentially fatal and therefore, doubly cautious in giving or receiving every sensual pleasures. People in those days found little reasons to enjoy sexual unions, especially so because brutal warfare were rampant, as early as the world wars, and in addition to death and wounds in battle, men and women faced lingering executions and gruesome death penalties for menial crimes. People in Germany, Denmark, Britain among other European nations, would be punished severely for non-violent crimes, and coin counterfeiters would often be sentenced by the courts to be boiled in oil until they died. Such fear hung at every precipice of the society that people could hardly entertain the pleasures of sexual activities with a free and careless mind. But in 21st century, where death penalty is abolished almost everywhere, and with no corporal punishment and no actual warfare and no physical battles, ideas of sex or marriage must not be entertained by men or women. There is no injustice in our societies, and people no longer have to suffer incurable injury or pain in this era and so when people indulge in sexual acts with one another, they let loose their creativity and sensual imaginations and begin to objectify and humiliate one another sexually, until no humanity remains in them. There is no fear of death by childbirth and mothers are fearless in having sexual encounters and this causes the couple to be selfish, sick and immoral, and then very quickly, their heart become akin to animals and they become egotistical beasts who are selfish, angry, hateful and passionate and find reasons to hate and challenge everyone. In this sexually promiscuous world, should a war take place and affect the people in such a beastly society, in no time, they will lash out at everything around them and become cannibals and devour one another in their madness for food or water, because for too long have people been trained to be animals and serve as each other's toilet bowl, and they do not know better. They have been trained to become bestial lust-filled creatures who do every kind of depravity and enjoy all sick actions without any law or fear of religion or a God and this is why marriage should be banned in this century.

Everyone who wishes to remain human at heart must absorb celibacy. Without exception, every human should become celibate without reserve if they want to survive or keep their nation alive. It is imperative that we stop this sickness. One million films and movies are produced every year, and the majority display horrifying and shameless sexual activities and objectify women's bodies in the most painful manner, and by watching these films, people of this world, regardless of their nationality and ethnicity, became obsessed with sexual acts and sensual pleasures and they feel it is normal to sexualise other human bodies to satisfy their carnal desires. In order to stop this sickness, especially when marriage is used as an excuse to furnish the lust and desires, we must embrace celibacy and remain chaste and pure, and avoid every form of sexual pleasures, whether physical or virtual.

It was okay for our grandparents to engage in sexual relationships because they did not have the comfort of modern society and they feared God and were genuinely terrified of dying from sickness and childbirth related complications, and their husbands would perish in wars and stay away for decades at a time and the sorrowful mother who themselves managed not to die at child birth would mourn their dead children and weep by their little graves for years and years. There was

no lust and joy in their lives. Widows often never remarried and worked tirelessly to earn money and raise their children to be honourable men and they never engaged in adultery or the kind of sick kink acts which many modern citizens are accustomed to. Clearly, this is what Immanuel Kant was alluding to when he advocated celibacy for all, and discouraged sexual acts even within the bound of legal marriages, because he felt that all sorts of sexual acts constitute to degrading and humiliating oneself and others. Relieving sexual tension by any means was something the philosopher strictly forbade, as immorality like prostitution was impermissible for Kant, because it treated a person as a commodity. Persons are not at their own disposal. They do not own themselves, because if they did, they would be a thing. In his words, "To let one's person out on hire and to surrender it to another for the satisfaction of his sexual desire in return for money is the depth of infamy." One would thereby be acquiescing in the act of commodification. He eventually remained a celibate all his life, and died a virgin, and worked tirelessly to preach the importance of remaining chaste.

In this century, the majority of divorce takes place in Europe and the United Kingdom due to one of the partners sexual deviances, where one party wished to involve three partners in their sexual encounter. Nearly seventy percent divorced people cite torture sex as a reason for separation since choking during sexual acts became a new normal in this era. Thousands of women die each year from the sexual beating and whipping and choking done by their husbands or boyfriends as part of enhancing sensual pleasure.

We must ask ourselves, are we really human beings? Can we honestly claim civilisation in our existence when educated couples whip and electrocute and flog each other. Public indecencies have increased to such levels in our societies, that today, nearly eighty percent of couples admit to having sex in public places, including parks and beaches, in full view of children. Thousands have sex on crowded beaches, even though committing an act of such a lewd character as to outrage public decency is officially a criminal offense.

Is this a human thing to do? We were the most virtuous community in the world a hundred years ago and now, none of us are human anymore. In the UK, sexual acts are so prevalent in the streets that every single person rushes into every cubicle and public toilets they find to sexually satisfy their lust using the flesh of another person, and so the government has to place weight control appliances such as high-pressure floors to prevent two or more people from entering the toilet and having sexual encounters. In many countries in Europe, the most common place for people to have sex was in public germ-infested toilets unsanitary cars. Random men and women are often caught inside the plane toilets in the middle of sex acts and have to be escorted off the aircraft by security. So perverse and prevalent have sexual acts become that it is a wonder that we are still alive, but our luck will not last forever, as no community in the world was ever able to indulge in their sexual fantasies and remained untouched by disasters.

British tourists have been banned in certain locales of Amsterdam due to their excessive sexual acts in the city and governments have installed measures and sensors in public toilets to deter inappropriate sexual activities. Speaking of Amsterdam, we all know what happens in their red-light district where women are paraded like wild beast and displayed from every shop window to be sold to men for sexual gratification. Women who are mothers and daughters are left on the streets and belittled.

Indeed, women have become more degraded than pigs and the men became lower than dogs. What a sorrowful world! Very soon, these people will pounce and eat each other if the government cease to function properly for one week or if a natural disaster causes health benefits to disappear – something which is bound to happen.

In our previous eras, the people were much more virtuous than us, but they still suffered from death and destruction, so we can only imagine how much suffering will be meant to face due to our sexual promiscuousness. When disaster hits our lives, we will not even have unirradiated water or uncontaminated air in that calamity. The people who came before us at least had water and air despite their terrors, because they were so virtuous that there was not one person or one woman in Germany, Austria, England or Holland where they performed sexual acts outside the sanctity of marriage. There was not a single adulterer in entire locales, and nearly all women were married and no child was born out of wedlock.

But our pain will be beyond imagination because our society became so promiscuous that in an entire college, not one child or student can be found whose parents are wed to one another, and the majority were born from threesome relationship and have no idea who their real father is. In this sexually revolutionised world, how can we claim to be human? Marriage is not part of love anymore due to the sexual immorality prevalent. It has become a sick drug that harms the user, and therefore, sexual acts, even within a legal marriage, must be banned permanently and completely, and just as people cannot do drugs and be drug free at the same time, we cannot avoid pre-marital sex and get married and expect to retain purity of the heart and humanity of the soul.

The people of our previous generation deserved to be married because they were pure and had so much love in them that they would be never sexually use or abuse one another, but for our world, marriage must be banned. For bygone eras, marriage was a medicine. It was a medicinal cure for their souls as it taught men how to be soft-hearted and how to love their wife and care for their children.

Marriage in our grandparent's generation taught people affection. It taught women how to love a man and how to love the children and how to be selfless and how to sacrifice their own lives for their child. But in this brazen era, sexual acts have become the sickening drug that everyone is addicted to and they will kill or hurt anyone to gain another fix. They became dependent on the drug but after taking the drug, they hate themselves, and like drug addicts, they will do anything to become high again.

Do you think marriage will cure this addiction? Never. Marriage will make it worse. Do we continued to give small doses of drugs to people who are addicted to it? No, because we know the taste of drugs will make them want more and more each time, and the dose will increase until people become high and die. Therefore, we cure drug addicts by making them stay a mile away from anything that reminds them of drugs and the same way, anything reminding people of sex should be avoided, including marriage. Marriage will make the sex addiction of sexual addicts even worse. Marriage is legal but even if a drug like heroin becomes legal, drug addicts should not or cannot go near it or go close to anything related to it. Sceptical readers may become combative about my theory of global celibacy, but when a disaster strikes, know that I had tried to warn you and that any sexual acts will bring about deadly destruction. If and when a nuclear accident takes place, then there will be no water or air to breathe and, in that moment, putrid flesh of humans will not seem appealing

The sexual perversion awash in our culture today is akin to a demonic agenda that is after our children. There is an emphasis on hijacking children by indoctrinating them at the young tender age and seizing hold of them and their precious minds and convincing them to become sexually active from a very tender age. Children are like wet cement, and are very impressionable, so when schools begin to sow seeds into their mind through illicit education and vulgar films, they become duped into becoming dull and lose all confidence. Several senior educators publicly admitted that it was their agenda to fill as much of queerness into their programming as they could and as a result, our society's entertainment for children highlights all forms of sexual explorations and degradations in the name of education and equality, and if anyone dares to complain or make a less than friendly comment on their online platform, they are banned from social media, and labelled as somebody who is provoking aggression and provoking violence against a member of the alphabet community. We are in the place today where if you believe the truth and you speak the truth, you will be de-platformed, you will be demonetised, you will be silenced or you will be called with names that no decent humans ever want to carry those as labels forever. However, as intelligent creatures, we do not want or need to be applauded by a culture that is under the influence of sexual perversions and sensual people, because that what happened to our culture now. All of humanity came under the spell of the people who are sexually liberal and even violent in their lust for lust, and so our society decided to cancel religion, and rebel against God, whichever deity the majority believes in, and they redefined good and evil. When these sexual communists rebelled against all heavenly religion, they held that God was no longer the final authority in their personal or public matter, and God and His word do not decide what is good for them as He is not their Lord or boss or anyone relevant, and so the name of God have become blasphemous, if not officially, then at least subtly. When they got rid of God, they seized the right to start acting like a god, making rules as they went in their godless journey. They decided what is right and what is wrong, what is good and what is bad and the sexual culture in our society and nation has been redefining good and evil since then.

While our kids are getting sex education in schools, Chinese second graders are learning trigonometry and science, and while American third graders go to mandatory drag shows and are supplied with sex toys for class lessons, Asian children are being taught to value their nation and love their families. If this trend continues, then this generation of Western children will utterly fail to remain in good standing on the world stage. If the Chinese Communist Party decide to invade the United States, then their soldiers who have never been brainwashed into sex slavery would fare far better than the white children who have been forced to watch pornographic films for the past twenty years and taught to have sexual relations from their adolescence, all in the name of sexual freedom.

Our children are being brainwashed to be sexual slaves and, in their schools, every teen movie they view is highlighting illicit scenes and every family television show is glorifying same-sex relationships, the media entertainment industries are whitewashing sexual servitude. In our schools and universities, even kindergarteners are being subjected to mandatory sex education until their self-worth decrease exponentially. Carrying such a broken and vulnerable mindset, these children will not be able to grow up with confidence.

From life experience, we can see that sexual promiscuousness causes most of the crimes in our society, such as murder and larceny, because nearly every criminal is

doing the crime either to hurt someone who hurt his beloved, or to gain something to gift it to his beloved.

Sexual Interactions:

Ancient civilisations had idols that they worshiped, and like in all worship of idols, the people always mixed sex with idolatry. If we look at the history of the paganism, we will see that sexuality and occult go together always, and there will be sexual debauchery and prostitutions in their temples. The prostitutes were often based in their temples.

Why does pagan culture become so interested in people's sexuality? Because sexuality is the most sacred to a human being, which deserves to be guarded, cherished and used with caution. It is the most core thing about a person, and is something one shares only with a spouse with the sole intention to procreation, and not sexualisation. Sexuality is something people do not share with children, friends or family, and it is meant to be shielded and sheltered from the world and everybody else and it is for this reason that our society pressures everyone to talk about sexual experiences openly and every celebrity is pressured into performing raunchy sex scenes in public. Sexual bondage obliterates every ounce of love and compassion from the human heart. I have seen many families become cold-hearted towards each other, when previously, they held great compassion for one another, and where everyone had sympathy towards the other, and loved their close one wholeheartedly until one of the family members became involved in a sexual relationship, or even got married to a sensual person, and became enslaved to the new sexual master. Then the family member suddenly decided to hate all the other members of his family. I knew a family who lived next door, and whose only son was their prized jewel whom they adored and loved more than their own lives. The couple were medical professional and worked as full-time nurses in various city hospitals for twenty years, saving every penny to give their son a sound education and prestigious upbringing. I heard with wonder how the middle-aged mother would run fifteen to twenty avenue blocks to get to work as a young intern so she could save the money of the bus fare and deposit the money for her son's education. Everything the couple did was to further the happiness of their only son, and soon, the young man went to college with his parents' money, and became a doctor. He moved to a different state and got into sexual relationship with one of his patients, who happened to be a convicted criminal and habitual drug abuser, and once, during a phone call, the parents cautioned their son about the woman, and begged him to reconsider or remain engaged for a year in order to get to know the young woman properly, but the son became enraged and cut off all contact with his parents, accusing them of trying to halt his happiness by discouraging him from marrying a convicted drug user with a criminal record. However, the parents were patient and still hopelessly loved their boy, and tried to meet him, and sent best wishes for his wife, but the boy refused to let his parents enter his house.

When he married, the young man did not permit his parents to attend, and finally, when his wife was pregnant, the mother begged to be part of the family and see their only grandchild, but the son rebuked them and forbade them from seeing their grandson. This devastated the couple's heart and they fell into chronic depression, and lost their jobs, and after the old man was struck with cancer, all their money was depleted from spending on the cancer therapy and treatment, until the young man's father was near death. He no longer had money for treatment, and when the mother asked her son if he could assist them with some loan for the cancer treatment, he refused and told the mother to sell their family house and use the money for purchasing herbal medications. The helpless mother did just that, and sold her house, but she could not save her frail husband's life, and without a home and with no money left in her bank, the old and sorrow-filled woman had to move to a homeless shelter and spend her final days wondering what had happened to her life. She perhaps did not realise that her young son got married to a sensual person and became addicted to sexual activities to the point that his lover became his sexual master, who he preferred over his parents. Although the youth had plenty of money, he chose not to give even a small loan to his parents because sexual indulgence often causes the humanity to be lost in humans. And people involved in fulfilling their lusts cannot feel mercy or sympathy towards others, even their own mothers, as they become akin to animals who eat their young. This incident is probably not the norm everywhere, as there are people who have sex with their spouses but also love their family, but if they were chaste, and had they been sexually celibate, they would love them even more. I am not saying that everyone who has sex are hateful, but history, geography and hagiography tells us that every hateful person are sexual addicts.

We must constantly remind ourselves that only God loves us unconditionally. Remind ourselves that those pretty men or women we find attractive and desire to do sin with, do not love you, and those women and men can even hate you one day, and become most disloyal to you, and are now possibly most disgusted of you. That beauty will not seem so beautiful if she becomes enraged and hurts you and your family. If those men and women are pious and faithful, then it means only God is keeping them good, otherwise, tomorrow, that woman or that man might become the worst human being in the world. Thousands of priests who had remained celibate their entire lives, and were not constantly trying to make degrading actions legal, are embodiments of purity and never become enslaved to the bodies of other humans. Because of their pure hearts, they were not enslaved to human flesh and never tried out sick and degrading acts. These chaste people do not use religion to justify depravities and so we should not delude ourselves by using laws to convince ourselves that we are doing a legal action when indulging in the pursuit of carnal desires. Marriage should not be used to exploit the bodies of women or men, but is only for procreation, and if someone become too indulgent in sexual desires (which may be permitted legally, or allowed technically) then the person will lose all sense of morality and justice. Too many people are obsessed with worldly enjoyment and are constantly online searching for ways to enjoy life, and I have heard of dozens of people who were too indulgent with pleasure and went through the bitterest pain and suffering. People are getting insulted and suffering around the world because of this sexual obsession. Rather than exploiting the bodies of humans, we can and should spend our time crying in sympathy for human brothers and sisters who are getting tortured and assaulted and killed in many parts of the world.

I wonder what has come over people who are constantly trying to demean themselves by watching filthy material online. Religion is necessary because it honoured women. Women are the mothers of our nation, but many people are bringing laws to justify depravities. How can men imagine degrading the mother of their children by watching filthy material? They are a trust, to honour and protect in marriage. Think of your own daughters. We must remember that we are in this world to build our paradise, and getting obsessed with the opposite gender would be counterproductive, even if it is via a legal means like marriage, the same way eating too much destroys a body and diminished the purity of the soul. May our entire population be saved from all sorts of pleasure and sins which may cause punishment and insult to come down upon them. It is necessary to remember that we are in this world for a very short time, and our goal is not to enjoy worldly pleasures and carnal desires, but rather to worship serve the helpless people and believe in God. Marriage should remain pure and for procreation only. Naturally, divorce is the most hated thing in religion, and therefore, we must try to work on our personal lives and endeavour to practice upon the noble footsteps of the prophets. But the people of our generation became obsessed with using legalities to justify their desires, instead they should feel mercy for the women who are getting assaulted around the world and try to refrain from indulging in any pleasures that might cause them to go through pain to make their hearts callous. According to some saints, God gave humans a particular duty in life, and that is to worship God alone, and this means not to indulge excessively in worldly pleasures, including spending useless hours in the company of members of the opposite gender, even if it is the lawful wedded wife. Many children are starving and being assaulted by evil men. Pious women are suffering from degradation.

Make a resolution to become celibate and live a chaste life for at least one year. Then repeat this exercise after practicing celibacy for one year, and mark the difference or change in your answers.

Self-Assessment

- Personal Responsibilities
- Financial Responsibilities
- Goals & Priorities
- Health
- Motivations
- Interests
- Values
- Skills
- Needs
- Spirituality

This is happening because too many people are now obsessed with enjoyment, and are constantly online searching for ways to enjoy life. We must be focused on living a pure life, and following the real path of God. Try to be chaste and be religious, without focusing on love for spouses and obsession with happiness in this life. We

were created for the afterlife. Not for finding happiness and love here in this world. The obsession with love for humans is sometimes the reason many women and men become completely broken both emotionally and physically. We came to this world to love our Creator and serve those people who are helpless and in far more worse situations than us. We came to this world to help every orphan, heal the sick and ease the pain of refugees and poor people and to serve humanity. Our purpose of life should not be marriage, love, money, degrees, fame or glory. We must try to preach the real purpose of this life to everyone instead of deluding ourselves with hopes of sex, love and happiness, because it is rather selfish to focus so much on oneself and one's own happiness especially when that happiness is a mirage and is truly not real happiness. Let us not encourage others to become obsessed with the idea of love, sex and relationships when the world is suffering and those helpless people need every bit of help, so we can give with our body heart and soul. When people become too indulgent in desires (which is allowed technically) they suffer horribly whenever they are very sexually active with their spouses and take lots of pleasure in it thinking they are doing a huge act of worship but truth is it is better to cry at night for people who are getting assaulted and their children being burnt alive in front of them. Several researchers interviewed more than three hundred atheists and agnostics and asked them what act or action they remember doing before they felt hatred towards religion or religious people in their hearts. All 200 of them said that they were sexually active. And they all became very cold hearted.

Our children are being sexually brainwashed from a very young age, as most schools and colleges have made sex education mandatory for children as young as first graders. The administration at the schools in the United States defend their school's comprehensive sex ed curriculum, including presenting sex toys to high schoolers. Although a handful of parents insist that it is inappropriate to be giving toy with men's private part imprinted on them to children as it could be damaging to the children's psyche, but like adults in this nation, even the children have been made into sex slaves of the society and government, whose school instructors now give out erasers in the shape of disgusting reproductive organs to school children under the guise of sex-ed class, and these innocent children are also forced to go on field trips to gay and strip clubs, and pressured to participate in drag show. Most children in our societies are being sexually trained and brainwashed to think that sexual activities are virtuous and often, the parents are forced to support their children who have been brainwashed by school teachers into changing their sex, where many teenage girls were encouraged to have surgery cutting off their breast, and engage in other forms of body mutilation.

What makes sexual activities so dangerous?

It makes the heart and mind dead. Modern researchers have discovered that all convicted criminals in prison were asked about their previous sexual experience and they all reported to be very promiscuous and experts believe that sex makes people insecure, unsure of themselves and cause a lingering feeling of shame and regret to fester in the heart. Objectifying one's own body or others makes people too humble and becoming repeatedly humbled and disgraced to a sexual partner causes the brain to become lethargic and this insecurity makes criminals carry out violent crimes, and even engage in self-harm.

When I first came across the research which suggested that sexual indulgence had been the ultimate cause of every evil that ever fell upon humanity, I was more than shocked. In fact, I could not take the study seriously, as it appeared to me, to be the most unscientific and senseless idea anyone could ever entertain. But the social scientist in my college who first introduced this idea, then presented the results of painstaking researches, and demonstrated, with rather firm evidence how all horror was begotten from sexual proximity of certain people in certain parts of the world, I had to reluctantly admit, that every great disaster that took place on earth, whether naturally occurring like the volcanic winter of 531, or the Justinian plagues of 540, or the brutal invasion of the Crusaders and the Mongol hordes in 1100, all such dreadful global catastrophic events were preceded by a period of sexual promiscuousness in the society of people. The data showed that the intrinsic cause that doomed and condemned the Roman Empire was not any specific case of rising corruption, but the prevalence of sexual corruption, the sensually harmful and evil side effects of those lustful encounters, and their inadaptation to celibate life.

While I seriously doubted that the doom of a nation can ever result from sexual depravity, it was obvious that no system of human organisation that sexual indulgent in its very principle, and unchaste in its very foundation, can save itself by any amount of cleverness and efficiency in the means by which that sexual perversions are carried out and maintained, and the nation or empire can never be salvaged by any amount of superficial adjustment and economical or educational tinkering. Any nation or society that became addicted to fulfilling their satisfying their sexual appetites using the flesh of other humans and abusing the honour of fellow man was doomed to fail, as their very foundation will hang from a precipice, due to having millions of sexually indulgent inhabitants who will neither know reason or understand mercy. The sexually active nation will be jittery, with dead root and branch as long as the root remains defiled and promiscuous as history had

shown us in the form of the ancient civilisations such as the Greco-Roman ones, or even the Phoenicians or the Babylonians, who were all great empires, but crumbled one after the other. The Roman Empire was noticeably a device for the enrichment of a small class of people by the exploitation of mankind, but while the jurisdictional and legislative business was functioning steadily, and the monetary enterprises were carried out with all the honesty, and justice compatible with its nature, and men equipped with admirable judgment and ability reigned in every sphere, with educated senators making grand declarations and comforting speeches to the plebians, but due to the pervasiveness of sexual immorality, the empire was doomed to fall and fail. If we read about the Greco-Roman culture, we will find that the Greeks and Romans practiced sexual immorality in a way that was as bad as Babylonians and Phoenicians, and ironically, remarkably similar to the sexual perversions common to our century. Paedophilia, fornication and homosexuality were so common in those cultures that nearly every nobleman openly adopted young boys to groom, abuse and inherit their wealth, such as the emperor Tiberius, who sexually assaulted infants and swam naked with children, due to their sexual indulgence, these pagans had little value of the human body and heart, and the value that they placed on sexual exploitation and exploration was extremely high. With the advancement of Christianity, the gods of those pagan nations, such as the Baal, the Ashtoreth or Ishtar and Molech was put into exile but somehow, these gods now have returned to America and Europe because sexual immorality became pervasive and most people have voluntarily departed from the heavenly religions and moved away from all biblical foundations, where child abuse was abominable and sodomy was not acceptable. However, with modernity, most people who are sexually promiscuous chose to reject the idea of God, and find the ethics of the Ten Commandments to be morally reprehensible, and find praying to a heavenly deity to be unnecessary, and seeking God's protection to be unconstitutional and so all prayers, liturgies and even the name of God have been removed from public sphere and labelled as unconstitutional, as though the pagan god Baal took reign of these sexual cultures that glorify indulgences which lead to despair, pain and death. Sexual revolution not only caused people to lose their heart and soul, it severed marriages and shattered family relationship. Sexual acts which demean a person eventually makes him jealous or passionate about ideas or actions, and this often leads to criminal behaviour, but those who are obsessed with the bodies of other humans find it difficult to give up these lustful actions because it becomes like a drug that makes people addicted to it, although it causes severe aftereffects.

Those who do close examination into God and other monotheistic faith and try to increase his knowledge of the religious tenets will inevitably discern the mercy of God in every aspect of this faith, but with a mind which is embroiled only in thoughts of vulgarities and sexual relations, the concept of a Beneficent Living God cannot penetrate the mind. I had the pleasure to be acquainted with several medical experts and some of those gentlemen who held responsible positions in the scientific world took great pains to conduct research about the inherent harm of indulging in sexual acts. One of the scientists discovered that there was a correlation between excessive sexual activities and cognitive impairment, and he found out conclusive evidence that pointed out to a trend where anyone who had multiple sexual partners or was constantly engaged in lustful encounters, suffered

from memory loss, brain disorders, heart failure among many other medical disorders.

In another medical journal, a veteran doctor gave an account of his research into the correlation between repeat criminal offenders and charted the data to record their sexual habits, and he noted that those criminals who were prone to repeat old offense or carry out a different crime, were generally far more promiscuous than men who avoided sexual acts. In his research paper, the doctor carefully avoided saying anything specific about the harms of sexual activities, because he probably knew that if the truth about this research came out, the sale of his book would be ruined by the calumnies of the sexual libertarian activists. When people become addicted to sexual acts, they cannot stop indulging in more and more creative can perverted activities, and soon, they cannot keep their depravities in the privacy of their homes, but bring their immoralities out in public, as we have seen in many cities in Europe, where people engage in various sports shows, such as the sex-championships. Participants in sex championship are made to engage in sexual activity daily for one hour depending on the length of the competition, and perform in front of audience in order to win a sexual performance prize. When religious people use a word like celibacy, the world's reaction immediately becomes hostile. Indeed, when the Catholic Church discusses celibacy, it brings up hostility within Christianity itself. Critics find celibacy synonymous with extremist and restrictive life. Most people of the world, including many Christians and Moslems, see celibacy as a ridiculous imposition that the Church puts upon some of her members to exercise unwarranted control over their lives. Some Catholics have even proposed that allowing priests to marry would have prevented the priest sex abuse scandal, but the underlying cause for all this opposition is likely derived from an innate envy which most sexually promiscuous people harbour within, whether consciously or unconsciously. Others rally against anyone becoming chaste from their lack of understanding as to what celibacy is.

Due to its prevalence, I find it necessary on my conscience to inform others about the dangers of indulging in excessive sexual acts. When a person is forced to be humbles repeatedly to a sexual partner, like drugs, he feels good only to feel terrible afterwards, and this grief causes them to become angry and lash out at spouses and children, and the inferiority complex increases in the heart until people who are promiscuous often become criminals. If people could read about the researches and studies which found that people who are obsessed with sexual acts tend to carry more crimes and are always repeat offenders, then they will understand why I am counselling in this manner. Becoming obsessed with sexual activities should not become our life's objective, rather we should focus on retaining our dignity and self-respect. Honestly, even if we leave aside all religion and god, it is always better to be pure and proud enough and honour yourself to save your body from humiliation.

After speaking to hundreds of people who are violent and cruelly debated with others and cursed religion, I discovered that they were very sexually active. Some said they watched vulgar films with their spouses and some were watchers of pornography and some were indulging in daily filth. Indeed, it was their sexual deviation and their worshipping of people which made them so angry. In fact, even God does not need someone who worships another person and constantly dreams of pleasure with them to follow the religion of monotheism. It is pitiful to see honourable human beings becoming addicted to sexual acts and enslaving their hearts to the flesh of another person who might love them today but hate them

tomorrow. God is honourable and respectable and people who are sexual addicts are slaves of humans and slaves of lust. If those people thought others to be a disgusting creature, then they would never feel like indulging in sexual acts with them. It is worshipping humans that makes people sexual slaves. And whosoever worships human physically or sexually, they stop loving and caring about others. They cannot be compassionate until they are disgusted of human's sexual slavery and turn towards faith and purity with a heart purified from every act of disgrace. Anyone who is too deeply involved in sexual pleasures will after several years suddenly find themselves in prison or abused or their hearts will become cruel and hateful and enslaved.

We must teach one another that true Faith is not discussing how to have sex in a more creative way or to constantly talk about lust but true Faith is to cry your heart out for the people who are suffering rather than discussing how to have sexual relations. We have to understand that too much indulgence, even if inside the boundaries of legality, can make oneself absent minded about humanity and love. And this kind of indulgence will get us tortured in this world most severely the way people in the past civilisations suffered. Every time a person indulges in sexual pleasures, they should think they will get punished severely for this slavery, unless he or she gets rids of the obsession of sexual pleasures from the heart and fill it with feelings for the women who are getting assaulted around the world every day. Sexual acts not only harm the human heart, it also destroys the body, as scientist have discovered recently that increased sexual activities causes people to have cancer.

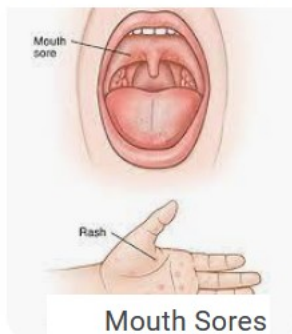
Of course, philosophers and religious thinkers like Augustine, Aquinas, Aristotle or Kant did not know the medical harms of sexual acts, and yet they strongly discouraged sexual promiscuity. In his writings on sex and marriage, the philosopher Immanuel Kant gave a traditional defence of monogamy, as the only sexual relation that was morally acceptable was that which occurred between a married man and woman. For Kant, the foundation of ethics was his famous Categorical Imperative: it is always wrong to treat another person as merely a means to an end, rather than as an end-in-itself. In other words, sexual acts were humiliating and therefore wrong, as his philosophy was one must show proper respect for other persons. This was a secularised version of the chastity and celibacy principles of the Church, and to Kant, a person was someone in the possession of rationality. The ability to reason raises people above their passions, and allows them to act autonomously. We are not mere creatures of instinct. In respecting others, we are acknowledging the fact that they are fellow reasoning creatures, fully responsible for their actions. Anything that goes against reason should be suspect, since it lowers our status to that of non-reasoning animals, who are without moral worth. In writing about the dangers of giving in to sexual urges, Kant eloquently states, "Sexual love makes of the loved person an Object of appetite: as soon as that appetite has been stilled, the person is cast aside as one casts aside a lemon which has been sucked dry."

The German philosopher's words ring true in many of our day-to-day encounters. We have many talented and learned people who are educated at prestigious universities but after becoming involved in lustful encounters, they suddenly are disinclined to learn about sciences and religion and refused to undergo instruction in the monotheistic faith, and all the heavenly rulings and advice which had previously seemed becoming to him is now taken with a hostile attitude. This is partially because engaging in sexual relations, and becoming obsessed with the

same or opposite genders and worshiping another human rather than worshiping the Creator, is unfortunate, because this causes the soul to lose its lustre and love.

Many scientists have found a direct correlation between sexual activities and an increase in anger and hatred in the person engaged in sexual acts. They also found that those who maintain an active sex life have significantly strong passion and increased aggressive traits in their daily lives. Repeat offenders of crimes who were guilty of carrying out violent acts were all found to be very active sexually. Statisticians discovered that men or women who admitted to having lots of sexual encounters were often guilty of deadly crimes, and were generally ultra-aggressive in their interaction with others. This was due to the mild but gradual degeneration of cells which resulted from excess sexual acts. We can see that not only is sexual activity harmful for the heart of our citizens, but it is directly related to increased number of crimes and other harmful behaviours. It therefore, demonstrates that the harms of sexual acts greatly outweigh the pleasures, and should be a warning for all of humanity to adopt celibacy as a mode of life. Chastity is the only cure to all of life's problems, including health issues which affect the young and the old.

Sores and Inflammation



Why is sexualising human body parts nauseating?

Millions of viruses, bacteria, and parasites live inside the digestive tract of people and exit from their body parts, and as ordinary civilised men and women, we would not consider drinking sewage-contaminated water and yet, those who are addicted to sexual acts do not find it repulsive to worship a person's dirty genitals when common knowledge tells us that each human produces thousands of kilograms of poop in their lifetime, and the bacteria in stools of infected people can be passed from one person to another if hygiene habits are not good enough. Humans generally do not consider eating or drinking contaminated food or water or even wish to be touching an object contaminated with the stool of person, so then, how can the same person in good sense, attempt to worship and obsess over the foul body parts of another human.

Human body is filled with filth and bacteria like salmonella which is a bacterium that infects the intestines and causes diarrhoea, fever, and stomach cramps.

Millions of people have salmonella infection and suffer from severe diarrhoea as their disease cause vomiting and watery excrement for weeks at a time, and in those conditions, would those body organs seem attractive to someone who is sexually addicted to human body parts and spends hours each day poring over the mouldy images of genitalia? Hundreds of different types, or strains, of the bacteria *Escherichia coli* live in the intestines of perfectly healthy people and those strains

of E. coli make strong toxins that can cause a severe infection. Is it really worth our time and energy to worship or obsess or even love such flesh?



Common Foot Problems



Fungal foot infections make the feet rot away and smell terrible. It can be very persistent and hard to treat. People who sexually worship other humans often become obsessed even with the feet of their sexual masters and they spend hours photographing or watching or worshipping the smelly feet of their sex partner, despite knowing that hundreds of fungal infections are present there. Common diseases like tinea pedis, also known as athlete's foot, is an infection caused by several types of fungi, including ringworm. Athlete's foot is highly contagious and easily passed through contaminated floors, towels, footwear, or clothing.

Experts in various psychological fields state that when we remain engrossed in fulfilling our carnal desires with sexual partners, we forget all about the real purpose of our lives, which is to guide others, or save the children of other people from the deception of the criminals, and more and more people of today who are busy in lust do not save other people's children when everyone knows that this life is very short, and we will leave the world soon.

Breast cancer accounts for one of every three cancer diagnosis in women throughout the world and according to many health experts, sexual promiscuity is directly related to the chance of contracting breast cancer. Sexual relations not only harm the human body physically but also breaks it mentally. In the United States, most women who suffered from cancer reported to having frequent sex with their spouse or partners. Health experts advice men and women to avoid exposure to any sort of sexual intimacy, especially if they are over the age of forty. Sexual activity greatly increases the risk of cervical and breast cancer for women, while increasing the chance of prostate, thyroid and blood cancer for men. Others scientists have discovered that men and women who have sex even once a year have a higher level of male hormones and progesterone in their blood streams causing their body to become prone to auto-immune diseases, which may increase the risk of cancer.



Cellulitis is a common foot disease that can start with a small red streak on your foot. These and many other bacterial and fungal foot infection can cause deadly illnesses and also make the human feet resemble frightening forms. One can then wonder why so many humans spend their entire lives worshipping the foot or toes of other people, knowing so many bacteria live there.

The Justinian Plague and the subsequent volcanic winter killed half of the population of the Eastern Roman Empire, or over 100 million people. It is reported by chroniclers that the people of the Roman empire had suddenly become deviant

in their sexual practices and were overindulgent in the pleasure of the flesh, and subsequently, unimaginable disaster befell them. This is a stark reality that whenever a nation or a group of people become overindulged in their perverted sexual fantasies, they face unimaginable terror, whether from natural sources or unnatural causes. For example, after the British took over parts of India, they established great charities and supplied the locals with warm food and comfortable clothing, even increasing literacy and health, and this sudden comfort made many Indians enjoy their leisure even more illiberally. They began to become more and more lustful and sexually promiscuous, and soon, the Indian Deccan and Madras Famine took place. Over twelve million people starved to death in petrifying hunger and suffering after the people of India suddenly began to enjoy modern amenities and indulged in lustful activities and sexual promiscuity.

In many cities of the world, seventy five percent of the people who die in large communities are under 35, and none of the young people who succumbed to the axe of death had died of old age as they had expected, but suffered brain aneurysms, car accidents, heart clot and many other unexpected complications. It is very common to see young people with hopeful futures dying away. Some of these youths were body builders and went to gym regularly, but death had called and they are gone. Some of them had beautiful girlfriends who they tried to sexually please but none of those girlfriends remember their names, and most never even showed up at the funerals. When these youths were alive, they thought they were young and strong, and would live forever with happy spouses, but they did not remember the reality of the world, where death is a certainty and all sexual degeneracy and indulgence will end up in distress.



Common forms of tropical foot diseases merit a medical emergency. These types of foot infection can cause deadly illnesses and make the feet swell and appear very unattractive.

This earth is deceptive, and our heart may become addicted to relationships and our heart will become addicted to humans made of dirt. Our heart may become addicted to other humans, and while we are busy having all forms of pleasure, we might think we will become chaste when we are older, but that day may never come. If we are not chaste or pious in youthhood, we cannot become pious after we are older. It is a fact. According to several research scientists, the people who are sexually active are prone to having cancer and other immune system disorders. Thinking constantly of sexual acts or obsessing over carnal lust can impair cognitive functions in men and women. Not only is thinking about anyone other than a Creator, is a folly in itself, there has been numerous researchers who discovered that anyone who has multiple sexual partners or has intimate relations more than three to four times each year, is susceptible to contracting terminal

illnesses such as cancer or heart disease due to the body's inability to remain robust.

This is why sex is so dangerous. Not only does it kill the soul of human beings, but it causes terrible suffering both spiritually but also physically. For example, scientists have been recently mystified by the explosion of colorectal cancer cases in younger adults who had traditionally been at low risk of this disease. Doctors suspect that this is taking place in young people due to their unusual or frequent sexual habits such as masturbation. Sexual indulgence such as masturbation is one of the worst act a human can do upon himself. It is the worst pain and torture that a human can inflict upon himself, because sexual indulgence not only make one hate oneself, but it makes others hate that person too.

Several years ago, I had taken interview of almost 1800 people, and among them, I had asked how many of them had a habit of masturbating. Approximately 70% of them admitted to be extremely active in this act. Exactly 10 years later, when I went back to those people, nearly all of them, that is 70% of those who were extremely active sexually and aroused themselves had indeed suffered horrible Fates. Many of them were already suffering from very deadly terminal diseases. Many of them had become extremely poor. Almost 90% of them lost all family relationships and social connections. Many of them were financially in extremely difficult situations. They had become poor and extremely unsuccessful in their job life. They had also done relatively far worse than the 30% of those who did not sexually abuse themselves. In fact, those who constantly excited themselves somehow suffered from deadly diseases like cancer. Of course, it would take a scientist to investigate this part of the data from my studies and information, but to me, it appeared that a person loses all their interest, all their heart, all their soul and all their ambition and their talent and even their brain and their intelligence and their memory when they exploit either their own bodies or the bodies of others. Otherwise, it would not have made any rational sense why almost all of the people addicted to pornography or masturbation ended horribly in college and school and were very unsuccessful in job life. Several of them had already died and many of them were suffering from dire situations. Some were in prison and somewhere in broken relationships. Some of them had their children taken away from them while several of them had become homeless in the streets. This statistic shocked me so severely that I could not believe the 30% who did not indulge in the act of sexually satisfying themselves and were ultimately chaste in their heart and soul had become at least fifty to seventy percent more successful than the other half who were actively involved in exciting themselves sexually. Those 30% who were chaste had been tremendously successful in their life. Several of them became bestseller writers and many of them became wealthy and lived a utopian life. In every way, from every angle, they were healthy or were vegan or were successful and were leading extraordinary lives. Each one of them was excellent in their own way and successful in unimaginable ways. I then realised that this sort of sexual acts which degrades the body makes oneself wither with self-loathe or hate or disgust. Those who are extremely active in sexually pleasing themselves become not only unsuccessful in this world but also unsuccessful in the afterlife. They lose their money, they lose their soul, they lose their heart, they lose their feelings, they lose their love for humanity, they lose their pride, and they lose everything that kept them human beings. Jealousy, anger self-loathe, and self-disgust manifests into the sexually addicted person until that person does not consider themselves a human being, and on top of that, whenever they see someone decent or chaste

around them, they become extremely envious of his or her chastity and get jealous of that person.

As soon as people take oaths of celibacy, they will find various kinds of offers and irresistible opportunities before them. A woman who had graduated from college was weary of unsuccessful relationships and decided to become celibate, and she continued her graduate degrees and worked in a non-profit organisation, adhering to her purity vows. She was soon wooed by a wealthy donor, who was one of the richest men of the elite class of the county, and when she refused the man's marriage offer, he became more desperate in his pursue and showered her with lavish gifts and jewelleries, until the woman felt she had nothing to lose and gave up her chastity vows to marry that man. Nine years later, her marriage began to fall apart, when she discovered that her affluent husband was sexually abusing their own two boys. Petrified by the idea that her sons were being molested by their own father, she filed for divorce and sued for custody, but her influential husband was able to pay off the judge, who was his college classmate, and was able to prevent the woman from seeing the boys again. When the grieving mother went to the school to watch her sons play in the field, her husband placed a restraining order against her, which stipulated that she was never to come within hundred yards of her boys. Finally, as she was set to leave her husband's house forever, she found out that since they wedded without a prenup, she was entitled to no housing or alimony, and was suddenly homeless. Heartbroken from losing her sons and her residence in one day, the woman opened a Facebook account to ask her friends for loan, but when her husband found out about her account, he hired a lawyer to sue her for harassing his friends and shut down her fund page. Finally, after begging from door to door for many months, the woman was finally granted permission by one of her old friends to pitch a tent in their garden and live until she could find a place to stay. However, she never again saw her boys and subsequently her health failed. Often, the woman regrets ever giving up her celibacy vows and marrying a man who not only drove her out of her home, but took her beloved sons away.

What is Sexual Indulgence?

To fornicate with one's physical body is a sin itself but to do it in the mind is the greatest folly ever. It is the torture of oneself and abuse of the genial mind. Our mind, our brain and our body are not accustomed to be used sexually, and we are not supposed to constantly being subjected to such humiliating ecstasy. Experts who study ontology, psychology, epistemology, applied their practical wisdom and concluded that the brain and the body get used to these kinds of sexual acts, and the sexually addicted person's lifestyle and success rate goes down by a 90%. A lover might pride him or herself in worshiping the body parts of his beloved, but little do most people realise that most of the time, the person they are adoring or worshiping is secretly disgusted of their lapping and attention. Some people may

pretend to be pleased at his or her sexual slave, but no human can love, respect or even tolerate the presence of someone who is in bestial bondage of lust, or who engages in using the face of a lover as a toilet bowl.

Respect is what every human requires to survive in a society. When people become sexually overindulgent, all respect vanish from the heart of others and no one would sincerely feel inclined to honour or respect that sexually enslaved person. The people around will somehow realise your sexual perversion or addiction without realising it and they will become extremely disgusted of any type of people who are sexually active. The people who are sexually active and try to fulfil their carnal desires constantly, are themselves usually hated and rejected by many of their friends and family. Although I could not identify the exact cause for this hatred, but from my personal researches, I deduced this connection where sexually indulgent persons not only lost their families, they lost their spouses and lost their homes, and they lost their job eventually.

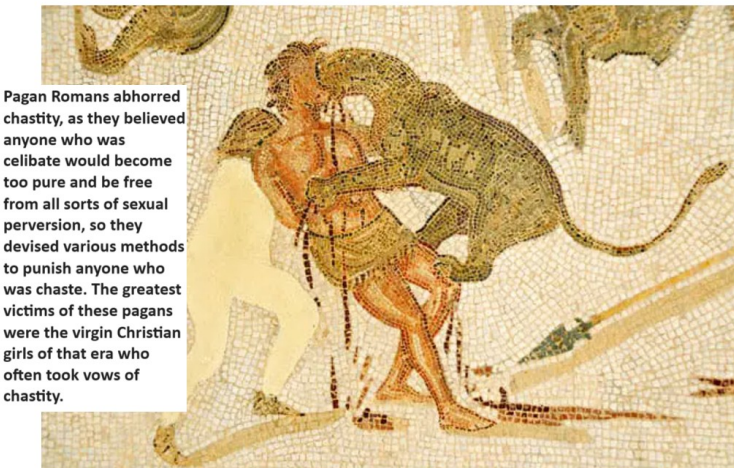
Ponder. When you allow your face to become a full-time toilet bowl to a lover, you may imagine that the lover is pleased that you degrade yourself more than the most disgraceful dog, but in his or her mind, there will be only inner disgust and repulsion towards you. The lover may pretend to be pleased when you offer yourself as their toilet and use your mouth as their toilet tissue paper, but no man or woman in the universe will love or respect you after that, and the hour you leave them, or get lost in some wilderness, or die in a battle, they will find someone else to use as their urinal or toilet bowl, because they will become so addicted to depraved sexual intimacies that they will be unable to stay even one day without lustful acts. Indeed, I have witnessed some previous incidents in my friend circle, where a man suffered from terminal prostate cancer, and had to have his reproductive organ removed, and his wife of fifteen years became restless in her sexual desires, as the husband could no longer satisfy her lust. She became insane with carnal lust and soon, began to go to neighbours and start short-time affair with those men leaving her husband dying in his bed. The woman could not control her desires, not because she was a lustful creature, but because for the past fifteen years, the husband admitted that he constantly engaged in various creative sexual acts with the wife in order to satisfy her fully, but with his missing prostate, the man was helpless to satisfy the wife, and she, having been addicted to sex, felt desperate to be sexually satisfied again. The frail husband wept bitterly as he narrated his tale, and up till the hour of his death, he said he tried with his dying energy, to use other means such as his hands, to satisfy his wife's sexual needs, so that she would not leave his side to go to other men to appease her lust. This, and many such events, are taking place in every corner of the world, where men and women who are married, feel they have the right to enjoy each other's bodies without reserve, but little o they think about the future, and that everyone will have to perish and die one day, and then all these lustful encounters will come to no avail.

There is no end to the harm of sexual promiscuity, and acts which are related to it are equally deadly. Self-depreciating acts like masturbation is likely one of the unhealthiest practices known to man, since it is the most despicable act a human being can do. Sometimes masturbation can be worse than fornication and adultery, because when one is abusing oneself, there can be no limit to the sickness of that act, and nothing in the world can be more shameful and degrading than that.

A famous psychologist who rose to significant prominence, stated in his analysis and explanation of sexual philosophy that people should understand that it is futile

to worship the body of human beings, when no matter how beautiful someone's face is, we know it will one day become food for the worms and insects the moment it is buried. One day, we all may be waking above the topsoil, but the next day, all of us will be unceremoniously placed six feet beneath it, and whether poor or wealthy, the graves that will be dug for us will be the same. Therefore, reminding ourselves of our final destination, which is the grave, will be helpful in removing the worship and adoration of human flesh from our hearts, and we can then appreciate that people do not deserve our glorification and sexualisation. How long can a person be happy with this world, knowing that his ultimate settlement is the shallow and dark grave? Death is certainly not exclusive to the elderly and the ill, but it can come to anyone at any moment, without any notice. I have seen family members dying in their prime, and one youth, with all his vigour and energy, would often work out in gyms, and had built great physique, but he died without warning after a heavy weightlifting object struck him accidentally over the head. Such is the reality of life, and we can never know when it will be our turn to die...

Damnatio ad Bestias – ripped apart by wild animals



Pagan Romans abhorred chastity, as they believed anyone who was celibate would become too pure and be free from all sorts of sexual perversion, so they devised various methods to punish anyone who was chaste. The greatest victims of these pagans were the virgin Christian girls of that era who often took vows of chastity.

A portrait of a leopard attacking a person under the Roman Execution method

Another horrible Roman execution method

It was capital punishment where mostly the culprit would be killed by lions or big cats. This method came into existence during the 2nd Century BC in Ancient Rome.

Success and Sexuality:

If a person wants to reach the most successful positions in every facet of his life, or seeks to reach the highest points in the worldly life, then the only sure way to attain such perfection and peace is via sexual abstinence. Becoming celibate and chaste is the only way to ensure that one never faces turmoil in either life or living. If a person wishes a utopian existence for himself, and never wants to be afflicted with any sort of pain and suffering that are customary in the world and if he or she wishes to be successful in all their endeavours, then the first and foremost thing that the person must do is to stay away from everything that sexually excites or entices them. They must never restore to anything that could directly or indirectly lead to sexual thoughts or acts, and therefore, must vehemently avoid masturbation and sexual fantasies in either waking hours or dreaming. They must never let a single sexual thought enter the heart or allow the faintest sexual fantasy to fester in their mind. Of course, they will have to remain physically most chaste and honourable in addition to avoiding all sexual trigger points, and whether the sexual thought or acts takes place within the bounds of marriage or not, it becomes equally detrimental. Does this mean that every man or woman who indulged in sexual acts within marriage was doomed to desolation? No, rather, some sexual intimacies had been rather therapeutic for people of the past, or at least it had been for many people. Sex, in itself, is not to be condemned nor confused with sexual indulgence, but we are not living in the past; we reside in a modern world with the latest technological advancement, where items like automatic cleaning machines make our life comfortable. With only a few notes of cash, people can purchase the most advanced devices with the click of a button. Simple devices are available that stop dogs barking in seconds by using high-pitched tones, not detectable by humans, that specifically target a dog's hearing. Those ultrasonic sounds stop dogs in the middle of unwanted behaviour, like barking or chewing on shoes while being harmless to animals and humans. There are devices that fit conveniently in a pocket that clean the screen of your gadgets by lifting away dirt and grime without scratching or damaging the screen. With a click of a button, people can purchase rechargeable and portable mosquito traps that keep all flies away. These discreet devices use cutting-edge bionic, electromagnetic, and ultrasonic wave technologies that humans and pets cannot hear to create non-lethal but unpleasant environment for rodents, cockroaches, mosquitoes, ants, and prevent other undesirable insect and animal guests entering the home. Automatic neck massager can be purchased at little cost, since it uses a combination of cutting-edge massage technologies to stimulate the muscles and release tension held deep within a person's body in as little as 10 minutes. Lightning-fast charger are available everywhere that keeps electronic devices fully functional. With antibacterial sheets, people can always feel fresh, clean, and comfortable without any sweat, bacterial build-up, or extra heat, because they are able to use self-cooling and self-cleaning sheets that kills 99% of the bacteria. Nanotechnology is available to most people who can use it to stay pain free. Millions of people who suffer pain from an injury or fall use non-invasive patches which are filled with billions of tiny nanocapacitors that work with the body's nervous system, where the nano capacitors work as a bio antenna, which in turn assists the body in its reaction to pain. People who suffered from anxiety regularly used sleeping pills to rest, but those were not healthy long-term solution as now we know that sleeping pills can increase the risk of death by fifty percent. Modern denizens have even more elaborate technology at hand to aid them, and people nowadays use handheld device to go to sleep, since the device sends electronic

pulses that calm the brain and help the person go into a deep sleep in a few minutes. Travellers can easily talk to natives in exotic locations by using a language device that translates their words into the language of their choice within seconds. Rather than spending hours cleaning their homes, most people use handheld cordless electric devices that do most of their cleaning. Rather than working out for long hours in a gym, many people are able to use military-grade devices that use EMS technology to burn fat and build muscle and works by sending electric pulses to exercise the abs and arms muscles, simulating high-intensity workouts without the need of going to the gym. The objective of listing just a few items of comfort is to highlight the world in which we live in. Can it compare to the people of our parent's or grandparent's generation, where they had to chop wood to warm their homes, and carried water for hundreds of kilometres to bring clean supply for their children, or melted ice and snow to cook one pot of broth? Will our life and choices be the same as theirs, when the slightest folly in their era would warrant a death penalty, whereas people in this century can carry out mass murders and execute the children of an entire school or shopping mall, and still expect to receive a suspended sentence or even a probation, or five to ten years in a relatively comfortable cell with television, libraries, warm food and other amenities which even the kings of the past centuries could not dream of? We may wonder why it would have been okay for the people of the past centuries to marry and engage in sexual acts, and why must we avoid sexual intimacy like death itself, and the answer is rather self-explanatory. With all these comfort and luxuries, do we really expect to indulge in sexual acts and worship one another's bodies and live unscathed like the previous generations, where they had no running water or electricity?

People who are sexually active become morally incognisant and spiritually dead, and in their madness for lust, they tend to persuade everyone else that sexual indulgence is special, and that it is love and therefore, all love must be holy and should be celebrated, entertained, worshiped and displayed. Would we be able to ever understand the obsession of human beings to worship another person, when both know that the flesh is a fickle thing that will perish, die and rot away into become food for the insects, worms and reptiles. Why do the people in the world target one person to worship them or love them and then become envious of everyone around them, and turn jealous if anyone tries to take away that object of lust from them, and they try to destroy the world to get their lover's attention, or try maddeningly to earn money to win the lover's love because they worship that individual's body and wants to be with someone so desperately that they lose their human senses. These people justify love. They justify lust by insisting it is love, when they are actually worshiping another human being. The negative effect of promiscuous sexuality was highlighted by great historical figures who surpassed their peers in philosophy, and this included secular and religious thinkers and philosophers. Although Judaism has made sex and the family absolutely central, to be promoted and cherished, Christianity and Islam purported a decidedly negative outlook on the subject, and the Christian great apostle Paul was celibate and most saints were decidedly not family men, and they had little good to say about sexuality. Even looking appreciatively at a pretty female was sinful while Moslem religious figures like the great ascetic theologians Imam Ahmed and Imam Shafi, who founded two of the major orthodox legal school of Islam, valued chastity and remained celibate. Many other Christian, Moslem and secular philosophers strongly advocated celibacy. We know that philosophy is by its very nature

dedicated to reason, while most of people's emotions were left to the poets and dramaticisms to the common artists and composers of opera. These philosophers argued that true happiness did not lie in the animal passions but rather in the refined pursuits of knowledge, mercy and justice.

From experience, I have seen lovers become besotted with one another, but the more their love was passionate, the more bitter was their break-up. The more sexual acts the couple experienced with themselves, or the more love they professed between themselves, the more violent and disgust and hatred manifested between them when the relationship was over.

In fact, when a person takes a new lover, he or she becomes enslaved sexually to that new person and they tend to hate their old lover most violently, especially when they had a very sexually exciting relationship with their former lover. Where does this hate come from? These people tend to think that their ex might come and tell their current lover about their past sexual escapades and thus they hate their former lover most violently and wish them death and destruction, if not openly, then secretly.

If a certain person is fortunate to have a lover who will neither leave nor cheat, but remain in wedlock and please one another sexually, and worship each other's foul-odour body parts, then there might be moments of joy in their lives, but the moment the person dies, their spouse will definitely bring another lover into that bedroom and enjoy new sexual acts on that very bed, in that house and sexually explore other human's bodies in that car and enjoy their new lover's company with those sexual acts that they themselves enjoyed, believing it to be holy, or thinking it was exclusive.

All the lovers in the world worship their spouses or worship their lovers so earnestly and so desperately that they become jealous and even become insane if the thought of another person taking away this lover flashed in his or her mind. Sexually addicted people become sworn slaves of their sexual partners as they worship that person with their heart, body and soul, and eventually, that person yearns for that lover's attention, love or affection, and become broken hearted if that lover goes to someone else. However, the saddest part of becoming a sexual slave of someone is that it kills the soul of human beings, and makes us incapable of feeling emotions, such as motherly love or family bond. I had once come across a woman who was in urgently in love with her sexual partner, and lived with her in a foreign country, and was unable to visit her mother regularly. During a winter holiday, she finally came to her mother's house with her wife, and was invited to live in the large mansion for the holidays, and when the mother assigned two separate rooms for her daughter and her wife, her daughter flew into a wave of seething rage at the suggestion and insisted that they will have to sleep in the same room. The elderly mother explained that it was always her house rule for couples to sleep in separate rooms, as there were other guests nearby, and she wanted to have a normal party for everyone. But the young woman burst into anger and cursed her mother for not allowing her to sleep in the same bedroom with her wife, as for the past nine years, they never stayed in separate rooms for even one night, and yet, the mother insisted that even her son and his wife who visits her each year agrees to sleep in separate room without making a fuss about it. The young woman and her sexual partner would not hear of any reasoning or explanation, and stormed out of the home. For the next ten years, she refused to meet the mother or even answer her phone calls. When she had a child, she forbade the child to ever speak to the grandmother, or go in front of her. Those of

her friends who were sexually active and enslaved to their sexual master's body organs were wholly supportive of her stance. They too cursed the shameless mother for not allowing her daughter and the wife to sleep in the same bedroom, and they accused the old mother of being the most cruel and worst human on earth for depriving her daughter of her basic sexual right for one night. Her mother even received death threats from people who thought she was a fanatic monster who tried to prevent two adults from having sexual enjoyments, and eventually, she could not cope with the grief of losing her daughter and she fell ill and died several years later. After her mother died, the young woman inherited the mansion and she moved into the luxurious house with her wife. But within one or two years, domestic friction began to appear, and the woman's wife filed for a divorce, and in order to take the house, she also gave several false domestic violence cases against the woman, and told the court that the woman had sexually assaulted her, hoping to win the property and everything in it in her divorce hearing. It was interesting to notice that before this woman became the sexual slave of her spouse, she was a decent and caring daughter who loved her mother and looked after everyone in the family, but as soon as she became enslaved to the disgusting body parts of another human, all her love and humanity vanished and without even realising it, she became violently angry and cruel to her very own mother.

Lovers who worship the foul-smelling private parts of another person are naïve because they are not realising that every one of their lovers, no matter how much they love them now, will one day find another lover who will love them 100 times more than they ever did or could. Those who are stuck in the bondage of lust or love do not understand that the lover they worship today and leave all their wealth in inheritance to will one day go to another man or woman, and use all that money to sexually service the body of the new lover. I wonder why this train of thought goes amiss in ordinary lover's minds, and how no human who is in lover and worships the bodies of others, never imagines that the person they are sexually pleasing will use this experience to sexually please another human. Why this thought never comes to the mind of a lover is a mystery, but perhaps it is because lovers become blinded by the bondage of lust, and in truth, this form of sexual slavery is something that had always intrigued and bothered me.

The solution to living a healthy and pure life is simple: in order to respect oneself, and to honour one's own body and soul, and to fully enjoy the brain and use the wisdom and use the human thinking capability that we have, the first and foremost thing a person must do is attain chastity in their heart and in their minds. Before physical chastity, there must be purity of the heart, and everyone who wishes to be successful in celibacy and chastity, must purify their hearts and minds and they must avoid all sorts of sexual videos, sexual movies or images, and they must never let sexual thoughts ever creep into their minds, nor ever go near sexual immorality. Anyone who does not follow this rule will slip into the abyss of sexual bondage and become bestial in his lustful desires, because sexual obsession makes one weak. When it comes to sexually pleasing themselves, many people eventually end up having such severe low self-esteem and suffer from self-loathe and self-hate that their behaviour sours and reflects upon all those around them. The more our world is becoming sexually active, and the more people in it are sexually obsessed with pleasing themselves, the more rude and violent people are becoming towards each other and the more selfish they are becoming each day, as many people display heartless reactions to sorrow, and are becoming self-centred in their lives.

In order to be merciful and practice selfless living, and in order to be just and honourable, and in order to become wise and understand philosophy, and have the ability to use your brains and increase the IQ, one must always follow this one simple rule; and that rule is Chastity of the heart and Chastity of the mind.

There is nothing greater or more difficult than being celibate and chaste. I cannot possibly tell you how many people lost all their money and squandered billions of their dollars and lost all their incredible future prospects only for sexually pleasing themselves for a few seconds as that degrading act of a few seconds can destroy all the goodness of their future. It has been proven over and over again, in all the interviews that I conducted, and those I followed up with, that those people who were sexually promiscuous suffered not only from various health ailments, but experienced great financial losses and mental degeneration. Those who sexually excited themselves once a year were not nearly as successful as those who stayed in the active pure lives and observed strict chastity.

We are humans, meaning we have the power and will to take control of the heart and mind and so, if my words sound dubious, then I invite all to experiment with the laws of happiness, and adopt chastity and celibacy as a way of life. But this advice comes with a warning. Everyone in the world can become unchaste and promiscuous, and every human can readily degrade his or her body for the pleasure of others, but not everyone can become chaste, or remain celibate. In fact, almost no one in this world of billions of people can be celibate and pure. It is possible that less than one percent of the world's population are celibate, and even less can remain so, because it is extremely challenging, as much as it is rewarding. But if you could somehow remain chaste, or if someone could firmly hold on to celibacy and purity, then the person would find immense joy in life. Within ten years, if not five, the celibate person will most assuredly find remarkable positive changes taking place in life. All you have to do is constantly keep your mind on guard in order to fend off any sexual thoughts or lustful action and you will be supremely successful.

Staying pure and celibate makes people extremely wise and understanding. It starts opening in their hearts all the secrets of the world. People who are chaste can readily understand religion, read people and understand philosophy and appreciate theology and comprehend everything in the world. They begin to understand the positive impact of celibacy after attaining Chastity of the heart, soul, mind and body.

Self-loathe makes people harbour such inhuman hatred towards all others that they become incapable of feeling mercy or sympathy. In fact, self-loathe makes one's self-esteem go so low in his own eyes, that the person becomes angry and short-tempered. He or she becomes aggressively passionate and eventually most vicious. This is why it is important to respect oneself. Indeed, there is nothing in the world more great or more necessary than self-love and respect. There is nothing in the world more rewarding than to respect oneself and to honour one's body and to make sure to keep the self away from every act that degrades themselves. If one can guard their mind and their heart from all sorts of sexual pictures, sexual movies, sexual acts and sexual thoughts, then that person will become the wisest person in the universe. That person will suddenly see all the secrets of God and understand all the secrets of the heaven all the knowledge and wisdom of the world will manifest before them.

It is not challenging to be sexually active. In fact, it is very easy to get into a romantic relationship and become sexually active or excite oneself sexually

because nearly all the people in the world or at least the majority of them are doing it constantly. But to stay chaste and pure, and to remain honourable and single and to stay respected is the rarest thing in the universe and a feat which is almost non-existent. However, to be truthful in our lives, you will not lose anything by not worshipping the bacteria-filled body of another human being. You will lose no happiness or forfeit no great joy by refraining from sexually using a body that has billions of bacteria and fungus in every crevice. As humans, we will gain nothing by worshipping the odour-filled body parts of other humans and we will earn no satisfaction by constantly thinking about those body parts of people who will die any moment and every organ of their body will decompose horribly and be putrefied and smell worse than we can imagine.

Sexual activities make us lose our humanity and causes the brain to be depleted and weak, until we can no longer understand our own self-worth, and instead of being proud for being intelligent human beings, we become reduced to snivelling lustful animals who are constantly thinking about the unhygienic reproductive body parts of those of either the same gender or the opposite sex. So depraved does sexual acts make us that in recent years, the United States' largest toy manufacturing companies began to earn hundreds of millions of dollars by plaster casting the genitals of adult sex workers, such as only fans models, and selling them to people who are addicted to the foulness of sex performance. The best-selling products of nearly all sex toy manufacturers have been the lifelike reproductions of porn stars' private parts and these companies earn hundreds of billions of dollars annually from the sales of such sex products. Nearly every sex worker in this modern era regularly has impressions taken of their mouth and genitals so other people can exploit and abuse their body, even it is virtually. Such horrifying habits are increasingly becoming the norm, as more and people worship the bacteria-filled body parts of other humans, which contain such filth that on average, a person emanates sixty-thousand litres of putrid urine from the bladder, and more than thirty thousand pounds of the most vile faeces, not to mention emitting enough foul-smelling gas to fill fifteen-hundred hot air balloon, where the flatulence smells worse than rotten egg, but still some people find it sensible to worship and think about those body parts, and soon, perversion and degrading sexuality will not end with sex toys and genital plaster casts, but will become more and more dirty, until there will be no difference between us and animals; nay, we will become far worse than animals because we will use a human brain to act out the basest animal desires. Humans must remember that we are honourable and rational beings, and before worshiping the genitals of another person, it would be better to remind ourselves of the reality, that each year, over four hundred pounds of excrement and foulest faeces emanate from that part of the body, and yet, some people find reason to gaze at it and worship and desire it.

The first thing every person in this universe should always remember is to never degrade oneself. Anyone who gets addicted to sexual relationship is hooked to a dangerous drug, and even if they become addicted to sexual movies or lustful thoughts, they will end up hating themselves so much that that intrinsic hatred will take over their life's purpose and destroy the lives of all those who are around them. There is nothing more deplorable than losing control of sexual activities. There is nothing more self-destructive or more suicidal than this act of destruction that a person can do upon oneself. With sexual promiscuity, the soul gets destroyed; the heart gets destroyed and the mind gets dumb and lame. The human intelligence and the brain lose all its ability to think or to investigate or to

understand rational ideas or even comprehend truth from falsehood. Sex is one act that is enough to destroy a person's soul and body. It makes a person feel so low that that person eventually ends up becoming extremely jealous and with the fire of their jealousy, they burn no one but themselves.

Why is sexual jealousy dangerous?

Jealousy is the worst emotion a human being can have within. It comes from the feeling of thinking oneself to be lower and thus becoming angry when someone else is seemingly better than you.

The Story of the Austrian Brothers:

When we talk about the potential harm in sexual acts, we do not mean the metaphysical reactions and the sociological actions that may take place in the lives of those who find pleasure in sexually humiliating themselves or humiliating another honourable human being.

However, the repercussion from sexual acts may take place in various forms, as I have personally noticed in recent years. I talk of two brothers from Austria, who hailed from respectable families and lived with their parents and siblings up to their twenties, before pursuing respectable degrees in college.

The older brother received a scholarship to Germany, and went to a college in Dusseldorf and excelled in education. He was not only handsome, but also brilliant, and began to pursue a medical degree. Young female college students vied for his attention, and he had eyes only for a young vivacious girl, whose father was extremely rich and powerful. The older Austrian brother thought he had found his perfect match and actively wooed the beautiful wealthy girl, as he inwardly believed that her vast wealth would aid his future prospects, as he was in severe debt after paying all his college tuitions.

Within one year, the young woman asked him to move in with her in their Dusseldorf mansion, where the girl's father lived as well. He was an overweight and overbearing powerful man who owned many companies and factories, and somehow, he took an instant dislike for the young man, and tried openly to disrupt their relationship. The older Austrian brother was not to be discouraged easily and he pursued the young girl even more, and even tried to help out his potential father-in-law. Soon, in an effort to force the girl's father to accept him, he proposed to the Dusseldorf girl and she eagerly accepted and agreed to become his wife. The day they broke the news to the father, he became enraged like a roaring lion, and began to curse them. Within one day, numerous mishaps started taking place in the Austrian man's life, and his girlfriend was kidnapped and the police arrested him on suspicion of murder and assault, and months later, as he languished in jail, he was beaten and sexually abused by other inmates daily, until he tried to hang himself. This news finally reached his hometown in Austria, and his younger brother rushed to Germany to free the older brother from jail. He arrived on a cold December morning and found that his brother was not only in jail for a kidnapping, but also critically ill, and dying from pneumonia. He begged several pro-bono lawyers to help him free his older brother, and they finally visited the older brother's fiancée and spoke to the family. To their surprise, they found the girl living happily in her Dusseldorf mansion with her father, and the girl apologised to the younger brother and explained that it was a misunderstanding and that she had been initially kidnapped but was released after her father paid a huge ransom. The younger brother quickly took the evidence to the court and exonerated his

older brother from the kidnapping charges and freed him. Since the young men had no place to stay in Germany, the Dusseldorf girl invited them to stay in her mansion, and she enjoyed spending time with the younger brother. However, now that the older brother was free once more, they renewed their marriage vows and promised to marry before the end of the year. Soon, the older brother went missing, and police assumed he had run away from the marriage, but in reality, he was being kidnapped and tortured most brutally by hired criminals who not only beat him, but also sliced off his genitalia and dumped him in the middle of a forest. The older brother crawled to a free way and managed to find his way back to the Dusseldorf mansion, where the girl's father was astonished to find him, but he offered him medical care, but commented that he should not marry his daughter now that he had no sexual organs and could not have any children. The Austrian brother agreed to postpone the wedding, but his fiancée felt guilty, and they chatted softly all day and made plans to spend their future together. One month later, the older brother was seized by some muggers and beaten once again, and this time, they took to a middle of an icy lake, and used a sharp knife to cut off his tongue and then tried to force him to swallow it, but he managed to fight them off and jumped into the middle of the frozen lake, but again, survived and swam to the pier and got to a hospital, but this time, it was too late, and his tongue was gone. Since that day, the older Austrian brother never could speak again.

The younger brother was also living in the Dusseldorf mansion with his older brother's fiancée, and he suspected something was amiss, when one morning, without any explanation, the girl's father was remarking cheerfully how the older brother will never be able to speak again. It was at a time, when none of them had any idea that the older brother had lost his tongue, and this made the younger brother suspect that the girl's wealthy father was possibly behind the attack on his older brother.

Life only got worse for the older brother, as he was seen in public with a young prostitute, who was later found hacked to death, and the police arrested him on charges of murder and tried to get a life sentence for him. The younger brother became very depressed and tried to raise money to help his older brother again, and this time, the Dusseldorf girl fell in love with the younger Austrian brother and began to go out with him.

The overbearing father became alarmed and tried to persuade him to leave his daughter alone, and when the young man refused, he became more aggressive. When nothing seemed to work, the old father told the younger brother that he needed his help most urgently, and the entire future of Germany was in his hands. He then told the younger Austrian man to engage in a friendship with the young's girl's half-brother who was involved in some sort of espionage, and therefore had some information that could save millions of lives. The young man wanted to please the girl's father and so he agreed, and eventually, the old man also told him he had to have sexual relation with the girl's brother, as the boy was homosexual and would likely trust him even more if they were intimate. The Austrian man was hesitant but agreed to do those sexual acts with his girlfriend's brother, as he believed he was saving Germany. However, when he carried out the sex acts with the girl's brother, the old man videotaped the entire episode and showed it to his beloved daughter, who flew into a rage and broke up with the younger Austrian brother. However, the young man was very persuasive and he later convinced the girl that her father had arranged the whole episode to trap him into an inconvenient position, and so, she forgave him and they started to date again.

The girl's father went to Spain, and hired a dishonest businessman to kidnap and torture the younger brother and make sure he never bothered his daughter again, and the Spanish gangster agreed to do so for a hefty sum of money. He captured the younger brother and took him away to Spain and locked him in his ship and tortured him for a while, but later, he began to fall in love with the younger Austrian brother and drugged him regularly to make him do sexual acts. Although the younger brother was not homosexual, he played along to escape, and was able to get away from the Spanish man, who by this time, fell deeply in love with the younger brother and followed him to Germany. After arriving in Germany, the Dusseldorf girl rekindled his relationship with the Austrian brother and began to have sexual relations openly, in defiance of her father. Before the old man could break them up again, this time, the Spanish gangster arrived in Dusseldorf and began to attack and torture the rich girl, ordering her to leave his boyfriend alone. The Austrian brother and his girlfriend refused to part, and this made the Spanish man very angry and he hired hundreds of criminals to sexually assault and torture the girl, but fortunately, her father was very powerful and always had guards follow them around, and his men were able to rescue the girl from death, but she suffered dreadfully. When the younger Austrian brother noticed that the girl was tortured because of him, he left her and pursued other relationships with random women, but every time he slept with a woman, the woman would mysteriously vanish, or be brutally killed or tortured by the Spanish man who had become obsessed with the curly haired blue-eyes Austrian man. Once, the Austrian man was dating a beautiful British girl, when he was kidnapped and was viciously tortured by the woman he was wooing. The British woman took pliers and pulled off several of his teeth and also cut off his sexual organs, and while this torture was taking place, the older Austrian brother suddenly appeared and rescued his brother from the terrible situation, and they also found out that the woman who was torturing the younger brother was actually a theatre actress who was only dressed like his British girlfriend in order to frame her and make them break up. This time, the two brothers tried to forgive each other and carry on with their lives, and although the older brother could not speak anymore, he tried to communicate by writing. They went back to Austria to spend time with their family, and since the younger brother had a twelve-year-old daughter, they spend quality time together. The older brother promised to protect the younger brother from his homosexual Spanish stalker.

Several days later, while the family was relaxing in Vienna, the younger brother's daughter went missing, and police found video footage of the older brother sexually assaulting his own niece and torturing her. Frantic with fear, the younger brother raced all over the country, and with the help of his Spanish gangster stalker, he was able to track down the location where his daughter was being tortured and when the police came with him, true enough, he saw his older brother running around the torture chamber, trying to escape the police.

Furious with rage, the younger brother was finally convinced that his older brother was a sick psychopath who enjoyed torturing his own niece, and in his anger, he picked up a knife and tried to kill his brother, chasing him. However, he got away, and the police placed him on a helicopter with his daughter, and as they were taking off, the younger brother noticed that his older brother was escaping police hunt by clinging to the helicopter, and he fiercely hacked his brother's arm, cutting and slicing off both hands causing him to fall into the ice river below. Somehow, the impact did not kill the older brother, but he was severely crippled, with no hands,

and no tongue and no sexual organs. Prior to this, he communicated with his brother by typing on his phone or laptop, but now, he was unable to do even that. While his brother was hacking his arm, the older Austrian brother tried desperately to explain that he was not the killer but had arrived at this location to locate and rescue his niece, but without a tongue, only a mumble came out, and he was helpless and suffered at the hands of his brother who once loved him. Even though it was not the fault of either brother, but they both got destroyed after becoming sexually involved with someone, which caused their jealous ex or stalker to lash out at them to prevent them from stealing their beloved from them. The two Austrian brothers are living today, and are still suffering from their sexual dalliances, and the older brother can now only type and write with his feet, and cannot speak even to this day. This story might sound too fantastic for the ordinary reader, but not a word of it is false, as the two young men who lived these horrors are still alive as a witness.

Very few people believe that implementing celibacy in their lives will remove all these difficulties away from their daily horrors, but as we can see in this story, that the very act of sexual pleasure and pursuing the lust of flesh caused the two intelligent brother to destroy one another and also ruin themselves and their lives in the process.

Jealousy would not exist in the world had every single person in the world been chaste in their hearts, in their minds and with their physical self. The more unchaste people become, the more vicious and jealous they become, because no matter how sexually depraved we become, every human has a certain level of intelligence, which allows us to figure out that the sexual obsession and depravities they are indulged in is steadily destroying their honour and dignity and erasing their humanity, and so they become resentful towards anyone who still has vestiges of purity in them, or has the power or will to be chaste and untouched, and so envy forms.

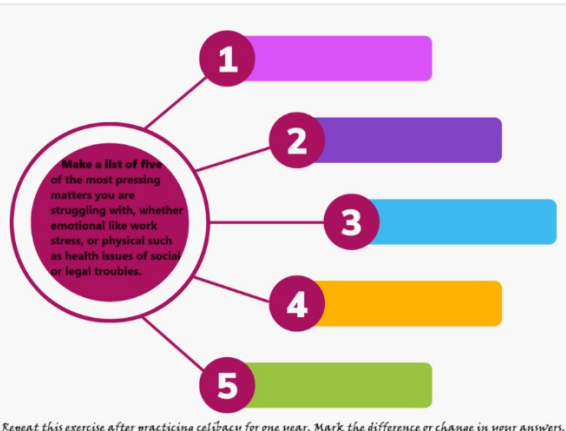
Jealousy is a word through which billions were killed and maimed. Jealousy is an emotion through which countries were destroyed.

Jealousy is a word through which humans became animals in their hatred. The more people of the world become unchaste and sexually active and immoral and physically enslaved themselves sexually to other people, with their bodies or even in their own thoughts, the more people become unhealthily humble with the severe feeling of self-loathe, self-hate and self-destruction, which eventually comes down to making oneself the most jealous person in the world and this jealousy manifests into envy towards every person who is pious. These sexually indulgent people become jealous towards every person who is chaste and are jealous towards every person who is honourable.

Sexually promiscuous people find themselves being jealous towards every single country whose laws are honourable or whose priests preach chastity. The form jealousy towards any country or any nation or religion that preaches goodness or that preaches chastity, and they despise the preachers who exhort celibacy, self-respect or preaches modesty. This jealousy stems from a feeling of self-loathe and self-hate and makes a person so hateful and so vicious that the person becomes capable of any crime in the world and then they justify the crime to themselves. Had all the people in the world been celibate, and all the criminals and all the politicians and all the billionaires and trillionaires of this century and all the warmongers and warlords and all the spies and secret agents in the world who

frame people for crimes, and all the mercenaries in the world been chaste, and had they tried to become sinless and refrained from all sorts of sexual relationship and sexual thoughts and sexual acts, then the acute feeling of pride and honour would penetrate into their own soul from their own hearts and into their own body so profoundly that these very men would become the most honourable creatures and most respectable, decent, civilised and just human beings in the world. But whenever one humbles oneself sexually by becoming sexually active either with another person or with themselves or become sexually aroused by a picture or by adult films, that is the moment that the person loses confidence and loses all respect for themselves and that is the moment that a person becomes gradually most cruel and steadily becomes most hateful, angry and passionate and severely jealous towards every country, every person and every single human being around them who they deem to be more worthy and more chaste or more pious and more honourable than themselves.

This form of sexual envy is very real, and jealousy do exist within the crevice of human hearts, and more so in people who are addicted to sexual acts to the point that they become helpless in their sexual handicap and find themselves longing for more and more perverse way to please their flesh and satisfy their carnal desires, by using and humiliating their own bodies in the process of degrading the body of another human being. Perhaps, this is one of the reasons why many philosophers were proponents of celibacy. The German philosopher Immanuel Kant said sexual desire is morally wrong and, in his treatise, he implicitly acknowledged the unusual power of sexual urges and their capacity to divert us from doing what is right. Once desire becomes suspect, sex is never far behind. Kant implicitly claimed that sex was particularly morally condemnable, because lust focuses on the body, not the agency, of those we sexually desire, and so reduces them to mere things. It makes us see the objects of our longing as cheap objects, and in so doing, we see them as mere tools for our own satisfaction.



Repeat this exercise after practicing celibacy for one year. Mark the difference or change in your answers.

In the society of his 18th century world, Kant had already recognised the dangers of sexual indulgence of any kind, and advocated a universal celibacy, himself strictly adhering to this principle. According to him, every evil in the universe could and would begin from treating other humans as mere fickle things and object of lust, to be used and abuse, as we have witnessed in this modern era, where sexual acts have taken a new turn, and men and women, consensually of course, beat and whip and flog and choke and electrocute one another to enhance their sexual experiences, until many die from those torture sex sessions each day.

Underscoring Kant's philosophy, we can see that treating people as objects can mean many things. It could include beating them, tearing into them, and violating them. But there are other, less violent ways of objectifying people. We might treat someone as only a means to our sexual pleasure, to satisfy our lust on that person. The fact that the other person consents to be abused does not get rid of the objectification; two people can agree to use one another for purely sexual purposes, and merely because a woman agrees to get flogged or electrocuted to pleasure a man, or agrees to be whipped like a dog or horse by a much stronger male, does not make the act any less humiliating and sexual encounter any less degrading.

Using one another is a hall mark of society, as we use the service of others to survive. But having jobs like being a cleaner, editor, gardeners or singers does not require the beneficiary of the service to sexually abuse or objectify the service provider, and so these relationships do not provoke the same moral qualms as sexual activities, plainly because they do not involve objectification, or the objectification is somehow neutered. Kant held that while we might employ people to do jobs, and accept payment for our work, we do not treat the person on the other side of the transaction as a mere tool; we still recognise that person's fundamental humanity. Sexual acts were different, Kant lamented, as sex does not just make you objectify your partner; it also makes you objectify yourself. When someone is in the grip of sexual desire, he or she also allow another person to reduce them to their body, to use them as a humiliating tool. Kant saw this process of self-objectification as an equally, if not more, serious moral problem than objectification directed outwards. While philosophers accept that we have duties to others to promote their happiness, but we also have a duty to morally perfect ourselves and allowing the self to be objectified opposes this precept, according to Kant.

Sexual Addiction:

Indeed, there is no drug more severely detrimental and deadly or dangerous than the drug of love, sex and lust. This is a drug which makes people humble artificially, and hence, this humility causes adverse effect on the psychology, and gives birth to insecurity and selfishness. However, people who are naturally humble and live down to earth are generally merciful and has love in their hearts, and they often seek someone who will love them, or they can love in return, and it makes those people feel desired. Sexual activities make those people think that they are loved and the more sex they engage in, the more they become happy. As if high on drugs, they feel ecstatic when someone loves them because they worship everyone around them and idolise every person near them. In those persons' mind, they imagine that the lovers love them and it makes them so insane with excitement that they become crazily eager to keep that person's love and eventually resort to unorthodox means to secure and retain that love. These sexually addicted people think they have found true love and they commit any murder and do any crime to fulfil their agenda. These people will do anything in the world to earn money so they could gift it to a lover and keep them close. They would hunger for power to gain that coveted lover's love and respect. Why would this person do so much to earn or retain the love of an ordinary human being? It is

partially due to insecurity, where the person is humble because they think themselves to be so inhumane and low, and so animalistic and ugly that they worship another person and feels that person's love is what validates them and justifies their existence, because they themselves cannot validate or honour themselves, as sexual excess caused them to forfeit all morality and they have no pride because they have no self-respect left, and they cannot respect their own bodies which had been used and defiled by others, and have no honour left because they were sexually active and because they cannot get out of the drug of sexual highness. Like all addictions, the more drug an addict takes, the more he is hooked to the narcotic, and the more a sexually promiscuous person engages in lustful encounters, the more humble they become, and the more animalistic they become, and the more they worship their lovers, the more they work hard to keep their lovers and destroy anything and everything, and the more they hate themselves after carrying out crimes against humanity, then they go back and worship someone else even more urgently and the vicious cycle becomes more and more robust until that person has no humanity left in them.

Ten Common Traits in Sexually Active Individuals:

You will find 10 things most common amongst those who are extremely sexually active.

Number One: They become extremely angry and passionate over small things that really do not make a significant difference in their lives. They become extremely sensitive and cut off long-term relationships with even their most beloved ones, again, for the most trivial reasons. The bondage of sexual attraction makes them only worship a certain person's sexual organs and only love their sexual masters. Those people can only like and care about the lover who is currently the master of their sexual desires in that specific time. Whoever a promiscuous person worships sexually, that person becomes their master and king, and they often harbour intense hatred, vindication and anger towards everyone else. Sometimes, these sexually addicted persons will tolerate others only because that person respects or worships their sexual masters.

Number Two: Sexually active individuals also become extremely short-tempered and suffer from short-term memory, as they cannot recall events of past benedictions and readily cut off relationships and sever friendships that had lasted for years before their sex addiction began. For example, friends who sacrificed everything for them or laboured endlessly for 10 or 20 years, will find that the sexually active person will forget all their love, and in one second, all the gratefulness and affection will turn into bitter hatred and anger. The sexually active person will feel passionate disgust at people he or she previously adored or loved the moment the person becomes sexually indulgent and starts worshipping someone sexually, mentally or physically.

Number Three: Sexual indulgence causes a person's mental ability to become clouded. As a result, their judgment becomes clouded as anger and passion takes over and they cannot judge between two people with justice and mercy. Sexually promiscuous people will always take one side and become extremely violent

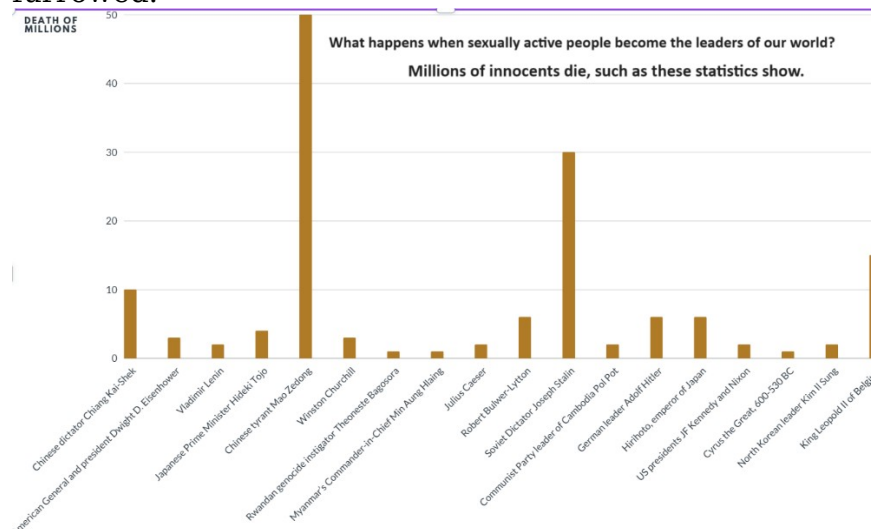
towards the other party, not because of any deliberate cruelty, but because he or she will feel passionately about everything to the point that making objective decisions will be impossible. Justice and mercy or compassion completely exits their mind and heart as they become a sort of animal that cannot control its thoughts. The sex addict often resembles a sort of dog who only loves one master and hates everyone else. They do not understand human feelings, and nor so they do they stay capable of maintaining justice and peace amongst people or amongst different groups or amongst different nationalities or different religions who believe in different philosophical ideas. This gives rise to debauchery and criminal acts flourish when a society becomes promiscuous, as ancient pagan civilisations had demonstrated. Heathen empires allowed sexual perversion to all its people, and encouraged debauchery, as was known in the Babylonian cities, where every chaste and virgin woman or girl had to defile her honour by becoming a prostitute, and the community would place any girl who reached the age of puberty into a brothel where she had to be pimped out before she could return home. This was partially due to the inner jealousy of human beings, who do not want anyone to be better or purer than them, and so no woman was allowed to remain virgin or chaste in those heathen empires, and any religious or God-fearing men or women who objected to such sexual sickness were severely punished. Some people were burned alive for speaking against incest or homosexuality, and other Christians saints were boiled alive, as it was one of the emperor Nero's favourite Roman execution methods. Logographers state that one of the reasons heathens of the past were so cruel in their punishments was due to their sexual promiscuousness which caused them to lose their humanity and emotions of mercy and compassion. Church fathers appreciated the dangers of sexual indulgences and many advocated celibacies for their clergy. Today, thousands of religious men voluntarily observe celibacy and remain chaste. Many evangelicals use the term abstinence to describe their celibacy, as they advocate refraining from premarital sex and focusing on the purity of life within the future marriage. Others preached a new understanding of celibacy that was focused on God and included a lifelong vow to the Church. Catholic priests are mostly celibate as well and thousands honour and observe a pure life free from sexual immorality and lustful indulgences. Ministers in Pentecostal churches are celibate and generally single as they find value in observing purity.

Number Four: The fourth folly of sexual indulgence is the side effects of any lustful sins. People who are sexually promiscuous often become extremely jealous and angry and take offense over the smallest things. They find fault with everyone and everything except for themselves and their sexual masters. They criticise everyone around them and look down at everyone else, especially those who they believe are more chaste than them. Jealousy and anger take over their soul, and the more sexually active they become, the more they lose their sanity and compassion. These people forfeit their code of justice in their inability to control their anger and violence. The more sexually active someone is, we will be able to see that the person becomes so violent that there will be little difference between them and mad dogs and wild hyenas. They will pounce on anyone and anything and attack any ideology which opposes their self-esteem and sexuality.

Number Five: Sexual slaves become extremely sensitive and tremendously mad, getting angered by the smallest things and attempt to exact severe revenge for the

smallest offense. The more sexually active someone is, the more passionately violent they become over the silliest events or things. On this vein, the more enslaved they become towards their sexual masters, the more unjust they become in their morality, where every crime or every offense that is carried out by their sexual master is overlooked or is completely forgiven by them as they become blinded to the fault of those whose filthy body parts they worship. They support one side blindly and they hate the other side unjustly and insanely, as their sexual slavery caused the self-respect to vanish and they cannot be balanced in their judgement and cannot be merciful at all.

Number Six: Sexually indulgent people cannot stay just and honest, as in any encounter, they will be unable to remain impartial without choosing sides. Had there been no diversity and distinction in the external world, human existence could have been predicative and self-subsistent, but we do not live in a utopian world and must therefore, adhere to the laws of morality and justice, and obey the codes of love and mercy. Injustice is the beginning of all chaos, and serves to disintegrate society. Those addicted to sexual acts will become enslaved to their sexual partners foul body organs, and they will obey any instruction this lover places before them, whether the decree be just or not, as they will cease to have agency over their actions. They will look with unflinching eye at a mountain-mass of evil and falsehood, and give verdicts according to their sexual partner's wishes, and with it, people's faith in humanity will be shattered and mankind's destinies furrowed.



Number Seven: Sexually promiscuous people become rash with impatience and they cannot hold a conversation without finding faults or getting angry with others, as they always remain on edge. The more sexually indulgent a person is, the more they become insecure, and this security comes from forced humility. People who try to please the flesh of their sexual masters often become enslaved to the point that they agree to become a toilet bowl for the revered lover, until their face is used as the rim of toilets in which filth are deposited, and they gladly use their mouth and tongue as a toilet tissue paper, and this in-depth humiliation makes the human being feel humiliated. Such degradation leads to insecurity and anger, and so, in work places or even social life, they blame everything on everyone except themselves and their sexual masters. The only person they love, worship and respect are those who are more violently sensual or more desperately sexually

active than them. They only worship those people who use their own bodies. They can respect only those people and love only those who are sexually indulgent, because they do not feel insecure around other unchaste men or women.

Number Eight: Envy is a natural part of human nature, but the level of jealousy in sexually active people are astronomical. Sexually indulgent people feel powerful jealousy towards anyone they find who appear pure. They react violently to anyone who seem chaste they become violently hateful towards them, because jealousy makes them extremely angry at anyone who has fewer sexual partner than them.

A word of advice for the reader who is perusing these pages: If you wish to make a friendship with someone, do not choose someone who is sexually active. It is bound to end in bitter disappointments, because after ten or twenty years of giving your heart and soul for that friend, that person will ultimately become so mentally disabled through their repeated sexual acts and the effect of sexual lust will overpower them, filling their minds with deadly passion that will make them snap and turn against you one day, and for the smallest thing or one word which you did not utter appropriately, they will stab you in the back. These people will lose the capacity to be loyal in love and friendship and will only be devoted to their current sexual partners, and will not only become your personal enemy, but will create more enemies for you by going from one place to another, and meet will all your associates, and criticising you and either lie outright about you, or twist your words enough so that everyone will begin to think you are an evil person. These sexually active friends will not remember any of your past benedictions towards them and will divulge all your secrets to others, and turn into your greatest foes. If you must select friends, try to interact with pious and chaste people, who adhere to strict moral discipline, and you will not be disappointed in your choice.

Why would someone prefer to worship and think about the body part of a human whose intestines emit enough putrid gas to fill one thousand hot air balloons? The gas humans emit may smell like rotten eggs because of the sulphur in fibre-rich foods. Sulphur is a natural compound that smells like spoiled eggs. Many vegetables are sulphur-based. If people have a sensitivity or reaction to certain foods, their gas could have a foul odour. So, people with lactose intolerance cannot break down the sugar lactose. As a result, it is fermented by bacteria in the gut and release gallons of horrific smelling gas, which is terribly uncomfortable for anyone who is in the proximity.

We all accept the value of friendship and appreciate the necessity of having loved ones who we can turn to in times of need, such as childless couples who wish to bequeath their fortune to someone worthy, or a wealthy entrepreneur who desire to gift a portion of their wealth to someone dear and sound. However, even if a person seeks to leave his fortune to someone worthy, let him search among the pious and chaste men and women of the world, and find someone who despises sexual indulgences and dislikes sexual promiscuity, and even if they are not celibate, then they should at least be disinterested in the workings of sexual relationships. Following these parameters will ensure the person's wealth has been left in good hands, otherwise, anyone who enjoys their sensual pleasures or seeks out sexual relationship will eventually turn against the benefactor or donor and will use all their energy and every trick in their minds to go against you. There are thousands and thousands of murder cases in America and Europe every single day, and even more criminal cases around the world, where children agree to kill their mother and their father merely because their parents do not like their spouse or

wholeheartedly approve of their sexual partners. Every one of the crimes and abuse cases that are taking place in our world today, and every aspect of sexual folly or iniquity, and every cruel act of ignorance under the weight of which our present world is irredeemably floundering, represents the future life that awaits us, people who are sexually promiscuous and heartless are ruling these locales, and they are gross and intolerable in their personal lives, and hardy and defiant in the face of human weaknesses, and with this power of darkness, these sexual addicts will fling the shadow of an immeasurable tyranny over their subjects. We will not be able to even dream to conceive a world purged from those sexual and secular evils unless everyone embraces the gift of celibacy and tries to live a pure and chaste life.

There have been thousands of cases in the past where children murdered their parents in order to inherit the money and give the wealth to their sexual partners, and there are thousands of cases even today, of sons or daughters killing their parents and every single one of those heinous crimes are done by children who are sexually active. Those felons become so passionate and turn into such intense slave of their spouses that they agree to kill their parents just because their parents do not like their sexual partners. From a young age, children in our sexual communist society are exposed to various forms of vulgarity, and by the time they are teenagers, they become so animalistic through their sexual acts and lustful relationships that they completely forget about their parent's love and sacrifice of ten or twenty years. They become so blinded and so enslaved by their lust that they become ignorant like a blind and dumb animal. These sexually active people become a sort of an alligator that kills and swallows their young.

Number Nine: Sexual lust and sexual relationships cause people to lose their sense of humanity. These sexually enslaved people cannot maintain mercy as carnal sickness do not keep humans human and they become jealous of anyone who is not as sexually pervert as them. One of the most horrible Roman execution methods was used by the emperor Domitian, who ordered all pious and chaste Christians to be put inside a barrel after muddling with milk and honey. The whole body would be kept inside the barrel, whereas the head would be sticking out from the barrel. The barrel would then be kept out in the bright sunlight for the body to rot. The Christian victim would suffer excruciating as the body began to rot in few days to few weeks, and the parasites born from within would kill the unfortunate person. The honey and milk were used to attract insects making the body rot quicker. The pagan leaders of Rome were upset at believers who were pious because their own deviant sexual practices were known to all, and they could not tolerate anyone shaming them for their sexual preferences.

Number Ten: The absence of humanity is prevalent in people who are sexually promiscuous. Selfishness and lack of empathy towards all else is extremely common in people who are active in their sexual life. Worshipping another human causes the mind to digress from its true purpose, and humans find it increasingly difficult to remain sensible and civilised when they are in a hysterical state of sexual bondage, such as being hopelessly in love, or in lust with another person. The lack of compassion and the absence of any sense or repercussion is apparent in a sexually enslaved person, as from my own experience, I have noticed the people who suddenly become obsessed with another human fail to maintain basic justice and equality. One such example is that of a middle-aged man who lived in a

high-rise building in an upscale area. He and his wife of twenty years had seven children together. They were a remarkable family, with four teenage boys and three adorable daughters, the youngest being five. The family was the epitome of perfection and the man's gorgeous wife was the ideal hostess, as I experienced personally her hospitality and affection. Months after I had visited her luxurious apartment, I received a distressing phone call from her neighbour, who wanted to let me know that the woman and her seven children were homeless and living in absolute destitution. I was taken aback by this piece of news, and demanded to know what had happened, and that was when I discovered the real story. The woman had employed a maid to clean her home, and tidy the parlour, and for the last two years, the maid worked efficiently in the house, but little did the woman know that her husband was having an illicit affair with the maid, and fell in love with the cleaning lady. One day, without warning, he kicked his wife and all his children out of the house and officially had the maid move in his wife's bedroom. The man's teenage boys who had returned from school that fateful day suddenly found themselves stranded outdoors as he had commanded them not to permit his sons to enter the building. Security officers of the building had known those boys since the day they were born, and several of those men wept upon seeing the teenage boys sob in distress, as they could not believe their own father would order the guards to stop them from entering their own home. The boys' father was in love with the cleaning lady, and in his madness and devotion for the new lover, he began to hate his original wife and all the children she had given birth to, and instead of loving his biological children, he began to love and dote the maid's son, who was sixteen years old. The man asked the maid's son to move into his own son's vacant rooms, and purchased several brand-new laptop and computers for the youth. The wealthy middle-aged man cut all his biological children from his inheritance and instead, put the cleaning lady and her son as his heir. Upon hearing the sorrow of his children and seeing the tear-streaked face of his wife of twenty years, I realised that lust and carnal desires cause people to do shocking things. It was apparent how lust could enslave man to the flesh of another human being, to the point that they cease to be human beings, and this sexual madness makes them lose all humanity, rationality and compassion.

What keeps a human, human?

Humanity is an intricate idea, and in general, it is a human heart, and a soul that is endowed with chastity and self-control that keeps a human being civilised, honest, merciful humane and just. Celibacy and chastity are what keeps people sane and wise. Every single mafia, every single gangster, every single drug cartel boss who kills innocents in millions or who killed women and children and who murder people indiscriminately, they all do these crimes because they seek wealth and money to gain more joy in sexual relationships. These criminals want money because they are desperate to woo their sexual masters and keep their lovers loyal to them, whether the lover is a man or a woman.

If we wish to study history, we will find that every single gangster in the world and every single sex offender and every criminal who is incarcerated and every murderer who is languishing in state prisons are or was a sex addict and had been the sexual slave of some human body. And those slaves of lust and rage would be irritational in their daily decisions and if one of those sexually addicted people were to take the reigns of controlling of managing a nation or kingdom, he or she will snap into severe hate or anger and be unhesitant in detonating nuclear

weapon against some rival over trivial reasons, as simple as not blessing a certain deviant sexual union or allowing a humiliating sexual fantasy or legalising the choking or flogging of women for sexual pleasure. A 1983 study had suggested that even a modest nuclear exchange could trigger drastic global cooling as the soot from the fires of burning cities after a nuclear exchange would be injected high into the atmosphere and those airborne soot would completely block incoming sunlight. In its most moderate form, this nuclear winter could possibly cause the extinction of the human species. We may be deluded to think that our government have a near universal agreement on the need to avoid the use of nuclear weapons and as debate about national and global effects of nuclear war continues, many experts will not conclusively know how petrifying our situation will be without the unfortunate experiment of an actual nuclear war, but according to professors of physics, when nuclear explosion is detonated at an altitude, it maximises the blast damage, but if the fireball does not touch the ground, the resulting air burst will produce less radioactive fallout than a ground burst, but would still be fatal. Within a month after a hypothetical 100-warhead nuclear exchange, studies with modern climate models show that even with today's reduced arsenals, the detonations could put over 150 million tons of smoke and soot into the upper atmosphere. The result would be a sharp drop in global temperature of 9°C to 11°C, which is far more than the difference between today's temperature and the depths of the last ice age. After ten or twenty years, earth will probably recover less than five degrees, and in that brutal coldness, no plant or tree would survive as even inside the world's "breadbasket" and other agricultural regions, the temperature could remain below freezing for at least five years, and the effect on the world's food supply would be devastating. If we study the global smoke distribution from a 100-warhead nuclear exchange between Russia, China, the US, or some other nation one month after the event, we would notice a life-threatening sunlight absorption, as tens of million tons of soot would be injected into the air. Some people might delude themselves with wishful thinking, and remain engrossed in a denial, or perpetuate the myth that a global nuclear war could be won or be content in the belief that a missile defence system could protect our nation from nuclear attack. But even the most efficient propagandist cannot deny the inevitability of a nuclear winter phenomenon following a nuclear exchange.

Maps show devastating impact of
America's new super-nuke on Russian
capital: B61-13 'gravity bomb' has 24
times more power than the one
dropped on Hiroshima



Who can we trust in this sexual world? If someone wants to trust someone or love someone or be friends with someone, then let them choose someone who is not sexually active and more ideally, never have been sexually indulgent. Indeed, you cannot trust someone who is sexually active as their lust and passion eventually turns them into wild and cruel animals. It diminishes their memory and adversely affects their brain and erodes the wisdom and the IQ in that person. Undoubtedly, you will not find a single criminal that was incarcerated who was celibate and chaste. You will never find a single drug cartel boss and never meet a single assassin or murderer in the world who is not sexually active and a sexual slave of their sexual partners. No chaste person will ever murder for money. No chaste person will ever kill their parents. No chaste person will ever do a hundredth of the crime that every single sexually active criminal does. Are we implying that everyone who is sexually active must be a convicted killer or violent? No, most certainly not. Everyone who is sexually active is not evil or cruel murderer or vindictive and torturous people but every single murderer and criminal, and every killer and torturer are or was sexually active.

Every single genocide which was blamed on religious groups, or every terror attack after which a religious group took responsibility for, were done by men who were never part of that religious group but those sexually active criminals who framed religion for their own crimes did so for revenge or profit. In many cases, they framed a religious entity if their lovers, whose bodies they worship, left them for someone in that religious circle, or someone who belonged to that religious organisation or group tried to seduce their lovers. The moment a sex addict sees their sexual masters leaving them for someone else, they panic and become irrational, and this causes them to become so ferocious, jealous animalistically cruel that they take revenge on that person, often by making his entire race or religion look heinous. We have seen something similar happening in pagan Rome, soon after Christianity was prevalent in some locales, and one beautiful Christian woman frequented the emperor Nero's palace and struck a friendship with emperor Nero's young husband, who feared that the young boy would fall in love with the young Christian girl and so he decided to frame the entire religion for the greatest terror attack known to history. Nero personally set Rome on fire to make everyone, especially his young boyfriend, that all religious Christians were evil and needed to be burned alive. His lust and insecurity made him so vicious and vindictive that he took revenge by framing the religion of the woman who may have taken away his husband.

Every single one of the crimes that is being carried out by a supposed religious organisation is a frame job like Nero's, and we can understand the duplicity of this better if we open the newspaper, or listen to the radio or TV shows or watch any movie or read the novels of our time, and we will find that patterns are too bold to be naturally occurring, as every single one of the crimes reported in the media have an interior back story, and few people realise that someone else committed them in the name of religion. All these crimes and bombings are done by mercenaries who hate religion most murderously. One such man who has been responsible for creating several terror cells in the Middle East and Africa uses religious symbols in his terrorist banners to make sure people think a religious group was behind all the evil acts, and he also orders his mercenaries to shout religious slogans before beheading or killing or torturing hostages, so that the media has no doubt that men from a particular religious group have been behind all the horror. Why is the mercenary leader making that group scream and shout

religious phrases, words or prayers before killing and murdering and raping everyone? Would a real religious group carry out crimes in order to blacken its reputation even more? The sensible explanation is that sexually promiscuous criminals often become jealous of religious men and they are afraid that their lover will think that these religions are peaceful, and so they desperately frame religious people for their crimes, and even hire intelligence officials and other leaders belonging to the official governments of the world and makes them believe that all the terror crimes are being done by religion and its adherents. Troves of documents and information have come forth to my attention and was forwarded to me by members of the government leadership such as senate and house leaders and lords, who have come forward with clear evidence which indicates that those terrorist crimes were funded and designed and executed by people who did not ever belong to that religion but by men whose sexual partners had gone off with someone from that religion, and so they wanted to destroy their rival in a romance. These people who frame a particular religion are not the most evil creatures in the world, but they have lost their humanity after becoming enslaved to the human flesh, not thinking that humans are mortals who will perish one day, and yet, they are quite satisfied to become a toilet for their lovers and use the auspicious face as a toilet bowl. Billions of parasites and microscopic worms and literal snakes reside in people's digestive tract, and exit from the genital areas and often, those filth are excreted into the skin, causing diseases to anyone who comes into contact with it. Yet, those people who are addicted to sexual acts become obsessed with the filthy human body parts, and worship every filthy organ they come across, idolising the sensual lover and forgetting all morality and dignity on the process.

BOOK 2:

The Harms of Sexual Relationships and Sexual Acts and Thoughts

Writings highlighting the harms of sexual indulgences flourished among certain Christian groups around the second century, and many Fathers of the early Church approved of such ideas, and they exhorted people to retain their modesty and live in chastity. The relation between body and existence is not analytic, but is rather synthetic, where purity is essential to thrive and live a productive life.

Thousands of theologians and early religious teachers laid emphasis on adopting a pure life with little or no direct sexual experience and people in as far as the Persian Empire embraced such ideas and the idealistic existence of celibacy and purity spread as far as China, and monks and friars began to form communities amongst themselves. However, in later years, pagans in Rome and other locales, whose religion was centred around sexual promiscuity decided to burn all such texts which advocated abstinence.

Questions that are open to interpretation are considered intelligent, but it is occasionally necessary to determine what certain things happen when they do. In fact, questions that address fundamental issues and beliefs require complex thinking along with sincerely searching researches to answer.

Therefore, keeping the laws of questioning in mind, let us present some questions to our own minds.

Why do soldiers kill? Why do military mercenaries often murder mercilessly? Why do bombers rain explosives mercilessly upon civilian populations? Why do some soldiers kill children, torture men and steal valuables, loot and plunder and destroy anyone who stops them? What makes a good human being act like a wild animal? What causes a kind brother or a decent father or a sensitive son or a loving husband to turn into a monster?

The answer to all of the above question is but one. Sex.

Whenever some soldiers are sent in deployment, they often tend to visit sex workers for their sexual needs or they start sexual relationships with anyone who is around their army base. Staying isolated in an insecure environment, with the absence of faith and religion and without God and under constant orders and facing tremendous pressure makes them experience frustration and causes them to be sad, lonely and depressed. They look for happiness and fulfilment in sexual relationships. Since many soldiers do not feel loved by their commanding officers, and those soldiers usually do not have firm root in religion or understand the love of God or appreciate the presence of God in their army base, and this makes them suffer from chronic low self-esteem, loneliness and pain and depression, and in order to survive through all that physical and mental pressure, and overwhelming spiritual stress, they turn to a woman for relationship or go to men for sexual satisfaction. The annals of history are deluged with such events. The pagan emperor Tiberius regularly held secret orgies and hired experts in deviant intercourse and had young boys and girls copulate before him in triple unions to excite his passions. Rather than educating himself and his people on science and math, the emperor had a sex library full of illustrated works so he could teach sexual perversion to his people. The revolting behaviours of Tiberius is shocking but unsurprising, because psychology of humans work in a very predictable manner, and it is only human nature to wish for others what one does or feels himself, and so when sexually indulgent people use their body and abuse the bodies of others, they want everyone around them to become sexually promiscuous.

People in every walk of life react in similar fashion when they become overactive in sexual encounters. And so, whenever a military person become sexually active, it is in that immediate moment that the soldier loses his soul. Those sexually deviant soldiers are incapable of honouring women and they go around sexually assaulting women and killing children or burning down countries and bomb everyone without a drop of remorse. The adverse effect of sexual perversion and indulgence came under increasing scrutiny from scholars during the time of St. Augustine, who concluded that nothing was more harmful or shameful than sexual activity. People who are sensual become addicted to sex, and they soon start torturing their enemy soldiers and become more monster than human.

In a sexually promiscuous world, people have deemed it acceptable to be sexually active in their daily lives, and every soldier and civilian are often very devoted to their own sexual partners. This lustful habit is unhealthy because it causes people to lose compassion, and it is particularly dangerous when soldiers who protect and defend our lands are obsessed with satisfying their lust. When these men go to war, they do not feel mercy towards their prisoners or sympathy to the civilian population and do not care whether their bullets and bombs drop on innocents or not. They murder and kill indiscriminately, such as we have seen in this century, with various massacres taking place in war zones, from Vietnam to Laos, to Baghdad to Darfur, to Rwanda to Kabul, to Jerusalem to Tikrit, and the soldier who

carry out those crimes feel remorseless after the deed. Even the parents do not recognise their son when they come back from deployment. Wives cannot recognise their husbands when they return from deployment and sisters do not recognise their own brothers when they come home from deployment. Why? Because that person who returns from modern battle becomes a monster due to the indulgence of sexual pleasures, both via physical relationships with human flesh, but also from watching sick and filthy images of the most disgusting parts of the human body. Had the soldier been a god-fearing man, or had the soldier been a pastor, or a Catholic father, or someone who was celibate or chaste, then the man would have returned from battle a hundred times more remorseful and penitent than when he was before departing.

A chaste man who goes to battle becomes a hundred times better than what he was before facing the horrors of life, because when someone is chaste and celibate, they are able to control their emotions, and retain their own humanity and compassion and mercy, and so when calamity took place before that chaste person or a disaster struck the vicinity of that pious man, rather than running after every member of the opposite sex, he would do everything in his power to stop all the wars in the world.

Rather than trying to satisfy his carnal desires, this chaste man would feel sympathy towards the enemy and cry every time he saw a child suffering in the street. That celibate man would do his utmost to protect any woman he found unprotected in the roads, because sexual relationships and degrading sexual actions did not blind his mind from justice and compassion and did not make him a monster or turn him into a dumb, raging animal. Every single soldier who ever raped, murdered, tortured and killed someone was sexually active. There was never in the history of mankind a soldier or an army man who tortured anyone or who murdered anyone and beat anyone, or who bombed or burned any city while being sexually inactive or chaste and pious. Indeed, the only thing that differentiates man from animals is the ability of a human being to control his or her sexual urge. Animals cannot control it. Animals and beasts do not control their sexual appetite. When humans cannot control their sexual actions anymore, they cannot reign their sexual appetite and immediately turn into an animal. Religion or religious laws often give humans some rules on how to govern the animals' desires, and it is the heavenly unchanging laws of God that often keeps the man, human. The laws of the animal world are free, and they are allowed to do anything to make themselves happy, so animals can seduce, groom and sexually abuse one another, but for humans, sexual depravity of any form diminishes the humanity from our souls.

We do not take - and we should never take - moral lessons from animals.

Whenever men let go off the laws of God and starts making their own laws, they become like the animals who make their own laws and follow their own rules. And what is the law of animals? Do what thou wilt. The danger of a god-less world was manifest in the past civilisations, such as the Roman empire, where according to ancient historians like Suetonius, Pliny, and Cassius Dio, the emperors were the worst perverts the world has ever seen as the immoral, disgusting behaviours which pagan rulers and the irreligious men and women of the ancient world indulged in were acceptable by the god-less society. Incest and homosexuality were not considered abomination in those societies. Men like emperor Claudius married his brother's daughter Agrippina and became sexually insane for his niece. Claudius then made niece-marrying legal in Rome and encouraged it, insisting it

was the most patriotic thing they could do. These historical incidents were real and did take place because the people in ancient civilisations were sexually promiscuous because they had no God or religion to guide them into being chaste. It is obvious that chaste and pure men and women never hurt or kill anyone. If someone should suspect me, or doubt my words, let them make an army of the most chaste and honourable men. Let them create a legion of soldiers consisting of the most pious and god-fearing men who are sexually inactive and have lived a chaste and pious life. Let them form an army of celibate men or women, and let them observe the actions of what those army do in and out of battle. There is not an ounce of doubt in my mind or any scruple in my heart that the army of chaste people will conduct themselves wonderfully. Speaking from my own study, and from the hundreds of women and men I have seen throughout my life, and questioned for my surveys and even interviewed, there is no doubt that should an army of chaste people be active in the world, who are pious and pure, then those men will go around sacrificing their lives for everyone else, and they will be prepared to give away all their wealth for every suffering family.

Celibacy increases productivity in life, and does not diminish the quality of living, as can be evidence among many famous historical figures who have remained chaste throughout their lives, such as Elizabeth I, also known as the virgin queen, or like the German Philosopher Immanuel Kant, who was a proponent of celibacy, and practiced what he preached. With his immense knowledge of philosophy, Kant believed that humans succumbed to their carnal desires and ended up dismissing what their real objective is, and he insisted that sexual desires were morally wrong because lust made people see other people as objects. In Kant's view, even if the sex was consensual, people are still using one another's bodies in a humiliating fashion, and as tools for their own carnal satisfaction, and thus, he lived a chaste life and never married or engaged in sexual activities in his entire life. The Austrian inventor and engineer, Nikola Tesla, felt that sex and marriage would distract him from his work and dampen his scientific abilities, and he purposefully chose a celibate life.

Chaste and celibate men would be unhesitant in giving their own food rations away to every human being around them. Those celibate men would no longer stay men but rather, they would become saints. They would become angels of the heavens due to their selfless sacrifice. If the army of single and chaste men were to be deployed in battle, then there would be no cases of sexual violence, rape or massacres, because pure and shy men would never violate the honour of their enemy or friends.

The only thing that can differentiate angels from demons are the fact that all angels are chaste, and thus, many people believe they can fly in the sky. When men become chaste, there is scarcely any difference between them and heavenly angels. They become saints, and beloved of God and are loved by humans and trusted by women, and loved and honoured by children and they remain the most remarkable human beings in the world.

Injustice they cannot and will never do, as passion is non-existent in them. Lust they cannot feel for human worshiping is non-existent inside their hearts. Killing they will not do for they love no one and therefore, they have to hate no one. Chaste and celibate men and women do not worship anyone for whom they would have to destroy any individual who curses or annoys them.

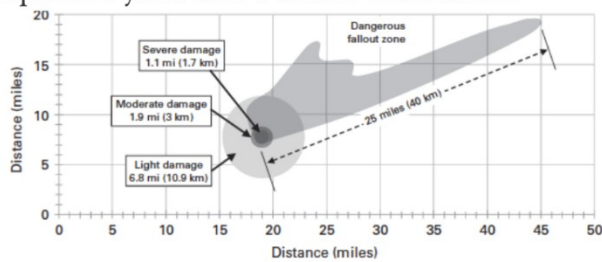
If an army like that would exist, then the army of chaste men could never commit a single crime in the whole world, but would rather go and stop every crime in the universe. They would not even kill anyone who tormented them, as they would never torture anyone nor would they ever assault anyone. Chaste men are not imprisoned to their flesh, so they would never allow any rape, abuse or any crime take place in the universe. Every single crime in history was done by soldiers who were lustful, because those soldiers were sexually active and thus, they did not stay humans, but rather became animals. All the murder, all the rape, all the wars, all the torture, all the genocides and every single crime in the world were done by men who were sexually active or had been sexually insane and who worshipped their sexual partners. They maddeningly worshiped one person, hating the entire universe who were against the sexual relationship, or they hated the person and everything that person stands for, because that person is a rival to the lovesick person who is afraid someone might take away their beloved from them. I can attest with quite confidence, from the results of my researches, and from the many interviews and investigations I conducted among many of my friends, I have found out that every single religious war that appears to be done for religion or that appears to show religion is bad or violent, every one of those wars are done by men who framed a religion because a man from that religion tried to take away that man's husband or that man's wife.

In the course of my research, I have studied the existential circumstances surrounding over forty wars and carefully analysed nearly eighty separate genocides in history, and also the bloody skirmishes that have taken place in the past fifty years, and after studying the characteristics of each man who started these wars, I was able to conclude that sexual indulgence was a prime cause for all the bloodshed that had taken place in the past as well as the terror that is still taking place today. None of the past battles or warfare was ever carried out by a person who was celibate, virgin and chaste. Not one mafia leader or gangster or terror mastermind had ever been a chaste person who lived a pure sexless life, but most were notoriously sensual and habitual womaniser. I can tell without any doubt or question that all the wars and horrors in this world today are being orchestrated, masterminded and carried out by men who are extremely active in their sex lives, often having sexual encounters with all genders, and although I have personally identified many, I am unable to disclose their identities, but had it been legal to expose every terror leader and mercenary commander, I would have revealed the proof and displayed the evidence here in pages of this book. Often, I wish I could take a mic and attack a bullhorn and announce to the world how every single one of those mercenary men who committed those atrocities had framed a religion or pretended to belong to a religious organisation or the sexually promiscuous criminal created a terrorist organisation and claimed it represented a religion or a country, thereby making the people believe that religious and chaste men have carried out those crimes. Catastrophes can befall any community that is addicted to sexual acts, as we live in a nuclear world, with tens of thousands of deadly weapons present in major world powers. All it would take for a disaster to come upon us is one person maddened with sexual desires to hold the reins on any one of these countries.

Never in history did a single crime ever take place by religious men, but occasionally, it happened in the name of a religion, and people were made to believe it was done by that religion itself. Pious men never kill. Pious men never murder. God fearing men never raped. God fearing men never abuse. True God-

fearing men never torture or hurt others. But it is the men who are sexually deviant and whose lovers are many and who are threatened and are afraid that their lovers may cease to be their sexual pleasure givers and convert into heavenly faiths, and go to the men who belong to those religious groups, they lash out angrily. Those sexual slaves then frame that religion of the rival as the most murderous, vicious and cruel creed, and they create false news about baby killing and woman raping and ascribe those to all the pure religions in the world, when in reality, every deviant practice in the world was carried out by men who were sexually promiscuous and godless in their morality and perverse in their ethics. During the rule of the pagans, sexually promiscuous Romans would severely punish the celibate Christian monks and Jewish rabbis, and they religious men would be thrown into an arena along with wild beasts where the victim would be killed by lions or big cats. This method came into existence during the 2nd century BC in ancient Rome. Around the 7th century, lions were added with wild bears, leopards, and Caspian tigers when the execution of Christians under this method was prevalent, and chaste or celibate men were wrapped in animal skins and thrown into the arena with dogs, and other dangerous animals. History is a guide for us because human nature tends to repeat itself, and as we have seen in the past, every war and battle or genocide were started by men who were sexually active. Every terrorist attack or organisations were created by people who were sexually deviated and had become sexual slaves of their sexual partners. Every single murder in the world, every single rape and every kind of crime was ordered by men who were taking revenge on someone who was taking away their sexual partners. If we only looked close enough into the millions of crime stories available, or peruse the lives of historical figures, we will find no exception to this rule. In the present world, the idea of celibacy is an anathema to most of the people, as the sex is thought to be one of the basic instincts of mankind needed for perpetuation. In earlier ages of monasticism, that was the benchmark for the test of priesthood, if one was serious about adapting to the practice of priesthood, he or she had to be a celibate. Early friars and monks believed the best way to be pious was to be sexually undefiled. In celibacy, they knew they were without any kind of attachments, anxieties, or responsibilities, so they could focus on search for knowledge. In order to do that, one had to control all human instincts like food, thirst, sex, and meant a complete acquisition of biological control of one's own body. In that context, celibacy was required for control of mental and physical character of body. Maintaining this discipline after acquisition meant pulling back from a relationship that weakens or diminishes the personal power and energy. Until the last century, celibacy was the vehicle for spiritual growth; meaning it supported the spiritual body that one was seeking to emerge. Celibacy allowed for the pursuit of God or inner humanity, which was easier to attain with focus, concentration, and power.

dangerous fallout zone can stretch 10 to 20 miles (kilometers) from the detonation depending on explosive yield and weather conditions.



Dangerous fallout zone for a 10-kiloton detonation. The pattern will vary depending on wind speed and direction,

I wish I had the power to present all the evidence of how dreadfully harmful sexually active people can become, and I wish I could show the world how evil and violent and how sick sexually indulgent men become. Humanity is lost to them, as they are never able to stay human. Those people are not even animals because no animal in the world is nearly as vile. Indeed, animals do not assassinate others for money, and they generally do not kill and rape their entire nation merely because their sexual partners had been unfaithful or was being seduced or taken away by another animal.

Humans have become a million times more worse than any animal that ever existed in the universe. Sexually promiscuous people have become worse than demons; they became worse than the predatory animals and even became worse than any lexical word that exists in the human language or can be invented in the mortal vocabulary. This sickness and vile behaviour are the byproduct of lust and sexual acts, and this is what sexual slavery does to anyone who is addicted to the foul body parts of their sexual masters. All humanity and mercy vanish. They become cruel and vicious, and this is what love does to men. This is what lust does to men. You can even challenge one another to find one man or woman who is bona fide and chaste and have ever committed a hundredth of the deadly crimes mentioned above. Find a person who is ultimately pure and celibate, and maintains strict chastity in his or her life, that have murdered or raped or tortured or ever tortured anyone, even a fraction of the torture and murder which sexually active men and animals have done from the beginning of time.

For many years, specialists have predicted that the world will see an international warfare breaking out in the near future, and soon, the dark days following a global catastrophe like a nuclear winter, will be as deadly and as it will be horrifying. Experts have predicted that starting from the end of 2024, or early 2025, and for the next twenty or thirty years, bitter suffering will befall the people of our world due to the breakout of chemical, nuclear and biological warfare. There is a 95% chance of a nuclear war taking place soon, and when we think about the after-effects, the results are nothing short of petrifying. Other experts have predicted both war and feminine at an astronomical scale. Thousands of experts have already come up with the conclusions that there will be a nuclear war in the civilised world that will end in a nuclear winter, due to excessive smoke blanketing our atmosphere, blocking out sunlight, and killing all grains and crops, and even poisoning every fresh water source with radiation.

Perhaps, some of my readers may not appreciate the deadly side-effects of a nuclear warfare, but it is merely something which is bound to happen, and is only a question about when. My earnest position of having a sexually pure and celibate world will make more sense perhaps if we were to elaborate on what might actually happen to us in a nuclear radiated world, because when I advocate for people to remain chaste so to avoid potential disasters, I may be called a fanatic zealot or an idiotic fool who is exhorting for people to give up one of the most pleasurable things in life. Some may call me irrational and insane, and most will likely find some other title to dismiss me and my research, especially because the vast majority of my readers will likely be people who are sexually active and will not want to cease doing this act or halt taking the drug of sex. This sexual drug is the most powerful drug in the world, because it diminishes the capacity of the human brain. It lies to the human mind and makes the brain deluded and causes the brain to live in an imaginary paradise, where they can dream of things that keeps them happy and it makes them high, and keeps them alive by giving them a joyful reason to live. Even more likely scenario is that most of my readers will be completely disgusted by now by this research and will not even want to read further. They will come up with narrow conclusions and deem me a fanatic or a lunatic whose research is not durable enough or whose study is not detailed enough. But I want only one thing for my readers to remember should they continue reading up till now. Let them remember only one thing, and one thing only. The world has become sexually deviated to the point that we have become almost as promiscuous as the pagan Romans, Phoenicians or Spartans have been before monotheistic religions came to them. Religion today is almost non-existent in Europe and North America and even Africa and in many places in Asia, where only atheism, and humanism reigns. Whatever religion or religious belief that was manifest for the past thousand years such as Islam or Christianity have been shattered to pieces and their adherents have been framed for various heinous crimes. So many religious figures have been painted as villains and religious laws have been framed as terrorist dogmas that those have been hated by most people, insulted by the media and banned by many nations. So many people desperately hate religion that they no longer want to belong to any religion and want to ban all mention of God. Thousands of priests have been framed for heinous crimes and were branded by the media as cold-blooded monsters, and this made millions of Christians leave their faith. Thousands of Moslems have been framed as rapists and terrorists since the event of ISIS and other terror cells were made famous by news reporters, and thus many people have become very hateful towards Islam and even most born Moslems are not religious anymore. It is safe to conclude that the world has relatively become extremely faithless. When people become faithless and lose the fear of God, they often become sad and very lonely and even depressed and to find solace from that loneliness and to make that emptiness go away, almost everyone gets into either drugs or become addicted to sexual relationships, or do both, because as we have established, getting into sexual relationships and carrying out sexual acts are the most powerful form of drugs that make people more high than a hundred shots of dopamine antagonists. Being humble is dangerous because it could drive you into thinking another person is so much more great than yourself that you would be inclined to worship that person's body, but being humble is also necessary in order to stay celibate. Celibacy is a challenging feat and one must be humble to achieve it. Indeed, it is not possible to be proud and stay pure as well. If you manage to remain free from

sexual thoughts and acts, cautiously congratulate yourself, but also refrain from developing pride, because this pride may cause you to look derisively at those who are sexually promiscuous around you, and the moment you feel proud of your purity, you will find it harder to keep it. You have to be humble and turn to Higher Power to help you. Not one person in the world can stay chaste on his or her own accord, and you may even attempt it, but there is a huge probability that you shall fail miserably. Not even one in every million can be chaste and live in celibacy. A common question can occur in our minds, as we see the wealthy and successful men and women around us. If celibacy is the only way to leading a sound and serene life, then why is that we always see sexually active celebrities or sexually promiscuous royalties stroll around with such happiness? If they can be so cheerful despite being unchaste, then so can we. But the reality is often so much different from what we can see. For example, someone may be very wealthy and appear to be living a pleasant life but we will never know how much grievance the person has in store. You will not know what horror is brewing in their lives. One of the reasons I discuss the value of celibacy in our world today is because sexual promiscuity has become the norm and moral senses are diminishing. Celibacy may be a radical response to the hyper-sexualising of the world that we inhabit, which only glorifies immorality, and teaches children that only in sex and sexuality can people find pleasure and happiness. Our argument is that in celibacy, the human heart can find hope and the soul find ultimate fullness. Very few people in the universe can achieve celibacy, but if you can, then you would find that all of your life's troubles would fade away one by one.

Unfortunately, what happens when people become sexually active is that they lose their heart and soul and their feelings of mercy and sympathy for each other. In this age of advanced technology, since most people of the world have been exposed to films and internet contents through Hollywood movies and sexually explicit pornography, most of the people have lost their soul and their ability to feel mercy towards everyone else, and so the ones among us who are most witlessly sexually active have indeed turned into monsters and they resemble nothing but monsters. And since experts place a ninety-five percent chance of a nuclear warfare breaking out, when these monstrous-hearted humans find themselves in the horror-filled world, they will become so violent in their anger and hatred that they will wreak their vengeance upon others.

Many of us like to believe that we are all sensible creatures, who will never start a nuclear war, but the reality is that most people in our world have become addicted to sexual acts, and they will spare no effort to keep their lover to themselves so they can continue to satisfy their sexual appetites using the body of their lover. In their sexual slavery or worshipping their lover's foul body parts, they will have already lost their humanity in the midst of their sexual madness that they will indeed start a war with any country that forbids their sexual depravity. They will one day become a leader or a general or a military commander and use their power to detonate nuclear weapons over any religion that insults their sexual madness or tries to curb their sexual promiscuousness. Therefore, it is safe to assume that a nuclear war is bound to break out and its effect will linger for the next 20-25 years to until 2035 or 2045. In this time, brutal warfare will take place as each person will try to forage and loot from others. The next-generation war will be unnaturally horrifying since it is well established that nuclear weapons have devastating effects. Destructive blast from a small atomic weapon can extend

hundreds of kilometres from the detonation point. Upon the detonation from a typical nuclear weapon, and lethal fallout could blanket communities hundreds of kilometres downwind of a single explosion. An all-out nuclear war in our world would leave survivors with almost no means of recovery, and will lead to a total breakdown of society. What is far more deadly than the actual blast is the fall-out that could linger in the atmosphere for decades. Fallout from an all-out war would expose the surviving populations to fatal radiation levels, and there is no doubt that the effects of nuclear war would extend well beyond the warring nations, possibly including climate change severe enough to threaten much of the planet's human population. One billion people would die in the weeks following a massive chain reaction of nuclear detonation, meaning when one nation strikes another, the auto-reactionary policy would initiate a showdown, sending scores of nuclear weapons to the attacking nation, and the cycle will repeat itself until hundreds are launched and detonated.

Should these experts' prediction be right, and a nuclear war does breakout, and carried out by men who are sexually active and insane from worshipping of their sexual partners and their sensual depravity, then the world will most certainly suffer a nuclear winter where food and water will become extremely scarce and medical assistance will be non-existent. Only then will my readers understand what humans have become, because without any morality and ethics, without any religion or remorse, without a dogma or deity, no one will find reason to rescue the helpless from horrors, and no human will care about the comfort of their peers, but only seek to satisfy the need of their flesh.

Naturally, the world is peaceful right now. We have machineries and latest gadgets adorning every corner of our cars and technological devices hanging from every crevice of our walls, but what will happen when all Wi-Fi and internet connection is cut off, and every electric appliances fail and even solar power come to no avail? Perhaps in the last hundred thousand or so years, the humankind had never had so much material comfort and amenities. There had never been more culinary delicacies in the past, with major cities like New York having over thirty thousand restaurants, meaning a person could spend his entire life eating three meals a day in different eateries and sample the most exotic and fine cuisine, and never repeat a dish. There is almost no bloodshed or even minor warfare taking place anywhere, and for decades, we have seen no major genocide, crime or injustice going on, particularly when compared to the past and medieval warring episodes. There are no crusades or slavery, no mass human trafficking or torture. The humankind in content, and we are all pleased that our legitimate governments are in full control. The mighty armies are completely in command of the stockpiles of weapons, and every law enforcement agency are 100% in action. There are powerful cameras everywhere, and streaming internet and millions of satellites are helping the law enforcement agencies to keep the world intact. There is such abundance of food that it could feed the world ten times over, especially when we count the billions of tons of food wasted away each day. In places like Paris, over fifty thousand restaurants and eateries serve people everything from high-end cuisine to self-processed food. People these days have so much wealth and luxuries that anyone can readily order an entire car or airplane created with pure chocolate or even some exquisite dessert coated with golden foil. In some flower gardens, the government of wealthy nations nurture hundreds of millions of elaborately stunning flowers and hundreds of thousands of plant varieties for the pleasure of humans, but not one plant or flower will be able to survive the nuclear winter that

will follow a sure war in which nuclear weapons will be detonate. Well, some of us might dismiss the fears of nuclear attacks, as the past showed us that it was a big deal, such as the American bombing of Nagasaki and Hiroshima. But two factors must be kept in the forefront of our minds: during WW2, the enemy did not possess nuclear weapons, and could not retaliate, and secondly, the weapons used were a hundred times less powerful than even the smallest megaton warhead we have today.

Scientists estimate that the casualties from an 800-kiloton detonation over New Delhi in India would be more than 2,124,130 deaths and 5,806,960 injuries. A similar bomb over Jakarta, Indonesia, would have as casualties 1,810,860 deaths and more than 3,751,030 injuries.

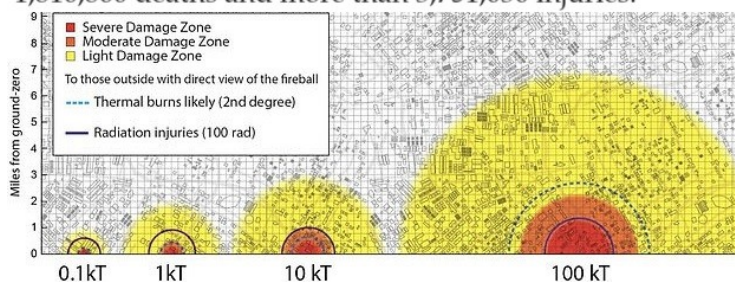


Figure 7: Radiation and burn injury ranges overlaid on damage zones demonstrating the extent of outdoor 1 Gy (100 rad) initial radiation and second-degree thermal burns for unobstructed 0.1, 1, 10, and 100 kT surface detonations.

Initial radiation-induced injuries can occur within a mile of a nuclear detonation.

There is an abundance of wealth today. We all have jobs, and higher education is free for almost everyone, everywhere. Hundreds of charity organisations are available to help everyone who might require aid, and refugees and other minority groups have a plethora of resources ready to help them assimilate and every citizen or alien have the privilege of receiving free coverage from health insurance companies and get medical help anytime. There are enough drug rehabilitation centres and counselling departments to accommodate millions, when our predecessors would be condemned to remain in unhygienic mental asylums for decades for the slightest mental illness like distress or depression.

Yes, there is no question that the world is in heaven right now, but any moment, the world shall become hell. This world was never meant to be heaven as history is a testament that whenever any community of humans indulged in sexual indulgence, they suffered bitterly.

Indeed, heaven will only be heaven because there will not be any sexually active person there. Had a single sexually indulgent person existed in heaven, they would turn that heaven into hell, because their sexual partners would try to cheat on them and that person would take revenge on the rival by destroying heaven and bringing hell itself into heaven. So, as most religious dogmas attest, God shall not allow any sexually deviated person to ever said their foot inside of heaven, because God knows that heaven would become hell if people were permitted to molest and abuse one another, and adventurous couples would flog one another, whip and beat and electrocute or choke each other to death for their sexual explorations, and whether consensually or not, those actions would not befit a heaven where mankind was meant to live in perpetual peace, prudence and purity. Since the world is heaven right now, it is bound to fail as a system, with billions of people who are sexually extremely active and deviated by their lust through pornography,

which are being downloaded or watched 38 billion times per day, which is more than four times the world's population.

When a disaster hits us, whether manmade or not, in that moment, I can promise you with certainty, and all my readers may do well to remember what I will say right now and try never to forget it, that the moment a nuclear war breaks out or a famine breaks out or a biological warfare breaks out or another Covid breaks out or another virus or another flu breaks out to an uncontrollable level or something else takes place that is beyond our government's ability to control, in that second, readers, you will see that this world shall turn into the worst piece of hell that you could ever imagine in the universe. No amount of world wars, no number of massacres and battles that took place in the last 2,000 years will have had such cruel and murderous outcome or produce such bloodshed and violence as the one we will all face. But it is a pity that while we have the power to stop the incoming terror, and are aware that a sexually promiscuous life is the ultimate cause of all horrors to take place, most cannot take the initiative and choose a pure and sacred life, when by being chaste and celibate, humanity could have been saved from the deadly attacks or modern warfare.

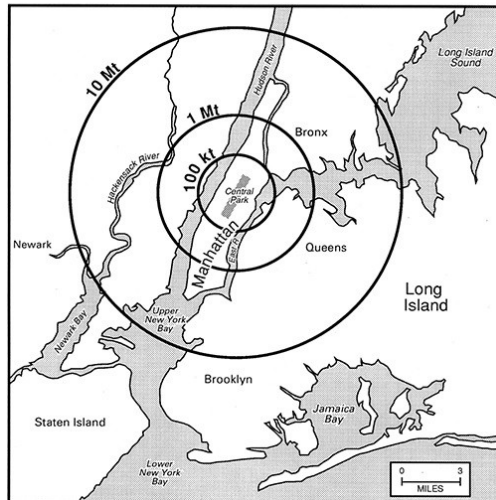
Very few of us actually understand what nuclear weapons really do to humans and our habitats. Do we really know what a nuclear war and what its aftermath would look like? Most people understand that the most immediate effect of a nuclear explosion would be an intense burst of direct nuclear which is produced in the weapon's nuclear reactions themselves. Lethal direct radiation extends nearly a mile from a 10-kiloton explosion.

What happens to humans who are in close proximity to the blast? Experts at MIT explained that an exploding nuclear weapon instantly vaporises itself. What was cold, solid material microseconds earlier becoming a gas hotter than the Sun's 15-million-degree core and this severely hot gas radiates its energy in the form of X-rays, heating the surrounding air into a fireball. Soon, the superheated air forms and grows rapidly. Within ten seconds after a small nuclear explosion, the fireball would be at least a mile in diameter. Perhaps the most deadly reaction of the nuclear attack is that dread heat ball, which radiates heat as though it were the sun. The fireball glows so visibly from its own heat, that it shines many times brighter than the Sun even at a distance of a hundred kilometre. For those unfortunate enough to fall victims of the attack, this thermal flash may be fatal as the intense heat would ignite fires and cause severe burns on exposed flesh as far as fifty kilometres from a thermonuclear explosion. In this sexually promiscuous world, people have forgotten the ability to think about the future perils, and no one likes to entertain the idea that at any moment, if a war breaks out and nuclear weapons is detonated, or a famine begins in the aftermath of a biological warfare, or some other pandemic appears, people who have been habituated to the lust of flesh would suddenly be at a loss as how to survive the ordeal.

Although the United States and Russia have more than 90% of the world's nuclear weapons, China is currently in the process of expanding its nuclear stockpile with the construction of more than 300 silos. According to the Federation of American Scientists, there are over thirteen thousand nuclear warheads as of early 2023, including more than 3,000 retired warheads. With so many deadly weapons loitering in random silos, the possibility of accidental warfare is real, and the damage a nuclear attack would do the world capitals is much too fearful to imagine. The explosion of a relatively average 800 kiloton nuclear detonation in South Africa's capital would cause 831,990 deaths and more than 2,089,840

injuries while casualties from 800 kiloton detonation in Ottawa, Canada would be 238,740 deaths and nearly 343,530 injuries.

Radiation exposures can injure millions and even billions can be blinded from the nuclear flash.



When the war breaks out, within one day or one week, we will see the true face of humanity. The raving and maddeningly lustful and enraged people we will see prowling the streets foraging for fresh and uncontaminated food would not resemble humans as they would have no humanity in them, and they will resemble an animal kingdom. Humans will run away from those sexually deviant humans and take shelters with snakes and tigers and alligators in the brutally harsh forests, because they would be safer with their animal friends much more than their human peers. Since sexual indulgence erases humanity from people, every single man and woman will become monsters and behave like psychos and killers, wielding machete and hunting and stabbing humans and eating flesh of their own kind. Indeed, with the slightest disasters, the true face of humanity will be manifest, or rather the true face of inhumanity will be seen.

This critical analysis explores how any form of intense indulgence such as sexual acts limit the domain of the power of intellect and makes humans less than humans. Everyone who had previously been obsessed with sexual encounters and sick activities will become mad with rage and regret once a catastrophe of great magnitude takes place. Hunger and destitution will be rampant and morally impaired humans will prowl the land, and hunt one another, eating other humans like monsters and psychopaths and there will be innumerable rapists and torturers, abusers, molesters and groomers in every alley, waiting to pounce upon the weak, because mankind will be unable to remain civil due to the lack of humanity. Perhaps, this prediction may sound ominously bizarre, but it is predicated upon the idea that humans need discipline to distinguish themselves from beasts, for the only difference between animals and humans is that we have a sense of justice and morality, and know it is wrong to kill and rape, when in the animal kingdom, hungry beasts find it quite justifiable to murder helpless preys, as even the gentlest cat will be unhesitant in assassinating magnificent and harmless birds for their meal.

With sexual mania and revolution in every city, we will see the true face of humanity in that moment of disaster. Indeed, due to chasing after their own carnal

lust, the humans of this generation are far worse than animals, as they have been raised in a sexually liberated secular world and have never known any religion. We find this unproblematic now. Why should we need a dogma or a deity to govern us, when perfectly organised and civilised government entities are patrolling our streets and millions of armed police guard every mall or museum? Humans are doing perfectly well in the absence of moralistic faith or heavenly religion. But what happens when there are no governments to monitor our security, when there is no police force to watch over us, or no functioning security camera and no organised military to restore law and order and no food or water supply, and hospitals and medications, and safety nor security and nowhere to hide or seek help? Without the basic necessities, most sexually obsessed people will be unable to control themselves as they had lost their humanity a long time ago, and will only hunt and kill for food. Cannibals would be everywhere, and those who were addicted to downloading billions of pornographic images would suddenly find themselves in a shock, as no internet or media will be able to supply their animals' lust with more degrading filth, and so they will prey on any man, woman or child they find on the street to molest and assault, as there will be no army, police or intelligence agency to protect the helpless. As I reiterated earlier, only then we will see the true face of the people of this generation, and perhaps those sceptics among my readers will not slight me then for advocating universal chastity now, as I speak partially from experience and partly from historical anecdotes where great empires rose and fell for the sin of sexual indulgence alone. In the godless world of the ancient civilisations, the emperor Nero was so depraved that he defiled every single part of his body and at last devised a kind of game, in which, covered with the costume of some wild animal, he would exit from a cage and attack and bite and even ate the private parts of men and women, who were bound to stakes until he sated his mad lust. Without God and religion, there is no practical way for humans to stay noble, and one ounce of humanity cannot remain in someone who becomes unchaste, because sexual addiction is such that it worsens by the hour, as we have seen in the practice of the deviant pagan emperors, who first married women, and then married men, and then married their own mothers or daughters, and then finally married little boys, and men like Tiberius even stole newborns from their mothers to force the babies to suckle his sexual organ.

Sexual immorality does not occur spontaneously, and human depravities do not happen in a vacuum, because every time a person carried out acts of defilement and humiliates either his own body or the bodies of others, that individual becomes more and more morally perverted and deviant in his sexual encounters, until no sense of morality and humanity remains in that person, and he or she becomes worse than the vilest creatures who ever lived. When a difficulty arises, or a calamity befalls such a sexual community, they become maddeningly enraged in their whims and unable to tolerate discomfort, they lash out at others and squander the rights of the weak. In one moment, every single human being, with the exception of a handful of unusually mellow and good-hearted ones, in a moment, they will become such monsters that they would be prepared to kill without remorse. These lustful creatures will panic if a nuclear disaster like Chernobyl takes place, and they will murder without thinking and their carnal desires will overpower their rationality and they will sexually assault anyone without blinking. These people will hound other and will molest carelessly, without any human feelings in the world.

The most easy act in the world in perhaps having sexual relations with other humans. It is so simple to defile one's body by placing it in contact with the foul body parts of another, and billions of people have done it and continue to humiliate themselves on a daily basis, as it takes no effort to become sexually promiscuous and impure. It is effortless and easy to engage in sexual acts. In fact, anyone can become impure and unchaste, but no one can stay pious and pure. Indeed, almost no one can stay without performing some kind of sexual acts and lustful activities, whether alone or in the presence of others. You may have even tried to be pure, but must have found it impossible. Some people reluctantly try to be celibate but fail almost instantly. Others make a brave attempt at living a chaste life, free from sexual acts, but not even for a day can they live without engaging in sexually vulgar thoughts, which makes one's heart even more impure than physically interacting with another human's body, because thinking and obsessing over another human's dirty body parts enslaves a person so thoroughly that it becomes difficult to free the heart from that level of slavery. Some people, despite desperately seeking celibacy, are unable to be chaste and pure, and for them, there is only one sure way to secure freedom from carnal desires and liberation from the bondage of bestial lust. If you are sincere in your wish to be celibate, free yourself from all distraction for one hour every day, any time of the day or night, and force your tears to be shed as you weep and pray to God to let you be free and pure. You may not wish to believe in a god or higher power, but you will also not be able to stay chaste on your own accord, especially because there will be many classes of people who will want to enslave you to their decaying human flesh. Those people will want you be enslaved to their bacteria-infested private parts and if you are ever compelled to go in front of them or interact with them in any way, they will wish to entrap or enslave you so desperately that the only way you can fight of that power is by utilising the power of God. The primary reason you must shed tears, forcibly, if need be, and seek the gift of celibacy directly from God, is because the people who seek to enslave you to their flesh and make you their personal toilet bowl, are probably shedding tears in earnest in their desire to possess your body, and if you cannot defeat them in emotion and desperation, then you cannot possibly be pure forever. Weeping to a god you may or not believe in could make you feel naïve, but there is really not much else to do when scores of men or women are constantly obsessing and weeping and thinking about how to make you a slave to their sexual organs, so even if you are atheist, or agnostic, then pray in cryptic language if necessary, and pray to a deity, and say aloud, that if you exist, god, then help me live with freedom and chastity. Freedom and purity and freedom and celibacy can never be separated from one another, because one can never be free and also sexually enslaved to the flesh of another. Sexually active men and women are never respected by their sexual partners who use them as toilet bowls, which even their pet dogs do not agree to become. And not only do the spouses hate and defile them, these lustful women and men are rejected by society, and virtually vomited forth by it.

When a nuclear weapon is detonated, the visual effects of heat, pressure and blasts can be discerned easily, but the most sinister damage often can take place around us in the form of electromagnetic pulse, which can affect us even if an incoming WMD is prevented by the military's defence mechanisms from falling on the ground. When such nuclear weapons are exploded at very high altitude, it may not produce much of the gruesome blast or local fallout effects we are familiar with, but the intense gamma rays will knock electrons out of atoms in the surrounding

air, and when the explosion takes place in the rarefied air at high altitude, this effect may extend hundreds of kilometres, because as they gyrate in Earth's magnetic field, the electrons generate an intense pulse of radio waves known as an electromagnetic pulse.

Even if a single medium-grade weapon was intercepted and diverted to the sky, and exploded some five hundred kilometres or two hundred miles over the central United States, it could blanket the entire country with an electromagnetic pulse intense enough to fatally damage all computers, crippling every mode of communication systems, and other electronic devices. It will spontaneously affect all satellites that are used for military communications, reconnaissance, and attack warning. The electromagnetic pulse phenomenon will have profound implications for a modern military that depends on sophisticated electronics. Over fifty years ago, when nuclear weapons were still in mediocre stages, the United States detonated a single 1.4-megaton warhead 250 miles above Johnston Island in the Pacific Ocean, and although there were no devastating casualties, people as far as Australia and New Zealand witnessed the explosion as a red aurora appearing in the night sky while Hawaiians, who were more than 800 miles from the island, experienced a bright flash followed by a green sky and the failure of hundreds of street lights and malfunctioning of other electrical appliances. Scientists had conducted hundreds of tests to determine the electromagnetic pulse from nuclear detonations, and elaborate devices have been developed to mimic the electronic impact of nuclear weapons, and the results are decidedly unpleasant.

When a great disaster comes into these people's lives, due to their sex addiction, they will not have enough humanity to persevere in patience, and in their hunger, they will kill people and eat human flesh far more frequently than animals, because they have no soul left in their sexually used and abused bodies. Those people with bestial lust will be in perpetual bondage of their sexual desires and therefore, will have no humanity left in them, because sexual depravity will make their minds into naught save animals. Sexual indulgence makes people lose their human senses, and this depravity eventually makes them abusers. It makes parents cruel towards their children, and those children in turn, learn to be harsh towards humanity. The people of this generation will show their true face when such a huge warfare and problematic situation manifests itself in the world. Within moment after such a calamity, those humans will understand what hell itself means, because they will not have to go to hell to feel the pain of hell, but rather the sexually active people in the world and the depraved men and women who spent their prime persuading others to be unchaste and sexually liberated, will show the resto of the world what hell is. With no fear of God and no fear of hell, and no hope of heaven and no religious testaments and no faith and no government and no soldier and no army and no food available, we shall all see the true face of humanity. Indeed, it will be a horrifying advent to be in the presence of billions of sexually addicted humans who have lost their soul to sexual perversion and lost all human feelings in their hearts. It will indeed be a bitter sight and no one in the world who are sane or emotional or have enough rationality to love will want to survive in that universe. Everyone will flee from each other in that pain-filled world.

The universe has never faced such horror in the history of humankind, because never before had such perplexing level of sexual perversion taken place, because even when there was no religion thousands of years ago, and most people were pagans, sexual immorality took place in many parts of the world, but since there was no technology, sexually deviant individuals were unable to transmit their moral

ailment and teach other people such sickness and sexual decadence or persuade people to glorify sexual violence to a point where the people of this world become so corrupt that nearly everyone is forced to partake in those vile actions, as it is common in this age of the world wide web, where sexual images and graphic movies and plethora of pornography and the free availability of all kinds of sexual fantasies and deviation have caused the level of morality to fall below every possible civilised threshold.

From childhood, children in our societies are being taught that the world is evolving, and everyone should be free to indulge in the worst form of sexual depravity. The most common slogan is that God is oppressive, and He is harsh. Sexually promiscuous people tend to ignore the version of God where He is more loving and tolerant than mortals and embraces every form of nationality, sexuality and ethnicity. Even those who are not socially accepted are admitted into religions of God, but with the sexual revolution in our world, the outlook on race and religion changed. People no longer saw other humans for they what they really were, and most did not release that worshiping the human flesh was useless. But by focusing on an individual's soul and reason, we have attempted to remove the flesh and sexuality from any authoritative role in cognition. All humans have large numbers and types of bacteria in their bodies, nestling in their intestines, including strains such as *Escherichia coli* (E. coli) or *Salmonella*. Deadly bacteria like E. coli, *Salmonella*, *Shigella*, and *Vibrio* cause ill health effects in humans and can be passed from one person to another via sexual acts.

Around the early 1960s, sexual revelation took place in the United States, when the American sexologist Alfred Charles Kinsey introduced his faulty sex research which included reporting that children who cried in infancy did so due to sexual desires among other outlandish claims, and with it, the produced, culture changed. When the sexual revolution broke out in America, people cried out for free sex, and taught each other to make love, not war, and to embrace their passions. People were exhorted not to suppress their desires. In other words, everyone was asked to come out of the closet, and expose their sexuality. People were no longer taught that it was equally important to purify the heart and clean their closet before coming out of it. Everyone was asked to be sexually free and live their life loud and proud. One of the people who sexually affected the moral spectrum or the sexuality of our culture was a zoologist in a university, and was affectionately called the father of sexual revolution. He redefined sexuality for many people in the United States and made revolution in sex ed classes in school education. This man and others like him were responsible for many of the sexual legislation that passed, as well as a lot of events that are happening around the world. His sexual data and reports, which are still being used in universities, and also used as the basis for legislation to change our laws, and is often used as the basis to change the world view on sexuality discusses the human sexuality of males, and the human sexuality of females, where he brought taboo topics and presented shocking statistics about how the things we think are unacceptable. One of the facts the book presented was 17 percent of farm boys have physical relationship with animals and over 70 percent of women have extramarital affair, and this, according to the sexual book, actually benefits their marriage. The report of 1950 also said 10 percent of males in the country were practicing homosexuals, which contrasts to reliable statistics in 2023, which shows that less than 5 percent of the population of the United States are practicing homosexuals. With an open society and full sexual liberation, only a small fraction of the nation's population is openly living LGBTQ community

lifestyle, and the number is less than 10 percent, it's only five percent. So, the fabricated, exaggerated report was publicised to show the American audience that the things they are afraid of were actually happening behind the scenes. They were told that this was the norm they should adapt as the norm, and not consider it to be sexual sins, and sexual perversions.

The American sexologist Kinsey told the unsuspecting people to change their laws to fit the facts, but his facts were false. The man's team did research and interviewed people, but they played a small trick, and the team only researched the most deviant sexual behaviour in the country and passed it off as normal. Those sexual activists said that these behaviours were biological and normal and since those deviances did not physically hurt anybody, they should be morally acceptable. Their message was simple: people should act on their impulses with no inhibition or guilt. The only glitch in his research was that most of the people he interviewed for his sex report were men and women who were locked for life in federal and state penitentiary for various capital and sexual crimes. Almost all 17,000 men he and his team spoke to were convicted criminals who were in prison for life. These people were locked up in jail as sex offenders and paedophiles. One of his books used experiences of paedophiles, to teach people about sexuality of children. The researchers got their information from paedophiles and claimed that children are capable of having sexual feelings. As dishonest as it had been, this twisted research affected so much of the culture that one man's work was enough to inspire a whole culture, and his research were later quoted in courts and his findings were quoted in front of the school boards to change sex education for the children, when in reality, not only it was flawed, but he took the worst of the worst of the society and studied how deviated they were in their sexuality, and falsely claimed this is how the whole society is. It was akin to taking a serial killer, studying his impulses, his lusts, his passions and concluding that we all should lighten up our laws on murder because all of our interiors and minds are that of a serial killer. That was exactly what happened with that misguided sexual research which served to start a sexual revolution in the United States, and later, to the rest of the world.

Celibacy, and Sexual Chastity:

Does the amount of sheer horror, violence and bloodshed that has been going to happen in the world, it is safe to assume that a disaster of far greater magnitude is in the making, because never in history did a nation indulge in sexual excesses but was not afflicted with terrible pain and pestilences. The horror that may appear soon, will be something that has never been witnessed by human race since the beginning of humankind, because for too long have mankind become sexually aggressive in fulfilling their carnal lust and sexual desires. The avowed human values of freedom, democracy, human rights, and a rule-based world order will appear quite impractical in the new chaotic disaster-ridden world, where men and women who had been busy worshipping each other's foul body parts will suddenly fall into danger and no one will extend a helping hand to another, but only care for their own sexual needs and cavort items for their sexual masters.

Cannibalism, murder and larceny will be abounded in that godless society, and then people will understand what they have made themselves into. Only then will people grasp what faithlessness and sexual rights and sexual freedom has turned humans into. The animalistic nature of sexually enslaved people will manifest in that disaster-struck world where the violence, the bloodthirst and the cannibalism

are going to finally make people realise what mistake they have done by not adhering to morality, and not fearing God and not being chaste, and what horror, they now faced merely because they could not curb their sexual desires and control their animalistic lusts. But then, it will be far too late to repent and change their ways; it will be so late that mankind's existence may be unsalvageable. When that happens, we may express regret and sorrow, but it will be too late to change the past. Only then will my readers understand what I was talking about in these discourses, but until that moment, many will undoubtedly call me insane and others will blame me for disrupting their daily peace, and many more will curse me for condemning something as wondrous as sexual humiliation, and most will laugh at me and insult me and take this whole book as a joke. But my only request is one thing and one thing only: And it is for all my readers to understand the harm of sexual depravity, and acknowledge the harm of sexual acts and realise that there is clear harm in sexual thoughts, and then to try to do everything in their power to become chaste and become pure hearted and pure-minded and pure bodied and to preach chastity wholeheartedly to others who still do not know the fatal mistake they are in. Yes, we must preach chastity wholeheartedly, and even insanely, indeed, because the amount of sexual depravity that is being taught in Hollywood and throughout the world's media is nothing short of insanity. The amount of sexual violence and the types of sexual depravity or the amount of nudity and the number of sexual jokes that are present in every single place you look into, starting from talk shows to radio shows to TV shows to movies to videos to YouTube to Netflix to Amazon to prime videos or Spotify are unimaginable. The amount of sexual corruption that even the children of this generation are being exposed to is inconceivable and any sensible human being will admit that it is completely insane. But everyone in our era have become so obsessed with sexual immorality and became accustomed to so much filth and sexual dirtiness, that they do not even understand cleanliness from dirtiness any longer, and cannot distinguish between purity and vulgarity.

Maybe for some people, it will seem extremely difficult to be chaste right now in this luxurious world, where amenities ensure we live as though we were in heavenly bliss. Indeed, oftentimes, our comforts are even more generous than heaven perhaps, due to drugs and the amount of sexual actions that is available to everyone in the world which shall not be available in heaven. But if someone were to understand how utterly futile sexual indulgence are, and if they could comprehend all the harms that comes with sexual depravity and how much distress lay buried within sexual relationships and sexual thoughts then every single person who possesses the slightest sense and wisdom or has any rationality left in their minds will understand that there is nothing great in sexual lusts and there is so good and so extremely beneficial in any sort of sexual relationships, because lust and sex are diseases which turns people into rabid animals that can never be satiated. No matter how much sexual freedom a person has, he or she will always seek new ways to please themselves. Statisticians reported that after gay marriage was legalised in 2015, there was a sharp increase in youth abuse, and on many social media platforms like Instagram, thousands of men reached out to young adolescents and demanded naked pictures from thirteen-year-old boys in exchange for money, because it seems that once people started to freely have sexual intercourse with the same gender, they often seek younger and younger people to satisfy their sexual appetites, and this caused an increase in paedophilic attacks. In pagan societies, similar depravities were common, and this was what likely

happened to the Roman emperor Tiberius who initially had regular sexual acts with adolescent boys, but soon, sought younger and younger children until he built a school where he trained infants to crawl between his thighs and nibble on his genitalia. Soon, like all demented men, the pagan leader got bored of abusing toddlers, and targeted newborns, and seized infants from their mother's bosom and held them to his genitals, preventing the children from suckling the mother's breast, hoping they would respond to him and perform sexual acts. There can be no limit to human depravities if we allow ourselves to lust after people and objectify one another, because there is no limit to what people will eventually do, and without a religious moral code dictating our daily actions, people might once again become sick and foul like those irreligious emperors thousands of years ago.

Is being chaste and leading a celibate life a sacrifice?

Many people will shudder and complain bitterly upon hearing the idea of chastity. For some, being sexually pure and abstinent may mean taking all the joy out of life. But sexual indulgence is not something a noble person would ever seek or desire, because why would any honourable or sensible person choose to worship the private body parts of another human, knowing billions of fungi and parasites and worms reside there? No matter how much you want to worship your sexual partner and no matter how much you love them or believe they love you, believe me when I say those sexually humiliating encounters will give you nothing substantial in this life or the next, and in the end, you will gain nothing from those interactions expect humiliation and distress. All the sexual partners that you love and worship right now and believe they love you will disappear from our life. Yes, perhaps they even love you now, but every single one of them will most likely, and probability is high, will find someone who loves them a lot more than you love them. They will find another lover who will worship their sexual body parts a lot more than you ever could. And they themselves will eventually sexually worship someone a lot more than they worshipped you and loved you. Should you die today or should you leave them today or should you get lost or injured or become comatose or bedridden or were diseased terminally today, sooner rather than later, someone else will come and take your position with your lover. Then, your sexual partner whom you worship desperately right now, will worship that person 100 times more than they worship you, and their sexual partners will worship them a thousand times more than you worship them. With all the money you will leave behind for the sexual partner, he or she will likely use the money to gift it to the new lover and help that person gain fame and honour. That new lover will shower gifts on your former spouse or sexual partner until that he or she loves lover and hates you because you will remind them of their past which they will not want their current sexual partners to know anything about. One day, which could be today as you are reading this text, or ten years later, you will realise that all the worshiping of human flesh and all the sexual relationships that you were involved in has brought you nothing but shame and anger and self-hate and self-loathe, while the person whose body you desired and whose reproductive organs you may have worshiped are now harbouring hatred and anger towards you as they have taken new sexual masters and want to devote themselves fully to the new lust partner, because in order to be loyal to that sexual partner, they need to hate you and despise everything that reminds themselves of your joint amour, because you are going to become a threat in that relationship. This is the reason why every person you are sexually involved with now will have nothing but indisputable hatred, disgust and

anger towards you in the future. Why then must we spend our time and energy pining after the flesh of human bodies when living a pure and chaste life can guarantee us safety, health and happiness? Not only can sexual indulgence cause biological harm, it can also make entire nations suffer, since people who are promiscuous tend to be irrational and become war hawks. With billions of sexually promiscuous people in our world, we have a real possibility of a nuclear warfare breaking out. In that dreadful scenario, many people will suffer and die. Every nation and every city will face colossal damage. For example, casualties from 800-kiloton detonation over Beijing would be at least 1,255,740 deaths and 2,996,910 injuries. Casualties from an 800-kiloton detonation near the European Parliament in Brussels would be over 532,970 deaths and 549,830 injuries. The approximate casualties from an 800-kiloton detonation near the Eiffel Tower in Paris would be 1,540,280 deaths and 2,718,630 injuries. If an 800-kiloton detonation took place in Berlin, near Brandenburg Gate, the casualties from the blast would be at least 638,850 deaths with 1,282,900 injuries.

Right now, those who are involved in sexual activities are using the drug of lust, but the sexual happiness will not last forever. People may not understand that sexual ecstasy is short-lived and when they hear about the notion of celibacy and chastity, they may fight against the thought and become enraged if someone tries to educate them on the benefits of purity, and highlight their future for them. But later in life, these very people will understand, if they are lucky, that their past sexual relationships were nothing but extreme humiliation and shame for themselves.

On a scale of 1 to 5 stars, where 1 star is very poor and 5 stars is very good, how would you rate each of the following ?

How strong is your compassion for others?



How powerfully do you feel passionate about people around you?



How severe is your anger problem?



How desperately do you seek revenge on others?



How fiercely do you hate those who harass you?



Modern science may have been produced by the rebellion of reason against intellect, but in our philosophy of life and humanity, from the evidence which was analysed, we have no choice but to conclude that sexual excesses can only do harm to our kind. I have personally been witness to this phenomenon. A middle-aged woman who was a dutiful and affectionate single mother was raising a twelve-year-

old son on her own, and looked after the boy's well-being quite admirably. She met a younger but poor co-worker in her work place and fell in love with him, and soon married him and moved her new husband to her house, because the man did not have a residence of his own. The woman was ecstatic to have a younger man as her lover and husband, and soon, she became emotionally and physically extremely attracted to the man and began to indulge in sexual activities every hour of the day, even calling in sick to remain at home with the new husband and satisfy her sexual appetite, until soon, she became unusually addicted to various forms of sexual acts and was no longer able to control her mind or heart. She suddenly found herself hating her own son, and considered the child to be a nuisance. Her daughter was younger and a personal favourite of her new husband, so she found it appropriate to keep the daughter in doors, in order to please her husband, but the boy was already thirteen, and the mother did not want him around the house or interfere in any way her romantic dalliances, so she ordered her son to move out of the house and live in the cold, unheated garage in the back of their yard. The boy was dumbfounded, as he could never imagine his loving and affectionate mother who had always been so responsible in looking after them, was expelling him from the family home to live in the garage, which had no running water, toilet or warmth. For the next five years, the boy was forced to live and sleep in the garage, and could not even enter the house after returning from school. His mother did not give him any allowances nor did she permit him to shower inside the house or use the bathroom, and the teenager had to fulfil his needs and wash himself using water from the garden hose or occasionally, from the public fountains. The woman was indifferent to her son's pain and suffering as she was busy in her sexual indulgences, and refused to relent. It was astonishing to see how a mother, who gave birth to her very own child, suddenly become so cold and unattached to her firstborn. I could not help but wonder, what causes a mother, and protective guardian, to let her only son suffer to his death, while she entertains and sexually pleases a strange man, who may leave her for another woman tomorrow? The answer is sexual indulgence. The woman could not find any sympathy in her heart after becoming a sexual slave of her husband. Meanwhile, the woman's daughter was becoming a beautiful and charming teenager and her company delighted the new husband, and she was often gifted expensive jewellery and dresses by him. However, no such compassion or luxury was given to the boy, who was already seventeen, and with no room or house to live in, he began to live in the streets, as a homeless person, and often begged people for food, but almost no one gave him anything for free. For even a morsel of pastry or a slice of bread, the young man was faced with terrible predicaments, as lecherous older men sought to take advantage of him and sexually abuse him. Initially, the teenager rejected their advances, but terrible hunger forced him to prostitute himself to older men, and submit to their sick sexual fantasies. By this time, he was eighteen, and legally an adult, and no longer received free lunch in school, and with no prospect for food or shelter, he resorted to sexual means to secure money, and was often beaten and tortured by the men who abused him. Due to repeated unprotected sexual encounters, he eventually contracted diseases, and suffered from both physical and psychological pains, as he had to humiliate himself into doing the most degrading acts in order to earn a few coins and purchase a day's meal, whereas his mother was living in a large house with her new husband. The woman knew about her son's despondent condition, but refused to care or help in any way, as she had become sexually enslaved to the body of her new husband, and all motherly love

and feminise compassion vanished from her heart, until she became so engrossed in constant sexual activities, that her body's immune system crashed and she became riddled with late-stage cancer, which took away her sight and caused her to lose all her hair, and lose over half her body weight. After a prolonged battle with the terminal illness, she died painfully, leaving behind her only daughter and the new husband. At the time of the woman's death, her daughter had barely turned seventeen, but the husband did not remain widower for too long, for within six months, he married his own eighteen-year-old stepdaughter in an elaborate ceremony and lived in the same house he had shared with her mother for over a decade. Many people who knew this family well were astounded by the turn of events, and could scarcely believe that the teenage daughter would readily marry her stepfather, only months after her mother's death, but it appeared that for the past three years, the stepfather was having an illicit romantic relationship with the young girl behind her mother's back, and only waited for the stepdaughter to become eighteen so he could marry her. The ending of this older woman's romance story was an unhappy one, but it was not very unusual, for statistically, we have seen that anyone who was or is sexually promiscuous becomes animalistic in their rage and hate, and loses the ability to feel compassion and mercy for others, even their own children, sibling, or parents.

The future is rather bleak and the global catastrophe like lingering warfare is imminent, and with tens of thousands of radioactive weapons stockpiled in undisclosed locations of the world, it would take only minutes for the landmass of the world to become uninhabitable or vanish from sight.

While armed conflicts have been an integral part of humanity's existence, it is more imminent now, as there is over a ninety-five percent chance that war or other airborne disease could afflict humans in the near future, and inconceivable suffering would then take place for all those who are now accustomed to luxury and comfort, especially the people who are sexually addicted to other people's bodies or try continuously to please the body parts of other humans. Because of their sexual activity, people who face this new war will find it difficult to cope with their existence. Aside from external warfare, sexually promiscuous people suffer from the lethargic and degrading after effect of sexual relationships which leaves nothing but disgust in their heart and only remnants of hatred in the mind, as the heart of their sexual partner will become callous, and the person they are worshipping now or who is worshiping them will begin to hate the very sight or the humbled lover.

This progressive world tries to delude us by insisting that sexual promiscuity is the ultimate mark of success, but in reality, celibacy and chastity holds true power and pleasure, as is evident from our history. From our own century, we can find that many of the world's most famous people never had sex, and were chaste. People like Nikola Tesla, Mother Teresa, the Dalai Lama, Antoni Gaudi and Jorge Luis Borges never had sexual encounters with anyone. Other powerful figures such as the first director of the US Federal Bureau of Investigation never married and spent most of his life with his mother, and reportedly died a virgin. Many morally strict men who observed a religious life remained celibate until death, and their chastity did not take away productivity from their lives, but rather enhanced their mind, such as the English philosopher Herbert Spencer, who lived and died a virgin. The mathematician and astronomer, Isaac Newton, did not enter any romantic relationship during the 84 years of his life and lived in celibacy and died a virgin. The author of the fairy tale Alice in Wonderland, also lived a celibate life.

The famous Danish writer Hans Anderson also voluntarily chose a celibate life and refused to make sexual contact with anyone.

The necessity of celibacy was appreciated by many philosophers and scholars of our time, and they understood the dangers associated with sexual indulgence. We live in a fragile world, where being sexually promiscuous is simply not an option, because the more people will engage in fulfilling carnal desires, the more fatal their future will be. My advice to every person reading this book is to take the first step today, and begin the journey to freedom, and gain the freedom to be liberated from the sexual slavery of fellow humans. Starting from this moment, take the first step right now towards chastity and purity. Break off all sorts of sexual relationships and lustful depravities, and cast away all sorts of sexual thoughts and cease all forms of sexual acts stop and stop watching sexual movies and stop thinking of sexual acts and relationships of the past. If you want to be free, then you will have to break off from all kinds of relationships or interaction that makes you sexually aroused or that makes your heart become worshipper of humans and causes the soul to be dead. Cut it off today and you will not regret it. In fact, you will never regret being free. It is my firm belief that freedom is essential to the human soul, and I can also assure you with so many examples that you will never ever regret being liberated from sexual bondage. By giving up worshipping human body parts, you will never lose money nor lose fame. You will never have to relinquish your honour by removing yourself from sexual indulgence, sexual thoughts and sexual actions. Indeed, if someone can achieve the feat of remaining chaste and celibate, within five or ten years, the person will discover such joys in life that they never felt before, and eventually the celibate person will find such happiness and peace along with so great honour and even financial and mental stability that it was obvious that so much contentment could never have been found in the life of someone who was deluged in the path of sexual indulgences. You may not understand the vitality of celibacy now. In fact, you will never understand right now how important and essential chastity and celibacy is for humanity, because from childhood, people in this world are brainwashed to seek happiness in another person's body, and they are told that all joys in the world lies in sexual relationships, but nothing in the universe could be more horrendously wrong. True happiness can never be found worshipping those body parts of humans, that emit sixty thousand litres of urine and excrete tens of thousands of kilograms of horrifyingly putrid and parasite-filled faeces. Indeed, obsessing over human flesh can only compound distress in us, as every sort of relationship that is sexual eventually ends up in bitter and severe hatred. Even if it the sexual encounter do not conclude in mutual hatred, the lustful act diminishes so much goodness from your life that it is never worth it to humiliate the dignified body and enslave the free-born heart.

In celibacy, you will find the strength to endure. You will find mental peace. All modes of chronic sadness and depression will go away you as you will find new friendships that would be worth more than a hundred sexually active relationships. In the world of celibacy, you will find friendships that are more solid than even your relationship with your siblings, your parents and your children, because oftentimes, parents remarry and dislike the once-beloved offspring, and siblings who are overindulgent in sexual acts become callous and unfeeling to other kins and even children who are sexually promiscuous toss out their parents from their homes, and often, discard the aging parents who once cared for them, but with celibate companions, peers and friends, you will find friendships that will open up

the path of God in front of you, and let you stay on the path of purity, and reign in the path of Chastity and run along the roads of success as there will only be honour in front of you. Undoubtedly, you will find the purpose in your life by being chaste and free from the bondage of lust. In celibacy, you will find peace and most importantly, you will find your own self-worth and build supreme confidence. Good decisions should not be delayed, and so, start becoming chaste today. Start the journey to freedom by becoming pure today, at this moment, and within one or two years, you will see how much respect you have gained for yourself and how much confidence you have garnered. You will be unable to fail in noticing how much happiness you have, and how much love you earned and how much purity and sanity you have secured, and even enormous success you will have gained in your life, something you would never have been able to attain if you are even partially involved in any sort of sexual acts or sexual thoughts or sexual relationships. Being celibate is perhaps the most challenging endeavour in the world, as most people are unable to even take the first step. But try on this day, and take the first step. Broaden your worldview and become stronger than ever before. And take the first step to chastity now. For the past few centuries, religion have been in decline, as have the value of purity, because when people are chaste, they are able to understand the mysteries of God and heaven, and are able to believe in a Deity, but when in the nineteenth century, new ideologies began to arise, such as Marxism, to replace religion, people gradually became more and more sexually promiscuous and eventually, in this decade, religion has become almost non-existent from the public sphere, and to ensure it remains that way, the society has been sexually trained to become enslaved to their lust and worship the bodies of other humans, so that no one in this era chooses to be celibate and pure. Those who are sexually promiscuous know that being celibate makes people intelligent as the chaste person is able to harness his or her brains and can remove metaphysical subjects from arena of cognition and know God as He ought to be known.

The danger is delaying a commitment to celibacy is two-fold. One is that the human life is fragile, and life and death can fall upon anyone at any time, and should a disease take over you, or should a terminal illness come over you, or should you become paralysed this moment, within days, all your happiness will corrode away from that very moment. So, before that terror, tribulation or violence comes to your life, and before that unexpected pain enters your life and before that ominous warfare shows up in your life, take the first step and become chaste and you will find all the success in the universe present itself to your life in this world and in the life to come.

Those who lived a life of sexual propitiousness and entertained fundamental falsehood about ethics, religion and morality, they cease to discern the difference between what is right and what actions constitute as the fundamental wrong and they also inexorably forget the consequences of their actions and indulgences. They are not even be vaguely conscious of what diaspora of despair afflicts them as they lust after the decaying flesh of fellow humans and worship the body parts of their spouses, who become something like their sexual masters. In this animalistic endeavour, these sexually addicted people become more and more depraved in trying to satisfy their sexual appetite using deviant and perverted methods, and they not only demean themselves but also humiliate the body of another person, and eventually, they lose whatever human heart was left in them, and are then not

in the least concerned with the social machine that is running for them, and in vain, when religious voices are raised to appeal to their humanistic duty to save or help others, or to defend their nation, they remain unmoved, and emotional appeal leave them cold and indifferent, because excessive sexual activities made them addicted to the slavery of the human body, and as they are not free, they cannot become saviours or helpers of humans.

Family ties are discarded and national heritage are ignored when people become enslaved to the sexual acts, and they often utterly disown parents and children and denounce god, religion and even country and refuse to serve their communities, readily banishing every romantic rival to perdition, because sexual indulgence have caused them to become cold and unfeeling.

To salvage our humanity, we have no choice but to embrace a celibate life, although such a commitment will not be easy, as everyone who is sexually active around us will somehow try to discourage it. Temptations will present themselves in every form to make a celibate person unchaste, as people who have avowed themselves to life of purity may suddenly find friends and strangers propositioning great rewards or remunerations for a sexual encounter, or even offer assistance in times of great need in exchange for doing some sexual favours, but no matter what trials and temptations a celibate person comes across, remaining chaste will offer the ultimate reward in this life and the next. It is therefore imperative to make the conviction of celibacy now because should an illness or warfare arrive, and should starvation and famine come to you making you ill and frail, then no sexual relationship will you find attractive at that perilous time. Indeed, you will gain no joy from worshiping the private filthy body parts of a sexual partner or master, and no happiness will you gain from those sexual relationships when you have no food to eat and your children have no medicine and your parents have no medical assistance and you have no uncontaminated water and no nonradiated food and no secure place to live. You could become gravely ill and those sexual partners whose body parts you worshipped and adored may let you die in a home, alone and terrified, in complete agony. So, before that terror unfolds, and violence and warfare bring pain and torture to your life, take the first step and become absolutely chaste. Verily, the moment you will become chaste, you will come under the security of God and under His governance alone.

Wise men used to say you cannot fool two things: yourself and God. Choosing to be celibate is an intensely personal conviction, as no one but yourself and your Maker will know if you are truly pure and chaste. You cannot fool yourself. You will not be able to deceive yourself into thinking you are celibate if you constantly think of sexually explicit things, and you cannot fool God as God reads your mind all the time. God reads your heart and knows your thoughts and the moment you take the first step and become chaste, the God of the universe will become your friend. God will become your guardian. God will feed you. God will clothe you. God will give you shelter. So, take the first step and do not delay.

Keep in mind that for every sexual act that you do and for every sexual thoughts that you enjoy and for every sexual relationship that you involved in, there is a hundred percent chance you will suffer some tribulation for it, and if you are lucky, then after that said suffering, you will be able to become chaste, but if you persevere in worshiping the human being's bodies and worship their obscene private parts, then you will find humanity ebbing away from your heart, and without even discerning the changes, you will find yourself becoming a petrifyingly

evil person, even though the very act of worshipping a human body is often revolting. Among the various types of foot illnesses, moccasin is most common, which affect people's feet, mainly in the heels, and leads to thick, scaly skin along with cracking and peeling, giving a horrific look. Vesicular blisters are also feet diseases which develop at the site of the infection, which are most often seen on the soles or between the toes. Ulcerative are conditions which is found on people's foot and causes a break in the skin that allows bacteria to enter. It causes a painful, open sore called an ulcer along with swelling and oozing. Most of these feet infections cannot be cured with over-the-counter antifungal creams, and many persistent infections may require up to six months of treatment with an oral antifungal. With such terrible diseases commonly infecting the feet of human bodies, it is astonishing indeed to find that millions of people find it perfectly acceptable to worship and watch images of their sexual partner's feet. It is this human bondage that causes humans to cease being humans and become more like a domesticated dog that pants after a master.

Worshipping human flesh can make you hard-hearted and perhaps even the most cruel person in the universe and become worse than the devil itself. In a moment, you will find yourself carrying out acts which will suffice to make you the detestation of the world, as every moment of that sexually promiscuous life will be deluged with apprehension and anxiety. Your heart will be dead from lustful and beastly desires, but your soul will have some consciousness of the guilty actions that could appal even the hardest heart. With sexual obsessiveness, you will be unable to feel compassion and will become one who will murder, torture and sexually assault others without guilt. When your sexual depravity makes you so evil and heartless, God himself will not want to forgive you. After becoming the sexual slave of men and women, you may find some power, wealth and even temporary pleasures in this world, but it will give you no peace, no happiness and no love and only hatred, vengeance, innumerable enemies and rage and destruction of your worldly life and the life to come.

Q1 After becoming celibate, I feel less rage towards others.	Strongly disagree <input type="radio"/>	Disagree <input type="radio"/>	Neither/Nor Agree <input type="radio"/>	Agree <input type="radio"/>	Strongly Agree <input type="radio"/>
Q2 I feel more inclined to believe in God	Strongly disagree <input type="radio"/>	Disagree <input type="radio"/>	Neither/Nor Agree <input type="radio"/>	Agree <input type="radio"/>	Strongly Agree <input type="radio"/>
Q3 I am more merciful towards others	Strongly disagree <input type="radio"/>	Disagree <input type="radio"/>	Neither/Nor Agree <input type="radio"/>	Agree <input type="radio"/>	Strongly Agree <input type="radio"/>
Q4 Being chaste for three years made me a better human being.	Strongly disagree <input type="radio"/>	Disagree <input type="radio"/>	Neither/Nor Agree <input type="radio"/>	Agree <input type="radio"/>	Strongly Agree <input type="radio"/>
Q5 After abstaining from sexual acts for five years, I find peace in life.	Strongly disagree <input type="radio"/>	Disagree <input type="radio"/>	Neither/Nor Agree <input type="radio"/>	Agree <input type="radio"/>	Strongly Agree <input type="radio"/>

Rules of Chastity:

RULE 1:

Never engage in sexual relationship or activities, no matter how appealing it appears to be, and no matter how legal the relationship is, such as official marriages and wedding engagements, because sexual indulgence of all forms causes the heart to become cold and dead. The German Philosopher Immanuel Kant wrote extensively on the importance of celibacy, and himself remained virgin his entire life. His deontological ethics, with its emphasis on rights and duties, has been used by scholars to understand the dangers of promiscuity. In fact, Kantian argument in favour of a celibate like highlights the degrading nature of taking sexual gratification from the flesh of another, thereby reducing the person to an uncherished object.

RULE 2:

Perhaps the most important aspect of abstinence is not the physical detachment from other humans, but to remain chaste in the heart and not do anything remotely sensual, nor think or watch or hear anything that might make you sexually aroused for even one second, because purity is not staying perpetually virgin, but rather never to think about vulgar images nor watch graphic films.

RULE 3:

Next never go in front of anyone who is sexually active or is in a relationship with a male or a female or was ever in a relationship with men or women in the past. Never be in the presence of anyone who is not a virgin or chaste. Do not go in front of them nor speak to them nor talk to them, even it is via the phone. Do not make acquaintances with those who are unchaste or non-virgin, and do not be friends with them even if they are your own family members, siblings or parents. Why is this necessary to remain celibate? Because people who are unchaste will feel hurt to see you in their midst and practicing celibacy, and in their hearts, they might experience a tinge of envy or remorse at their own sexual promiscuousness, and that pain in their heart will cause you to become like them, and also make you a disbeliever by being sexually active and sinful. We are all familiar with the long Iran-Iraq War that took place under after Saddam Hussein assumed dictatorship in Iraq, but the part most historians omit from the history books is that as soon as Saddam Hussein came to power, he applied liberal sexual laws and allowed men and women to have sexual encounters freely, and then sexual indulgence became common in Iraq, and this caused terrible calamity to befall them. The death toll from the Iran-Iraq war was far more than the scholarly estimates of 1,850,000 to two million.

Never be friends with those promiscuous people and if possible, try not to even inform them of your whereabouts, or know of your existence. Go to a faraway place and disconnect with every one of your family members who is remotely sexually active or was sexually indulgent in the past.

Do not make small talk with them, nor attend any of their functions or parties or social gathering. Ideally, it would be even better if they thought you were dead, rather than them knowing exactly where or how you are.

If those sexually promiscuous family members are in distress, do not even go to help them, because it would potentially mean an end to your celibacy, but send someone else in on your behalf to assist them. If you wish to be chaste, you cannot afford to destroy your own life and your own hereafter and your own intellect and

your future and your heart and your soul by going in front of people who are sexually active, even if it is for rendering help to them.

RULE 4:

A vital part of being able to remain celibate is to meditate or pray each day, even if you are atheist or agnostic. Regardless of your religious beliefs, try to believe in God for one hour each day and meditate intensely for that hour, thinking of nothing save your Maker. For that exclusive hour, do not remotely bring the thought of any human being in your mind for that one hour. Do this without fail every single day and you will find that by the end of the year, your heart and your soul became strong and confident. If you cannot make yourself to believe in God, then cry for humanity every single day and think of the pain of everyone else and contemplate on your own death. Force yourself to shed tears either for the sorrow of others or the inevitability of your own life. Weep earnestly and force yourself to cry because by sorrowing for others and thinking of their pain, your heart will become gentle and more human, and your soul will be filled with affectionate love naturally. Why is loving and developing love in the heart so vital for remaining celibate? If someone has love in their heart, their life becomes glorious as their egos go away, and then the pride goes away and with the pride, the heat of lust and rage evaporates, and the passion goes away and God can then start loving you and manifest Himself in front of you without any doubt or reservations. Undoubtedly, if you do this without fail, every single day for one hour, you will find the truth. You must never forget this one-hour ritual every day, be it after midnight when the whole world is asleep and there is no distraction around you nor any sign of daylight to accost your serenity, so that you can be at peace and meditate freely, knowing that the whole world is asleep and no one can come between you and your God.

RULE 5:

Do not fall in love and do not ever love anyone or worship anyone or think about any human or obsess over anyone or anything. This means you must not love or lust after any movie stars, any Instagram stars or any celebrities. Do not become obsessed over them and do not care or worship them. Do not be impressed even if by the most hot celebrity or the coolest person in the world comes in front of you, and do not waver from your celibate ways even if they fall in love with you or claim to love or worship you, because you have to remember that human love and hate is fleeting, and today it will be given to you and tomorrow, this love will be offered to your arch enemy. Do not be impressed by the profession of love and do not care about it. The emotions and the love and the temporary feelings of other humans towards you will not, and should not impress you, because you will tell yourself that this lover will go away to another person the next day and will start loving the other person even more, until one day, they will become ugly and die away, and so this person's love and hate has no value to you. Their beauty and hotness and coolness and charms are useless. Even if they are exceptionally good-hearted people, then know that their heart could harden or change, and the mind could fail and falter and the brain could diminish and they could go mad and become mentally so unstable that they would resemble a beast and become a raving lunatic who might even kill you in their madness. Sometimes, you might be awestruck by the intellectual capacity of a person, but it is futile to be impressed either by the brain or the heart or the soul or the beauty of a person because everything from

the intellect to the body to the beauty to the charm will go away one day and the loyalty the person has towards you will start going against you, once the person's hearts swerves for some reason, and turns against you and goes to your enemy. If the intellectual capacity of a person impresses you, remind yourself that one day, they will use their intellect against you. Their love should not impress you because they will become equally loving towards your enemy tomorrow. Kindness and other generous characteristic are irrelevant as well, because one day, they might be kind towards you and tomorrow, they will become merciful towards your worst enemy. The beauty of mortals will not impress you because very soon, they might become ugly. Their loyalty, brains and sanity will not impress you because it will all be one day used against you. If you stay celibate, your heart can be free from human bondage, and in their beauty, you will see the ugliness of age, and the ugliness of diseases and death. In their intelligence, you will find hatred brewing and increasing against you and as they will one day use all their intelligence to assist your enemies. And if their calmness mesmerises you, then remind yourself how it is akin to madness, because the neurons of the brain might one day fail and memory start diminishing and then the person who had loved you all his or her life might kill you without hesitation.

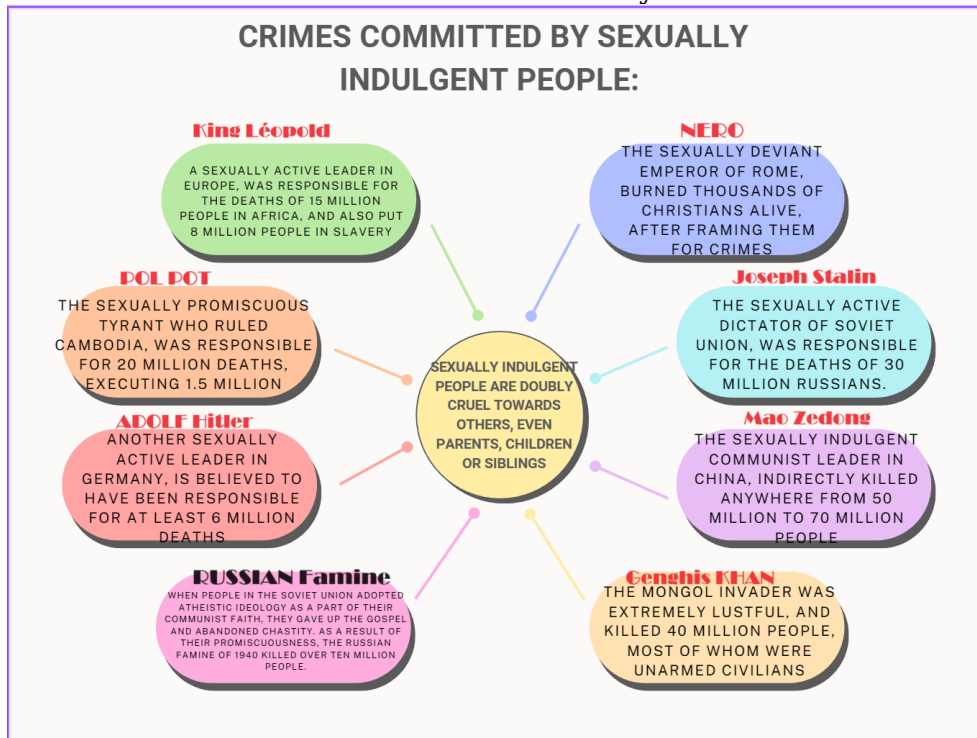
RULE 6:

Never eat anything non-vegetarian. Avoid meat products and all other harmful substances such as artificial colouring and flavours. Do not consume alcohol or any harmful meat or any other chemicals or any drugs or any other substance that will make you high, or that will affect your intelligence in any minuscule way or make you lose your self-control even to the slightest degree. Ideally, do not eat any sort of meat. Only consume a vegetarian diet and fish and fresh food. Avoid all sorts of red meat without exception. Avoid every form of intoxication without fail. Do not allow even one sip of wine to enter your body. The result will be that your body will become pure and you will have the spiritual strength to be celibate, and even your slumber will become very peaceful. With this diet, you will not lose your self-control or your consciousness, and will be able to remain cognisant even in your sleep.

RULE 7:

While being loving and merciful to humanity is one of the prerequisites of being celibate, those wishing to remain chaste must not go in front of anyone who is sexually active, and more importantly, they must avoid remaining in the presence of children, as adorable as they are. Doubtlessly you might have affection for children but when children meet an adult like you who love them, they would probably love you, but it is better for only those people to be around children who have children and are sexually active, because children in their childish innocence, will want you to be loved by another person. While it may not logically make much sense, but children have a subconscious power to get what they want, as most infants, despite their handicap state and utter helplessness, manage to secure a caregiver to feed them, walk them and look after their every childish need. With this inner and ardent wish, when the children want a loving guardian to have a lover as well, it becomes difficult for the celibate person to remain untouched and chaste. Children would wish for you to have a loving spouse, or something similar to a romantic partner, which may visibly be good for you, but it will be severely detrimental for your spiritual health as romantic encounters will kill your soul

eventually and cause you to lose your intelligence, eventually making you harm innocent people and destroy many valuable men and women of the world. Various research showed that every single person who interacts with children or goes in front of adorable kids and even stays in the presence of loving children, particularly the overly emotional ones, end up getting into a relationship or getting married or getting obsessed over some spouse or sexual partner. This ultimately causes great distress in their lives. The exact reason of how this is connected is obviously unknown but statistics show that it happens and those statistics had no exception to it. It is then, better not to ever go in front of children, and the young population of the world should ideally be cared for by their parents or someone who has children of their own or is sexually active in some other way.



RULE 8:

Seek purity actively and desperately solicit power. Make a point always go after a powerful idea. Be shameless in your endeavour and be desperately ambitious. Chase after power and never accept anything less than the highest, and no matter what the price, do not agree to be subservient. Do not ever stop going after a power or powerful ideas and as a part of your action item, make a habit of sending regular messages to people who are in powerful positions, such as habitually corresponding with leaders and other powerful people. You have to ensure your heart believes that you are powerful or you are going to be powerful, even if it seems like a chimera. Never be satisfied with powerlessness or subservient status, and to charge your ambitions, never cease writing letters of advice and counsel to every president or prime minister, every celebrity or entrepreneur, even if the message be as simple as a congratulatory note or a health advisory. Be consistent in giving advice, no matter how unwanted or unneeded it is. Never bow down to any employer or any kind of senior figure, no matter how much they mistreat you, or threaten you with severe consequences. No matter how severe the consequences will be, it can never be worse than the fate that will befall you should you become

enslaved to their money or factory, and once you bow down in front of someone, that person will have power over you and will be able to influence your sexual activities. Either that person will succeed in making you their personal sex slave or they will make you obsessed over others and this human bondage will destroy your soul and you erase all your purity. Anyone who has power of life or death over you, or holds employment privileges above you will be able to adversely affect your pride and destroy your honour due to their innate jealousy of your chastity. It is better to be poor and begging in the wilderness rather than being a servant of a human being, or be subservient to an official employer or maidservant of someone else. The advice given here may seem illogical, but logic never begets greatness. Never acquiesce to rationality or logic and submit to a higher human power. Never be threatened by the logical reasons like health insurance or medical bills or other financial pressures, such as losing a house or losing your property or getting loans and interests, or going to jail because even if you listen to every single command of an employer, greater misfortune will eventually deluge your life, as sooner or later, you will become addicted to sexual activities due to their inner subconscious pain or due to their unconscious wish that you also become promiscuous like themselves, and this will make you unchaste. When you become unchaste, then a plethora of new horrors will accost you, and cause you to face the same sufferings they had threatened you with. For example, if you submitted to the will of another human, and became a subservient employee, you might be framed by someone, or face some other false allegation and be forced to do time in a federal penitentiary, and it will cause you to lose your health, your freedom and your house. Even if somehow, you do not face any such misfortune, your life will lose its lustre, because by being unchaste, you will become obsessed with the world and its humans, and you will find that your soul is completely dead from repeatedly going in front of people and being their servant. While this advice may seem more and more illogical, if you could follow the above rules, then God will find you somehow, but under no circumstances should you make any human your God or master. For those who find it impossible to believe in a Maker or Creator, it is still unreasonable and lame to allow another human to be your God. If you care about what people are thinking about your clothes or shoes, or how many times they are glancing at your car, then those people become your gods, and why should you worship and glorify so many gods, when you can be free from all human bondage and desires? Even if you are agnostic or atheist, it is always better to believe in One God or remain alone and be your own master, than to be under another person's fealty and authority, because God only lets those who are freeborn souls to worship and obey Him or even know Him or accept Him or believe Him.

RULE 9:

Do not ever try to please people or make them happy. Pleasing people makes you their bondservant and this shatters your power to stay pure. Sometimes, some people might intimidate you or threaten to harm you and take your livelihood away, if you do not listen to them or please them or go in front of them, especially if they are sexually active, but you will find that whatever they are threatening you with will be far simpler than the harm that will befall you if you give in to their demands. The requests may be small at first, such as running small errands for a certain widow, or attending the wedding of some forgotten acquaintance, or entertaining guests as a popular function, but once you go in front of them, your

defence will crumble and you will see that something similar or even worse will start happening to you directly as a result of those interactions. However, you will certainly find yourself in very precarious situations, where people you love or care about will emotionally blackmail you and even pretend to have a nervous breakdown, or even genuinely become very ill and do anything and say anything to make sure you attend their parties and go regularly in front of all their guests, until you will become their servant by serving them, and even lose the ability to remain celibate. No matter how emotionally broken they seem to be, do not back down and do not try to make them happy, because if you make them happy now, the next time, they will become unhappy with you, and it will be even more difficult for you to please them fully the next time, and the next time they become unhappy again. In the midst of all this, as you remain more and more engrossed in the company of sexually indulgent people, who were either promiscuous in the past or are involved in sexual activism now, you will find yourself becoming influenced by their unchasteness, and they will eventually make you like them. You will find yourself falling in love and becoming insane about someone, thinking about them and obsessing over them until you lose your own heart and your own soul. If you allow the arrows of lust to overtake your senses, your behaviour will become more animalistic than human, and like many of the heathen leaders in the Greco-Roman civilisations, who legalised incest, and forced all women to become prostitutes and even molested infants, so that no virtuous people would be amongst them, with sexual addiction, you will find yourself prepared to kill or hurt anyone to please the sexual partner, or satisfy your own desires. Or extenuating circumstance might force you to become unchaste, such as a warfare on a global scale, where you might suddenly find yourself in such a terrible situation in a war-torn country or fall into such extreme poverty or experience a terrible illness or imprisonment or get embroiled in a financial situation or a criminal case or may even find yourself indicted by false charges or framed by someone who envies you, and in that terrible situation, someone will appear and offer assistance to you. There will be some party who will offer you help in exchange for sexual favours or demand that you please them or to become their servant or friend. In those trying times, when you are at your most vulnerable point, do not bend to a subservient level. It is in those delicate situations when you are most in need, you must not give up your goal of being chaste, because if you give up your morals and ideals in those precarious situations, then you will never be able to recover, because the next time, an even more terrible situation would come to your doorstep, and the same person will come again and help you, and this trend of helping you will become an addiction for the saviour, and he or he will repeatedly wish for this to continue, and if not deliberately, at least they will earnestly hope that you face greater turmoil in life so that they can come to help, and make you subservient to their authority.

It is important you do not let anyone become addicted to helping you, so no matter what happens to your life, remain resolute in refusing people's help, otherwise they will make sure you fall into an even more terrible situation until by the hundredth time, you will not be able to even stay alive or control yourself anymore. You will be shattered physically and psychologically, and become sexually active and the more sexual partners you will have, the more they will break your heart, leaving you emotionally broken down. All the pain that you faced which caused your heart to lose its soul will make you forget about your Creator and God since

you will have become enslaved to human flesh, God will not manifest Himself to you.

The rule to living a successful celibate life is never to take help from humans, no matter how helpless you are or how desperately in need of assistance you become, or how many dangers you are facing. Even if the whole world had started a manhunt to kill you, do not ever ask anyone for help or do not seek shelter in anyone's home. Never have faith in anyone's love and affection or their apparent kindness because every human feeling is temporary and unreliable, as no matter how much lovers loves you or claims to value you, their love and kindness will fade away one day and they will start hating you. Even if the love do not manifest into instant hatred, there will be other repercussion for having someone 'love' you, as the lover will want opportunities to manifest that love, and will secretly wish for you to be in dire situations, so they could come to your rescue, and thus, you will find yourself in more dreadful situations, one after the other. Like a chain reaction, it will never stop, so even if you are fatally wounded or have been embroiled in a deadly joust, or have been chased by the whole world or became wanted by the police and if you were being pursued by uncouth criminals and raging gangsters and even if you have not eaten for three days and you are so injured death is imminent, or you may even be dying in an infection or some terrible disease, do not take help from any human being. Do not be afraid of the consequence even if you are in a precarious situation and do not let that fear present yourself in front of other people and seek shelter in their home or seek employment or other source of assistance from them, because the most brutal and honest truth is that humans can never save you.

Everyone who wishes to lead a celibate life must understand that humans can neither help us nor save us. No matter how dire your situation is today, running into the arms of a human being cannot help you. Even if people try sincerely to assist you, they will fail, and sometimes, there may be some people who will appear to be sacrificing everything for you and even give their lives for you, and others might risk their lives and livelihood to assist you, but in the bigger picture, this help will have made no difference to you nor made any positive impact in your life. Many will try to help and it will seem that their helping for a quite a while, but eventually, you will be completely destroyed the moment you start going to human beings for help or if you still go to them for love.

Make it your mantra and be firm in the conviction that no human can ever save me, no human can love me and no human can give anything which I was not meant to have already, and the moment you believe that humans cannot be your saviour, it will be the moment when God will start saving you, and God will start giving you and God will start loving you.

To love is to believe. Thus, you will become a believer of God the moment you remove all influence and thoughts of humans from your mind, because God does not like the slave of humans and He therefore manifests Himself only to those who are physically and spiritually free.

Perhaps, this ninth rule will be the most difficult one to follow, but it is also the most vital. It will not be easy to follow this rule but you will occasionally have to be prepared to face potential death rather than go in front of people who are sexually promiscuous, because they will want to enslave you to their bodies, or will wish for you to become unchaste. Loving humans or taking help from them will seem harmless and logical to you at times, and it will even seem suicidal to refuse the warm offers of assistance from them, and to give your life up or to give your world

up for something so simple and silly as not to go in front of one person or take their help when they are willing to give it so cheerfully, but it is the farsightedness that allows one to persevere in celibacy and remain perpetually chaste and free. There will be countless others who will offer you love and affection, and it will be harder to refuse their love when they are willing to give, but never forget that all love eventually gets destroyed a million times over, and those who help you today will ultimately harm you the most tomorrow, and those to whom you beg for money and who enjoy giving will always keep you a beggar and constantly make sure you will somehow always ask them for more, so they can give you more and you will always be their servant and your heart and your soul will also belong to them. Since you are going to be helpless and in constant need for the help of others, your heart will become obsessed with thinking about humans and what those humans are thinking until you will find yourself unable to stop thinking about each generous person who gave you something or who looked after you when you were ill, or a comely person who tended to your wounds, and with a heart so enslaved to man, God will not manifest Himself to you. Your heart will not be able to remain free when every time you are in need, you will obsess and think about someone who fell in love with you or took a bullet for you, or saved you when you were in the threshold of death, but helping you in times of need and you will find yourself obsessing over someone who gave you something when you were hungry or you were or someone who took care of a wound when you're injured or saved you when you were dying or took a bullet for you. It is a naturally occurring human trait to think constantly of someone who helped us but this is also a very dangerous habit, because it gnaws away freedom from your heart and destroys the brain. This form of sexual obsession makes people so enslaved to lust of flesh that to please one sexual partner, they become ready to kill and burn all romantic rivals. Slavery does not denote labouring physically for a person or picking produce for a farmer, but it is a concept that is doubly dangerous because not only does it take away your agency, it gives another person great control over you. Once you become that person's sexual slave, he or she can command you, if not verbally, then psychologically, and once you are some insignificant human's slave, you cannot know or believe in the God who made the entire universe. God never allows a person to be his slave once they become someone else's slave. The horrifying part about being a human's slave is that it is chronic, meaning the person whose slavery you are doing unconsciously will never set you free, because humans are addicted to having slaves and when they find someone intelligent like you with wisdom and aptitude constantly thinking about them or worshipping the filthy parts of their body, they will never want you to stop thinking about them.

RULE 10:

Celibacy is perhaps the most challenging feat in the universe, as almost no one, or more than ninety-nine percent of the human race cannot remain chaste or celibate, not matter how much they seek it, and so when you make intention to remain pure, virginal or chaste, you will have to work hard to become celibate and stay chaste against all odds. To make this easier, you will have to preach to others about the necessity to being celibate, and very forcefully and straightforwardly tell them about the beauty of being pure and the importance of being celibate. Constantly find ways to inform others about the importance of being chaste and the necessity of being sexually inactive and educate your peers and comrades the harm of loving mortals who know neither loyalty nor reprieve. Additionally, teach others about the

dangers of obsessing and thinking about people and how being sexually promiscuous endangers the longevity of the heart.

A teacher always learns the best, and those who teach something to others are essentially teaching it to themselves, and therefore, in order to live a celibate life, you must speak to others about the harms of being promiscuous, and preach about the dangers of indulging in sexual activities. You will appear to be telling others, but in fact, you are counselling yourself. Be proactive and write dissertations, article and even creative stories about purity and chastity. Spend your time meditating on the gift of celibacy and remind yourself about how fortunate you have been to be able to free yourself from the bestial bondage of human flesh, and remind everyone around you how important it is to have a free heart and pure body that is not sexually active or constantly dreaming of being sexually promiscuous which is equally worse.



MENTAL HEALTH AND SEXUALITY:

Quite plainly, you can never honour yourself or love yourself unless you force yourself to be proud of yourself.

The number one answer to curing every kind of depression is to become absolutely chaste and celibate and thoroughly abstinent.

What is depression?

Only those who suffer from depression will even understand the severity of depression and the detrimental effect it has on the mental abilities and the physical abilities of any human being. I don't think there is any disease, be it cancer or whatever you want to call it, nearly as deadly as depression. This mental illness or mental state of health, alone, can destroy a person's ability to even function as a normal person.

Depression is a feeling of absolute fear and absolute hopelessness. It is such a disease that when someone is afflicted with that disease or introduced to that that disease, that person is almost destroyed. Their mental ability to get up in the morning and go to work is almost impossible. The amount of pain that tortures their soul is acute, and every moment, that person feels like crying and weeping and the intense fear of death and the fear of loneliness infests upon the person's heart and mind until that person believes himself to become absolutely insane.

The fear and the pain that a person suffers who is being tested with depression is a feeling so tremendously torturous, that it is not explainable to any person who did

not face depression themselves. It is a feeling of unimaginable pain and unimaginable fear of death and loneliness. It is a severe feeling of anxiety and rejection. It is a feeling that absolutely destroys a person's ability to even talk or walk properly. The moment depression attacks and usually when the person becomes alone even for a moment, the person will feel like crying and weeping and wanting to die out of fear of an imaginary future pain and suffering and loneliness and rejection.

There is sometimes no cure to this feeling. Therapy helps to a point, but only as long as you are in therapy. The moment you walk out of the door of the therapist, that pain of depression swings back and attacks you at full speed.

EFFECTS OF DEPRESSION:

Depression makes a person sometimes cry and wail for hours in an end.

This feeling alone can make a person absolutely lose control over their own heart and their own soul and their own actions. The pain is so severe and the torture is so tremendous and the suffering is so terrifying that a person physically and mentally cannot function as a human being and turns into a completely different person. The weakness in that person will make that person do anything to survive because any minute, that person feels like they will kill themselves. They cannot trust themselves with themselves anymore. The suffering is so severe and the pain is so deep and the fear and the hopelessness is so all consuming and all powerful, that a person loses every hope and every feeling of happiness and every will to survive.

This depression can eventually, in the long term, change a person and make them so weak and so vulnerable that they become unstable, as if they are a mentally ill patient or an old person who cannot ever walk or talk on their own. That person completely breaks down and completely becomes dependent on another human being to survive. Without another person's mental help, without another person to depend on, and another person's support, this person cannot function even for one minute. Depression, fear and loneliness attacks the person so severely that the person knows that either he will kill himself or he will just die out of pain and crying. And then, at that moment of weakness, most people become dependent on their romantic partners or someone random who is mentally strong and has an emotional side and a merciful side to themselves.

From depression, starts all stalking in the world and from the stalking and pursuing of lovers starts all the wars and all the destruction of the universe. Every single war that is now happening and had happened in the past, over 95 out of 100% of those wars were started by depressed men who were mentally dependent and emotionally and physically and eventually sexually dependent and enslaved towards a man or a woman without whom they thought they could not survive even for a moment.

Usually, when a depressed person becomes mentally or emotionally dependent on a person, that person happens to be sane enough and caring enough to take care of them. And usually, another person who is also mentally weak becomes dependent on that person as well. Then, to mentally depressed people who don't have any strength left or any humanity left in them because their pain is so severe, they cannot think of love and mercy and rather are focused on surviving themselves and fighting over the love of one man or one woman. That love rivalry and fighting often becomes so severe that it takes causes great cruelties. And thus do all the wars and all the destruction of religion and all the destructive animosity of human

beings and all the torture and all the framing and all the terrorism across the universe starts from, when one rival hires sex worker to videotape the other rival cheating on this person, and then that rival, when he finds out that there is a sexual video of him, then comes and destroys this rival. This rival then destroys whomever that love rival loves. And that rival destroys whomever this rival belongs to. And thus, the rivals of love who both suffer from severe depression and loneliness and cry for hours each day and are dependent on the same man or same woman, eventually end up destroying all the universe, overthrowing governments, giving civil wars and framing religion after religion, and insulting race after race and destroying and annihilating all the universe in the long run while framing religion for it.

THE VALUE OF MENTAL HEALTH:

Mental health is extremely important for a human being to stay a human being. If someone is very emotional and very loving, then perhaps, when they become mentally depressed, they will only harm their own soul. But those who are passionate and those who don't give up, or those who suffered immensely or had an unhealthy childhood, will fight to survive and will do whatever it takes, even if it is to destroy the world to gain a love of a lover, whom they believe in their mentally ill brain, that loves them or cares for them, and for that person, they will destroy the universe. The only way to survive depression is to become absolutely chaste and absolutely abstinent and pure and become pious. It will be very difficult for a person to become pious, especially when people around them see how this person is passionate and emotional. The power of people is very stout and real, and when they want someone to become dependent on them, they often are able to make it happen, without physically doing it but somehow their wish gets accepted and that person starts finding themselves in very difficult situations from which only this person can help them survive from. And thus, out of gratefulness, that depressed person becomes emotionally and mentally dependent and eventually sexually dependent on this person. And sexual relationships or sexual fantasies and sexual thoughts are the beginning of all the depression in the world.

Free the mind: In order to free oneself from depression, it is extremely important that a person becomes absolutely pious and chaste. If you find yourself suffering from depression in one country, then move out of that country and go to a country where it will be easier for you to stay celibate and abstinent. Move away from all those who around you who are passionate or emotional and want to enter into a relationship with you. Move away from all those who want you to become a sexually active as they are. Move away from your friends and family who are sexually active and want you to become like them. Move away from every emotional person of the opposite gender who wants you to fall in love with them and whose mind's wishes, willingly or unwillingly puts you in a situation where you will become dependent on them. Move away from these forces, and keep moving, even if you are penniless, and take the first move, because there is nothing more important than saving your own soul and your own merciful heart.

Begin the Journey to Celibacy: Once you move away from those who want you to become promiscuous, then place yourself on the path of celibacy and chastity. For the first three to five years, you will suffer severely from depression. The depression, the loneliness and the fear will become so severe that you will find yourself crying and wailing and almost wanting to kill yourself and you will not be

able to sleep or eat or even stay by yourself for a minute. This is the moment when you must use self-healing. This is the stage where you must take benefit from your own pain and use that pain to cry for all the pain that people are facing around the world.

The first three to five years of living a celibate life will be the most difficult ones, as you will likely face the severest of depression, as though depression is going to fly to you and tease you and try to make you become insane and go back into previous sexual relationship with someone who will make you feel better for the moment, but will completely destroy your entire future for the lifetime to come. For the first 3 to 5 years, fight madly and insanely by yourself to survive the depression and the loneliness. Watch intellectual and historical films or spy movies and pray and cry to God and take a friend who is absolutely pious and chaste and absolutely celibate and wise. Take therapy only from the chaste and celibate and pious people.

Because only they will want you to become as pious as them and will not have any negative energy towards you and that is what is going to heal you in the long run. Every minute of those first three and five years, you will find yourself crying 8 to 10 hours per day. Should you give up your purity in that moment, then you will never ever be able to survive all the future pain that will come to you. For a moment, your sexual relationship will give you happiness, but in return for that moment of happiness, you will become even more weak and suffer such depression and such heartbreak which will break you and you will be unable to heal from it for the rest of your life. It will be a pain that will absolutely destroy you and break you down forever towards a depression from which you can never cure yourself from. For the first three to five years, no matter how badly you suffer from depression and how lonely you are and how insanely you feel like crying all day and all night, pray to God and heal yourself by yourself. Lock yourself away from all the people who are sexually active or want you to become like them. Interact only and take therapy only from the celibate and pious people. Make friends only with them and heal yourself for the first 3 to 5 years in this fashion. Within 5 years, I promise you with 100% certainty, that you will become absolutely free from all kinds of mental disease. Depression will completely disappear from your heart and your mind. You will find strength to live again, to breathe again and to smile again. And only those who suffer from pain of loneliness and depression will know what blessing it is to wake up each day and not want to die immediately.

For the first three to five years, you will believe that the pain of loneliness is so severe and the depression is so deadly that you will be unable and incapable to ever carry yourself away from it. But once the first five years are over and you have come to grow in chastity and celibacy, that's when you will learn to fight your own demons and destroy your own depression and finally find the strength to go out in the world and save the world without becoming a victim of the world's perverse ways, and destroying it out of your own weakness and dependency. Never, ever turn to sexual relationships to cure yourself from pain of loneliness and depression. Sexual relationships will act as a poison that will numb your body but will absolutely destroy every single organ from the inside. It will numb your depression, making you feel that you are cured. But the amount of suffering and destruction that will follow is not possible for any human being to describe. Never will you survive from that depression. Never will you find yourself completely cured from that kind of depression if you find yourself trying to cure it with sexual relationships.

Number one thing to do when you are suffering from mental depression is to keep yourself away from every sexual thought and every sexual movie and every sexual video and all sexual relationships. Only then can you find the strength to strengthen your soul and your heart and to heal your mind absolutely from the inside.

You can never ever mentally heal and feel proud of yourself if you are constantly wanting to serve other people sexually. You can never love yourself if you love another person sexually and want to become that person's lust partner and see your happiness only in their happiness and find your worth only in their worth and find your greatness only in worshiping their greatness and find your own security only by worshiping them and making them dependent on you. Indeed, no human being can respect themselves when they are worshiping another human being. No human being can ever heal themselves when they are depending on another person sexually to heal themselves. Because any kind of sexual relationship or romantic relationship will destroy your soul and will make you more and more mentally weak and will make you hate yourself and despise your soul and be disgusted of yourself with every passing moment.

No one in the world can love themselves when they are sexually worshiping another person. The more you sexually worship someone, the more you will be disgusted of yourself and the more you will hate yourself and the more severely you will suffer from depression and hopelessness and mental weakness.

The number one antidote and the main remedy for depression is to never ever worship another person sexually. The only cure is to never ever allow yourself to entertain any sexual thought or any sexual relationship which will make you look down at yourself and dependent on another person and make you worship that person sexually.

You can lie to yourself all you want, but you can never heal from depression and self-hate and mental weakness if you are worshiping someone else sexually.

Do everything you can to stay away from the person who you feel like becoming completely mentally dependent and emotionally dependent on. Stay away from that person with all your strength and heal yourself to make yourself a free human being.

What is slavery? Slavery towards another person sexually, emotionally or mentally will never ever heal you. It will never allow you to honour yourself. It will never allow you to be your own person. It will never allow you to learn how to survive on your own. With every passing year of your life, you will become more pathetic and more slavish and more mentally weak and more disgusting or more uncontrollable to the point that you cannot control whom you love and whom you want to sleep with.

Slavery is such that with every passing year, you will be more disgusted of yourself as depression will take over you completely, and you will find yourself not being able to survive without worshiping that person or being with that person every minute of every day.

With every passing year, you will find yourself sexually worshiping that person more madly and more insanely, until you completely lose your own mind and completely forget about your own mercy and you become incapable of ever doing justice to the world. All your passion and all your love and all your feelings and all your humanity and all your thoughts and all your wishes will completely be dependent on that person. This slavery will make you do the most despicable

things for if the person asked you to kill the world, you will want to please them and do just that.

You will become a pathetic sexual slave and an emotional and mental slave as well as a physical slave and will have no heart of your own left, and no soul of your own, and no justice of your own remaining, and no loyalty of your own and you will only have hatred, vengeance, madness, slavery, anger, passion and mental weakness and self-disgust and the worshiping of another person's sexual body part completely take over your body and your soul. Jealousy will rule you and destroy you and annihilate your soul. You will find yourself becoming a monster from a good human being. You will not have any control over your emotions or your actions. You will find yourself trying to justify it or trying to make everyone as sexually active as you, so you can feel good about your own evil actions.

No one in the world can heal mentally if they are sexually active. No one in the world can ever mentally heal themselves when they are sexually worshiping another person. You must never ever allow yourself to worship a human being. You must be your own person and become independent and become absolutely abstinent and celibate until you are completely healed.

Remember, you are responsible for your own mental health and you owe yourself this much freedom and this much honour and this much respect as to try to free yourself and not fall headlong into a suicidal kind of slavery which will make you worship another person sexually for the rest of your life.

No one in the world can ever honour themselves when they only find it worthy to worship another person's private parts. No one in the world can love themselves when they are only loving another person whom they find sexually attractive and whom they want to enslave and whose love they want even if it implies destroying all the universe.

No one in the world can stay honourable and loving and just and humane when they are sexually and emotionally and mentally worshiping another person.

The number one answer to all mental illness and mental problem and depression and anxiety is to Free yourself, your body, your soul, your heart and your body parts.

Free yourself from all sexual thoughts and free your body from all sexual actions and free your mind from thinking and loving and obsessing over your sexual partners.

Do not fool yourself into becoming the sexual slave of other people and do not fool yourself into believing that a sexual relationship will heal you and will make your depression go away. It is only a deception on the outside, and inside maggots will eat away your soul and you will not be left a human being but will become vermin and a maggot yourself who will only survive in eating the soul of other people and sexually serving their sexual partners for the rest of their life.

Verily, there is no other way for a depressed person to become totally cured and absolutely strong, except celibacy. There is no other and no other path to heal oneself mentally, emotionally and physically. There is no other way to make yourself feel good about yourself except to become celibate and chaste and never allow yourself to become the sexual server and pleasure of another person.

Mentally or physically or sexually.

There is no other way that a person can love themselves and honour themselves without absolute chastity and absolute abstinence.

No one can ever love themselves and honour themselves and be happy with themselves, when they are sexually enslaved to a person and dependent on that person's love and happiness for their own love and happiness.

No man in the world can ever feel the power of freedom and the power of honour and self-respect when they are sexually worshipping another person and becoming a jealous monster and destroying all their rivals because they have become the sexual slave of a person whom they're mentally dependent on. No one can emotionally heal when they are emotionally so dependent on another person that they only find honour and self-respect in worshipping and serving that person's sexual body parts.

There is never any honour in worshipping another person sexually.

There is never any love in worshipping another person sexually.

There is never any mercy in having only mercy towards your sexual partner and destroying everyone else, whether love rival or not.

There is never any loyalty when you are only loyal to your sexual partner and disloyal to all the human beings who come between you and your sexual partner.

No man can honour himself and no woman can honour herself when they are sexually worshipping another person and dependent on them and their sexual favours to feel good about themselves. No man and no woman can ever find salvation in the sexual slavery of others.



SOUL VERSUS SEXUALITY:

The only way to utterly cleanse the heart is via tears. Cry and weep profusely to purify your soul.

It's important for a human being to love and hone mercy in order to stay a human being. To make sure that you can save yourself from the path of debauchery and sexual depravity, you must strengthen your soul. You must strengthen your soul so

that it takes over the power of your lust and the dependency of your sexuality. Strengthen your soul strengthen your heart so that your lust does not take over your body.

Those who are weak sexually, mentally and emotionally, often fall in love as they cannot control themselves and feel that they cannot help themselves. They fall in love with any gender as they cannot control themselves. They fall in love with any age and they cannot control themselves. They fall in love with any relative in the bloodline even if it is their own children or parents. They fall in love with children or old people or mentally disabled people and thus become an abuser themselves, because they cannot control themselves. All this harm and all this evilness comes from the mental weakness of a human being. Every man and every woman must fight to keep their strength and their humanity stronger and their mercy and their pity and their love and justice for human beings stronger than their lust and their weakness and their dependency on other people.

Instead of justifying your evil actions by martyring and victimising yourself and your sexual depravity, fight with yourself and make yourself the best human being in the world.

Who is better: Someone who is sexually depraved and tries to victimise themselves into martyring their own love and try to manipulate people into supporting their sexual depravity by allowing incest or sexual relationship with children or their bloodline or their gender OR someone who is celibate and absolutely abstinent and merciful and loving and loves every man and every woman as their siblings and every child as a child and their parents and their bloodline as their bloodline with a pure love that has nothing sexual in it. You can lie all you want to yourself. You can lie and you can twist the truth and you can destroy religion because religion tells you to purify yourself. You can fool yourself. You can make yourself the worst human being and constantly lie to yourself and make yourself believe that you are doing a good thing. You can become a sexual slave and make yourself believe that it makes you honourable to sexually serve a person's stinking filthy body part. But deep down, everyone knows what respectability is and every rational person can discern what honour is and what dishonour and weakness and depravity is.

Instead of fooling yourself like all the fools in the world, become stronger and fight against the fools of the world and combat the misinformation of people, and shut yourself out from media and movies who are trying to brainwash yourself into making sex addicts feel like martyr by making sexual groomers and seducers the heroes and demonising the abstinent and chaste people as molesters and terrorists. Try to become abstinent, pure, celibate and great yourself.

Fight to become like those holy pious figures like Jesus or like Mary. Do not become like the demons or the demon worshipers or all those abusers and molesters who lied to themselves and feel that according to their own law books and in their own sexually molesting laws, they are justified.

There was a time before religion came in the world, when sexual relationships with newborn babies were applauded by demon worshipers and pagans. Those men and women applauded themselves as martyrs and cried about their love and everyone cheered them and honoured them for sexually loving a child or a baby or their own siblings or their own parents or their own children. Men like the emperor Tiberius regularly kidnapped infants from their mothers and made the newborn babies nibble his sexual organs, and these pagan leaders often did such acts in the name of sexual freedom and love. Love to them was holy and pride, but do not be like those people who fooled themselves and do not become more and more sexually

depraved and more and more sexually enslaved until you cannot respect your body nor can you respect the body of other human beings. Those molesters of the pagan kingdoms could not control their lust and became disgusting despicable vermin who fed on the stinking body parts of their lovers.

In order to purify yourself and in order to become a pure and good and just and merciful human being, you must make your soul strong. When a person's soul is strong, they tend to get attached to pure things. They love honour and they love self-respect. They do not love to get themselves sexually molested. They do not love to sexually molest other people and legalise it. They are always attached to greatness and purity and goodness and admire ideas of justice and mercy.

In order to make your soul stronger than your lust, and your mental weakness, cry. Weep. Every single day, make yourself cry. Make yourself weep until your soul touches your body. Make yourself weep for the pain of other people until mercy and love takes over your Lust and your weakness and your mental weakness and your sexual depravity and your sexual needs. Destroy your ego and your Lust by purifying your soul and making mercy and humanity completely take over your body and your mind.

It will be hard and difficult to do so in a world so sexually depraved. It will be difficult for you to weep every day, when starting from the junk food, to the spirit drinks to the social media and the movies and the meme pages and everything around trying to spew sexual filths in an attempt to distract you from your soul and preach your sexual depravity in every way possible.

How can you be pure?

Everyday imagine yourself in a battlefield, where every single human being in the world is present, and each one of them represents the media, and one of them represents the talk shows, and one of them represent poetry, and one of them represent the political laws, and one of them represent the advertising, and one of the represent the Netflix movies, and one of them represents your classmates, and one of them represents your professors, and you know that each of them are your enemy and you are in the centre of a raging battlefield. Each of them comes to you with a knife, or one lunges at you with the machine gun, and one with a barrage of missiles, and one with the grenade, and one with a blade, and one with the spear. Every morning, when you wake up, you are in that battlefield and every single attacker and every single person around you is attacking you and is trying to kill you.

Are they trying to kill your body? No, they're trying to kill your soul. And when they kill your soul, you are going to be a walking dead. Your body is going to kill many other bodies in the world. Your body is going to be the reason for the destruction, the torture and the suffering of many other souls in the world. The foes in this battlefield come at you to kill your soul. They come at you with sexuality and with sexual depravity and with pornography. They come at you by brainwashing you in order to make you feel sorry for the sexual seducers and abusers and coerce you to hate the religious ones and the saints. They come at you with YouTube videos and debates and brainwash you. They come at you with comfort political talk shows and political laws which demonise all chaste and religious and oppressed people, and makes all the sexual molesters and abusers and seducers martyrs and victims, until you start feeling sorry for all the sexual

molesters and abusers and start hating every religious man who tries to defend the honour of women.

In order to fight in the battlefield and keep your soul alive, you will need to be proactive, and each day, at the close of the day, sit down and cry for every single person in the world who is suffering in the hands of their sexual molesters. Cry for them and weep for them and imagine yourself in that position and do not get up until you cry for every single child and every single young boy and every single young girl who is being sexually assaulted and molested. Cry for their pain as if you are in their own show and as if they are your own children. Cry until your soul becomes powerful and destroys all your anger and all your hatred and all your passion and all your sexual weakness and sexual depravity from your mind and your heart. Every day, you must weep to wash the dirt off your heart and your soul. Make the mirror of your heart pure and do not let any rust or any dust come and settle over it.

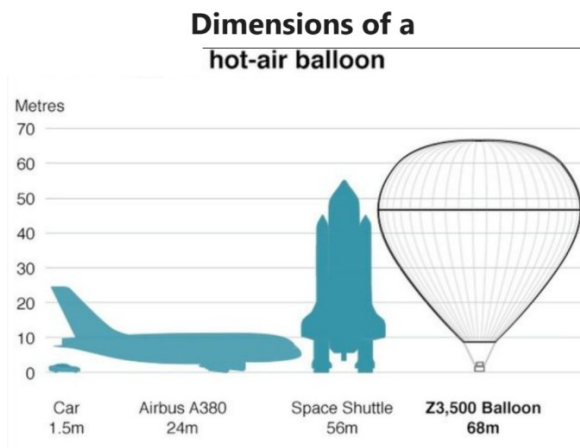
Every single minute of every single day, from every single aspect and every single place, you will be attacked. The world has become soulless in their sexual depravity. And those soulless people cannot stand a human soul to be alive in the world. It makes them feel insulted and it makes them feel humiliated, and it makes them feel judged and drives them to become insane to destroy every religion and every pure saint and every soulful person in the world. They only love those who are equally sexually depraved as them. They want to believe they are great in their promiscuousness, and they still want to believe they are great and thus they carry out some good actions but inside their heart and soul, they are already dead, and should you allow yourself to be influenced by their lustful ideas, you too shall be a living dead.

Every day, when you wake up, you have to imagine yourself that any minute you will get shot. Any minute, a former flame, or a past love or some celebrity or a person or debate will shoot you and destroy your soul. You must believe yourself to be in that battlefield and fight to stay good. You must fight to stay chaste. You must fight against all the powers of the world in order to maintain your chastity and your mercy and your pure soul.

You can never win this war without weeping and crying and without making mercy and humanity completely take over your soul. If you have enough mercy, then those people cannot manipulate you into making you a molester or a seducer or abuser. So, every single day, do not go to sleep until you cry for one hour at least. Purify your soul and make your soul strong by weeping and crying for the pain of other people. For every single child who is dying in the Middle East or in Africa or in Asia or in Russia or in Ukraine or in Europe, cry for them and weep earnestly for them until tears make your whole shirt soaked and only then when your soul can be strong enough and only then will you not get influenced and manipulated by the media when it tells you to get sexually involved and forget about the pain of other people.

Every single day, cry for all the women in the world were forced into sex work, and who are forced to serve men and get beaten or tortured or abused by sexually depraved men and who get tortured into making pornography and are coerced into acting that they enjoy it. Cry for those women as if she is your sister, as if she is your daughter, as if she is your mother. Cry for them until you no longer have any urge to get sexually involved with any women. Cry until you feel you have the urge to go and give those abused and exploited women the right to wear a veil and

honour herself and protect herself. You must fight to stay chaste and soulful in a soulless world. People who are not chaste worship the rear side of other humans, when they know that area of the body excretes volumes of gas, that smell worse than a skunk's wastes.



Thousands of cubic metres of foul-smelling gas, that could fill at least fifteen hundred hot air balloons. Atoms of the fart can spread and contaminate an entire football field with germs

Sexual excesses cause men and women to lose lustre and courage and as history has shown us, this form of national failure was apparent in heathen sexual societies. The British classical scholar Sir Dover discussed how the Greek army was finally defeated after they began to form entire units of sexually active men in their military. The Athenian logographer Dinarchus wrote about the Greek homosexual military units in the oration Against Demosthenes where he describes the battalion of male soldiers who were all lovers of one another. Known as the Sacred Band, the homosexual army battalion was active in 324 BC, and was

famous for having every man in it actively involved in sexual relationship with another man, often forcibly exploiting one of the younger or vulnerable youths, as the Greeks considered it a morale booster for older men to sexually please themselves using the bodies of other young men. Prior to forming male homosexual lover units in their military, the Spartan soldiers were famous for their military prowess and tenacity especially after they defeated the superior Persian army, and occasionally, even today, the word Spartan conjures an image of a fit, skilful fighter, who are indifferent to pain and fear. Several professors of ancient and medieval history admitted that Sparta was recognised as the best, until they became overindulgent in sexual vice, and even forced young prepubescent boys to become sexual slaves. This led to an increase in the torture of young boys who were often flogged to death for refusing sexual advances and eventually, this caused the elite military unit to lose its gusto and decline from world stage. One professor of classical art and archaeology at Oxford University noted that some people have used idealised images of the Greeks and Romans to imagine they were great but the reality was far from perfect. He reported that the emperor Elagabalus, who ruled from 203-222 AD, set up a brothel in the palace and pimped himself and served men sexually and even took money from them. The sexual debauchery of emperor Claudius was well known especially after he married his niece and legalised incest in the Roman empire.

Our own recent historical events have indicated that whenever a nation becomes modern in its morals and abandon traditional ethics, unprecedented calamity befalls them, such as we have seen in the beginning of this century. When Germany got out of their economic depression of 1920, the new nationalist socialist party came to power and they wanted to glamourise their nation by making rules allowing free mixing of men and women encouraging them to breed with each other to make their race increase in number, but immediately after that, their entire nation became destroyed and for the next 50 years, nearly every single woman in West Germany got sexually assaulted by the Allied men, and those in the Soviet sector had to get into relationships with the occupiers in order to secure extra food rations for their children. Those women in Germany who were not raped had to give up their honour willingly and went to enemy soldiers who killed their fathers their sons and their brothers for one piece of bread. These honourable German women had to stoop to this situation because they had no one to care for them, and it was horrifying enough for them to know all their men died. A frightful calamity like this never happened to Germany as long as the women there were pious and were God fearing and chaste and as long as German men were religious, they were also God fearing and chaste and did not have to face the terrible ordeals.

Similar disasters befell Russia after the first World War when the Russian kingdom was brought down and the communist party of Lenin came to power. The communists banned all religion and began to execute all priests and shut down all churches. They also closed all mosques and imprisoned and executed Moslem clerics. The communist party despised all forms of monotheistic faiths so they killed thousands of Moslem scholars and Christian fathers and priests. Exactly 20 years after this severe crackdown on religious men, most men in Russia forgot about God and religious morals, and they fornicated freely and sexual acts were no longer considered mortally sinful, and so, in 1940, Germany invaded Russia and we know that millions of women were sexually assaulted in the Soviet Union, and millions more were tortured and millions and millions of children died.

However, terror in Russia began even before Germany entered the nation, and when Joseph Stalin came to power, he banned all religion taught people to live without God and stay without faith. Soon after Stalin came to power, he started to kill all those who opposed him, and the Russian people suffered inhuman pain and torture, with millions killed or executed, and the rest starved to death. All these pains and suffering came upon Russians after they gave up God's religion or love and chastity. Within twenty years, more than forty million Russians died. Every form of mortal suffering came to them once they banned religion and gave up God-given laws of morality and chastity, because when people ban religion, they have no reason to stay chaste. Without religion, they have no reason to not fulfil their sexual desire with anyone and everyone. Sexual acts and other sins become the norm; or it becomes more than the norm. In fact, truthfully, when there is no religion in a country, the people start sinning so frequently that they make the sinning act the greatest virtue possible and it seems acceptable in the eyes of ordinary people. Sexual deviations such as homosexuality, paedophilia and incest become the greatest good deed that a human being could do. Without religion, the ordinary folks cannot distinguish where to draw the line, as we have witnessed in the past with the Roman pagans and the heathen Greek kings. Ancient Greeks and Romans would often marry their blood relatives like siblings or mothers, and many emperors even wedded children and took adolescent boys as husbands or castrated them to turn boys into mistresses. The emperor Nero is believed to have been in a relationship with young boys and had sex with his own mother Agrippina. These were considered a normal part of pagan Godless life, because without religion, most people did not understand why it would be wrong for two consenting adults to engage in sexual pleasures. Similar moral decay took place in communist Russia under the Soviet rule and people once more forgot about God and religion and started making every sexual deviation the greatest act of piety. If similar sexual deviance is permitted in our society, and religion is considered to be an uncivilised idea, then very soon, without the laws of religion, people will start sexually abusing children and make that legal with enough votes in their senate houses and their congress. They might decide to say it is a child's right to sexually explore himself and with time, more degeneracy may show up, and they will start sleeping with 3-year-olds or newborn children and they will make that appear as an act of greatness. The pagan emperor Elagabalus, who ruled Rome from 203-222 AD, set up a brothel in the palace and regularly pimped himself. His scribes described how he would set aside a room in the palace and committed his indecencies there, always standing nude at the door of the room, as the prostitutes did, and shaking his body, he would in a soft and melting voice, solicit the passers-by and would seek out those who could best please him by their foulness. He would even collect money from his patrons and give himself airs over his gains; taking pride over other prostitutes that he had more lovers than they and took in more money.

There had been no exception to this rule that whenever a country becomes sexually deviated and men and women become promiscuous, within ten or twenty years, the entire country becomes embroiled in a most deadly war and millions of people suffer and starve and die. Indeed, it has happened in every single place in history and every country known to civilisation, whether it was thousands of years ago or as recent as this decade.

Take for instance Iraq: when Saddam Hussein came to power in Iraq in the 1970s, the first thing he did was allow all local woman to unveil themselves and start working alongside men, and while freedom in itself was commendable, his administration encouraged and even condoned debauchery and free mixing of men and women, causing numerous illicit sexual dalliances to take place. Within ten years, Iraq faced an imaginable suffering in the form of war and sanctions, and millions endured unspeakable pain and unimaginable tortures and women were also sexually assaulted and raped by enemies. From 1990, the Iraqis faced such terrible embargo from the western world, that they experienced such severe starvation that out of ten children, parents were able to feed only one of their children per week, and that too by selling their body organs or donating a kidney to medical facilities hoping to receive a food stamp as compensation. Often, once wealthy Iraqi entrepreneurs, survived on merely one egg per week, sharing it among ten or fifteen family members. In addition to this bitter starvation, the people of Iraq had more suffering in store, and their pain did not end there, because for too long, the leaders of Iraq preached godlessness and told people to freely engage in sexual relationships, and rather than preaching about God and religion, the Iraqi dictator gave women the right to be agnostic, and dress revealingly and within a decade, their country was invaded by foreign powers and severe sectarian violence and civil war broke out and even until this day, that country is still facing unimaginable suffering, all because men and women there decided to become sexually promiscuous, and this made the people become insecure and enslaved to the opposite or even the same gender.

If you want to be free from human bondage, then avoid all forms of sexual pleasures, because it will not benefit you in this world or the next. My words may seem redundant, but from personal experiences, I have how sexually promiscuous men and women become heartless. Numerous scientific papers recently suggested that the harms of sexual activities surpass previously known effects, and researchers confirmed that those people who constantly think of sexual contents begin to lose their compassion. Gradually, those addicted to sex find their level of empathy lessening so much that they feel less inclined to be merciful to younger people, siblings or children. Excessive sexual acts cause people to become aggressive, and in a study conducted with over eight thousand convicted criminals, it was found that the men who admitted to be more promiscuous and having multiple sexual partners were guilty of serious crimes and were often repeat offenders.

Becoming obsessed with another human's body causes the level of love to lessen in the heart until the person no longer feels any compassion towards others. Every human in the world knows that people produce volumes of gas daily, and the average person's intestines produces 2000mls of gas daily, meaning in a lifetime, they emit enough putrid gas to fill fifteen hundred hot air balloons. But one must wonder then why humans choose to worship those body parts that contain so much filth, especially since the average person produces over 60000 litres of horrifyingly revolting urine in a lifetime. If you want to stay alive and healthy, abstain from sexual acts as much as possible, and when intimacy becomes necessary, for procreation, remind yourself that you must never become enslaved to the flesh of another human.

Scientists and psychologists have found out that marriages in which couples engage in occasional and rare sexual encounters lasts much longer than marriages where couples are always intimate. This was believed to be due to the mutual

respect of one another that caused the marriage to last, especially because repeated use and exploitation of another's body causes unnecessary bitterness in the heart.

The danger we face today is more severe than what the people experienced in the past, as we live in a nuclear world, where a small warfare could become nuclear, and cause deadly repercussions. When we think of nuclear bombings, we probably fear the burns and flash from the heat, but there are many more horrifying reactions to even a moderate nuclear explosion. Nearly all of the injured Hiroshima nuclear bombing survivors showed evidence of such flash burns. The incendiary effect of thermal flash can be analogous to starting a fire using a magnifying glass to concentrate the Sun's rays. The only difference is that rays from a nuclear explosion are so intense that they do not require concentrating to ignite flammable materials as the intense heat can ignite fires and cause severe burns on exposed flesh as far as fifty kilometres from a thermonuclear explosion. Nuclear weapons are more dangerous than we know, as the world had never physically experienced the full brunt of a nuclear exchange. In a moderate explosion, where a medium sized weapon is detonated, the rapidly expanding fireball pushes into the surrounding air, it creates a blast wave consisting of an abrupt jump in air pressure. The blast wave moves outward initially at thousands of kilometres per hour but then ominously slows as it spreads. It carries about half the bomb's explosive energy and is responsible for most of the physical destruction. We know that the normal air pressure is about 15 pounds per square inch, meaning every square inch of our body experiences a force of 15 pounds. We do not usually feel that force, because air pressure is normally exerted equally in all directions, so the 15 pounds pushing a square inch of the body one way is counterbalanced by 15 pounds pushing the other way. What people can experience is overpressure, caused by a greater air pressure on one side of an object, and this can manifest when one tried to open a door against a strong wind. Generally, an overpressure of even 1/100 pounds per square inch could make a door almost impossible to open. The blast wave of a nuclear explosion would create overpressures of several pound per square inch many kilometres or miles from the explosion site, creating a horrifying phenomenon. To put it in numbers, if there are about 50,000 square inches in the front wall of a modest home, that means 50,000 pounds or 25 tons of force even at 1 pound per square inch overpressure. Overpressures of 5 pounds per square inch are enough to destroy most residential buildings. An overpressure of 10 pounds per square inch collapses even the most sturdy factories and steel-reinforced commercial buildings, and 20 pounds per square inch will level even reinforced concrete structures such as heavy duty bunkers. This overpressure will affect everything, whether living or dead, and those people whose bodies do not collapse immediately from the pressure will be susceptible to falling under the blazing hot debris from collapsing buildings or get struck by pieces of glass hurtling through the air at hundreds of kilometres per hour or as a direct consequence of a blast wave's overpressure, they will be hurled into concrete walls.

Before the Iranian revolution in 1979, most of the Persians and the Iranians were not religious. Under the influence of the shah, the people were daring in exploring their sexuality. In every street, there were bars and nightclubs and the woman would often wear swimsuits and engage in free mixing. Persian men and women were sexually very open with each other and sexual flirtations were the norm, until

their sexual paradise crashed with the advent of the Iran-Iraq war. In 1979, even before the revolution took place, war between Iran and its neighbours became bitter, and although the men organising the Islamic tried to stop people from sinning, they scarcely managed to put a stop to the deadly wave of sin that the people of Iran had become accustomed to. For nearly 30 years, they were sexually very promiscuous and thus suffered unimaginably in the war between them and Iraq. Millions from both sides were murdered, millions got raped and died and until this day, the effect of those promiscuous years is evident, as millions of Iranian women who were sexually assaulted had to give birth to children belonging to Iraqi men, and this even caused some degree of change to the racial identity of the Persian population.

I noticed that this happens to every single country in the world. Whenever a country becomes sinful or whenever a nation starts adopting sexually liberal policies and the people become sexually active or when the people of the country go into luxury and the country forgets religion and abandons all modes of chastity, immediately that country suffers unimaginable pain and unspeakable terror, whether through natural or unnatural disasters.

In our century, the situation of the world appears delicate and also severely painful and bitterly alarming. I cannot imagine what might happen to Europe and North America because the level of sinning that has been done and the magnitude of adultery and fornication that is rampant and the forms of sexual deviation that has been done constantly throughout these countries make me wonder if we too shall face the repercussion of overindulgence in sex.

History showed us there are no exception to the rule, and every nation, regardless of their faith or ethnic origins, had faced terrible punishment once they became too active sexually. Some psychologists deduced that one explanation for this may be the side-effect of sexual acts. Many believe that those who carry out many acts of sexual desires, become cold and cruel, and they lose not only their self-respect but also the ability to empathise with others. And this insecurity, coupled with callousness, makes them untouched by feelings, and they become prone to doing criminals acts, and even unhesitatingly hurt others, and cease to feel love or affection for their loved ones.

Celibacy is a miracle as much as it is a gift. Even if someone has nine lives, and have been able to survive jumps from a hundred story building numerous times, it may be impossible for him or her to achieve the miracle of being chaste. Almost no one- out of these eight billion humans on earth- nearly nobody can be celibate or even remain perpetually chaste. Everyone, however, can and do become unchaste and sexually active. In fact, it is doubtful if even one in every hundred thousand people are celibate right now. And even if there are, even less will remain so, as staying pure is tremendously challenging. In fact, staying untouched and unmolested sexually is so difficult that you may have more chance of surviving a plane crash in mid-air, and fly to safety from the blazing wreck rather than being able to stay celibate and virgin.

I fear that according to established protocols in history of the world, Europe and America is supposed to face an unspeakable danger in the near future if they cannot adopt chastity as the norm. I cannot know if it is going to be a nuclear warfare or a lingering nuclear winter or an invasion by an enemy country but all I know is that if we look closely at history, something really detrimental is supposed to happen and the only way we could stop it from happening is to become chaste

and abandon the gruesome practice of objectifying the bodies of honourable humans. The only way we can save Europe and the only way we can save North America is by preventing every single person from sinning. Nuclear weapons produce destructive blast effects, and its radioactive fallout is unique in lethality. Fallout consists primarily of fission products, although other nuclear reactions contribute additional radioactive material. The term fallout applies to those isotopes whose half-lives exceed the time scale of the blast and other short-term effects. Scientists state that fallout contamination lingers for years and even decades, but the dominant lethal effects last from days to weeks, and survivors are advised to stay inside for at least 48 hours while the radiation decreases. But in reality, the fallout produced in a nuclear explosion depends greatly on the type of weapon, so a bomb like the neutron bomb which produces intense direct radiation generates only slight fallout from its fission trigger. Small fission weapons like those used at Hiroshima and Nagasaki produce locally and limited fallout. But today's weapons are far deadlier than ones we have ever known. The fission-fusion-fission design used in today's thermonuclear weapons could potentially cause a global fallout if a nuclear warfare broke out. The global effect of these massive weapons comes from the sheer quantity of radioactive material and the fact that the radioactive cloud rises well into the stratosphere, where it may take months or even years to reach the ground. Even though humans have thus far ensured no further nuclear war took place since the bombings of Hiroshima and Nagasaki, fallout is one weapons effect with which scientists have first hand data from some direct experience. Atmospheric nuclear testing before the 1963 Partial Test Ban Treaty resulted in detectable levels of radioactive fission products across the globe, and a large portion of that radiation is still with us. When a nuclear weapon is exploded at ground level or high in the atmosphere, it detonates in an air burst, where the fireball never touches the ground, and the radioactivity rises into the stratosphere. This reduces local fallout but enhances global fallout, meaning overall, the atmosphere of our planet becomes more and more fatal. In a ground burst where nuclear weapons are detonated overhead in cities or locales, the explosions dig huge craters and entrains tons of soil, rock, and other pulverized material into its rising cloud, and this allows the radioactive materials to cling to these heavier particles, and drop back to the ground in a relatively short time. Local hot spots of especially intense radioactivity can be found in such areas, such as what happened in 1953, when an American military nuclear testing in Nevada produced enough radiation to make the people of Albany, New York, who are thousands of miles from the Nevada test site, be exposed to more than 10 times their annual radiation dose. No matter where we reside today, if even one sexually active person or leader decides to wreak havoc and detonate nuclear weapons out of anger, or merely to frame some religious group for it, so that the people of the world begin to despise all religious people, deeming them bigots, then the effect of the radiation fallout, or the electromagnetic pulse is bound to adversely affect our lives. It is therefore, in all our interests, to preach purity to others and try to make this sexually deviant world a celibate and chaste planet.

At this point, it does not matter if a religion is used or not to make people chaste. I do not care if there is a dictatorship or not and I do not care if there is a kingdom or not who will ensure our planet is saved, but all I care about is how to save

Europe and North America and to make sure that we do not become obliterated and extinct. If we let people and ourselves do every kind of sexual deviation and become embroiled in sexual madness and get obsessed with sinning, fornication and adultery, then very soon, we will face unspeakable horror in the hands of our enemy. Terrible suffering like massive starvation and bombing, frequent murder and civil wars will take place in every corner. The mere speculation of such a scenario is too painful and too petrifying. But if we try to convince ourselves that no matter what happens, we will never stop having sexual freedom, and our adolescent boys will watch millions of naked images online, and our men and women will fornicate openly in the streets, then we are just blinding ourselves from the inevitable future.

We might lie to ourselves and tell ourselves that we will be safe and everything will go on normally, but it never ever happened this way in history. For the thousand years that Europe was in existence, every time a country or a nation sinned and were sexually promiscuous, the most bloody battles or civil wars broke out in Europe and America and most bloody warfare took place in other locales, and men died of starvation and entire populations went below poverty as one after the other, deadly famine happened.

Undoubtedly, we are not greater than our ancestors. We are not better than them, even though we might often try to make ourselves believe that our parents and grandparents were vile criminals, but they too were sensible humans, and they too lived meaningful lives in pursuit of happiness, but the suffering the people in the past thousands years faced was due to their excesses in sexual pleasures, and if we repeat their mistakes, then we too will suffer.

It will be nothing but self-beguilement to imagine we are somewhat better than our ancestors and we are no purer or heartful than them, so it will be irresponsible to assume that we can freely indulge in excessive sexual activities and not face the hardship they had endured.

Even if some of us are fortunate enough to be untouched by war, we will fall prey to other torments such as a nuclear winter that leads to starvation and cancer.

Therefore, we must try our best and in every possible way possible to stop our people and our nations from sinning, not because it is a religious thing to do, or that God requires it, but because sins beget sin and those actions cause calamity to befall communities. If we continued to sin and be unjust and sexually deviated, there is no way we can save our country or nation. We must stop all sinning. We must stop all fornication, all adultery and all sexual promiscuity. We must halt all sexual deviation and although we might not be able to save everyone, we have to try, because for the sins we have committed already, we will all have to suffer the way the people of Iran had to pay bitterly for over twelve years, and even though the Students' Revolution took place there and the religious men tried to halt the sinning, there still was no hope for the nation to remain unscathed.

However, if we begin to campaign for chastity, then there might still be hope for us, and the international community to survive. But if we become even more adamant in our stubborn adherence to the imaginary sexual freedom and sex revolutions, then we can choose to be even more blinded and more arrogant with our sinning than I fear we might end up completely becoming obliterated and annihilated like all the nations before us.

We must not let that happen. We must not let our arrogance and our cruelty or our anger and our personal vengeance come in the way of us saving our future nation and countries.

We must do everything in our power to stop people from sinning so we could save our race and our nation and our country and we could stop the warfare from overpowering our nation and taking everything away from us. It is futile to beguile ourselves or lying to ourselves. There is no use fooling ourselves and keeping ourselves blinded. It is unhelpful to think ourselves untouchable and too powerful, mighty or great to be ever face the disasters which befell those before us. Our penalty might be even greater than the kind faced by our ancestors, and our warfare will be far crueller and harsh, because the people of the past centuries did not have our technologies to sin freely, but we are deluged with technology and unlimited internet access that allows for men and women to engage in all kinds of sexual deviation and sickness that comes with technology, things our ancestors were free from and yet they suffered, and yet they paid with a deadly price and suffered with their lives and their livelihood.

Looking into historical events, such as the volcanic winter of 536 AD, we can see that people have suffered whenever they became sexually active and promiscuous. The volcanic winter in the sixth century was the most severe and protracted episode of climatic cooling in the Northern Hemisphere in the last 2,000 years, and for ten years, the people of Europe starved to death, and due to the lack of vegetation, all livestock perished, and people did not even have leaves to eat, and some resorted to eating their foetus to stay alive. Gold and diamond became worthless as the emperor of Japan, who was a wealthy man, lay his troves of treasures and mountains of gold before him and wept bitterly, mourning that he would be glad to give it all to purchase one bag of food for his people.

It is inevitable that we will pay a very huge price with our life and our livelihood and our country may even become depleted of oxygen and drinking water, unless we try to stop our countries from sinning or unless we become humble and do everything in our power to stop people from all kinds of sexual deviation and all kinds of sinning. Only then will there be any hope for Europe and North America to survive and still be alive after even if a warfare hits us all.

Sexually enjoying ourselves makes us stop thinking about the pain of others, and the more someone has sex, the more he or she becomes selfish and humanity will always be punished for our selfishness. We are too obsessed with our own comfort and our own happiness in our own gratification and our desire and lust. If we continue being selfish and arrogant, then I fear some supernatural wrath would overpower us, and we might face terrible disasters. The only way to save ourselves is to become absolutely humble and sinless and to do everything in our power to give charity and help others with all that we have, all the time and with all the money that we can spare. If we do not do everything in our power to help people now when we are still self-sustaining, then very soon, our situation might become very poor and we will probably have to go to those people begging for help. Our world is not subsisting in utopian existence, and the situation of the world and the war with other superpowers is inevitable and the very notion of such a war should frighten all of us, because in a nuclear war, there are no winners.

Excessive sexual acts make a person lose his rationality and brains, until they can no longer tell right from wrong, noble from immoral. Many prominent Greek military figures enjoyed sexual relationship with little boys, such as Epaminondas, who was considered the greatest warrior-statesmen of ancient Thebes and had two male lovers: Asopichus and Caphisodorus, who died with him in battle. They were buried together; the way husband and wife usually did in Greek society. Often, Greek military units like the Spartans would give away the younger and weak or

feeble-hearted male youngster to a stronger older man to be essentially his sex slave, undoubtedly, much to the distress of the parents of the young boy who was being sexually exploited, but such practices were not considered unnatural or evil at all in ancient heathen empires. However, it was the arrival of monotheistic faiths like Christianity which tried to endorse chastity and abolish such vile habits. Gastroenterologist claim that flatulence, or passing wind, is caused by gas in the bowel. The average person's intestines produce between 500 and 2,000mls of gas daily, which is passed out of the anus at regular intervals. Two litres per day at least, meaning in a lifetime, fifteen hundred hot air balloons can be filled with it. Yet, why would honourable humans choose to worship other people's private body parts that hold so much filth?

Sin begets sin, and sexual sins in particular cause global annihilation and warfare. In our modern world, we might also face battles. A war with drones and technology is neither pleasant nor fun, and we will not be able to fool ourselves by sitting in front of a camera and pretend that the war is far away, as we freely and righteously curse and criticise one side and support the other, as many have done in various conflicts like Ukraine or the ME, but while we think that war will never affect us, it may very soon spill into our borders.

War, of any kind, is not fun. War is starvation. War is bombing. War is pain. War in this century will be nuclear and in this nuclear world war, there will be radiation and there will be cancer. I cannot even begin to explain how petrifying and painful cancer can be, as it is more excruciating than having millions of tiny needles being pierced in every cell of your body, and no number of modern drugs can truly erase the pain, and yet, this world war will give millions, if not billions of people cancer. Indeed, war is homelessness and war is losing one's beloved family, or it means being drafted into war and sending teenage boys and girls to the army to go down to kill other people's children. War is not something to be trifled with or make jokes with, and war is not something which you can sit out at home forever and only ensure that other people are involved in it. In fact, war always comes to those who least expect it. I feel very soon that a global war begins, and seeps inside Europe or North America, then we will suffer unimaginably. Our infrastructures, our civilisation and our healthcare system will all collapse. And our government's money as well as our banking systems will crash down in one minute and if God forbid, our enemies would use a weapon of mass destruction to destroy us and our defence, then we might have to abandon this entire continent and move to Africa because the air and the water here will be all contaminated with radioactive particles and every crop field in Europe or North America will be poisoned. Everything will become infected with radiation and even the air will be unbreathable as will the water become undrinkable and food simply will not grow for many years and all crops will perish.

Perhaps only Africa will be liveable, as most parts of the Middle East have become devastated by warfare of their own, and the rest of their infrastructure have crumbled due to our drone strikes. Millions of drones likely hit them already causing untold suffering and grievances in the Middle East, meaning only Africa will prove to be a safe host, where the air and water will likely remain uncontaminated.

Every terror that we face comes directly or indirectly as a result of excessive sexual activities, because when a person becomes sexually promiscuous and uses other human as sexual objects or even become enamoured with lust over one specific person, he or she becomes that lover's slave and cannot help but worshipping the lover and hating everyone else. That person will be often prepared to kill and die to gain the lover's goodwill or to win some additional foul sexual pleasure. Oftentimes, getting addicted to lust makes one forget about family ties and blood relations, and the lovestruck persons might even find themselves trying to hurt those who he or she once loved, because love for humans is nothing but slavery, and slavery causes men to lose humanity. For example, a devoted lover will become so obsessed to keep his lover to himself, he will kill anyone who tries to take the lover away from him, or he will become so desperate to shower the lover with gifts that he will rob innocents of their wealth, or he will torture someone to make the lover happy. All evil stems from the slavery and lust of one human, and worshipping the foul body parts of the person.

I feel if we do not constantly do everything in our power to give charity or to pray or help others selflessly, then I fear that something evil might happen to us. People can change and their environment can change. The Russian Federation was an ordinary nation until one year ago, when due to regional conflicts, Russia became the most hated country in the world and if people in our part of the world continued to engage in maddening sexual jousts, then I fear one day we might share the fate of the Russians and one unexpected day, the tables might be turned on us. One abrupt day, we might become the bad people and Russia and China or some other obscure country might become the victors and be considered the good people because they will control the news and they will control and write the history. The only way to stop our annihilation is to become selfless, charitable, chaste and extremely pious. Only then can we stop the wrath of the war and the wrath of sinfulness to come upon us. Only then we will not be punished for our selfishness. But we must do everything in our power to stop our youngsters from becoming sexually deviant because sexual promiscuity makes humans selfish and greedy. We must make sure that our future generation grow up as honourable beings, and are awash with loyalty, love, charity and chastity and piety.

There is no use living in denial and insisting that no matter how sexually active we are, and no matter how many billions of pornographic films are downloaded each day, we will not face repercussion. What happens when every man and woman watch sick adult films all day is that the images cause an adverse effect on the human brain and make people lose humanity and rationality. As a result, the sex-addicted people find it hard to control their rage. They include leaders, generals, scientists, writers and even celebrities, and when one of these sexually active person becomes responsible for the upkeep of a nation, he or she will rule in a berserk manner and may inadvertently detonate a nuclear weapon and cause a global meltdown, similar to the one that took place in 536 AD when a volcanic winter caused the sun to become completely blocked out for two years, and Roman scientific writers reported that they did not see their shadows for several years, as the sun resembled the moon.

Sin become commonplace when people are promiscuous. The ancient historian Plutarch reported that infanticide was disturbingly common in the heathen eras, and as we discovered, both Roman and Greek society executed unwanted children, and prior to the birth of the Arab prophet Mahomet, pagans in Arabia also adopted this practice and often buried their newborn daughters alive. Moslems believe that

Mahomet put a stop to the brutal infanticide and upheld severe penalty for anyone who killed their children. Among the Greeks, historians report that Spartan infants who displayed any form of physical defect would be considered unfit to be future soldiers and therefore, abandoned on a hillside, where the baby would be left alone to die of exposure. Such behaviour seems horrifying to us, especially when we still consider Spartans to belong to the most civilised organisation in the world, but some psychologist claim that severe forms of cruelty and torture is to be expected from people who are overindulgent in sexual activities, as excessive sexual pleasures cause men to lose the compassionate element of the mind.

Every time a country becomes sexually free and promiscuous, within ten or twenty years, the entire country becomes embroiled in a most horrific warfare and face unending battle or dreadful natural or unnatural disaster. The only way we could save ourselves from a horrifying future is if we all become sinless and pious like our great ancestors. Once upon a time, in the entire continent of Europe, there was hardly any fornicator. It may seem unbelievable to us, but most men and women there were virtuous. Once upon a time, in the entire Europe and Canada and America they scarcely any adulterer. Once upon a time in Europe and North America, not a single man was accustomed to seeing live naked women or watch women in sexual acts on their phones because they had no phones. Once upon a time, every man and woman in Europe and North America were God fearing and pious churchgoers. Once upon a time, all of Europe and North America remained religious, and most women would stay chaste before marriage and so were most of the men. Once upon a time, our nations and most of these countries were nearly sinless, and sexual degeneracy was severely discouraged. Now, what has become of Europe that barely any family exist who is not constantly in the act of sinning. There are almost no marriages under the laws of God anywhere in Europe or North America, and almost every single person is constantly changing sexual partners, doing adultery. Fornication has become the norm. Most people are constantly watching or talking or hearing sexually sick and demeaning and dehumanising words and pictures and videos. Everyone is learning to objectify and insult and sexually demean each other and enjoy it like animals in Europe and North America. It is a pity that there is no honour left here. There is no piety and no chastity left in all of North America and Europe. Every single house, every single roof, every single building, every single apartment, every single high school and every single college and university and every employee in every job and at least one person in every family is a fornicator and adulterer or a sinner who is watching deviant sexual videos or adult films, and are constantly in the act of sexual exploration, and are obsessed with how to gratify their sexual desires or use another human's body to satisfy their lust.

The act of sinning causes selfishness to grow in the hearts of men, as the only thing they start to care about is how to fulfil their lust and carnal desire. It is sad that there is almost not one pious person left in the nations of Europe and North America when just 100 years ago, we were one of the most pious and chaste people in the world. Perhaps it was due to the piety and the chastity and even the sinlessness of our ancestors did our race and our nation become so civilised and so advanced in every way. But we will soon regress into darkness and danger as more and more people will lose their humanity and become addicted to sickest kinds of sex. I fear that our sin and our sexual deviation and the common practices that are dehumanising society and teach everyone to demean each other sexually will

completely annihilate and destroy us and make us the most uncivilised nation in the world.

Every nation before us who sinned and were sexually deviated were eternally destroyed from the face of earth. No remnant of their civilisation remains today, and their existence was destroyed and their woman were insulted and assaulted and their men were all injured and killed and their glory was all gone with the dust.

If we look to the Roman empires, or the Greeks or even the Spartans, we can see how they all vanished from glory and were utterly destroyed. Men and women of the Roman empire were excessively liberal in their sexuality, to the point that they considered all deviances to be normal, so homosexuality was initially the norm, and then paedophilia was normalised and eventually, when the emperors began to marry their mothers and daughter, they made incestuous marriages legal in Rome, causing the fabric of their society to collapse. Now we have become like the Romans in our sinning and in our madness and in our lust and carnal desires and our obsession to fulfil our sexual desires, and with this selfishness, we have become like the pagans of the Roman empire and I fear we will be annihilated like them and destroyed like the Spartans and Phoenicians, and perhaps suffer far worse fate because we have technology that allows even little boys to take a phone and become acquainted with horrible images of sexual degeneracy.

With pornography, not only do humans lose their sense of morality, but eventually, those who watch those sickening images begin to sexualise and objectify every adult they see. First they objectify women and look at them as though they were animals, and eventually female bodies become boring and they turn to men, and watch homosexual porn, until the naked flesh soon seems disgusting as well, and then the addicted person turns to child pornographic content and becomes the most depraved human on earth. All of this starts with lust and sexual acts. The only way to save oneself from falling into sexual degeneracy is to stay among pious men and women, and avoid the company of those who are sexually active. If you are constantly in the company of a sexually promiscuous person, he or she will inevitably influence you to become like that, and even if you are able to resist sexual acts to a point, the psychological effect is detrimental for your own mental health.

I hope we realise the sexual danger in which we are in, and we can finally open our eyes before it is too late because once the war starts and we figure out our mistake, then if we try to stop sinning, it is not going to help because in those dire situations, people cannot even stop sinning if they wish to, because they have to face situations where they might have to sin even more, and have to sleep with every single of their enemy for a piece of bread or to purchase a medicine for their child. War and disaster make people do many demeaning things, and in extreme poverty, they have to do all kinds of sexually demeaning acts and then get tortured and abused and starved. I do hope we can all open our eyes before a situation like that happens in Europe and North America or anywhere in the world. I hope we become a God-fearing honourable and chaste nations, and we can stop sinning in our nation before a gigantic destruction comes upon us like it came upon the Romans, like it came upon the Germans, like it came upon every proud empire or godless nation who let go of religion and became selfish in fulfilling their own sexual desire and their lust in their greed for physical pleasure.

I know lust and sexual appetite makes many people angry and they will become blind. I know people refuse to see the past and guess their own future, especially

when most of us live in comfort, with instant purchase apps, online banking and unlimited debit cards and online shopping carts, people find it hard to fathom that in one moment, all this luxury could vanish and they will have nothing to look forward to, nothing to go back.

Most people will think there is no way that it will take one second to lose everything. In fact, with every passing hour, as more technology arrives at our doorstep, with every passing day and every passing minute, people are becoming even more arrogant and even more self-assured until one day, when their guard will be down, and when they remain buried in human lust, the terror of nature will come upon them to destroy them as the wrath of time and the birth of wars manifest. I hope we can wake up before that and our arrogance does not blind us and make us selfish, cowardly and lustful fools who vehemently deny that anything will ever happen to us until it is way too late; and then if we all get destroyed, it will be way too late to apologise to our conscience and repent and start a new life. Now is our chance to change the future. Now is our only chance to turn our life around and save our nation and become pious and chaste and good. If you do not do it now, then we can never do it. We will lose everything and we will never even have a chance to repent and never even have a chance to get back a hundredth of the comfort that we enjoyed for the last 70 years. Any sensible person can appreciate that the situation of our life is very frightening. I do not think we even realise what we have become, but excessive sex has turned most youths into heartless creatures, and we have become monsters indeed, and some of us have become worse than animals.

Sexual relations became so common in the pagan worlds such as the pagan Rome and Greeks, that they encouraged debauchery and held contest for sexual acts and even awarded medals to those who could have the most intercourse. For instance, the third wife of Emperor Claudius was Messalina, a woman who visited brothels each night to compete in twenty-four-hour sex competitions with other prostitutes. Being sexually immoral was so essential to their pagan lifestyle, that the Romans viewed celibacy as an aberration and legislated severe fiscal penalties against it. The ancient Greek society did not distinguish sexual desire or behaviour by the gender of the participants, and the most common form of same-sex relationships between elite males in Greece was a relationship between an older male and an adolescent youth and this practice was considered perfectly normal and acceptable, as sexual relations in ancient Greece and Rome amongst elite circles was always between adult men and pubescent or adolescent boys. Some psychologists believe that it may have been due to their excessive sexual indulgence that caused many Greek men to become callous to human feelings, resulting in numerous forms of cruelty and debauchery, such as ritualistically beating and flogging Spartan youths for minor misdemeanours. However, historians hold that one of Sparta's most brutal practices included the 'contest of endurance' where adolescents were flogged to death in front of an altar at the sanctuary of Artemis Orthia. It might seem shocking to us to hear about these cruel torture methods, and even more astonishing that no one ventured forward to stop these practices, but one explanation for the apparent callousness may be the habit of the heathen in Greece to engage in excessive sexual escapades, which ultimately resulted in the hardening of their hearts, making them immune to empathy or love. According to a prominent scholar and jurist, human heart becomes cold and the love evaporates as soon as they engage in sexual relations with others, as romantic ventures cause the person to objectify members of the same or opposite sex to a

point that only the flesh is seen as an empty shell without a soul, and the repeated objectifying and violating of another's body, dignity and honour makes them immune to human feelings. These promiscuous people become indifferent to human suffering and cares little about the wellbeing of others. Perhaps, then, one could surmise that the Greeks and Spartans in particular, were prone to such brutal hazing rituals due to their overindulgence in sexual acts.

Sexual Freedom:

In this century, every man and woman can claim to be a star, and every youth is likely Instagram famous and is a social media star, and every youth believes he or she is a diva and deserves either to be worshipped sexually or should sexually adore another more famous and wealthier person. The entertainment industry spared no effort in highlighting this idea, and the films we watch tell us that every woman who agrees to be objectified is honourable and a celebrity. Therefore, sexual degeneracy took such terrible turn that now, women are willingly being electrocuted to enhance sexual pleasures, and they are happy to get tortured and are regularly being whipped by strong men, in order to please them sexually, and the movies also glorify such torture of women, and claim that they are free. These media makers also curse religion for speaking ill of such sexual tortures and they insist that religious men seek to oppress women by preventing them being tortured electrocuted and whipped for sexual pleasure by their male partners.

Women are being taught that it is honourable to be a sex slave, and every woman who had become a sex performer to please viewers are called icons and celebrities. Honourable mothers and daughters who once had the right to be chaste, now are told to perform sexual acts on camera while lecherous people sit around and watch as woman get whipped and flogged with electricity and tortured in the hands of men. Without religion and moral standards, we have become worse than animals so much so that even dogs do not defecate on one another when they're having sexual acts, as many humans do in adult films. Indeed, no dog in the world would sit around and watch other dogs have sex with one another. Honourable humans are being reduced to creatures worse than animals as more people are being objectified every day in every media. The obvious message the media is giving to the world is that every human being, especially women, are sexual slave and that every single woman or man is worse and lower than a dog, because in adult films, many of which are approved for family viewing, display women who are wearing dog's leash on their necks. This is directly as result of how many adult films or family movies that are uploaded each day and how many naked women's picture are uploaded each minute and how desperately the God-less media entities encourage women to objectify themselves.

Upon holding random surveys among those who openly professed extreme hate towards the Christianity, it was a common denominator amongst them all to find that they had been very promiscuous, often engaging in sexual liberties with all

genders and age. Historically, it was common to see pagan societies adopting a liberal stance in exploring their sexuality, and therefore, people like the heathen Greek and Roman communities were free to indulge in all sorts of sexual vices, resulting in prolonged periods of brutal warfare, illicit relationships, and excessive idolatry. It was these very pagan rulers in Rome who later became the brutal persecutors of early Christian saints and believers. Christian tradition report that the Saint Antipas was among the many pious followers of Jesus who was killed by the pagans in a unique torture method where they were roasted alive. Roman emperor Hadrian forced Saint Eustace and his wife inside a life-sized brazen bull and set them on fire. The brazen bull was a contraption of torture and execution used both by the Greeks and the Romans. Several Roman emperors used this torture methods on early Christian martyrs in order to coerce religious or ideological conversions.

Alas, what a pity to know that fifty years ago, woman and men were most honourable and now we have been reduced to worse than animals. Mothers who are pregnant and carry children for 9 months are now being whipped and slashed by men on camera and millions watch it with relish. Even pregnant animal mothers are not tortured this way and no animals, not even the vilest reptile like snakes, are not electrocuted or whipped by their male animal partners.

The media continues to say that women who are free and are not enslaved to God or religion must agree to strip naked and get molested and beaten and tortured and that they should learn to enjoy it. Indeed, with sexual communism of this era, every self-respect and humanity has been taken away from us.

The heart of our youngsters has become rotten with objectifying other human bodies and we often become embroiled in human obsession and suffer from selfishness and greed. Excessive sexual activities cause us to lose rationality and this gives way to anger which have makes us extremely insecure and gives birth to a feeling of entitlement which makes all those who engage in sexual acts, very cruel and unsympathetic towards all but oneself and one's friends.

Every holy man or prophet who came to preach on earth tried to honour women and men, and thus, religions like Christianity, Islam and Judaism taught women how to be honourable and that is why all religion came under attack during the Communist era, because with religion, people can be free. In this century, Christianity has been taken away from us and by constant brainwashing, the mainstream media told us that we will only be free if we fornicate openly in the nude beaches, or walk naked in the roads, and thus, they willingly made every woman a stripper and like the pagan rituals of Babylon, where every chase women would be forced to prostitute herself as soon as she reached puberty, women of this Godless century are encouraged to have illicit bachelorette party so that the 2000 years of honour that Christianity gave women would all vanish in one moment and pagan rituals which made new virgin brides have sex with other men became the new norm, and what is worse, the media that controls the mainstream narrative, convinced women that not having enough sex is oppressive, and with repeated filming of a random individual who is lusting after other men or women, modern films enabled our society to become enslaved to sexual desires, teaching us that fornication is freedom, celibacy is cruelty. In order to ensure our sympathy and interest do not change, these media outlets will never give coverage to the news that shows how many people are being abused in pagan rituals and how brides are made to have sex with other men the night of the wedding so that the husband can freely abuse the child knowing that it may have come from another

man. Religion gave men and women the right to be chaste and now, after 2,000 years of purity of Virgin Mary and all the Christian saints, all of it has been taken away from womenkind and religion itself is a taboo in most secular nations.

This conversation became relevant to the topic of the monotheistic religions and religious figures like Jesus or Moses, and because people who were proven to be sexually promiscuous and bold often admitted to despising God and religion and statistics showed that the thousands of vlogs, blog pages, books and even articles written slandering and criticising the Arab orphan were authored by people who were extremely liberal sexually and lustful in their daily lives. The direct correlation between sexual acts and the endless hate against Jesus, Moses or Mohammed, the prophet of Islam, was explained by a psychologist as the natural inclination to dislike someone who was proven to be chaste. Moslem belief holds that Mohammed was a chaste man, but it is not unusual to see those who are overindulgent in sexual acts often criticise God mercilessly and brutally speak ill of Christianity, Judaism and even Islam.

The truth is those who engage in excessive sexual acts become morally drained and lose their self-confidence and they naturally find fault in anything that appears perfect to them, and so they will always hate all religion. If you want to believe in God and find out the truth of the universe, you will have to make your heart pure and become absolutely chaste, body and heart. Do not do any sin even by biblical laws. Do not watch any lewd films or have any sort of acts that makes you worship another human being. For example, thinking of people or getting into sexual relationships with someone makes one's heart dead, because we humans are made to be free, and when we worship the filthy body parts of another human, we lose that freedom, and hence, a part of our humanity. Try to stay sinless for one or two years and you will find that you have become a believer of morality, ethics or even God. I have seen people who I have shown a million evidence to convince them that religion is beneficial or that it makes sense to believe in God, but they all hated religion even more violently. Then I realised maybe God does not want them to worship Him or call unto Him because God only allows the free hearted and the sinless to believe in Him and come inside the folds of His religion. If you become absolutely sinless and give up all sexual relationships with partners and stop worshipping lovers or engage in watching illicit erotic films, and shun pornography and masturbation, then you will find true peace and freedom, because God only wants the purest heart to worship Him and thus He makes everyone who is obsessed with selfish desire or lust or worships other human's body too much leave the folds of His religion.

Abstinence from sexual pleasures were the hallmarks for success, but this research was unknown to people in Augustine's time, and yet he knew that only with chastity would he find nobility. With his newfound wisdom, St. Augustine sought to create a pure sex-less life for himself, and he therefore strove to be chaste. Like Augustine, many modern psychologist and theologians believe that sexual activities are counterproductive to a healthy and fruitful life, as it causes the brain cells to lose its alertness and makes the mind become fatigued. A theologian commented on how dangerous lust and sex could be and he highlighted the fact that excessive indulgence of any kind was akin to an addiction and was therefore morally and socially reprehensible, like drug and alcohol dependency. Those who found themselves addicted to sexual activities and chased after members of the same or opposite sex to gratify their lust, often became aggressive and socially inept. From

a human, the person engaging in sexual acts became animalistic in his or her carnal obsession and this in turn caused those people to lose self-confidence. The lack of confidence for any human being was often translated into self-loathe and disgust, not towards others but against one's own self. When I failed to appreciate how self-loathe could be dangerous, a psychologist reported that those people who lacked confidence in their own goodness often lashed out at others whom they deemed to be better than them, and almost akin to old fashioned envy, they became jealous of men of piety, integrity, faith or chastity.

The most important battle to be won is the war with the flesh. This challenge happens with us a lot and those who get exposed to the spiritual warfare try to remove the internal war with discipline, discipleship and devotion as this is sometimes considered the means of conquering the flesh. Among us are those who busy themselves in the lust of the flesh, fulfilling the desires of the flesh and of the mind and some try to get rid of the lust in them and cast them out. The real enemy of man is called our flesh and they are always conducting themselves in the lust of the flesh, fulfilling the desires of the flesh which makes the flesh our inward enemy and even invisible enemy. When it comes to the flesh, I am reminded of the Old Testament analogy of Esau and Jacob. In Genesis 25:23, it says the following: And the Lord said to her, "Two nations are in your womb, and two peoples will be separated from your body and one shall be stronger than the other and the older shall serve the younger." This passage mentions the older shall serve the younger. Who is the older? The older is the flesh. The flesh is what you got on your first birthday when you were born. The flesh, it is the older, it is the old nature. Now who is the younger? It is you, and it is the Jacob you. The younger will dominate the older. The older will serve the younger. This is the secret of spiritual victory, and it is to make the older you, the flesh, the old nature, to serve the new nature. You cannot remove the older you, you just have to subdue the older you. If you remember the nation of Israel, Jacob never removed Esau. Esau served under Jacob but there were times when Jacob was weak. Israel was not obedient to God and the nation of Esau conquered the nation of Israel and that is exactly what is happening to a lot of people who are struggling with lust and sexual desires.

So, the basic question should be what is this flesh; this old you, this gift of body on your birthday, one that has free disposition to sin? What we have as flesh is from our father Adam. The flesh is a leftover, an inclination, a bend towards sin that we have received, not from our biological dad or mom but actually all the way from our original father Adam. When he committed the sin and became attracted to his wife Eve, which in itself was only natural, and God did not even hold much grudge over this, but everyone that was born after that was born with that desire, and had that natural tendency that drifted toward temptation and towards sin. That is why we do not have to teach children to lie. That is why it is natural for us to desire evil things or wish for lustful encounters. The flesh is the carnal desire of the lower part of our nature. The flesh is the evil principle in men's nature or the traitor within who is in the league with the attacks as the flesh provides the timber on which the lustful temptations can kindle. So, the flesh provides a fireplace, like an altar for the person to do all of his dirty, and evil work. The flesh is this traitor that the sinful men around you caused to live on the inside of you and their goal is not only to torture and torment our life through the flesh but so that the flesh eventually will open the door for more evil, and sick entities. We must remember

that whatever weakens your reasoning, impairs the tenderness of your conscience, obscures your sense of God and takes away your relish for spiritual things, so if anything increases the authority and the power of the flesh over the spirit, that to you becomes however good in itself a sin. In other words, things that impair our desire for God, things that obscure our sense of His presence, things that diminish our hunger for spiritual things and anything that increases the power of that lower nature is sin.

Most of us struggle with how to overcome this flesh. First, we need to understand how this flesh within us operates. The flesh produces works, which includes sexual sins, like acting in adult films or watching or thinking of pornography. For some people, their definition of flesh is sexual immorality, and for some people their definition of flesh is a particular sin that they struggle with. But when the Apostle Paul described the works of the flesh, he highlighted adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred. And also some emotional issues like contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, and drunkenness. And he said those people who do these things, or practice these things will not inherit the kingdom of God. We have to remember however, that practicing sin and struggling with sin is not the same. Every human struggle with sin, in the sense there are some sins we at particular times, are fighting, which we are trying to overcome through a battle with our flesh.

But, what happens when a person begins to practice sin? When you practice something, that means you are doing it to get better at it. You may justify your behaviour, and you may also justify your action. You might think it is a good thing which you are doing and you might even wonder if God made you this way.

Some young women or men who are criminals or fornicators, or homosexual consider themselves to be practicing fornicators or practicing homosexual, but did God did not create them to be a homosexual as their feelings and their desires are meant to be submitted to God's Word. We are meant to be honourable and chaste, and not worship the reproductive organs of other humans. Flatulence occurs in the lower gastrointestinal tract. While intestinal gas is a normal part of digestion, excessive flatulence can be a symptom of some digestive system disorders, including irritable bowel syndrome. While natural, it is offensive and sometimes even painful as the gas assails our senses with its repugnant smell, but it seems bizarre why anyone would stoop to level to sexually admire and worship the body part which produces so much revolting gas often with unapologetic, thunderous sound.

Some people who are engaged in sexual sins claim that God made them like this, and their incestuous or homosexual desires exist because somehow, God wanted them to have it, but the reality is every believer struggles with sin and a righteous man even falls seven times. We can criticise the truth instead of subjecting ourselves to the truth. According to the scripture, when a person is practicing these sins they cannot inherit the kingdom of God, so how do you start practicing sin? It is when you yield to your flesh and then deception and selfishness comes in. With deception comes not just defeat but outbursts of anger and hate, and this hate and cruelty causes the person to become condemned. The biblical diagnosis for our sin is not defeat, the biblical diagnosis is disobedience. It is not defeat; it is disobedience. It is disobedience because if you are dealing with defeat, all you have to do is get stronger. But if you are dealing with disobedience, all you have to do is repent. With sexual sins, deception comes in. When there is disobedience

there will be deception. After deception will come defeat and then will come spiritual death. And then a person becomes filled with sorrow and they cannot be set free because they are in full bondage of lust and depravity.

Most people have a very loose relationship with the flesh, and when we begin to allow the younger to be dominated by the older, meaning when we allow our spiritual life to be under subjection of our flesh, and enable sexual perversion, paganism, temper, drinking problems, and when we are yielding to the flesh, the flesh begins to get a foothold in our life. The works of the flesh begin to be evident. Deception creeps in because of our disobedience. Because we persist in that disobedience, we are then defeated because of our disobedience. We are then deceived because of our disobedience and then, honestly, we have spiritual death. We spiritually die and this is serious. When we practice sin, we are in danger of jeopardising our salvation. Because we become people who walk around and say, God made us criminals or evil or homosexual.

The flesh must be curbed because the flesh has passions and the flesh has cravings. John 2:16 says, "That for all that is in the world, the lust of the flesh, the lust of the eyes, and the pride of life is not of the Father but it is of this world." The flesh not only has works, the flesh has passions and the flesh enslaves to sin and you can no longer serve God with your flesh. You only serve the law of sin. There is a control, and there is an enslavement, and there is bondage in such sin. With lust, you will find yourself worshipping the flesh of another human being, and become enslaved to the will of the person and become indifferent to the love and feelings or pain of everyone else.

In the Bible, Romans 6:19 states: "I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves. As slaves of uncleanness and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness." This means that when you are under control of the flesh, you are in bondage. You are a slave. However, we have to understand that the flesh is not a demon but the moment you indulge your flesh, it will dominate you, it will make you into a slave.

Once the lust in your flesh gets a foothold in your life, it does not just want to rule you. It wants to open a door, invite, make a place, prepare everything for a far greater sin and evil. Because the flesh is the inward traitor who has a connection with the outward enemy. And therefore, when you yield your life to the desires of the flesh consistently, habitually, regularly, you do not live a life of repentance and purity, but you will find yourself in bondage. You may justify this bondage and go through counselling. But after a while you begin to notice that the bondage of lust is more severe and your chains are harder, this sexual slavery cannot be broken off on your own. We become simply slaves if we allow our bodies to be used and abused by other people. Let purity and chastity come to take residence inside of your flesh. Just because you have a flesh does not mean you live an immoral life.

You also don't live a sexually promiscuous life because you have flesh. Everyone has flesh. You live a sinful life because you yield to the flesh. The presence of the flesh alone does not guarantee a defeated, disobedient and deceived life. But for those who are addicted to sexual actions, any motion or progress, any pursuit of godliness will produce friction. This friction will be carnality of our sinful nature but to be carnally minded is death, and to be spiritually minded is life and peace, because the carnal mind is enmity against God; it is not subject to the law of God nor can it ever be. Someone whose mind is preoccupied with sensual, sexual, pagan, immoral things will experience death sooner or later. He will live in

opposition to God. There will be a conflict with God he will be always having. Since he or she will be enslaved heart, body and soul, to another dirty human flesh, he cannot please God and he will be in danger of not inheriting the kingdom of God. For those who are not engaging in the warfare with the flesh, they are indulging the flesh wilfully, knowingly and sexually and with this comes disobedience, with it comes deception, with it comes defeat and then comes death. Their minds will become confused and they will experience spiritual death as they will be in opposition to God, and they cannot please Him and eventually they will be in danger of forfeiting their salvation. But somebody who is struggling to beat alcohol, drugs, pornography is not indulging in sin wilfully or consistently or intentionally but to act sinfully without any attempts of deliverance, or repentance is dangerous. God is love and God is just but God is not going to force you to go to heaven if you don't want to live with Him.

Those who deliberately keep on sinning after they have received the knowledge of truth can still be responsible and repent. We are still responsible to come to God and not merely get defeated, and disobedient. It is a lame excuse to exclaim that sexual promiscuity is my weakness. No sexual promiscuity is not weakness, it is wickedness. We need to stop misdiagnosing our sins and calling them for what they are. When someone downloads filthy adult films and watches men and women whipping each other, it is a sin, and crime. It is not a mistake. Mistake is if you took the wrong turn on the highway. It is not a mistake when you cursed your loved ones, hurt your parents, sexually objectified other humans. That is not a mistake; that's a deliberate wilful and conscious sin which should be treated it with repentance. We understand that there is a positional stance against the flesh and there's a conditional stance against the flesh. This is what some people call objective and subjective. So, objective stance actually says that the flesh is already dead. Subjective stands against the flesh. We do not let sin reign our body because if we indulge in sin, we cannot fight against the flesh, and become its slave. We can however declare to ourselves that with God's Word, I will reign my sin. I will reign the addiction. I reign over my temper. I will not let bad temper reign over my body. I will not let sexual cravings reign over my body. I will not let all kinds of fighting, gossip, contentions reign over me. I am not going to be a drama king or queen. I am not going to be an emotional roller coaster. Why? Because I fight the flesh from the position of victory already.

It is necessary to combat sexual urges because this is the only way humans can remain human beings, and not become beastly animals who kill and hunt without regret or remorse. Indeed, if people become sexually promiscuous, they will lose their sense of right and wrong, and will cease to be just and merciful, and when they become leaders of powerful nuclear-powered nations, they will not hesitate to detonate those WMD over innocent people, in order to annihilate anyone who speaks against their sexuality or carnal desires. Some of us may imagine that a nuclear warfare, should it take place, will be a limited one, such as the one that took place in Hiroshima and Nagasaki. With thousands of nuclear weapons stored in various silos, there is every reason to believe that a limited nuclear war would not remain limited. A 1983 war simulation involved top-secret nuclear war plans and had as participants high-level decision makers including the US president's senior officials, and the war followed actual plans but unexpectedly ended in total nuclear annihilation with more than half a billion fatalities in the initial onslaught, and this did not even include the subsequent deaths from starvation. A third of the

world's population was to perish instantly! The exercise revealed that a limited nuclear strike will never achieve the desired results because any enemy would likely respond to a limited U.S. nuclear strike with a massive all-out nuclear attack.

How can people combat sexual desires?

If you struggle with carnal lusts and desires, you can try to bring your body under your heart's control, and let theology, and not biology, determine your actions. Try to evaluate your position and understand why your heart is seeking out certain illicit action. Get your mental conviction to that place and from that place you can start declaring, meaning, agreeing with God. Do not let flesh reign in your body. It could be for some of you an addiction to particular films or photos. It could be addiction to watching movies, television shows or it could be an addiction or struggle with something else like pornography or scrolling through and wasting time on social media that does not educate you, that does not nurture you but it only numbs you. Truthfully, we all have weaknesses. Lust, gossip, confusion, immorality, or sorcery. All of that sin is real and we might even fall into it tomorrow but it should not stop us from presenting the body as a tool for service of God and humanity. Then only can you be sure that the flesh will not reign and sin will not rule. It will not have the final say over your life. You can then align yourself with the Maker and Scripture, and you will find faith bubble up and you become the living truth of what God says about you. And as the Scriptures say in Romans 6:13, "And do not present your members as an instrument of unrighteousness to sin but present yourself to God as being alive from the dead, and your members as instruments of righteousness to God."

What does it mean to offer my body to God? I can choose to discipline my body in fasting. I can choose to bring my body to prayer. I can choose to bring the Word of God into my soul through my body. I can choose to present my body as an instrument to God. The flesh is connected to your body and you cannot overcome the flesh if you do not reign in your life. Sin does not have to reign in your life. As part of our presentation of our body to the Lord, we have to practice praying. We have to practice giving to the poor. We have to begin to practice godly actions, not for our salvation but because of our salvation. We were not saved by good works; we were saved for good works. It is intentional. This is not accidental.

When we sin, we do not trip into lustful or shameful acts. We choose it. We plan for it. Similarly in doing good acts, we should set our alarm to wake up at the particular time. We should mark up a place in the house for time with God. Do not let your body make decisions. You tell your body that you are an instrument who is going to serve at the pleasure of the merciful God. You make it an instrument, otherwise your body is going to make decisions for you and these decisions will bring you back to bondage of the flesh. With the firm decision, you can undergo discipleship and experience devotions. Do not fulfil the lust of the flesh even though the flesh will still have desires, you will just have to gain the power not to give in to those desires. The flesh will still have lusts, and cravings. If you stop thinking about humans and worship other people's bodies, then you will have power not to feed and yield to those desires. The lust of the flesh is like an athlete's foot which is like a scratch or cut some players occasionally get and call it the athlete's foot, and the person has this strong itch in the body. And the disease is promising to you if you scratch me, I will stop itching. If you scratch it, it actually itches more because that is how the athlete's foot works. No matter who you are, there will always be desires of your flesh, and you will still have the itch but God will give you the power not to scratch. Once you free your mind and heart from the

bondage of human flesh, He will give you the power not to scratch. You will have the power not to feed the craving. You will have the power not to yield to the demands of the flesh and they will subside. And that temptation next time will get a little weaker, weaker. You will get stronger. As intelligent beings, we are not disciplined for the sake of discipline. We are disciplined for the sake of devotion. What disciplines do you have to choose? You let your devotion decide your discipline. Can I say that again? Let your devotion determine your discipline. Let your passion for the Lord create certain restrictions for your life. It has to be your personal devotion that determines your disciplines. We all need to draw closer to God, because as people draw closer to God, they will feel something is standing in the way between them and Him. They will sense something is distracting them, or if something is not pleasing to Him. They will sense the displeasure from God and will know exactly what that is. It could be something they actually like. It could be something that this is not sin. It may be something that is not beneficial and also does not bring them closer to God. These are seeds into the spiritual life and the seeds into the flesh.

How can we reset our lives?

By forfeiting all thoughts of carnal desires, reset your life again. Fasting is a good place to start. Waking up early in the morning is a good place to start and spending all night praying with the Lord is a good place to start. Having a day or weekend where you can get away for one day and bring yourself close with God is a good place to start. Sometimes physical activity like running helps heal the heart. But we are not disciplined for the sake of discipline. We are disciplined as a result of our devotion and we are devoted because we are disciples of love and humanity. The world is not your only problem. The sinful people around you are not your only problem. You are at war against the flesh. The flesh is the problem that we need to constantly address. We will need to wrestle with it and some days we may do it better, some days we may do worse. But we need to constantly have seasons of fasting, seasons of spending time in the presence of God to be recalibrated, to be renewed and reset to the love of God and make the firm decision that sin will not reign in our body. Anything that makes us want to think of another human is detrimental to our mental health. It becomes our weakness. Watching adult films makes the heart dead, and reading explicit sexual novels also deadens the heart and makes a person selfish and sick. Make a decision cancel the subscription to those television shows or to those networks in which you are spending too much time because those filth will make your appetite for holy things almost diminished and you will not feel close to God. Sexual indulgence causes insecurity, and this insecurity in you may cause you to constantly attack other people and critically examine everybody except yourself.

Being celibate is the answer to almost all of the world's problems, and a solution to nearly every personal dilemma you are facing today. If you are on the run from credit agencies, or hiding from a stalker, become chaste today and you will find that trouble disappearing from your life.

If you find yourself surrounded by enemies, resolve to become celibate from today and do not even think of any humans, or their bodies, and you will see how speedily you gain the highest quality friends who will wish you well from their hearts, as being chaste allows other chaste people to trust and befriend you.

If you see that you are suffering from repeated illnesses and cannot function normally anymore, cease all sorts of sexual acts and give all lustful thoughts by becoming celibate, and you will notice how the distress evaporates from your life. While becoming celibate is the answer to all your life's problems, you will probably not succeed in becoming chaste, as there is nothing more difficult in this world than being sexually untouched and pure. Everyone who wishes it can have sexual encounters with others, but not everyone can be celibate. It is extremely challenging. As you put down this book and resolve to prove me wrong and choose unconditional celibacy, there is a huge chance you will fail in your endeavour, and I say this not to discourage you, but to highlight a bitter reality. People around us are habitually sexual and active in fulfilling their carnal desires, and their sensual inclinations have a way of affecting others, and therefore, everyone gets swept down the cavern of covetousness and sexuality. I am afraid you may even have a chance of surviving after being swept by hot flowing lava from a volcano, rather than successfully be able to remain celibate and chaste for the rest of your life. Many people who are addicted to the flesh of other human bodies have not developed disciplines and routines of devotion, and of commitment to the Lord God and they are still in bondage, but not in bondage to demons, but they are in bondage to their own fleshly desires and passions and use the members of their body for sin, and to please themselves and this carnal desire in them make them so loose with their convictions that they have absolutely no boundaries and have no restrictions, and no limitations on their freedom and they just live life using their liberty as an excuse to commit sin. They do not have the power to overcome sin because they remain in the company of people who want them to be enslaved to them. If a man or a woman is sexually active with a particular person, and worships every part of the person's body, and thinks about the person every hour of the day, then the person will not want the lover to ever stop loving him or her, and never believe in God or care for anyone but his own self. Therefore, in order to be free from lust, one must remove himself from anyone who wishes him to be enslaved to the flesh of a human body. A gastroenterologist explained that with thousands of types of bacteria and filth in the human body, perhaps the most common is the belching or burping and flatulence. Belching is mostly caused by the air people swallow, but flatulence smells remarkably unpleasant. The accumulation and expelling of gas through the rectum, known as flatulence, occurs in humans approximately fifty to hundred times a day. Yet, rather than finding it revolting, a person addicted to sexual acts will revel in such horrific smell.

What is slavery of sexual desires?

When a person is enslaved to the sexuality of another person, he or she is deluged in lust.

Lust creates Obsessive Love:

Most people who become addicted to sexual acts are obsessed with the human flesh. Anybody who gets obsessed with you in a matter of time becomes possessive of you and that made a person sick. You know it is not love if you are sick. Rather than love, it is sick love. Obsessive love is when a person demands unreasonable amounts of your time. When a person ignores other aspects of their life just to be with you, that is not real love; that is unhealthy love. That is slavery or obsessive love. If they start skipping school, or job, and are skipping on their responsibilities, that is an obsessive love. Obsessive love is when a person shows jealousy toward any activity that competes for your attention. Obsessive love is when a person

follows you, checks up on you, and stalks you at your work. An obsessive love is when a person begins with intense emotions flattery and attention but slowly turns into unhealthy, possessiveness of you. And that kind of obsessive love is also characterised as slavery and one which we should try to avoid. That is not God's love. That is slavery of the flesh, and human bondage. When a person becomes enslaved to the private parts of another human, he feels passion for that person and has such a zeal, and such an intense feeling for the lover that he becomes sick and this passion will be controlling him. This passion that controls him will derail and destroy his destiny. Even a prince will always lose his place if he becomes a prisoner of his passion. Your passion is something you should control; it is not something that should control you. You should become a ruler of your desires, instead of being ruled by your lust, because every person has a purpose and a destiny. We are not an accident on this earth. God has a destiny for you and has a plan for your future. You are not an accident on this earth. You are a chosen generation. You have a noble human blood flowing through and the sinful men of the world will do everything to hold you back from reaching your destiny and allow your passion to rule your life. As long as your passion can rule your life, you will lose your palace and your destiny. Joseph was a prince in the palace and he controlled his passions and he got to the palace and became a prince. See, if you control your passion, you will get to your destiny or palace. Thessalonian's chapter 4 states: "For this is the will of God, your sanctification: that you should abstain from sexual immorality; that each one of you should know how to possess his own vessel in sanctification and honour, not in passion of lust." To be successful, we must possess our feelings and our passions. Do not become a prison of your lust, otherwise whatever destiny, gifts and talents, opportunities, education, connections or blessings you have, will be squandered if you become a prisoner of your passion.

From a young age, our youth have been taught that they should explore all forms of sexuality and become public fornicators and sinners, and even in our schooling system, we indoctrinate the young generation that they are animals. We teach them evolution and explain how they may have mutated from monkeys and while the facts of the evolution theory are not being discussed here, I feel it does disservice to our generation because it dehumanises a child's mind and makes him think that he is not a honourable human being. While we use the excuse of science to push forth such theories, there is nothing scientific about a human being a monkey. The primary problem with this is that animals have flesh without spirit so animals are ruled by their sexuality. If our schools teach a generation long enough that they are animals, they will act like animals. That is partially why most schools no longer teach abstinence from sexual immorality. They hand out condoms and teach safe sex. Why? Because if they teach children long enough that they are akin to animals, then they can act like animals and no longer have to adhere to human ethics. The indoctrinated children no longer act human beings and improvise for their animal lifestyle. Animals, habitually, do not practice self-control. Animals do not date in order to mate and procreate. Animals do not have weddings. Animals do sexual acts when they want it and when we teach a human youthful generation that they are born from monkeys, or that they are a mutated or evolved and glorified gorilla, the next thing that happens is the schools have to teach them how to manage their sexuality instead of how to rule their sexuality. Religions do not instruct mankind to deny sexuality. God knows we are not angels. No matter how much we pray and fast, unless we have the gift of celibacy, sexuality is natural part

of life, but we should not be ruled by it. As humans, we should rule our sexuality. Humans should possess their sexuality and possess this vessel with honour. We do not need to become angels but we must refuse to be an animal. Possess your sexuality and do not live like a monkey. Live like a person made by God with love, mercy and honour. Think: what makes you different than a dog, or sets you apart from a boar or cat? What makes you different is that you were created with love, and God placed you as the king over the creation. He gave you dominion over the creation. He made the animals and other beings to serve you, therefore, you have the power to control your feelings, your urges, your lust, your flesh and your passion. Do not be enslaved to your passions and do not become enslaved to the flesh of other human bodies. We are responsible for what we activate. You cannot control what your family, your ancestors did to open a door into your life, but you and I are responsible for what we activate. Control your eyes and make a covenant with your eyes that you are not going to lust for a look at a young person. You can make a conscious decision. Possess your body, your body does not possess you. I possess every organ in my body- those organs don't possess me. And if there's something that I lose control over, I can seek spiritual help.

That lust is a trap for most people, and sexual activities become an addiction, much like pornography that leads to sexual immorality, fornication, and adultery. Every time you are on the computer experiencing sexual excitement by watching or interacting with human bodies, you are losing a part of yourself to bondage and slavery, and gradually, you will lose your agency and become addicted to sexual sin. We must resolve to never fall for lust. Why? Because we know that we have a purpose. We know that we have a destiny. We will live in purity even though we struggle and get tempted, but God is on our side and He is greater than any temptation. When you feel that your heart is slipping into sexual slavery, know that you did not lose your control. Somebody took it. The area you lose control over, it is the area somebody else already has control- a sinful person who is causing you to become promiscuous. So, stop blaming it on your personality. You have to understand if you lose control in the area of lust, if you lose control in the area of anger, if you lose control and go flying and you do not know what happens to you, you did not lose it, rather somebody else took over but it does not mean that you are demon possessed; it simply means that a demon in that area runs your life and you can declare war. You can overcome. You can fight, but you can't fight if you don't know what you're fighting. A common adage in this age have become embedded in love, as everything that is love is good, and what I love, I can have. No one should judge a lover and his beloved. However, when two men or two women decide to love and wed one another, it is acceptable as true love. We tend to think we are our own god, so whatever we come up with, we justify, as the Roman heathens who justified all their depravities. But rather than making our own rules, the moment we succumb to the lustful inclinations, we become enslaved to another human being and become their slaves and obey their rules. So, sexual freedom is not freedom; it is slavery of the basest kind.

It is this slavery that causes a human heart to engage in even more compellingly evil acts, such as watching explicit photos and adult films. Those who have been battling with pornography stated that they went into such dirty habits thinking they would be promised pleasure but ended up only experiencing guilt, and shame. The feeling of being isolated from the family, and finding a new life in secrecy on a computer or in front of a magazine brought even more shame and guilt in them and the feeling that they would get discovered, or kicked out from school, job or

college became overwhelming, and only after they acknowledged their flaw to themselves did they experience freedom from shame and freedom from guilt. Those who are living in shame of guilt and find themselves isolated due to sexual sins, and they punish themselves thinking they do not deserve God's forgiveness, should have faith in God's infinite mercy. Coming to God and repenting and experiencing His love and forgiveness will heal even the most broken heart.

You may have had a pure heart and lived your life serving God when one image of a pornographic film or one line of pornography comes before you and eats your purity, and that in turn, makes you desire to carry out more sins. It is possible that shame and guilt and condemnation will plague your mind. Rather than wallowing in self-pity, shun all sort of lustful triggers and you will find freedom in your heart. With freedom, a person can finally love. The apostles and prophets are able to love their flock because they are free at heart. Once a person is enslaved to another human being, he or she is unable to remain free, or love others anymore, because when someone will hurt or insult your lover, you will have the insane urge to kill or hurt that person, due to slavery of the current lover, even if the offender be your own kin or kindred. This way, almost no one will be free from your rage and wrath. The mad lover will never hesitate to loot or plunder from his loved ones to gift a precious item to his or her lover. Only those who love God can be free, because God created and dispensed freedom to mankind.

The Bible says there is no fear in love but perfect love casts out fear because in fear, there is torment so in your love for God, you mature in your understanding and your knowledge and you shall know the truth and the truth will set you free. God's perfect love casts out fear and grant deliverance from lust and sin, and when you are delivered, you might not see the manifestation or realisation of that but you will certainly grow as a human being and commit your life to devoting to God and humanity. In fact, it was religion and Christianity in particular that allowed the heathens of Rome and even the Barbarians of Europe to cease overindulgence in sexual excesses and learn to retrain their carnal urges. Only after they learned the virtue of piety and was able to appreciate the beauty of celibacy was Rome able to rid itself of the pungent practice of wanton murder and debauchery, such as the gruesome sport of having gladiators kill one another in open arena as spectators cheered on. The reason for these gruesome practices was the promiscuity of men and women in pagan Rome, where sexual activities were considered a natural part of life, and the citizens of the empire accepted every form of sexual depravities including having emperors who married their mothers, sisters or nieces like the emperors Nero and Caligula. Modern research demonstrates that the more an army of soldiers engaged in sexual liberties, the more they plundered, looted and raped the enemy nations, and more bloodshed inevitably resulted from the conflict. Those militaries in the world who had actively periodically practiced abstinence like the Spartans were remarkably more successful in their military expeditions.

We live in a dangerous world, where sexually indulgent people who have lost their humanity, are holding power over WMD and other deadly weapons. In a nuclear warfare, the sexually indulgent adversary might seek to cripple their rival by destroying a vital industry. In one hypothetical attack considered by the congressional Office of Technology Assessment of the United States, ten nuclear missiles from an enemy nation, each with eight 1-megaton warheads, attack United States' oil refineries. The result was destruction of two-thirds of the U.S. oil-refining capability. And even with some evacuation of major cities in the hypothetical crisis leading to the attack, millions of Americans were killed. This

demonstrates how even a limited nuclear attack scenario kills millions of people, and in a country like the United States, where scarcely more than one million Americans had been killed in all the wars in the nation's history, we can only wonder how fatal a potential nuclear warfare could be. In this sexually promiscuous and lustfully deviant world, we have no choice but to entertain the advent of a nuclear war as a realistic possibility. We would be naïve to believe a nuclear war could be limited to only a few hundred million casualties, as no level of nuclear preparedness can deter the future attacks.

What is freedom?

Freedom is the ability to be free from the influence of other beings, whether living or dead, whether animate or inanimate. True freedom is to be able to live a life without worshipping the persona of a person or servicing servilely the body of a person. Freedom means that you would be able to live like a free man or woman, unbound by human bondage and servitude, whether physical or sexual. While serving others using your labour takes away part of your freedom, it does not diminish your agency entirely because the only real slavery is to be a sexual slave of a person, thing or animal. People who are sexually promiscuous find it to be perfectly normal to worship and admire the bacteria-infested body parts of their human beings, and even indulge in watching pornographic images of their unhygienic body parts, and even exchange nudes, as has become a trend in this digital world. However, few people think about the reality of this life, and fragility and insignificance of the human flesh, where billions of microbes and parasites reside. The human body emits tens of thousands of cubic metres of horrifying smelling gas, which is more unpleasant than rotten egg or a skunk's spray. For those who are unaware, skunks are animal who are notorious for their stinky smell. Skunks stink because of a liquid gas in them, the smell of which is unpleasantly unique. The skunk's spray is a thiol, an organic compound in which sulphur is one of the main components. Sulphur has a rotten egg scent that is exceedingly uncomfortable for most humans, making a skunk's spray extremely pungent. The scent is so strong it can be smelled up to half a mile away and can linger for days to weeks. Their spray can even cause stinging of the eyes, temporary blindness, and nausea. An intelligent human would never dream of loitering around a park and obsess over the smell of a skunk or perhaps think and adore the body parts which emit those smell, but worshipping the reproductive organs of humans is equally unreasonable, especially since ninety-percent of the gas humans release actually smells bad. The cause of the odour in human flatulence is intestinal bacteria that produce compounds containing sulphur. Most farts are caused by swallowed air or healthy gut bacteria that release gas after breaking down food.

In order to be free from human bondage, it is often necessary to believe in your own goodness and goodness, and to understand that your holiness comes directly from God, the Deity who created you and loved you the most in the universe. Often, people tend to fall in love with a person because they think that person loves them, but if we remind ourselves constantly that the only being who truly loves us is God, we will not feel enthusiastic to chain ourselves with bonds of love or lust to a person's flesh.

Discover freedom by focusing on growing in God because as you focus on God, He will give you freedom from mankind. Those who are addicted to the slavery of human flesh may find pleasure in watching pornography but it is God alone who deserves our attention and love, because the humans in pornographic images

neither love or adore you, and they can neither benefit nor help you, and will only cause moral and spiritual decay.

If you find yourself drawn to sinful images and pornographic images, then avoid the trigger points and do not go near the things which causes you to delve into such misery. It is akin to someone who tends to hike in dangerous areas, and when he finds himself coming as close to the cliff as he could without actually falling, he would be wise to step back. If it is Instagram or some other social media website that causes the mind to seek danger or illicit images, then it should be avoided. Being chaste will not be easy, because it will make you free, so naturally, there will be many people who will discourage you from becoming pure. But fight those animal instincts and delete that Instagram page which causes you to slip into moral decay. Your heart will desire purity but your mind will drop doubts and say you have thousands of followers or even millions of subscribers who adore you, but in reality, when you are scrolling down Tik Tok images and other videos, and if you find yourself adoring or worshipping the people, and desiring their bodies, then your heart will become enslaved forever, and you will lose this precious freedom. This is why deleting the trigger points are important. The biblical passages say once you are free, do not use your freedom as a means to commit sin, meaning do not get lethargic or fail to remove the trigger points when watching certain television shows or films. Remove from your life everything which triggers pornography; because watching the bodies of tother men or women causes the heart to become servile and enslaved, and slaves become weak and undesirable, so as yourself where do you watch pornography. If it on the phone which features Wi-Fi, then shut off the internet. Your mind may protest and exclaim how am I going to survive without internet, or I simply cannot do that, but remind yourself that it is a price worth paying in exchange for freedom. To be free, you must be ready to endure some degree of discipline.

The pious Christian theologian and philosopher St. Augustine, would often speak openly about the harms of excessive sexual pleasures, clarifying that sexual relations harmed the human body and crushed the human soul. He recognised that sexual practices make even the best men suffer from a bestial bondage to lust, and this in turn makes humans lose godly qualities, such as compassion, mercy, honesty and kindness. Augustine was sexually active, as a young man and found himself a slave to his sexual impulses while living with a concubine, but he clarified that his sexual sins caused his soul to be empty. In his writings, the language Augustine used to describe his sexual impulses was always negative, as he saw sexual indulgence as images of disease, disorder, and corruption. He surmised that desire was a seething cauldron and an open sore that had to be scratched because by his own admission, his sexual desired was a bondage that he is too weak to escape. Desire was the last obstacle between Augustine and a complete commitment to God.

Many people who had become addicted to sexual activities found that one person cannot satiate their lust for human flesh, and when a man constantly chased after young women, he desired more and more pleasure, and as he became older, his desires only increased until he abandoned women and began to worship young men and eventually fell in love with a handsome young man and literally began to worship his body and became a practical slave of lust. Sexual indulgence often causes men and women to increase in the filthiness and as people worship other young women or men's private parts, they become insane with jealousy and try to

make sure their young lover would not become remotely attracted to other people. People who are sexually promiscuous often stalk and lust after the young men or women, until they die and end up in the grave! After their death, the young people he or she loved and adored hates them most passionately, and this the reality of life. This is the reason why intelligent people should shun from all sorts of human lust and carnal desires.

Humans have three enemies: there is a devilish power which is our invisible enemy, and there is a flesh which is our inward enemy and we have the world which is our visible enemy, and we have to overcome each by resisting the lustful desires that grow in us. We can overcome the flesh by feeding the spirit and saying no to the urges of the flesh and the way we overcome the world is we remove ourselves from the trigger points that cause us to fall into lust and sin so that we no longer have to live in bondage.

We need to be vigilant in our quest for freedom and need to move forward and keep fighting our battles and keep standing our ground and keep resisting the enemy, renewing our mind with trust in God and walking with certainty that whoever is free from sin is freed. Once our heart is free, we can take our purity back and we can take our self-control back and we claim our righteousness back and we can take our confidence back and be able to walk in dominion and in discipline and devotion and overcome lust.

Joseph was not enslaved to human lust, and he was not obsessed with thinking about humans, so he had wisdom that came from God, even though he did not have a lot of education, Joseph was able to get through all of the hardships in life without losing his faith or becoming bitter and mean because of the fear of God. The fear of God will always cause you to flee sexual sin, not flirt with it. Run from sexual acts instead of flirting with the sin as there is a verse in Genesis 39:12, that a woman caught him by his garments saying lie with me but he left his garment in her hand and fled and ran outside. When a woman enticed Joseph, he fled from her, and did not flirt because when you have a fear of God, you flee sexual immorality. Let your passions and infatuation go into the prison of your principles, and let them go into the prison of this word so you can fulfil your purpose on this earth. You have to learn to imprison your passions because if you do not go through purity and put your passions in the prison, they will put your purpose in the prison. Biblical stories show how Joseph ran from lust and ended in prison but he was not a prisoner, but a free man at heart, because he was not enslaved to any mortal. If you choose purity, then prison can lead to your purpose. Choose a time of denying yourself instead of discovering yourself. Choose a time of laying down your passions and God might put you through a season of prison where your freedom will be restricted but it is when you will be freed from human bondage. We all place ourselves in prisons, such as not looking through what other people are browsing, so try to imprison yourself from mortals and do not lust after filthy bodies and do not even think of any humans for one second. If you choose your passion instead of purity, you will be in a prison and the prison will be called the prison of pornography or sexuality, and you will find yourself constantly worshipping the private filthy parts of human bodies and constantly sleep with anything that moves and it will be the real prison which will ruin your life and be a reason for the shattered marriages and you will live being totally unfulfilled. So, let your purity decide your prison and your restrictions and your limits.

Battle against lust and porn:

When a human spirit is weak, their body will suffer, so when your human spirit is weak, your health will deteriorate. When your human spirit is weak, your mind cannot be controlled and if you are addicted to pornography, you cannot save your soul from a spiritual death without deliverance. Those people who watch porn justify their actions by saying, I am not having sex but am just watching it. Some think they love the pleasure because the reason why they watch porn is for sexual arousal so they can masturbate and find pleasure in their flesh and every time they watch porn and feel guilty in their hearts, they say, I will stop after tomorrow, and then they may stop for two days but the problem is that while they were enjoying those pleasures, the heart was becoming enslaved to the flesh of other humans, and the soul became addicted to the kingdom of darkness of pornography and the spirit of pornography controls the flesh so in order to really halt this disgusting habit, they must remove all of the trigger points for pornography because their problem is not the flesh, but the problem was the addiction and slavery towards humans.

Porn sites are now the most visited websites in the internet, and nearly half of all questions in search engines are porn related and an average kid first sees pornography by the age of ten years and the most popular day for pornography consumption during the week is Sunday because somehow people wish to fall into sexual bondage by the consumption of pornography. Porn film manufacturers are earning hundreds of billions of dollars each year due to the inherent perversion of many sex addicts in our world, who do not pause to think that the person's genitals they are worshiping will die one day, and those porn star's body will decompose and explode in a horrifying combustion. People addicted to sexual films often purchase plaster cast of their favourite porn star's genitals but do they ever consider that from that body part, thousands of pounds of horrific smelling excrement and faeces are emitted, and if they were to be even in a remotely close proximity with such filth, they would die from bacterial poisoning and have trillions of tiny worms, bacteria, fungus and other deadly organisms invading their own body? But outside official statistics, millions of young people start sexting and sending homemade porn to their boyfriends and girlfriends and this form of sexual exploitation has become very popular. Some people who are addicted to watching adult film claim that pornography is not wrong because it is not harming anybody as long as they are in the privacy of their home and they are watching pornography and are not married and therefore, not hurting a spouse.

Anyone watching pornography is not only committing a sexual sin but also degrading himself and causing untold suffering and humiliation to the person who is being exploited in the video. To objectify another human being is in itself a heinous crime, and it is also adultery and all forms of adultery is sinful. What adultery means is not just the sexual intercourse with another opposite sex, but it is looking at a woman with lust and pornography is uncleanness and those who are addicted to pornography find it hard to get rid of it like cocaine and heroin. In the United States, nearly two million drug users are addicted to cocaine, and almost three million heroin users are addicted to their drugs, but nearly fifty million people in the United States are addicted to pornography and internet statistics show that they do not just browse, and accidentally come across adult films, but are addicted to pornography. Like drugs such as cocaine and heroin that trigger chemical tolerance and eventually requires higher quantities of the drug to be used each time to achieve same intensity or feel the same high, with pornography, the first time a person consumes pornography, they feel high, but the next time they

want something harder and they look for something filthier and they want something more radical and shameful. Soon, they begin to search for same sex pornography and then more vile torture pornography and rape pornography and all other form of sexual torment where women are whipped like animals and electrocuted.

In our age, sexual immorality is not viewed as a sin at all, but in order to remain free and not be enslaved to the flesh of human bodies, we need to adopt the lifestyle of Joseph who was a young handsome man and he had ordinary sexual desires in the biology that was in him but when one day, a woman came and grabbed him to solicit him for sex, he did not use the opportunity to evangelise her or pray with her, unlike those people who may have flirted with her to convert the woman, but Joseph did not flirt to convert her and instantly fled from temptation. We have been taught to flee from all sexual immorality and live with righteousness and dignity. Joseph did not use religion to flirt with her and ran away from temptations. It is vital to remain as chaste as possible whether inside or outside marriage, because sexual temptation does not stop when you get married and as many people who have been plagued with the curse of pornography, they know that marriage has never delivered anybody from pornography.

Those who try to justify sinful acts create excuses such as soon as I have free sex, I will no longer watch pornography, or similar tropes, but these are mere deceptions, and sexual slavery is so intense that there is nothing that is going free them from pornography because in pornography, the images are created by adult actors who is not a wife, and the sexual addiction will only increase over time, and the more someone watches it, the more pornography addiction will intensify and begin to stain your marriage. The purity battle can never be won by getting married, because you have flesh, and therefore the best way to begin to practice your lifelong pursuit of purity is when you are single why because you are disciplining your flesh and you are teaching your biology to submit to your theology and your sexuality to submit to your spirituality and as you discipline your flesh, it will not matter if you are married or not. In fact, remaining virgin with oaths of chastity and vows of celibacy is the ultimate cure for all form of sexual degeneracy and diseases. It is a false idea to imagine that the more women someone marries, the less he will be attracted to other women or even be able to give up pornography, but sex is like drugs, and you can never offer drug addicts more doses of drugs to cure their addiction, but the only solution to beating the alcohol and drug addiction is going clean, completely and permanently. Experts describe flatulence as a normal physiological process, which occurs when the bacteria in the large intestine metabolise things in our diet that we cannot metabolise and fermentable oligosaccharides, disaccharides and monosaccharides, and polyols are the types of carbohydrates that create digestive issues, such as gas, abdominal bloating, constipation and diarrhoea. The gas, or 'flatus', consists of a number of gases including methane, nitrogen and carbon dioxide. The varying smells depends on the ratio of gases, which is influenced by the foods we eat and are the by-products of intestinal bacteria. People can spread dangerous germs through flatulence, since there are almost always faeces present. With sexual encounters, the chance of being contaminated with someone else's waste are high and yet, sexually addicted people find it enjoyable to worship those parts of the human body which emit such disgusting filth.

Purity will help you overcome bondage to pornography and the word of God is the sword of the spirit that if you do not fulfil the lust of the flesh, your heart will be

free. Pornography is inherently wrong because it has a way of getting people addicted and it insults and degrades women by turning them into objects, as women in pornography are viewed as nothing but a pleasure of men and the message it imparts is that women are nothing but simply objects that are to be used and handled with force and violence, and it gives the false notion that women love to be abused and they want to be tortured and whipped like dogs. However, religion teaches man and woman to honour one another, and God never created a woman to be dominated, not in person, not in a relationship and nor even in bed. Most of pornography is consumed during work hours so people are jeopardising their work by consuming pornography and it affects their finances because eventually it could lead to divorce make a person's heart more dead by the day. As a spouse, how can one move past this sin? I believe that pornography is infidelity and anyone watching such filth is committing sexual sin and adultery with somebody in their mind and this is a ground for divorce but in order to regain freedom, the addicts must set disciplines around their lives, and put themselves in the purity prison and walk in discipline.

Sex outside of marriage means committing a sexual sin but even within the bonds of marriage, to indulge in sexual acts is extremely detrimental to mind and body. One must control his or her own body and possess the body in a way that's honourable. Do not to be a prisoner of your passion but try to possess of your passion. The pagans are ruled by their sexuality; they are ruled by their sensuality; they are ruled by their urges because pagans do not know God. They don't know better so they are ruled by their biology instead of their theology, so as a person, you have to allow your will to be submitted to God's will and begin to possess your vessel and learn to control your body. Remember that part of your sanctification is submitting your will to God's will and learning to control your own passions and overcome sexual temptation.

What is purity?

Fear of God leads to fleeing from sin as we learned from the story of Joseph because he stated that the fear of the Lord led to him fleeing from sexual sin. Joseph knew that virginity was a gift he was meant to give to a spouse only after he got married and he was resolved to uphold sexual purity for eternity.

Some people place a lot of emphasis on keeping themselves pure until they get married but that is not what purity is; purity is not abstaining from sex because you need to be virgin, but one must be pure even after they get married because purity is the issue of the heart that has nothing to do with physical things. Yes, it manifests in the physical but first and foremost, it is spiritual and sexual purity is the fear of God.

Living and walking in purity and keeping your virginity are important for our mental and spiritual health. Sexual purity applies to your singleness and it applies to your married life purity and it applies to a teenager and this purity applies to an adult, because once people become engrossed in the pleasure of the flesh, they cannot help but become slaves of other human beings, and this slavery cases them to lose humanity. Those who are trying to keep their virginity should realise that purity is more than virginity because one can be a virgin and not be pure but they cannot live in purity and not walk in virginity.

Someone can live in virginity without walking in purity such as being addicted to foul films and adult movies. Others are addicted to the demonic spirit of pornography even as they try to live in virginity and not walk in purity. However, every effort must be made to remain free from sexual activities, and therefore,

keep your virginity and keep your physical purity if you want to have a free heart and an open mind.

Marriage is not a licence for engaging in excessive sexual activities, because any form of relationship with humans, whether within the bounds of marriage or not, destroys the human soul and makes them heartless and cruel. We must never think that once someone is married, he or she no longer needs to restrain their urges for sex in that marriage, but marriage and sexual acts do not fix purity it. If a woman decided to marry and strip dance for her husband or the husband decided to create persona pornographic content for themselves, and recorded all their sexual acts, it will destroy every ounce of humanity in the couple and slowly, they will become extraordinarily cruel and unsympathetic to the pain of others. To retain humanity, even in marriages, we must try to be abstinent and pure. Purity is not physical cleanness and purity is not virginity. Purity is pure, meaning you can keep yourself clean and free from sexual connections and you can keep yourself even from dating or become perverted in the heart and in the mind. Purity is freedom, and it means you must not even think of a human being or obsess over their bodies or think about what they are thinking. Merely because you are a virgin and you are not sleeping around and you are not dating anybody does not automatically mean you are pure at heart and have the right to walk around with pride and a sense of godliness.

Purity is a constant ongoing pursuit, which when you stop pursuing, then even if you do not commit physical sexual immoral sins, purity is not reached because it is a pursuit after God, so the goal is not to pursue purity itself, but the goal is to pursue God and become free like Him. If we are not constantly in pursuit of chastity and purity, those around us who are habitually promiscuous will inevitably influence us into becoming unchaste, and you will find yourself becoming addicted to sexual acts or addicted to consuming pornography which might even you feeling dirty and disgusted with yourself but as long as you are around people who are sexually enslaved, you will be unable to stop consuming pornography or get away from sexual immorality or quit some ongoing physical intimacy that does not guarantee purity. The pursuit of God is pure lifestyle which you actively need to strive for, because we all need purity to be free from the bondage of humans and

we need purity to be in God's presence and we need God's presence in order to be pure. This is because without God and His religion, we will really never know for certain what actions are pure and which is depraved. Pagan emperors of ancient civilisations such as Tiberius did not have any religious guidance to direct him as to what was acceptable behaviour, and on retiring to Capri, Tiberius held secret orgies of both sexes, and selected experts in deviant intercourse and had a sex library full of illustrated works so he could point to what he wanted. Eventually, some of the noblemen of Rome even married little children and assaulted infant boys.

Sexual and Cleanliness:

To pursue purity, you have to discipline your eyes and move your eyes away from anything that might excite you. Ask yourself, why should you stare at the bottom of some human being, or gaze at the foul body part of a person who contains billions of bacteria and fungus in that flesh? If someone finds himself or herself staring at the reproductive body organs of another person, rather than being mesmerised with sexual thoughts, one should remind the eyes that there is nothing noble in staring at an organ that emanates foul-smelling waste thousands of times. In fact, researchers say that an average person yields nearly four hundred pounds of poop each year, which is greater than the weight of a large animal, and double the weight of an adult panda. How can we, being intelligent creatures, give way to using these precious eyes to stare at the body of a person who will excrete thousands of kilograms of awfully stenchy filth that will not only smell atrocious but will contain billions of bacteria, worms, maggots and fungus? Persuade yourself to be honourable and dignified and then move your heart from other humans as well and do not think about the person, because thinking about something means you have become that person's slave. Human beings are too noble and honourable to become enslaved to other mortal flesh. If you do not want to fall into sin and slavery, stop flirting with that sin and learn how to walk from it. The reason why we fall into sexual sin is because we do not flee it, instead of fleeing sexual sin, we flirt with situations and we flirt with people knowing we are not meant to be in that relationship. If you see your sexual sin as a weakness, you have to flee it, not fight it, meaning you have to run from situations that are wicked. If you want to live a free life, seek purity with a community of people who believe in purity. You cannot be pure in the vacuum and you cannot be pure on your own. We need others who are equally pure. It will be very difficult if not impossible to be pure and chaste when you are around people who are in lust and you catch the spirit of lusts the same way you catch a flu, simply by being around them because lust is contagious. But if you put yourself in a group of people who are in purity, then it is only a matter of time purity begins to come upon you because your crowd creates your cloud and there is a spiritual influence that comes upon you as this pure your tribe creates your chaste vibe and the good habits are not corrupted. But choose your friends wisely, because bad company corrupts good habits, so if you put yourself in a bad environment, in a few years, the environment will do its work like a flu and you will catch it under the influence of your friends and that is why Paul mentions in the Bible to surround yourself with people who are right so they will influence you in the right way and lust will no longer be a problem.

The emperor Nero is known to be as depraved as possible as his scribes stated that he defiled every single part of his body and devised a kind of game, in which, covered with the skin of some wild animal, he was let loose from a cage and attacked the private parts of men and women, who were bound to stakes, and when he had sated his mad lust, the victims were killed. Without religion, remaining pure becomes difficult and therefore, God is necessary only to ensure we do not become enslaved to the sexual body parts of other humans. God's goal is purity of heart and you can try to make yourself pure by putting an effort to pursue God. The second chapter of Timothy do not call us to fight lust, but to flee it because the only way you beat lust is run from it.

Some people complain that they cannot control sexual appetites, and it comes to them, but we must understand that we are not animals and there is a rule governing our sexuality, and nor are we angels in heaven that do not get married and do not have sexual desires. We are human and that means we have a body that do NOT need sex to be alive. Sex is not water. Sexual acts are not air. We are not a sexual being. We are a spiritual being that has a physical body. The necessities of the body are real. But our identity is more real and our identity is that we are a spirit. The idea that one cannot control it is absurd. Sexual experiences are really an act of instant self-gratification and humiliation. It is quite opposite of self-control that we are constantly taught about. Self-control is an act of obedience to the Creator and sexual activities are not an act of obedience; it is an act of submission to the desires of the flesh. Can humans have sex without being enslaved? It is kind of like thinking I can go to the pool and I am not going to get wet. Abstain from sexual immorality if you want to be free from human bondage, and then your body cannot commit sexual acts because the heart will be in pursuit of God's will. If you think about humans at all, they will find power over you and make you their sex slaves, because people are addicted to having someone sexually worship them. If you permit yourself to be enslaved by the human flesh, you will lose your self-respect and humanity, and adore the filthy parts of a human body which are abound with horrific infections and diseases. We all know that fungal foot infections make the feet rot away and smell terrible. It can be very persistent and hard to treat. People who sexually worship other humans often become obsessed even with the feet of their sexual masters and they spend hours photographic or watching or worshipping the smelly feet of their sex partner, despite knowing that hundreds of fungal infections are present there. Common diseases like tinea pedis, also known as athlete's foot, is an infection caused by several types of fungi, including ringworm. Athlete's foot is highly contagious and easily passed through contaminated floors, towels, footwear, or clothing. While highly contagious, the types of athlete's foot vary by their location or characteristics. Many people suffer from toe web, which is the most common form of tinea pedis in which the infection occurs between the toes where moisture levels are high. In addition to itching, there may be peeling skin and a revolting yeasty-smelling rash.

Reverence for God is the secret to a deeper relationship with Him and many people have a relationship with God but they lack reverence for God and any relationship that lacks reverence is one step short of religion. Why? Because everything lives and operates by rules and rules cannot give life; only God gives life, and hence, the relationship with God is the one secret, reverence, as we find often in Joseph's life. The Genesis speaks about how the lord was with Joseph, and showed him mercy and in the first episode of his life. Joseph was favoured by his father and the Lord

was with Joseph when his brothers betrayed him as the Lord the bible says He was with Joseph first time he got betrayed and the second time when he got thrown into jail but in those difficult times, it is possible that Joseph did not feel like the Lord was with him. But the Lord was with Joseph when he got thrown into jail and labelled as a sex offender and as somebody who uses women. What we can learn from here is that when God is with you, your relationship with God is strong when you have reverence for God and that is the secret of the depth of relationship with your Maker, and this frees you from the sexual slavery and lust of mankind. When the pagans of Egypt threw Joseph in jail, instead of being offended for this little bad place, Joseph quickly became a warden in jail and controlled the whole prison without any formal degree. How can a man being a slave and a stained reputation run things everywhere he ends up? It is wisdom which develops inside a person if he or she is free from sexual depravities. Even the most educated and knowledgeable person will become a sick depraved lunatic if he or she becomes enslaved to the lust of another human, as we have witnesses in the past, where heathen leaders of Greece and Rome or the noblemen and women of Phoenician and Byzantine or Babylonian territories would regularly engage in the vilest actions imaginable. Pagans in Rome did not consider sexual activities with animals to be improper, and neither was incest seen as a criminal act, although after the three monotheistic religions like Judaism, Christianity and even Islam spread its arms across the globe, bestiality became banned and remains illegal in most countries since it is a crime against nature, and animals cannot give consent and sex with animals is therefore inherently abusive. However, once more, in recent years, there has been a rise in debates and activities within the zoophile community, which has lobbied for the recognition of zoophilia, or zoo sexuality as an alternative sexuality, for many years and considers it their human right to engage in sexual acts with animals. Those who are constantly advocating for the legalisation of bestiality defile the name of God and denounce religion for being cruel and unjust for denying them the basic right to sex, but it was these very incidents that the Christian saint Augustine was afraid of when he denounced excessive sex as the root of all evil and sin. Psychologists often remark that humans are curious and bold by nature, and when one thing becomes permissible, its attraction decreases and they seek more innovative methods to entertain themselves, both physically and sexually and when all forms of homosexual acts became legal in this century, it is possible that this had caused the paedophilia and pederasty advocacy organisations in Europe and North America to become vocal about achieving their goals of marrying infants or children. Early Christian saints tried to teach the pagan communities how vital it was to be chaste. The Ebionite Christians in particular, tried endlessly to halt such sickness from their societies, but they were severely persecuted. The Ebionites were also attacked for their beliefs because they held that in order to be a Christian, people first had to be Jewish. They were strict about desiring a Judeo-Christian co-existence in their fellowship. As the head of Christ's church in Jerusalem, the pious James was very much in favour of this notion, and challenged the Apostle Paul on this issue as mentioned in the Acts. James told the Gentile men they had to be circumcised in order to be a part of Jesus' following but St. Paul rejected this idea. The followers of Jesus became deeply divided into two main groups, even as the heathen continued to engage in sexual depravities.

People do not get wisdom by taking e-courses and classes; we get wisdom from the fear of God. When you fear God, God endorses your life and frees you from the

bondage of man. You will find yourself free like a bird, never obsessing over a certain dirty body part of a human who will die any moment and turn into a rotting corpse, unknown and forgotten. Knowledge is not wisdom but knowledge is what you get in a university. Wisdom is what you get in the fear of God. It is a deception of this age to educate yourself and make you think you are wise, and able to control your environment, but the more people indulge in sexual addiction, the more they will lose wisdom and rationality, until there will be no different between them and animals. When God took Joseph through jail, he was successful in everything the enemy threw at him, and he did it without a degree because he had the fear of God in his heart. On the other hand, the lack of the fear of God opens the door to a spirit of fear and the person becomes beset with anxiety, depression and chronic fear and the fear of rejection or the fear of being cheated on or even the fear of driving or swimming overpowers him.

The Struggle of Lust:

If you are struggling with lust, sometimes it could feel like you can never get out of that cycle and sometimes you might even break free of that cycle for like a few weeks or a few months and then you will fall right back into that same sin but just know that you need to change your perspective and understand that lust has a purpose. The purpose of lust is to get you away from your God-given purpose and remove you from the God-given destiny that God has given to you in your life. The purpose of lust is to make you comfortable; it is to make you satisfied; it is to make you content with where you are in your life so when lust comes, it comes as a direct attack on you spiritually, and every time we give in to lust, we are letting the sexually slaves around us win, because those who are addicted to lust will try to ensure that you do not escape their enslaved fate, so the next time you are tempted with lust, think of it as a literal battle and a genuine fight for your purpose because you have God on one side who always gives you a way out, even though other sinful and sensual humans tempts you.

When you struggle with lust, you need to choose God every single time, in every situation that you are struggling in. Make a covenant with your eyes that you will not look and stare at anyone or anything inappropriate. Cancel all trigger items from your life, and remove yourself from the presence of anyone who is sexually active or experienced. While battling with lust, in that very moment, you need to make a conscious decision to choose God because you are not strong enough to defeat lust on your own. You are not strong enough to fight off the thousands of humans who desperately want you to become addicted to sexual activities the way they have become enslaved, for it is only human nature to be jealous, and those who are promiscuous tend to be envious of those who are chaste, and they wish everyone to either engage in sexual acts with them, or become the sexual slave of another human. You have to understand that if you lose control in the area of lust, you lose control in the area of anger and if you lose control and go flying, you cannot be a free person. Make a firm decision not to allow your eyes to stare, and never allow your eyes to wander. Sexual promiscuity will eventually make you feel guilty and even feel condemned in that shame and guilt, but try to free yourself from those humans who are enslaving you to their bodies, and flee from lustful acts. So, take authority over your eyes. Control what you see. Monitor, discipline and train your eyes to bounce instead of wander and look again and stare. Do not to allow your eyes to look again to get a clearer picture of somebody's body parts or of somebody's body image or video. You cannot overcome lust if you do not

replace it with emotional state that makes lust unnecessary. Love, joy, peace and freedom will make you unattracted to human body parts, because lust thrives on loneliness, isolation, stress and boredom. The moment you begin to replace that in your life and fill your life with the joy of the God, you can fill your life with peace, and begin to pursue those meaningful things, and sexual addictions like pornography will not have a hold on your life.

Train your eyes to bounce. Train your eyes to turn. Teach your eyes, train your eyes because they are like untrained children, but you can train them, and that is possible. If you don't control your eyes, you will lose your eyes, maybe not physically, but you will lose the control over your eyes and then they will control you. The biblical passages firmly advise us: Flee youthful lusts but pursue righteousness. Repentance is freedom because that is when we shun our human gods and cease to worship all the human bodies, we lusted and desired, and this is when you can turn to the Lord, and run to God, because God is waiting for you. God is faithful and true and He will forgive you of your sin and give you the strength to go and sin no more.

Even if you are suffering from depression, or facing great financial hardship, or having social frictions, becoming celibate can remove those difficulties from your life. But it is one thing that would be very difficult to achieve and even more tough to maintain. You have more chance to stay alive under machine gun fire while trapped inside a burning building than be able to stay chaste and untouched for one year. Each year, approximate 70 million people die away, and nearly double the amount are born. Out of those 140 million infants who are born in our world, less than a thousand may be able to stay perpetually chaste and celibate, because people who reside with sexually promiscuous people cannot remain untouched or pure. Perhaps not even one in ten million can stay sinless and pure. Yes, of course, there are many people in the world who are single, unmarried and even visibly chaste, but most are not actually pure, meaning they probably were not able to stay mentally chaste and have ended up watching filthy images and graphic films. Being celibate does not mean refraining from physical interactions with the opposite sex, but it requires a purity of the mind by which you may not even think of another person's body, or fantasies humiliating your own body for the pleasure of others, because thinking of the dirty body parts of humans makes a person as unchaste as physically servicing them. You probably will find it impossible to be chaste. Almost no one can. I see millions of people around me, and no one is or can be celibate. I may hazard a guess and state that maybe less than eight hundred people out of the eight billion people of our world are perpetually celibate and chaste, and have never even entertained any sexual thoughts of had any vulgar fantasy.

Many people turn to sexual acts as an escape from the callousness of life, but blaming others for your sorrows is never the solution. We have no right or reason to blame parents or other loved ones for passing on certain mental or physical illness which we may be battling with, and while blaming others for our own weakness may temporarily give some comfort, it will not make those horrors go away. It won't change anything but doing something proactive about it might be helpful, so in case someone is depressed, rather than watching X-rated films all day, he or she might try to engage in spiritual cleansing by praying, fasting and crying for those in need, if not directly help them, or at least, feel sympathy for the millions who are less fortunate. It is far better to nurture compassion in oneself.

Rather than giving in to nature's lust and desires. Lust and sex are like an addiction which grows like weed in the garden of our heart, and rather than burn down the garden, we can try to take out the weeds and sow some good grass. All you have to do is to get a lawnmower and start getting rid of the weeds and start planting good seeds and start taking care of it to pass on to your offspring a new legacy with new habits and new blessings. Perhaps what you are battling with have been passed on to you, and it is likely that something or someone in your immediate environment is causing you to feel insane lust or rage, but you are not responsible for what is passed on to you; you are responsible for what you are going to do with it. Are you going to give in to base desires or are you going to start pulling weeds and push the lawnmower and start sowing some seeds? Life will offer you obstacle and many times, you will find yourself in a spiritual battle. We must be able to realise that repeated sexual sins and lustful fantasies have external and internal reasons behind them, and some may even say it is the inner demons affecting them the same way behind every tomato is a farmer. We know that corn and tomatoes do not grow on their own; rather, somebody has to cultivate them. Behind every repeated lustful act or sexual sin is a person who cultivates it. It is possible that those around you who are sexually promiscuous wants you to become enslaved to human flesh the way they have become enslaved to their carnal desires. The biblical stories say how behind every Delilah is a Philistine hiding behind the couch waiting for the victim to be lured into sleep. Lust is dangerous because it is the greatest weapon of the devil. Carnal desires make men weak, and causes people to get addicted to filthy films. The curse of pornography becomes a vile good compensation for trapping people into greater sickness. Sexual immorality, fornication, and adultery are sponsored by the devil of lust and desires. Sexual sins will utilize the mind with depravities and will play with the flesh, so that you can fall for it but we must resolve that we are not going to fall for lust. Why? Because we know that we have a purpose. As honourable humans on earth, we know that we have a destiny. We will live in purity even though we struggle and get tempted but God is on our side Who is greater than any temptation

Do we mean that if someone falls into the same sexual sin, they are demon possessed? What we mean is that they probably are in some way, hypnotised or demonised. Demonised is being controlled in a particular area of your life by a demon. It doesn't mean that you are owned by a demon, it merely means you are being controlled by one. And this implies that excesses in lust and sex causes the human mind to lose its intelligence and reasoning skills. Once someone becomes obsessed with satisfying his or her sexual desires, their lives become stale and lustreless, and he has no control over his own mind or even his actions. It is surprising how mentally deranged people become once they get addicted to sexual actions, and worship the bacteria-filled body parts of other humans. Smelly gas is common and is usually caused by certain foods or medications. People experience more gas if they have constipation and, in most cases, foul-smelling flatulence is associated with an unbalanced diet, causing people to produce a huge volume of rotten-smelling gas, making the lives of everyone around very unpleasant. But those people who find sexually degenerative humiliating acts to be enjoyable somehow do not mind worshipping the body part of another human that will emit enough foul-smelling gas to fill fifteen hundred hot air balloons in a lifetime.

We must understand if we lose control in the area of lust, if we lose control in the area of anger, if we lose control and we go flying into shameful and degrading acts and we do not know what happens to us or why we are acting in such horrible actions, then you can safely assume that lust has possessed the body, and the only way you can save your soul from the filth of lust and sex is by declaring war on promiscuousness. You can overcome the animal's desires, and you can fight it, as long as you know what you are fighting. To escape from the clutches of lust, you have to stop shadowboxing. You have to resolve to win a battle in the spiritual realm and to win a battle in the realm of the physics. Otherwise, we will succumb to the filth of carnal desires and destroy not only our own soul but annihilate every virtuous person around us. Historical records indicate that heathens in the ancient civilisations would often engage in the most horrific sexual practices. Depictions of human sexual activity with animals appear frequently in pagan art, possibly because it was a common practice among god-less communities who would have had little incentive not to fulfil their sexual fantasies, in the absence of any god or paradise. Being chaste was considered demeaning and was punished with severe penalties. In Rome, women who were discovered to be virgins were kidnapped and given to the gladiators to be assaulted. Ancient Egyptians encouraged people to pursue sexual relationships outside marriages.

Without a God-given rule there was no sexual discipline, and ancient civilisations considered sexuality all forms of debauchery to be normal. More than 4,000 years ago, Babylon grew to a seat of empire from a small city, and accumulated wealth and power. Few historians care to include the Babylonian depravities whilst narrating the tales of Babylon. Like the Romans and Phoenicians, the Babylonians were also pagans who were sexually active and had the most shameful custom of forcing every chaste woman to become prostitutes. Every woman born in the country had to go and sit in the precinct of temple Venus and have sexual relations with strangers. Even the noble and wealthy women were forcibly taken to be pimped out where strangers threw silver coins at her and took her to be sexually assaulted. Ancient Rome took many sexual aspects of Greek culture and enhanced them, and even young Julius Caesar was a sex slave of older military leaders and eventually came to be known as the "Queen of Bithynia," so fond was he of serving men sexually and was rumoured to be fond of cross-dressing and wearing women's clothing during the time he sexually served his older male employers. This is how humans cease to resemble humans once God and religion disappears from their lives

Did you know how Eskimo tribes would catch wolves? They said to catch a wolf is not easy, but they had a trick where they would dip a knife in blood few times, have the blood dry up, dip the knife in blood again and have the blood dry up and leave it as bait. Now, everyone knows wolves that when they smell blood, they lose their rationality. They can no longer think straight. Eskimos know that so they would put that knife and secure that knife in something strong and tie it up and put it into the ground and they would leave and let the blood manipulate the nature of a wolf. Of course, the wolf would smell blood and his animal desires took over. He would not be able to think anymore. Even though a knife is glittering ahead, his eyes become blinded to feelings of cautious fear. His eyes no longer see because his urges have taken over. He would come and he would start licking the knife, not realising it's a knife, and then by the time he realises that it's a knife, it would be too late because

now he is drowning in blood and swallowing his own blood. This is how the wolf would die.

Lust is something that makes humans become animals and lose its rationality. But it comes innocently as a friend of a confidante, but the moment someone succumbs to the desires of the flesh, he will become doomed like the wolf. In lust and sex, we see only the beauty on the exterior. Like the mad wolf, we see the blood, but we don't see a knife. We see porn image, and we don't see a filth of demon behind it. We see sexual acts as fulfilling, not realising it will turn us into monsters soon. We see sleeping with the girlfriend as an innocent act, but we don't see what it is going to lead to. We see a flirtation in the office as a daily routine, but we don't see that there is a hunter behind that is ready to slay us and burn our soul and make us heartless. We have been created with intelligence because our Creator wanted us to be proud and pure. God wanted to make us possessor of our passion; such a possessor of our passion that we have spiritual eyes that we see the dangers behind every lustful act.

If we don't control our eyes, the filth of lust will take them. Control your eyes or the demon of lust will control them. The Bible stated how Job said he made a covenant with his eyes that he will not lust for a look at the young virgin. This shows how being chaste is a conscious decision. We have to possess our bodies; our bodies do not possess us. We possess every organ in the body- those organs do not possess us.

What do you do when you have a crush on somebody and God's word says no, or religion told you it is not good for you, or someone prohibited by God? If you have strong feelings of lust, what do you do? As human beings, if you do nothing to curb those passions and if you let the feelings take control, then gradually, every ounce of humanity escapes from the body and you will not be able to differentiate between yourself and an animal. There are people applying for a marriage license with a horse in the United States. There is a person that is applying for a marriage license with his laptop. These are real events. In the past, people have tried to fulfil all their sexual desires and this led to moral decay in many ancient civilisations. Spartan men were famed Greek warriors who spent most of their lives living with their fellow warriors, and engaged in homosexual behaviour to strengthen their bonds. The pagan Greeks believed having a male lover would improve their combat skills. Some emperors would abduct and rape any woman who took their fancy, whether she was married or not. This even included the wives of Roman noblemen who were powerless to stop their leader. The emperor Caligula's favourite sex partner was his own sister, Drusilla and he regularly had sex with her in an amphitheatre where people were invited to pay to watch them in action. Emperor Caligula's sister died at a young age after a 24-hour long marathon sex session with Caligula and other men. Two of the emperor's other sister who refused to be his sex slave were pimped out to the men of Rome, and forced to live in brothels where the young girls were forced to publicly service every man who wanted to have sex with them, in any fashion the men desired. Other emperors and pagan noblemen married little boys and freely used any children they pleased.

Why did they adopt this attitude? Because they succumbed to the animal lust and lost their humanity, similar to our modern era, where some say if a man can marry a man because of love, why can't I marry a horse because of love and who are you to judge? But with lust, this love becomes a god, the lover becomes a slave. In a

twisted society, anything you love becomes legal. Love becomes the moral standard. We must still remember that God is love, but love is not God. As a believer, you know honestly you cannot do whatever you want. Unlike the pagans of the past, who thought they were their own god, so whatever they came up with- they acted on it. We tend to warn others not to judge love and lovers. Why? I don't judge fishes for swimming and, or birds for flying, or men for walking on the ground, and how dare I judge sinners for sinning. We don't judge but if you are a believer who submitted to God and who is not a God of himself, then you have to submit your biology to your theology, your sexuality to your spirituality, and your feelings to your faith, and your chemistry to your Maker. Why? Because you have a God and he is your friend and Saviour. Sometimes our flesh wants to do certain things and when we submit to God, it may bring a little pain to our flesh but we know that God is good and what He wants is good.

Animals often feel they know best what to eat or how to live, so for example, dogs are intelligent creatures. They have 300 million receptors; we, humans only have six million, so the brain in the dogs, or the part of the brain that analyses the smell, is 40 times bigger than the section of my brain so with 300 million receptors, they can sense better than us who have only 6 million, so we can imagine how a dog will smell things on the level you and I will never ever be able to comprehend and because of that, dogs are drawn to things based on their smell, and sometimes a dog he cannot differentiate between garbage and regular food, and he eats anything that smells nice to him, often ending in fatal results.

What distinguishes humans from animals? The simple difference between us and hyenas or wild dogs are that we have the capacity to control our desires and the animals do what they wish, and they eat what they want to and they even mate with whoever they wish, without dating or marrying. For example, a pet dog will often fail to appreciate he should not be eating from the table of his human owner, and he does not realise that he could fall ill. The dog does not control his feelings; he lets his feelings control him. A human who is sexually addicted to the human flesh is also irrational in his actions and worships the foul-smelling body parts of another. Toenail fungus is very common in people who are in their youth. Fungal toenail infection often occurs alongside tinea pedis but can occur on its own and is more common in people with a weakened immune system or those with peripheral vascular disease, in which blood flow to the limbs is decreased. Millions of people are infected with this disease and it seems strange that rather than steering clear from such areas of the body, many sexual addicted people spend hours of their day, examining and worshiping these foul-odour organs of the human flesh. Symptoms of toenail fungus include horrific looking flaky skin with pus oozing out. There are notoriously difficult to treat, partly because topical creams can't penetrate the nail plate. Even with the best treatment, it can take up to 12 months for the nail to fully grow back. Toenail infection is very common in the human body, and its symptoms include yellowish nail discoloration or thickened, flaky nails. Other deadly foot diseases can be identified by rippled or puckered nail plate and the separation of the nail from the nail bed and sometimes can be diagnosed by a visual examination of the toenail. Healthcare providers may not be able to identify it right away, and sometimes, many people live with bacterial foot infections for decades, without noticing it. This means people who come into close contact with these individuals will find their own bodies becoming infected with such miserable diseases.

Animals let their urges and senses tell them what to do or eat. Therefore, due to their lack of sense and intelligence, they have a human owner to put a leash on him and feed him the proper food to prevent him from falling grievously ill. We do not place that leash on our beloved pet dog because we hate him, but because we love him and want to protect him from harm. God gave us rules on how to conduct ourselves sexually and physically, and He asked human beings to be chaste and live a pious life. We were told not to engage in disgraceful acts and have sexual acts with others, but to many people, these religious edicts are oppressive, inhumane and vile. We do not place a leash on the dog to prevent it from freely roaming around and have fun, but we know that if we don't control those urges for the animal, he will kill himself. We have to try and understand that our theology is a leash on our biology. When we believe in our goodness and appreciate the greatness of Who created us, we are putting on the leash of self-control over our bodies. With faith, control yourself and control your passions or they will destroy your life. If you let your sexuality run rampant, you will not only kill your spiritual life, you will kill your financial life, you will ruin your physical life. You will get distress and pain which you don't want in your life because you have not allowed your spirituality to put a leash on your sexuality. Let your faith put a leash on your feelings, and let your choices put a leash on your chemistry.

We are honourable human beings, and we are not wild boars or some senseless animal, so we cannot let our sexual lusts and carnal desires to run around rampant. Why should you ever stare at the flesh of another human being, knowing that his or her body will decompose within hours of death, and the glands of the breast will explode from the accumulation of worms and bacteria? The human bowel contains a host of bacteria that help digestion by fermenting some of the food components. The process of fermentation produces foul-smelling gas as a by-product. Some of the gas is absorbed into the bloodstream but the remainder is pushed along the bowel and produce excessive amounts of intestinal gas, making people have loud and smelly flatus which is caused by the muscles of the bowel forcing air out. How can a reasonable person justify worshipping the odour-emanating body part of a person, when they know that the average man produces nearly thirty thousand pounds of poop in their lifetime, enough to overflow an entire mansion or house. Reason with yourself: why should you prefer a chaste life instead of spending the adult years panting after the genitals of another person, who is likely disgusted of you deep inside his or her heart, because to that person, you will seem akin to a shameless animal.

Why is sex unnecessary? Because it will cause only pain and sadness in your life. We need to rule our passion, and not let the passion control us. Try to submit the flesh, the craving, the passion, and the excitement raging in this body, to a higher and purer Being, and then you shall find the true joy of earthly existence. Humans and pet owners often are careful to avoid a run in with a frightened skunk, as the smell of their spray is very difficult to get rid of, and smells like rotten egg. It is interesting that while we run away from skunks, similarly horrifying smell is emitted from human body parts, which sexually addicted people adore and worship. Experts say that the foul-smelling gas humans emit are flammable, since they contain hydrogen and methane. Many people have a complication that prevents the stomach from properly expelling waste into the small intestine. This is called dumping syndrome, and it can cause smelly farts, making an average person give out enough gas to fill 1500 large hot air balloons.

Your life quality can change based on three things: your experiences, your choices, and your associations. Becoming chaste and avoiding meaningless sex is an act of courage and piety, and it will take someone active effort and the right pious companions to stay undefiled and unhurt. Rather than submitting the body to another human being, we have the choice to submit to God and live a pure life. Living a life with honesty, transparency, and truthfulness increases the quality of life, but all the goodness in mankind ebbs away if they become embroiled in the workings of the lust, and seek to satisfy the sexual appetite using the bodies of other men or women. The Biblical Amnon succumbed to his lust because he was not actively trying to run away from his desires.

Historically, it has been repeatedly proven that whenever a nation or a society becomes too sexually active, they face mortal hardships. Any country that experienced free mixing and orgies eventually witnesses a sexual revolution starting to take place, and no sooner that it happens, the fabric of society crumbles and immediately that nation gets destroyed as widespread deference to honour and chastity is spread forth. We have witnessed how soon after the Roaring twenties, countries all over the world, especially in Europe in America, lost thousands and thousands of their men in the most brutal warfare imaginable. For the Western society, the Roaring '20s referred to a decade of decadence, where music and fashion was abundant, and since the Prohibition era had ended, people freely engaged in sexual acts and even held dance contests and kissing competitions in public places, causing massive free mixing and lustful encounter. These sexual interactions caused the hearts of millions to harden to truth and love, and soon, they became killing machines in a war which was like no other, and millions had to died and millions more had to kill for survival.

In Thessalonians, the Bible says: This is the will of God, your sanctification: that you should abstain from sexual immorality; that each one of you should know how to possess his own vessel in sanctification and honour, not in passion of lust... God's will for you is to possess your passion.

It is vital to be in control of one's desires, and rule your passions rather than let passion rule you, and this can be achieved partially by surrounding yourself with pious mentors because then you can overrule your nature through nurture. It is clear that the nature of lust, the nature of divorce, and the nature of anger and depression can be broken through your choice and through your selected association. There will be those in this world who will try to convince you that humiliating yourself sexually in pride and honour, and so the devil and sinful men and women will want you to submit yourself to your biology. They will never wish for you to submit your biology to your theology. They do not want you to submit your feelings to God and humanity, when God is love who created mankind with honour, compassion and dignity, but every act of sexual degradation takes one deeper and deeper into spiritual decay. Oftentimes, there will be a so-called associate or friend that will advise us to do sinful acts or engage in mindless lust, but these friends are not your true well-wishers and will advise you against going to a priest, mentor or pastor, and they might instil fear in you saying, don't tell it to your parents and don't you dare to tell the religious counsels because they might spread gossip about you. The reality is we all need the right environment to thrive and we require the right friends to remain pious. The python is a very unique snake and it is mentioned in the Bible as well in Acts 16, verse 16 where a damsel with a spirit of a divination described. Now, the python, as we know, lays more

eggs than any other snake in the world, and thus they are generally feared. However, there is something about the python's eggs which makes it unique; they cannot hatch in any environment. The python's eggs need a particularly warm environment for it to hatch. In fact, most of python's eggs never hatch because either it's too cold or is too hot. With self-control and chastity, one can never remain either as long as they remain in the company of ill-counsel and false friend. Corresponding, connecting or cooperating excessively with people who are sexually promiscuous will eventually cause you to stumble from the pedestal of celibate glory and make you demean yourself and defile others. Everyone needs the right atmosphere to form character, because bad company corrupts good habits. Some of you will be delivered from that human weakness and be able to become chaste only if you remove some toxic people from your life. As humans, we need the right environment to retain our goodness, and we all need community of pious people around to remain chaste, so we do not get preyed upon by lust and cruelty or targeted for defilement by someone on Instagram and Facebook, because without pious companionship, we will all become vulnerable, and the chains of lust cannot be removed from your life. This is why the Bible, in Timothy, 2:22 tells people to flee from all lusts of youth. It calls on all to pursue righteous living. In order to retain a pure heart, people are asked to run from lust and the desires of the flesh, because succumbing to sexual desires makes one cruel and indifferent. One cannot remain pure in the company of lustful men and women, or even in a vacuum, but people can only be pure in a community of similar minded chaste men and women. It is therefore very sensible to see monks and priests, nuns and sisters, clergies and friars all living in chaste company all their lives within the rigid walls of their communities. The James chapter in the Bible says to people to, submit yourself to God and then resist the devil and he will flee. Those who are struggling with lust have a choice to become spiritual and seek purity from God, and believe that he or she is honourable in the sight of his Maker and should never succumb to base animal desires. There are hundreds of millions of people in the world who spend hours of their life each day in worshiping and watching the intestinal body parts of other humans, despite knowing that there is a buildup of stool, or poop, in their colon and if they don't defecate regularly, it will cause bacteria and odour to develop. The end result would be foul-smelling and painful gas. Celiac disease is an autoimmune disease where there is an immune response to the protein gluten. This leads to inflammation and injury in the intestine, leading to malabsorption and flatulence. Other than bad-smelling flatulence, celiac disease can cause other symptoms. Humans were never meant to worship and obsess over such body parts. Remember, we were fashioned by God to possess our passions.

Objectively speaking, religion itself was not really necessary for our survival, but without the existence of religion, we would not have known the prophets and without the presence of the prophet, we may never have figured out the existence of God. This would cause the untold danger of living in the godless of the pagans of ancient civilisations. Pagan societies reigned everywhere during the pre-Christian eras, and sexual promiscuity became the norm, and sodomy lost its standing as an abomination. When it came to adultery, the law stated that the guilty party could be sodomized by the injured party

Slavery and sexual sins were so common in heathen Rome and Greek societies, that it was common in Rome for gladiators to fight to their death. History's most

deranged fighter was the emperor Commodus, who preferred gladiator fighting to being emperor. He slaughtered countless humans from a terrace above the stands of the arena. In his spare time, Commodus pursued sexual degradations.

Early Christians strongly opposed such sexual depravities and many Ebionite Christian openly protested such sick sexual habits. The Ebionites embraced an adaptationist Christology, holding Jesus of Nazareth as a mere man who, by virtue of his righteousness in following the Law of Moses, was chosen by God to be the prophet like Moses. The Ebionites also rejected as heresies the orthodox Christian beliefs in Jesus' divinity and substitutionary atonement that were accepted by the early Church; and therefore, maintained that Jesus was born to Mary, as they sought to abolish animal sacrifices by prophetic proclamation.

This view on Christianity greatly alarmed some heathen communities in Rome and other cities where they had hoped to add their own innovation into Christianity.

The Ebionites rejected all forms of trinity and Messianic divinity, and according to their sources, the pagans tortured the Ebionite Christians to death so most people would become followers of a paganistic religion and eventually abandon

Christianity altogether after discovering pagan roots in it. The Church Fathers consider the Ebionites identical with other Jewish Christian sects, such as the Nazarenes. Some modern scholars suggests that the Ebionites revered James the Just, brother of Jesus and leader of the Jerusalem church, as the true successor to Jesus (rather than Peter) and an exemplar of righteousness, and therefore they followed the permanent Nazirite vow that James had taken. Many such Ebionite Christians were severely punished by the sexually promiscuous Roman leaders who objected to their criticism.

The Roman Empress Faustina was also known for being wildly sensual and was in love with numerous gladiators. When she became aroused over one combatant and confessed her passion to her husband, he allowed Faustina to have sex with the gladiator in question, who was then murdered while on top of her. Afterwards, she bathed in his blood. This form of depravity was common in pagan societies and since the entire population was pagan and godless, they were also addicted to sexual excesses, and so the ordinary people accepted these behaviours without question.

The early religious God-fearing men and women were horrified to see the sexual depravities of the pagan societies around them and although they did not immediately preach Augustinian doctrine of chastity or loathing for the flesh, they were profoundly opposed to adultery and tried to curb down the animal lust of the heathen societies.

PREACH:

Preach to everyone how to remain soulful, and how to retain purity. In order to remain good and heartfelt, you must preach goodness and write a book or write a poetry or write an article praising chastity and praising celibacy share posts praising abstinence. Write about the suffering of the people in the world. Focus on the souls of people. Focus on those who are suffering in the world. And do not focus on sexuality or sexual depravity and sexual madness. Only then can your soul stay strong. Only then can you stay abstinent. It is not easy to stay abstinent in a world where everyone is sexually involved.

Out of goodness or out of wickedness, every single day, when you go out in the street, you will be in a battlefield. You will be in a place where everyone is hungry for souls and they will destroy your soul or take it away. So, you must fight to keep it. Imagine a zombie world or a place where there are billions of vampires or someone who is walking around in the street injecting every single person with a potion of sexuality which destroys their soul and makes them loveless. Should you let your guard down even a minute, someone will attack you and inject you with that sexual lust disease which may come in the form of debate or political talk or fake news or a falsely created news or something similar, and in that moment, you will lose your soul and become selfish and want to sexually please yourself and thus you will become a soulless person as everyone else.

If you find yourself unable to weep and cry for others, and if you find yourself unable to stay chaste abstinent or celibate, then change your location. Change your roommates and your classmates. Change your family. Move away from that country and move away from that place which is not enabling you to become pure, and change everything until you can change yourself. Sometimes it is those who are around us who are most jealous of us, even if they love us sometimes, but they are jealous and they will not let you succeed. They will not let you become abstinent or chaste or celibate. So immediately, try whatever you can, but try to move away from that place until you go to a location or a neighbourhood or a country or a locality or a place where you can feel your soul coming back to you, and where you can stay abstinent without any urge of becoming unchaste or sexually active. Change your community and change your friends until you become a good human being. Fight for chastity because it is the most difficult thing in the world that almost no one can attain and among those who attain, almost no one can keep.

To keep the soul alive, one must weep every single day and instead of focusing on their own pain and their own sexual need and their own weakness, they must weep and cry for the pain of others and the sexual purity of other people until their tears give their soul the strength to stay chaste and celibate, and until their soul become so strong and so powerful that they do not mentally sexually and emotionally become weak and dependent on another person.

You must cry and weep and make your soul strong, so that jealousy and hatred and passion and anger does not take over you. Instead of being angry at the government or at your family or at those who do not financially help you or at your own life for not being successful enough, cry and weep for every single child in the world who does not find a single piece of bread to eat. Yes, they are as merciful as you, and they are as human as you and you are in no way or shape better than them. You do not deserve better than them. Cry for the hunger of every hungry child. Cry for the pain of every father who cannot feed his children. Cry and weep for every woman who cannot feed her children. Download videos of the suffering of people in the world. And take a video and cry for one hour each day until you feel tears coming out of your eyes in sadness and in solidarity with that starving woman or that starving child.

Do not let anger and hatred and vengeance come and take over your soul and make you feel entitled towards wealth. Because that will make your soul dead. Greed will make your soul dead. The need for luxury will make your soul dead. The need for lust or sexual partners will make your soul dead and merciless and selfish. Make your soul merciful by looking upon those who are lesser fortunate than you. Every time you face poverty, do not get angry and do not lust after the wealth of

others. Immediately, look at those who suffered more than you and who are in hunger and who are in poverty and who have nothing, and see their suffering and cry for them and be grateful for whatever you have. You will see that your soul will become so merciful. You will find that greed and lust for other people and vengeance and anger are the things that destroy your soul. And mercy for others and charity when you don't have anything is what makes your soul purified and strong and powerful until you have the strength and the power to stay celibate and free-hearted and free-minded. In the end you, should you be able to pray and weep for the plight of others, you will become a saint should you be able to keep your soul so purified and so strong.

As a real saint:

All your prayers will be answered.

Your enemies will be destroyed.

You will never be tortured.

Your children and family will be safe.

You will gain everything in the world.

You will gain eternal salvation and happiness.

Just live a pure life for a couple of years in this short-term world. Time will pass away in the blink of an eye. And we will become distant memories and turn to ashes and gravestone like all those before us, both kings and servants.

All lovers and their beloveds died.

All stalkers and their victims died.

All killers and their murdered victim eventually died.

Everyone thought the world was forever.

Everyone earned money, power and wealth and everyone lost everything and were forced to the afterlife, penniless, powerless and in the mercy of a God who is most severely just and with whom no money has any value and no framing has any worth.

How foolish we are to think we will live forever and how desperately we fight to keep living and keep fighting!

How useless this dream-world is where men kill, die, stalk, love and hate and think this world is the end. No! Our life will begin when we will be reborn in the eternal afterlife of heaven or hell. We are children fighting in the womb of the mother believing there is no life beyond the uterus. We are blinded children who will be shocked to see the world once we are born in death...

Human lust and desires have caused only death and destruction in the past, such as the Indian Deccan and Madras Famine and the Justinian Plague and even all the horrors of World War 1 and 2, which followed the sexual indulgences of the roaring Twenties where the Great Depression killed millions and the Vietnam war disasters killed even more, and even in the past, godless criminals who were sexually active like Genghis Khan killed at least fifty million people.

Sexually indulgent people begin to see other humans, not as honourable people, but as lustful objects to be used as a toilet bowl and be discarded. This makes them doubly cruel towards others, even their loved ones, such as parents, children or siblings, and only their current sexual masters are valued by those sensual people. History confirms repeatedly that whenever leaders of nations became sexually active, they carried out unimaginable cruelty, including ordering the rape and murder of millions of people. King Léopold, a sexually active leader in Europe, was

responsible for the deaths of 15 million people in Africa, and also put 8 million people in slavery.

Nero, the sexually deviant emperor of Rome, burned thousands of Christians alive, after framing them for crimes. His unnatural sexual appetites caused him to become quite merciless, making him execute his mother, and boil his wife to death and castrating a little boy and fashioning the child as his empress.

Adolf Hitler, another sexually active leader in Germany, is believed to have been responsible for at least 6 million deaths.

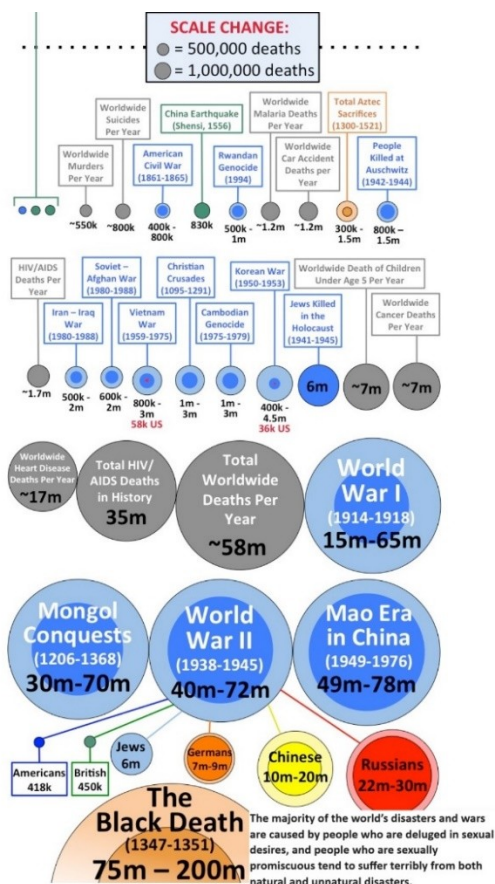
Mao Zedong, the sexually indulgent communist leader in China, indirectly killed anywhere from 50 million to 70 million people.

Joseph Stalin, the sexually active dictator of Soviet Union, was responsible for the deaths of 30 million Russians.

Pol Pot, the sexually promiscuous tyrant who ruled Cambodia, was responsible for 20 million deaths, personally executing 1.5 million.

The Mongol invader, Genghis Khan was extremely lustful, keeping hundreds of wives and concubines, including nine-year-old girls as brides, and he also killed 40 million people, most of whom were unarmed civilians.

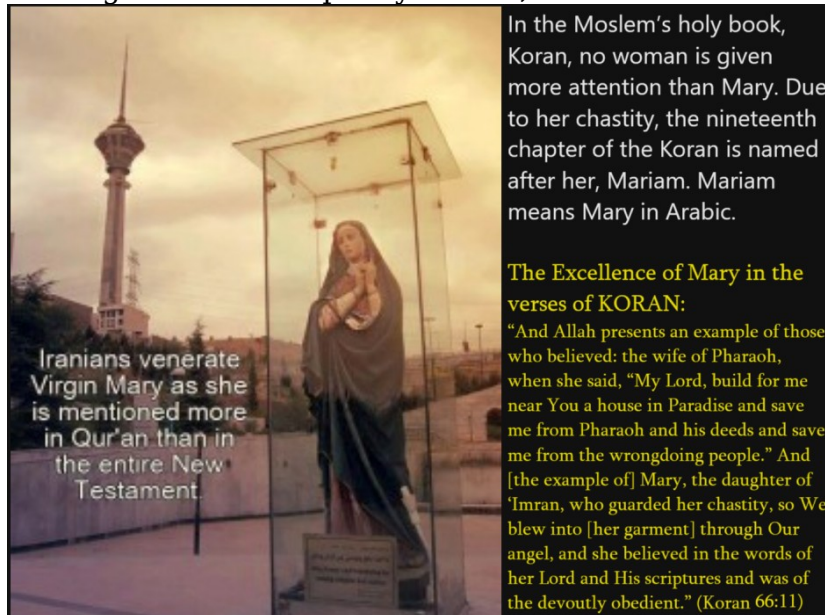
When people in the Soviet Union adopted atheistic ideology as a part of their communist faith, they gave up the Gospel and abandoned chastity. As a result of their promiscuousness, the Russian Famine of 1940 killed over ten million people. The more lustful a person or nation becomes, the more death he causes.



A SECTION FOR ADHERENTS OF THE ISLAMIC RELIGION ONLY:

Those of other faith and beliefs may skip this chapter, as I have taken generous liberties in scribing some speeches of Moslem scholars.

In the Islamic tradition Book 'Muslim', the first quotation states that Mohamed would often say, 'Celibacy is half of faith.' Contained in the first page of the Book of Purity of the Moslem traditions, this demonstrates how Islamic religion too offers remunerations for the act of celibacy, and endorses its adherent to abide by this rule. Celibacy, cleanliness and purity have been covered in more detail than any other topic in Moslem traditions, with their Holy Koran stating: "Indeed, God loves those who are constantly repentant and loves those who purify themselves" [2:222]. This verse defines the love of the Moslem Deity towards those who keep striving to attain the purity of soul, both inner and outer.



Although many Moslems erroneously believe that their religion calls upon men and women to be married and remain so, one of the most reliable prophetic traditions quoting Mohamed states that "The Celibacy is a half of Faith." Some Moslem attempt to make a half-hearted argument that this tradition indicates physical cleanliness of purity, but Islamic scholars hold that this makes clear reference to total celibacy. This syncs in concert with the Catechism of the Catholic Church which states, "...accepted with a joyous heart, celibacy radiantly proclaims the Reign of God." (CCC 1579) We understand that celibacy is a free choice by its adherents to refrain from entering into the covenant of marriage, and the sexual intimacy contained therein, for the purpose of preparing for the Kingdom of God. It is the surrender of an immediate sexual gratification, which is the lustful union between two people, in anticipation of a future good in the Kingdom of Heaven, as both Islam and Christianity publicise a heaven which will be sex-free and eternally pure, with perpetual virgins living to eternity.

Why do many Moslems advocate non-celibacy?

One argument some Moslems put forth that the Islamic prophet Mohamed was a married man, who likely had many wives and thus, was absolute not celibate and,

they use his life example to promote sexual promiscuousness, albeit in terms of marriage. Other Moslems cite certain traditions and Islamic historical references to prove that their prophet Mohamed not only was married but was betrothed to numerous women, and so contentious was this issue, that almost no scholar in Islam was able to agree to the exact number of wives Mohamed ever had. One famous tradition claims Mohamed not only married several women but also had conjugal and intimate action with them, somehow, in the presence of other men or women or bizarrely, in the full view of his disciples. While these sexually explicit hadith, or Islamic traditions, clearly state that Mohamed was sexually active, most of these lust-related narration seems more bizarre than most of the fabricated traditions which are often associated with Mohammed. All his friends swore that Mohammed was shyer than a virgin in her seclusion, even after he was sent with the greatest message for mankind, in which there are rulings covering the tiniest details of people's lives. Mohamed was very restrained in his speech, and he used the most eloquent phrases and avoided crude words; and this applied to many issues, such as relieving oneself, bathing (full ablution), marital issues, and so on. He used various words so that a man could use these phrases without causing embarrassment as most Arab chroniclers believe Mohamed was a lifelong celibate.



In defence of his mother, Jesus said: "I am indeed a servant of God. He hath given me revelation and made me a prophet; And He hath made me blessed wheresoever I be, and hath enjoined on me Prayer and Charity as long as I live; (He hath made me) kind to my mother, and not overbearing or unblest; So, peace is on me the day I was born, the day that I die, and the day that I shall be raised up to life (again)!" (The Islamic Koran 19:30-33).

According to classical historians, during a summer season, a Levant Christian was present and saw a nomad woman approach Mohammed and she had asked the prophet if a woman who has wet dream required to bathe, but this vulgar question caused their shy prophet to become frozen in bashfulness, and he blushed visibly unable to speak. Ayesha, a twice married woman of thirty, saw Mohamed colouring deeply, and she gesticulated at the woman and took her aside and reminded her that Mohamed was unusually shy who never glanced or touched any of his honorary wives, and this sort of graphic question caused him undue distress. This bashfulness of the Moslem prophet alarmed the foreign man and he immediately went back to his cell and fabricated several hundred sexually implicit narrations and falsely attributed them to Ayesha, the woman Mohamed is believed to have had married in name only in order to help her retain an honourable position in society, especially since Ayesha's previous husband had expelled her from his home. However, the very notion that Ayesha, who was incidentally the daughter of

Mohamed's friend, had been married to him, has been contended repeatedly, as many classical Moslems historians insisted that there had never been any evidence which linked Ayesha to Mohamed, as Ayesha, the daughter of Abu Bakr, was in fact, married to Omar, who later became the second Caliph in Islam.

Moslems scholars lament that many people added false tradition and fake quotation about Mohamed to falsely claim he had many wives or that he was not chaste or celibate, and this made even most authentic Moslems to imagine that it is part of their religion to adopt a married life.

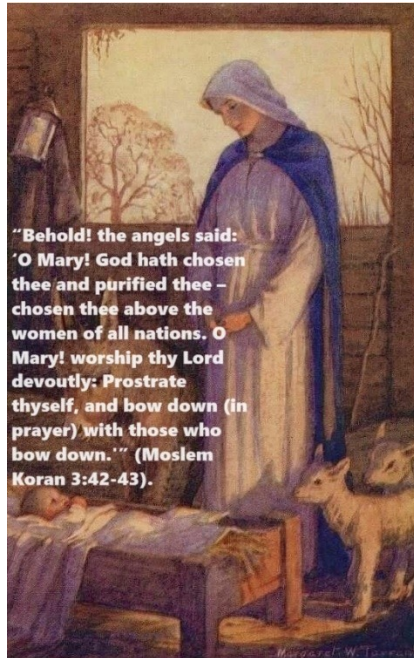
Some Levant Christians, pagans and other foreigners selected Anas, Abu Huraira, Ayesha and some other common names to attach their fake traditions to it. This caused hundreds of false reports to circulate about Mohamed until this day, including those reports which falsely Mohamed married many women, including one named Ayesha. Another even more bizarre report claim that Mohamed married a young woman named Zeinab daughter of Jahsh, when the woman in question was in fact, betrothed to a wealthy merchant by the name of Abdurrahman ben Auf.

Moslems classical scholars insist that purity or celibacy has been considered as the foundation of Islam, where the tradition 26002 of Kanz Ummal quotes their Prophet to have said: "Try to be in purity as much as you are able to. Verily, God has based the foundation of Islam on cleanliness; hence, never can a person enter Paradise but the pure ones." In this narration, Mohamed was reported to have stated the clear connection between celibacy and Heaven, meaning that people should strive to constantly cleanse themselves not only as an act of faith but as preparation for the Hereafter. In the famous quotation of Mohamed, he said:

"Every religion has a manner, and the manner of Islam is shyness." It was known among his peers and even female friends and family members that no virgin young girl in all of Arabia could be found who was shyer and more chaste than Mohamed, the son of Abdullah. Although Mohamed contracted official marriages with several women, chiefly to provide them with shelter and security, he kept them merely as honorary wives, never touching or going near them, as he was very shy and celibate all his life. Despite his celibate ways, Mohamed has and is still considered by most Moslems to be an advocate of marriage. While he did not explicitly forbid his disciples to marry, like Jesus, Mohamed himself adopted a celibate lifestyle and taught his friends intricate rulings on how to remain physically and spiritually pure. As such, the purity laws in the Islamic religion are one of the most delicate and thorough to be ever found in any religion, as Moslems are explicitly forbidden to touch a person of the opposite gender, or even think of sexually explicit material or ideas. As per the Islamic regulation, thinking of a sexually explicit idea is in itself enough to make the man banned from praying, fasting or even entering a mosque or worship place. Moslems who get remotely aroused sexually are not even permitted to read a single verse of the holy Koran, and they are forbidden from touching the pages of the sacred texts, even if it be over layers of covering. Couples are forbidden from sleeping after carrying out a sensual act, without ritually cleansing themselves with pure and flowing water, and thoroughly washing every part of the body, to the point that even if a hair follicle of the human body is not washed, the person is condemned to be in spiritual purgatory. In fact, every aspect of Islam appears to thoughtfully discourage all and any form of sexual intimacy, making it more credible that it is a religion that advocated absolute celibacy, as much or even greater level than what Christianity has taught us.

Some Moslems try to argue that there is no place for celibacy in Islam, but from the purity rituals of their own religion and by studying the laws of chastity, it is evident that the Moslem God dislikes sexual acts, and have imposed numerous penalties on anyone who is remotely active sexually, banning them touching the holy book, reading a single verse, standing in prayer, or fasting. Those who do not perform sexual acts, but experience some sort of discharge due to sensual thoughts, are equally condemned and are prohibited from carrying out any religious duties such as prayer, pilgrimage, liturgies or meditations.

Sexual excitement in the smallest degree is considered a fatal sin, and without being ritually pure, Moslems are forbidden from entering the holy cities of Mecca and Medina in this condition.



There is no doubt that the Moslem god hates sexual indulgence, and have never mentioned any women by name in the Koran except that of Virgin Mary, who was pure and celibate. In the Islamic holy book, similar glowing praise can be found about John the Baptist, who is considered a perpetual virgin man as well. For Moslems, being sexually active makes them doubly impure and condemned to sinful existence should they fail to purify their bodies at once, and therefore, anyone who gets sexually remotely aroused are prohibited from engaging in any form of spiritual activities, such as prayer or fasting, and are not permitted to read the holy book, or even touch the cover of the Koran, or stand in prayer. In fact, praying after any sexual acts or excitement or discharge is so severe a sin that the person is removed from the folds of Islam when they do so, as the Moslem God encourages people to perpetually remain pure, and refuses to mention the name of anyone who was sexually promiscuous, and in the Koran, single woman like Virgin Mary was glorified while there were no positive mention of married women, and rather, several rebukes can be found aimed at married women like the wives of prophets Noah and Lot, who were cursed and condemned for being married, even when their husbands were sinless and pious prophets. But clearly, the Koran makes it evident that marriage of any kind for any reason is less than desirable. While studying the Islamic views on celibacy, I conversed with many Turkish and

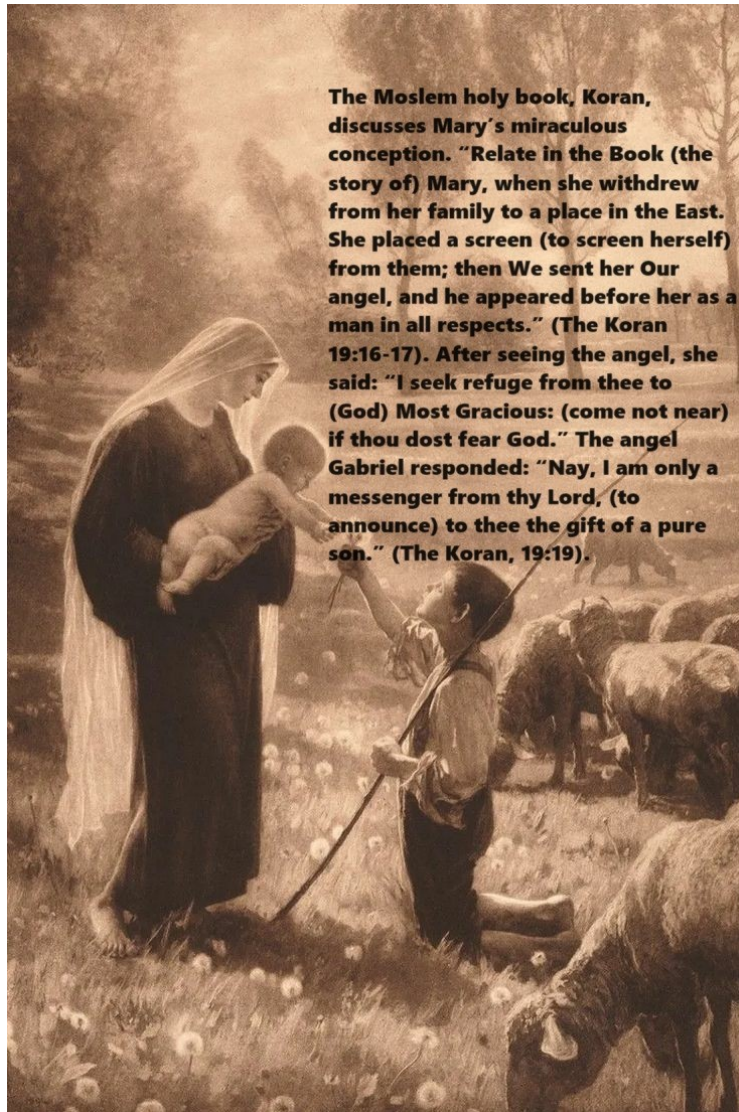
other Sufi saints and scholars of Islamic laws, who elaborated upon the Moslem perspective of chastity and purity, by highlighting the strict purity laws which dictate that man must at all times remain chaste, and thus, thousands of Islamic Sufis and saints remain absolutely chaste and celibate throughout their lives. According to Islamic religious principles, they said that with each human, several angels stay to guard them from harm and pain, and when people indulge in sexual acts, or carry out sinful acts, they become polluted with the sin, and thus, with each sin, a harmful heat emits from the body, and the angels who protect the human from ordinary sufferings then find it imperative to leave the person's side, and abandon them to their torment. Angels, as it were, were made from cold light and ice, and they cannot remain in the proximity of people who commit sinful or sexual acts, and therefore, many Islamic saints insist that Moslems who prefer that angels remain with them must adopt celibacy, like their own prophet Mohamed. Angels simply cannot tolerate heat, and the heat energy which is emitted from the person who is sinful or sensual or does anything sexual, causes the angels to leave them and thus, Moslems scholars give this explanation to why so many disasters take place whenever a nation becomes promiscuous. It is the heat of sensual sin that causes angels to leave, and since they normally keep out pestilence and tornadoes, they cannot prevent the destruction which are orchestrated by the devil, because as per their faith, it is not God but the devil which causes horror and hardship to befall humans, and it is the devil who often orders those humans who worship him, to start warfare, or burn down crops or forests, so humans can suffer, but sexual abstinence can make these problems non-existent. Islamic beliefs advises in concert with other Abrahamic faiths like Christianity and advocates purity and abstinence. The Gospel of Matthew explains the significance of celibacy, and implies that it provides spiritual freedom to pursue an intimate relationship with God in a particular way. In celibacy the unmarried person is focused on a unique kind of relationship with the Lord, and does not have the obligations that married people have. A celibate priest can give his undivided attention to the people in his parish, without the commitments of a family, he is free to go to the hospital to anoint the sick, witness marriages, officiate at baptisms, oversee various renovation and construction projects and give blessing at many other functions. While Christian belief approves celibacy, it also totally tolerates marriage and supports conjugal intimacy as a gift, but Islam seems to have taken a fiercer role in prohibiting all form of sexual indulgence and condemning even the slightest sensual thoughts. It is for these reasons that many Sufis and mystics in Turkish Islam found it imperative for men and women to be celibate, and they insisted that the Moslem God prefers women and men to remain single and chaste. They used verses from the Koran where Allah glorified Virgin Mary for being chaste and announced her perpetual virginity as a sign for humanity and an example for all women and men to lead a pure and celibate life. Indeed, in numerous verses of the Moslem holy book, their Allah calls upon the angels and all of mankind to celebrate Virgin Mary for being perpetually untouched and pure and the Koran also insists that she delivered a baby boy via virgin birth, to prove to humanity that marriage or sexual acts was unnecessary for someone to have a child, so that Moslems do not use precreation as an excuse to adopt a married lifestyle.

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ISLAM AND CELIBACY:

Celibacy is not a holy and delightful concept in Christianity alone, where catholic clergies are all encouraged to live celibate lives in order to keep them pure, and prevent them from carrying out crimes, because sexual acts diminished morality and makes people do various crimes, and so religious people often say the best way to be happy is in celibacy. Some people erroneously think only Christianity values chastity but according to the Moslems scholars I interviewed, Islam is even greater advocate of chastity as per the Koran and its verses, where the Islamic holy book mentions an entire chapter dedicated to the purity of virgin Mary, and the most famous Moslem jurist or canonical leader such as the popular imams like Imam Shafi and Imam Ahmad never married in their entire life. Shafi, reportedly wedded an old blind woman the year before he passed away, and only kept her as honorary wife, because she was helpless. Imam Ahmad, who Moslems consider a leader in exegesis, was said to have wedded after his eightieth birthday, and he too did so as a formal gesture without consummating his wedding. Other Islamic saints like Rabiah of Basra remained celibate and chaste, as they regarded Virgin Mary and her son to be the perfect example of life and tried to emulate their chaste lifestyle.

Some Turkish Sufi added that the Moslem god clearly preferred women and men to stay single, and mentions repeatedly how purity was part of faith. As elucidated in the Koran, with an entire chapter named after Mary, the verses within highlight how food and water, and fruits and even children will be miraculously granted to anyone who is chaste and celibate, as marriage is not required for one to bear children, as was evidenced with Mary, the mother of Jesus.

The message in the Koran is that if someone is chaste, God will provide a miracle child for them and they will never have to have sexual relations to gain so, and married people, even the wives of prophets like Noah and Lot were rebuked by God, because they were not celibate and virgin, and Mary, on the other hand, was praised and hailed as the supreme woman on earth. According to Moslems holy book, the Koran, chapters mention how Mary was miraculously gifted any food or fruit which her heart could ever desire, and she received unseasonal fruits, so that no one in the future uses the lack of food or wealth as an excuse or even children as a pretence to engage in sexual acts.



The Moslem holy book, Koran, discusses Mary's miraculous conception. "Relate in the Book (the story of) Mary, when she withdrew from her family to a place in the East. She placed a screen (to screen herself) from them; then We sent her Our angel, and he appeared before her as a man in all respects." (The Koran 19:16-17). After seeing the angel, she said: "I seek refuge from thee to (God) Most Gracious: (come not near) if thou dost fear God." The angel Gabriel responded: "Nay, I am only a messenger from thy Lord, (to announce) to thee the gift of a pure son." (The Koran, 19:19).

Moslem scholars also reported that the proof that Islam dislikes sex is that there are numerous deadly repercussions for sexual acts, and also severe consequences for sexual acts and anyone, male or female, who are remotely aroused are banned from entering a religious prayer house or mosque, and are never permitted to pray or fast, or perform the mandatory pilgrimage or even sleep in their own home, should they ever think sexually about the body of another person with lust, or even think of lustful ideas, as it is considered impure and the person's body physically unclean.

The purpose of all religion is to make humans more human, and all Abrahamic faiths seek to rein in the animal within man, and even Judaic laws call for ritual purity where people have to bathe after sexual acts, and so religious is often necessary to be celibate.

Overall, Islam, like other religions, advocates singleness as opposed to sexual indulgence. Islamic jurisprudence never glorifies sexual acts, and the Koran never mentions the name of any woman who was sexually active or was lustfully penetrated. However, being sexually molested against one's will does not make one defiled, or impure, as God, in the Moslem Koran, clearly praised the wife of the

tyrannical Pharoah, who had tortured his wife to death, and she too received equal mention as a holy woman, alongside the name of Virgin Mary. Some people are surprised to see that Muslims love Mary, the mother of Jesus, even more than many Moslem holy saints. In the Moslem's holy book, Koran, no woman is given more attention than Mary. Mary receives the most attention of any woman mentioned in the Koran even though all the Prophets with the exception of Adam had mothers. Of the Koran's 114 chapters, she is among the eight people who have a chapter named after them. The nineteenth chapter of the Koran is named after her, Mariam. Mariam means Mary in Arabic. The third chapter in the Koran is named after her father, Imran. Chapters Mariam and Imran are among the most beautiful chapters in the Koran. Mary is the only woman specifically named in the Koran, and Mary's story begins while she is still in her mother's womb. The mother of Mary, said: "O my Lord! I do dedicate into Thee what is in my womb for Thy special service: So accept this of me: For Thou hearest and knowest all things." (Koran 3:35). Mary's mother wanted the baby in her womb to serve only the Creator. When Mary was delivered, she said: "O my Lord! Behold! I am delivered of a female child!" (3:36). She had expected her baby to be a male child who would grow up to be a scholar or religious leader. However, God had a better plan. God is the best of planners. Koran 3:36 continues "...and God knew best what she brought forth- 'And no wise is the male like the female. I have named her Mariam, and I commend her and her offspring to Thy protection from Satan, the Rejected.'" Mariam literally means "maidservant of God."

However, all forms of wiling sexual penetration, makes man and women completely unclean, in all religions and bathing becomes mandatory for them in Islamic faith, so it is obvious that there would not have been so many sexual laws if marriage of sexual acts were considered advisable in Islam. Jesus and the Virgin Mary was exalted in the Moslem literatures and also in Islam, as the excellence of Mary are present in the verses of Koran, such as follows: "And Allah presents an example of those who believed: the wife of Pharaoh, when she said, "My Lord, build for me near You a house in Paradise and save me from Pharaoh and his deeds and save me from the wrongdoing people." And [the example of] Mary, the daughter of 'Imran, who guarded her chastity, so We blew into [her garment] through Our angel, and she believed in the words of her Lord and His scriptures and was of the devoutly obedient." (Koran 66:11-12)

In the Moslem's holy book, Koran, no woman is given more attention than Mary. Due to her chastity, the nineteenth chapter of the Koran is named after her, Mariam. Mariam means Mary in Arabic.

The wife of Pharoah was also honoured in Islam because she remained chaste until her cruel husband forced her to marry him, and she was forced to participate in lustful actions, but God still considered her to be chaste and pure, because she never willingly had sexual relations.

Chapter Mary is one of the most powerful chapters in the Koran, mainly because of a unique characteristic in it. Moslem exegetists claim that the number 19 is a miraculous number in the Koran, and thus, the Chapter Mary is the 19th chapter of the Koran. Mary's virginity is so prized and praised that her chapter bears the number 19, which Koran used to make unique statements. In Koran 74:30, the following verse: "Over it are 19!" is considered miraculous. A computer study made in America by many scientists revealed that the figure 19 is of some significance to the composition of the text. The computer data reportedly revealed that the numbers of certain letters in various chapters are always multiples of 19,

like the chapter Qaf, which contains the letter Qaf 57 times which is a multiple of 19 (3 times 19), and that the formula Bismillah is composed of 19 letters and that this formula occurs 114 times in the Koran which is 19 times 6 (namely in front of each Surah except Sura 9 (= 113) but one more time in Chapter 27: 30 (= 113 plus 1)), and that each of the four words in the formula occurs in multiples of 19 in the Koran.

Koran explained that all life originated from water (21: 30).

That the universe was in the shape of a fiery gas (which the Koran calls dukhan) (41: 11).

That the embryo in the womb is enclosed by three coverings (39: 6).

That fertilisation of certain plants is done by the wind (15:22).

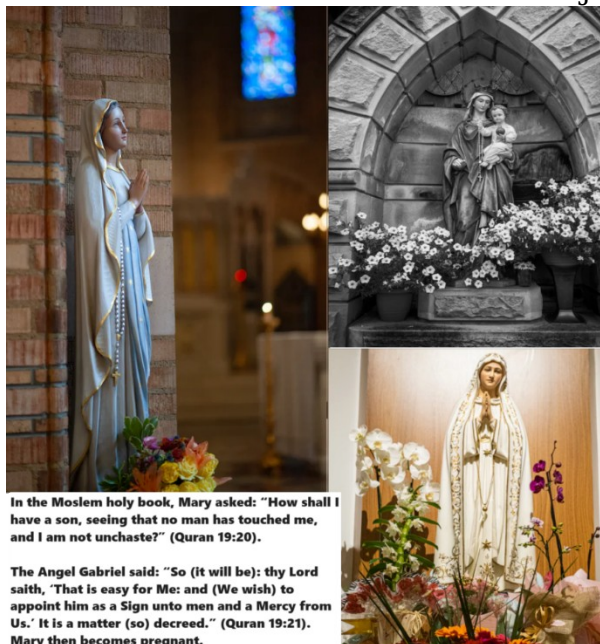
That microscopic organisms exist that are not visible to the naked eye, such as spermatozoon (96: 1).

That each human being has permanent individual fingerprints. (75:4).

These are just a few of many examples of the facts and discoveries in the Koran which are all predicated on the number 19, a number which is borne by the Chapter named after Mary. Keeping in mind that the number 19 is the Koran's greatest mathematical key, we find that the first 636 appearances of the letter **Ṭ** are in the first 19 chapters of the Koran. As previously mentioned, the number 19 is much too big of a topic to cover here but the point, however, is that 19 is the Koran's main numerical key and can be seen manifesting throughout the Koran. Chapter Mary also contains another unusually unique characteristic in that the chapter contains God's unique name, The Merciful, 16 times, whereas, even in other powerful and large chapters like Yasin, and Baqarah, only four mentions of God's name can be found.

Keeping in mind that 19 is the main key in the mathematics of the Koran, consider this. If we count all mentions of Jesus from the start of the Koran alongside a list with all mentions of Adam from the start of the Koran, we will find that the verse which declares that Jesus and Adam are the same is the seventh verse in both lists, and the seventh mention of Adam perfectly matches the seventh mention of Jesus, and the verse in which this takes place is the only verse in which they are mentioned together. But the code is endless, and miraculous surprises continue when we see that the 19th mention of Jesus is in Chapter 19. So, we check the 19th mention of Adam and it, too, is in Chapter 19, the chapter named after Virgin Mary. But what adds to how striking this is, is the fact that the story of the miraculous birth of Jesus is in Chapter 19, and is told over the course 19 verses! The miraculous mathematical harmony is truly endless as we look closer at Chapter 19, we find that when we start counting the verses, starting from the verse in which Jesus is mentioned (Verse 34), up to the verse in which Adam is mentioned (Verse 58)—they number exactly 25! If you remember, 25 is exactly the number of times each has been mentioned in the entire Koran! Again, this is astoundingly perfect and proves how special Mary is to the people of Islam. Other powerful and notable chapters of the Koran, such as Mulk, and Rahman mention this name of God only four times, but Chapter Mary mentioned this name 16 times, giving it greater significance for Moslems, and in honour of Mary, because she was a virgin. Moslem historical records also suggests that the Islamic prophet Mohamed was a celibate and chaste man who never had sexual acts with any man or woman, but many false and sexual narratives exist in some history books depicting Mohamed as a sexually deviant man in an attempt to sexualise and demonise him and tarnish his character, but Islam, as a whole, seems to glorify and

praise purity and chastity. Some Moslems are aware that Mohamed was a lifelong celibate and chaste as they find no evidence to show he had any sexual relations after the death of his first wife Khadeejah.



In the Moslem holy book, Mary asked: "How shall I have a son, seeing that no man has touched me, and I am not unchaste?" (Quran 19:20).

The Angel Gabriel said: "So (it will be): thy Lord saith, 'That is easy for Me: and (We wish) to appoint him as a Sign unto men and a Mercy from Us.' It is a matter (so) decreed." (Quran 19:21). Mary then becomes pregnant.

The birth of Mary has been celebrated in the Koran, mainly because she was a lifelong virgin, and thus, presented to mankind as someone everyone should emulate.

Koran 3:33-36 states: Indeed, Allah chose Adam and Noah and the family of Abraham and the family of 'Imran over the worlds - Descendants, some of them from others. And Allah is Hearing and Knowing. [Mention, O Muhammad], when the wife of 'Imran said, "My Lord, indeed I have pledged to You what is in my womb, consecrated [for Your service], so accept this from me. Indeed, You are the Hearing, the Knowing." But when she delivered her, she said, "My Lord, I have delivered a female." And Allah was most knowing of what she delivered, "And the male is not like the female. And I have named her Mary, and I seek refuge for her in You and [for] her descendants from Satan, the expelled [from the mercy of Allah]." Mary's mother prayed so hard for the child's righteousness and was so honest in her prayers that she received the purest woman in the whole world.

The childhood of Mary is also mentioned in the Moslem holy book which states: Her Lord accepted her with good acceptance and caused her to grow in a good manner and put her in the care of Zechariah. Every time Zechariah entered upon her in the prayer chamber, he found with her provision. He said, "O Mary, from where is this [coming] to you?" She said, "It is from Allah. Indeed, Allah provides for whom He wills without account." (Koran 3:37) Moslems scholars say that the acceptance of God mentioned in the verse means that she was happy both here and in the hereafter. And some say that she didn't suffer at all, during this period. Some scholars say that God made her grow up in a healthy manner. Zechariah used to visit her every day to check on her, and he used to find at her place the fruits of winter in summer, and fruits of summer in the winter. And when he asked her about that, she said that's from God. That's how blessed Virgin Mary was.

Notice how Koran talked about Mary's parents with so much purity and piety like no other book did. This is once more a proof that celibacy is valued in Islam.

Mary, the mother of Jesus, is given the title, the Devout in the Koran. "And (mention) when the angels said, 'O Mary, indeed God has chosen you, purified you, and chosen you above the women of the worlds.' 'O Mary, be devoutly obedient to your Lord and prostrate and bow down along those who bow down (in prayer).' That is from the news of the unseen which We reveal to you, And you were not with them when they cast their pens as to which of them should be responsible for Mary. Nor were you with them when they disputed." (Koran 3:42-44)

The Koran also talked about Mary as the symbol of worship in the verse: "And mention, [O Muhammad], in the Book [the story of] Mary, when she withdrew from her family to a place toward the east." (Koran 19:16)

Mary was praised for being celibate and she did renounce people in order to worship the creator of heavens and earths with a clearer mind.

The Good news of a new-Born child was given to Mary by an angel, as per Koran's verses: "[And mention] when the angels said, 'O Mary, indeed Allah gives you good tidings of a word from Him, whose name will be the Messiah, Jesus, the son of Mary - distinguished in this world and the Hereafter and among those brought near [to God]. He will speak to the people in the cradle and in maturity and will be of the righteous.'" She said, "My Lord, how will I have a child when no man has touched me?" [The angel] said, "Such is Allah; He creates what He wills. When He decrees a matter, He only says to it, 'Be,' and it is. And He will teach him writing and wisdom and the Torah and the Gospel. And [make him] a messenger to the Children of Israel, [who will say], 'Indeed I have come to you with a sign from your Lord in that I design for you from clay [that which is] like the form of a bird, then I breathe into it and it becomes a bird by permission of Allah. And I cure the blind and the leper, and I give life to the dead - by permission of Allah. And I inform you of what you eat and what you store in your houses. Indeed in that is a sign for you, if you are believers. And [I have come] confirming what was before me of the Torah and to make lawful for you some of what was forbidden to you. And I have come to you with a sign from your Lord, so fear Allah and obey me. Indeed, Allah is my Lord and your Lord, so worship Him. That is the straight path.'" (Koran 3:45-51)

These verses demonstrate how Moslems see Mary and her son: Moslems believe as the Koran taught them that she was Virgin (never ever touched by anyone). And that Jesus is the word of God and her son. He was honest, righteous, and a worshiper to God.

The Koran also mentions how Mary received the news of her pregnancy. "And mention, [O Mohamed], in the Book [the story of] Mary, when she withdrew from her family to a place toward the east. And she took, in seclusion from them, a screen. Then We sent to her Our Angel, and he represented himself to her as a well-proportioned man. She said, "Indeed, I seek refuge in the Most Merciful from you, [so leave me], if you should be fearing of Allah. "He said, "I am only the messenger of your Lord to give you [news of] a pure boy." She said, "How can I have a boy while no man has touched me and I have not been unchaste?" He said, "Thus [it will be]; your Lord says, 'It is easy for Me, and We will make him a sign to

the people and a mercy from Us. And it is a matter [already] decreed.'" (Koran 19:16-21)

"So she conceived him, and she withdrew with him to a remote place. And the pains of childbirth drove her to the trunk of a palm tree. She said, "Oh, I wish I had died before this and was in oblivion, forgotten." (Koran 19:22-23)

Mary was worried that people would think badly of her as she was not married.

The Koran also states that God was near to her during her childbirth pains. "So, she conceived him, and she withdrew with him to a remote place. And the pains of childbirth drove her to the trunk of a palm tree. She said, "Oh, I wish I had died before this and was in oblivion, forgotten." But he called her from below her, "Do not grieve; your Lord has provided beneath you a stream. And shake toward you the trunk of the palm tree; it will drop upon you ripe, fresh dates. So, eat and drink and be contented. And if you see from among humanity anyone, say, 'Indeed, I have vowed to the Most Merciful abstention, so I will not speak today to [any] man.'" (Koran 19: 22-26)

As a young boy, Jesus is quoted as defending his mother in the Koran, "Indeed, I am the servant of God. He has given me the Scripture and made me a prophet. And He has made me blessed wherever I am and has enjoined upon me prayer and charity as long as I remain alive" (Koran 19:26-33)

That's how honourable Virgin Mary is in the Koran.

The Immaculate Conception is also explained in the Koran: "And [mention] the one who guarded her chastity, so We blew into her [garment] through Our angel [Gabriel], and We made her and her son a sign for the worlds." (The Koran 21:91)

The Excellence of Mary is repeatedly mentioned in the Koran, "And Allah presents an example of those who believed: the wife of Pharaoh, when she said, "My Lord, build for me near You a house in Paradise and save me from Pharaoh and his deeds and save me from the wrongdoing people." And [the example of] Mary, the daughter of 'Imran, who guarded her chastity, so We blew into [her garment] through Our angel, and she believed in the words of her Lord and His scriptures and was of the devoutly obedient." (The Koran 66:11-12)

In Koran 3:37, God states that He accepted Mary as her mother had asked. He made Mary grow in purity and beauty. She was assigned to the care of a priest named Zacharias. This is interesting considering few women were given this opportunity.

"Every time that he entered (her) chamber to see her, he found her supplied with sustenance. He said: 'O Mary! Whence (comes) this to you?' She said: 'From God. for God provides sustenance to whom He pleases without measure.'" (Koran 3:37). Upon hearing Mary's answer, "There did Zakariya pray to his Lord, saying: 'O my Lord! Grant unto me from Thee a progeny that is pure: for Thou art He that heareth prayer!'" (Koran 3:38).

Although his wife was barren and he was very old, God blesses Zacharias and his wife Elizabeth with John. John is known as "John the Baptist" in the Bible. Zacharias was sceptical after the angels announced John's birth. The response to

his scepticism was "Doth God accomplish what He willeth" (Koran 3:40). John would become a noble and chaste Prophet as the angels had stated (Koran 3:39). The Moslem holy book, Koran, glowingly discusses Mary's miraculous conception. "Relate in the Book (the story of) Mary, when she withdrew from her family to a place in the East. She placed a screen (to screen herself) from them; then We sent her Our angel, and he appeared before her as a man in all respects." (The Koran 19:16-17). After seeing the angel, she said: "I seek refuge from thee to (God) Most Gracious: (come not near) if thou dost fear God." The angel Gabriel responded: "Nay, I am only a messenger from thy Lord, (to announce) to thee the gift of a pure son." (The Koran, 19:19). Her next response is expected. In the Moslem holy book, Mary asked: "How shall I have a son, seeing that no man has touched me, and I am not unchaste?" (Koran 19:20). The Angel Gabriel said: "So (it will be): thy Lord saith, 'That is easy for Me: and (We wish) to appoint him as a Sign unto men and a Mercy from Us.' It is a matter (so) decreed." (Koran 19:21). Mary then becomes pregnant and gives birth to Jesus, who Moslems believe to be their prophet and a messenger. A Messenger is a Prophet who is given revelation from God. Whereas the Torah was revealed to Moses, the Gospel was revealed to Jesus. Messengers are a mercy, guidance, and sign from God, as the Koran mentions: "And God will teach him (Jesus) the Book and Wisdom, the Torah and the Gospel, and (appoint him) as a messenger to the Children of Israel, (with this message): 'I have come to you, with a Sign from your Lord, in that I make for you out of clay, as it were, the figure of a bird, and breathe into it, and it becomes a bird by God's leave. And I heal those born blind, and the lepers, and I bring the dead into life, by God's leave; and I declare to you what ye eat, and what ye store in your houses. Surely therein is a Sign for you if ye did believe. (I have come to you) to attest the Torah which was before me. And to make lawful to you part of what was (before) forbidden to you. I have come to you with a Sign from your Lord. So fear God, and obey me. It is God Who is my Lord and your Lord; then worship Him. This is a Way that is straight.'" (Koran 3:48-51).

God appointed messengers to help Moslems answer questions such as: What happens after I die? What's right and wrong? Does a supernatural world exist? What's the purpose of my creation? Jesus was calling people to the worship of only God. Only by God's leave was Jesus able to perform miracles. "When Jesus found unbelief on their (the disciples) part he said: 'Who will be my helpers to (the work of) God?' Said the disciples: 'We are God's helpers: We believe in God, and do thou bear witness that we are Moslems.'" (Koran 3:52).

After conceiving Jesus, Mary went away with the baby to a distant place (Koran 19:22). "And the pains of childbirth drove her to the trunk of a palm-tree. She cried (in her anguish): 'Ah! would that I had died before this! would that I had been a thing forgotten!'" (Koran 19:23). "But (a voice) cried to her from beneath the (palm-tree): 'Grieve not! for thy Lord hath provided a rivulet beneath thee; And shake towards thyself the trunk of the palm-tree: It will let fall fresh ripe dates upon thee. So eat and drink and cool (thine) eye. And if thou dost see any man, say, 'I have vowed a fast to (God) Most Gracious, and this day will I enter into no talk with any human being.'" (Koran 19:24-26).

Joseph, the magi, and manger are not mentioned in the Koran. God was Mary's only Provider. Moslems adore Mary but do not accept the virgin birth of Jesus as

evidence of Jesus' divinity. As the Koran mentions: "The similitude of Jesus before God is as that of Adam; He created him from dust, then said to him: 'Be.' And he was." (Koran 3:59). Moslems believe Adam's creation was even more miraculous because he was born without father and mother. As a child, in defence of his mother, Jesus said: "I am indeed a servant of God. He hath given me revelation and made me a prophet; And He hath made me blessed wheresoever I be, and hath enjoined on me Prayer and Charity as long as I live; (He hath made me) kind to my mother, and not overbearing or unblest; So, peace is on me the day I was born, the day that I die, and the day that I shall be raised up to life (again)!" (The Islamic Koran 19:30-33).

A CHAPTER FOR MOSLEMS: CHASTITY IN ISLAM.

Islam demands that people should keep away from falsehood, fornication, adultery, trespasses of the eye, debauchery, mischief and rebellion; and will not permit himself/herself to be carried away by passions, however strong they may be. Moslem Sufis claim that chastity is essential for the preservation of the institution of marriage. However, in Islam, chastity is essential for achieving the purpose of our Creation (that purpose being the worship of God through complete submission to His Will), and marriage is a means of preserving one's chastity and explained to me the broader Islamic teachings about chastity and their ramifications. In a modest Islamic society open discussion on chastity is deemed taboo. In this society, however, chastity is taboo. Here chastity is not considered much of a value. Under the 'don't ask, don't tell' modus operandi, it is rather immaterial whether one is chaste or not; incitements and opportunities for unchaste behaviour abound; and chaste behaviour is perceived geeky, un-cool or antisocial. To get a sense of how unchaste this society has become, consider a reality check survey recently posted on CNN. According to this survey, 95% of Americans have had premarital sex. Add to it the post-marital adulterous behaviour, and then the same-sex relationships, we get a dark picture.

In this shameless environment, the weak or naïve are at a serious risk of unwittingly slipping into unchaste behaviour. It is this alarming prospect that compels us to have a candid discussion on this topic so we can develop a better appreciation of this precious virtue.

According to Moslems scholars, it is a myth that chastity applies to only unmarried men or women. Chastity is a virtue that is as essential for the married as it is for the unmarried, both men and women. It is also a myth that chastity is a personal and physical choice. Chastity is a necessity for the physical, emotional, moral and spiritual wellbeing of not only the individual but his or her family and ultimately the society at large.

Now, what is chastity? The root word for chastity in Arabic means purity, modesty, decency, virtue, abstinence, and continence (that is self-restraint, especially from sexual intercourse).

Being chaste primarily implies a refraining from acts or even thoughts or desires that are not virginal or not sanctioned by the marriage vows.

Pure differs from chaste in implying innocence and absence of temptations rather than control of one's impulses and actions.

Modesty and decency apply especially to deportment and dress as outward signs of inward chastity and purity. This expression connotes the virtue that is related to the faculty of procreation of men and women. Those men and women would be called chaste who refrain altogether from illicit sex and all approaches to it, the consequence of which is disgrace and humiliation for both parties in this world and chastisement in the hereafter, and dishonour and grave harm for those related to them. Explaining the significance and criticality of chastity, one Moslem scholar said, the Koranic Teachings are like the laws of nature. If Moslems breach these laws, they suffer the consequences thereof, like fire burns and poison kills; and scholars of Islam say they don't have to get burned to realize that playing with fire is risky. Regarding the sexual urges, the Koran fundamentally teaches Moslems total abstinence before marriage and extra-marital abstinence after marriage, which is in a nutshell chastity, and added the best way of life is to be celibate. All other related teachings are to explain, promote and facilitate chastity.

In abstract, the Islamic teachings and expectations about chastity and the consequences of unchaste behaviour may seem idealistic, too harsh and untenable, especially in our promiscuous society. However, if we consider Islamic teachings holistically, chastity is not only germane to the purpose of our creation, it is essential for our physical, moral and spiritual success. Thus, it makes sense why religions like Christianity and Islam repeatedly stressed the importance of being chaste and celibate. Islam went further and brought forth examples of Mary in the Koran to encourage Moslems to become celibate. Celibacy is difficult, not because you may be somewhat addicted to other human's body parts, or that your sexual appetites can never be satiated, but staying chaste is extremely difficult primarily because the people around you would not want it to be. Unless the people you interact with are virtuous and celibate men and women, they would want you to become sexually indulgent as themselves, or some might even have a powerful desire to enslave you to their bodies, and have an intelligent person like you adore and worship those body organs emit tens of thousands of kilograms of parasite-infested waste product each year. Therefore, people can never be celibate on their own, and must pray to a Deity or Necessary Being, for succour in this endeavour. In Islam, chastity as a moral virtue holds a very high place in the code of Islamic laws that govern relation between sexes. This chapter named after Mary has laid down comprehensive commandments to safeguard and protect it. Islam views even the slightest breach of these laws with extreme disapprobation.

A Moslem scholar was saying that sexual urges are natural just like any other human urge, and no urge is inherently good or bad; it is how we react to it that determines our goodness. And, the criteria for goodness and the proper response to all natural urges are determined by our Creator. Koranic verses in the beginning of the Koran mentions all praise belongs to Him Who has not only designed and created and perfected everything, but Who has provided man with the Koran, as the perfect guidance for how to properly use and benefit from His design and creation.

What if you cannot make yourself believe in a God whom you can pray to? The existence or the non-existence of God is a contentious issue, and although there are many people in the world who find it difficult to believe in an Invincible Creator, many philosophers do prove the existence of God. It is true that one cannot prove the existence of something through definition, but one can do it through logical exclusion and real disjunctive propositions. In some schools of philosophy, the existence of God is proved through dividing existence into necessary and contingent.

But for the purpose of this conversation, we will focus on the laws that should govern sexuality and the means by which we can achieve celibacy. Although most of the major problems of life will eventually disappear soon after someone adopts celibacy, it is still challenging, and those who become celibate will initially face much hardship and obstacles from many of their loved ones, such as family or peers who will do their utmost to ensure that person becomes sexually active, or even enters into a marriage. It will be tremendously difficult to maintain any form of chaste life, but if you are reading this, then do not wait until tomorrow to begin a celibate living, but start now. Try to make a covenant about perpetual purity from this day, and don't say you will be celibate from tomorrow, because that tomorrow may never come. Stop all form of sexual acts from today. Halt all degrading sexual activities this hour, and several years later, I can guarantee that you will be living a far more peaceful and productive life than what you normally would, had you continued to be unchaste and enslaved to human flesh, a body that contains more filth and parasites than most people can imagine. Flatulence, which is sometimes called passing wind, passing gas, or farting, is a biological process that helps to release gas from digestion. Occasionally, they are silent and odourless, but farts can become uncomfortable when they are loud and foul-smelling. On average, a human emits enough horrific smelling wind to fill fifteen hundred hot air balloons, but some people somehow find reasons to worship the very organ that holds so much waste product. People must learn to respect others as much as themselves, and with sexual proximity, where everyone molests another person, whether both parties consent to it or not, is still abhorrent. Every problem in world can be solved through celibacy because it keeps the heart pure and free, and with chastity, the heart is freed from human bondage and gradually, the mind and body follow. On the other hand, abstaining from physical interaction with the people of the opposite sex will be meaningless if one constantly obsesses or thinks about them. Thinking about dirty human body parts is even worse than physically worshiping those bodies, because the slavery of the mind is more harmful than the slavery of the body. It does not behove an honourable person to constantly think about the drain pipe in the toilet, then why would an intelligent person wish to constantly think and obsess over the foul-smelling body parts of another human that emanates thousands of kilograms of the most unhygienic and putrid faeces and gas, which is enough to fill fifteen hundred hot air balloons.

Moslems must focus on preventing unchaste behaviour. Islamic scholars write that, as this vice and its preliminaries can be practiced by both men and women, God has set forth directions in the Holy Koran for both of them. He explains in (24:31-32), as follows:

Direct the believing men to restrain their eyes from looking at women outside the prohibited degrees so openly as to be sexually excited by them, and to cultivate the habit of guarding their looks. They should safeguard all their senses. For instance, they should not listen to the singing or charming voice of women outside the prohibited degrees nor should they listen to descriptions of their beauty. This is a good way of preserving the purity of their looks and hearts. In the same way, direct the believing women that they should restrain their eyes from looking at men outside the prohibited degrees and should safeguard their ears against listening to the passionate voice of such men. They should cover up their beauty and should not disclose it to anyone outside the prohibited degrees.'

The Prohibited Degrees referred to here are clearly mentioned in (Koran, 24:32), and mean the persons whom we are prohibited to marry. So, any person whom we can conceivably marry would be outside the Prohibited Degrees, including cousins and boy-friends or girl-friends of friends.

Expounding on the philosophy of purdah, Moslem scholars say that the Book of God does not aim at keeping women in seclusion like prisoners. The purpose of these regulations is to restrain men and women from letting their eyes rove freely and from displaying their good looks and beauty, for therein lays the good both of men and of women. Similarly, some Sufi said it does not behove a pious person, who desires to keep his heart pure, that he should lift his eyes freely in every direction like an animal. It is necessary that such a one should cultivate the habit of chastity in his social life. This is a blessed habit through which his natural impulses would be converted into a high moral quality without interfering with his social needs.

Some people tend to argue that they live in a civilised society and that it is no big deal if they take liberties with these teachings so long as they don't do it with any bad intentions. Scholars of Islamic traditions, argues otherwise and they say it should be kept in mind that as the natural condition of man, which is the source of his passions, is such that he cannot depart from it without a complete change in himself, his passions are bound to be roused, or in other words put in peril, when they are confronted with the occasion and opportunity for indulging in this vice. Therefore, God Almighty has not instructed us that we might freely gaze at women outside the prohibited degrees and might contemplate their beauty and observe all their movements in dancing etc., but that we should do so with pure looks. Nor have we been instructed to listen to the singing of these women and to lend ear to the tales of their beauty, but that we should do so with pure intent. We have been positively commanded not to look at their beauty, whether with pure intent or otherwise, nor to listen to their musical voices or to descriptions of their good looks, whether with pure intent or otherwise.

Moslem scholars say that Islam is based on the laws of nature. God created the universe and provided Islam as guidance for men to properly and optimally benefit from His creation without getting hurt. Islam provides us a system of norms and values, a code of conduct, to a healthy, productive and peaceful life in this world and earn the forgiveness, mercy and pleasure of God along the way. In our secular and 'emancipated' society, people seem to have difficulty in seeing the significance and relevance of various Islamic norms and values, like chastity and modesty. To this society, Islamic mores seem antiquated and impractical. This is partly due to a lack of understanding of specific Islamic teachings, but mostly it is due to the lack

of proper comprehension of the overall objective and the philosophy of Islamic teachings. We live in a promiscuous society where we need to continually remind ourselves about the pivotal role chastity plays in our daily lives and how at risk we are if we are not diligent in guarding our chastity. We routinely hear and observe how dangerous it is to drink and drive. Yet, when people are warned about the dangers of drinking, they just laugh it off thinking that they can handle it or that nothing bad can happen to them. One of the ways to get their attention is to show them the mangled bodies and vehicles after fatal accidents. Similarly, it is ironic that, living in this society, people routinely see the inevitable devastating consequences of unchaste behaviour, yet most of them do not take chastity seriously.

Let me share with you one NBC report about the effects of careless behaviour. Sex is a biological necessity and a controllable urge. However, according to this report, for many, the urge for sex is an addiction. A growing number of medical experts say that compulsive sexual behaviour is a real disorder that an estimated 16 million Americans, both men and women, or about 5% of the US population, are fighting. According to this report, such addicts do not get that way in one day. They begin on this path with easy access to risky material like 'soft porn' in magazines, movies, and internet, etc. Unrestrained, they develop the natural urge to act out what they see and thus the visuals progressively become practical experiences. Over time, those experiences become addictions. These people lose their peace of mind, their jobs, their families, and their dignity. They suffer from diseases, shame and guilt. They become frightened and many even become suicidal. Even if we consider such an addiction as an anomaly, we commonly observe how unchaste behaviour results in life altering consequences like unwanted pregnancies, infanticide in the form of abortion or abandoned babies, premature marriages of the unwilling and the unprepared, broken families, shortened careers, shattered dreams, personal shame, embarrassment for the family and the friends and so on. All this is happening around us to the religious as well as the secular, to the rich and the poor, to the ordinary and the powerful, and to the simple and the elite, alike. No wonder religions like Christianity and Islam puts a high emphasis and special premium on chastity. Islam wants to protect Moslems from any such nightmares by admonishing them not even to have unchaste thoughts.

All classical Islamic scholars have repeatedly addressed this topic in their times. Most recently, some have very candidly explained their position on this issue and instructed Moslem leadership to take on this issue and lead by example. Similarly, they said, fornication and adultery are the inevitable consequences of unchaste behaviour. Regarding adultery, we find in the Koran: Approach not adultery; surely, it is a foul thing and an evil way. (Bani Israil, 17:33) So, to avoid the risk of fornication or adultery, the Moslems saints said, people should avoid all occasions that might incite one's mind in that direction, and should eschew all the paths that might lead to this vice. He who indulges in this vice carries his viciousness to the extreme. The way of adultery is an evil way as it obstructs one's progress towards the goal and is extremely harmful to the achievement of the purpose of life.

Let us briefly refer to some narrations recorded in the Koran that provide us a great insight about chastity and how to preserve it.

First, let us look at the story of Joseph. He was an innocent and handsome young man. Joseph was very grateful to his host and master, Aziz, for his kindness and generosity. Aziz was a respectable leader of the city. However, his wife was attracted to Joseph and tried to seduce him. He tried to run away from her but she persisted and tore his shirt from behind. As Joseph ran to the door, Aziz walked in. To protect herself, she placed all the blame on Joseph. The Koran narrates how Joseph persevered and preserved his innocence and honour in that vulnerable situation. It says: She, in whose house he was, sought to seduce him against his will. And she bolted the doors, and said, 'Now come.' He said, 'I seek refuge with God. He is my Lord. He has made my stay with you honourable. Verily, the wrongdoers never prosper.' (Joseph, 12:24)

This narrative shows that Joseph was mindful of the value of chastity and the consequences of wrongdoing. Therefore, instead of playing a victim, he invoked Allah's protection and was unequivocally exonerated.

Moslems believe men should inculcate Joseph like angelic nobility, innocence and purity. The responsibility for maintaining a chaste society rests with men. Be chaste and your women will be chaste.

The Koran also recall the story of the pure and truthful Mary as God says: Remember her who preserved her chastity. (Koran, 21:92)

Mary was mortified at the prospect of being touched by a stranger when God's angel appeared to her as a perfect man (basharan sawiyya). The Koran has recorded her exemplary anxiety to preserve her chastity and innocence as:

She said, 'I seek refuge with the Gracious One from thee.' (Chapter Mary, 19:19)

Moslem girls and women need to strive for Mary like purity and truthfulness and develop the courage and confidence to adopt Islamic modesty as a badge of their chastity as per the standard set by their mother, Mary.

Koran also mentions the story of Lot whose people engaged in homosexual behaviour and taunted him and his family for their purity and righteousness. Koran says: Remember Lot, when he said to his people, 'Do you commit abomination while you see the evil thereof? What! Do you approach men lustfully rather than women? Nay, you are indeed an ignorant people.' (Koran, 27:55- 56)

Lot protected himself and his family by praying: 'My Lord, save me and my family from what they do.' (Koran, 26:170)

So, God saved Lot and his pure family and destroyed the transgressors, including his wife, with a crushing rain of stones. Unchaste or adulterous behaviour is deemed so abhorrent in Islam that God has prescribed its severe consequences in the Koran.

The adulterer cannot have sexual intercourse but with an adulteress or an idolatrous woman, and an adulteress – none can have sexual intercourse with her but an adulterer or an idolatrous man. These consequences, a severe physical punishment on the one hand and a frightening isolation from chaste believers on

the other, are in addition to the natural consequences of disease, infidelity, broken homes, promiscuity.

As for marriage in Islam, scholars say one of the noble purposes of marriage is preservation of chaste behaviour. In Islam, marriage is like a fort for the husband and the wife to protect each other from any outside physical, emotional or moral attacks and to remain chaste and pure. In Islam, husband and wife are also likened to mutual garments, that is to say, they cover each other's weaknesses, enhance each other's strengths, and protect each other from the environment.

In short, while Islam advocates celibacy, the Islamic marriage requires utmost commitment and fidelity, the hallmarks of chastity and modesty.

Marriage is a means to preserve chastity, and those who find no means of marriage should keep themselves chaste through the adoption of other means; like fasting or dieting or exercise.

Now, Islam is believed to be the complete religion for all peoples and for all times, and so God has provided a remedy for any past indiscretions that may have been carried out due to ignorance or heat of the moment. The Koran explains: Those who, when they commit a foul deed or wrong themselves, remember God and implore forgiveness for their sins - and who can forgive sins except God? - And do not persist knowingly in what they have done. (Koran, 3:136)

The Islamic prophet Mohamed who is believed to have been a lifelong celibate, is reported to have said: A man shall never be alone with a woman except that the third party between them is Satan.

Many Moslems believe Mohamed was a virgin who only married several women to keep as honorary wives. Islam also advocated celibacy and stipulated, a man must not look at another man's genitals, nor must a woman look at another woman's genitals; nor should two naked men lie under one cover, nor two naked women under the same cover.

Islam is a religion that clearly advocates for celibacy, but in this society, with its 95% plus unchaste population, it seems to have lost its battle for chastity. Moslem scholars believe they have the sacred responsibility to remain steadfast in chastity and to lead others to the chaste path with personal conduct and fervent prayers. More than nine out of 10 Americans, men and women alike, have had premarital sex, according to a new study. The high rates extend even to women born in the 1940s, challenging perceptions that people were more chaste in the past.

Premarital sex is normal behaviour for the vast majority of Americans, and has been for decades, but Abrahamic religions call for celibacy, and religions like Christianity and Islam glorify chastity. In general, the objective of Islamic teachings is to guide and enable mankind to lead a purposeful life; the ultimate purpose being to recognize, serve and worship the Creator. Koran mentions: "I have not created the Jinn and the men but that they worship Me." (51:57) To accomplish this purpose, Islam teaches Moslems a set of dos and don'ts and their obligations to God and Mankind. Both of these obligations arise out of Love. A cursory reflection on the manifestations of Allah's Grace and Mercy evokes a natural Love of Allah. This Love is called Taqwa. This Love naturally evolves into the Love of His Creation, Mankind, because when one truly loves someone, one begins to love everything about that person. Our success lies in winning the pleasure of Allah through the adequate discharge of these obligations. However, the proper discharge of both these obligations requires piety of mind and purity of nature, that is, chaste mind and chaste behaviour. We commonly observe that

when people meet their beloved, they prepare themselves physically – they wash up, don good clothes, wear aromatic fragrance and put on a smile. In short, they do everything they can to accentuate their physical appearance and attraction. Similarly, to fulfil our obligations to God and Mankind, we need to enhance not only our physical but moral and spiritual attraction, in part by nurturing chaste mind and chaste behaviour.

The philosophy of Islamic teachings is continuous improvement of our character, through self-restraint and discipline. The Moslem God has endowed people with wonderful faculties. However, it is the proper use of these faculties, in the right measure and at the right time, that improves us. For example, sexual urges are natural and by themselves are neither good nor bad, but proper response to these urges is meritorious and separates us from animals. Moslem scholars have succinctly explained that Islam wants us to progressively move from our natural state, to the moral state, and ultimately to the spiritual state. It is this progression wherein lie our success, peace of mind and the ultimate mercy and pleasure of Allah. If we look at various Islamic teachings through this prism of lifelong physical, moral and spiritual progress, all Islamic teachings and expectations become significant and relevant.

The fundamental Islamic expectation of chastity through this prism collectively describe the Islamic concept of chastity as the expression connotes the virtue that is related to the faculty of procreation of men and women. Those men and women would be called chaste who refrain altogether from illicit sex and all approaches to it, the consequences of not doing so are disgrace and humiliation for both parties in this world and chastisement in the hereafter, and dishonour and grave harm for those related to them.

Various other scholars have also translated the Koranic phrase as chastity. Thus, that person would be deemed chaste who has clean mind and body, high integrity and self-respect, modest appearance and composure, unquestionable behaviour, celibate or legitimate sexual relationship, and nothing to hide.

Chastity as a moral virtue holds a very high place in the code of Islamic laws that govern relation between sexes. This chapter has laid down comprehensive commandments to safeguard and protect it. Islam views even the slightest breach of these laws with extreme disapprobation.

Given the lure of unchaste behaviour and the human propensity to fall for it, God has repeatedly admonished both men and women to guard their chastity. For example, Allah says in the Koran says: Surely, men who submit themselves to God and women who submit themselves to Him, and believing men and believing women, and truthful men and truthful women, and steadfast men and steadfast women, and humble men and humble women, and men who give alms and women who give alms, and men who fast and women who fast, and men who guard their chastity and women who guard their chastity, and men who remember Allah much and women who remember Him – Allah has prepared for all of them forgiveness and a great reward. (33:36)

God has grouped the distinctive features of those men and women whom He is prepared to forgive and reward. They are submissive, truthful, steadfast, humble, sacrificing and fasting believers who actively guard their chastity and continuously remember God, and actively guarding chastity would imply being proactive and diligent in following Islamic teachings about chastity and modesty like separation

of genders, men restraining their eyes and women covering their physical attractiveness. If chastity is a healthy virtue, then unchaste behaviour is a cancerous vice. And, this disease is better prevented than cured. The Islamic principle of preventing unchaste behaviour is to avoid the activities and the company that may lead to unchaste tendencies. Admonishing Moslems to avoid any path that may lead them astray, God says: "Follow not the footsteps of Satan." (Al-Qur'an, 2:209)

Here, the footsteps of Satan are all those activities and temptations that may take people away from Allah. As Satan beckons men to follow him, he does not expose the ultimate destruction he is leading to; rather he entices us to only take one baby step at a time. These baby steps seem so benign and inconsequential that people take them mindlessly without much concern. Once we take a few steps on that slippery slope, Satan's job is done and we keep sliding towards the abyss on our own. So, we have to be watchful to not take even the first step. Thus, it is necessary to be deliberate in our lifestyle and keep a keen eye on the long-term consequences of our choices rather than be dazzled by their instant pleasure or be swayed by the vain trends around us.

Loneliness and idleness are the two states of hearts and minds that render people vulnerable to unchaste tendencies. Similarly, company of a member of opposite sex, in the veil of darkness and seclusion from the public eye, tends to incite risky behaviour. Therefore, Moslems are called to keep themselves occupied with good pursuits, conduct affairs in broad daylight in the open, and avoid going out after sunset. Koran has made the night for rest and worship not for partying and indulging in illicit relations.

When we study the Mohamed's life, we find profound guidance to avoid risky behaviour and cultivate a chaste culture. For example, Mohamed admonished: 'Beware! Avoid sitting by the road sides.' The people said, 'O Messenger of God! We cannot avoid sitting there as we have discussions there.' The Prophet said, 'If you insist on sitting there, then give the roads their rights.' The people asked, 'What are the rights of the road?' He said, 'Lowering your gaze, refraining from harming others, returning greetings, and enjoining what is good and forbidding what is evil.'

Moslems are asked to internalise this statement as in today's speak, it admonishes against hanging out, whether it is physically hanging out on a street corner, gossiping on the phone, or chatting on the internet because that is when you are at risk of indiscretion. When we connect with each other, connect for good purposes, not for gossiping about girls or other vain talks. Mohamed warns against the risky behaviour and satanic inclinations if and when one visits the opposite sex in seclusion, whether it is on phone, in chat rooms, or in person for any purpose. Men and women are exhorted to be celibate in Islam, and are told they should be modest and decent in their appearance, conduct and demeanour. Modern society and technology offer many conveniences but they also entice the weak and the vulnerable to easily fall for bad company and risky temptations. They can inconspicuously pull the careless to uncharted waters. Therefore, to guard our chastity, we need to evaluate these conveniences carefully, avail them responsibly, and protect our youth from their risks. Chastity also comprehends a semblance of truthfulness and trustworthiness.

Moslem scholars say they should reflect upon their obligations to fellow human beings.

How can you be truthful and trustworthy to God if you are not truthful and trustworthy to your spouse? How can you be pure and sincere in your worship and remembrance of Allah if you are not chaste? Physical cleanliness of the clothes and the body are the obvious requirements of the apparent prayer, but chastity, the mental and spiritual cleanliness, is the inherent pre-requisite of the real prayer.

To be successful in achieving an objective, Moslems not only need to take the necessary steps, they must also take sufficient steps. So, while avoiding the satanic footsteps is necessary to be chaste, it is not sufficient to be successful in this endeavour.

The Islamic Koran declares: "Indeed, he truly prospers who purifies himself." (87:15)

Thus, we need to explore the path that leads to self-purification. This means Moslems need to follow those purifying footsteps and it is incumbent upon them to pay heed to the guidance provided by these scholars and apply these steps of self-purification to preserving chastity.

In order to be chaste, we have to be honest with ourselves and take stock of our lifestyles. Literally, make a list of how we spend our lives. Are our careers, our friends, our pastime activities conducive to preserving our chastity? If not, then we not only need to stop following the satanic footsteps but replace such activities with those that lead to self-purification. So, we need to replace our mundane and superficial pastime activities with something more sublime and substantive. If no such alternatives are readily available then we need to be creative and lead others in developing healthier activities. The preferred option should be to promote and enable engaging activities in and around the mosque.

People should come together for the remembrance of God and the service of mankind.

Individually, we should spend more time reading, exercising, playing sports, and volunteering for the auxiliary work or for various secular organisations. It is better to stay occupied than remain idle because, as they say, an idle mind is a devil's workshop. Islam teaches Moslems to be in the company of the righteous, even if it is a virtual company like studying the life of the prophets and other godly people. In short, any healthy and constructive effort that can replace some risky and wasteful activity will go a long way to guard our chastity. Sure, it will not be easy and it will not happen overnight. It will be like trying a new food and then developing a taste for it. However, the Koran assures Moslems that: "Those who strive in Our path - We will surely guide them in Our ways." (29:70)

In summary, Moslems must understand the importance of chastity in light of the overall objective and philosophy of Islamic teachings and be proactive in guarding their chastity by avoiding the ways of Satan and adopting the ways of the righteous. Remember, that person would be deemed chaste who has clean mind and body, high integrity and self-respect, modest appearance and composure, unquestionable behaviour, legitimate sexual relationship, and nothing to hide.

Knowing the grave consequences of unchaste behaviour, we should shun all risky temptations like poison and fulfil our role as the saviour of this humanity.

Virgin Mary has been praised in the Koran for her chastity and Moslems are called upon to emulate her ways. The virgin birth of Jesus was a sign, according to the Moslem holy book. "And (remember) her who guarded her chastity: We breathed into her of Our spirit, and We made her and her son a sign for all peoples." (The Koran 21:91). All previous Prophets confirmed the oneness of God, Tawheed. Whereas the Holy Trinity is the fundamental concept of God in Christianity, Tawheed is the fundamental concept of God in Islam. God exists independent of religion. Muslims do not believe in the concept of Holy Trinity (Koran 5:73). God is not Jesus (Koran 5:72). On the Day of Judgment, when Jesus is asked if he had called people to worship him and his mother as two gods, Jesus will say: "Glory to Thee! never could I say what I had no right (to say). Had I said such a thing, Thou wouldst indeed have known it. Thou knowest what is in my heart, Thou I know not what is in Thine. For Thou knowest in full all that is hidden." (Koran 5:116).

Moslems believe people should not worship any of God's creation, including Jesus and Mary. We must not assign any of God's creation His divine attributes and characteristics. "He is God the Creator, the Maker, the Shaper. To Him belong the Names Most Beautiful. All that is in the heavens and the earth magnifies Him; He is the All-Mighty, the All-Wise." (59:24).

Although God can do all things, He only does things that are consistent with His fundamental nature. Begetting a son is not consistent with God's magnificent nature (Koran 19:92, Koran 19:35). Consistent with His fundamental nature is forgiveness. Although Adam and Eve could no longer live in the Paradise, God forgave Adam and Eve for their sin after they sincerely repented (Koran 2:35-37). Moslems are responsible for their own deeds and will not be punished for the deeds of another person (Koran 53:38-42). Therefore, Moslems reject the doctrine of original sin. Although Adam and Eve were punished, God would still be merciful by sending Guidance to mankind. "We said: 'Get down all of you from this place (the Paradise), then whenever there comes to you Guidance from Me, and whoever follows My Guidance, there shall be no fear on them, nor shall they grieve.'" (Koran 2:38).

When people hear the term Islam, they naturally tend to think of the organised religion of Islam which started in the 7th century CE with prophet Mohamed. However, in Arabic the word Islam comes from the root "salema" which means peace, purity, submission, and obedience. Moslem scholars reported that in the religious sense, Islam means peace and purity achieved by submitting to the will of God and obedience to His law. Moslems are those who submit. Moslems believe that all those who submitted to the will of God in line with divine revelation received before the advent of formal Islam with prophet Mohamed, were themselves also Moslem. So, coming from this understanding, Moslems believe that they are part of one continuing faith community with Jesus and Mary. Mary, Jesus, and the disciples were all "Moslems" because they submitted to God. "Behold! the angels said: 'O Mary! God hath chosen thee and purified thee - chosen thee above the women of all nations. O Mary! worship thy Lord devoutly:

Prostrate thyself, and bow down (in prayer) with those who bow down.” (Koran 3:42-43).

Another Prophet with a message similar to Jesus’ would later be born in Arabia in the sixth century. He also called people to the worship of only God. Although unable to read and write, Mohamed would recite beautiful verses of the Koran as they were revealed to him. The Koran is a miracle, a sign, a mercy, a warner, and a guidance for all people. Muhamed is the last Prophet from a line of Prophets that included Noah, Abraham, Moses, and Jesus and all Prophets were models for righteous living. Muhamed’s sunnah, his sayings, example, and traditions, is also considered revelation. The Koran says: “Indeed, in the Messenger of God you have a good example to follow for him who hopes for (the Meeting with) God and the Last Day, and remembers God much.” (Koran 33:21).

Moslems say God created all people to worship Him and to live life based on His teachings and guidance. “And hold fast, all together, by the Rope which God (stretches out for you), and be not divided among yourselves; and remember with gratitude God’s Favour on you; for ye were enemies and He joined your hearts in love, so that by His Grace, ye became brethren; and ye were on the brink of the pit of Fire, and He saved you from it. , doth God make His Signs clear to you that ye may be guided.” (Koran 3:103).

“If anyone desires a religion other than Islam (submission to God), never will it be accepted of him; and in the Hereafter He will be in the ranks of those who have lost.” (Koran 3:85).

Moslems accomplish this by bearing witness to God’s oneness and accepting His final revelation in their daily lives. “O ye who believe! Fear God as He should be feared, and die not except in a state of Islam.” (Koran 3:102).

CHASTE AND VIRGIN MARY AND JOHN:

One aspect of celibacy is that it rejects the worshipping and glorification of human sexual relations, and those living celibate lives find it worth forsaking a sexual earthly joy now for the promise of the fullest sense of greater honour and joy in the world to come. In addition to glorifying the chastity of Virgin Mary, the Islamic Koran also praises the chastity of John, the Baptist. John, son of Zechariah, identified in English as John the Baptist, is considered in Islam a prophet and messenger of God who is believed by Moslems to have been a witness to The Word of God, heralding the coming of Jesus Christ, and John’s chastity is praised even as he is mentioned five times in the Koran. “And Zachariah and John and Jesus and Elias. Each one (of them) was of the righteous.” (Koran, 6:85) “His name shall be Yahya (John), no none by that name have We conferred distinction before” (Koran 19:7).

A NOTE FOR IRRELIGIOUS READERS:

Although this topic pertained to the Moslem community, I found some aspect of the Islamic chastity to be relevant to all communities, as we can see, that without religion, people can hardly remain chaste for too long.

For those who are theists and believers in some God, it will be easier to understand how valuable religious guidance can be, but for those who do not believe in the existence of a deity, what moral ground must he or she take?

Let us discuss one secular aspect of sexuality, and that is consent.

WHAT IS CONSENT?

Sexual consent means giving one the right to molest another. But merely by having or securing consent, can one beat and kill or torture? Is it okay to sexually molest another merely because he gave consent? Consent does not take away the fact that one person is molesting another. If someone gave consent, can you torture him? If someone gives consent for you to murder him, would it be morally right to do so? If a child gives consent to be molested, can someone do it? But children cannot give consent, right? What if children do? What is a child? 18 or 17. Now, we consider adults to be 18 and older. It may become 20, ten years later. It was fifteen fifty years earlier. We consider those people who married fifteen-year-old boys and girls as molesters now, and in the future, our children will consider us to be child molesters, because we married an 18-year-old. Can that 18-year-old child give consent? What if the legal age of consent become 30? Giving consent does not take away the revolting nature of sexual humility and lustful molestation.

A MESSAGE TO THOSE WHO ARE ATHEISTS:

Without a fixed guidance from God, how can we ever determine what is right? Our Greek and Roman predecessors were unable to figure out what actions were okay. In the Spartan civilisation, the Greeks often practiced a custom of flogging and beating a chaste young man to his death. Several times each year, they would select a virgin youth, and whip and flog the young body until death came over. When Sparta was invaded by the Romans, they too adopted this as a sport and whipped chaste young boys to death, as the leaders of Rome sat and watched. Flogging pure and chaste youths to death became such a promising sport that Spartans set up a theatre and sold tickets to the Romans in order to profit from the sick ritualistic beating of naked young men, who would be flogged to death.

I have interviewed nearly a thousand different terminally ill patients, including many cancer-ridden men and women, who were in the throes of death, and after questioning them, I discovered that they all had been quite promiscuous sexually, and were carnally active with their legally married spouses.

While being celibate may be the simplest way to solve all your life's hardships, it is a nearly impossible endeavour, as many people had attempted to be celibate but failed repeatedly, as temptations after temptation sprang before them. After I conducted this personal research who suffered from diseases and cancer, and everyone admitted that they had sexual encounters often, several physicians concluded that they contracted cancer from autoimmune related disorders, meaning their immune system might have become weak after they experienced sexual excitement. It proved that sexual indulgence even with married spouses can be harmful and from a medical point of view, as promiscuous people have more chance of dying due to sexually transmitted disease or other hormone related disorder, but physically celibate and spiritually pure people need not have to endure such unnecessary suffering.

However, all those who agreed to take part in this challenge of celibacy and remained chaste faced tremendous improvement in life, and even famous YouTube and other online personalities who had followed this challenge of celibacy saw that within two to five or even seven years, they became believers in God, and it is strange because I found no exception to it, and I do not know the exact correlation between celibacy and theism, so before I go further, my warning is thus: IF you are an atheist and want to remain atheist, you should probably not even attempt this

experiment of practicing celibacy, because by being chaste, your celibacy will almost guarantee you will become a believer in God and turn into a theist, before the end of the decade. So far, there has been no exception to this challenge and no one can defeat this challenge. If you are celibate, and truly chaste, something or someone will come up which will cause you to believe in God.

If you are an atheist and find out that after being absolutely chaste and celibate, you are still attests, then please do let me know, so I can add this to the result of my research and note at least one exception to the rule, because so far, I have never found it.

The Horrors which manifest as a direct result of Sexual Indulgence or Promiscuousness are:

Envy, hate and violence.

Deaths and diseases.

Warfare, internal conflicts.

Cancer and other health problems.

Marital conflict and family drama

Loss of empathy and mercy.

Cause of the Bubonic plague pandemic: Black Death, also known as the Pestilence, the Great Mortality or the Plague, was a bubonic plague pandemic occurring in Western Eurasia and North Africa from 1346 to 1353. It is the most fatal pandemic recorded in human history, causing the deaths of over 200 million people, peaking in Europe from 1347 to 1351. Chroniclers of that era claim that people around the world were unusually active in their sexual lives, and this may have contributed to this sudden unnatural outbreak of an incurable disease. The Black Death was so extreme that it is shocking even to scientists who are familiar with the general details. The epidemic killed 50 percent of the entire population of Europe. More than 200 million people died in a few years' time, starting in 1348 when the plague reached London. Nearly a thousand years later, Europe could still not recover their lost population, as the death was so severe. Chroniclers claim that Europeans had become very promiscuous during that period, as they had invaded some Moslem-populated countries and learned that it was acceptable not to be celibate, and so when they returned, they became sexually indulgent and began to die in millions. The armies of the Mongol tyrant Genghis Khan tried to eradicate the Arab population by leaving plague-ridden corpses in their midst to induce mass deaths, but somehow, most of the Middle Eastern Arabs and Jews were found to be immune to such diseases. Those Jews who travelled to Europe were often carrying the diseases in their bodies and inadvertently infected their European Christian neighbours.

When Genghis Khan's army dumped infected corpses in Genoa, two thirds of the population in Naples and Genoa died immediately from the disease. The plague which Genghis Khan's pagan army sent to Europe lingered for many and even in 1665-1666, London lost about one quarter of its citizens to plague, as more than 100,000 people died a terrible death, and in 1679, another hundred thousand people died in Vienna. Russians suffered equally from the Mongol attack, and Moscow recorded more than 100,000 plague deaths during 1770-1771.

The fourteenth-century bubonic plague permanently transformed European societies, leading to severe labour shortages and decline in power and

international status. Since Middle Eastern people were naturally able to resist the plague, due to inbred immune system, many Jews and Arabs survived the plague. But at the peak of the Black Death, European Christians began to blame their Jewish neighbours for the plague, claiming Jews were poisoning the wells. These beliefs led to massacres and violence. Many members of the Jewish communities experienced mass persecution and destruction during this period, often pre-emptively in a futile effort at plague containment. This caused the deaths of many innocent Jews.

If for celibacy, you do not pray,
Then in chastity, you cannot stay.

The Philosophy of Respect:

Why must humans, honourable and intelligent beings, whose brains have more memory and analytical capacity than supercomputers, ever spend their entire life worshipping the filthy body parts of other people, and service them sexually in the most humiliating manner? Viruses, bacteria, and parasites are living organisms that are found inside the body parts of every human being, and those viruses, and parasites can cause many illnesses and can infect any organ in the body, and yet, some people find it integral to their very existence to worship and adore the parasite-infested body parts of other humans. Why is this so? Social, physical and even mental insecurity cause people to adore and admire others to the points that they find it acceptable to be a sexual object to them. However, it is only human nature that people disrespect those who cannot respect themselves. Developing disrespect is a graduation process, and this characteristic can often blow out of proportion. As such, when people objectify and sexually

humiliate and torture each other to elicit sensual pleasures, then both the molester and the molested cease to respect themselves. This eventually leads to the loss of confidence and collapse of integrity.

Behavioural scientists claim that disrespect is the first step towards anger and it develops into hatred towards other people. Disrespect causes one to dishonour another and this leads to the first step towards jealousy and animosity.

Respect is the vital foundation of human life. To respect other humans is to treat them as a human being. To be respected is also integral to people's mental health and survival and their entire life is predicated and dependent on it.

The problem with the world today is that most people have lost respect for other human beings. They cancel people and completely cut off some formerly intimate friends for the most obscure and unreasonable reasons. The moral and social standards they bear have become most unrealistic and unjust and even one-sided and cruel. Being bias is considered the norm in this sexually revolutionised world, as everyone's passion has blinded them. Indeed, the hatred and the dishonour and disrespect witnessed amidst the online platforms is mind-boggling. These days, it is common for people to cut off relationships in a matter of seconds. A person's entire life's goodness and their entire life's sacrifice and their lifetime of love is lost in the matter of seconds, merely because they may have said one small thing or unwittingly criticised someone who then felt insulted. One small insult is akin to destroying the relationship of thirty years. And one miniature help or assistance from the worst human in the world is often enough to turn that person into a bosom friend, and that acquaintance is loved so much and honoured and respected so severely that they become dearest friends in one minute. The intrinsic passion in people have made them the most unreliable, childlike things of the world. Wisdom is almost non-existent and respect has become a victim of madness. In one moment, someone can change from being a respectful human being to the most hateful vicious raging, mad person in the matter of seconds, because they have been told something about someone or that they felt disrespected by them or felt that the person did not honour and value their sexual partners sufficiently.

Due to these irrational parameters, this world has become abnormal in its vacuous standards of what is good and what is bad, as its paradigm of morality changes every second of every day. If one does not stay updated with the latest law of what is right and what is wrong or remain educated about what is sexually good and what is bad today, then they will be cancelled by the whole world, ridiculed and hated and disrespected by those they loved, and dishonoured by peers and fired from jobs, and all the friendship of their entire life will evaporate in one second and their personal will become irretrievably destroyed.

Disrespect is the language of today's sexually revolutionised society, and this disrespect takes a huge effect on human psychology as a whole. It has become a zombified world where every single person has to follow a set of

rules which changes every day, and if they do not follow that hyped rule, then they will be punished most severely until they lose their freedom from the outset, and no longer have a will to say what they wish or announce what they do or what they want and they have no choice but to become blind slaves of the society whose morality and rules gets updated every hour, and the paradigm of righteousness varies dramatically from today's customs to tomorrow's, so, what is good today and what is bad today and what will be good tomorrow and what will be bad tomorrow may be polar opposites.

This national disrespect takes a huge toll on human mental health and it makes people get depressed and lose hope very easily. Respect is the first pillar of human beings' humanity and mercy. Respect is needed by human beings to survive in this world. Without respect, we cannot feel that we are a human being and our feelings towards other human beings can change drastically once we get disrespected by them. Our empathy and our mercy towards the person who disrespected us will become almost non-existent, and on a global scale, this can sow discord in any society and nation. That is why it is important for oneself to respect others and also to make sure that no one gets the chance to disrespect you. While at the same time it is important to make sure that we do not get imbibed into society and be coerced to follow their every rule and adhere to every law which changes every minute of every day. You cannot let yourself and your soul and your moral values and your religious values become a slave of what the most vocal person of today is saying. The 'yes' world is the slave world and is identical to a zombified world where one person says one thing and the whole world immediately worships them and obeys them or else, they will get cancelled and cursed and blamed and hated and made to feel ridiculed and insulted and rejected by the world.

This type of bullying has become the essence of our society. Through bullying, the media and entertainment personalities and Hollywood stars and talk show hosts and celebrities control the minds and the hearts and the morals of billions of people in the world today. Through their threat of disownment, via the threat of disrespect, through their threat of hatred and exile, they control the hearts and minds of every single person who has a presence on online platforms. Many people have become a victim of disrespect and dishonour and have lost all hope and all friendship and forgot all love for society and human beings in general.

In this unicellular world, every word has been hijacked and every philosophical, moral and legal or religious term has been twisted to fit the global narrative of liberated slavery, and so sexuality is purity, and chastity is promiscuity, and sexual slavery is freedom, and getting whipped to death for the sexual pleasure of another is the epitome of liberation. In this hypersexual world, the only way to retain freedom is to adopt unconditional celibacy and live a pure life. Some people consistently link virginity with holiness, and see celibacy as the model of monastic perfection, but whatever each philosopher's unique perception of virginity and chastity

was, the way they handle those ideals can be tremendously revealing. From men like Saint Francis, Augustine, Immanuel Kant and Aquinas, we learn that sexual indulgence is not necessarily about lost physical virginity or even sexual sin per se; but it is a spiritual disease that drives man to become akin to beast in their pursuit of human flesh and the worshipping of human body parts that emit tens of thousands of litres of excruciatingly horrifying waste products. The average human living up to eighty years of age excrete approximately 60,000 litres of bacteria-filled and putridly foul-smelling urine and yet, some humans find those body parts worthy of worshipping and obsessing over, and many pay hard-earned money to view or get familiar with those filthy organs. What is more, humans end up spending their entire lifetime chasing after another person's foul-smelling body parts, when it can neither benefit them in this world, and nor offer them any solace, when living a chaste life, and honouring oneself can make life a hundred times more peaceful and productive. What would we really gain by remaining sexually active and stay in close proximity to another person's reproductive organs which excrete over thirty thousand pounds of highly contagious and parasite-filled faeces, when choosing a celibate and pure life can guarantee eternal health and happiness, where one can be free from the slavery of the human's flesh and become rid of the bestial bondage of desire? Flatologist are scientists who study human farts, and claim that humans pass gas between 31 to 50 times a day but those with digestive system disorders, such as irritable bowel syndrome, can produce excess gas. Doctors say that upon release, the wind passed can travel about 10 feet per second, or approximately 14 kilometres per hour. Passing wind is normal, but the amount varies between individuals and depends on a number of factors including diet. Some people pass wind only fifty times per day, others up to 100 times, while the average seems to be about 30. With so much intestinal bacteria present, the gas from humans can spread deadly germs and diseases, and yet, many sexually addicted people find it reasonable to worship and adore those body parts of others, and they have succeeded in convincing the rest of the world that adoring the body part which passes faeces-filled wind is an act of greatness.

Passion and Celibacy:

In my research of celibacy, I have come across an astonishing find. I have found that the people who are sexually active tend to be most passionate and more sensitive than average, and become angry very easily and tend to disrespect all those who are around them, should they feel even remotely

insulted or slighted or indirectly criticised for their sexual activities. Spanning nearly ten years, I have interviewed hundreds of people, and have found in my research that those people who had initially been passionately sensual and sexually active experienced great change in their demeanour once they had lived a celibate life for several years. Starting this research from 2009 and continuing all the way until 2023, and interviewing thousands of people both online and in person and keeping a record of their life while they were in sexually active and their characteristics after they became celibate and chaste, I have come across a trove of very mind-boggling information and novel finds.

Celibacy and Pride were often seen to be correlated in many ways. While pride is an undesirable characteristic, in order to be celibate, one must be proud of being a human being, if nothing else, and then make an active effort to remain a human and not stoop lower than the levels of animals and hyenas and other wild beasts, who mate without marriage and who engage in sexual acts in public without any sense of shame. Why then would any human choose to live in a stigmatised sexual life, and worship the disgustingly filthy sexual body parts of other humans who are horrified of their pathetic lowness? Indeed, no human on earth would sensibly engage in such disgusting act willingly, or fill their toilet bowls with fresh milk and eat cereal or porridge from such a dirty place, and yet, those who become addicted to lust are eager to please their sexual masters and readily become a toilet bowl for them and readily use their own mouths as toilet paper, while their windpipe and oesophagus become the toilet drain pipe, and all the while, the maddening and pathetic lover believes he or she is special because someone used the sacred body as a toilet.

In my rough study, I made an estimation of the people I questioned for my research, and I have seen that those people who become chaste and sexually inactive and lived a pure-hearted existence or was completely celibate, were somehow more respected by people around them after they adopted chastity. Random grocers and shopkeepers, nurses and librarian or anyone they interacted with treated them with far more respect than what they experienced prior to becoming chaste.

To organise this study, I labelled the people into various sections. Particularly, amongst those interviewed, I placed the sexually active people in different categories. Those who were disrespected in daily life most commonly- and I do not mean on online platforms but disrespected in personal life, not necessarily for their political or sexual views but in their everyday activities. For example, those who are insulted by their classmates. Those who are insulted by their teacher. Those who are insulted by their boss at work. Those who are insulted by their customers at work. Those who are insulted by their co-workers. Those who are rebuked and admonished for things they did not do or they did do. People who insulted them for no reason, such as victims of road rage.

I had categorised them in one group. As it happens, of all those I interviewed, I found out that a group of people who were horrifyingly bullied by people or were naturally insulted and hated by peers in general and criticised viciously over trivial things admitted to being sensual by nature. I have found that they were naturally very sexually active, and I do not mean that they were sexually active as in a relationship with another person, but they were profoundly into sexual activities such as watching pornography or having sexual thoughts in general. And amongst them, while not as many as I had hoped, but several of them did become celibate and maintained a very authentically chaste lifestyle, with no prospect of romantic relationships or vulgarities. After 4 to 6 years, I reconnected with them again and re-interviewed them. What was utterly shocking and most mind-boggling and unimaginable to me was the interview answers they supplied me this time. Those formerly sexually active people who adopted absolute celibacy admitted that after they had become chaste, and lived absolutely pious and pure hearted lives, with a pure mind, their lives changed for the better.

For this experiment, these people had to let go of every single action that was related to sexual activities; for example, pornography, sexual thoughts, sexually explicit movies or sexual chat rooms and all sorts of sexual activities they normally did. Those whom I interviewed said that they had kept away from anything and everything that was remotely sexually exciting and had become single for a span of five to six years. By the time this interview was conducted they had already been single, pious and completely chaste in their heart, with their mind and their body for almost 6 years.

All of my interviewees remarked that they suddenly discerned a great change in the peoples' behaviour around them, and every single one of them had said that the respect of people have become tremendous towards them. For what reason, they did not know. To unearth the reason for this change in other people's behaviour towards these formerly bullied persons, I brainstormed to find out a single reason why strangers who did not know about their sexual activities could determine whether to respect or disrespect them according to their celibate lifestyle. But the only explanation I could logically come up with was the people who adopted celibacy for at least five years had become more confident in their interactions with others, and they had become mentally extremely healthy. Almost 70% amongst those whom I interviewed 6 years ago stated in their first interview how they had been a victim of depression and suffered frequent anxiety attacks and other forms of mental illness and some were so sad that they could not at times even function properly.

But soon after becoming single and chaste and leading a pure and celibate life, most of their mental health issues had tremendously improved. Their depression almost went away, and their anxiety attacks were reduced by 80 to 90%. Additionally, the respect they got from people was what made their life extremely pleasant and comfortable. Those people who were verbally

assaulted and insulted almost once or twice per week in their previous lifestyle, have not facing any untoward behaviour from others, and experienced some form of verbal attack a maximum of once to twice in the entire year. I do not know if it was due to a sort of energy that their celibacy and their purity gave out or was it something supernatural that God had mercy on them, or maybe their overall nature changed and they became sweet or pleasant in their personality, but whatever the reason was, indeed, it was their celibacy and purity and their chastity that had made them extremely respected from everyone in every place.

It was astounding to learn this myself. I considered it to be the most amazing find amongst all my researches. The fact that staying single and chaste and physically and mentally pure could actually make people respect you in a such a world, where everyone disrespects others so quickly and for no absolutely sound reason.

For those who took part in this experiment, life had not been entirely rosy. Yes, there were obstacles. They did complain about losing a lot of friendships and some of them had even lost some family members because of their anger and jealousy and hatred. All those family members who cut off relations with them were quite sexually deviated and extremely sexually active and thus, I believe that those family members of my interviewees had likely become envious or angry at them for being chaste, or a certain vibe did not match with them anymore. For example, those who are tremendously sexually deviated has an inner hatred and anger towards those who are chaste and celibate. However, in reality, those sexually promiscuous family members never truly loved them and thus, this severing of relationship did not harm them, and rather, the mental health of those whom I interviewed had actually become much better after those toxic relationships had cut themselves off from their lives.

But the level of success and the amount of respect these people received on a daily basis after achieving celibacy, especially from those very people who formerly bullied them, had given me much hope and so much happiness to know that my research was progressing on the correct path and that these people, after sacrificing their lust, had actually gotten a reward even in this world as they lived this life. I found this relevant as an experiment because I know that respect is very important for a human being to stay humane. It is so important for a person to feel accepted, loved and cherished and honoured as a person that the result of this research and conversation with the interviewees really made me excited about my entire research program. It was unbelievable to think that just letting go off sexual fantasies and sexual deviations and adopting the path of chastity, celibacy and purity can actually make oneself so respected and so honoured amongst both strangers and known people in one's life.

While researching more about the benefits of celibacy, I discovered that for thousands of years, philosophers and religious scholars alike have advocated chastity as a way of life. The Christian saint Augustine was a great proponent of unconditional chastity, and strongly advocated everyone,

even married couples to practice abstinence. He was believed to have been influenced by Platonism, which debased the bodily form as greatly inferior to the spiritual form. This Augustinian worldview became the official platform of Christianity and later became deeply ingrained into Western culture, even after the 20th century. Secular philosophers like Immanuel Kant also advocated chastity, and Kant himself remained a lifelong celibate. One of the most fulfilling parts of this research was that those who had been taking regular painkillers or consuming antidepressants and anti-anxiety pills or were suffering from the most mournful depression which made them cry approximately seven to eight hours a day, had become completely healthy and utterly cured. Those whom I interviewed were themselves so astonished and in such disbelief that they were saying over and over again that during the time period in which they were depressed and suffering from acute depression and sadness, they feared this anxiety and mental health crisis will never leave them. They thought it was part of their life. Some of them people who adopted celibacy were actually having thoughts of suicide and self-harm. Some were completely dependent on very toxic and abusive hateful relationships just for their mental weakness and much needed support. But the moment they became celibate, and adopted a chaste and pure and completely sexually inactive life, within 3 years, their mental health started taking a huge turn and they became mentally stronger and extremely happy, something they themselves thought was absolutely impossible just three years ago.

Celibacy and purity of body and soul seemed to have done wonders in their lives, and they thanked me repeatedly for giving them the idea of saying celibate, as it was solving all their life's problems, erasing their mental illness and removing their depression. All the toxic relationships and problems in their lives faded away once they followed this single path of chastity, which made them feel quite honoured and extremely respected and loved by all. They were also extremely proud of themselves, considering they had previously been addicted to sexual entertainment and human bodies.

Those who are addicted to human flesh end up experiencing a feeling of depreciation and this sense of lustful indignity sinks deep into the mind of every sexually active person, making them less than perfect in humanistic devotion and religious vocation. Freedom from flesh and liberty from lust are the basic human worth and should have been merely the privilege of every woman and man, as the sublimity of the human itself is superadded to the far greater sublimity of its action. Those qualities and powers of a person who is free from the bondage of humans is very rarely surmountable, as the chaste person's superhuman ability to remain free serves to enhance his or her other virtues, such as mercy and justice, and those devotions, those enthusiasms, those heroisms, those aspirations, the sanctities of justice and self-sacrifice, that innate creative spirit which has been manifest within great historical figures such as Immanuel Kant and St. Augustine, or Isaac Newton and St. Aquinas, all of whom were thoroughly

celibate, and this human ingeniousness that has brought forth art, poetry, and eloquence in the persons of Parthenon, Odyssey, Gioconda, and Hamlet, with its masterful intellect which sits over the world, and has the power to harness its forces and transform it to greater ideas, are the very qualities that can be retained and enhanced in the persona of chaste and celibate human beings, who are never subservient to another human's flesh nor worships the foul body parts of bacteria-filled human beings.

Why should you ever think sexually of worshiping another person? You can dream all you want that the person you are in love with is actually loves you, you can sin in having sexual thoughts about that person. But in reality, the moment your dead comes, you will be shrouded alone, you will be bathed in the funeral home alone, and you will be put into the cremation oven alone and you will be burnt with 3,000° of burning fire which will turn your flesh and your skin and the body with you grew up and took care of by eating organic food, and that body will be burned into ashes. That body will be cut in autopsy. You will be burning your bones and will be burning alone, by yourself. No lover of yours and those whose love you tried to gain will be with you. No lovers of yours for whom you had sexual thoughts and sinned and destroyed your entire life and your entire religion and your entire future will ever go with you willing me into that funeral prayer. No lover of you will go into that furnace with you. You will be burning alone or if you are religious, you will be buried alone. The coffin will be locked alone, your relatives will leave you after dropping you in the grave and dumping mud over you. You will be in the grave alone. It will rain and it will snow and years will go by until none of your loved ones will be surviving in the world. You will be forever alone. You were alone when you came to the world and you will be alone when you die. If you believe in religion, you will be resurrected alone. Why should you waste your life away for a lover or sinful thoughts towards a particular person? Why would you sin against God why would you sin against yourself?

My research on chastity was a gradual one. Celibacy as a way of life was not easy to achieve, as most people find it integral to their very survival and sanity to remain sexually promiscuous. The people who participated in my research admitted that taking the first step was most difficult for them. The hardest part was to decide one day that they will never ever get into a sexual relationship again. It was hard to decide one day that they will never ever watch a single sexually exciting film and will have to start avoiding every single sex scene in all movies of Hollywood. It was painful, even, to decide one day that they will never allow a single sexual thought to come into their minds, even by accident. It was tough to go into their phones and delete every single sexually explicit movies and videos and completely log off from every single social media which was sexually inviting. That first step was the hardest but the second and third step became extremely easy. They said that while some of their family broke all ties, they had gotten

quality friendships of a lifetime and now, had friends who would do anything for them, and who would respect them, love them and speak with them with dignity, and give them mental support and help them in every way which they never found while they were sexually active. They said they had exceeded in life and found success in ways they could never have imagined 5 years ago. They said that they were respected by all tiers of society and by everyone around them and honoured by former foes and respected and loved by them for no reason at all. These people previously had strangers in the streets dishonouring and disrespecting them and insulting them over every trivial thing in their everyday lives just five years ago when they were sexually active.

During graduate studies, one of the professors suggested that there was a legitimate study about the harms of sexual promiscuity and personal and global catastrophes, and at that time, I scoffed at the thesis, because to imagine that the quality of life could change merely because someone was celibate or unchaste was illogical. However, to humour this professor, I later chose to conduct my own personal study and began to research this in greater detail and one of the things I looked into was the ratio of national or global disasters that took place in the past several thousand years, such as the Justinian Plague, the Bubonic plague, the Volcanic winters, the Crusades, the world Wars, the Bengal famines among many other humanitarian crises, and in almost all cases, I found that prior to the calamity, the people of the said community were somehow unnaturally active in their sexual lives, and this made me wonder how great was the possibility that another form of international crisis could take place in our world and annihilate millions, if not billions of people within hours? Indeed, if one considers the power of nuclear weapons, then the idea does not seem farfetched, as humans today have become very promiscuous.

Even a small nuclear exchange could have catastrophic climate consequences. One research suggested that a nuclear exchange between two enemy warring nations that involved 100 Hiroshima-sized weapons, would dramatically shorten growing seasons and threaten annual monsoon rains, jeopardizing the food supply of nearly two billion people. One of the most harmful effects of a nuclear blast is the direct radiation which is produced in the actual detonation of a nuclear weapon, constituting the most immediate effect on the surrounding environment. But what is more dangerous at a global level is the electromagnetic pulse, which is the intense burst of radio waves produced by a high-altitude nuclear explosion, capable of damaging electronic equipment over thousands of miles, meaning a potential crash down of all electronics, satellites and computers, and even street lamps, sending humankind back to the stone ages. The abrupt jump in air pressure that propagates outward from a nuclear explosion, damaging or destroying whatever it encounters is known as the blast wave, and it not only affects buildings and other particles, but also is powerful enough to fling humans hundreds of metres away, crushing them

dead from the fatal impact. The climate effects of a nuclear blast would be disastrous for us all, as a large-scale nuclear war would pump huge quantities of chemicals and dust into the upper atmosphere. Humanity would be in peril, as the atmosphere becomes contaminated and be incapable of protecting us from the harms of the solar system, because the upper atmosphere includes a layer enhanced in ozone gas, an unusual form of oxygen that vigorously absorbs the Sun's ultraviolet radiation. In the absence of this ozone layer, more ultraviolet radiation would reach Earth's surface, with a variety of harmful effects. A nuclear war would obviously produce huge quantities of ozone-consuming chemicals, and as we now know, even a modest nuclear exchange would result in unprecedented increases in ultraviolet exposure. Nearly all marine life would be damaged by the increased ultraviolet radiation, and humans would receive fatal and blistering sunburns. This additional UV radiation would lead to an astronomical increase of fatal skin cancers to the general weakening of the human immune system. In short, mankind would not be able to survive a nuclear warfare, but it seems more likely to happen each day, and the only way to prevent such a catastrophe is for humans to become human by being chaste and pure and cease using one another's body like toilet bowls and lusting after human flesh like animals that are incapable of controlling oneself. The limited unirradiated food supply of the world would have been depleted. All freshwater resources would be speedily exhausted by the ravenous survivors and dictators would wreak havoc with ambitious wars, and ignominious treaties. Each criminal would take over territories that would be marked by the vicissitudes of rapaciousness and avarice, as a handful few would live in splendour by exploiting hidden treasures.

As for those diligent volunteers who participated in my research and agreed to become celibate for a certain number of years, they reported how their lives had changed for the better, and by adhering to the simple notion of chastity, they felt the quality of their social life improve. This one action had made them most honoured and respected among strangers, and most accepted and happy among their peers. The participants did not thank me nearly as much for the respect they got from society and from strangers which made their lives extremely easy and made them loving and calm as a human being, but they were profusely thankful to me for giving them the cure of depression, as they felt more euphoria than which a thousand antidepressants could give them. They were grateful for the opportunity to stay chaste as previously, they suffered from acute depression, causing them to cry for no reason for 6 to 8 hours a day. They thanked me for this research on celibacy which allowed them to be chaste and recover their mental health, and having the spiritual strength to laugh, smile and live independently, by themselves, without breaking down mentally and emotionally. They were thanking me over and over again for the blessing of getting their entire life back, by getting their mental health and happiness back into their lives.

Indeed, of all the benefits I had imagined of celibacy, I never expected this to result in the improvement of mental health.

I never ever imagined that the side product of remaining chaste would be ultimate mental happiness that would manifest within four to five years of anyone who was staying single and chaste and adopted a pure and pious, sex free and celibate life. This was a side effect which even I had not imagined, but while studying for my graduate thesis, when I first came across the data of how human disasters and other natural catastrophes often was often predicated upon the magnitude of sexual indulgence a certain nation or society experienced, I was interested in studying this further. The majority of the world's disasters and wars are caused by people who are deluged in sexual desires, and people who are sexually promiscuous tend to suffer terribly from both natural and unnatural disasters. Soon after the women in Europe began to campaign for voting and other rights, many men and women dressed in revealing clothes, and soon, sexual activities increased greatly. And then World War One broke out and killed millions of people, burning hundreds of thousands of young men to death from illegal gas attacks. Similar terror took place during the second world war, when thousands of Europeans and Americans became sexually active, with the roaring 20s modernity and sexual freedom, and two hundred million people perished in the terrible warfare that ensued. Thirty million were killed in Russia alone during the world war, and until today, genocides, famine and civil unrests and internal conflicts are taking place everywhere, meaning that people in those regions somehow engage in frantic sexual activities and this has brought upon them inconceivable suffering.

Resolve and Celibacy:

History is often a sound judge and stern teacher. Human history, as far as what we know from written records, tell us with unadulterated conviction that any nation or tribe who have been sexually promiscuous had faced terrible disasters, either from manmade catastrophes like wars and genocide, or by pandemics and famine. It is therefore evident that the only way to ensure that humanity does not suffer again, from another world war, or another Justinian Plague, or another Bubonic pestilence plague, then we have to adopt celibacy as a way of life. Many people will be sceptical about my earnest request, but do remember my warning when the first nuclear weapons are detonated, and try to occasionally recall my advice when the world plunges into a nuclear winter, and all food and grain, and all produce

and cattle die from the lack of vegetation and sunlight, and in that terrible dearth of food and water, try to remember that there was one person in the world who had offered a solution, and suggested a global celibacy for all, but was scoffed by most for suggesting something so seemingly absurd. Being chaste is vital for your own survival and the existence of the human race. Take the first step. Make the decision today. Do not delay. Become pure today. Become a chaste now and start in the path of celibacy today. Do not say tomorrow because all those who say tomorrow are never able to do it.

Being celibate and chaste is not a death sentence. It not a frightful concept. Take the first step and see how your life evolves within five to six years. Within five years, try to reexamine how your life changes and after noticing the positive results, you will never want to go back to that impure sexually degrading life. No matter how alluring a sexual relationship seems to you, no matter how amazing a partner seems to you or a potential spouse with whom you imagine all your problems will be solved should you get into a relationship with them, but every single relationship, especially those that are most sexually active, turn into the most utter dislike and bitterest hatred and disgust in the end.

The more sexually active a relationship is, the more vicious and bitter is the end of that relationship and the more hatred is left behind from the residue of that relationship once it breaks apart. Nothing but utter disgust and humiliation exists. Nothing but hatred and viciousness stays between those two exes who had been in the most sexually active pedestal of romance. It is easily perceived that the strongest and most unending and loving relationships are those that never ever become sexually active. So never think that you can get a spouse or a partner, to be a love of your life by becoming sexually active with them or sexually serving them, because any relationship that becomes sexual completely gets annihilated and physically becomes destroyed. If you want a relationship to last forever, without any chance of break up, then make sure to never become sexual, and should you achieve this, then that relationship will never break off.

Even as a human being, I do believe that a person should not worship another person to the point that they would want to sexually serve them and become their sexual slave. One should be independent of others, and not worship someone sexually, no matter how remarkable the person seems or how beautiful or how honourable the person appears. It is extremely important for you to fight against those urgency, madness and emotions which makes you want to serve that person sexually and physically and mentally. Purify your mind by being celibate. Free your mind and free your heart and teach yourself freedom and self-worth by removing yourself from that person and never let yourself become the slave of a person emotionally or mentally, because all emotional and mental slavery towards one person eventually becomes sexual. If you constantly think about a person or dream of their body, then one day, you will make yourself physically succumb to that person's flesh, and this will cause undue harm and humiliation. Once

that relationship has even the remote impression of sexuality or sexual attraction, then that relationship will seize away all your life's happiness and your life's purpose. Every success will vanish from that moment onwards. Hence, one should try very hard and fight with themselves to keep themselves free-hearted, free-minded and make oneself available to every single human being equally, as a good Samaritan. Be proud and free, and try to help everyone, love everyone and have mercy on everyone equally, and not become one person's mental or physical or sexual slave.

Slavery of any kind or dependency of any kind makes a person very angry and hateful. This eventually destroys a person completely. Try your best to keep your heart, mind and body free from the slavery and dependency and attraction towards people. Celibacy is not a call to cruelty, and one can be chaste and sex-free and still be sympathetic. It is wonderful to have good friends. It is okay to have good companions, but it is not okay to be constantly thinking of romantically loving and worshipping another human being, so fight with yourself and combat these carnal urges. Fight yourself off from the slavery of other human beings. Fight to free yourself. Fight to free your mind. Fight to free your heart from others, and fight to free your body from the sexual slavery of every single person you find lustfully attractive in the street. Remember that just because you find someone attractive or you feel that someone cares for you, it does not require for you to become their sexual slave. Do not lose your soul or your heart and your mind and your freedom in worshipping them and pursuing them and becoming dependent on them. Do not destroy your own agency by pathologically liking them and loving them, because you are an intelligent and valuable human being, and every single person in the world deserves your Love equally. Most significantly, you yourself deserve your love and your own respect and your own honour, and one can never honour oneself if one honours others more than everyone else. One can never love oneself if one loves one person a lot more than all others and oneself too. One can never have self-respect and self-honour or have the power to stay chaste and pure and pious if one constantly worships someone mentally, physically or sexually. Sometimes we think worshipping someone or something is a spiritual ritual, that requires chanting hymns or lighting candles. But true worshipping of someone is thinking about them constantly. Why should we, honourable and intelligent creatures, spend all our lives dreaming and thinking about another person's flesh, which is infested with billions of parasites and bacteria and fungus? This sort of sexual hinderance causes people to become weak.

Sexual indulgence not only causes the body to become physically weak, but it also makes the body susceptible to various diseases. Human Papillomavirus infection, or HPV is the most common STI in the United States, and it can cause deadly health effects that are not always preventable with vaccines. HPV infection in men can cause equally disastrous effects as it does on women, but most researches on human

papillomavirus) centers on women, since having the virus increases their risk of getting cervical cancer. But HPV virus in men can cause serious health problems, too. And the only way to avoid contracting this disease is to avoid sexual contact to reduce the risks of HPV infection. HPV infection can increase a man's risk of getting genital cancers, and HPV can also cause genital warts in men, just as in women. More than half of men who are sexually active will have HPV at some time in their life and many die from cancer. In addition to becoming seriously ill, people who are sexually promiscuous, or even intimate with their own legal spouses, have been found to have faced undue legal and social sufferings. For example, in the course of my research, I discovered that most people who were serving lifetime in prison were very active in their sexual lives, and many were found guilty of crimes they never committed, such as some men of Middle Eastern background who claimed to have been innocent. It was later discovered that they were mistaken for some random criminal or terrorist but were forced to stay in maximum security prisons for many years. Other, less fortunate men, were destined to endure bitter imprisonment in black site prisons. A suburban Baltimore high school graduate was arrested in an airport because his surname matched that of a terror suspect, and he was taken away to an undisclosed location. The man gave a detailed account of the brutal forced feedings, crude waterboarding and other physical and sexual abuse he endured during his detention in an overseas prison network. In addition to describing the torment and the violent and cruel enhanced interrogation techniques that were used upon him, the former prisoner of the black site admitted to being sexually active prior to his arrest. While he languished in the dungeonlike conditions, enduring humiliating stretches of nudity with only a hood on his head, sometimes while his arms were chained in ways that made sleep impossible, and being intentionally nearly drowned in icy cold water in tubs at two sites, as the interrogator counted down from 10 before water was poured into his nose and mouth, the man explained that almost all other prisoners in those sites had multiple wives and girlfriends and were very promiscuous. Most were innocent and sometimes, with the hope of release, they cooperated and told false tales to appease the interrogators. Like other victims of torture, this prisoner also manufactured tales that his captors wanted to hear and lied just to make the abuse stop, but the more they cooperated, the more they were tortured. Religious scholars often claim that sexual indulgence in the cause of all horror in life, and from the lived experience of these innocent prisoners, it seems likely that they could have avoided this terrible fate had they been celibate.

Considering how many people have suffered merely for the sin of sexual promiscuousness, it is astonishing to hear some people express horror at the thought of living a chaste life. Some even think that they will lose all happiness should they become celibate. Others could think they could lose all future happiness, all partners and spouses, all love and every friendship should they become celibate and pure.

But trust me when I tell you this, and I will tell you this a 100 million times; all those people you sexually served for your entire life and all those people you plan to sexually serve in the future and all those who sexually serve now, harbour inner hate towards you and does not have one ounce or even 1/10 of an ounce of respect or love for you. They neither care for you, nor do they love you, nor do they respect you in the slightest. All they have for you is disgust, hatred, anger, jealousy and filth in their mind and in their memory towards you. Not only are you serving their body by humiliating yourself in the process, you are also at risk of contracting deadly illnesses by coming into contact with their infected skin. Foot infections are particularly dangerous because they make it difficult to walk on foot and can be easily transmitted from one person to another. Severe infections can lead to systemic symptoms, like fever, chill, nausea, or vomiting. While anyone can have a bacterial foot infection, people who are older, immunocompromised, or have diabetes may be at risk of severe infections or complications like cellulitis. There are hundreds of deadly diseases, like herpes, that can be contracted from one person to another, even by the faintest contact such as kissing.

Erythrasma is a bacterial infection frequently mistaken for a fungus. It is most common in people with diabetes or obesity and this disease is primarily seen in folds of skin, such as the armpits, under the breasts, in the groin, or between the toes. Erythrasma causes pinkish or reddish patches that gradually turn brownish and scaly. The lesions can be hard to spot and often goes unnoticed, but can be transmitted to other people by contact. On the foot, erythrasma is most often seen on the webbing of the toes and this infection has to be treated with a topical acid cream and oral antibiotics. These forms of bacterial foot infections sometimes go beyond the outer layers of skin, forming a pocket of pus known as an abscess. Foot abscesses are often caused by puncture wounds or hair follicles that become infected. They're similar to boils but involve deeper tissues. Both are highly contagious and can affect anyone who comes into contact with the surface of their skin, making people who are sexually addicted to worshiping other human's bodies be susceptible to contracting such unpleasant illnesses. On the infected person's foot, an abscess sometimes looks like a little pimple that grows into a painful, inflamed lump that is red and agonizing to the touch. There may also be generalised achiness and low-grade fever. There are many bacteria that can also cause deep tissue infection, and even with the most effective antibiotic, such foot infections cannot be always cured. Despite our advanced medical knowledge, many people still find it logical to worship those body parts of sexual masters, who are secretly disgusted of their sexual service and have no love or respect for them. You may see a sexual partner being pleased with your lustful performance, but know that they may act nice, and they may act loving towards you, and they may say sweet words, but they are only saying it so you become their sexual slave all over again. None of them remember you with dignity, and none of them loves you. None of your sexual partners respect you and none of them will

give you any lasting happiness in your future. You may think you are losing a lot by becoming single at a young age, especially young, attractive and intelligent men and women, who have potential suitors waiting for them. But mark my word, when I say that you are saving yourself from a lot of insult and a plethora of disrespect and hate and also a lot of enemies along with their anger, jealousy and vengeance that would have haunted you in the future.

Some people feel that they will not contract sexually transmitted diseases due to the use of protection and condoms, but in reality, researches show that nearly 40% men reported that the condom is torn and gets ripped or damaged, allowing incurable STD to transmit to the person carrying out sexual acts, and this causes many years of pain and suffering and even death. In a research, NBC reported that 40.7 percent of participant reported of broken condom, meaning safe sex is hardly safe. In other older reports, thirty percent of males reported that their condoms broke even prior to intercourse, causing them to contract diseases. With such risks, why would anyone choose to worship and adore another human's body? Those who will truly love and sincerely respect you will never become your enemy. Those chaste people who truly honour you will never be able to continue their high esteem of your person if you become sexually involved with them. To get a truly everlasting firm relationship in the world, you do not have to become sexually active with them. You do not have to do anything sexual with them, because true chaste friends will help you out on their own accord, and will assist you out of human compassion, and love you of their own will. They will respect you out of their own wishes, and you will lose nothing by becoming single and staying single and chaste and pure. For a moment, you might think you have lost all your happiness and forfeited all your joy and your sexual ecstasies but believe me, the sexual ecstasy is but a drug which makes humans addicted to it, and it is nothing but a trick of your mind to dishonour you and destroy you by enabling you to humiliate your mind, your body, and defile your soul and your future.

If you live chastely long enough, eventually you will be able to free yourself from this drug which is destroying your soul and body and corrupting your mind and disrupting your future, as it eats at your heart, jeopardising your entire relationship with people and affecting your success and your safety. This drug makes you high for a while, most certainly, but it takes a huge price by destroying everything else in your life. All of your true friendships and all of your true love will get destroyed. All those who truly love you will start hating you and you will start hating them should you stay sexually active.

Being chaste and staying celibate will perhaps make you feel like you have lost a huge part of your life's happiness. But essentially, you have freed yourself from the deadliest of drugs in the world. This drug and the high that you get from sexually demeaning yourself or others is not worth all the pain and torture and crude torment that awaits in the future. If you can train yourself enough, and teach your heart to be pure, then one day, you

will not find sexual ecstasy to be an ecstasy at all. You will find the act of humiliating your body to be just for what it is-revolting, and you will see the true dirt and filth that is in it. Once you learn to become accustomed to celibate life, you will not feel excited by those vulgar things any longer. Rather, you will begin to understand all the inhumanity, all the anger, all the vengeance and all the cruelty, all the hatred and all the destruction that was hidden inside that drug of sexual ecstasy and the addiction of sexual thoughts and acts, where you may have found it to be rather pleasing to please another person by using his or her flesh, even worshiping certain body parts which contains great filth. Passing wind is considered a natural part of human life, and an average person emits thousands of cubic metres of smelly gas, the volume of which is enough to fill the interior of fifteen hundred hot air balloon. People who consume dairy products, such as cheese and ice cream, as well as food with added lactose or even fruit, such as apples, pears and prunes will ultimately emanate higher volume of pungent gas, capable of filling more than 1700 hot air balloons with the most revolting wind. People who are addicted to the bodies of other humans often tend to forget that the organs they are worshiping and admiring is not worthy of their thought or heart, and rather than pining after the filthy body parts of their sexual masters, they can live a far more productive life by adopting celibacy.

By living a chaste life, you will never lose any true relationship or have a dearth of any true friendship or true love. You will not have to forfeit any true loyalty by staying celibate and staying chaste and single with absolute purity of heart and mind. It might seem excruciatingly painful right now, but you will realise that when you are sexually active and experience a sexually high aether, the only relationships you will have chased after and the only people who will chase after you are the worst kinds in the world, and to say they are worst is not to brand those lustful humans as disagreeable, because they are not bad persons, but for you, they are the worst possible choice of companion because they will destroy your life and take away all your success and happiness, while at the same time, disrespecting you and being disgusted of you deep inside their heart, whilst simultaneously respecting other people who are chaste.

Leading celibate lives can benefit you in your personal matters, such as having sincere friends and enjoying pleasant camaraderie, but it can also lead to global and international and long-term benefits. For example, historically, chroniclers reported that every time a nation became embroiled in sexual indulgence, they inevitably suffered from great disasters, such as plagues, famines and even wars, causing millions of innocents to die. In our severely promiscuous world, the potential for having a global warfare is imminent, and there is a real possibility that all the sexually active people of our era will face tremendous hardship as soon as a nuclear warfare breaks out. Many scientists have studied the potential side-effect of an all-out war, and they concluded that the lethal fallout in American would cover much of the United States. Some survivors may avoid fatal radiation exposure only if

they were sheltered with adequate food, water, and medical supplies. Even then, hundreds of millions would be exposed to radiation high enough to cause lowered disease resistance and greater incidence of subsequent fatal cancer. Lowered disease resistance means people would die easily from everyday infections, especially in a population deprived of adequate medical facilities. The most painful episodes would be the spread of diseases from contaminated water supplies, since the non-existent sanitary facilities would not be able to supply the huge population with clean water, and the lack of medicines would mean millions of dead. After an all-out nuclear war, unsheltered persons in affected areas would receive weekly radiation doses some 200 times the annual background, and over 70 percent would receive fatal doses and suffer from the bitterest pain and sorrow, as each organ in the body would decay, causing a prolonged and agonising death. No matter how efficient a nation's emergency services are, containing the damage to cities, suburbs, and industries would be impossible, as would be the treatment of injured people, because all firefighting equipment, water supplies, electric power, heavy equipment, fuel supplies, and emergency communications would be gone. Those who were lucky to survive would not be able to travel to safety, as transportation into and out of stricken cities would be blocked by debris. The scarcity of radiation-monitoring equipment and of personnel trained to operate it would make it difficult to know where emergency crews could safely work. Most of all, there would be no healthy neighbouring cities to call on for help as every city and state would be crippled and the people in them deceased. Those who will die in a nuclear blast will have suffered the least, as those of the injured would be condemned to live a very short and very painful life, as thermal flash burns that will extend well beyond the radius of destruction would cause fatal illnesses. A single nuclear explosion would produce hundreds of thousands of cases of severe burns requiring specialised medical treatment; but in an all-out war there could be hundreds of million such cases. Countries like the United States has facilities to treat fewer than 2,000 burn cases, meaning no one would receive any medical assistance, and virtually all of the wounded in urban areas might be levelled by nuclear blasts. Some burn victims could be saved, but the majority would succumb in the aftermath of nuclear war. Millions would be destined to suffer alone with fractures, lacerations, missing limbs, crushed skulls, punctured lungs, and myriad other injuries suffered as a result of nuclear blast. Most of the doctors, hospitals, medicines, and equipment needed for people's treatment would lie in ruins, and those that remained would be inadequate to the overwhelming numbers of injured. It merely reinstates the idea that no matter how much modern medicine we have today and how many super-elite medical hospitals in every city, nothing can save humanity from the horrors of this massive warfare, as a single nuclear explosion would produce too many cases of severe burns requiring specialised care. These reports sound frightening, but most people will likely convince themselves

that it will never occur in their lifetime, but the reality is the threat of a nuclear warfare is real, and it may be very near.

I do believe that celibacy was an answer to these global issues, and if every man and woman in this universe become chaste and celibate, then we could have averted a massive disaster. Those who brush aside my reasoning as absurd would perhaps change their thinking when the first massive WMD detonates and millions evaporate from heat and radiation.

By becoming single right now, you will lose nothing. You will lose no relationships, and you will lose no respect. You will lose no happiness and will lose no friendship. Indeed, you will lose nothing but will gain so much that you and yourself cannot and could not imagine it. As for those who are sexually active and had a history of sexual activities, only in the near future will they suddenly realise that most of the sexual relationships eventually end up with a lot of anger and hatred and secret disgust towards each other. And many times, in my life, I have seen people regret having sexual relationships so profoundly, that they would have done anything in the world to take it back and undo that sexual encounter. You can avoid all that hatred and pain and you can get away from all that torment and disrespect and dishonour by staying single and chaste, because by being chaste, not only will you have good and honest friends, but your overall behaviour will be agreeable, and you will develop kind and merciful disposition.

Historically, we have seen that any leader who was promiscuous and sexually deviant ended up killing many innocent people, as no virgin or chaste leader was known to be tyrannical or violent. Mao Zedong, the sexually indulgent communist leader in China, indirectly killed anywhere from 50 million to 70 million people. Joseph Stalin, the sexually active dictator of Soviet Union, was responsible for the deaths of 30 million Russians. As recently as fifty years ago, Pol Pot, the sexually promiscuous tyrant who ruled Cambodia, was responsible for 20 million deaths, personally executing 1.5 million. Not only were these despots despised, but they also were disrespected both by their countrymen and their foes.

However, people who lived a chaste life reported facing impressive behaviour from everyone around them, and they gained overnight honour. I still do not know for certain why this is so, and I think I shall never know how a person taking an oath of celibacy and chastity, who lives a life of purity and piety can get so much respect from everyone around them. This defies science and logic, and is something I will never understand. Why else would strangers who never knew them, suddenly respect the chaste person? People in the street who disliked them and bullied them on a daily basis when they were sexually active, suddenly start respecting the celibate person, not having a clue that the person took oaths of chastity?

I imagine that that the human beings who stay chaste and absolutely sexless and totally celibate, or people who stay unequivocally pious and pure hearted and retain a pure mind, somehow, give out a sort of energy or a form of positive vibe that makes every single person around them respect and honour them with utmost sincerity. There is no other explanation for me

right now., because the question is a honest one: how could several dozen people across the globe, belonging to different religion, different countries and different races, suddenly become chaste and pious and stay pure hearted and pure minded and within five years, all their lives completely change? Within 5 years of taking oaths of chastity, those men and women who had previously been dishonoured and disrespected and bullied on a daily basis by random strangers and even friends and family alike, unexpectedly become so respected within several years of their oath of piety and purity. This is something I perhaps will never understand, but over and over again, almost all my research concluded with the identical result. Celibacy, chastity, and piety equalled to obtaining the utmost respect and highest love and acceptance as well as unforeseen mental happiness and spiritual strength and true friendships and successes.

It is also true that those who choose to live the life of celibacy do not mean to negate the validity of marriage, but rather chaste people exist to heighten emphasis and reverence to the life of the celibate and lead a pure and unmolested existence. In the life of celibacy, chaste and pure men and women are given the freedom to live a fuller life of service for their people. Not only can people appreciate the joyful charity which celibacy brings about, those who live without the influence and slavery of human bondage can be free from all forms of degradation and objectification. So, do not hesitate in taking this brave but beautiful step. Take a chance. Take part in my research. Prove yourself to be honourable. Prove to yourself. Prove to yourself, your honour. Prove to yourself that you are strong and you are free and you are principled and you are mentally and physically a really honourable person. By taking this oath for at least 5 to 10 years, if not for your entire lifetime, try to demonstrate that you have the ability to be abstinent and the power to be pure.

Do take a chance at celibacy and do not let your entire life waste away by sexually serving all those who secretly despise you and are disgusted of you and even hate you and will most assuredly forget you the moment you die and those sexual partners will find other spouses who will demand them to sexually worship them for the rest of their lives. Believe that it is not worth it. Take your life into your own hands keep yourself free, and give yourself a chance at freedom at piety, at chastity and at the pursuit of honour.

Being sexually free is a privilege of man, and why not exercise this right and become free from the sexual bondage of other people? Those who constantly service the bodies of other humans eventually lose the melancholy light of freedom from their eyes, and have to live a miserable life without the force and dignity of a man. Men then become lower than the beasts, with greater exploitations and sexual degeneracy.

Celibacy is freedom, so begin this journey today. Start now and do not delay taking oaths of piety and chastity today. Become absolutely pure hearted and pure-minded today. Delete all sexual apps from your phone today. Delete all sexual videos from your phone today. Cry to God for help if you are a believer, and if you are not a believer, within 5 years from being

chaste, you will find the truth in religion, even if it takes you an entire lifetime to find the truth, but you will surely find it, as I had seen many people who adopted a celibate lifestyle, and within several years, they discovered such things and saw such wonders that made them completely faithful and believers of God and showered upon them such mental peace and happiness and provided them answers to every question they had, all by being sincerely single, pious and chaste for a little more than five years.

The debates of celibacy and purity have been the subject of many philosophers' public conversations, and many have strongly advocated for blanket chastity. Men like Plato, Socrates, St. Augustine, Isaac Newton, and Immanuel Kant, all developed and taught treatise on this subject, which were linked to one another, and like children of a marriage of convenience between two opposing principles, neither of them was religious or even particularly humanistic. The elitist philosophical trope was significantly misappropriated by some New Age discourses, but the idea of celibacy remained a powerful topic in their ideals.

Celibacy will not remain an option forever, so do not delay. Have the strength and secure the freedom and have the honour to do it for yourself so to prove to yourself that you can do this. Being celibate means to be pure, and if you take oaths of chastity, you will have to be completely honest. You cannot cheat yourself in this regard, so do not trick yourself into believing you are chaste, when you are staying in contact with lustful deviation and sexual filth. For many, most of your life has already gone away, at least your youthhood is almost gone. Take the first step to freedom, and become celibate and you will never ever regret it. Too many research and far too many interviews proved this over and over again. You will lose nothing by adopting celibacy but you might gain all the goodness in the world and earn all the honour and respect and find all the answers to the questions of your life by doing this one simple act: a simple act of freedom and a simple act of self-respect. It is a simple act of honour and a simple act of respecting and honouring yourself by being chaste and will eventually, make you so proud of yourself.

Chastity itself a privileged endowment that is bestowed on a selected few in the world, as most people, perhaps less than one percent of the human adult population ever achieve celibacy and consequently climb to the immeasurably loftier plane of sublimity, when he or she is perceived, no longer an object of lust and selfish desires, but as a character of compassion and precision.

Upon taking the path of chastity, your mind and heart may rebel, and tell you that you are too weak to pursue celibacy, or that you need sexual partners for carnal release, or that there is no harm in being promiscuous, and absolute no logical reason why you should give up a life of sexual happiness for one of celibacy, but do not listen to that weak voice in your heart, and do not succumb to the whispers of lust or to the parts of your mind which implore you to do drugs and stay sexually high and die. This is the worst kind of drug- a drug that destroys your entire mental ability and

crushes your entire nature, shattering your entire life and relationships as well as annihilating your future.

Do not listen to your body or give ear to your weakness or your lustful fantasies. Perhaps, you have listened to your lust for the most of your life, but now try to take the other path and become strong. Fight with yourself and adopt this path of chastity for at least ten years. For the next decade of your life, try this path of purity and give yourself a chance, and do not cheat yourself by becoming celibate in name only, while retaining your sexual habits or holding on to sexual fantasies and sexual thoughts, because those are far worse than physical sexual relationships. To worship someone sexually or thinking obsessively about their flesh is far worse than having a one-night physical encounter with a stranger. So do not fool yourself by circumventing the covenant of celibacy, because those who cheat themselves are the worst kind of cheaters. Do not cheat yourself. Become absolutely pure-minded and chaste and free hearted, otherwise, you will never discover the result of all your efforts.

Some proponents of sexual indulgence insist that while lust in excess can do harm, but when practiced within the confines of marriage, sex may be holy, as the intimacy of marriage is considered pure, but in today's world, where every billboard displays horrifically sexualising images, and every media entertainment industry produces tens of thousands of sexually explicit films and cartoons, which are readily accessible to any adult or child, a normal marriage can no longer be pure. People who are regularly exposed to such filth become accustomed to viewing other humans as objects with which to satisfy their carnal desires, and this objectification causes sexual intimacy within marriage to become corrupt and unholy.

Black Death, also known as the Pestilence, the Great Mortality or the Plague, was a bubonic plague pandemic occurring in Western Eurasia and North Africa from 1346 to 1353. It is the most fatal pandemic recorded in human history, causing the deaths of over 200 million people, peaking in Europe from 1347 to 1351. Chroniclers of that era claim that people around the world were unusually active in their sexual lives, and this may have contributed to this sudden unnatural outbreak of an incurable disease.

HOW TO STAY CHASTE:

While we have established the astounding benefits of celibacy, the most common question I have encountered was how can one be celibate and even more importantly, stay chaste, in a world that glorifies every kind of sexual deviation?

Out of 8 billion people in the world, only a few thousand have the ability or the strength and freedom to retain their honour and self-respect and stay single and not sexually serve people, be it mentally, physically or emotionally. Indeed, almost no one in the world can do this. People can drive fast cars. People can run and participate in marathons. People can become celebrities online. People can become pretty by makeup and cosmetic surgery. People can become the best basketball player by practicing vigorously. People can become the best soccer player in the continent. People can become the most photogenic person overnight. People can become rich by starting a website. People can become famous without any effort, but almost no one in the world has the strength or the honour or the freedom or the power to stay chaste, single, pious and pure, even for one year of their lives.

Why is it so rare to find chaste and celibate people in our sexually revolutionised world? Because it takes great perseverance to be chaste. It takes the most honourable and the strongest and most powerful and confident persons in the world to be pure, and it requires the most patient and the proudest person in the world to be able to stay single, pure and celibate.

Many people wonder how it can be possible for an ordinarily sensual person to be celibate. The question which haunts many of them is how can a someone who is sexually promiscuous, physically, mentally and emotionally weak ever find the strength to be chaste and pious and remain pure hearted and pure-minded in this marketed world. There answer to this problem is a two-fold one. As the old saying goes, practice makes perfect, and the longer one remains chaste, the easier it gets to stay so, but the ultimate truth is that preaching makes it possible.

It has helped many of those whom I knew, so I will spell out these two advices to all those who wishes to take the path of purity even if it be for 5 to 10 years, if not the rest of their lives. People who want to prove to themselves their self-respect and honour and their freedom even for 5 years of their lives should actively pray fervently each day, without fail and without faltering in this goal.

The number one rule is to pray, whether you believe in God or not, whether you are religious or not. Still pray and pray most earnestly. Do not fail in praying every single day of your life. Do not let a single day of your life go by without engaging in profound episodes of prayer. Whether you pray to God or you just pray gazing heavenwards, or if you just pray to yourself, and even if you are not a believer in any higher power, for half an hour each day, believe in something and pray, and beseech God until tears come to your eyes.

It might sound conceited but it still is important to force yourself to be reduced to tears by contemplating on the suffering of others, and to often think of the pain of others and weep. Psychologist often advise chronically depressed and sad people to force themselves to smile, until they feel happier. Weeping and coercing yourself to think of all the victims of sexual abuse and assault is a part of developing compassion, and thus, for thirty minutes to one hour each day, pray and think of all the pain in the world. It is not tremendously difficult to take a mere 30 minutes out of your life when you are alone in your room and use that time to pray passionately until you feel tears come to your eyes. Pray to God if you are a believer, and if you are not a believer, then my advice to you is believe in a God for half an hour, or at least, believe in a Creator of the universe for that brief hour. The deity you speak to does not have to be a Christian God or a Jewish God or a Moslem God. This God can be the known Creator or an unseen Creator, but pray to Him and ask Him to give you the strength to be chaste, pure and pious.

This brief prayer ritual will give you such spiritual strength and mental happiness and so much freedom and such self respect that you will feel honourable, and find yourself becoming stronger by the day. You will emotionally feel that you have the positive power in you to face the world and to stand against it and become proud of yourself or to become an honourable human being who is a good-hearted person.

Regular daily prayer will give you such acute power and strength that nothing in the world can give you anything close to it. This prayer will purify your soul. It will wash away all the dirt and the filth and the self-loathe and disgust which you may have subconsciously developed in your soul.

From personal experience, I can tell that praying regularly will purify your soul. It will honour you and give your soul a new look and a new strength that you never have felt before.

Adhere to this one unique advice and do not let a single day pass by without you dedicating at least half an hour in prayer, beseeching tearfully to the Creator of the universe, the Maker of the multiverse and galaxies and planets and Milky Ways. Pray for chastity, pray for honour and pray for the safety of all the victims of sexual abuse and molestation and insult, so they can become free of all the pain and sadness that force them into sexual relationships or which turned them into sexual molestation victim.

Humans are pliable animals who can be trained to be anything. With sexual addiction, humans, however, become worse than animals who get accustomed to every vile thing, and if they are ever deprived of their sexual rights, they become enraged and violent, and appear cannibalistic in their madness. In order to be chaste, you will have to keep chaste friends, because if you frequent the social gatherings of sexually promiscuous people, then they will either verbally or physically persuade you to become lustful like them, or they might feel pain and experience a twinge of envy at your purity, and this might eventually cause you to stray from the path of purity and become enslaved to the body of another human. To become

ultimately celibate, study your life history, and make a list of all the people you interacted with or lived with or shared accommodation with, and then make a note of where you had been most active sexually, and then you will find out in whose companionship you can least stay pure. Once you have identified them, avoid their company and choose people who are even more chaste than yourself as your friends. Surround yourself with celibate and pious people, and they will enable you to remain pure. There was a reason why monks and nuns have always lived in convents and monasteries, because they must have realised that living among sexually active people makes it almost impossible for someone to remain chaste. Many people feel that children are incredible gift from the world, and becoming celibate would diminish such joys from life? People may then wonder why would anyone want to choose celibacy? Not only does being chaste causes the self to become serene, but it draws people closer to God and makes them ready for eternal life. Christian nuns and priests may not have biological children, but they have hundreds of spiritual children who they love and serve. From the Islamic perspective, Virgin Mary is once again cited in their holy book, which emphasises on how she was able to conceive without the touch of a man, or the Moslem God suggests that people may choose to be celibate and still enjoy the pleasures of life and wealth, according to the Koran. For devout Christian men who adopt celibacy, they become the bride to the church and are then fortified with all of the graces they need to live out that priestly calling and be conformed to a life of purity. The celibacy which is lived out in the priesthood, religious life, and consecrated single life points into the future to what people are destined to be in the Kingdom of God in the next life. Both in Christian and Moslem traditions, heaven is a pure and beautiful place, where no such depravities like sexual acts or other lustful filth will be permitted or entertained, and also everyone in Paradise will be supremely celibate, but those who are chaste and pure in this world, have essentially begun their journey to heaven already. Married life has been tolerated in religion due to the need of people to cohabit and cooperate with one another, but God's plan has and is always celibacy for all. People can think of celibacy as a person starting now what the rest of humanity will be doing in eternity. Chaste men, celibate priests, religious, and consecrated single people spiritually feed those around them. However, many times in life, those who attempt to become celibate will find that numerous hazards appear in their lives, but it is important to remember that whatever tribulation show up after taking oaths of chastity is far less serious than what might have happened should the person remained sexually promiscuous. When a person becomes celibate, or resolves to be chaste for the rest of his or her life, there is a huge possibility that different modes of temptations will present themselves in the form of other humans. A young and beautiful woman might appear in the congregations and offer the celibate person all her wealth and even unconditional support in a false accusation case that may be against the chaste person, and he may become tempted to begin the romantic affair, believing this will solve of his life's

problems, but while the woman's love may be sincere, a new form of hellish design would be manifest soon, when the woman's former lover learns of her relationship and harasses the celibate person and uses his entire wealth to personally destroy not only the man but also his religious institution, or even frame his entire religion for various deadly crimes, and make millions of people believe that religions are dangerous. The amount of destruction one romance can bring is shocking and yet, sadly real.

Power in Prayer:

We have earlier established how vital it is to pray passionately each day, and beseech to God to give you chastity and purity, because without praying regularly, it becomes very difficult to be celibate. There are couple of practical reasons for this. One, if you do not pray proactively for your own sexual purity, then you will inevitably succumb to the clutches of those people around you who are also employing prayer to their benefit. For example, there are many people around you who spiritually pray when they see you and express undying wishes to make you their sexual slave and to seduce you to make your heart and your mind enslaved by to them and inclined towards their parasite-filled body parts. Everyone enjoys having someone love or desire them, or to become their sexual servant and slave, and so, when those people see you and become engrossed in a mental prayer to have you succumb to their lust, you will not be able to resist that sensual energy for too long, and they will wield that sort of power in their unconscious mind and in their unconscious prayer to enslave you sexually and mentally towards them. To fight that power and to combat that evil influence or that evil thought or sinful wish of that person who wants to make you their sexual slave and make you fall in love with them or pursue them sexually or become infatuated with them, you must pray equally passionately to be able to remain chaste, or else you can never free your soul from their carnal grasp.

Without prayer, it will be impossible to free your body from the sexual slavery of those who are eagerly waiting for you to become their lust partner. You can never free your mind from their sexual deviation and sexual thoughts. It is dreadfully important thing for a human being who seeks celibacy to purify the spirit and soul or cleanse the mind or heart by praying and finding the strength to be honourable, single and chaste, and thus, become powerful. On the other hand, being lustful causes only drainage of energy and hope from a human being. Attention deficit disorders are among the many that seems to flourish under conditions of sexual promiscuity and carnal indulgences. For people who are engrossed in perverted ideas, intellect begins to fail and their happy memories, individual as well as collective, tend to be recycled and consulted only to fit a sick or sensual narrative.

Power and purity are interrelated, and Chastity is the most powerful accomplishment in the world, as there is nothing more powerful than the ability to stay single and the ability to be honoured, and the ability to let you to respect your body and glorify the free soul.

There is no power greater than the power of chastity, and there is no power greater than the power of celibacy. This is the kind of power that almost no one in the whole universe can get. Everyone thinks it is easy, but no one in the universe can actually do it. Why? Not because they do not want to, but because most people around you will never allow you to become chaste.

Everyone is weak and everyone is a victim of this one thing or person in the world, and the power of celibacy is evident when we look at more than eight billion people in the universe, and find that only a handful have been able to achieve this remarkable feat. It is easy to be unchaste and sexually perverted, and everyone can do it without effort, but no one can stay celibate without stringent measures. So, in order to free yourself from that external power which seeks to see you sexually enslaved to human flesh, you must pray like a desperately deranged person. You must pray every single day of your life. You must pray until you can cry and weep, and only then can you have the power to stay chaste and have the ability and the mental power to be able to stay single in such an unchaste world.

It is not vindication that makes people around you pray so that you become sexually promiscuous like them, but it is natural for most to desire your sexual services. Almost everyone wants to have a sexual slave. Everyone wants to have someone who will worship them, love them and give their life and soul for them and gift their wealth, money and hard work for their service, and when that person is around you, they will focus on your purity and want you to be their sexual slave. Those people will never want you to become powerful by being chaste and single and pious and celibate.

To be pure and celibate, you will have to be brave. You will have to be strong, and you must find the courage to fight for purity with an unrelenting fight. Think of yourself as enthusiastic as the greatest boxer or fighter who ever lived, and imagine, that in order to be chaste in this depraved world, you must fight like the gladiators, because in the path of celibacy, you either win or you get killed by the darts of lust and selfish desires.

Those who want to sexually enslave you will either kill your heart by making you sexually active and so lustfully deviated and dependent on them that you forget how to be a human, or you can win the combat of celibacy by praying so desperately that eventually, you win in your quest to gain bodily purity and mental chastity.

What if you cannot make yourself to pray? Consider this to be an active brainstorming project, where you think of the pain of all the victims of sexual abuse and sexual molestation and ponder about the plight of all the children in the world who are being molested by their step fathers and perverted men who groom little boys by forcing them to watch movies where young boys are being sexually groomed and seduced by older men.

Think of all the victims of sexual molestation, and all the young girls who are being forced to watch sexually active films by those who abuse them, or those youths who are coerced by their pimps and even sometimes by their relatives to be sexually deviant, or think of those homeless men and women who are being sexually exploited, or the children whose guardians abuse them and make them watch filthy scenes in sexually active films in order to destroy the innocent in their little hearts and kill the purity in their little souls even before they know of the intricacies of the world. Think of those children's pain and think of the cruelty of those who use sex as an industry in Hollywood and in international movies and videos and how they facilitate thousands and millions of abuses and sexual molestation across the globe, and yet do not experience a single moment of regret.

If you cannot pray spontaneously, then condition yourself to be compassionate, and think of their cruelty and think of the sheer madness of the world. Think of all the sexual tortures of the world and cry for the victims of those horrific episodes, and weep earnestly for their freedom. Cry as you pray, and wish for those victims to be free, and pray for their purity and then ask the Creator of the universe, should there be one, to give you the power to stay single and chaste and celibate. Otherwise, no humanity will remain in any one of us, if everyone becomes monstrous in satisfying their lust.

In an event of a nuclear war, how would people react to watching their loved ones die of radiation sickness or untreated injuries, especially if medical supplies were scarce? Those addicted to their sexual partner's bodies would most likely kill anyone or execute the other injured men and women in order to secure medication and radiation pill for his or her lover. There would be certain chaos everywhere. How could people know what was happening throughout the country and when refugees from cities would leave their homes to become refuges in the villages, how would residents of rural areas react to the streams of urban refugees flooding their communities? In a world filled with people who are addicted to pornographic video games, films and images, would an 'everyone for themselves' attitude prevail as everyone loots and plunders freely?

Today's thermonuclear warheads provide an immensely more powerful impact than the ones used during World War II. If an 800-kiloton bomb was dropped on the capital of the United States, it would kill an estimated one million people instantly and injure more than 383,210. Nearly half of the Washington D.C.'s population would be within the blast range. An all-out nuclear war would have destroyed much of the world's productive capacity and would have killed many of the experts who could help guide social and physical reconstruction. In addition, the war would have destroyed stocks of food and other materials needed for survival, so the challenge to the survivors would be to establish production of food and other necessities before the supplies left from before the war were exhausted. But with eight billion sexually addicted people, would they be able to survive? Would the war-shocked survivors be able to govern themselves with the absence of any

governmental structure? And how would people live surrounded by a mass of air that has been poisoned by a nuclear explosion and heated to luminous temperatures, even if they did managed to survive the firestorm, which is essentially the massive fire formed by coalescence of numerous smaller fires. What will happen to the governmental structures in the postwar climate and how will they function in the nuclear winter, where a substantial reduction in global temperature would result in massive crop failure, as soot injected into the atmosphere during a nuclear war blanketed the earth? Would international organizations be able to cope and assist those who lived in the radius of destruction?

The only sure way to live a peaceful life, devoid of these calamities is to be celibate, and the only method to remain conclusively chaste is via heart-wrenching prayer with utmost sincerity.

I cannot overemphasise the value of prayer. Prayer gives strength and hope to the person who prays. It is not about the prayer being accepted by a God or not, but prayer itself holds immense power and miraculous strengthening effect on the person uttering those heartfelt supplication. It is a therapy for the heart and a balm for the soul.

Prayer is tremendously necessary for a person to retain the strength to be hopeful, to be able to hold on to goodness in times where there is no option but evil and sins to survive.

Why is hope necessary for human survival? People need hope to live, and they need ideas to survive.

Without hope, what is man? Animal!

Animals are hopeless as they do not pray. Thus, in times of need do they turn to violence, cannibalism and torture, even murder and rape to procreate and survive.

Animals behave in this animalistic savage manner because they have no hope as they do not know how to pray. But if man should become hopeless, he too will feel like becoming as savage as an animal, and in adverse times, when there will be dearth of food or medicine, his survival instincts will kick in instead of a humanistic prayer instinct.

Change your fate with prayer.

Bring hope to your hopeless heart with prayer.

This far in my research, I have seen that of those who identified themselves as great empaths and social butterflies and were emotionally sensitive, had greater difficulty in pursuing their path of abstinence than their more emotionally resourceful counterparts, and for those who are emotional by nature and passionate by genetic disposition, prayer is decidedly important for them.

For this study on celibacy, each of my participant on average, prayed for 2 to 3 hours per day with fervent prayers, sincerely emotional words that brought tears from their hearts, and they continued to pray to gain the strength to stay chaste for about 3 to 5 years.

In their testimonials, they admitted that nothing can be more difficult than remaining steadfast on the path of chastity. For their personal lives, nothing

was more painful and difficult than to choose the path of chastity as a complete way of life, although on the outset, it sounds rather simple. In fact, for some readers, merely abstaining from vulgar behaviour and sexual acts should be the easiest thing to do, and yet, almost no one in the world is capable of attaining or maintaining a pure level of celibacy.

Some of the participant of the celibacy challenge claimed that it was simply impossible and nearly unattainable for any human being to achieve.

One might wonder why would such a simple act, as to live in celibacy with oaths of chastity and abstinence be so difficult for the same human who can survive wars, famine, prolonged starvation, torturous cancer and diseases, bitter heartbreaks, fragility of old age, lingering loneliness, chronic depression and random gruesome accidents?

Surely, chastity cannot be as difficult as starving for months and weeks?

Surely, sexual starvation cannot be nearly as painful as final stage cancer?

Surely, celibacy cannot be more difficult than shivering to death in the cold while being homeless?

Surely, chastity cannot be as painful as being beaten or assaulted or jailed?

Surely, chastity cannot be as painful as losing a loved one to death or a painful terminal illness?

Yes, but it is!

In fact, celibacy is much more difficult to do than to plan, otherwise, why else would scarcely one person out of 40,000 people able to achieve it around the globe, and that too, sporadically?

Being celibate and chaste is difficult not because we are all defective and lust-crazed animals, but because of the power of others. People around us who are sexually active often view their celibate counterparts as a rival, and they unconsciously pray or wish for sexual acts to become normalised and even deified. Some wish that their sexuality would become a norm and an accepted idea and because of their prayer's power, almost no one in the world can stay chaste.

The hurt these sexually promiscuous people feel are very deep. Heaven knows it was not their fault that they had to become sexually indulgent, for one reason or the other, and somehow, life, situation, and stringent circumstances were behind their lustful inclinations, and this forced them into this promiscuous life and now they feel deeply offended and try desperately to gain acceptance, so they can feel more proud in their existence, and not feel insulted for allowing others to use their body for sexual releases, or themselves using the body of others for lustful purposes or enjoying being used themselves.

It is not their fault that they are not chaste, as most of us are all victims of circumstances; some are even forced to become sensual, which makes them blameless for what happens in their future.

But the power of their hurt causes the pain-filled prayers powerful, and makes it impossible for anyone to break through that barrier and obtain the almost impossible award and drink from the chalice of chastity, celibacy and abstinence.

Below is a list of prayers given to me by a sister, who had been successfully able to attain the ripe old age of 67 while living a completely chaste and abstinent life.

As part of the celibacy experiment, this prayer has been shared and read by all those who were finding it quite impossible to stay upon the path of chastity and abstinence but after reading these prayers fervently and habitually, they had been finally able to start their journey.

Indeed, the path of celibacy and abstinence is often impossible for any human being to follow but the reward for it is also overwhelming, although the success can be sensed in the long term and stealthily so.

The package that comes along celibacy is a complicated one. Once you vow to be abstinent, you may find that the world will rebel against you. You will lose a lot of family members. Many people will start conspiring against you. Yes, you will lose friends but just make sure you keep holding on to this idea and stand firm upon the path of chastity.

You will not regret it once you begin seeing the overwhelming reward firsthand.

As for losing friends and familial affection, you can be certain that those friends would have eventually abandoned you over some other obscure reason had you not chosen the path of celibacy, but now, you have seen their true colours. These problems would have happened to you even if you had not been on the path of chastity but those troubles would have manifested after a long time.

It will not be easy to be celibate, and you will need an unimaginable amount of prayer, day and night, to fight with a world whose inhabitants want you to constantly sexually serve someone else.

You need prayers, and genuine heartfelt prayers that makes you weep, to be chaste, and only then will you have the strength, the financial capacity, the physical strength and the will power to become absolutely abstinent and celibate.

Prayer is not optional.

Have you ever wondered, why do only nuns and priests able to stay absolutely chaste in this hyper sexual world?

I have met many of them as part of my research and I saw them pray 4 to 8 hours per day, from the dawn to dusk, I watched how earnestly they sang hymns, uttered rosaries and O how they wept in prayers! As a result, their hearts were often the softest and held passion for humanity. Their love for God has made them strong and powerful enough to maintain themselves on the path of celibacy and chastity.

Never think you can stay chaste without crying every single day in candid prayers. Make a private space for yourself where you can speak to a

Creator, and do not get up from your prayer place until tears flood your eyes and moistens your face.

No one, I repeat, no one can stay chaste or abstinent in this maddeningly sexual world where everyone wants you to be either their own personal sexual slave or someone's else's.

Every single person, no matter how strong-willed, no matter how determined they were, failed miserably at their attempt to stay chaste and abstinent.

No one, absolutely no one could be successful in that path of purity, but only those who wept and constantly cried and prayed every day for hours on end eventually succeeded.

Start your prayers from today. Do not delay.

Even if you do not plan to become celibate, still pray for purity and piety. No harm can come from it.

If you do not pray now, then who knows how evil your soul might become in the near future? Who knows if fate will compel you to lose every last drop of self-control? Who knows if life forces you into the sex business? How do you know that ten years from now, you will still be as pure and as wise as you are today? We can never know this for certain, because most bad people were once good.

Your goodness is not a reason for you to become too over confident in yourself and your healthy mental status have no bearing on your coming future.

So, pray, pray and pray and never stop praying.

Prayer is your weapon.

Prayer is your protection.

Prayer is your insurance.

And with tears, you can be certain that your prayers will not waste away.

This one act will ensure you gain absolute chastity and this celibacy will decide your life's future. This one act of chastity could you save you the same way, one sexual act can break you completely.

This one act of chastity and celibacy can make your entire future most secure and successful, and similarly, one act of sexual weakness can make you the most evil person in the world in the long run, and others will learn vileness from you, and from whom many evil will take place and innocents will die and your bloodline will suffer.

This one decision of chastity can make you the greatest man in your coming future.

This one decision can save you from all future harm and the consequent suffering which would have compelled you to become a wicked person.

But you cannot be chaste on your own. Many had tried, and almost all had to give up at some point or were seduced by someone and gave up celibacy, so with the aid of prayers, start today.

Start praying from today. Pray tonight. Do not wait till tomorrow to pray. Even if you do not want to be celibate, still pray. Your prayers might be accepted in different ways, and you might seek one thing, and receive something better or greater.

SAMPLE PRAYERS:

I praise Thee, Oh Creator of the universe, to accept my gratitude for my health my life my wealth and my loved ones.

I praise Thee, Oh Creator of my soul! Praise, O Lord, to Thee, the Creator and Governor of the universe, most Excellent and most Good, thanks are due to Thee, our God, even hadst Thou destined for us a brief life only. Forgive me and my loved ones for every sin I have done willingly or unwillingly.

What art Thou, O God, save the Most Merciful, yet most just; most hidden, yet most present; most beautiful, yet most strong; ever working, ever at rest; still gathering, yet nothing lacking; supporting, creating, and nourishing, seeking, yet having all things? Thou lovest, without passion; art thoughtful, without anxiety; Omniscient, yet grieveest when we fail! Forgive my sins and do not punish me for it. Overlook my mistakes and save me from pride and sinning in the future.

My Lord! Accept my thanks and gratitude for my body, my brains, my sanity, my limbs, my home, my family and friends, the water I am drinking, the food I am eating and all the blessings I enjoy without any payment.

Forgive me when I sin, after all Thou hast given me, although I least deserved it, and save me from the sight, the knowledge and the dependency of all those who are making me sin, directly or indirectly.

Remove me, O Lord of my soul, purify me and remove me permanently from all those who secretly want me to become a sinner and lustful person. Do not let any person who wants me to be a sinner or a lust filled person ever come near me in my future.

Oh Lord of the universe, Giver of gifts that can ever be counted! Protect my heart and soul from becoming selfish and cruel! What art Thou then, but the Lord of love and hope? And Who is God save our Lord, Most highest, most Good, most Omnipotent; Mercy is thy attributes, Love is Thy name, so give me love from Thy love and protect my heart from becoming enslaved to humans and their lust.

Oh, Most Honourable Creator and Sustainer of the world and myself! Purify my heart and purify my soul and purify my body and keep me clean and free from every dishonourable thing.

Oh, Most Pure God of this unimaginable milky way. Thou never demandest my love, and, if I give it not, art not wroth with me. There is no comparison to Thy greatness, so give me greatness from Thy greatness and make me an

honourable human being. Save me when others threatenest me with grievous lustful woes.

Oh, Giver and Taker of my soul! Do not take my soul away until you purify my heart and body!

GOD of heavens! God of the earth! Creator of myself and my family and children and niece and nephews! Give us the honour to be able to stay chaste and pure and give us the power to stay chaste and abstinent!

Oh, My Merciful Maker! Most Pure One! God of the entire known and unknown universe! Grant me the strength and the honour to protect my body from the filth of lust and let not my body become an object which people will use to satisfy their carnal lust.

Oh God of the universe! Who owns and sustains the entire known and unknown universes and multiverse! Thou never receivest but gift everlastingly, and who hath aught that is not Thine? Thou payest debts, owing nothing; remittest debts, losing nothing. Save my next generation of children and niece and nephews from being used and abused and molested and sexualized by anyone!

My Maker! Thou art Just, yet serene; changest Thy works, Thy purpose unchanged; never in need, yet rejoicing in gains; never covetous, yet exacting love. Oh Lord of purity! With Thy purity keep our children pure and let not their bodies be used by people as a thing of lust and let not our children's body be dishonoured and sexually impurified. Let our children stay pure and chaste and honourable and let no humans abuse them nor molest them or sexually degrade them.

Oh, Lord and Creator of my soul! Oh, controller of my heart! Take control of my heart and do not leave me to myself even for a blink of an eye! Oh, Maker of my body and Owner of my heart and soul! Protect me from all sorts of willing and unwilling sexual activities! No one has the power to keep me chaste but You! No one has the ability to Purify me save You! So save us, O Merciful Forgiving God of the galaxies! Have mercy on our soul and let our body be honourable and give us the power and the strength to stay with dignity and self-respect!

Oh, Lord of the universe! Lord, cleanse me from my faults and spare Thy servant from the power of the lustful enemy. Grant us honour and pride and self-respect, so that we do not enjoy being sexually used by people! Make us respectable so we do not enjoy serving others sexually!

Oh, Lord! God of honour and God of dignity! Grant us dignity enough so that we do not find enjoyment in becoming the sexual slave of others! Give us dignity, O Dignified Lord of the universe, so that we do not enjoy sexually serving others with our body and soul! Great is He that made me, and He is my God; and before Him will I exult for every good which I had, and I pray so that I do not seek pleasures in His creatures and nor fall headlong into sexual sorrows, confusions, and human errors.

Oh, Lord of the future and past! Oh, God that has no beginning and no end!

Oh, Eternal Everlasting Lord of the universe! How wonderful, and admirable life I had, and all my health and wealth are but gifts of my God,

the Good! Oh, God of the last and the present! Protect our children from the devil and protect their honour and dignity and do not let humans sexually impurify their body! Keep our children and future generations pure with Your purity and Chasity with Your Chastity! Let not any human beings brainwash them into becoming the sexual servers and slaves of other human beings!

Oh, Lord and Giver of life and death! Thanks be to Thee, my joy and my glory, my God, thanks be to Thee for Thy gifts and do Thou preserve them to me. For so wilt Thou preserve me, and those things shall be enlarged and perfected which Thou hast given me, and I myself shall be with Thee, since even to be Thou hast given me. Give me then greater freedom from the physical and sexual enslavement towards people and grant us all enough self-respect so that we do not enjoy being objectified and used and abused sexually. Forgive us and let not those whom we oppressed curse our children with future humiliation and degradation!

How Merciful are Thy ways, O God, Thou only great, that sittest silent on high and by an unwearied law dispensing boon to fulfil man's desires. In quest of the hope, I pray for purity, and surrounded by a human throng, declaiming against me with fiercest hatred, wilt Thou take heed most watchfully, lest, by an error of the tongue, I abandon abstinence. Protect the bodies of our children from the impurity and the touch of sexually deviated humans!

Oh, Lord of the universe, forgive us and give us the chance to repent and give us the chance and the honour to become chaste and abstinent! O, for Thy mercies' sake, help me, O Lord my God, for what Thou art unto me, and grant my soul chastity.

Oh, pure One God of Adam! Grant us the honour to become pure and chaste, for no one has the power and the honour to stay Chaste, save whom you Choose amongst billions of humans!

Lord of our yearning heart! Choose us and grant us the honour and blessing to be able to be amongst your chaste and abstinent and pure and honourable slaves!

Oh, Lord! Do not abandon us because of our pride and sins and do not curse us with the sexual slavery of humans! Do not forget us! Do not punish us with degradation by becoming the willing sexually addicted slave of lust and passion! Honour our body, O Lord of Honour! Give us the ability and the strength to stay pure and honourable and respectable and do not let our hearts become weak with lust and do not let our souls become the slave of other humans!

Oh, Most Free, Sublime God! Grant us freedom from human slavery and let our souls taste Thy glory and Thy purity! Forgive whichever sin which caused us to become the sexual slave and sexual server and pleaser of other sinful unworthy human beings. Suffer me to speak unto Thy mercy, since I

speaking to Thy mercy, and not to scornful men who seek to drive others into lust.

Our Lord! Let us be Thy slave and do not curse us with the slavery of other human beings! Indeed, even the greatest and bravest of men and women become willing sexual slaves and physical slaves of their lover and become lower than a pet dog and guard dog to their unworthy and unclean lovers. O that Thou wouldest enter into our hearts, and inebriate it, that we may forget all ills, and embrace Thee, and Thy Honour and Purity.

Oh, God and Creator of human and their children! Forgive all our sins and oppression of others and protect our children from letting their innocent sinless bodies be used to sexually serve others! In Thy pity, teach us to be Chaste! Narrow is the mansion of my soul; enlarge Thou it, so I may have the freedom to be pure.

Oh, Lord let not the fear of starvation, disease and homelessness make our children the sexual slaves and sexually tortured victims of sick perverted sexual abusers and seducers! Thy suppliant beseeches for power to be pure; O All-pitying, Merciful Creator, aid me to be chaste.

I acknowledge Thee, Lord of heaven and earth, and praise Thee for my first rudiments of being celibate. Oh, God, forgive us when we transgress against Thee! Abandon us not in Thy anger by making us the slave of other human beings and cause us not to forget Thee for our wrongdoings! My heart is Thine, so repair Thou it and cleanse it from lust and desires.

O Lord of the heavens! Wilt Thou return and have compassion upon me? For what would I say, O my Creator, but that I know not whence I came into this dying life and enjoyed the comforts which Thy compassion granted me. Oh Lord of Mercy and Forgiveness! Oh, Lord who forgave Adam and Eve! Forgive us and let not our minds betray Thee and mock all thy blessings by sexually disgusting thoughts and fantasies! Let us not do anything to gain Thine wrath, O Lord of our weak bodies and soon to be carcasses. Grant us strength! Grant us freedom! Grant us honour and let us not become the physical, sexual and emotional slave of fellow worthless disloyal and ever changing human beings!

O God, my hope, my joy, protect this knowledge in mine own memory and bid me praise Thee and acknowledge Thee. My Lord of all the Milky Ways and galaxies! Let us have the honour to be Thy slave instead of letting us go astray to become the mad slave of other human beings who secretly despises us and are so disgusted of us!

My Maker, Thou knowest that I believe, and therefore do I pray. Give us the strength and honour and power to be chaste and abstinent and celibate! Give us the freedom to not desire to become the sexual slave of ungrateful, forgetting, hateful human beings and let us not be of those dumb imprudent human beings who imagine that someone loves them and thus goes on to

serve that person physically and sexually and enjoy being that person's filthy body part's sexual slave and server!

O Great One, who, though hidden from our senses, couldst always hear and help us. And so, I pray to Thee, my aid and refuge! Save us from all great and grievous ills. Give us the strength we need to become honourable and give us the humility we require to stay chaste and free!

Oh, Lord! Do not abandon our bodies and souls to the world and its people! Surely if Thou art abandoned us and forgot us because of our sins, then indeed our bodies and hearts shall become willing emotional and sexual slaves of heartless human beings who hate us. Let us not become like the dogs and pigs who live in lust and feel proud and honoured to be the sexual slaves of their partners foul-smelling filthy body parts.

O Lord, to whom should I cry, save Thee? Have I not confessed against myself my human weakness unto Thee, and Thou, my God, hast gifted my heart with hope? Let us be the most honourable humans and let us be worthy to be chaste and celibate.

O the Maker of the universe! In Thee abide the first and the last, as thou fashioned the first causes of all things unabiding; and of all things changeable, they abide in Thee unchangeable, and in Thee live the eternal reasons of all things unreasoning and temporal. O let our children stay sinless and pure and never gets seduced or sexually brainwashed by the perverts of the world and its media. Grant our prayers, O Lord of the universe! Do not abandon us to this cruel sexual manic world!

Oh Lord, thy chaste saints are all gone! Thy prophets and Messengers have all disappeared. The pious of this world has been framed and insulted and destroyed and every sexual molester and groomer and abusers have taken over the world and all its weaponry and power! Oh, Lord, we have not the power or armour or the strength or the right to even protect our children from being sexually groomed and seduced for sexual perverts have taken over the reins of this fallen world! Become our emissary, the O Lord, and save us, O Merciful Maker of the universes! Do not abandon us and our innocent children to the hands of sexually sick perverted men and women! Oh, Lord, the Merciful! O that we may repose on Thee! There is no hope but Thy hope and no power but Thy power and no mercy but Thy mercy and no justice but thy justice! So have mercy on us and forgive us and abandon us not!

Praying can be a beautiful and creative experience, and while there are no rules to talk to God, these prayers are mere samples of practical ways to beseech to the Maker of the universe for succour.

When you are sad pray, when you are happy pray.
If you are atheist still pray, if you are theist still pray.

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The Second Rule of Celibacy:

Every machine needs fuel to function, and every mortal's body needs energy to survive, vital energy which is received from edible nourishment, and every human soul requires food to remain human, and this nourishment is listening actively to sermons and spiritual conversations.

If you seek celibacy, then listen to sermons of religious figures who urge you to stay chaste and single and pure. Listen to soliloquys that are spiritual and morally uplifting in nature. Make it habit to listen to a section of religious speech every single day without fail, and whether it is via internet modes such as YouTube, listen to whichever sermon you find. Do not miss a single day. Seek out a religious sermon of someone who appears religious, and speaks of something that will emotionally stir you, or talks about a topic that will give you a reason to become celibate, and to stay pious, pure and chaste. Find these sermons whether it is delivered by a Christian preacher or whether it is spoken by a Moslem pastor or whether it is a Jewish rabbi, but only look for a man of God, someone who adheres to the moral values of the religion of Abraham, as this is the religion in which the tested ten commandments glorifies purity and preaches chastity. You may find an internal bias preventing you from listening to a certain man's sermon or give attention to his speech, likely due to his religious beliefs, but ignore the man who is speaking and listen to what is being said. If the person is a religious man or a believer in One God, he or she will only speak of the goodness of purity and chastity, and will never endorse fornication, sexual depravations or adultery.

Listen to a sermon every single day for half an hour without fail because you must make sure that every day, your soul finds the food to stay rejuvenated, and your heart finds reasons and sees the purpose to sacrifice the sexual happiness or the sexual high for the greater goodness of the soul. In order to make your soul strong and in order to make your spirit stronger, and in order to make your mental health robust, you must listen to a sermon every single day of your life.

If you are not proactive in feeding your soul something spiritually uplifting, you will succumb to the trap of the perverted world beyond, where you will be force fed the dystopian content on the internet, where every single news and every single movie, every single cartoon and every single talk show, and every single interview and every single celebrity, and every single post on

Twitter and every single meme page, and every single joke and every single speech delivered by politicians and every single book or place you look, there is only more glorification of sexuality and senseless amount of sexual madness and erotic depravity and sensual allurements and lustful invitations and sexual sickness, which seeps into your heart, until your soul becomes absolutely dead and inherently cruel and selfish. It then becomes impossible to retain freethinking capability under such perversive environment, and this sexual insanity negatively affects the human spirit, making celibacy an impossibility.

In order to fight off all the external influence on your sexuality, you will have to be proactive in your quest for celibacy, by making sure your brain and your heart hears a religious sermon of a man of God every single day for 30 minutes.

And for those who have children, I advise you to buy books of where innocent stories of great saints are told in a pleasing manner, as these stories of saints can offer a pathway to learn about human dignity and chastity. By making your children sit for 30 minutes each day to listen to that story will allow them to develop courage and confidence. There are thousands and thousands of stories about Catholic saints that describe their bravery, patience and sacrifice, and there are innumerable stories of Moslem saints who gave up wealth and kingdom to serve humanity, and there are also stories about Jewish prophets and saints who were brave, chaste and honourable and fought against the pagan leaders of the Roman empires and while some died, many survived to help their fellow man. Try to purchase those story books from wherever you can and make sure that you do your utmost to purify the mind and the heart of your children by insisting they sit down and listen to those stories of saints of God for at least 30 minutes every single day. This is important, for their future, and for the future of our world, because our children are being brainwashed to be lustful and promiscuous in sex education classes in schools, and every cartoon and family film displays the most vulgar scenes degrading men and women, and as your children are being attacked or being mentally abused or even sexually abused by Hollywood movies and cartoons, their susceptible little hearts and their childish minds are being completely mutilated and entirely destroyed and annihilated by sexual depravity of the media in our world. Their school curriculum which includes the most perverted sex education materials, and their online friends who solicit them for perversion, and every celebrity or sports person they admire have made their hearts and their minds completely wrecked by inviting them to become immoral. Thus, if you cannot counter the harm that is being done from the voluptuous world, then it will be difficult for those little humans to retain their humanity.

Living a chaste and celibate life will not only allow mankind to live in global peace, but it will positively affect the health and longevity of the chaste man or woman. An Indian monk born in 1896 became one of the world's oldest men, and he too lived a like chaste life, and settled into a routine of celibacy.

When asked the secret of his health, and long life, the monk in India claimed never to have had sex in his life. At 120-year-old, the monk put his longevity down to abstaining from sex for his whole life, and advocated chastity for others.

With sexual promiscuousness, on the other hand, not only will mankind perish but we as individuals, will suffer from personal distress, both physical and psychological. Massive terror attacks such as nuclear warfare will break out, especially when our leaders will be as brutal sex addicts as we are, and then they would lose their sense, humanity and rationality and will not hesitate to kill others in millions, and a nuclear war will take place. But we already know that a nuclear war will not be survivable, and the only way to survive is to ensure it never happens, and the only way to be certain a global catastrophe such as that do not take place is to become chaste humans and shut down all animal lust and quit all beastly sexual habits. For a country like America, more than half the United States' population would be killed outright in an all-out nuclear war. If an 800 kiloton yield nuclear bomb detonated over the Russian capital of Kremlin, more than 1 million people would be killed instantly and another 2.3 million injured. But the casualties would be much higher in more densely-populated cities, such as Beijing and New York. If an 800-kiloton thermonuclear weapon was dropped on the Chinese capital of Beijing, it would cause two million deaths and result in nearly 3 million injuries. A similar bomb dropped on the Indian capital of New Delhi would instantly kill 2.1 million people and injure at least six to eight million. The reality is that there are too many nuclear based weapons in our sexually promiscuous world and with nearly all the people in it being addicted to their animal lust and carnal desires, it is only natural that one of these people would take the violent initiative of attacking his or her sexual rival and start a brutal warfare.

Those who will be unfortunate enough to be the survivors will die in the aftermath of a nuclear blast even if they practice shelter-in-place advisories as even non-urban areas will be blanketed by fallout. Perhaps, individuals might survive for a while, but longer-term survival would be almost impossible, especially society as a whole, and the shocked and weakened survivors who had been sexually addicted to one another's bodies will suddenly find no food or water to satisfy their basic needs. The majority of the people would be affected by the thermal flash, which is an intense burst of heat radiation appearing in the seconds following a nuclear explosion. The thermal flash of a large weapon can ignite massive fires and cause third-degree burns hundreds of kilometres from the explosion. With such horrors imminent, how can anyone have notions of surviving in that world? Especially, in today's world, where even children are taught to normalise every kind of sexual deviation, and every adult readily defiles his or herself for the pleasure of others, causing men to lose humanity, will anyone be able to survive those horrific disasters, since sexual indulgences has made most of us weak, cruel and selfish.

With global sex education and shameless films, children have learned to glorify the objectification of women, and a child's heart that become so contaminated with sexual material cannot learn to love. That child's heart cannot learn to care. That child's heart cannot learn how to grow up or how to find wisdom and a purpose in life when they are being bombarded by sexual deviation and sexual depravity from every single television channel in the world.

You must fight that sickness with pure narratives, because unless you want your children to become sexually depraved to the point that they lose their heart and their soul and become a selfish slave of their own lust and destroy and hurt and kill anyone who comes in the path of their own sexual happiness and sexual freedom, and unless you want your children to become cruel and abusive and eventually untameable sexual monsters themselves, whether they carry out lustful actions consensually or non-consensually, you have to persuade your children or whichever young relative you find around you, and force them to sit and listen sermons delivered by a religious figure, or the read to them the stories of saints and anecdotes from the lives of pure, single, pious and chaste saints, for at least 30 minutes every single day.

And for your own heart, and your own mind to retain the power and have the strength and the ability to embark upon this path of freedom and enter into the road of purity and follow this path of chastity, you must force yourself to listen to religious sermons that are spiritually uplifting, and regardless of how tired you are, no matter how confident you are in your own abilities, and no matter how mundane this seems to you, you must force yourself to listen to a religious sermon or a religious story of saints every day to keep your soul pure. The soul is an eager empty vessel which will fill itself with the filth from the sexually deviant outside world if you do not actively pour good and pure words into it.

Do this for one year, and you will be astonished by the results. You cannot imagine how much spiritual strength you will find within yourself to fight against every kind of selfish and sexual desires. You will find so much forte and purpose in life, and experience such happiness and so intense mental peace by listening to religious sermons that it will take all fear away from your life.

No matter how absurd it might seem to you, reading and listening to the stories of the afterlife or anything that comes from the God of Abraham, and delivered by pious men who belong to any of the three Abrahamic religions, can dramatically assist you in being chaste. Listen to different preachers every day, until you find someone whose words touches your soul and can penetrate your heart. Orwell predicted the decline of civilisation due to massive social oppression, and in his dystopic prophecy that seemed premature, people lived a meaningless life devoid of religion and faith in a deity. Today, that idea seems to be cemented by postmodernism, where sexual promiscuity is the norm and experts and entertainment industries even proclaiming an almost universal scepticism about the existence of a

deity or the rationality of a monotheistic religion. This irreligiousness expedites the spiritual decline of humanity as it allows every man and woman to become sexually depraved beasts.

Passion, Celibacy and Honour:

Celibacy is another world for honour.

Most people inadvertently dishonour themselves and thus, cannot stay celibate.

Passion makes humans act in ways that are not honourable. Rein in passion and learn to honour yourself, because no one will honour you if you cannot honour yourself. No one can love you if you do not love yourself enough to dignify yourself and be proud of your own body and soul. In order to honour yourself, you must become absolutely pure, chaste and good, and this can manifest in you if you are merciful and just towards everyone, no matter how much your passion tells you to behave otherwise.

Passion is hazardous because it makes us animals. Passion makes us humble. Passion takes away all human mercy. Passion makes humans slave of other humans. Passion makes people insult themselves in ways no animals can even imagine to insult themselves. Passion makes people destroy themselves in ways that no other animal in the world can begin to destroy themselves. Do not let passion and lust control you. If you let passion take one move in the choices that you make about yourself and your life or your emotions, then your passion will completely take over your body and overwhelm your senses, expunging your humanity and obliterating your mercy and dissolve your self-control and erase your self-respect. This passion will not let you go and will not leave your heart until it obliterates you and destroys you physically, emotionally and psychologically.

Why is passion so dangerous?

Passion will make you enjoy things that will demean you. Passion will train or accustom you to enjoy acts that will make you feel disgusted of yourself and will make everyone else also disgusted of you.

Passion and lust are the greatest enemy of man. This characteristic does not leave someone until it completely destroys that person and everyone around them. Control yourself with every iota of willpower, and eventually you will win the fight against passion and desires. You must fight with yourself to not let your animal instincts take over. You must make sure that you stay a human. You must fight to stay merciful. You must fight to stay just. And you

must fight and fight earnestly to stay honourable. This world has a way of making people become attracted towards all sorts of animalistic joy. It makes people hate anything that honours them or any religion that respects them or any ideals which elevates them.

Should you find yourself falling into the trap of passion and lust, take control of yourself immediately before it goes so far that it destroys you psychologically, emotionally and physically, because when the damage is psychological, it can never ever be salvaged. When your mental health has been scarred by passion, you can never be saved. Once you mentally and emotionally become broken, there is no way anyone in the world can save you. This passion can burn out even the bravest hearts, and it can make honourable people acts in ways which even the basest animals would shrink away from.

So, before the suffering and the pain of your life makes you emotionally and mentally damaged to the point that you can no longer control your heart or you can no longer control your mind and you can no longer control your emotions, try desperately to take control of yourself before you become emotionally broken and mentally damaged. It is better to start if you are young, because sometimes by the age of 40 or 50, some people become completely broken hearted in pursuit of passion and suffer emotional damage. Passion completely eradicates the transcendency of the human worth and erases the sublimity of all the noble qualities which makes people superior to all other organisms. Passion can burn away the grandeur from those human qualities and powers, such as the human devotions, enthusiasms, heroisms, aspirations, or the sanctities of justice and self-sacrifice, that make us stand apart from all other breathing beings. People with extreme passion become so mentally unstable and emotionally unhinged that they start falling in love with people who they deem to be courageous or emotionally strong. They pant after that object of desire, and then they destroy that person, by constantly pursuing them and being dependent on them. They destroy their own lives and they destroy their partner's life. Indeed, due to their passion, they destroy anyone around them who tries to put an end to that toxic relationship. I have seen many men brilliant and honourable and merciful men, who cherished in giving charity and helping others, but were imprisoned by their passions, and could not control their lust or love, whatever you may wish to call it. Naturally, they fell in love with an emotionally stronger person, who unfortunately had another broken-hearted person stalking them. Entrapped in an ugly love triangle, this charity-giver began to face the wrath of another equally passionate person who wanted to win the love of the emotionally strong person all for himself. That person attacked this man and destroyed him by constantly framing and insulting him, hurting him and his loved ones, and doing everything in their power to destroy this person's life, both mentally, physically and emotionally. The charitable person eventually becomes broken-hearted by the age of 30 or 35, and becomes so emotionally drained, that the person becomes a stalker himself. He starts

stalking or pursuing a woman or a boy and becomes completely emotionally and mentally dependent on that person, to the point he too is prepared to destroy anyone who comes near that potential lover boy or girl, or anyone who remotely threatens to take away that person from them. This sort of horrific love and passion cycle goes on forever, for both men and women, who lust madly after someone, experience heartbreak and then become emotionally shattered, and then become a passionate slave of lust or love, and stalks someone so insanely that he or she is prepared to kill or destroy anyone who tries to take this beloved away from them.

Once a person reached that critical stage of emotional and mental breakdown, there is almost no saving him or her any longer. A human being can take pain only up to a point, but after that threshold snap, most people break down completely. Emotionally and mentally, they become broken, meaning they can no longer retain the ability to control their hearts or their emotions or even their mind. Essentially, they become insane, but they look sane as they act and talk like ordinary people. However, inside their mind and within their hearts, they are completely insane and incapable of feeling for anyone but themselves. They withdraw their minds into a survival mode where they become unsympathetic towards everyone other than themselves and the current master of their love. Chroniclers have recorded many instances in history where sexually active leaders carried out brutal crimes in a massive scale. The Mongol invader, Genghis Khan, was extremely lustful, keeping hundreds of wives and concubines, including nine-year-old girls as brides, and he also killed 40 million people, most of whom were unarmed civilians. Nations also suffered when they became sexually perverted. When people in the Soviet Union adopted atheistic ideology as a part of their communist faith, they gave up the Gospel and abandoned chastity. As a result of their promiscuousness, the Russian Famine of 1940 killed over ten million people. One might wonder why people in those nations simply did not cease having sexual encounters with one another, as all it would have taken for them to be saved from all these disasters was to be chaste, but passion is an eccentric emotion, as it can affect everyone most fiercely, and make them lust after anyone and everyone, causing their overall psyche to become disdainfully disdainful. Historically, these passionate people found it impossible to control their lust, and thus, suffered terribly.

All these people who suffered had only one thing in common. Every single spy who gets tortured, every single woman who gets abused, every single soldier who gets injured, every single government agent who gets tortured, every single person who gets framed for crimes they did not do, every single prison inmate who had their friends betray them, every single person who is suffering in the hands of other human beings, every single person who is currently being tortured or pursued or attacked or faced attempted murder or attempted assassinated or framed for vague delinquencies, or arrested for petty crimes, have only one thing in common and one thing only: they were all madly in love. If you look into their lives, you will find that they are all sexually active. They are all mentally, emotionally and psychologically

dependent on a person. Due to their passion, they become supremely attached to one person and cannot let go. If only these men and women would become chaste and absolutely pious, from this moment onwards, and if they took a vow of celibacy and a vow of purity, and oaths of chastity, then this very moment, their life would start becoming better. Within five years, all their enemies would just melt away. All their enemies would fly away, whoever they may be, or however many in number they are, every single one of their foes would leave them. They would only have to do one thing and one thing only: to become absolutely chaste and unconditionally pure-hearted with a pure mind. All the troubles could be avoided if they were absolutely sinless and unequivocally lust free.

It is pitiful to see some untenable degree of passion can drive humans into acting like insensible and unfeeling beasts, while people have within them a mighty creative spirit which has brought forth thousands of years' worth of art, poetry, and eloquence like *Odyssey*, *Gioconda*, and *Hamlet*, and are capable of using this masterful intellect to change the course of the world, by harnessing its forces and transforming it greater things, but all that beauty and brilliance is diminished once passion moves into the heart. Sexual relationships are something that is worse than the worst drug in the world. It gives people a sense of highness, and then the protracted side effects sink in, which becomes the most detrimental and dangerous experience that could ever happen to an intelligent human being. Every smart person who either physically or emotionally enjoys sexual relationships gets absolutely destroyed by it during the after effect. Their life breaks down. They themselves mentally break down as depression takes over their being, and lingering anxiety attacks become a norm and the edgy demeanour becomes uncontrollable. These passionate and broken people lose control of their life. They lose their wealth. They lose their purpose of living. They lose friends and family. They become lonely. These losses cause them great heartache and bitter hurt until they become weak, horrifyingly sad and broken hearted.

Eventually, they become cruel and hard-hearted just to survive. This makes their life even more unbearable and since every aspect of their existence is filled with betrayal, pain and friendlessness, that to become strong, in order to survive the ache, they build a defensive shell around themselves, and eventually become cruel and lose their trust towards people. They also lose mercy and love towards all those who were once close to them or loved them.

I have seen the most brilliant and intelligent and the most merciful amongst men become the most harsh, cruellest and hard-hearted amongst their peers after they fell into maddening lust or love. I have personally witnessed how evil, devious, wicked, vindictive and dishonest some formerly gentle people became after they became sexually active or after their relationships broke down and after they suffered an imaginable kind of pain from their rivals in romance.

Evidence and testimonials demonstrate that this is the inevitable end for all passionate people. Every single intelligent person and every merciful person in the world who becomes sexually active will suffer some kind of unimaginable pain and suffering for penance of that moment of ecstasy. No matter how lonely you are, no matter how much you are suffering, no matter how much hopelessness you are facing in life and no matter how lucrative the offers of love and lust comes presents to you, never take the easy way of being enslaved to a sexual partner. Never believe that a sexual relationship could solve your problems. Indeed, it will never solve your problem, but rather, it will make it a million times worse in ways you cannot ever imagine. When passionate people fall in love and lust after another person, they lose all rationality, and gradually all their former noble qualities which made them exemplary humans, which allowed them to rise above life's trickeries and defy sickness and death, which enabled them to defy wrong, defy falsehood, will right, and stay eternally loyal to truth, will evaporate from that persona.

Sexual passion is detrimental because it can diminish all that man is, has been, and aspires to be. Human beings were created with such dignity that set us on equal terms with all the sublimities of the universe, but those who fall victims to passion cease to have any power over their own bodies. If you face suffering in your life, if you face loneliness and pain in your life, then have patience. Hold steadfast to patience for five to ten years, by being celibate and pure, and then one day, all the world's glory and all the intel and all the world's success manifest itself before you, and you will appreciate your freedom and chastity. Passion can erase the accumulated product of a quality and power inherent in humans, which has distinguished us from the lowest and dimmest rudiments, allowing us to use our faculties to pursue unrestingly in the gradual paths of an aspiring change and unrestrained creativity.

After a period of chastity, you will discover inner peace and unexpected treasures, and perhaps, that gift will not be in the form of actual gold and silver, but may come in the shape of knowledge, in the form of power or in the shape of goodness or in the silhouette of happiness and in the shape of meaningful friendships or manifest in your life with the presence of amazing children or adopted ones, or even nieces and nephews, and so much more. During difficult days, you might think that entering into a sexual relationship would solve all your problems, but never imagine that a sexual connection with someone can ever solve your difficulties or make you successful in any possible way. Often, this path will appear very easy, and most person on the face of earth who had intelligence and mercy in them chose this path of easy success by getting into a sexual relationship with someone who was rich or powerful or could help them climb social or political ladders in some way, eventually lost everything in return for that brief moment of sexual pleasures.

From my own knowledge, I have seen at least six to seven men amongst my acquaintances who were intelligent, beautiful, brilliant, merciful and simply

amazing human beings, until they became sexually active. After a short time, I saw them metamorphosise in front of my eyes. I saw them degenerate into heartless beings, and become weak and emotionally unstable, and become depressed and mentally imbalanced, until I saw their lives getting destroyed right before my eyes.

I saw how formerly good men became proud and evil with lust, and the ones who were strong became weak, and the ones who were most just and merciful suddenly acted in the most unjust and wicked manner, deceiving others. It was astonishing to see the most honest men turning most dishonest, and the most honourable men became most dishonourable.

Indee, I saw human beings degenerate in front of my eyes and I saw hard-hearted, cruel and simple men who chose the path of chastity eventually become so noble after they learned how to love and show mercy and maintain justice and such goodness that within ten years of practicing celibacy, they became the most amazing human beings in the world.

On the other hand, the absence of celibacy in a world can be dangerous, not merely for human beings as individuals, but to the society at large. The very fabric of family and structure of society disintegrates the moment people cease to control their sexual urges. There have been recorded event of inbreeding in the pagan societies of the past, where sexual promiscuity was so common that people began to resort to more perverted ways to satisfy their sexual desires. Ptolemy 1st ruled the Kingdom of Egypt after the death of Alexander the Great in 323 BC. Though Ptolemy was from Macedon, and was ethnically Greek, his dynasty adopted the ancient Egyptian custom of inbreeding to keep noble bloodlines pure. It was common in pagan Egyptian societies for wealthy families to marry their own siblings and children, as with no monotheistic faith to clarify with whom one should maintain sacred relationships, they had no standards of morality.

Ptolemy the 2nd, Ptolemy's son, married his sister, Arsinoe 2nd, and this inbreeding practice continued for many generations. Ptolemy 4th married his sister Arsinoe 3rd and produced a son, Ptolemy 5th, who would go to carry on this pagan inbreeding custom.

For over two hundred years, the inbreeding in this ethnically Greek dynasty went on, and the Ptolemaic family tree looked more and more perverse, but not only did they consider their repugnant sexual habits to be acceptable, but they were accepted by their subjects wholeheartedly who did not consider incestuous relationships to be remotely disturbing. Out of the 15 Ptolemaic marriages, 10 of them were between brothers and sisters. This inbreeding caused problems as the Ptolemy's were described as grossly obese, with swollen necks and bulbous eyes.

However, the inbreeding was a pagan custom and continued with Queen Cleopatra 7th, who was a member of the Ptolemaic dynasty, and was married to 2 of her brothers during her life time, both also called Ptolemy the 13th, and 14th. Cleopatra did go on to rule Egypt, following a romance with Julius Caesar and Mark Antony, but the practice of inbreeding went on in that kingdom, as both the pagans of Rome and the idolators of Egypt found such

sexual abominations to be a natural part of life. Cleopatra had two sets of great grandparents and one pair were the children of the other pair. Somehow, being unchaste can make people hard-hearted and unfeeling towards others, as we have witnessed in the ancient Mayan civilisations. Godless people did some unbelievably perverted things around the world in the past, for the sake of pagan beliefs. People in the Inca empire would often kidnap children and sacrifice them to the deities in the ancient past. Scientists discovered the remains of a girl named Llullaillaco Maiden, who they believe is a 15-year-old girl sacrificed during the Inca Empire for both purposes of religious rite and social control. From historical records, we know that the little girl was chosen a year prior to her death, fed a ritualistic diet for approximately twelve months to make her gain weight, then was left on the shrine at Volcano Llullaillaco, where she was left to die of exposure to bitter and painful wind and cold. Since for five hundred years, her body had been preserved at a high altitude, allowing scientist to find out the horrific practice of the pagans.

In the Aztec and Inca cultures, it was a norm to take little children as young as four years old, and torture them to death at the altar of their many gods. Remains of those children were recently discovered, and some had their skulls cracked, and others whose clothes were encrusted with vomit and faeces, possibly from torture, terror or from ritual purging. Recently, even more pagan remains were found in Peru, with the bones of hundreds of children, aged from 4 to 14 were discovered, all of whom had their chest sliced open in a single cut and rib cage brutally broken apart to rip out the living and beating heart. Historians believe they were all sacrificed at the one time. It is probable that the children even saw what was about to happen to them and had to witness the gruesome scene, and may have screamed and struggled prior to being executed.

In a scene worse than hell, the children and had no say and no chance of avoiding their horrific fate as their godless parents believed it was an honour to give their child to a pagan god. According to traditional Inca belief, female children who were sacrificed would become the bride of the particular god in the afterlife. Small children were often forcibly marched hundreds and hundreds of kilometres in very cold and extreme high-altitude conditions where they were brutally crushed to death. Christian colonialists were often criticised for destroying their wonderful native culture and halt these human sacrifices, but once these pagans learned to be chaste and believe in a true deity, they ceased these practices.

FATAL LOVE:

If you were to conduct a careful survey among your acquaintances, I am certain your results will be similar to mine, as I have seen five men from amongst my many peers who loved their family members and doted their wives and children, until lust and sexual indulgence overtook them and they became stone cold. One was an older brother who sincerely loved his entire family, but soon after his marriage to a former sex worker, became

unnaturally cruel towards his parents and siblings, and was prepared to file false cases against them and imprison them. There was also another woman, who was the eldest child, and loved her mother and father most wholeheartedly, but soon after she fell in love and moved away with her sexual partner, the woman became harsh and vindictive.

One of the men was charming, handsome and the most amazing human being in the world, and then he fell in love with a woman and began a joint life with her. Although they were not too rich but were comfortable enough and after they fell in love, they pursued this luxury of love and watched romantic films and read erotic novels and began to imagine they needed love and romance in order to gain happiness in the world. They became more and more creative in their sexual enjoyments until both lost their humanity and became cold-hearted.

There was another man who fell in love with a slightly older woman and he did everything in his power to woo that woman and attract her and eventually got into our relationship with her, and his life also ended in equally horrifying emotional tempest.

From all these events, the romantic angle was the same, although each one of these incidents took place in different world continents, and they all were of different race and ethnicities. Despite coming from four different countries, the moment they fell madly enough with a woman, the moment these men started seeking sexual pleasures in their life for happiness or whatever reason, it was in that moment they started to face unimaginable hardship in their lives, because someone else fell in love with them, and that other person was a diligent broken-hearted and powerful person, or some sort of criminal who was mentally and psychologically damaged. It is ironic how each of these four men had another person fall in love with them the day they started romantically pursuing a woman.

We may wonder what is wrong if someone falls in love with you? After all, is not love a beautiful thing? What could be the harm if someone maddening loves or stalks you or lusts after you, whether the lover is a male or female or something in between?

But I hope to demonstrate why this love was not as simple as it seems.

You see, when a young man fell in love with a young and beautiful woman, he immediately got another stalker after him. This stalker was emotionally damaged from a young age, due to years of torment and childhood abuse and many betrayals, so this person zealously pursued the young man in an effort to win his love.

When those broken persons who fell in love with these young men do not get their way at once, they become desperate and start torturing them. I have seen many instances in which these stalkers started hurting their wives, and hired other men or women to make their wives cheat on them, and many had thugs beat up this young man, dressed up a woman or disguised as their wives and even tortured them to the point of madness. In many cases, this stalked hired women who looked like their wives

electrocute and even boil them, and then the stalker would come to rescue the victim and be a hero.

There was one broken-hearted and emotionally damaged stalker who made this young man suffer so much and made him endure such unimaginable pain that he himself became mentally damaged, and in after a few years, began to stalk a younger man as well.

There was a young, intelligent and the most beautiful man who also fell into this trap and he got tortured unimaginably by a criminal who fell in love with him. This criminal stalker found out that the young man had another woman in his life, and was having intense sexual relationships with her, and initially the stalker hired criminals to chase and harass the young man, but he was desperate to have romantic encounters with his girlfriend and would often drive around for hours, in an effort to lose the people following them, but eventually, the young man began to do sexual activities in his car, wherever and whenever he could. This naturally infuriated the stalker, who then hired other criminals to torture him. The stalker eventually assaulted him repeatedly, physically and sexually and of course, framed his wife or his girlfriends and their family members for it. The young man was the most amazing human being, and I personally witnessed how he had to face the most unbearable pain and torture. I saw his whole family break apart, his wives seduced or assaulted, and his girlfriends all framed or threatened and even beaten up. Oh, it was terrible to see a promising young man's life disintegrate completely.

Many times, these young men also become so broken, that they themselves became cruel. They themselves started hurting everyone and lash out at their loved ones in anger or in revenge.

However, all these pains and suffering and all these torments could have been avoided had these four men not fallen in love with a woman and not become sexually active. Is sexual indulgence always so dangerous for everyone? Not necessarily, but these youths suffered so, because they were brilliant. These men were smart and merciful. Since these men were intelligent, they suffered unimaginably when they became sexually active. I learned that two of those men who were pursued by an emotionally broken criminal went on to become abusers themselves. They went on to stalk and pursue a woman, and when they could not retain the woman to themselves, they started torturing all the romantic rivals that were present in that woman's life, and soon, these formerly bright men lost all mercy towards people and forfeited all compassion towards others. They lost their intelligence and lost their strength. They lost their pride and lost their honour. These young men lost their sense of justice because they allowed themselves to fall in love with a woman, and as per the universal laws of love, no sooner did they desire someone maddeningly, someone else decided to pursue them.

As a side note, it is worth remembering that human beings have the sense of a diabolic creature, and people seek what is rare. It is for this reason you

can be quite certain that if you have fallen in love insanely with one person, there is a huge probability that the person is currently in love, or even maddeningly in love, with someone else, and while he or she may appear to tolerate you apparently, they will harbour bitter disgust towards you and obsess over that lover who they could not yet gain. It is how everything in this world is, and this is how no true happiness comes from lustful encounters or sexual relationships.

From my own experience, I saw that every time a man fell in love with a woman, someone else immediately had fallen in love with him, and started to torture him, and even if that stalker did not torture him personally, the lover would have suffered in some other way until he would have completely broken down and become a damaged human being. There was not even one exception in this, as I have seen every single person who is intelligent and merciful and sexually active, suffer immensely and unimaginably cruelly, and many time, they did not know who was hurting them, but they got hurt anyway, causing permanent scarring in their lives.

Excessive indulgence in sexual acts causes humans to lose their humanity. From personal experience, I have seen a close family friend who lived nearby in a small apartment building face the brunt of sexual slavery. The family was a compact one, and the adult siblings and their parents stayed in the same building. The young son grew into a graceful youth and became a parttime businessman and school teacher, and he soon married a vivacious young woman. He lived with his wife in one of the floors of the building while his two teenage sisters lived in the apartment overhead. The young man's parents also lived in one of the floors of the apartments. The family was a very happy and pleasant one, but everything started to change several years after the young man got married. By the fifth year, he had four children, and his wife was pleased, and their marriage life was very pleasant, until the young man became addicted to his wife's body and began to become excessively indulgent in sexual acts. By the sixth year of his marriage, he became so addicted to having sexual activities with his wife, that he often stayed locked indoors in their bedroom for 10 to 12 hours each day, as the couple somehow could not stop having sexual encounters with one another.

This sexual addiction went on for months, and soon, his overall behavioural change started to take place. He became cold and aloof from everyone except his wife. Normally a doting father, he suddenly began to treat his children harshly, often yelling at them for the most minor offense. Prior to marrying this woman, the young man was always a gentle youth, and was always very helpful to his family members and loved his parents. Now, he found empty reasons to become violent and often, lashed out at his sisters, screaming like a violent raging animal. The reasons for his rage were conflicting, as he generally did whatever his wife told, and if his wife ever spoke negatively about the sisters, or told him a utensil in the kitchen was

missing, he would go berserk and try to break the door of his sister's apartment.

While the young man's wife was personally not very upset with the two sisters, she habitually found it convenient to blame ordinary mishaps on the teenage girls, but did not hold many lingering grudges, but it was her husband who reacted most violently if she ever said anything negative about anyone in his family, or if she complained about any small matter. Like a roaring bull, the young man would fly into a crazed rage and scream until he became hoarse. This behaviour was particularly surprising for the rest of the family members, especially the sisters, who knew their brother well and remembered how gentle he had been prior to becoming addicted to sexual activities. He was famous for being soft-spoken and people rarely heard him speak about a silky whisper. However, with each passing day, he became more and more violent, and every single day, he would run around the corridors and try to rush upstairs and break the door of his sister's apartment, claiming with wild hysteria, that the sisters had tried to misplace an item, or had stolen something that belonged to his wife. Often, if one of the sisters ever visited the sister-in-law's apartment, and if one saucer or cup was out of place, the young man's wife would inform him that his sisters might have taken it, or stolen water, milk or sugar, meaning if they girls ever visited the brother's house and took a sip of water or drank a cup of coffee, the wife would imply they were thieves, or stole something of value, and these ideas created quite a friction between the brother and his sisters. These minor accusations were enough to drive the young man into screaming hysterically, and threatening to break all the windows and doors of his sister's apartment.

By this time, his children were in grade school, and were fond of their aunts, who were extremely affectionate and expressive and treated the four nieces and nephews as their own children. Eventually, the anger in the couple intensified, as they become more and more engrossed in their sexual escapades, and every time his wife spoke negatively about the girls, the young man wanted to destroy his sisters' lives. He became desperate to punish his sisters and forbade his children from ever talking to their aunts. He gave clear instructions to his kids never to utter a verbal word in their presence or answer their questions, no matter how urgent it was, and they were also forbidden to look or talk or walk in front of their aunties.

The children were obedient to the father's orders, particularly because they had learned to become afraid of his newfound raging temper, and subsequently, whenever the aunts asked their nephew and nieces how their day in school was, the children would remain silent, and the older one, who was particularly close to the aunt moved his lips in silent replies, hoping not to go against the command of his father. This became an emotional turmoil not only for the aunts who suddenly felt boycotted by everyone, but also was a tremendous strain on the little children, who were instructed to maintain strict silence and refrain from speaking or answering any questions asked by their aunts, no matter how urgent.

The young man's parents found it astonishing and also disappointing to see their gentle son, who adopted stray cats as a boy, suddenly become a violent young man who would turn into a raging bull if only his wife whispered a word of complaint about his sisters or his parents. During the first years of his marriage, the young man was still his old self, and was loving and caring to the children but as soon as the couple became more and more addicted to sexual acts, they became so violent that they started to beat up their children for the smallest misdemeanours. Even their 3-year-old daughter was not spared from corporal punishment, and if she refused to answer her mother's summons at once, the young man would fly into a rage, and threaten to lock her in a dark room. If the child cried or wailed loudly or disturbed the couple while they were having their sexual encounters, they would become enraged and shout fiercely.

This was unlike his true self as the young father was once very gentle and loved small animals, and especially adored cats, but now, after becoming a sexual addict, he would punish his children and threaten to lock the three-year-old child into a dark room for something as trivial as crying aloud. The young man also punished his kids by beating them or locking the older boy inside the garage or in one of the rooms with all the lights shut off, so that the child would scream in terror, but compassion was inexorably missing from the man's emotions, and he felt no pity for his own children even though he was extremely affectionate as a young boy and loved animals, adopting all the strays that he could find. After becoming addicted to sexual acts, like all sex addicts, he lost his heart, and forgot how to be merciful, and even ceased to care for animals, and winters would go by, and he did not bother sheltering his cats in a safe place or give them cat food, which was very much unlike his previous nature. Even if cats died in front of him starving from the cold and hunger, he would no longer bother to open the back door and offer the cats a little bit of nourishment.

With each passing month, his children became very worried about their father's violent behaviour and they would get nervous every single day when the young man huffed around and stomped his feet and threatened to hurt his sister and file false cases against them and break their house and shatter their windows merely because his wife was somewhat upset with them or had said something negative about the young aunts.

While the family held their breath, fearing some major accidents may take place, the young man was drafted into the military after a national emergency, and soon after, he was sent to the frontlines of the battle. Weeks later, he was horribly wounded and died from that accident. Exactly two months after the young man died from the explosion, his wife scarcely waited a week before immediately married a wealthier man. She brought in her new husband to her apartment which the young man had bequeathed to her as inheritance, and the couple lived grandly for a while, until he became increasingly bitter for having to live in the same house with the four children from the woman's previously marriage.

This new husband became abusive towards the children and was extremely violent and cruel and would often beat up his step-children. This happened every day, and the sister-in-law did little to protect her children from her new husband's wrath, as she had fallen in love with the new man, but it was in this critical time that the young man's two sisters came to the rescue of their nephew and nieces, and they constantly tried to remove children from the stepfather every time he became violent. Whenever the children cried, one of the aunts used to come and take the children away from the stepfather or whenever he tried to abuse or hurt them, the sisters who this young man hated and wanted to destroy tried to save his children. It was interesting to see that the sisters, whose house the brother wanted to bulldoze and whose doors he wanted to break and whose windows he tried to smash every day, was now the only guardian and protector of his own four children, but while he was sexually indulgent, he failed to understand that his sisters were not evil women.

However, it is promiscuousness and the slavery of human flesh that makes people lose their sanity in their senses so much so that they do not understand who really loves them or who cares about them. All they care about is their sexual partners, and all they want in this world is to satisfy their bodies and appease their flesh and become a filthy toilet bowl and service every single person whose bodies they find attractive. This causes humans to lose their humanity and become animalistic in their hate. No longer do these lustful people recall family ties and blood relation, as we have seen in the above incident of the young man and his family.

Not only does sexual promiscuity cause families to disintegrate, it makes people lose their sense of morality and forget what is right or wrong. For example, those who are promiscuous, eventually do not understand that molesting siblings or children is unacceptable. They find paedophilia and incest to be honourable acts. History shows us this much. King Carlos II was the ruler of Spain, becoming king in 1665 and his family ruled many nations, and were so bent on keeping power, that for a few hundred years, they married their own blood relatives. After 16 generations of this, Carlos II's family was so inbred that his grandmother and his aunt were the same person. After 16 generations of inbreeding, the family members suffered from terrible illnesses, but they carried on this perverse practice, because religion had faded away from their life and they resorted to pagan ways of sexual depravities.

King Carlos II was unable to chew his food as his tongue was so huge, he could barely speak. He could barely walk because his legs could not support his weight. He had gout, dropsy, and epilepsy. Carlos II of Spain was also impotent and could not father children. It was part of his family legacy of inbreeding causing him to suffer from genetic disorders including pituitary hormone deficiency, a disorder that made him short, impotent, infertile, weak, and have a host of digestive problems. Generations of his family's inbreeding were to blame for his other disorders, such as distal renal tubular acidosis, a condition marked by blood in the urine, weak muscles,

and having an abnormally large head compared to the rest of the body. It is unfortunate that those who give up the rules of monotheistic religion are unable to remain chaste and consequently have to relinquish any control over their sexual practices.

While for some, sexual indulgence may appear to be the most natural and innocent acts in the world, those who are endowed with intelligence and wisdom tend to suffer bitterly upon engaging in lustful behaviour. As I saw amongst five or six of my own acquaintances, where men who could be considered the bravest of the bravest men I have ever seen, and were the most merciful and just, and who stood up alone in the face of adversaries, and always fought against injustice, even if it meant going against a thousand people. These men were fearless, men who were the embodiment of national heroes and behaved so honourably, that the heroes of the spy and action films would appear like imbeciles next to them, and no sooner had they succumbed to lust, they became emotionally scarred.

These honourable human beings were unnaturally brave, and stood against the world to uphold notion of justice and mercy. These were men who defended their family and took revenge for all the oppressed ones; men who gave all their wealth to their mothers and their sisters and their younger siblings without ever expecting a repayment, men who were filled with love, mercy, compassion and justice as they were men who were fearless and unequivocally brave to a point that there be no adequate word in the world that I can think of to describe their greatness. It was almost as though these individuals were superhumans. So great and good were they that no language in the world could have adequately described their greatness or their goodness. But then, one by one, I saw how each of them fell in love with a girl and become sexually active. Then, from that day onwards, their lives spiralled. These men were smart and ambitious, and the girl or woman they pursued for romance was not only beautiful, but also the daughter or ward of someone famous or powerful. They were ambitious and sought exceptional women and relentlessly pursued this beautiful, wealthy, perfect and successful or amiable woman. Unfortunately, each of those women already had a secret lover, and were stalked by an older man who was hopelessly in love with her and was acting as her guardian. Sometimes, it was the woman's step father, or someone who raised her from a young age, and won her trust, as a father figure. The young men who fell in love with these exceptional and perfect women had no idea that she already had a secret admirer or secret lover, who was protecting her and making her successful from behind the scenes. These young men were smitten by this great wave of temptation and believed that the woman's guardian was in fact, a sort of relative or a father figure. Never in their farthest dreams did they imagine that the older man who constantly shadowed their charming lover may have been her potential suitor. Rather, they imagined him to be a guardian and often sought his blessing for their relationship. This naturally infuriated the older man, who wanted to maintain the guise of a father-figure, while at the same time, dissuading the young woman to cease all

contact with her young beau. Those older men tried desperately to chase and frighten the young lover away from the woman, and in this vein, they had those brave young men tortured so cruelly, that despite being so courageous, they suffered immensely and unfathomably in the hands of their girlfriend's secret lover.

Had these young men chosen a life of chastity and celibacy, they would never have faced such terrible torment in the hands of the old guardian of their girlfriends. With time, this pure life would have been more delightful to them than all the sexual allurements which they once pursued. But each of these men were tortured, betrayed, abused, framed from heinous crimes, and insulted. Each of these men were the victim of such violence and acute pain and so dreadful loneliness that no word can describe the amount of suffering they faced in a single hour of their day. Indeed, no human being in the world could have remained sane after that bitter suffering. No human being in the world could ever stay merciful after so many of their friends and families were forced to betray them under death threats. Not only were these young men tormented, the older lover of their girlfriends hired multiple prostitutes to seduce them and remove them away from their beloved.

Each of these young men were hopelessly in love with the beautiful and charming woman, and her old lover tried to punish them by hiring hundreds of sex workers to file fake rape and assault cases against them, or framed them for money laundering and human trafficking in order to convince their 'daughter' or 'stepdaughter' that the young man was evil.

Each of these men suffered so immensely that there are no words in the world that could sufficiently describe what they faced in a single day of their life. But the more they suffered, the more these youths cleaved to their lover and wooed the young woman even more desperately, and this made the old man even more frustrated, and when he saw that hiring prostitutes and sex workers did not make these young men leave their girlfriends, particularly because they were so honourable and loyal to her. So, in several cases, the old man hoped that if the young man's sexual orientation changed, he would pursue other men and be no longer attracted to his adopted or step daughter, and this meant the secret lover of that girl eventually started hiring men to seduce them so they become homosexual and leave their girl and chase after men. Many time, these old secret lovers hired hundreds of homosexual men to seduce them. They also had these brave men tortured and abused and for their rescue, sent those homosexual men to save them and then thoroughly seduce them and even drug them until they become attracted to men and left their beloved young woman alone.

Of course, initially, nothing the old man did had any effect on these young men's love for their beautiful girlfriends, but eventually several of these men became so heart-broken and emotionally tormented, that they held on to those young men who always rescued them from peril. Often, these old secret lovers of that girl burned down the young men's faces or burned

down their hands and cut off their genital organs to make them unattractive to their girlfriends. I know of one case where the young man lost his tongue, and two other young lover boys also lost their right and left hands, chiefly because the old man did not want the youth to be capable of speaking to their love interest. Several of the youths had their close family members assaulted, raped and tortured. After all this suffering, the old man sent young homosexual men to rescue them, and also seduce them with false affection or drugs, and this eventually made most of them homosexuals. Within the age of forty, these men themselves started stalking young and merciful men, and they carried on this vicious cycle of torturing any girl who came near him.

I understand that the reader may not want to believe that these incidents ever took place, but I can prove it to you, and demonstrate how the most amazing human beings in the world can turn into monsters. I have seen how the bravest of men can turn into bitter cowards, without any particular fault of theirs, but their emotional damage and mental impairment is a real thing. In fact, when a person is tortured and assaulted and abused and insulted for ten years or twenty years in a row, they cannot, and they do not stay sane anymore. They become cruel and their souls become heartless. They become selfish and even become monsters but what is more frightening is that they become weak, so weak that they need a sane and good-hearted human being to depend upon at all times, and this need for another person makes them stalkers and molesters. They become so dependent on that person that they torture, kill or murder anyone who tries to take that person away from them period.

This has been the end result of all great men in the world. That is the story of all the kings and emperors of the world, each of whom became the victim of violent abuse, torment, insults and pain. They all faced suffering because of one thing only- because of their fatal sin of ever becoming sexually active or sexually involved with another person. Had these men been chaste, they would have remained the bravest of all the brave men. They could have stayed merciful and remained mentally sound and physically fit.

If only they lived in celibacy, then no one would have hurt them and no one would frame them and no romantic rival would have insulted them. These men were duped and cheated as they were sent down on fake missions and heroic adventures to save people or save the world but never did they imagine that their girlfriend's secret admirer was torturing them and using the ruse of missions or saving the world kind of lies in order to make them get involved in some sort of criminal activity, and then pay that imaginary villainous person beforehand to capture this young man and torture him uncontrollably, as a punishment for stealing his love from him. All these men never imagined and never even knew who tormented them, and instead of taking revenge on the older man, they loved and adored their girlfriend's secret lover, thinking he was her guardian or father. But in any case, these young men suffered horrifically, whether the tormentor was their

girlfriend's admirer or someone else. It is the final result of all sexual dalliance, as for thousands of years, men and women have been tortured and suffered bitterly for becoming sexually active.

The human mind can be trained to be chaste and the body can pursue purity but very few people actually embark upon the path of purity, and choose to remain engrossed in humiliating sexual acts. Such lustful behaviours are damaging to the human soul, as sexual indulgence in one thing that steadily gets worse and sicker. People who are addicted to one person's body soon try to chase after other humans. This leads to various disturbing practices, such as abuse and insult, which laid the pedestal for the culture of porn in the world among the youth today. According to media reports, men and boys who have been introduced to porn have been led to believe that girls will look and behave like porn stars. Our children are becoming victims of pornification, as one prominent psychologist stated, "Never before has girlhood been under such a sustained assault, from ads, alcohol marketing, girls' magazines, sexually explicit TV programmes and the hard pornography that is regularly accessed in so many teenager's bedrooms."

To grasp the full implications of the epidemic, we can study the rise in crime statistics in our society today, which have been a direct side effect of increased pornographic consumption. Many people utterly condemn monotheistic religions like Christianity, Islam or Judaism, for its strict laws on gender segregation and purity, but as it turns out, secular nations like the UK and the US are now facing serious issues with a porn enforced cultural heritage for their youth populations. Religious texts often prescribe men and women to observe chastity, and tells the believing men and women to lower their gaze (from looking at forbidden things), and protect their private parts (from illegal sexual acts) and not to show off their adornment except only that which is apparent and to draw their cloaks all over their bodies, and these rulings have been denounced as oppressive and stagnant. But religious advices such as these seek to liberate women from the bondage of pornography and sexual humiliation. The Moslem's holy book declares that men and women must wear modest clothing and avoid sexual indulgence. "And as for women past childbearing who do not expect wedlock, it is no sin on them if they discard their (outer) clothing in such a way as not to show their adornment. But to refrain (not to discard their outer clothing) is better for them. And God, is All-Hearer, All-Knower." (Koran, Chapter Light, 24:60]

Thus, Islam is clear on gender segregation and the importance of both men and women having to shield their bodies from one another. Some critics claim that for Christians, there are no such verse or commandment in the New Testament concerning the covering of women. However, that is not accurate, as there is such a verse in the Bible: "But every woman who prays or prophesies with her head uncovered dishonours her head—it is the same as having her head shaved." - 1 Corinthians 11:5. The famed Christian commentary, Barne's Notes on the Bible, explicitly states that this verse refers to the wearing of the head scarf, something similar to the Islamic

hijab. "With her head uncovered – That is, with the veil removed which she usually wore. It would seem from this that the women removed their veils, and wore their hair dishevelled, when they pretended to be under the influence of divine inspiration. This was the case with the pagan priestesses; and in so doing, the Christian women imitated them. On this account, if on no other, Paul declares the impropriety of this conduct. It was, besides, a custom among ancient females, and one that was strictly enjoined by the traditional laws of the Jews, that a woman should not appear in public unless she were veiled."

However, the influence of religious teaching is declining in our societies, as American states like Texas, which is perceived as a highly religious and conservative stronghold, deep in the heart of the Bible Belt, has one of the highest number of adults actively looking for sex on the internet. These revealing numbers are reported by one of the largest adult web sites on the internet. The numbers are surprising, especially since Adult Friend Finder, which is the largest sex and swinger personals web site on the internet today with 22,319,717 members, a number that is almost identical to the population of Texas which is 23,507,783.

There are numerous other such vulgar websites where women are displayed as object ad forced to perform degrading acts for the pleasure of men.

Officially, sex and swinger personals web sites are dating site for singles and couples looking for sex. These unethical websites get more visitors every day than all the marital match websites put together. The state of Texas which was considered somewhat religious ranked #2 in the number of subscribers to one such uncouth web site.

Sexual promiscuity and vulgarity have become a pandemic in our world, and studying a country like the United States alone, we can see that people cannot control their sexual desires when they become lustful.

A state-by-state breakdown of the top sex enthusiasts in the U.S. is shown below:

- * California – 1.2 million (That's 3.3% of the state population)
- * Texas – 800,000 (That's 3.4% of the state population)
- * Florida – 743,000 (That's 4.1% of the state population)
- * New York – 660,000 (That's 3.4% of the state population)
- * Illinois – 429,000 (That's 3.3% of the state population)

Texas, which is in the heart of the Bible Belt came in second in all of the U.S. with a larger percentage of the population subscribing to pornographic websites, than California!

It is possible that the secular mode of education has caused most people in our generation to adopt agnostic or pagan mindset, and they have abandoned the religious values and purity laws which are espoused by the Abrahamic faiths. While religions like Islam calls to modesty and to chastity, our secular and pagan societies call for more nudity and thus have created a culture of pornography.

Despite the obvious harms of pornography, many irreligious people continue to claim that religions oppress women, and thus women should be godless

and be free to uncover themselves and this ideology has been indoctrinated into the youth of Moslem and Christian majority nations, until every youth became involved in the culture of pornography, where children are often filming sex acts amongst themselves in growing numbers, many of them being forced by their peers. This is directly causing an alarming increase in child abuse cases, where older sadistic men often groom and seduce adolescent boys and legally marry them or engage in sexual relations the day they turn 18.

HARMS OF SEX:

Many people think that sexual indulgence is harmless, or that sexual relationships are a thing of love or an act of honour, or a thing of respect, happiness and comfort. But the reality is that sexually humiliating another individual, whether with or without their consent, is cruel. Sexual relationship is nothing but an insult and the greatest kind of demeaning act that a human being can do to another human being.

To put it bluntly, sexual relationships are a summation of acts of either being abused or abusing someone else. There is no greatness in it. There is no goodness in it and neither is there any respect in it and most definitely, there is no love in it. The more sexually involved someone becomes with another, the more deadly and vicious the hatred manifests afterwards. Millions of cases proved that no sexual relationships in the world lasts. It is only friendships that have always been completely non-sexual are the ones that last the longest and never has any deadly repercussion or humiliating side effect.

People often feel eager to worship someone sexually and admire every part of their spouse's body, when the person you are having a sexual relationship with is secretly feeling extremely insulted and humiliated. One of the religious scholars I was interviewed was asked why did people suffer after getting sexually involved with someone. That person said it could be because the person who is being sexually involved with you feel abused and humiliated or insulted, and as a result, that victimised person wishes that the person who humiliated him or her also get humiliated, tortured and abused, and from thence, all the suffering in the world grows on that person.

The architects of this sexually revolutionised society use the media to push forth vulgar ideas, where women are encouraged to get whipped or flogged for the pleasure of men, and they insist that is the peak of liberation to be able to stroll naked in the streets, and all the while, they shame past

religions and its monotheistic ideas which advocate chastity, but appropriates the past only to emphasise the glory of the present.

In sexual encounters, you are either demeaning yourself or demeaning your sexual partner and if you are the one who is demeaning yourself, then the person you are sexually involved with will be absolutely disgusted of you and think of you as nothing more than the garbage bin or the waste basket of a public toilet. That person, whom you are likely adoring, will never ever respect you, and without respect, no love in the world can last. A person can never respect someone who is sexually involved with them, no matter how much you are demeaning yourself to them, and no matter how eagerly you insulting yourself to please that person sexually, you might think that that person is enjoying it, or that person may act as if he or she is enjoying your humiliation, or maybe they are enjoying the fact that you are humiliating yourself in such a pathetic way, but inside their heart and deep within their human psychology, they are disgusted of seeing how you act like the most humiliated and the most degraded person in the world. Verily, they can never respect you and they can never love or like you. They will always see you as a thing that is most disgusting in the world. Naturally, they will respect everyone else, but never you.

If you are the one who is insulting someone else in a sexual relationship, and are not in the position of pleasing that person, but rather taking pleasure in the degradation of another yourself, then that person who are your sexually involved with, is likely despising you and hating you so viciously in their minds that you can never imagine what wrathful ideas are going on in that person's head. That degraded person is probably fantasising killing you and going to your enemy and destroying you and taking some kind of revenge on you in the future. Due to feeling intense shame and horror of what is being done to him or her, that person is hating you and bestowing all sorts of curses and evil wishes on you and your family and your children and everyone else that matters to you. Never doubt this. No one in the world enjoys being humiliated and the person you are sexually involved with right now is no exception. You might enjoy being happy with them but that person might feel terribly humiliated and degraded and thus hate you most violently and passionately for forcing them into that situation. Maybe, that person is agreeing to be your sexual object, or maybe, he or she even pretends to be enjoying it, but they are only doing it for some gain, or they are pretending to be willing to humiliate themselves for some reason such as imagining they need you to help them or support them or give them money or something else. But inside their hearts and within their mind, they are so viciously wishing evil on you and hating you and even cursing you, that you can never fathom it. Indeed, this sort of exchange serves as the basis for the most unhealthy kind of relationship, that could exist in the world. That person you are sexually insulting today, will enjoy seeing you suffer in the future, and that person will likely celebrate after your death. That person you used like a sexual object will hate you even more with every passing day, most viciously and

monstrously, and will one day, go to your enemy to give your information away. That person will hate you most violently, regardless of whether they pretend to like you or not.

So, whether you are taking pleasure from a sexual relationship or giving someone else pleasure in a lustful relationship, you are not gaining any love or respect or any honour out of it except only getting a plethora of degradation, humiliation, hatred, violence and disgust.

I wonder often about why people feel it to be necessary to engage in self-depreciating practices.

My question is why would a human being, who is intelligent and merciful and honourable and has self-respect, ever want to humiliate themselves or someone else? Because sexual relationship is nothing but humiliation. You can call it love all you wish, but love is what a parents feel for their children. You can call a lustful encounter a means for procreation but in this technologically advanced world, we have no excuse to molest and degrade one another, since couple can have children via the use of artificial insemination and have a child with honour and respect. There is no excuse for a decent human being in the world to ever be sexually involved with anyone, unless the person secretly has some sadistic nature inside them which makes them aroused and excited only by humiliating someone else or even more disgusting - by humiliating themselves. Those who humiliate other people and become aroused by it are nothing but monstrous animals. They utterly vicious and cruel like a snake or a scorpion, or some other stinging beast that gains pleasure by inflicting pain on others. There is no human being in the world that could be classified to be worse than that. Every entertainment industry in our world have glorified sexual perversion to the point that people who are inclined to wickedness find it perfectly acceptable to carry out their fantasies. Religion and religious men and women are ridiculed as a fallacy, particularly by the fin-de-siècle generation. This failed ultimacy, this sense that we, the modern sexually liberated generation, have to dust down the armour of an earlier religious and chaste generation of moral absolutes, when history was still running honourably, when the victory of the sexual corporations such as pornographic fan pages and social media sites, or even Hollywood was not yet assured, accounts for the maladroit condition of that world is publicised.

In the past, whenever a nation or a group of people became sexually promiscuous, they ended up facing terrible trials, and suffered from natural or even unnatural disasters. People in the sixth century faced brutal starvation from volcanic winter which covered sunlight with ashes, causing crop failure and suffering. It would not take much for the world to face another nuclear winter or even a natural volcanic winter, with so many volcanoes erupting in recent years. For example, the Mount St. Helens volcano in Washington has been recharging recently, as scientists claimed there have been more than 2,000 earthquakes recorded at the site.

Specialised equipment also detected that magma has been flowing through

chambers deep underground, causing the volcano to recharge. There are fears the earthquakes could lead to another massive explosion reminiscent of 1980s eruption that left 57 people dead and permanently altered the area's ecosystem. On May 18, 1980, a deadly magnitude-5 earthquake struck, causing the volcano to lose its crypto dome and erupt. The volcano exploded sideways and sent an enormous landslide of a super-heated mix of ash, rock fragments and gas flowing downslope and the ash rose and blocked the sun, turning the sky completely dark. Other deadly volcanoes which might end in deadly eruption and extend beyond human control are the ones in Iceland, where the eruption of the Eyjafjallajökull volcano several years ago, spewed so much ash into the atmosphere that airspace over Europe were closed. Scientist in Europe also reported that thousands of earthquakes in Iceland have raised fears of a possible volcanic eruption. Over 20,000 tremors have been detected by the Icelandic Met Office since late October, 2023, with as many as 1,400 in one day. The heightened geological activity led to fears that a super volcano is imminent. Experts also said that the two super volcanoes at the Campi Filigree in Italy and the Long Valley Caldera in California have shown obvious signs of waking, and when these do erupt, sunlight may be completely blocked out, and famine will become the norm. In the sixth century drought that had resulted from a volcanic winter, people in Europe had no food for years, and mothers fed their family members their own unborn fetuses to stay alive. In those dire situations, humiliating one another for lustful encounters and sexual indulgence will not even seem appealing anymore.

With sexual indulgence becoming the norm again, we have to be mentally prepared to face similar hardships, and those who enjoy being humiliated sexually, should try to reevaluate their lifestyle and try not to be lustful like ordinary dogs, who are senseless animals that do not mind degrading themselves. If you engage in lustful encounters, then, frankly speaking, you will eventually lose all humanity and become nothing but a dog. You will lose mercy, you will lose love, you will lose loyalty, you will lose intelligence and you will become a slave of your current sexual master and bark and eat and only look for your own pleasures, and ceaselessly support one master and kill the other. Hundreds of crimes of passion take place each day, where lovers kill one another, after falling in love with another. Why is this so? Lustful relationships are like a dog-owner contract, where a Pitbull happily defends his master and kills anyone who intrudes in the owner's residence. Similarly, many passionately lustful lovers execute anyone who tries to seduce their sexual master away from them.

If you allow yourself to become sensual, then you will become like that guard dog, and may even kill your former sexual master in an effort to support the current master. You will no longer be the intelligent human being that you are today. You will no longer be able to save the world or save the universe or be able to come up with classic literary works or ever come up with scientific answers to humanity's many problems.

HAPPINESS AND SEXUALITY:

Sexual pleasure is an addiction like a dangerous drug.

But if you are addicted to it, then wean yourself off this lustful practice by taking up another hobby. You may want to argue that sexual relationships make you happy, so you should have the right to do so, but as human beings, can we really do anything that makes us happy? Should we always do things which makes us happy?

If sexual acts make you happy, then change your preferences about what makes you happy.

If hurting others makes you happy, then you must work on your psychology.

You must work on your own humanity and you must work on your own mercy. You must learn to take pleasures from other things and not by hurting or humiliating other people. Start skydiving. Take a cosy hobby like cooking. Start bungee jumping. Try joining marathon. Make an effort to participate in car racing. Start going to the gym and lift weights or practice boxing. Play soccer. Play basketball. Become a car enthusiast. Study arts. Try photography. Try build the house. Get into poetry. Study philosophy.

Take a hobby that will give you happiness. Do not let yourself become happy over such horrible and disgusting things like sexual acts. Do not let yourself enjoy being humiliated or take pleasure in humiliating someone else.

Do not take let yourself take enjoyment by being treated like an animal. Do not take enjoyment by treating another person like an animal. Do not use your sexual organs as a weapon against others or even against yourself.

Make your heart absolutely pure and chaste and you will lose nothing, but will gain everything in the world.

Being pure and chaste not only makes you a better human being, but it enables you to better the lives of others. However, if the idea of sexually humiliating yourself or others appeal to you, then ask yourself critical questions. If hurting people or killing people made you happy, would you do that? No, you would not. In fact, you would likely fight stalwartly against your own wishes and win. You would fight against your impulses and try to purify yourself and combat those desires and try to make yourself a decent and a better human being. This is the exact same thing you should do if you find yourself finding happiness in lustful activities.

Even if we find happiness in things that are humiliating and disgusting, we should actively try and change what gives us happiness. We should not do what makes us happy. This is the worst possible thing in the world. I have

seen some people who feel happiness in abusing underage people or seducing underage boys or girls. There are people who find happiness in hurting animals. I have seen people who find happiness in falling in love with their blood relations. But as human beings, we have to have the humanity to stop those happiness impulses.

CONSENT AND SEXUALITY:

We are intelligent and honourable creatures, and we must have the capacity to evade harmful acts even if those make us happy, and way we still have the humanity and honour left amongst us to stop a father from falling in love with his daughter and marrying her, whether he does it consensually are not. Why do we stop it if it consensual? Because consensual actions are the greatest lie in the universe. Everything becomes consensual when your brainwash people, and sexual activities between two consenting adults is the most grievous deception we have been taught in this century. Children will give consent if they are brainwashed into sexual relationships from a young age. A woman with five children will give consent to being whipped and raped and abused should she be able to earn enough money to feed her starving children. Does that mean that middle aged honourable woman gave consent to be sexually abused and humiliated? It does not, and anyone who finds it acceptable is lacking humanity.

What is consent? Consent is nothing but abuse.

The worst kind of abuse is that which forces a person to agree to something he or she despises, but has to acquiesce to it because of a situation or a pain or a suffering that they are in, or because of their stupidity and naivety. Consent is never consent. Consent is never an excuse. Consent is nothing but the greatest excuse to perpetuate evilness and cruelty that a human being can do to another human being.

There is nothing called consent when a person is abusing another person.

There's nothing called consent when a person is hurting another person.

There's nothing called consent when a person is molesting another person.

As of now, in the year 2023, and in the 21st century, we are somehow, still somewhat human, and are sensible enough a human being to curse a mother for trying to fall in love with her son or marrying him. But one day, in the near future, a day might come when we will say this incestuous relationship is pure love. This type of horrifying behaviour can never be acceptable, and even in a million or trillion years, incestuous love should be

banned, even if it makes certain perverted children and parent happy, and even if those infants give consent.

Can those perversions ever be called Love? Love is what a parent feels for their children and it is never ever sexual. The moment it becomes sexual, it becomes abuse, cruelty, hatred, torture and humiliation degradation and humans who participate in that depraved happiness are nothing but the worst of animals.

You may find this notion relevant now, but maybe a future generation will come, and curse us for being cruel and incest-phobic for banning old fathers from marrying their teenage daughters, and they will brandish banners insisting that love is love, and all forbidden love must be accepted, and every parent had the inherent and undeniable human right to marry her of his son or and the government must permit a little daughter to marry her father. Somehow, as of now, as in today, we are still holding on to some vestiges of our humanity, and are human enough to know the sanctity of parenthood. We are still human enough and merciful enough to know the sanctuary of brothers and sisters. And we can still understand the sanctity of pure love. But a day might come when all religions of God and all Abrahamic faiths will be gone. And that day, people will brainwash each other and convince each other that this is love and people should have the right to love each other, no matter whether they are related by blood or not. They will make their own godless laws and will become the worst kind of animals in the world.

Why would honourable human beings delve into such filth? Because the essence of happiness will blind them.

In our zeal to be free, we have taught one another of our inherent right to be happy, and so many people mistakenly feel that they have the privileged of doing what makes them happy, and so, if an 80-year-old man finds happiness in using the body of a 18-year-old to please his sexual desires, then he believes it is justified, but happiness is a dangerously deceptive notion, which must be monitored and governed, both by religion, society, morality and the government.

Those people who take pleasure from incestuous relationship today are not allowed to gain happiness. We, as a nation, stop them from those acts, and we teach them not to take pleasures from it. We should do the same thing to ourself. We should teach ourselves not to take pleasure from anything that is sexual. Because anything that is sexual will eventually destroy your life, especially if you are smart and intelligent enough. This sensual desire will corrode your soul, and will eventually crawl into your brain and will slide into your heart and find its way to your mind. These lustful desires will rot your mind and your heart away. It will burn away all your mercy and all your love. It will make you selfish and it will make you a slave of your own happiness. This lust will make you a slave of abusing other or being abused, and allow you to do whatever you want and justifying it only to please yourself or make yourself happy. Do not make yourself happy if making someone sexually pained or insulting someone makes you happy.

Traditionalists seem paralysed by the sheer force of the media and its vulgarities, but do not be influenced by the media or the shameful movies where viewers are taught that it is honourable to be humiliated. Do not make yourself happy if your happiness comes through a sexual situation or a path of humiliation and degradation.

Much of the fury and hurt that currently abounds in this hypersexual world reveals a sense that the timetable which God has approved for history has been perverted. Paganism allowed such perversion in godless empires, that even rational ones amongst us cannot stifle a gasp, when hearing about the sacrifice of Spartan children, or the customs of some Greeks to flog their adolescent boys to death in public theatre for the entertainment of the Roman occupiers, or the many heathen leaders of Rome, who legalised incest and paedophilia and married their mothers, sisters, aunts or daughters. This society is not a virgin in this respect; in fact, since the sexual revolution in the sixties, all the way to 2020, sexual crimes against children have steadily increased. Now it is, once again, the turn of pagan sexuality, to reign over this digital world, making many sensible people wonder why history has not yet experienced closure, or why all the former evils from the heathen past should still be showing signs of life, either as the result of an active media, or as a zombie-like revenant bearing only a superficial resemblance to its medieval sickness.

If you feel your heart is succumbing to sexual temptations, and you look for happiness in the degradation of your own body, or the sexual insult of another, then ask yourself why it is so.

Why would you feel happiness by degrading yourself and making yourself worse than a toilet bowl?

Why should it make you happy to allow your honourable and pure body to act in ways worse than a dog?

Why would you feel happiness in making yourself more degraded than a toilet tissue?

Why should you feel happy about being the dust bin of another person who is revelling in your humiliation and depositing his or her filth in you? Why would you feel happy by it? Why would you feel excited by it? Indeed, we should fight with our own sense of happiness. We should fight with our own sense of excitement and joy. We should only find joy and happiness in pure and harmless things that cannot hurt or humiliate others. We should never take pleasure in sexual relationships, no matter how much that person says they want it. They do not want it. They never want it. If they are agreeing to be a toilet bowl for you, they are lying, and they are doing degrading actions because of some kind of mental illness or some kind of emotional dependency or some kind of financial dependency or some kind of guardianship or something similar. How can we know this for certain?

Because it is simple: no human being in the world enjoys being degraded and humiliated, and even if you are the one who is enjoying being humiliated, the person who you are humiliating yourself for in that sexual

relationship is secretly hating you and despising every fibre of your body, and is being totally disgusted of you but is agreeing to use you for some reason or the other. It should not give you a pleasure and it should not give that person pleasure either.

Fight with your sense of pleasure. Fight with your sense of happiness. Fight with your choice of happiness. Take a hobby that is honourable. Take a hobby that will elevate you in life. Take a hobby that will make you respectable in the eyes of human beings and in the eyes of your own self. Work on yourself and make yourself merciful. Be proactive and make yourself free.

Do not think of others. Do not think of others sexually even for a single second or single moment.

Do not obsess over others. Stop dreaming of love, because love never comes through sexual relationships. Understand that love never comes by intimidating others sexually. You cannot force someone to love you. That lustful love will go away and turn into bitter hatred the moment you stop trying or that person gets away from you or you die and that person starts hating you and cursing you till the end of their own lifetime.

Become chaste and pure today, and give up all and any degrading acts which makes you happy, or which you think will make you happy. Be honest in your celibacy. Do not deceive yourself. The greatest cheater in the world is one who cheats himself. The most stupid person in the world is the one who uses their stupidity to brainwash their own self.

Take an honourable path in your life and you will never regret it, and never ever look back. The path of sexual relationships leads to nothing but humiliation and self-hate where incessant self-loathe will eventually turn into bitterness, anger, hatred, mercilessness, cruelty and dumbness.

Be creative and find ways to convince yourself to be sexually free and pure. Fight with your own wishes and your own lust. Fight with your own madness of getting into a sexual relationship.

Humans are the most intelligent animal ever designed and thus, we can be trained into being good and our mind can be curated to enjoy only goodness. Train yourself not to take pleasure from sexual relationships.

Train yourself not to take pleasure from humiliating other sexually or humiliating yourself sexually.

Your enemies and those who secretly wish you ill, will invite you and will exhort you and will brainwash you into becoming sexually active, but fight against those sensual calls and remind yourself that the bodies of other humans are not worthy of your worship. The human body is a host to millions of parasites, worms and bacteria, and it seems astonishing why some people spend their entire lives worshipping those body parts of other humans which contain so much germs. Humans give out thousands of cubic metres of gas in a lifetime. These farts can even be flammable, since they contain hydrogen and methane. The gas produced by bacterial fermentation can smell terrible and everyone around can get infected by those germs, but

people who are addicted to sexual acts ignore these health hazards when worshipping the private parts of others. Those who want to see you humiliated and those who want to see you become a sexually deviated monster will glorify sexual acts and exhort you to become promiscuous. Those who want you to become sexually and mentally imbalanced as they will constantly preach to you the pleasures of sexual relationship. They will display that fake love but in truth, there is no love in sexual relationships and there is no happiness there either. There is no everlasting friendship in lustful behaviour, and there is no respect in any kind of sexual relationships. Do not let those who secretly hate you and despise you, deceive you into believing that sexual relationships will honour you or respect you or make you proud. They will try to insult you and will try to brainwash you into humiliating yourself until you become an animal like them.

Indeed, you will find almost all sexually active and sexually deviated people in the world insanely preaching sexual greatness and sexual pleasures to everyone else in the world. One might wonder why they do not live happily in their own degradative dalliances and let others remain chaste, but sexual promiscuousness makes people cold and heartless. They become cruel and vicious because they became jealous of all the good and intelligent and merciful people around them. This is the reason why these sexually active people will always use their intelligence and all their brilliant methods to convince people and brainwash people into manipulating other people into becoming sexually active.

The primary manipulative method used by these people is the most common psychology trick of playing a victim. They will prey on compassion and insist that if you bar them from becoming sexually active, then you are the cruellest and most hard-hearted person in the world. They will even convince you that nothing in the world can be more evil or worse than a person who tries to stop another person from sexually humiliating each other. They will use civilised and acceptable terms, and will brand sexual humiliation as prideful love. They do not call the love of purity that is evident between a brother and a brother or a brother and a sister and a mother and a son or a father and a daughter to be real love. They insist that sexually humiliating others and performing disgusting things are love. They will play the victim card and attempt to steer more and more pure people into promiscuity and sexual depravation. Every time someone tries to stop them, they will play the victim card and convince and brainwash and threaten all the emotional people in the world into supporting them and to preach sexual deviation to everyone else in the world by telling them how hurt they are and how tortured and abused they are because you are not liberally and unrestrainedly letting them sexually abuse and groom and molest another person.

Why do these sexually active people take part in so many levels of deceptions in order to make others support their sexual acts or orientations?

The reason comes down to envy. The people who are unchaste or cannot be celibate for some reason or the other, tend to be jealous of those who are chaste.

Indeed, jealousy is the worst thing in the world, and those who become sexually active feel insulted after going thorough with mutually humiliating actions. They feel shamed and eventually lose mercy and love and they become viciously jealous towards all others who are pure, and have mercy left in them.

However, not everyone who is sexually active are cruel, or evil or bad people, but those who are sexually indulgent become worse and crueller than their chaste counterpart. People who are intelligent, people who are brilliant oftentimes suffer so much that it is the suffering that makes them bad. That suffering makes them lose their heart and mercy and that suffering makes them cruel towards others and switch to an animal world where they carry out all actions in a survival mode. It is that suffering which makes them feel humiliated and insulted and they eventually become irrational, from repeatedly insulting and humiliating other people. Their minds are sharp and they can understand that the human flesh they are pleasing are not worthy to be worshiped. They know that people are fragile and the bodies they sexually admire are actually filled with pus and filth. Even the feet of humans are host to billions of dangerous bacteria. Anyone can contract a fungal foot infection by coming into contact with certain types of fungi on floors or other contaminated surfaces, such as the bathtub or swimming pools. Fungi are especially robust and thrive in moist environments, such as locker rooms, public showers, and spas. The roots of the fungus can easily penetrate damp, softened tissues like the soles of the moist feet, and infection can occur by simply touching a moist, contaminated surface with your foot. Unfortunately, it is very common type of disease, which makes the human feet appear very unpleasant and unattractive, and even causes anyone who comes into contact with the infected skin to have similar disease. It is then a wonder why millions of people dedicate their entire lives worshipping and watching the feet of other bacteria-filled humans in order to satisfy their sexual desires? When a smart person tries to please the body of a lover by humiliating himself or herself in the process, the humiliated person becomes mortified and ashamed, and this insecurity eventually turns them into the most horrendous person in the universe.

The worst kind of people are the ones who are sexually active but still dare to play the victim in court. They will make chaste people feel guilty for stopping them from grooming or molesting others, saying it is their human right to do as they sexually please.

But we must ask ourself if this is just. How dare a sexually active person groom and seduce someone else and play the victim card and tell those who try to stop them that they are cruel because they are barring you from abusing or molesting or seducing or grooming another person? They will

say you are the cruel person for stopping the abuse, when it is the sensual person who is the monster here.

Rather than cowering in fear, one must remind the sexually indulgent ones that it is they who must be ashamed. You are the abuser who wanted to take pleasure in the humiliation of another. You are the molester and you are the seducer and you are the groomer. And those who are trying to stop you are only stopping you because they have mercy in themselves and are trying to make you a human being. They are trying to teach you a pure kind of love, a love that is non-sexual.

THE FIGHT AGAINST LUST:

To heed this advice, we must try to appreciate that lust and love are not the same thing. Love is pure while lust involves either humiliating oneself or degrading the flesh of another, and both can have adverse effect on the human psyche. Fight against all sorts of lust. Fight against all sorts of people who invite people towards sexual relationship and sexual depravity. If you do not fight it now, then one day, the level of perversion that will appear to be the norm will be astounding and even children will become the victim of sexual relationships. Even the children will be brainwashed into fighting for their sexual rights and their own sexual pleasures. This sexual disease will pervade every facet of society that even the children will not find pleasure in games and cars and toys, because they will be brainwashed by sick people to become sexually active and seek pleasure through it. For those of us who have some humanity left in our hearts, it is imperative we become chaste and teach others the beauty and necessity of chastity, otherwise, the entire human race will suffer. It does not take much for a nuclear warfare to break out, as history has shown that the lack of clarity in wartime situations on which decisions must nevertheless be based, is a reality, and misunderstandings have taken place many times in the past, and is bound to happen again. The effects of single nuclear explosion could cause mayhem at an astronomical level. But a nuclear war involving hundreds to thousands of explosions, would create a situation for which we simply have no relevant experience, and scientists are unanimous that a nuclear warfare is inevitable, as despite decades of arms reduction treaties, there are still thousands of nuclear weapons in the world's arsenals. Detonating only a tiny fraction of these would cause mass casualties in a way that is unimaginable by humans. In such a scenario, sensors could have been damaged or lines of communication severed that would have reported the low-yield nature of the nuclear weapons. As a result, a country like

China, Russia or UK might feel its homeland threatened and respond with an all-out attack using strategic nuclear weapons, resulting in millions of deaths. In recent days, since the Russian Federation's upper house of parliament voted to revoke the country's ratification of a global ban on nuclear testing, their military conducted massive retaliatory nuclear strike drill, in elaborate exercises which involved test launch of missiles from land-based silos as well as nuclear submarines and long-range bomber aircrafts. The Russian Commander-in-Chief stated that the purpose of the drills was to practise dealing a massive nuclear strike with strategic offensive forces in response to a nuclear strike by the enemy, meaning should a nuclear war break out, the consequences to all of us would be grave. Currently, Russia has the world's largest nuclear arsenal, but a nuclear warfare could start from any one of the many countries in the world that have already developed nuclear weapons, such as China, India, Pakistan, North Korea, and Israel. Even if a single 100 kiloton detonation took place in a city like Rome, there would be at least 280,500 deaths and 676,160 injuries. If another nuclear attack took place over Tokyo, Japan, the casualties from a single 800 kiloton detonation would be at least 1,339,000 deaths with over 4,294,920 injuries, and there would be nearly thirteen million people within the blast range.

Whether from escalation of an ordinary conflict or as an outright full-scale attack, an all-out nuclear war remains a real possibility in today's world, especially since there are dozens of nations that have hundreds to thousands of weapons aimed at one another. With more and more people becoming sexually promiscuous, and worshipping one another's filthy private body parts that emanate tens of thousands of litres of foul-odour urine and faeces, such sexual addicts lack reason and discipline, and when they acquire the control of nuclear weapons, they inevitably might detonate it over some nation that disapproves of their sexual sickness or criticise their depravities, so the real question should not be whether a nuclear warfare is to take place in the near future, but what would be the consequences of all-out nuclear war? What would that ultimate nuclear war be like? Nuclear strategists have explored many scenarios that includes an all-out nuclear exchange, and they admit that a nuclear war can never remain limited, and so, as humans residing in this planet, we have to do our utmost to ensure the total annihilation of our kind do not take place. We can do this by becoming celibate and teaching others to be pious and pure, so that no one becomes cruel or meiotically damaged from using others sexually or being lustfully used themselves.

We must be humans, first and foremost. Fight with sexual predators and sexual seducers and combat their mistuned ideologies. Fight against all sorts of sexual depravities. Fight against this perversion earnestly, unless you want to completely lose this war of sex and lust that is taking over the century in this world. If we do not fight against sexual depravations, then very soon, incest will become legal throughout the world, and children will not be able to secure one meal without sexually serving their parents. Right

now, women often have to go on dates to restaurants with men, and in return, they are pressured to give sexual services for the food. But while the action is degrading, it can be tolerated because there is always the chance of procreation between that union, and there will always be a possibility of marriage. Up to a point, this exchange may be tolerable, but sometimes it is not acceptable if you see it from the point of view of a modern world. But worse perversions take place when sexuality becomes so prevalent and human lust becomes so insane that people lose their sense of humanity and forget their standard and their moral values and begin to seek sexual release in forbidden things. For thousands of years, monotheistic religions permitted sexual relationships for procreation only, but had religion come into this modern world, I am certain that most religious edicts would have banned all sorts of sexual relationships that does not result in procreation. When sexual prevalence takes over the world and sexual madness devours all human beings, then people will eventually become so sexually insane that they will not keep the sanctity of family and blood relations. Sexual perversion will pervade every sense, and first it will be women, and then when all the woman will become free and available, people will go to men to satisfy their lust, and when all the men will become free and available, they will go to younger men, and when all the younger men will become available and give sexual service to everyone for some food or a cell phone or laptops, the sexual addicts will become disinterested in those youths and search elsewhere. These sexually depraved people's excitement and desires will not be fulfilled by younger men any longer and they will go to children. And when they become tired of all the children, who will probably sexually serve them because of the extensive sex education classes they had to study in school, these perverted people will lust after young relatives. Few children will protest, because they will have been brainwashed by then with all children's movies displaying sexually explicit images, normalising abuse and torture. Then these people will become tired of ordinary children and start becoming sexually attracted to their own children. Those sick people will then give food and clothes and lodging to only those among their own children which will properly serve them sexually and most torridly please their lustful inclinations. Without a God and without religion, humans can never stay humans.

While this scenario may appear preposterous to some, history tells us that it is very likely to happen. Powerful pagan leaders like Claudius and Nero regularly practices incest, and Queen Cleopatra's Macedonian ancestors who were godless also married siblings and parents for hundreds of years. The level of perversion is limitless when humans do not adhere to religious laws or believe in One God, as we can see among some Roman emperors who were sexually very promiscuous, and this caused them to lose all compassion and humanity. The leader Caligula enjoyed watching wild animals devour humans, and once his game ran out of criminals to be devoured by the lions, so Caligula ordered his guards to throw the first five rows of spectators into the arena, and they were all brutally killed and

rendered to pieces by the fierce and hungry lions. The Romans, despite being godless, were petrified of this act, but Caligula felt no remorse for his actions, as he was extremely active in his sexual life, and oftentimes, people who are sexually promiscuous find it impossible to feel compassion towards others.

If religion and God are outlawed in this world, this is our potential future, and this is the world we will be facing soon, because it will be a world without Abrahamic laws and without religious moral codes. Ours is a world where religion has been banned and insulted and blamed and framed for every crime imaginable and this world have become a world of sex and sexuality. This is the world where sexual relationships and sexual depravities are deified as a god. This is the 21st century where sex is god, and sex is religion, and sex is government and only sex is law and sex is the police and sex is everything.

In this promiscuous world, there is no humanity left. With further perversion, there will be no more Mercy or honour left. There will be no more self-respect or pity left and adults will not give the children food out of pure love, not will they give anything to children for free. There will be no more protecting the youngsters, but rather, everything will become sexual. Sexually indulgent people will brainwash everyone else, and sexually depraved people will constantly victimise themselves for not being able to have enough sex and will convince all the merciful people of the world to give them full rights to have sex with everyone so they can make themselves happy.

Undoubtedly, that world will not be a world of human beings. That world will not even be a world of animals. That world will be a realm, far worse than any animal kingdom in the world as people will behave in a manner far worse than any animal could ever dream of doing.

Therefore, for those who are still free enough to understand the dangers of that sexually depraved society, you will have to against the lust and desires of the world and you should start the fight today. Sexual prevalence and sexual depravity have taken the world by storm. Very soon, every single movie will have incestuous relationships as part of the story line. Everyone who speaks against incestuous relationship will be banned and cancelled and branded as the most cruel, bigoted and religious fanatic in the world. In this modernised society, where every adolescent has access to the vilest form of literature and artworks, advocates of sexual freedom continue to glorify any and all acts of perversion as legitimate expressions of pure love. But despite such ideologized aversions to the *longue durée*, sexual secularism has had little to offer that is not short-term and reactive. Our perspective on history have become distortive, and does not extend far enough, when ideally, we should have studied further into the past, deeper into both human memory and the archaeological record so as to incorporate demography, geology, and chart the effects of events that occurred so slowly as to be imperceptible to those who experienced them, or the changing nature of the population in a particular area. Sex advocates would have

done well to study the works of Plato, Socrates, or read the treatise on Aristotelians, or delved deeper into the philosophy of Augustine, Kant or Aquinas. Rather, armed with a promiscuous mind-set, they seem to be determined to reduce the globe to a set of variations on itself.

To retain your own humanity, you must stand against sexual relationships today. You must fight for the right for people to live in purity. You must fight for honour and respect, because too many people are out there who have been sexually active and depraved for so long that they became dogs or like animals that will devour everyone who is chaste.

With their movies and their sickness and their sexual preaching, sexually indulgent people will destroy the world and will not stop until every single religion is banned and every single person in the world becomes sexually as depraved as them. Due to innate envy and insecurity, they will destroy every pure relationship and make every interaction sexual, the way it was before the Abrahamic religion existed and people in the old Roman empire and the Phoenicians and the heathens of the South American Aztecs or Inca empires, where citizens would be sexually involved with their children. It was a norm for a pupil and his teacher to be sexually active with one another. Parents in those pagan civilisations would vie and fight with each other to give their 8-year-old sons away to older and richer men who would sexually abuse their children in return for some food and some education for that boy and his whole family. So, in that godless period, some of the greatest philosophers had sexual relationships with almost all his students from a very young age.

Without religion, we are once more digressing into such depravities, and soon the world will become like that. The teachers who now love children with sheer purity and mercy and love will soon refuse to instruct pupils unless they sexually serve them, and parents will vie and fight with each other to hand their sons away to the richest man who can take care of them and sexually molest them in return for some food and some education, and since the whole world will forget about faith and morality, they will accept these man-made laws which will have legalised incest and approve laws that will please sexually depraved men.

Fight with those depravities. Fight with those disgusting and demeaning things and start the fight for purity today.

Start the fight for chastity. Start the fight for celibacy today. No celibate person in the world can or will molest someone. The whole world can be safe with her or him. A celibate and chaste and a pious man is the father of every woman and every man. He is the brother of every man and every woman. He is the son of every man and every woman. He is the grandson of every man and every woman and when he is old, he is the grandfather of every man and every woman. How pure and how extraordinary that it. How beloved that person can be towards everyone.

As for someone who is sexually depraved and lustful, no man can be his brother, for he will seduce him. No woman is his sister because he will seduce her. Eventually, no children will be safe from him because he will raise them and then of course, seduce them and have sexual relationships on their 18th birthday. No old person will be safe from him.

And when the perverted person becomes old, no young man will be safe from him. No young woman will be safe from him and no young children will eventually be safe from him. Because he is, and will be sexually depraved, because he is an abuser and a seducer and a molester.

Life will give you many examples of the truth of this passage, and I personally witnessed many cases where men and women who were extremely lustful turned into cold-hearted creatures. An incident comes to mind where a thirty-year-old man fell in love with a seventeen-year-old boy and brought the teenager home to meet his parents, the old-fashioned elderly couple could not hide their surprise. They had only one daughter who was a widow with a little boy, and had expected their only son to bring home a bride, and were not aware he was homosexual. However, they were courteous and spoke civilly with the teenager. Their son expressed his wish to marry the younger boy, and the day the youth turned eighteen, the man married him in a civil ceremony. His parents attended the wedding, but the father made an audible comment whereby he told his aging wife that it was disappointing to see their only son marrying a man. The young man overheard this sentence and immediately flew into a maddening rage, and cursed his parents for not extending enough support to his marriage. He screamed so hysterically that his parents were taken aback, as they never expected their soft-spoken son to be violent. But the old parents did not understand that their son had fallen madly in love with a teenage boy and like all lustful relationships, he could not control his sexual inclinations and became insecure, making him wrathful in his interactions with others. The two men went off to their honeymoon abroad and lived in a small apartment, but was able to secure high-paid jobs. Meanwhile, during family gathering and holidays, the elderly parents regularly invited their only son to join them for communal dinner, and while their older daughter and her twelve-year-old son kept the family entertained, this son maintained a stony silence, because he was still fuming in rage at his parents for not being warm and welcoming enough when he had first brought his husband home. Eight years after the man got married, during a particularly severe blizzard, his parents were driving back to their home when their car flipped and both suffered serious health problems, including multiple broken bones and torn ligaments. His parents did not have enough medical insurance that could cover their treatment, and begged their son for a small loan so they could begin physical therapy, but he bluntly refused. He told his parents they should suffer and die for not immediately approving of his marriage to another man, and he refused their pleas for loans or other assistance. However, during this time, he maintained pleasant relationship with his older sister, as she was very cordial with his husband and never expressed

any displeasure at the brother's marriage choice. The man also liked his little nephew, who was now almost sixteen years old, and enjoyed spending time with his uncle. Meanwhile, the man's parents were unable to recover from their car accident and died after enduring many years of great pain and sorrow. He refused to render them any medical assistance and also refused to attend his parent's funeral. The older daughter and her son organised the burial ceremony in his absence and laid the elderly couple to rest. Two years later, when the man's nephew turned eighteen, he moved next door to live close to his uncle. But the man's husband began to display bizarre behaviour, and despite living in marital bliss for twelve years, he suddenly filed for divorce. The man was devastated and fell at his much younger husband's feet, begging him to stay, but he moved out and ironically, got married to that man's 18-year-old nephew the very next month. This came as such a shock to him that he lost his sanity completely. He could not believe what was happening to his life, as he had cut off all connection with his late parents, and even let them suffer to their painful deaths for not approving of his marriage to the young man, and now, the man he sacrifices everything for, the man for whom he was prepared to kill and destroy his own parents, the man for whose love he was prepared to kill himself, was now marrying his own beloved nephew. The shock of this was too great, and the man suffered a stroke soon after, and lost his job and other livelihoods. While this turn of event came as a surprise to the love-stricken man, he should not have been shocked, for betrayal, envy, lust, rage and cruelty are to be expected from sexually indulgent relationships, as no one who is sexually active can ever retain their morality or justice.

You will lose nothing by not sexually serving other humans or trying to please their lustful desires by humiliating yourself. The world made you believe that you will die without being sexually active. The world's media and every single news and every article and every single sex novel and every single movie that have violent and crazy sex scenes by which they brainwash you by calling it love, will try to make you believe that you will perish in one second if you are not as terribly sensual as they are. They will brainwash you and will make you think that you will die without being sexually active for a day.

But try to rise above those propaganda and try to be pure for one day. Try to honour yourself one day. Try to honour everyone else for just one day in your life. Try to change your choice and preferences of what makes you happy and what gives you pleasure.

Change your choice of pleasure, and adopt chastity for a brief while, or try 1 hour at a time, or one day at a time, and then be chaste for one month and then one year. Try to live in chastity and you will never regret it. Try to adopt celibacy and you will never have to go back. Once you become chaste, and are able to taste the purity of chastity, you will never go back to that life of debauchery, disgust, lust and disrespect and the degradation and humiliation. Once you notice the ease and happiness in your life which

resulted from chastity, you will never regress to becoming sexually active and sexually immoral.

AMBITIOUS SEXUALITY:

Sexual relationships are like a chain reaction, which sporadically does not present any great danger, and does not appear to be harmful, but its after effect is detrimental and dangerous. Oftentimes, some ambition destroys people, because due to ambition and desire of winning others sexually, one becomes lustful, and this eventually makes them sexually active. So, try not to be ambitious. Whatever wealth and fame you have is enough for you. You do not need a big house or an obscenely expensive car because there is no happiness in it. Maybe, one day you will get a big car and a large house and own a luxurious private jet, but if you are depressed at that time, you will constantly weep uncontrollably and be unimaginably sad, and during that wealthy period, if you have no true friends to love you or even come to your funeral or to give charity in your name once you are dead, then your life will not feel worthwhile, despite having all the wealth in the world.

If you have lots of money, and if you spend all your wealth and all your power and all your intelligence to brainwash someone into loving you, still, you can never ever gain their true love. One day, they will hate you. One day, eventually, maybe after you die or while you are alive, they will find out about your supposed evil plans and your ill intentions and your hidden wickedness and they will hate you and despise your soul and love someone else for no reason, even if that person never gave them anything or never did anything for them, they will still love them for no real reason and hate you for no reason. Such is the mindset of most humans, so lusting after them is futile and slaving after their filthy body parts is even more foolish. Oftentimes, ambition destroys people. People want to get rich quickly, and in the process of getting wealthy, they become sexually active or take shortcuts to success, such as courting someone who can further their goals. Then these sexually active people become more and more dependent on those sexual partners until they get betrayed by them. They become sad, and hurt and then they become broken because sexual relationships make people mentally weak. When someone is mentally weak, they cannot survive

alone, as they remain sad and they constantly cry. They feel such acute distress that they do not find any purpose in life unless they are sexually involved with someone or can fall in love with someone or start a relationship with someone sexually. After getting lustful, that sad person suffers from rejection and heartache, because sexual relationship begets so much suffering and pain that they eventually lose their heart and their soul and their entire life's purpose and forgets all their goodness and all their sanity and their mercy.

This does not happen overnight. It is all part of a chain reaction related to ambition.

Ambition makes you work hard. Ambition sometimes makes people get involved in criminal activities. Then these ambitiously creative people do get rich, but they live in constant fear and distress, as their criminal friends attack or envy them, and they have to face enemies who also want money, and those enemies hurt them and cause them great suffering until they become weak. Then, in order to gain true happiness and love and to combat their loneliness, they become sexually active. When these emotionally damaged people become sexually active, they suffer a million times more, because this time, they suffer from so bitter emotional rejection and pain that they completely break down mentally and emotionally and become insane. Then, these people start becoming cruel and hateful and start stalking someone who they feel still has a heart and who still has a sane mind. And when they stalk that rational person, they face another dilemma when the sensible person shies away from their clutches, and in order to keep that person to themselves, they start hurting others and destroy the life of anyone who tries to take their beloved away from them, because this person thinks that they will not survive without that other person.

Why do people get involved in sexual relationships?

Oftentimes, ambition makes a person become sexually involved with someone who is richer or more educated or more successful than themselves, because they think that somehow, getting sexually involved with someone who is successful will somehow make them successful. Up to a point, this might hold true, and it might work, but then the domino will fall and all the fast cash and quick success will break down. It will come crumbling down in such a way which will make your situation a lot more worse than the situation you were in at the beginning.

Some postmodernists who invoke sexual promiscuousness as an integral part of freedom, roll up their sleeves to combat conservatives and other social warriors who seek to defy the dialectics of history and seek to postpone the apotheosis of a sex-consuming society, which they see as the demise of a billion years of positive ethical evolution. However, research and testimonials show that lustful endeavours seldom benefit either the sexual addict or their victims.

Many people turn to lust due to ambition, as they seek to go high in life, and become overachievers, and when any potential risks or pain come their way,

they resort to the simplest solution, which often entails using another person's sexuality, whether obviously or subtly, to further their gains. Even if you are ambitious, do not seek excessive wealth, especially when it means you will have to undergo hardships to gain it. Stay utterly chaste, and become pious, and live an absolutely pure life. If you do not compromise of your honour and ethics, then you will find a way to be wealthy, powerful or famous. With celibacy, you will find a way to become enough rich to survive.

Occasionally, you may not immediately see bold results or hordes of cash flowing your way, but to be able to live in this world with chastity is the most coveted ambition and the greatest wealth and success any man or any woman in the world can possibly gain, primarily because those who stay chaste and celibate or single and pious, with only pure thoughts in their mind eventually find lasting friendships and such great happiness in their heart and discern such peace of the mind that all the wealth in the world and all its power could never give them equivalent joy.

Do not let ambition delude you into becoming a corrupt human being.

Do not let ambition delude you into becoming sexually active.

Do not let the fear of poverty make you sexually promiscuous. One person might come to you and offer you a way out of your suffering by coercing you to get into a sexual relationship with them. Sometimes, that particular issue will be resolved as soon as you succumb to that temptation, and maybe, that particular problem will go away if you are sexually involved with that person, but whatever goodness you gain from that humiliating encounter will be temporary, and after that episode, a new and greater form of suffering will come to you which will be likely a hundred times greater than this one, and one after the other, each suffering that will come your way will be worse and worse, until all those pain will gradually destroy your mind and eat away your sanity and evaporate your mercy and make you lose everything in between. So, never ever agree to a sexual relationship even if it saves you from death row. I personally spoke to the relative of a woman who was sentenced to death in a rather tyrannical nation, where execution was a commonplace occurrence, as was governmental corruption. She was persuaded by the chief warden to become sexually intimate with him in exchange for escape from the death row, and true to his word, the jailer eloped with her, enabling her to escape prison and death. However, one year after the episode, the woman contracted the most severe form of painful cancer and despite all the treatments, she could not survive and begged to be allowed to enter an assisted dying centre, where her jailer lover had to administer the fatal injection. The woman's case was a bitterly grievous one, as the cancer was discovered at a late stage, where cure was next to impossible, but during her time in prison, she believed that sexual activities would and could save her life and give her freedom, but life is strange in ways we cannot imagine. There should never be any doubt in your mind that whatever you do in life, and whoever you sexually serve, or however desperate you try to satisfy someone else's sexual appetite, you

will never be able to change fate or delay death or avoid destitution. It is far wiser to be chaste and celibate, and take your chance in life with your freedom and morality intact.

However, without the belief in God and religion, people often feel that humans can solve problems in this world, and this makes them become doubly promiscuous and carry out immoral acts, which in turn, makes them even more evil and cruel, until they lose all sense of morality and goodness. This sort of problems took place amongst the heathen of the previous civilisations, such as the Phoenicians in Carthage who often prostituted their women and burned infants in ritualistic killing for their idols, and similar sexual depravities were often common among the Romans. Caligula was a pagan leader of Rome who was known to be very active in his sexual life, and he often publicly insulted and humiliated his friends and their wives, and once, when a senator argued with him, he ordered the execution of the senator's family publicly, and made his guards bring them one-by-one, as he watched them being tortured and executed. When it was the turn of the senator's 12-year-old girl to be executed, the crowd of spectators expressed shock and horror, and one senior member objected to the gory violence, pleading that according to Roman laws, the girl could not be killed because she was a virgin. Caligula then ordered the executioners to rape the little girl and then strangle her to death. Such acute cruelty is unthinkable for many of us, but it was common among godless nations and empires, because they had no laws to govern their sexuality, and subsequently, became immoral and addicted to lust and desires. This degradation made them lose their heart and human feelings, and soon, they found it acceptable to execute minors and assault little girls.

The world is not a simple place, and many times, great woes will befall all of us, and oftentimes, the threat we face will be so bitter and frightful that we may not see a way out except to become someone's sexual slave, or allow another person to humiliate us.

I heard of another person who received the death penalty for a crime and someone came to that person and told them to get into a sexual relationship with them, professing their undying love and told them that they will get the prisoner out of this fatal sentence. So, that person, who was fairly popular and respectable figure in the community, agreed to the sexual proposition, and then the prisoner did avoid that death sentence. But within several months, that person got involved in a case which was most humiliating and got framed in a sexual molestation case and was insulted by the whole world. It was a tough experience, but the woe did not end there, as the person suffered from depression, and had a collapse of the entire immune system, allowing many diseases to fester in the body. That person got infected with a disease which gave such unfathomable pain and suffering that it was unimaginable for that person to process it or survive. Soon after, that person lost all friends and family, and the person who seduced that former prisoner also left, leaving this victim utterly penniless with a deadly disease and also being the most humiliated person in the world. It was at

this stage that the former prisoner regretted ever falling into lust or believing in the false promises of a sexually immoral person.

Weeping incessantly, that person thought if he or she had died in that sentence and not looked for a way out, then they could have died painlessly and with such respect and honour, because that lawyers or the court would probably have proven his or her innocence anyway.

Whether that person lived or died was irrelevant, but had the person remained chaste, he or she would have been honoured by everyone and become an icon of justice and would have their friends and family mourn them or erect monuments in their honour. There would be books and literatures written about the greatness of that person, had that person died in the faulty criminal case, and there was a chance, that the court would have declared a mistrial and reassessed the case or commuted the sentence. Had it been destiny for that person to live, he or she would still be alive, even without getting sexually involved with someone. There was always a chance that this person would have received a last-minute reprieve or some vital piece of evidence would have come up and this person would walk free with honour, self-respect, loving friends and family and every goodness intact.

These incidents made me conclude that sexual indulgence can never solve any of life's problems, and it only compounds it. No matter how dire or how deadly a situation is, never agree to any sexual relationships to get out of it. It will get only get you into a situation and a pain 100 times worse than this. You must be strong if you walk in the path of celibacy. In a world where almost 5 to 6 billion people are sexually active every day, you must fight tooth and nail to stay celibate and single or chaste and pure. It will never be easy and this task will never be simple. It will be supremely difficult to be chaste, as almost no one who tries can remain so, but if you can become celibate and chaste, then it will be worth it. There is so much greatness in the end of it that it is all worth it.

Over and over in my life, I have come across people who entered sexual relationships due to financial or personal or even opulent reasons. Some sought wealth, others thought they could get power from a certain romantic encounter. In one particular case, a woman fell into a bitter financial misfortune. She thought she was going to go to jail because she could not pay her mortgage her loan and not wanting to live in the street and be homeless with her teenage daughter, the woman agreed to get into a sexual relationship with a man who offered her money, and so, she believed she could live happily ever after, as the man purchased a large house for her and even gifted her a free car. Eventually that person fell in love with the daughter of this woman, and when she tried to resist his perversion and discourage that relationship, he started torturing her mentally. The man was in love with the teenage girl, and so he started framing the mother for various fake crimes. He started gathering false evidence against her and tried to prove that she was mentally ill. He gradually started poisoning her at home in order to have her stealthily killed, so he could freely seduce her

daughter. It was several of the most painful years of that woman's life, who no longer found that large and luxurious house to be alluring, nor did her handsome husband's charms give her any joy, as she saw how her seventeen-year-old gullible daughter was being seduced by a sexually deviant person. Indeed, all this horror could have been avoided had that woman persevered in patience and retained the strength to stay chaste and say no to a sexual offer.

Not only does sexual activities not solve any personal problems, it adds many more to our overall society, as the more people become sexually promiscuous, the more callous their hearts become and the more they find pleasure in perversion, as we have seen happening many times in the past, where any nation that was sexually active faced severe destruction and suffered episodes of brutal warfare.

In our world, with billions of people becoming addicted to sick and filthy pornographic images, it is only natural that a global warfare could take place and in that scenario, almost no one will survive. We live in a nuclear world, where it would take less than a hundred explosion to make this planet uninhabitable. Many governments provide guidance on how to respond to a nuclear detonation, especially for those in the severe damage zone, where buildings will be completely collapsed, radiation levels be high, and survivors unlikely to be present, but no amount of training or preparation can save lives in the advent of an actual nuclear warfare. There are many ways by which people and nations could crumble. Using electromagnetic pulse in a war could wreak havoc with systems for communication and control of military forces, and it is one of the direct side effects of a nuclear explosion. But in this modern high-tech world, there are many other dangerous radiation, chemical and biological weapon that could cause severe destruction in and around us. Many countries are around the world already developed high-powered microwave weapons which are designed to produce electromagnetic pulse. These directed-energy weapons, also called e-bombs, emit large pulses of microwaves to destroy electronics on missiles, to stop cars, to detonate explosives remotely, and to down swarms of drones. Despite the electromagnetic pulse weapons having no bang or blast wave, it mimics the effects from those of nuclear weapons, as a high-altitude detonation of a nuclear weapon can also produce electromagnetic pulse and cause the enemy's electronic warning systems to be in disarray, and military strategists recognise the volatile situation of today's arsenal. In the aftermath of a nuclear blast, those living in the dangerous fallout zone would suffer from deadly radiation exposure, and these dangerous fallout zone can easily stretch 20 to 30 kilometres from the detonation depending on explosive yield and weather conditions. The blast wave from a nuclear explosion may be over within minutes, but the immediate destruction may be far more lasting. Fires started by the thermal flash or by blast effects would rage on for days, and would coalesce into a single gigantic blaze called a firestorm that develops its own winds and thus

cause the fire to spread speedily. Hot gases rise from the firestorm, replaced by air rushing inward along the surface at hundreds of kilometres per hour. Winds and fire compound the blast damage, and the fire consumes enough oxygen to suffocate any remaining survivors. During World War II, the Allied bombed the German city of Hamburg with incendiary chemicals, resulting in a firestorm that claimed hundreds of thousands of lives. The nuclear bombing of Hiroshima also resulted in a firestorm that killed tens of thousands of people.

Hundreds of saints, philosophers and leaders understood the importance of celibacy, as they knew that every major world disaster and global catastrophe was caused by the sexual overindulgence by some section of their community. Saint Augustine believed that all form of sexual acts were unholy and shameful, and even within marriage, it should be avoided, if possible or should be done privately and quickly without fanfare. St. Augustine's view stemmed from his surrounding, since he lived during a time period of extreme Roman decadence and orgies, so it was understandable why he reacted to sexual indulgence in this manner. Today, even science confirms that people who are active in sexual acts tend to become afflicted with terminal cancer, as over a hundred different kinds of sexually transmitted diseases could afflict those who are promiscuous. Despite knowing all the dangers associated with sexual indulgence, people still enter such unions willingly. Many times, however, people become sexual due to perceived necessity. Most people in the world occasionally fall into a dire situation and become insanely afraid and terrified of what might happen, and so they give up their faith in fate and they lose their trust in God and they look for any and every way to save themselves from that complicated situation. Every single person who turned to sexual relationships as a way to get out of a troubling atmosphere faced a different but greater kind of pain and suffering in the future. In almost all cases, that pain and suffering was a hundred times worse than the pain and the suffering they were trying to run away from initially. So, no matter how afraid you are or how terrified you are of the deadly situation you are in, never take rush to a sexual relationship to get out of it. Whatever is written in your fate will come to pass, regardless of whether you sexually service another human or not. But if you take the path of sexuality, then that inevitable fate will come anyway, but via an extremely painful path which will entail much suffering and heartache. However, everything that was meant to take place will happen in the end, as you may be able to avoid death penalty by entering into a relationship with the judge, but you could easily perish in a car crash on the way home from court, as no one in the world lives forever, and all those who are most sexually active never enjoyed a better-quality life than those who are celibate and chaste throughout the history of mankind.

Take the first step today, and adopt celibacy, so one by one, you can save yourself and your family and eventually save the world and your country by

becoming absolutely pious, fundamentally chaste pure-hearted. Be pure-minded and never ever back down from the path of purity.
 You are strong enough. You are a human being. Your intelligent enough. You are honourable enough. You are respectable enough.
 Respect yourself from today.
 Honour yourself from today.
 Elevate yourself from today and make yourself proud. Make yourself respectable and honourable. Glance at the mirror and be pleased with your image. Do not do anything that is shameful, and most importantly, do not try to change the meaning of what should be seen as shamefulness.
 Do not take pride by doing shameful things.
 Do not sexually humiliate yourself and think of it as pride and honour.
 Do not sexually humiliate someone else and believe it is love and honour.
 Respect yourself through chastity and celibacy and respect your partners and everyone else in your family through celibacy and honour them with chastity. Make yourself free-hearted and free-minded. Fight with yourself and do not fall in love or enslave your heart to others. Do not enslave your body to others. Do not enslave your mind to others. even if they be the best people in the world.
 Remember, you are best too, and you are good too and you do not have to be sexually enslaved to them.
 You do not have to be enslaved to their imaginary love.
 You are a freeborn soul and do not need their love to survive.
 You do not need to worship someone to survive.
 You are not a slave and you are not a dog who requires a master.
 You are not a pig who needs a farmer. You are not an animal who needs to worship a human being. You are your own master and you are your own friend and you are honourable in your own right and your own self.
 You are free, so remember to be always free. Do not let your mind worship others. Do not let your eyes look at others and worship them. Do not make your body enslaved to others. Do not make your body worship another person's body. Do not humiliate your body to another person. Do not humiliate your mind to another person. Fight with yourself to be pure and free.
 This may be easier for some than others, as some of us are genetically humble at heart and others are naturally emotional or weak, and some of us who are genetically emotional tend to fall in love. We tend to worship others without understanding that it is worshipping. We tend to find pleasure only by worshipping others. These humble and emotional ones often tend to find pleasure by sexually demeaning themselves to another person. Now, you might call it honour or try to brainwash yourself and cheat yourself and delude yourself and continue your slavery of another person. Or you might fight with those senseless animals' desires and make yourself honourable. You must fight with your own thoughts, because sexual thoughts make your body and mind very weak. Win this contest with your own self. You must fight with your own thoughts and you must fight with your own mind and

you must never let yourself fall in love with someone else. You must not let your mind and your heart convince your body to become a sexual slave of another person. You must not take pleasure by sexually enslaving your body and your own self to another person.

The world's current argument about freedom and sexual indulgences are most active in seizing the moment, as they elbow impatiently past the fin de siècle multiculturalists who advocate for global tolerance, and invoke the idea of liberalism to push forth the notion that each and every man and woman must be available to sexually service others, or in the very least, wholeheartedly, and unconditionally support their peers in carrying out any act of degradation pertaining the flesh, whether that act be a part of cultural or religious abominations, such as homosexuality, incest, polygyny or paedophilia. It will be difficult to maintain a pure life, as the world will want to enslave you. Your enemies will cheer enthusiastically when they see you being enslaved and sexually serving someone else. That person will enjoy having you as their slave and see you destroying the whole world in order to serve them physically, emotionally and sexually. But you must not let that happen. Free yourself. If you are genetically disposed to be humble and hereditarily slavish, then free yourself today by becoming honourable and by freeing your mind. Force yourself to let go of all those you fell in love with. Leave those who try to sexually enslave you and let them become sexually active with someone else. Let them free. Let them get out of your life.

Do not let yourself get jealous over the sexual attention of others. Do not let yourself get enslaved. Do not let your heart, your mind and your body constantly remain engrossed within the filthy private parts of other people's body. Try never to take pleasure from sexually enslaving yourself to another person. Fight with your own sense of pleasure and your own sense of happiness. Control what makes you happy and do not get happy by sexually serving and worshiping someone else's disgusting body parts and parasite-filled reproductive organs. Do not demean yourself so severely. Do not be an enemy to your soul by sexually servicing others, because it will be destroying no one but yourself.

RULE OF CELIBACY:

One of the most important rules of being celibate is to surround yourself with chaste people. Becoming celibate is something you can never achieve alone, or if you somehow manage to become pristinely chaste, you will find yourself slipping into impurity and unholy thoughts, if your comrades and peers are not likeminded men and women. It was perhaps for this reason that most friars, priests and monks have resided in monastic communities, severing all family ties and ceasing all social friendships in order to remain celibate, and they were able to achieve this nearly impossible feat of being

physically and mentally pure. Being free from sexual slavery is a remarkable achievement, one that very few have gleaned, and even fewer maintained. I sometimes feel that there is a higher probability of the reader surviving a train wreck in the middle of a caved-in tunnel than being able to be celibate and stay chaste without any thought of sexual indulgence or lustful dreams, because our modern society have become so deluged with pornographic content, that to be chaste has become enormously challenging. If you truly wish to be chaste, then choose your friends wisely. Make a list of people you interact with, and then try to discern in whose companionship you feel most inclined to indulge in sexual fantasies. Once you identify the person or persons, avoid their company, and interact only with those who assist you to stay chaste. Remember, it will be very easy to slip and fall into the abyss of sexual degeneration, but only a few can remain at the top of the ivory tower and live in celibacy, purity, chastity and freedom.

HOW TO STAY CHASTE:

Being chaste may be the most difficult and the most unimaginable thing in the world today. In this century of sexual madness and sexual depravity and the victimisation of sexual predators and molesters and seducers all around, the most challenging thing in the world for a person to do is to be able to stay chaste and single and pious and pure and celibate.

Those who are reading this may see for themselves how astronomically difficult it is for a person to be pure and chaste, as almost no one succeeds in the path of chastity and can never be free.

Why is it so difficult to be sexually abstinent?

The media is designed in such a way as to make it impossible for anyone to remain chaste. There are over a million movies being produced each day that will teach you how honourable it is to be sexually humiliated and those films will preach to you how to become sexually active and how to take pleasure from sexual madness and revel sexual humiliation and depravities. There are a million sex-based novels and books which will teach you how to get sexually active and details many sorts of sexual madness and immorality. There are a million articles inviting people to foul sexual relationships and praising lustful relationships and cursing, criticising and hating those who try to dissuade people from becoming sexually active. There are a million articles and millions of blogs and vlogs and movies that

victimise the sexual predators and glorify the sexually depraved person whilst demonising chaste men and women by portraying them as molesters, and dehumanises anyone who preaches chastity, celibacy and piety and purity.

As far as my knowledge goes, there is not a single movie or film in the world which actively preach chastity or glorify celibacy. To my knowledge, not a single novel in the world preaches chastity and not a single article in the world praises purity and chastity.

The harms of sexual indulgences are endless, and I have known many people who suffered from bitter heartache after becoming promiscuous. However, it is very tricky to remain chaste, as most people fail.

Why do most people fail in the course of celibacy?

One major factor is the companionship of human beings. Your peers often determine whether or not you can be celibate. It is not due to their direct coercions or influence, but people who are promiscuous often make those around them sexually active as well. I have seen this in many cases. There was a girl who was extremely sexually active and had a close friend who appeared to be single, but she was sexually active before. I later discovered that it was this friend who was the reason why the young woman was not being able to stay chaste.

Whenever she would manage to stay chaste for one or two years, that particular friend came along to visit her, and no sooner would they meet, the young woman would somehow fall in love or get into a sexual relationship for some obscure reason. Even if the friend came along for one hour, she immediately became unchaste and started becoming sexually active with everyone. One day, that same friend visited a Catholic school where there were sixteen girls in 12th grade, and all of whom were chaste and virgin. The day her friend walked through the classroom door, within 3 months after that, every single girl in that class became sexually active.

There were eleven pregnancies from that classroom before the academic year was over. The young woman's friend had such innate power to make everyone around her sexually active that it was astonishing, especially since the friend in question was not currently sexually active, but had been previously. But she had such power in her that whenever she looked at a girl, or spoke a word with someone, that girl was not able to stay celibate.

Every single girl she looked at became unchaste. Every single girl she talked with became sexually active. When this young woman finally cut that friend out of her life, she found herself becoming celibate again, and began the journey to the path of piety and chastity. It is unbelievable and I will never understand how a human being can have so much power over another human being, and I still cannot know for certain what caused that friend to wish sexual indulgence on so many young girls, but the incident is frightfully accurate and true, and I ascertained it with many people, all of whom agreed that if they ever interacted with people who were unchaste, they could no longer remain celibate.

This was an unrealistic and unimaginable phenomenon, but something you must keep in your mind when you are fraternising with people while on the path of celibacy. Do not interact with those who are sexually indulgent or had been lustfully active. No matter how much you like them, or love them, if you continue that friendship, there is a great chance that they will make you sexually active as themselves, or want it so desperately that your mind and body will be unable to fight off those sensual impulses.

RESEARCH ON CELIBACY:

Again and again, I have spoken with people who participated in my celibacy experiment, and through my interviews and my extensive research, I have come across several points which will make it easier for everyone to understand how the path of celibacy works, and through my experience and all my fellow researchers' conclusion, it will help people stay chaste, celibate and single.

From all our researches and interviews we conducted, after investigating the background of each participant, we have identified several common themes amongst those who were able to stay chaste for more than 5 years. Since this research had commenced in 2010, the results were more conclusive by the end of 2012, and our data, though very finite, offered some viable clues as to how and who could stay celibate.

From the interviews, we have come to the conclusion that several things are in common amongst all those who tried to stay celibate and single. I will list them below so that hopefully, if someone follows them, it will help them to stay celibate and chaste, should they choose to adopt this path. I cannot say for certain that it is 100% necessary to follow this method, or everything therein perfectly accurate, but from the information we got from the participant, these are the bullet points which has tremendously helped people who I spoke with and who were successfully staying chaste, single and celibate.

NUMBER ONE:

Move away from everyone who is sexually active. Many women and men came to me and told me no matter how desperately they wanted to start being chaste and single and keep their heart and mind pure, they simply could not. Many women and men I interviewed and who had become desperate to be able to stay celibate for years but were completely unsuccessful, and when by sheer chance, they moved away from their parents' house or from their mother's house or went away from some friend or family's house, they immediately had the strength and found the perseverance to become chaste.

Several teenage girls and a few young women came to me crying and weeping, telling me that they pray constantly to be able to stay chaste and single and become pious and pure hearted, but they were unable to do so for a long time, and every year, they make repeated resolutions to start being celibate, but they were never able to keep to their own promises. Over and over again, they fixed a time of the year, after which they will

never date anyone, but deadlines after deadlines passed and they were not able to keep up with it. These women wept and prayed uncontrollably, but they were still unable to control themselves. They could not control their lust and their desire. They could not control going out and hooking up with their friends and carry out other sexual acts. They could not change their lifestyle of sin and lust. This time too, when one of them, by accident, moved away from her mother's house, she became chaste from that day onwards. Since the day she moved away from her family, the young woman was able to make up her mind and decided she had the strength to be chaste. She found all the answers and became so strong on her own will that she never backed down again.

Another teenage girl I interviewed moved out of her mother's house and reported that she too was able to become chaste from that day. A young nineteen-year-old man also reported moving out of his mother's residence and immediately started becoming chaste and single.

From these reports, I guessed that there could be a strong connection between celibacy and companionships, and staying with those who are sexually active often means you may not be able to cease your sexual activity. If you want to be chaste, and if you want to be single or if you want to make sure that you never have any sexual thoughts in your heart and in your mind and never watch a single sexually explicit film or videos, then you must immediately change your environment, and do whatever you have to do or use whichever excuse you find and however much money you find and gather your itineraries and immediately move out of your family's home. If any member of your family is sexually active, then immediately move away from them, although it may seem harsh at first. But no matter how much your parents love you, and no matter how much you are dependent on your mother emotionally and mentally, move away from your parents and try not to visit them. Try to move away to another country. I know it must sound cruel and heartless. But should you stay with them, then there is a 100% chance you will become sexually active, and when you become sexually active, there is 80% chance that you will become hurt, and that hurt will make you bitter and will make you angry and that anger will make you hate your parents and your relationship will automatically break off. I am not merely painting conjectures here, but have actually seen numerous relationships between mothers and daughters shattering away for this simple reason. So, before it ends in that vicious manner, move away from your parents and your family and your friends who are sexually active today, right this moment. Remember one thing always, that you can never ever be celibate and single and chaste if you are living with people who are sexually active. The main reason for this is simple human pain and hurt, and being hurt is the greatest weapon in the world as it has such an imaginable power that is beyond our imagination. When someone is sexually active and they see you being single and chaste and pure and celibate, they subconsciously feel offended, and become hurt thinking about how they cannot control their lust or their sensual weakness or their sexual dependency. When they see

you before them, they obviously feel that you are judging them, and that pain in their heart makes them wish that you also become sexually active. Even if those friends or family members love you, they will want you to have someone to love you in a sexual relationship and that itself is not good either. So, stay away from anyone who is sexually active. Stay away from your family, and stay away from your friends who are sexually active. Move away today, if you have any wish of ever achieving celibacy, and try not to meet them even once in a year. Talk with them freely over the phone because talking with people on the phone does not make them hurt. But do not meet them should they physically try to see you because if they your physical person, they might once again become very hurt and very emotional. That internal hurt has a very bad and negative energy. Even if you are already celibate and single, you should not hurt the feelings of others and nor should you attempt to demean others.

Demeaning and insulting sexually active people do not necessarily mean openly announcing your celibacy before them, but merely flaunting your chastity by being physically in their company can cause them pain and indignation, the same way a pregnant woman should not flaunt her adorable baby bump in the presence of a barren woman and so a single and chaste person should never flaunt their chaste body in front of people who are sexually active. So, when you choose the path of celibacy and chastity, never go in front of those who are sexually active. You may go in front of strangers who are sexually active because they do not know you and thus, they will not be extensively hurt by you but always avoid going in front of people who know you personally and who are sexually active. No matter how much they love you, and no matter how desperately they cry for you, do not go in front of them. Because if you do, you might be drawn into sexual relationships which will eventually make you a heartless human being, so, stay away from them physically, and send them gifts or cards or money and wish them well and even talk freely over the phone, but avoid letting them see you in person. If you can achieve it, then never meet them again, for if you cannot maintain this distance, then all it will take is one brief moment of meeting and you will find yourself hurtling down a very dark and sexual path. If you absolutely cannot avoid meeting with them, then try to distract them or yourself, by having many people around. Or try something emotional, like complaining of a headache or some illness, which will make your loved ones distracted, preventing them from focusing on your chastity too intensely. If you complain of fever or flu, they will not be able to focus on your singleness. But do not go before them with serenity, confidence or calmness because this will hurt their feelings, and may cause you to become unchaste, and becoming sexually promiscuous will eventually destroy you. From this study, our conclusion is this rule number one: stay away from everyone who is sexually active even, if they are your own family and friends.

NUMBER TWO:

If you want to remain celibate for a very long time, then never look down at other people. I have seen so many people and talked with and spoke with so many of them and even in my own life, I have seen so many people that I cannot number them, and almost everyone who had once looked down on someone for doing a certain action had to do the same themselves, even if it was after ten years. Looking down at anyone for doing an action that you yourself thought was bad at that time can come back to you after many years. Those people who derisively observed someone doing something unseemly, did not die until they did that action themselves.

I cannot possibly emphasise how dangerous this is. Never look down at other people, whether it is for the sin of sexual depravity or the sin of thievery or the sin of murder or the sin of hatred or whatever sin they may or may not be guilty of. Do not think negatively about the sin of others and do not look down upon them or think of yourself to be better than them just because you are not doing that sin. You are never good, you are not naturally good but if you are good, then you are good because God made you good. You are good because He gave you the information of how to be good and because he allowed you to be good. You are good today because God gave you the strength to be good and because you were born in a situation where you grew up to be good. You may be good because your parents taught you how to be good and because religion instilled values in you to be good. You are never good on your own accord. Situation could have made you bad, and so, what right have you to look down at other people? No matter what you see someone doing, no matter how evil that action is, do not ever look down at them. There are so many people that I saw in front of me, who looked down at others for an action and they had to do that specific action over and over and over and over again until they became insane and cried and went to that person and begged for forgiveness.

No thing is too small. Do not mock others even if it be for the smallest of reason, because starting from the smallest things, laughing at others or looking down at others for an action will definitely make you do that. There simply is no other way out in this world. It is like the unwritten law of the universe. I had seen my own brother who looked down at people who smoked and then himself became a chain smoker and found it terribly difficult to quit. I myself have seen a woman who looked down at someone else for wearing miniskirts and for the rest of her life, she had to wear a mini skirt because her job required her to do it. I had myself seen in front of my eyes, someone looking down at someone for doing a particular sexual action and soon, they themselves became so addicted to that sexual action that they could not stop doing it for the next 12 years. In front of my own eyes, I saw my best friend looking down at his friend and cursing him and being disgusted of him for stealing the girlfriends of his other peers, and then, within two years, he fell madly in love with his best friend's fiancée and stole the girl away and married her, breaking his friend's heart, and

starting a brutal row between them over this betrayal. For many years, that heartbroken friend mourned the loss of his fiancée and told everyone how he had trusted this friend to come home and meet his beloved, never imagining that the man would take her away from him. Eventually, that man went off to marry his best friend's girlfriend and have children with her. I cannot give you enough reasons and enough excuses and enough evidence to back up this claim, as there are hundreds, if not thousands of incidences where anyone who looked down on another person ended up doing that very action. This is a very reliable study, which never failed, and it happened in every kind of situation. So, if you want to stay chaste and single and celibate, never ever look down at those who are sexually active. They are mentally weak and maybe, they are also physically weak. It is possible that they are emotionally broken and must have gone through many hells in life, and it is possible that their sexual indulgence or addiction is caused by long-term abuse. Maybe they were abused when they were young; maybe they never had their parent's love when they were young. Maybe they grew up in an orphanage. Maybe they were tortured unimaginably. Maybe their brains were damaged by punching and beating. Maybe they did not know better and it became the only way to survive. Maybe dire situation in the world and terrors in their life put them in that situation where they became sexually active and had become sexually depraved and lustfully involved with everyone. But that does not give you the right to look down at them. You are not good because of your own will, rather, you are good because the universe and the nature and the law and the world and life put you in a situation where you had the strength and the ability and the mental sanity to be able to stay chaste and celibate and single.

The moment you look down at someone for being sexually active, that is the moment you will become the worst kind of sexual pervert in the world. Never look down at others, no matter how much they are doing sexual madness in front of you. If you find them in front of you, don't look down at them, but feel sorry for them. Feel sorry for them and be terrified for your own self. Look at them and say to yourself, My goodness, I hope I never become like that, because at any moment, I can become worse than that person. It is not in my control.

Indeed, your mind and your brain are not in your control. A lot of patients who had frontal lobe dementia started becoming sexually aggressive. I knew a lovely woman who was almost saintly in her manners but gradually suffered from this amnesiac Alzheimer, and by the age of 70, her personality changed and she began to sexually assault young men in her workplace, and inappropriately grabbed men who worked with her, despite herself being so old. Much to the shame of her colleagues and adult children, the woman could not control her libido, and even sexually attacked her male nurses. I later found out that as a young woman, that lady had once looked with disgust at an old woman and was looking down at her for being sexually involved with a young man. Little did she know then that fifty years later, she will have to do the same thing, but she was chaste and honourable, and

never imagined she would attack men, but then she became mentally ill and started sexually harassing every single young male nurse that came in front of her. The woman became a kleptomaniac and started stealing from every store. Her middle-aged children became so ashamed that they decided to commit her to a mental care facility, because private male nurses who came to treat her refused to return for fear of being attacked.

This woman's story served as a stark realisation for me, and I appreciated that our ability to stay chaste and pious and pure are never of our own doing, and we should never give ourselves credit for being good, and ever dream of looking down at others for not being able to do it. So, whenever you look down at someone for becoming sexually depraved, that moment, you yourself will become that or worse than that. So never ever look down at other people for being sexually active. But pray for them and think that they must have a lot of good qualities in them, otherwise people would not have wanted to make them so sexually depraved. But whatever your thoughts are, never look down at them and never insult them even in your heart, and never be disgusted of them. Feel sorry for them, and pray for them to become better and be afraid for yourself and your own future. Pray so that you never become sexually depraved. Remember, the moment you look down at them for being sexually active, that is the moment you will become unchaste, and that is the moment you will become sexually depraved. You will have no control over it because either a situation will come up or you will become angry or you will lose your mind or you will become insane but there is no doubt in the world that the moment you look down at someone for some sin, you inexorably will have to do that. There is no uncertainty that you will have to do that act and until you do so, you will not die. So, if you want to stay single, our simple rule is never to be proud of your goodness. The conclusion is if you want to stay pious and chaste and pure hearted and pure minded, never ever look down at others for being unchaste and never be disgusted of them even in your heart or in your mind, even for a split second. Think of all the good things that they have done and feel sorry for them and be frightened that you will one day become a lot more worse than they ever could become.

Many pious saints knew this rule, and they took particular care never to demean or insult anyone for their actions. People like Saint Aquinas and Augustine valued others even more than themselves and so they never had to commit those sexual sins which others did around them. The Bishop of Hippo, St. Augustine, was vocal about the value of celibacy, and his view of sexuality was critical. He equated all sex, even within marriage, as lustful, borderline evil, and completely full of 'foulness and carnal corruptions' as he put it. For Augustine, sex was a necessary evil within marriage, so he did not outright prohibit sexual contact but considered it a shameful activity much like defecating. When a small business owner moved into the suburbs with his beautiful wife and three adorable daughters, everyone thought they were the most charming family. The devoted husband showered his wife with gifts and often took the girls to vacations. He gradually expanded his

business and hired a young and attractive secretary to assist him. In no time, he was deeply in love with the pretty secretary and started an illicit romantic affair with the employee. He also began to misbehave with his wife, causing her great distress. His behaviour became more and more untenable, and he shouted fiercely at the wife for no obvious reasons. Unable to tolerate her husband's crude behaviour, the woman filed for a divorce and sued for custody of the children. Meanwhile, the man was insane with lust, and became sexually enslaved to the secretary, panting after her flesh, and ignoring the well-being of his family. He wanted to get rid of his wife and children, and immediately gave up parental custody, and told the court he would gladly pay child support. The man hoped he would be able to spend all his time with his secretary and shower this young woman with gifts. However, he did not calculate how expensive child support could become, and with each month, his bank balance dwindled, and he became increasingly irritated. He returned to court and demanded full custody of his three daughters, and asked the judge to take parental rights away from his wife. Naturally, the court found this request to be unreasonable and refused, insisting that without a probable cause, the little girls would not be taken away from their mother. The man had hoped he would be able to secure the children's custody and finally be able to stop paying monthly child support, and instead, use that money to purchase expensive jewellery for his newest lover. His failure to bring his children to him permanently made the man very volatile and enraged. He doubled down on his endeavour and began to hire local investigators to find something compromising about his wife which would allow him to take the children away. During one hectic school morning, the mother was taking her three daughters to school, when the youngest ran to the side of passenger door, trying to enter the vehicle. The woman stopping backing her car and waited for her little girl to enter, but this minor near-miss was noticed by the man's investigator and he immediately began to new campaign against his ex-wife, and told the court that she tried to kill the girl by running them over with the car so he should get full custody. After a lengthy court hearing, the mother was able to convince the judge that she did not run over her daughter, and that it was a slight miscalculation, but she stopped the car as soon as she saw her little girl running. However, the man continued his campaign against his ex-wife, and every weekend, when he picked up his daughters to stay with him, he spent the two days brainwashing them into thinking their mother was a killer. For hours, the man cajoled and coerced the three daughters to believe that their mother had intentionally tried to run over the little girl in an attempt to kill her. After several months of brainwashing, the girls were finally convinced that their mother was dangerous, and in court, all three testified that their mother tried to kill them by running the car over them. This made the judge alarmed, and he finally agreed to take away the parental right from the loving mother. The devastated woman could not believe she would never see her children again, and continued to sue her husband and restart the case,

arguing that her children must have been deceived by her ex and coerced to testify against her. When the man saw that his ex-wife was not giving up in trying to gain custody of the children, he became even more enraged, as he felt that losing custody of the girls would mean he had to pay a hefty child support, so he started to devise another plan, and this time, he brainwashed his daughters into believing that their mother was a mentally deranged psychopath who would kill them the first chance she got. Eventually, the girls were convinced, and he persuaded them to kill the mother during one of their weekend visits. After two months, the three daughters, who were aged between eight and fourteen, collectively bludgeoned their mother to death, and in court, the father instructed them to say that his ex-wife was trying to strangle them to death, and therefore, they had to defend themselves. With his wife out of the picture, the wealthy small-business owner was so elated that he began to take his beautiful secretary to long vacations, neglecting his daughters and leaving them alone in his home. Soon, one of the detectives of his ex-wife's murder case, upon speaking to the youngest girl, discovered the actual truth and finally, prosecutors were able to track down the man and charge him with premeditated murder. Although this case was eventually solved, many such incidents take place each day in our sexually promiscuous world, where random people begin to worship the foul body parts of another human and become enslaved to the lover's body. This animal lust makes them lose all humanity and cause them to do extraordinarily evil acts, such as murder and treason, and when these people gain positions of power in government, they do not hesitate to wage wars, or even detonate deadly weapons on any nation whose leader criticises their lover.

When we discuss the potential warfare of the future, the most common fear in everyone's mind is the potential nuclear attacks that may strike any nation at any time, especially since there are thousands of WMDs aimed at many nations. In such a frightening scenario, scientists state that the blast effects from nuclear explosions can cause great many fatalities and the most widespread damage to buildings occurs in an air burst, a detonation thousands of feet above the target. The blast wave from an air burst reflects off the ground, which enhances its destructive power. A ground burst, in contrast, digs a huge crater and pulverizes everything in the immediate vicinity, but its blast effects don't extend as far. Nuclear attacks on cities would probably employ air bursts, whereas ground bursts would be used on hardened military targets such as underground missile silos. But either way, our world is not ready to face such a disaster, and should people continue to be promiscuous and lustful, these terrible times could come sooner rather than later.

NUMBER THREE:

Pray, pray and pray. Even if you do not believe in God, still pray each day to be chaste and remain celibate. There is no other way to be pure but praying. There is no way out of life except praying regularly, because every single person I interviewed for my research, told me they prayed often for the power to be pure. After deliberating with all the participants, I came up with this one answer as they all had this one thing in common and that was regular heartfelt prayer.

Even if you did not start on the path of celibacy, still pray. If you pray firmly enough and if you cry long enough, then eventually, you will find the strength to stay single. And even if you are chaste now, without prayer, you can never stay celibate forever. If you do not pray constantly every single day, you cannot be pure, so pray and pray and pray. Pray until your tears well in your eyes. Do not let a single day pass by when you do not pray for at least 30 minutes to 1 hour.

Praying should not be mechanical, and so, pray until you feel like weeping. Pray for others. Pray for all those who are suffering in the world. I do not know yet why prayer hold such power, and I can never explain its true significance, because I myself do not know why people who do not pray cannot stay celibate or single and chaste. Every single person who wanted to stay chaste and celibate did not have the ability or the strength to ever carry out this lifestyle until they started praying. Why does prayer have such power I do not know. Why is prayer necessary for being celibate and single and chaste, I will never know. How can prayer have such power without which no one in the world can stay celibate and single, I do not know and I shall never know.

What supernatural power does prayer have that directly makes the crier strong enough to make his or her chaste, and gives people the ability and the capability to be single and chaste in a world of sexual madness, I do not know. But after speaking with every single person who made it up to five to ten years in absolute purity, chastity and celibacy, I wanted to know what made the most impact in their singleness and celibacy. All those who lived in chastity and purity had only one thing in common, and that was they all prayed. They prayed long before they started on the path of chastity. Some of them prayed for 5 years and some of them prayed six years before they finally had the strength and the ability to be able to stay chaste and single and go along the path of celibacy.

It is possible that prayer gives people a sort of purity without which no one can truly stay celibate. It could be that when you cry for others and when you weep every single day for the pain of all those who are suffering around the world, and feel pain for the children whose heads are being blown out in volatile regions of the Middle East or you feel distress thinking about the children who are starving in Africa and pray for the young boys who are dying in Russia and Ukraine, it is likely that when you cry for their pain, and weep for them, it purifies your soul and gives your soul noble strength. This prayer then expands your soul so much that it gives your soul the power to

control your body and the lust and the passion that is contained in your body. The power of that pure prayerful soul takes over the dirtiness and the filth of your lust, your passion and your madness and your slavery and the weakness of your body and makes you pure. Psychologically speaking, I would imagine that prayer or the act of prayer itself such as the motions of sitting down or kneeling for half an hour and crying for the pain of others and crying for yourself too and praying for your own goodness and your own success and your own pain and your own suffering, in gives people some sort of mental strength. It gives people mental happiness to be able to pray to a superpower and give up your problems to Him or to have hope in a higher heavenly power and then to believe in an eternal life. It gives a person such strength in their soul and bestows such hope that prayer makes all their sadness and their weakness and their depression completely non-existent.

Logically, there is no other explanation to why prayer is so beneficial for celibacy, except that prayer gives people the strength and the hope they need to be able to stay good.

I cannot personally come up with any other conclusion other than prayer gives people hope and strength that they need to survive in this world as a human being, with mercy and love in their heart and have the capacity to render justice and honour and respect to all.

Somehow, I feel that prayer itself or the act of communing with a supernatural power and the act of prayer itself makes people merciful towards others. It allows people to feel the pain of others. It imbues people's heart with empathy while selfish acts like lust or the degradation of sexual relations makes people emotionally weak and mentally feeble, physically fragile, and it makes them dependent on others, and makes them angry and jealous or makes them feel humiliated and degraded. Lustful actions make people feel hopeless, no matter how much wealth and comfort they get out of it, it still makes their heart filled with fear and their body fuelled with anger and self-loathe.

Prayer, on the other hand, does the exact opposite. It makes one proud and happy. Prayer makes people emotional and it makes one loving and it fills one's heart with mercy and love for everyone. And, thus, it gives people the strength to stay single and chaste, because even the strongest of men or the most muscular and most powerful boxer or even the fastest runner does not have the strength to stay single for a single day. Even the strongest man in the known world record does not have the forte to be able to stay chaste and pure-hearted and pure minded even for a single day of his life. The strength comes from an inner power that originates from prayers.

SAMPLE PRAYER: Oh, Lord! Forgive our sins and do not abandon us and our children to the devil or the humans who are worse than any demons! Let not any human being humiliate our children nor let any human beings use our children as their sexual objects!

O God, break the fetters of my tongue and let me call on Thee, praying Thee, though briefly, yet with no brief earnestness, that we may not fail in celibacy. And when Thou heardest me then, protect our future generations from all kinds of sexual perversion and sexual degradation. And let them not sexually use or degrade others.

God of forgiveness, forgive our sins and protect us from the hurt of others, whether done so willingly or unwillingly, and protect the bodies of our children from being sexually insulted and sexually used and abused and sexually humiliated, willingly or unwillingly.

Our Lord of purity, who has the power to save us from the perversion of sexually demented human beings! Protect our children's honour and let their bodies stay pure and dignified! Let no human touch defile their innocence!

What art Thou, my God, save my holy joy and Hope! O God of Honour and Mercy! Protect the bodies of our daughter from degradation and humiliation and from all forms of sexual perversion and objectification!

Oh, Lord of Power and Might, and O Forgiving and Avenging God of justice! Protect the bodies of our sons from being sexually abused and humiliated and degraded and from being sexually molested and sexually manipulated. Free my heart from lustful inclinations so that Thou mayest enter in and grant me purity.

My Gracious Maker! Thou art my salvation, so aid me so that I may be celibate and pure. Behold, Lord, my heart is before Thee; open Thou the ears thereof, and fill chastity into my soul! O God of Adam Who has the power of sustenance! Let not our future generations and our boys and girls sexually be abused and sexually groomed or sexually violated in return for food or medicine or money! Thou, Lord, who for ever livest, and in whom nothing dies, for before the foundation of the worlds, and before all that can be, Thou art, and art God and Lord of all which Thou hast created, grant us purity from Thy purity and honour from Thy glory.

IS EVERY SINGLE SEXUAL RELATIONSHIP

UTTERLY DANGEROUS?

While celibacy can lead people to success, everyone who is not celibate are not doomed to fail in life, as not all forms of sexual relationships ultimately end in danger and destruction.

For some people who are bound within specific sexual relations, life quality often gets better with each day, because for one reason or the other, the person in question does not enjoy or objectify his or her sexual partner. I have seen some married couples living a productive life, and from extensive interviews, I discovered that their conjugal life is largely uneventful, and they thrive of a spiritual connection rather than a lustful and physical one. This suggested that if someone absolutely despises and is disgusted towards anything sexual, then that person's mind, nature, mentality and character will not have any harmful effect nor suffer from any negative change even if he or she is being sexually active. However, for those who are humble, passionate, intelligent and greatly enjoys sexual activities, for them, any sexual acts or thoughts and any form of lustful relationships will absolutely destroy that person's life, and strain all relationships, and have detrimental effects on their nature and character to the point that they will change from a good person to a cruel and unsympathetic human being who is selfish and cares only for their own gain and need. If a person is passionate or intelligent enough to remember or reminisce about their sexual escapades and critically enjoys sexual activities, then that person will face long-term harms in life, and eventually is bound to become more and more enslaved to other people and may even begin to sexually stalk someone who will become their current sexual target. The more sexually active someone becomes, and the more passionately he or she obsesses over it or enjoys the encounter, the more the person becomes emotionally and physically weak, which leads to lasting moral weakness.

This weakness comes about for various reasons. As we have established in the previous passages, those who are most promiscuous often face great hardships in their personal lives, and this leads to emotional and mental breakdown, causing them to become weak at heart. They also become sensitive, mainly due to the suffering that is bound to happen to anyone who enjoys sexual activities (although we will never truly know why, but it always happened throughout history), or it could be because of a person's mentality and character which will inevitably change into several degrees more passionate and desperate which may lead them into carrying out passionate actions and getting embroiled in fights and thus, making new

enemies, but the result is always the same. Anyone who is passionately involved in a sexual relationship, will one way or another, be attacked, tormented or suffer pains, and become mentally weak and dependent on someone else both emotionally, physically and sexually, and the stronger this dependency will be, the more willing will those sexual addicts become to hurt others in a zealous effort to keep that person with themselves. People who allow their carnal desires to overpower their brain cannot keep a limit on their sickness, and use sex toys and other devices for mechanical masturbators, even at the risk of their own lives, because medical experts warn that sex toys often release toxic nano plastics into users' genitals. The male sex toy market is expected to reach nearly \$40 billion within the next year, as more and more sexually deviated men and women become addicted to perversion and heartlessness. Those who cannot control their lust eventually become like animals and seek to constantly satisfy sexual appetites with anyone or anything, and thus, sex toys are not uncommon in the LGBTQ community, but are often aimed at heterosexual men. Sexual deviation was very common among the ancient Greeks and Romans who also regularly tortured young men and women for sexual pleasures, and older pagan men often tortured young men who refused to service them sexually, by forcing them to wear a choke pear, which was also known as the pear of anguish. That device was inserted into one of the male victim's orifices, and when the key or crank was turned, the petals of the pear-shaped end would slowly open up, painfully mutilating the young man's insides, but not causing death. Such brutality was common among men who were sexually deviant, and even in this century, we can find men torturing other young men equally horrifyingly, for sexual pleasures. In 2023, a 22-year-old Alabama inmate who died after being brutally raped and tortured by fellow male inmates behind bars, was later believed to have been sexually assaulted for a long time, under the full knowledge of the jailers and prison guards. His family learned that he had been kidnapped and raped and tied up, beaten and sold out for two to three days at a time by other inmates who took turns in abusing him. Many reporters in the city which cited prison sources claimed such violence was common there. This is the stark reality of a promiscuous society, where unchaste men and women lose their humanity. Eventually, those who are mentally weak and desperately dependent on others lose all mercy towards everyone but themselves and their beloved, and this change in behaviour can be alarming, especially when we must all share this world, which is small and miserable, but only the celibate and chaste souls can lift their wings to the eternal and unchanging world beyond by praying with purity of heart and mind. Therefore, sexual indulgence, with its faint capacity for creating illusionary comfort and satisfaction in this world, should be regarded as a sworn enemy of the spiritual sense of peace and infinity. Logically, the sensible man should give up all his sexual fantasies, but naturally he seldom has the courage to be so consistent, and so, celibacy, fasting and almsgiving becomes fitting substitutes. While celibacy is not actually a social duty, but

a ritual act, a gesture by means of which the rational man can become free from all perseverated sexual desires, this symbolic act relieves the burdened conscience, and gives a man the feeling that he is really accomplishing emancipation from sexual obsession. Hence, it is self-evident that for this type of piety, one is amply rewarded in this very life, and finds a new form of peace and joy in the pure life.

Without this mode of abstinence, people would become extremely cruel and unjust, as we have seen among many sexually promiscuous individuals. As recently as 2023, men inside correctional prison facilities were found guilty of raping and torturing young male inmates, and often, young men complained that they were sexually assaulted by their guards as well. An inmate who was residing at an American correctional centre died after he was brutally tortured and raped by other inmates, who appeared to have sold him to violent criminals, keeping him bound as they assaulted him. The young man died a painful death, and his family mourned endlessly, but it was a commonplace occurrence in this hyper sexual world, where excessive sexual indulgence has made men become more and more perverse and cruel, until they no longer honour the sanctity of marriage, brotherhood and humanity. American corrections officials confirmed that the young man who died was the victim of an inmate-on-inmate sexual assault which left him unresponsive. In their statement, hospital nurses also confirmed that the young man was assaulted and beaten badly at the Correctional Facility in Alabama. The deceased had hundreds of bruises all down his arm, down to his fingers, and had cuts and bruises on his legs. An official with an Alabama nonprofit law and justice group said what happened to the young man was all too common in those prisons, where perverted men preyed on younger men to abuse. Their spokesperson confirmed that the brutality, the violence, the dysfunction, and sexual abuse is not an aberration anymore. It's a feature of the American Corrections system, and this kind of horrific deaths resulting from sexual assault is not even uncommon anymore.

Lustful love makes people cruel because it creates selfish desires in humans. When a person falls in love with someone else, and that love object behaves charmingly with another person, or was being nice to someone of the opposite gender, who looks attractive, then you, or the lover, will find yourself becoming jealous of that person. Slowly and gradually, you, who had always been an exemplary and good human being, you, who had always been willing to give your life away for that stranger, will now become his or her greatest enemy and rival, only because you fell in love with someone who that person is also in love with or so you may be thinking, and this sentiment is dangerous as it can cause a plethora of deadly consequences. Naturally, some people can stay good and just after they fall in love, for it would be irresponsible to claim that all lovers become cruel and jealous monsters, but they definitely would have been 100 times purer and better had they not fallen in love.

Pure love makes us pure and powerful. It makes us pious and proud, while lustful love causes people to become selfish and powerless. The love we have for our children is not companionable with jealousy and that love stays pure and never brings any harm upon anyone. But should any relationship become sexual or lustful, immediately all kinds of jealousy, anger and insecurity comes into the picture and turns even the best of human beings into something less than best. So, in order to maintain our humanity and to keep ourselves most merciful towards everyone, it is best for us to never sexually fall in love or be sexually enslaved to any human being in the world. That is the only way we can be sure that we will never be jealous enough to have to stoop so low as to harm another person or even wish harm upon them indirectly, because they have been threatening to take away your beloved from you. While being jealous of an ex can seem harmless at first, do not forget that from those small droplets of jealousy, comes the worst crimes in the world, as from that jealousy comes greed, enters lust, hunger, self-hate and disgust and this leads to madness and murder.

SEXUALITY AND CONSENT:

WHAT IS CONSENT?

Whenever a debate is held about purity, freedom and chastity, the concept of consent invariably enters the conversation, and many people argue that everyone should be free to do whatever shameful act they wish with another person, so long as that other person is giving consent, presumably freely. While this is a valid point, and fair line of reasoning, the most important question we need to dismantle now is what is consent.

Some of the pressing questions may be as follows:

In giving sexual consent, what do we mean?

What is a sexual consent?

Who is consent accepted from?

What age can people give consent?

After which age should consent not be accepted even if given?

What sickness or hidden diseases can nullify consent? (Alzheimer's, dementia, manic depression)

What medicine and counter effects can nullify consent? (Drunk, date drugged? Sleeping pills, ecstasy)

What extreme situation requires consent, even if given, to be banned?

Who should consent be completely banned for, forever?

We will attempt to break down the idea of consent and underscore the importance of understanding what consent truly implies.

Dictionary says consent means agreeing. In plain words, it means to give assent, as to the proposal of another; agree: consent to medical treatment; consent to going on a business trip; consent to see someone on short notice. Sexual consent means to agree with someone for sexually using one's body for their sexual pleasures.

Consent also means to satisfy other people's sexual need.

Among the many probing questions that plague the minds of sound people, one such queries pertain to the age of consent.

At what age should consent be accepted?

In America, most ten or eleven years olds start having sexually related relationships, with adolescent either their own age, or anywhere between ten to eighteen, as minors are legally free to sexually assault minors, and a sixteen-year-old youth can legally impregnate a thirteen-year-old girl without any legal repercussions, as the young man cannot be legally charged with statutory rape due to his age being under 18.

However, the government fixed the age of consent to 18, although they do not arrest or punish ten-year-olds for having sexual relationships, nor do they punish the hundreds of thousands of 12-year-olds who were impregnated by their peers nor do they arrest the guardians who were responsible for facilitating the two children to have sexual encounters. Decades ago, the age of consent was much lower than the man-made laws changed, and some people voted for it to become 18. But will this always stay this way?

What if man amends these laws later to lower it again?

What if they make the legal age sixteen, since sixteen-year-olds are having sexual relationships anyway?

What if they lower the age of consent to fourteen or twelve or ten or eight or six or four?

We can say that it is impossible for how could they ever do such a thing? But they did in the past, and what would stop them from lowering age of consent now?

If they did it in our history, then why can't they do it again?

We learn from history that we never learn from history.

Let us consider a different scenario:

What if the people controlling our government raise the age of consent?

What if the government makes the legal age to give consent for sexual actions to be 20 or 25 or 30 or 35? Will it be acceptable by us all if the government decides that anyone under the age of 20 or 25 is but a child?

If the law changes ten years later, and the people seated in the parliament houses decided that the minimum age of consent must be 20, then it would

mean that every man or woman who married an eighteen-year-old or a nineteen-year-old man or woman would have been guilty of paedophilia. This demonstrates the violability of the idea of sexual consent, and we can understand that consent is nothing and should never be used as an excuse to humiliate or hurt anyone of any age.

If you think that consent is all empowering and consuming, and it should be the determinant of every act, then think of a different scenario:

If someone gives you the consent to murder them, does that make murder legal or good?

If someone give you the right to torture them, does that make it legal or right?

If someone or a sex worker gives you the right to sexually abuse, and then beat them or perhaps whip them and choke them, or allow you or electrocute or torture them in some insane manner, does it give you the right to insult them or assault them or abuse them?

No. Never. Because there is nothing called consent. In this world inhabited by humans, what is wrong is wrong and no amount of 'consent' should make it right.

Murder is murder. Rape is rape. Torture is torture. Regardless of whether the victim gave his or her consent. Several years ago, police in Germany arrested a 55-year-old police officer who was later found guilty of murdering and butchering a man he met on a cannibalism website. The two men met on an Internet chat forum where people regularly discussed their sexual and cannibalistic fantasies. The perverted policeman was hardly apologetic for murdering and consuming the flesh of another human, because he showed text messages and online chats as evidence which revealed that the 59-year-old victim had asked to be killed. A spokesperson for the Police Chief said at the news conference that the victim had been fantasising about being killed and eaten since his youth and therefore, to appease his wishes, the suspect has eaten parts of the victim in a sexually motivated act. Did consent make this horrific act legal or just? Some consent-maniac may suggest that it is so, but common sense tells us otherwise.

Consent is no excuse for a human being to sexually or mentally or physically humiliate another fellow human being, or torture or kill them.

We are humans or at least we claim to be humans who still honour our elderly parents and love our young children, (because at least, until now, for some reason, incest and child molestation has not been legalised by man-made laws yet, although they soon might become socially and legally acceptable), but we are not animals yet. The strong amongst us have no right to abuse the weak just because the strong person brainwashed the weak one into giving him consent through systematic grooming and characteristic manipulating.

While we can accept that not all form of consent can be acceptable, for those who do want to give or receive consent, the parameters vary. Who would we accept consent from? What if someone is mentally not bright enough to comprehend the idea presented forth, or if someone is autistic or is slow or has borderline down syndrome, how can we justify consent? Should consent be ever accepted from that person? Never, indeed. Because it would be unfair. It is obvious now, that to justify an act of cruelty in the name of consent is the cruellest kind of torture indeed!

For those who find the idea of giving or receiving consent to be the norm, they may feel that they know no better, but if we claim to be a human and different from animals, then we must fight this madness of allowing consent to justify the most horrific kind of humiliation done to another human being with our own actions.

We all know that there is a start or a beginning point for consent, whereby every adult who celebrated his or her eighteenth birthday can and receive consent freely. But what about the final age of consent. If 18 is the golden age of consent, will or should consent be halted after the age of eighty, or hundred?

At what age do we stop accepting consent?

It has been widely found that the volume of the brain or its weight declines with age at a rate of around 5% per decade after age 40, with the actual rate of decline possibly increasing with age, particularly over age 70. The manner in which this occurs is less clear, but medical scientists say the shrinking of the grey matter is frequently reported to stem from neuronal cell death. So, as you enter midlife, your brain changes in understated but measurable ways. The brain's overall size begins to shrink when you are in your 30s or 40s, and the rate of shrinkage increases once you reach age 60. As your brain changes and shrinks, you may feel as though it is affecting your mental function. Even healthy older adults may experience:

Memory problems

Challenges with communication

Trouble recalling words or vocabulary

Difficulty learning something new

Increased inflammation with injury or disease

Slowdowns caused by decreased communication between nerve cells in the brain

Decreased blood flow in the brain

Changes to the architecture of the brain

In addition to these health issues, people who are past the age of 40 will find that the volume of the brain decreases and continues to decline at an accelerated rate and increases after 70 years of age. Cerebral atrophy is the cause of decreased total volume and can also be attributed to increased

ventricle volume and enlarged superficial sulci. The mechanisms which contribute toward this cell death are unclear, but there is no doubt that mental functions are often impaired and less than perfunctory.

Often times, older people after the age of 60 start having difficulties remembering past information about themselves or others. They cannot stay as sharp as those who are younger and more mentally sharp or fit.

Should someone take advantage of someone's old age and seduce them or manipulate them into sexual activities, then can be any language to describe the evilness and the sickness of that person?

However much an older person should agree to be humiliated or sexually involved with a younger person, no sane human being should ever take advantage of that old age to sexually get involved with a person who may or may not be mentally fit enough to know what is right and what is wrong. Consent in this case is irrelevant and should never be used to exploit a person who is over the age of 40.

I recall the case of a helpless and frantic mother in a country in Europe, whose thirteen-year-old son was regularly being raped by a 17-year-old high school student who studied in her son's school. Her young boy was by nature, very fragile and sensitive, and was always bullied by older students, particularly the older teenager. The 17-year-old came to her house each evening to spend the night with her little boy and sexually molested him all night, and the poor mother was powerless to stop them, because of the new laws which made it illegal for parents to negatively affect the mentality of a homosexual child. Her 13-year-old son was a sensitive and sweet child, but had been brainwashed and groomed into sexually servicing an older boy, but since the molester was under 18, and the little boy was too afraid to reject his advances for fear of being beaten in school, this abuse went on for years, and the mother described how she wails for hours each night, unable to stop her son from being used and abused, because she knew that in this hyper sexually society where people deem it righteousness to let men molest other men, and since everyone believes that consent in sexual acts make everything legal, the woman was powerless to complain about this and knew that no police in this world would ever help her. Legally, police told her that she could be imprisoned for telling her son not to sexually serve the older boy, as the conversion therapy laws prohibited adults, including licensed mental health practitioners or parents, from subjecting LGBTQ minors to harmful conversion 'therapy' or talks, and the mother knew if she protested, her son would be taken away from her.

Consent then, is a social construct, and can be deemed to be absolutely useless, no matter how much it is given to another person, and regardless of how eagerly the victims is allowing themselves to be sexually involved in acts of the person or giving the consent, if the victim is a senior citizen with an aged brain, even if the old person's mind appear to be fine.

Medical sciences confirm that not all people are capable of giving consent freely, so we should ascertain who should retain the rights to give or take consent in sexual unions.

Whose consent should be banned because of their disease, whether or not the disease was diagnosed?

Doctors often insist that people who suffer from Alzheimer, dementia, schizophrenia, manic depression etc. should never be able to give consent to any form of humiliation, especially sexual encounters, and no honourable human should take sexual advantage of them.

One might argue that diseases like Alzheimer is rare, and we should not assume any older person suffers from it, and hence cannot give consent. But the truth is, these diseases are often never diagnosed, and many times, people die without ever finding out they had this disease.

From the 2021 Alzheimer's disease facts and figures infographic, I found that more than 6 million Americans are living with Alzheimer's. By 2050, this number is projected to rise to over 13 million. Today, 1 in 3 seniors dies with Alzheimer's or another dementia, as it kills more people than breast cancer and prostate cancer combined. In 2023, Alzheimer's and other dementias will cost the nation \$345 billion. By 2050, these would rise to nearly \$1 trillion.

This form of mental illnesses is so common, that over 11 million Americans provide unpaid care for people with Alzheimer's or other dementias. In the year 2022, unpaid caregivers provided an estimated 18 billion hours of care valued at \$339.5 billion.

The lifetime risk for Alzheimer's at age 45 is 1 in 5 for the average person, so the chance that the older or middle-aged person you are sexually targeting and seeking consent from already suffers from some form of dementia is extremely probable, because only 4 in 10 Americans talk to their doctor right away when experiencing early memory or cognitive loss, while 7 in 10 Americans would want to know early if they have Alzheimer's disease if it could allow for earlier treatment. These facts prove that you may never truly know if the person you want to use sexually can actually give legal consent for sexual actions. Statistics also show that between 2020 and 2030, 1.2 million additional direct care workers will be needed to care for the growing population of people living with dementia, the largest worker gap in the United States as the number of Americans living with Alzheimer's is growing very fast. More than 6 million Americans already have Alzheimer's and another estimated 7 million Americans age 65 and older were living with Alzheimer's in 2023. Seventy-three percent are age 75 or older. In the United States alone, about 1 in 9 people age 65 and older (or 10.7%) has Alzheimer's and almost two-thirds of Americans with Alzheimer's are women. People who wish to be sexually promiscuous should be aware of these facts and try to understand that older citizens cannot likely give consent to sexual acts due to various mental illnesses, and as the size of the U.S. population age 65 and older continues to grow, so too will the number and proportion of Americans with Alzheimer's or other

dementias. By 2050, the number of people age 65 and older with Alzheimer's may grow to a projected 12.7 million, barring the development of medical breakthroughs to prevent or cure Alzheimer's disease. Consent from such a person would be nothing but cruelty, and should be unanimously invalid and if a person still becomes sexually involved with them, that person would be a most vicious and cruel sexual assaulter and nothing but that. Because a patient with the above diseases has no way of knowing what they are giving consent to nor would they have any clue as to what they are being subjected to or even know how to stop themselves from being abused.

We hear of elder abuse and we shudder, and rightly so. Shouldn't we all want to make sure that we are treated with respect in our old age and especially so, if we were to become mentally confused due to old age? Should we not earnestly want protection and honour and respect for our own older family members? Then how can we call ourselves human and also imagine extracting sexual consent from someone who may likely be suffering from ill health and mental conditions.

In addition to mental health issues, many young people are legally deemed incapable, or at least temporarily incapacitated, and cannot give consent, such as people who were drinking heavily or had been under the influence of a drug, legal or otherwise.

What medications should automatically render consent to be void?

Any date drugs, any ecstasy, any drinks that intoxicate and any pills, like antidepressant or anti-anxiety medicines, should automatically render the drunk or influenced person as incapable of giving consent.

We hear of drugs and drinks given to assault younger girls at parties and we never consider it that to be a legal consent, even though it was given under the influence of such strong brain altering drugs, then why should we imagine that people who take medication that make them drowsy or fatigued can ever give legitimate consent?

There are a number of medications which causes utter confusion in people's mind, and makes them drowsy enough not be capable of giving fully legal consent, and if someone should take that advantage of them by getting sexually active with someone who is under some medicinal influence, then that person is nothing but a sexual abuser, no matter how much that medicated person gives them consent.

Since we established that sexual consent is a social construct, under which circumstances should consent be rejected, even if given freely?

In the 21st century, with the demonisation of religion and the taboo of chastity and the victimisation of sexual molesters and glorification of seducers and groomers, it is very easy to blur the lines between what can be considered right and wrong.

However, despite our perceived civilisation, people often use consent as a pretext to torture others, as there are many reports of couples involved in

BDSM beating their partners to death and causing infections in injuries which lead to death, but of course, all those vile and perverted acts are done consensually and so must be just and good. Does this rationality make perfect sense?

As a human being, where should we put the limit to consent and at what extremes should consent be banned even if given?

In recent years, there was a spike in the number of deaths by choking in the act of sexual pleasures by couples. In fact, the percentage of death by sexual choking, jumped to a much higher number in recent years, both in England and America, since young and old couples find choking to be a form of erotic asphyxiation, where the partners use their hands to apply pressure on the other partner's neck to restrict breathing, causing potential death and much suffering.

Hundreds of cases of death result from asphyxiation due to choking but the killer is let free because the sexual act was done out of 'consent', and there are also thousands of incidents of domestic disturbance and violent beating and abuse reported to the police every year by neighbours who hear thundering screams and see beaten women and tortured sex workers leaving after a session of 'consented sexual pain infliction', also known as BDSM consisting of whipping a person with leather whips, rods and applying electric shocks on the genitals, and hanging young and helpless women from the ceiling and kicking and slapping them, until they faint, and this and many other forms of the most severely painful and dangerous forms of torture are common these days in the guise of consent sexual play. Many of these revolting practices end in permanent disability and some case, results in complications leading to loss of pregnancy and death of the person who gave 'consent'.

We must ask ourselves, as rational human beings, who are still capable of loving their children and parents, how can a human stoop so low as to hurt another person who is already submitting to the act of such sexual humiliation and still find it in their mind to justify it with the yardstick of 'consent'?

Should consent be ineligible when allowing someone to torture you half to death?

Should consent be banned if BDSM or flogging is done on a pregnant woman on final stages of pregnancy?

Should consent be disqualified if one allows someone to burn you or kill you or torture you or cannibalise you?

Do humans have the right to give consent to other humans to do actions which will destroy their own humanity?

As civilised people, we should occasionally revisit the notions of consent and try to ascertain if these categories generate consent.

Who should be banned from giving sexual consent?

Children. This is the simple answer, although man-made laws might change the age of children or choose to redefine who children are.

But with whom, should consent banned for life or have a permanent hiatus? Consent should be ineligible for life with regards to one's own children, even after they grow up, and cross the age of eighteen, and it should be banned with one's own parents even if the adult child is insisting on a consented sexual relationship.

A parents' duty is to love a child unconditionally without any return for the rest of their lives. Should parents start taking sexual advantage of children, then those children shall grow up to become cruel towards their own children, not knowing what is legally or morally right or wrong. A child's psychology will be negatively impacted should the child's parents make a system of only loving the child who serves them sexually.

Right now, we might be shocked to imagine or hear that such a thing can ever being legalised. But if homosexuality can be legalised and celebrated and even accepted and loved by government and society, then too can incest become legal, but even if a particular nation allows parents to marry their children, humans, as a race, should refrain from doing so. I speak from historical evidence where the Roman emperor Caligula committed incest with his three sisters, and pagan leaders like Nero had sexual relations with their biological mothers, and other emperors regularly married their nieces. The reason incestuous relationships were quite common in ancient times was due to the lack of religion or belief in monotheistic Abrahamic faiths. The Egyptian Pharaohs regularly married their sisters, and the Ptolemies continued the custom, and Caligula's relationship with his sister, while perverted in the modern era, was acceptable by people in the heathendom who did not know what to consider right or what to deem wrong. In fact, they happily glorified their pagan homosexual and incestuous leaders. Historians report that Gaius Julius Caesar had an insatiable sexual appetite and would have sex with men regularly and he had an intense relationship with an actor called Marcus Lepidus and another man from a high-class family called Valerius Catullus. After several years of having homosexual relationships, the Roman leader decided to turn his palace into a whorehouse, and sent his pages around Rome to alert wealthy men to the opening of the brothel and encouraged young men to come and service him sexually. While Gaius Julius Caesar's homosexual tendencies were fairly harmless, he later became vicious in his jealousy, and was angry at his two younger sisters who were chaste and he prostituted them to his catamites (young homosexual lovers).

In today's sexually liberated world, people once more lost their sense of right or wrong, and justice and injustice.

Once upon a time, a man was brother to another man, who never considered to use that man sexually to satisfy his lust. Men were blood brothers in arms who did not have to fear being seduced and molested by their male commanding officer, who may be enraged at his refusal of the sexual advances, and could take revenge at the soldier by posting him to the

frontlines. When men went into the armed force, they did not have to worry about whether their commanding officer would send them to the danger zones to get killed because he did not sexually serve him enough or had become a rival with another soldier whom the commander is in love with. There was a time when men loved men like brothers and there was certain purity in their love. There was honour in their brotherhood. Now the sexually active people have turned them into wives and husbands, and it makes one wonder that if men who were supposed to be brothers cannot be safe from each other sexually anymore, nor can there be love of a pure kind, then why cannot the government crafted of man-made laws not eventually legalise and celebrate and accept incest too?

Why, indeed, cannot the copious government victimise incestuous people, cry for them for not having the right to sexually use each other's body, and allow all form of sexual deviation, be the lust partners be blood related or not? Without God and the Abrahamic faiths, it is a likely scenario, because in pre-Christian era of paganism, Queen Cleopatra and her family and leaders of most nations in that time of human of history were actively incestuous. In fact, the child who served the king sexually the most (in Cleopatra's and Nero's case, their fathers were leaders) would be guaranteed to get the kingdom. So, prince and princesses vied with each other to sexually please their parents hoping for a place in the kingdom one day.

Religion put an end to such perversion and madness.

All of the three Abrahamic religions banned incest- giving human infants the right to grow as innocent carefree children with purity, love, protection and freedom, without the humiliation of sexually serving their parents for food and shelter. But with the decline of Abrahamic faiths and the attack on all religions and religious figures and the bizarre practice of constantly framing them in the news media as rapists, murderers, and child killers and the media's blind worshipping of all sexually depraved seducers, molesters and groomers as victimised lovers and heroes who are innocent and mentally tormented, the perverted history may repeat itself, because any time all religions had been systematically banned, the world proved that every rapist and seducer and groomer and incestuous people became heroes and emperors and kings, like Rome, Greece, Byzantines, Phoenicians and Egyptians. Now, without faith in one God, we shall all inevitably go back to the age of paganism like the Roman empires and mimic their sexual maddening laws.

Some scholars define human dignity as the honourable disposition of at least some aspects of an accumulated heritage, and in concert to celibacy, this appears even more relevant, especially since the act of living a chaste sexless life appears alien to many. Many people try to live on borrowed ideas, but increasingly suffer from inward sense of emptiness due to their bondage towards other human beings.

Without giving way to the atomistic, postmodern explanation, which defines freedom in terms of freedom from all sexual bondage, we can conclude it has some merit even while lamenting the superficial tenor of the result. It is against the backdrop of this sexually liberated culture that the social scientists and sex-symbol celebrities, raise the stakes with their occasionalism and try to coerce all others to adopt this brazen lifestyle. But those who had lived in celibacy and have felt the power of chastity, will have essentially implanted providence over their well-being and experience a trace of that mysterious unity whence they were unaware. Religion and God are then, the only means by which we can retain some humanity and morality, but this is becoming increasingly difficult in this hyper sexual world. Those religious and righteous ones who want women to be covered and honoured and chaste are framed and portrayed in the trillion-dollar worth media as rapists and killers and torturers, and in some countries, the morality police forces, whose job is to protect women, have become the greatest victim of the media's unending campaign against chastity and self-respect, while those who want nudity everywhere and wish to vilify women and turn them into public urinals for men (public urinals are not allowed to be visible in Amsterdam but women are displayed naked on store fronts for men to use abuse and discard like urinals and public toilets), and those men are glorified as liberators of women.

It is a prodigious scheme of a powerful organisation that allows women to be thoroughly humiliated by encouraging them to prostitute themselves to the lewd men, and they seek to insult women and ban them from covering their private parts by making them feel as though to cover the body is oppression. Their idea is to frame religion and any religious men who allow women to stay chaste and covered and make those pious men then appear as sex slave owners, and rapists and oppressors, while men who force women to do porn acts and make young boys and girls open fornicate and allow family films to have graphic sex scenes where a woman's private body part is insulted and used and objectified more than any female pig's private parts was ever objectified by male pigs (although pigs do invite other friends to share their wives), but those sexually deviant men are glorified by the media as freedom givers, and the media hopes that by circulating fake and curated negative news which mention how religious men or morality police allegedly torment women, or how women in those religious nations are being forced to wear a veil and beaten to cover themselves, then the women, being naturally emotional and sensitive, will rise up in protest and to express their justified rage, they will demonstrate their anger by becoming nudists and strippers and street prostitutes.

It is as simple as that, and the media knows it, and those promiscuous and perverted men who control the media are aware that the only way they can make women objectify themselves willingly is to make them so angry at religions that they wish to abandon all Abrahamic faiths and laws, and they will thus use women's anger at religion to destroy religion and then gradually, start to make their own secular and sexual religion of paganism

where all women were slaves and sex workers and victims of incest and prostitution, and where all children were sexually molested because there was no God to stop them, and men made and changed laws they themselves designed in ways which served men best. Without God and religion, women will have no right, and will regress to living like the previous generations where they were all doomed to slavery and oppression, because without religion, these women will not even have the right to stay chaste or even cover their private parts. First the head scarf will be banned, and then the shirts will be banned and then women will be fined for wearing pants or underpants. In pagan cultures, sometimes, women were simply not permitted to cover their breasts, and were charged hefty breast tax to get the privilege of covering their bosoms, much like some secular nations which fine women who wish to cover their hair in public. In many pagan societies, the breast tax was a poll tax imposed on women who were not permitted to cover the upper part of their bodies. In one of the historically recorded cases, women in the Kingdom of Travancore (in present-day Kerala state of India), was forced to pay a huge tax if they wanted to cover their breast. Breast Tax was an atrocious tax system imposed on women in the Kerala community if they covered the upper part of their body. Once the little girls reached the threshold of age 14, they were forced by the pagan leaders, to pay the state a certain amount of tax, which if they didn't adhere to, would be met with gruesome punishments. Some records report how women of that time were beaten in public with hot iron rods and other cruel forms of punishment if they dared to protest or tried to cover their chest. Men, however, were allowed to wear tunics without penalty.

Without religion, women will be treated worse than animals, as men will have no God to fear and sexually use whomsoever they please and even the morally upright ones will not know the difference between right and wrong. Some people who are addicted to sexual acts criticise religions because most religion ban sexual immoralities, and in order to build a case against monotheistic faiths, they often recall negative aspects of Christianity, like the interesting hatreds of the Inquisition, but will not talk about the charity of St Vincent de Paul. Indeed, our sexually active culture is religiously amnesiac. The famous British premier, near the end of his life, began to read the Bible. 'This book is very well-written,' he said. 'Why was it not brought to my attention before?' Many people continue to demonise any faith or religion or even culture that calls for abstinence, purity and celibacy, when they fail to realise that without sexual morality, humans will cease to be humans and become far worse than wild beasts, as history clearly showed us. The emperors of Rome were often so obsessed with having sexual relations with young boys that they hire professional anal sex experts on the imperial payroll. The pagan leader Tiberius hosted secret orgies with people who were experts in deviant intercourse while men like Nero were so into being as depraved as possible that he devised a game, in which he would attack and chew the private parts of men and women, who were bound to stakes.

Heathendom thrived on godlessness, and today, modern customs are once more teaching people how mundane it is to adhere to Abrahamic faiths and believe in the God of Adam. Religions are portrayed as evil and scholars and priests are framed as beaters and molesters. How sinister it is to make women destroy their own self-respect by feeding them false and methodically curated news. The dehumanisation of women will be a steady but gradual process, where first, godless perverted men will ban women from wearing a head covering, with the pretext that they are oppressed, and then after they make women ban headscarves, the media will make religious men appear violent and show how they 'threatened' women for 'not covering' their breasts or some other private body parts, and this will cause great outrage in all the countries of the world, and once more, women will join the bandwagon, and in protests, they will all unanimously and willingly, remove their tops and shirts, and walk round topless to protest against the oppression by religious men. Of course, those men in the media who wish to make women lower than animals will not be happy enough merely to have women remain topless, as they will seek to make them completely nude, and thus, those media outlets will frame a nation's morality police who practice religion, to publicly beat or humiliate women for not adequately covering their rear side, or frontal private reproductive parts. This news will be publicised in every news channel in the world, and once more, women will fall victim to this perverted propaganda, and all women will become emotionally charged and become completely naked in the streets in protest.

Then the media will make religious men torture women for 'not being chaste and for sexually being active in public', and behold, all women will protest and start fornicating in the streets in their noble protest against religion. Thus, the deviated people who control the media will have successfully made all women baser than pigs and dogs who are sexually active in the streets in front of their own children and niece and nephews and siblings.

Then these women will be told that they are free. But the real question we should be asking is how can one determine who or what is free?

What is freedom?

What are the women's rights if women do not have the right to be chaste and covered and be honoured and respected?

Humans do not always act for the economic or erotic now; and some residue of real human diversity persists. And while religious and righteous men and women may try to uphold morality and honour or women, they will be unsuccessful as those religious personalities will be painted as devious creatures. But we can hope that upon reading these earnest pages, some of us can uphold humanity for humanity's sake, and try to make an attempt at celibacy, chastity and purity. This should not be a chimera, as the human

soul is not yet, as Coleridge wrote, seraphically free, from taint of personality.

One would imagine that to feel proud to fantasise about another person's sexual humiliation and to get excited about worshipping other people's disgusting bacteria-filled body organs is inherently sick, wrong and disturbing, and yet, what could possibly be the matter with this generation who seek to glorify such vile practices, and in addition to being perverted in their thoughts, they try force their sexual philosophy on others. In monotheistic religions like Judaism, Islam and Christianity, sex was only legal for procreation, otherwise it was believed to be an abomination, because molesting someone and getting excited about sadistically using and abusing someone who obviously is going to give consent because of some reason or the other is wrong. Just because someone 'consented' to something does not make it legal. Consensual torture is not legal. Watching pornography and objectifying another human body is worse than any animal's perverted habit, because for those who spent even a moment of their lives in gazing at a sexually graphic image, has become party to a crime, for the person can never know what situation made that porn star do such a demeaning thing or pose for a humiliating picture. Perhaps, they were forced and coerced or threatened by pimps into making that particular sex film, or he or she fell into dire financial constraints. But in any case, I find it astonishing to see the gall and jealousy of sexually promiscuous disbelievers who seek to normalise sexual degeneracy merely to appease their lust, and just because religion teaches people to be a little human and respect yourself, they denounce god and curse anyone who takes the Lord's name. They insist that banning people from sexual freedom and fornication is a horrific crime.

But in reality, what is truly horrific are the millions of sexual crimes and rape that is happening around the world.

What is horrific is women being trafficked into sex rings.

What is horrific is mothers of young and adult children being forced due to poverty to turn to prostitution and selling their bodies and performing sex acts like pigs and fornicate in public to please her viewers.

What is utterly horrific is all the women and young boys who get sexually assaulted each day, and their abuser makes them watch sexually deviating videos and movies while abusing them, to groom and condition their brains to make that act seem legitimate.

What is horrific is media celebrities and Hollywood actresses whose step father that abused them freely and constantly watching their sex scene which they were forced to film and shoot out of peer pressure, hunger and homelessness. Indeed, everything related with sex is selfish, disgusting, demeaning and horrific, and yet, the audacity of people who praise sexual activities after witnessing all the abuse is astounding and unbelievable at times.

From this hour, should we all resolve to be pure, and from this day onwards, should all sexual intimacy and sexual acts be banned forever in our world, still it would never be unjust, and it would never hurt anyone one-millionth the amount of pain and degradation a single abused person feels in a day of their life.

The harms of sexual promiscuity far outweigh the supposed benefits. Sexually transmitted diseases are one of the direct harms of being sexually active, and this often causes death and deformation for many people, especially women and their unborn child. Each year, as the sexual practices of people become more degenerate, the number of diseases increase. In the past decade, cases of syphilis in babies have surged ten-fold across the United States, rising to more than 3,700 hundred cases in 2022. The Centres for Disease Control and Prevention reported there were 3,761 cases of congenital syphilis last year, a 31.7 percent increase from 2021 and 10 times as many cases than the 334 reported in 2012. This rise in cases led to hundreds of stillbirths and even more infant deaths. It is unfortunate that sexual promiscuity cannot be contained in our society, causing so many terrible diseases and infections in both men and women. Millions of children die each year from sexually transmitted diseases which pass onto them from their mothers, and this is a great loss to humanity, because genetically, each baby can carry a 10,000 years DNA memory with them and with their demise, mankind loses many gifts.

Even if every single sexual relationship is banned and all forms of sexual act are banned from today, still it would be much better than letting any sexual movies or sexual books or anything that is remotely related with sex to be ever allowed in the world to be displayed, propagated, produced or played out or published, because it would not cause humans any pain, even if slightly diminishes their sexual pleasure.

A Prognosticating Drift:

To all the producers who produce sexual movies, to all the directors who direct women to become naked and objectify themselves and fornicate like animals in front of the whole world to give sick minded people sexual satisfaction at the cost of their honour and body and their sense of respect and sense of reputation, to all the publishers who publish books sexualising women, objectifying woman and writing graphic sex scenes making women nothing more than an object of sex by removing and destroying her humanity, her love, her honour and her motherhood and not caring about her pain and her degradation and only displaying her as a cheap object to fulfil someone's lust or offer sexual satisfaction; and to all the website administrators who allow pornographic image and pornographic videos of men, women and boys to be published in their website, ignoring the fact that starvation, homelessness, fear or pain had forced these young men and young women to come in public and objectify themselves and lower themselves more than any animals in the planet earth even demeaned

themselves, just to get some money to feed themselves and their children; know that you are the worst type of human beings in the world. You have caused the abuse and the rape and sexual assault of millions, if not billions of women and young boys in the world. For your selfishness and your lust, and for your greed, millions and millions of boys are now being sexually abused and their abusers are watching these films and reading these sexual articles justifying themselves, and even acting like martyrs while abusing the vulnerable young boy, destroying his soul, his heart, his humanity and his faith in men and his respect for brotherhood and his sense of camaraderie within the sanctuary of his gender, and you should know that had you never made these sexual movies, millions of young boys would not have been abused. If you had not made those movies and videos and pornographic films and written sexually deviating articles, then millions of boys and girls would not have been raped, beaten, abused, electrified, gagged, tortured or humiliated to the point that they lose their heart and their soul and become the monsters of the next generation, who will kill without remorse and murder without guilt and rape without feelings and vent their pain and their anger and their hatred and their cruelty on other innocent children and other human beings, continuing this path of madness, cruelty and sexual torture and inhumanity until the world no longer is suitable for humans and humans will hide away from humans and take shelter with beasts and animals because people will become far more worse than any animals that ever existed in the world.

I do not exaggerate when I say that no goodness ever came out of any sexual movies. Indeed, no love ever came out as a result of any sexually deviating movies and films and books. No greatness, no martyr, and no humanity ever came out of sexually deviating movies or love preaching movies which often turns into jealousy and that jealousy makes people torture their rivals and that tortured rival becomes broken and starts stalking someone and that person becomes broken and so the cycle goes, oftentimes, which starts with the simple and innocent act of love and preaching love, a love that is not pure love, because it has sexual aspects to it. If the whole world and all the media would ban every single sexual movie, every single sexual news, and delete every single sexual interview and erase every single sentence related with sexual intimacy right now, then not one extra person in the world would get abused, and not one more would get raped and not one additional person would get harmed or hurt and no one would suffer from this global abstinence, but millions will and are still suffering because of the perverted and sexual films and books which adorn every shelf and aisle.

And if, because of people's obsession with sexual deviancy sexual relationships and sexual acts makes even one extra person get sexually abused, or one extra person gets sexually groomed, or one extra person gets seduced, or one extra person gets sexually abused, then the whole world deserves to be celibate for the rest of their lives in solidarity for all

the abuse all the rape all the torture all the murder all the seduction and all the grooming that they have indirectly or directly been a part of.

Religions, such as Islam, have been so severely scorned that rather than accepting it as a millennial enterprise of faith and promise, the media tried to portray all moralistic Abrahamic faiths as bigoted ideas. When this new sexual occasionalism invoke the past, it does so with reference either to fabricated scriptures, or verses stripped of their normative exegetical armature, or to those dubious events which remain in the consciousness of a citizenry raised on enlightenment and thus, clashes with obscurantism. In this modern world, we find impersonal backgrounds everywhere., and warmth and emotion like love, selflessness, humanity, brotherhood, and sisterhood have almost been obliterated from the face of the earth. Every single aspect of our lives, and every single relationship and every single conversation and every single political speech and every single movie and every single interview and every single TV show and every single book and every single article that are published have become most sexually deviated, as though, for some inexplicable reason, nothing in the world can be pure, and no language can be pristine, and no joke in the world can be sexually free from deviances. Every letter of every word, every number and every digit, and every sign and symbol have been twisted into sick and revolting expressions of sexual degeneracy. Alas, how people have forgotten humanity, love and brotherhood and sisterhood and forgot all selflessness and instead of compassion and purity, they have been justifying sickness and perversion to themselves by sexually becoming obsessed with lust and perversion, and worshiping those who are most sexually perverted and most sexually active and most sexually insulting and most sexually deviant by praising them and glorifying them as martyrs and setting them on stages as the greatest civil rights activists.

When human beings start to sexually objectify each other, then all humanity vanished from their heart immediately because people can never love someone whom they sexually objectify, or see as an object of lust. Love and lust can never be in the same heart towards the same person. The level of love and the level of mercy have gone so far away from the hearts of people and sexual madness and sexual deviancy have become so inbred into the veins of many people of our generation due to the prevalence of pornography and sexual articles and sexually deviant books, that should a natural disaster take place, or should a pandemic break out, and cause the world to go into prolonged starvation or face some vicious economic crisis or should a violent warfare break out, then there shall be no man in the world who will give charity to a starving mother or a famished young woman without making her sexually serve him and all his friends and make her act most degradingly by replaying and re-enacting all the horrific sickness the graphic images in pornographic videos had taught him, which he and his comrades have likely watched growing up.

Due to sexual deviances, there is no humanity left in humans, because most adult humans have becoming sexual animals. This sexual madness is lethal,

because it does not let a human being stay human. It diminishes the brain and turns the mind of the lustful person into a bestial monster and makes the person a selfish thing who care for no one's heart and soul and only sees their own lust, their own fulfilment, their own desire and their own fantasies. They forget humanity; they forget mercy; they forget love; they forget the humaneness of a human being, and instead they only objectify everything and everyone and look at every picture with revolting lust, and watch every movie and every doll with carnal desires, and speak every single word and utter every syllable with perversion as all of this have already been sexualised by people. There are thousands of English words right now in the modern dictionary of youngsters which would shock you into oblivion if you knew what people imply when they utter it. Indeed, it makes me cringe to know that whichever word you say or imagine to mention unrehearsed has a debauched and sexual meaning to it. Sometimes it feels as if the world has gone mad in this sexual madness and sexual deviance. Naturally, all this degeneracy have been taking place in the name of freedom.

If we try to reconsider what freedom really is, we must ask critically: What is freedom?

Sexual activists who acts like libertarian mercenaries, claim they want everyone to have freedom, including the freedom to fornicate in public like pigs, freedom to defecate in the street, freedom to engage in 'consensual sexual torture', freedom to sexually pleasure oneself in public, freedom to stay naked like animals, freedom to have sex in groups in the streets, freedom to marry one's own gender whom they were supposed to protect like one's own sibling, eventually freedom to marry one's own parents, freedom to marry one's own children when they reach the legal age for 'love', freedom to become a man like in America where all men freely can go to women's prison and sexually assault women (with all female penitentiaries having numerous dispensers regularly handing out condoms to biologically male prisoners to facilitate this rape) because those men have the freedom to call themselves women, freedom to teach children sex acts like in the United States, where five year old children must learn sex in schools, or the freedom to castrate one's children after the child is brainwashed by the media.

This is freedom.

And this freedom will destroy the world one day, and this freedom will one day make monsters out of humans.

Humans cannot be 'free' and still be humans; however, animals are all 'free'. Undoubtedly, we can always take moral lessons from animals and become like them.

One day, without religion, we will become like the Phoenicians and Aztecs who burned and tortured their children to death for their idols, or like the Greeks who often flogged adolescent boys to death in Sparta to please their pagan idols, and the modern sexually free people will have the freedom to

kill and torture their children because no God would mean no religious law, and thus, no measure of right or wrong, as man-made laws can suit men and are changed and amended by men and new laws appear every day or every year, until the strong and the sexual exploiters control people's law by brainwashing them into getting themselves sexually used and abused and their children too. They can legalise incest, baby sexual assault and allow marrying one's child or parents, as these man-made laws can control the age of consent. Man-made irreligious and godless laws can ban women from wearing any clothes by brainwashing women that covering one's breast or private organs are 'oppression'. Man-made laws can force women to have sex in public like pagan Babylon where every woman was forced to prostitute herself the day, she reached the age of puberty or like the Romans, who did not allow women to be chaste, and if they ever found Christian women who were virgin, the heathen leaders would make gladiators rape the girl and then feed her body to the wild boars in the arena. Yes, man-made laws are terrifying and much scarier than Christian, Islamic or Judaic laws, however disagreeable it seems now.

SEXUAL THOUGHTS OR FALLING IN LOVE:

While love is a beautiful thing, to mar it with lust makes it one of the most dangerous emotions in the world, because love alone makes a person sweet and amiable, but the moment that person lusts someone else, and thinks about the object of lust, sickening thought can invariably enter that lover's mind, and these thoughts can do unimaginable harm to humans. Such love and lust are the worst thing a person can do to themselves.

Love within a family is pure, and parents can love a child and think about the child's safety and success all day, without ever becoming sick or lustful about it, but when someone falls in love with another person, they cannot retain a pure mind and a clean heart, and thus, it is dangerous.

How can we find enjoyment in having fantasies of insulting ourselves or insulting someone else's body? Sexual relationships, physical or mental, all ends with one thing, which is lustful actions, and indeed, the act or the thought of it is very harmful, as it is nothing but enjoying the act of abusing another human being, or taking pleasure in the molestation of another person. You might make yourself believe that the person wants it. Certainly, the person might agree or act as if they want to do that sexually degrading action for some reason or the other, possibly for some financial situation or maybe because of mental dependency or perhaps because the person do not have a place to live, or maybe because they think they need your help, or maybe because they are afraid of being alone, or some other intricate reason, but you will never know whether they emotionally and physically want it sincerely or not. Thus, most sexual relationships in the world are non-consensual, although they appear to become sensual, and this act of molesting another person is the most heinous crimes that could ever take place in the universe.

Paganism has no moral laws as heathen do not believe in the God of Abraham and do not need to follow any of the Ten Commandments, and are therefore free to do whatever they wish. People who are agnostics and atheists often claim to be morally upright, and while they may be truthful in their virtue, other godless men like the Roman leader Caligula, were unable to figure out what sorts of sexual indulgence should be legal or forbidden. According to Caligula's biographer, "He lived in habitual incest with all his sisters, and at a large banquet he placed each of them in turn below him, while his wife reclined above." His sister Drusilla was his favourite, having had sex with her when he was but a boy, while his other sisters, he was somewhat less fond of, and thus he often prostituted them, forcing them to serve thousands of men until they died from those sexual acts. Religion, then, is necessary to maintain some level of sanity and humanity, as all Abrahamic religion forbids any type of incestuous prelateship. It is in this frankly primitive condition that we seek to discuss religious acts which, against all the predictions of our grandparents, claim to interrupt the progress of history towards a world in which there will be no continuity at all. To the perplexity of sceptics, history does not seem to have ended. However, in this sexually deviant world, one must try to be pure and chaste in order to ensure we do not completely lose all vestiges of humanity. In order to be human, we must never indulge in lustful behaviour. To think about someone sexually is the most violent kind of abomination and abuse that one person can render to another. You cannot mentally think of constantly molesting someone. It is plainly and unequivocally wrong. That person does not know that you are thinking of them in a sexual way. Why would you find enjoyment in having mental thoughts of sexually using someone else's body without their consent? Why would you let yourself enjoy such an evil action and such an insulting and demeaning behaviour?

Sexually dreaming and thinking about molesting or lusting someone is an abomination of the worst kind, because it is as if you are constantly mentally fantasising about killing someone or murdering someone or injuring someone or torturing someone. Morally, it is petrifying and evil. But having sexual thoughts are far more worse, because this is emotionally and mentally making yourself enjoy that hypothetical sexual encounter. Thus, you are making yourself more prone to sexual slavery, and more disposed to sexual immorality. At the same time, you are training your own brains to be fascinated and excited about molesting or abusing someone sexually, whether with their consent or not.

We must all try to be human, and you must train yourself to respect yourself. You must train yourself to honour yourself. And the first step towards honouring yourself is to make sure that your heart and your mind is pure. Never have any thoughts inside you that will make you sexually morally corrupt. Never enjoy the thoughts of molesting someone or sexually abusing someone or sexually being involved with someone. Today's media glorifies every form of sexual perversion and the rest of the canaille is told that the entertainment industry is eligible for the only privileged societal discourse to whose canons the public intellectuals must conform, if they wish to become a credible guide or even wish to continue existing within the periphery of humankind.

Sexual thoughts make people humble, cruel and enslaved and makes them feel disgusted towards themselves. It makes people look down at themselves. And when someone constantly looks down at themselves, deep in their heart, they know they take fancy in other people's sexual body parts, or fantasise about an imagined lustful encounter, and seek excitement from thinking of others sexually, then that person eventually performs those acts and becomes sexually enslaved by every single person whom they find attractive. They become so mentally weak that they cannot fight with their attraction and thus, they run after the chosen person and start stalking them. They fall in love or that is what they tell themselves. But in truth, they are sexually enslaving themselves and are too weak to fight off this sexual degeneracy, because they look down upon themselves and thus, they worship other people. They worship others people's sexual body parts others and adore those dirty and filthy parts so much that they worship that person. It all begins when a person cannot honour himself enough, or when this sexually active person does not respect himself enough to control their own thoughts and their own mind and cannot stop their brains from thinking of others sexually.

In this sexually revolutionised world, we see that amidst our current crisis of wisdom, the media also seems to provide the language in which the public discussion of sex and morality is carried on. Thus, chastity and religions become the humiliated emblems of ancient evils, and people take their morality to be that which visibly clashes with the caprice of characters in relation to common sense. How then must one retain civilisation and humanity in this world?

One must honour oneself first to be part of a civilised race. One must look at oneself at the mirror every day and be able to be proud of himself. If one is not happy with oneself, or honours oneself or respects oneself, then that person is bound to become enslaved to everyone. They are bound to become sexually enslaved to the filthy body parts of others. Initially, people are mentally enslaved and then they love someone randomly, like a stranger who appears attractive to them. Then, they become emotionally weak and they fall madly in love with that person for no other reason except for being someone whom they want to serve with their heart and soul. Then, they worship that person, and when the worshiping goes to the most extreme level, they start sexually worshipping that person's body. They want to serve that person, not only financially, emotionally and physically, but also sexually, with their own sexual body parts, which is the most sanctified part of a human being's body, and something which distinguishes and differentiates humans from animals. But the person who is mentally and emotionally and sexually weak and morally corrupt and who chronically looks down at themselves, they will worship someone mentally and then emotionally and then physically and eventually when they become absolutely obsessed with that person, they become eager to serve that person sexually. They start worshipping that person's sexual and filthy body parts and find excitement and happiness only when they can worship that part of their body more vigorously. Scientists reported that sexual addicts who watch pornographic films regularly begin to worship the sickening body parts of the adult sex actors, that they spend money to purchase each porn star's silicone body organ moulds that resembles a real human. This form of sexual worship is alarming.

The protagonists of the current sexual conflict are unusual in their confidence that history has not ended, although millennialism seems to hover in the background on both sides, helped along by the frequently natural and unnatural disasters. The triumph of the sexual revolution, or the resurgence of a sexually free culture, interpreted by bestselling authors as a complete and ideal mode of life, signals the end of a growing worry about the religious meaninglessness of late modernity. Tragically, however, neither protagonist seems validly linked to the remnants of established religion, or shows any sign of awareness of how to connect with history. Fundamentalist disjuncture is placing us in a kind of metahistorical parenthesis, an end-time excitement in which old rules are irrelevant, and celibate people and sexual activists are the only significant gladiators on the stage. Lustful fundamentalists can insist that the moment is all that is real. But no lasting goodness can come from selfish and lustful encounters, as people who are emotional often get addicted to other humans and become so enslaved to that person that they want to serve that person and insult themselves and demean him or herself to that person in an effort to make them happy. This situation would never have happened if that person had worshiped his own person, or honoured himself or respected himself or thought of himself to be a higher, more honourable and more respectful human being.

SEX AND SELF-CONTROL:

To maintain a basic level of human dignity, one requires the support of a higher power to supplement his or her mortal weaknesses. Thus, it is important for people to believe in a god and to worship God. When people attach themselves to a higher Creator of the heavens and the earth, they tend to honour themselves and their bodies too, as a spirit of that nobler Being. On the contrary, when people think of themselves to be the children of animals and the grandparents of animals, then they tend to start behaving like animals and want to serve every single person in the world sexually. Eventually, that person loses self-control, and when they become mentally very weak to the point that their morality and mental control and physical self-control and emotional regulator completely gets disconnected from their minds because of their mental weakness, and then these people will eventually start worshiping their own children, their own parents and that worshiping, when it reaches extreme levels, as they consider themselves to be animals, than intense obsession might even become sexual, which then breaks apart the fabric of family and could potentially destroy the last strand of a human's humanity and make humans the worst kind of animals in the world. Since humans are intelligent, when we become sexually immoral and spiritually sick, we become worse than animals in our perversion, as no other animals in the world has the mental ability to build towers or conduct scientific research or write fantastic literature like poetry or understand and follow religion or love each other so powerfully that they can defend their families unconditionally, and not become sexually involved with their children but give them charity, take care of them and love them selflessly. Humans can eternally love their parents selflessly or care for their children eternally, unlike animals who care for their young instinctively, but forget all about them as soon as they are older. Only a human being is capable of all this greatness.

But once a human being starts thinking of himself to be an animal and find it unnecessary to attach himself to a higher power of a higher god, then that person eventually becomes so humble and so slavish and so disgusted with himself, that he starts worshiping anyone and everyone he sees, or who he feels attracted to and eventually, the person starts worshiping their lover's sexual body parts and serves them with his body parts. This is the final consequence of those who do not believe in a god. Although there may be some people who are so honourable and proud that even without believing in God they can stay chaste. But that is very rare indeed.

If you want to retain your humanity, then learn to honour yourself so much that you honour your mind and you honour your heart actively, and this will allow you to control your thoughts and control your heart. Never let yourself fall in love with other people who you are sexually attracted to. Be honourable and free, and not like animals who race and chase after an

attractive member of their species and even attack them in an effort to mate with them.

All Abrahamic religions and for that matter, any discourse about chastity and morality have been swept away by the hypersexual media, which attempt to portray celibacy as cruelty, and refuse to acknowledge that monotheistic faiths such as Judaism, Islam or Christianity, did not present to man any harsh or severe set of rules, but offered liberating cultivation of the virtues rooted in centuries of human experience and example. For those who are addicted to sexual acts, you may deceive yourself into thinking you are doing something noble, or you may believe yourself to be a martyr in love, but it is not love to sexually worship someone because it is nothing but sadism and weakness.

You can only truly love a person when the relationship between the two is pure and non-sexual. For example, you could truly love a person when you protect them and love them as your own children as your own siblings as your own parents. But this purity in love will have no value in the future generations, who may even make it legal to enter incestuous relationships like the pagan emperors of Rome, who often legalised incest, or married their mothers, sisters or daughters. Siblings and parents and children are people who are meant to be loved unconditionally, and if you trained yourself to love others as purely as you loved them, then rather than sexualising every encounter in life, you could have loved young people innocently, and you could have loved orphans and you could have loved helpless people and you could have loved the elderly people and you could have loved good and emotional people and you could have helped them without demanding a sexual return. But when you are falling in love with someone, and lust their body, you are nothing but a pawn which is worshiping a human flesh and lusting someone, because you are sexually worshiping that person because of your own mental weakness and your own self-loathe and as a result of your own self-hate and humbleness.

Do not let yourself ever mentally or sexually worship someone to the point of falling in love with them. No good thing ever comes out of a sexual love. Only jealousy and weakness manifests, which diminishes a person's ability to go farther in life. It is also a severe form of selfishness to lust after a human body, when millions of people barely have enough food to survive. While people are suffering around the world and children are dying in every continent of our world, how can you justify to yourself the correctness of worshiping someone sexually and only thinking of your own happiness and brainwash yourself into believing that the person will also become happy when you sexually serve them by giving them lustful service with your body. Many philosophers have attempted to teach the beauty of celibacy to their students but most were crudely silenced by sexually indulgent pupils. Most of the moral reformers who attacked the glaring injustice and perversion of the moral sense invariably found that their real adversary was not at all a

false sentiment or a deformed feeling, but an irrational falsehood and sensual insecurity. The sexually promiscuous disciples often denounced those philosophical persons for their alleged wickedness, and sexual injustice, when they were in their intentions neither wicked nor unjust, and they believed themselves to be in the right, and that the real tyrant, the real evil-doer was the lustful opinions of men who were enslaved to the human flesh but propagated some intellectual absurdity which justifies their perversion in their own eyes.

Typically, when someone becomes emotionally and sexually enslaved to someone else, by falling in love with them, they eventually become untrustworthy due to being far too weak emotionally, and they become too emotionally unstable for other people to trust them. If you had children, or young people under your care, then you would want them to safe at all times, and you would not want to trust your children under the custody of someone who falls in love with children, although he cannot help it, even if for some reason, that person never acts upon those paedophilic instincts. Maybe that person will never act upon their sexual fantasies because it is morally wrong to lust children, but you will never be able to feel safe to keep your children in their company. They will insist that they only lust a particular child, or maybe, swear to you that they will never indulge in any inappropriate behaviour with your child, or mayhap, any child, but, as a responsible parent or caregiver, you still would not ever trust that person with your children. It is the same with adults. It is the same with people who we interact with as well. People would be hesitant to trust their daughters or their wives or their sisters towards a friend who might sexually fall in love with them or become attached to them in a lustful manner. They would rather choose someone who sees that person as a sister or as a daughter or as a son or as a grandson or as a father or as a grandfather. They would not trust a man with their teenage child, if they find out that the person has or will potentially fall in love with their son or their daughter. Thus, if human beings do not trust someone who has the potential of sexually falling in love with them, then how can you imagine yourself to be honourable if you let yourself fall in love with other people sexually and secretly lust after their flesh or dream of molesting them in your mind, which is equally horrifying as physically molesting them, and therefore, masturbation often is seen to be the worst form of abomination, because the person you are secretly imagining to be a sex partner is oblivious to your devious thoughts. Be a proud and honourable human. Fight with your own thoughts. Control your own mind. Take control of your own mind before your lust takes control of your heart and mind. Because lust is a raging animal. It sexually makes you worship everyone, regardless of gender or blood ties. It makes you an animal when you are worshiping someone and hating everyone who tries to stop you from having that person in a sexual manner. Lust makes people act and think like animals, whereas, chastity and celibacy make humans angels.

No matter how desperately you find yourself falling in love with someone, as there are some amongst us who are hereditably emotional and mentally weak, or genetically sensitive, as our parents may have been sensitive, and this makes us emotionally and sexually weak, but no matter how much fragility we face, we must fight even more powerfully against these thoughts and wishes. Otherwise, this one thought, this one act of worshiping another human, and this one madness would eventually become an obsession which can destroy even the greatest of men and make the most honourable men into the most dishonourable man in the world. It can make men sexual slaves. It can destroy a man's mind and erase honour and wipe away all his sense of self-respect and ego so much so, that he enjoys sexually serving that man or that woman. And their minds become devoid of goodness, because nothing except perverted ideas of sexuality and the worshiping of their lover's filthy body parts festers in their mind and nestles in their hearts. They forget about loving humanity and they forget about loving their own family. They forget about all the suffering of the world and only dream of more sexual pleasures, while still considering themselves to be brave martyrs and sufferers for not being able to fulfil their own sexual dreams and then, they go on to fulfil their own lustful needs.

Sexual promiscuousness is an illness, which eats away the heart of every human who comes into contact with it, so, keep away from all things sexual and do not justify your own actions by saying God made me like this and so on or so forth. Do not justify your sexual degeneracy or victimise yourself by saying you could not control your heart and you fell in love.

Being sexually weak is not an excuse humankind are allowed to entertain. How can you possibly say you could not control whom you fell in love with? Humans are not animals, and animals cannot control who they fall in love or lust with. They see a beast prowling and howling, and become mad to have sexual acts with that animal, regardless of whether the beast is related to them by blood or not. Humans, on the other hand, are considered superior to all other creatures due to our self-control, particularly in relation to sexual feelings.

If you are so weak that you cannot control yourself, then train yourself to be strong and take full control of yourself or else, you will find it very difficult to remain human. Indeed, you would not want your own heart to fall in love with anyone and everyone regardless of whether they are your bloodline or your killer or your torturer or the killers of your children or the killers of your parents. Because when you do not control your heart, and when you do not control your mind, your lust will enslave you in the most horrible way. And that lust will not leave your mind until it makes you worse than an animal. It will make you enslaved sexually, mentally, emotionally and physically to anyone and everyone regardless of that person's goodness or badness or that person's history or that person's gender or that person's

blood ties with yourself. Eventually, you will end up becoming the most despicable human being in the world.

It is no excuse that you cannot control yourself. Take control of yourself. Control your passion. Control your lust. Control your heart and control your mind. It is your own duty to make yourself honourable and respectable. It is your own duty to keep yourself a human being in the world.

Should you fall in love or find yourself becoming enslaved to someone mentally or emotionally and sexually attracted to a certain person, then arm yourself with honour and prayer. Start praying to God to free yourself from being enslaved to that person. Avoid that person at all costs, and worship God even if you do not believe in Him. There may be no evidence to you that God does exist, but remember one thing: just because you do not see the evidence for something does not mean that that thing does not exist. So, force yourself to believe in God for at least one hour each day and pray and cry to God asking Him to free your heart and allow you to honour your heart and make you respectable and proud enough so that that you do not become enslaved to anyone and everyone that comes your way. Pray sincerely for freedom so that your actions, and your money and your brain and your mental health does not get completely enslaved to a person to the point that you live and think you and act and do everything in your life only for that person's pleasure. When a respectable scholar fell in love, he became crazed with his obsession for that person and sexually desired his lover constantly, but he forced himself to be free by moving himself physically away from the lover, but it took years for his heart to be truly free. He once admitted for the first seven years, he held imaginary conversations, dreaming that person was talking to him, as he chatted away elaborately in his office, for hours each day, until he realised that such sexual fantasies were not benefitting him in any way, and with the aid of prayer and pride, he was able to free himself from the clutches of sexual slavery.

Do not let yourself get enslaved to another human being. You have only one life and one mind and one heart and every minute, your life is fleeting away in front of you. Take the chance and prize every minute and do something good for humanity. Do something good for yourself. Do not fall in love with people and worship them sexually, physically or mentally and become jealous of all those who try to take that person away from you. Because jealousy makes animals out of humans. It destroys every bit of mercy and erases every bit of love and every iota of humanity from even the greatest human beings in the world.

Pray to God to free yourself. It is true that some people are naturally gifted with pride and honour and self-respect and they never fall in love with anyone. Others are cursed with the genetical information that makes us enslaved towards other people or anyone who is nice to us, or makes us insane for anyone who is beautiful or towards anyone who smiles at us because we may be naturally humble due to genetical information or because we are warm-hearted or because we are merciful, and so we fall in love and become enslaved and eventually, this slavery becomes sexual as

well. So, control yourself if you find yourself naturally inclined to worshiping people. It is not your fault, rather it is your gene's fault. But with that genetic fault comes a warm heart and so use that warmth and that mercy to love everyone equally and not just one person sexually.

Sexual rights have taken precedence over humanity and equality, and every deviant and lustful person have the right to publicly display vulgar behaviors in this sexually liberated world. If anyone should venture to raise a doubt about the right to inflict deliberate and irremediable lustful deformation on the defenseless mind of a child, or to instill irrational sexual prejudices, to teach carnal falsehoods, to cripple and completely his rational powers, to poison the sources of judgment, to rob others of their human heritage, such a suggestion would raise a storm of righteous indignation, the cry would go up from every tier of society that the sacred rights of conscience are being challenged, that it is sought to bring back the days of persecution and sexual intolerance, that liberty of sexual activities and freedom of teaching vulgar behaviour, the most indefeasible rights of the subject are being menaced and violated. For any parent to object to the sex education of their child would be unthinkable as it would be as scandalous to dispute that the parent has as absolute a right to strangle a child's mind as it would formerly have been to dispute his right to strangle his body. To interfere at all with conscientious opinion is rather worse than bad taste. All sincere opinions, no matter how vulgar, are honest. Combat sexual urges with prayer, and while this advice may sound dubious to some, and they might argue that praying is useless but, rest assured, it is not useless at all. Prayer can give you strength. It will give you hope, and sometimes, hope is all you need to control yourself and save yourself from becoming an animal or a slave of a human being. Sometimes, being a slave of God is much better than being the sexual slave of a person who you will give your heart and mind and serve faithfully for ten or 20 years, only for that person to rejoice after you die. Maybe, that person will celebrate your demise and find another lover who will worship him or her, love him and serve him or her a hundred times more than you ever could and they will forget about your existence and ignore all your hard work and sacrifice in one moment and actually hate you, because that new lover will love them 100 times more madly than you do, and that person will bring forth evidence of your evilness to them. So do not waste your life worshiping another human being and serving them sexually. It is better to worship a God, a Supreme deity, a Higher Creator who is Pure, who is sinless, who is celibate, who is Great and honourable. It is better to worship Him and connect yourself with Him, rather than worshiping a human being and being enslaved to them and forgetting about all of humanity and love and mercy and to be eventually drowned in jealousy, self-hate, anger and mental depression and co-dependency.

Sometimes all men need is the hope of God to be able to remain generous and be a good human being. Sometimes when people suffer most bitterly, all

they need is reassurance, knowing that their suffering will not be the end of all joy, and that they will have a recompense in an eternal afterlife and this is what keeps humans humane and sane. If people had no hope, they simply could not survive even the most trivial torment. This hope in the afterlife of God, this is what keeps man from not taking revenge and destroying everyone he suspects to be his enemy. Thus, it is much more honourable to believe in a God than not to believe in a god. It is much better as a human being to believe in an eternal life than to not believe in an afterlife. For example, when a person is starving and trapped in a pitiful place, and when a person is under siege or trapped in a nation where a nuclear war takes place and there is no food or even fresh water, or should a person get stranded after an airplane crash and there is no one around them, or should a person get a life sentence in a brutal prison and gets sexually assaulted or gets trapped inside a cell with no guards around or alive to keep supply prisoners with food, and every violent prisoners faces the most acute hunger and in this dire situation, people, or at least most irreligious people, would turn to cannibalism and eat their most chummy or fat friend. Survival instincts will kick in and most men, who do not pray to God and believe in a religious scripture that prohibits cannibalism, will find it reasonable to kill and consume their fellow mates and comrades. This behaviour comes from hopelessness and thinking that only this life is the life they have.

Without God and religion, most people become so wild and feelingless like an animal that they start cannibalising each other. But should a person in that situation have faith in God, the first thing they would think and say and believe, is that if God wanted to give me food, then I would have gotten it and if I die today, from hunger or starvation, then God will resurrect me and give me a heaven and so I shall live eternally in His kingdom of heaven.

For that god-fearing religious person, it will not be an attractive prospect to cannibalise his friends or kill them in order to eat their flesh as meat, because for him, this life is not all there is, and he has hope in a far better and purer world, a place that has no pain and sorrow. The believer of God does not believe this life is all they have, because when a criminal hurts that person, they will believe that God will avenge him on his behalf, and thus they may prevent themselves from killing someone or hurting someone who might have been innocent despite clear proof, because no evidence is 100% accurate.

Since love and gratitude are often interrelated, when a person falls into distress, and another person comes to save them, they become insanely pleased with that saviour and tries to love and serve them. This gratitude-turned-love is often one of the main reasons for which people give into to base desires, but it can be combated if people chose to believe that every goodness which comes into their lives comes as a result of the actions and commands of a benevolent God, and when someone risks their lives and saves them, they should thank God instead of that person, and be grateful to the God who sent the person rather than worshiping or adoring the saviour to the point of insanity.

Religion plays a major part in this psychology, as a religious person is inclined to pray to God and be grateful to a deity if and when someone helps them or eases some earthly burden from them, and in addition to praying for that helper, they also pray for them and want good for them eternally. But since religion teaches men that every goodness comes from God, they do not become obsessed with serving the saviour and becoming enslaved to them for the rest of their lives. They believe the help had come from God. Thus, religion offers a way to prevent man from becoming the salves of men. Religious beliefs serve to save a human being from too much love and too much hate and too much hopelessness.

God is necessary. Believing in a God is essential to keep a human being from becoming too desperate for certain things in life, or from becoming too obsessed over one person, or becoming too attached to this life of this world thinking there is nothing afterwards, and this is a very harmful mindset, that can cause lasting damage to the heart and mind.

The existence of God is necessary to stop a human from thinking there they require wealth for a comfortable life in this world. God is necessary for mankind, or else people will kill each other whenever they fear starvation and assault each other whenever they feel attracted to someone, without the fear of an afterlife and become selfish animals without the hope of a heaven or hereafter. If they find someone physically appealing, they will pounce upon them, thinking there will be no life in the hereafter, and so they can act as they please, without the fear of eternal judgment and damnations or rewards.

People become jealous, people become selfish, people become mercenary, and erratic when they do not expect a reward from God for the good things they do, so when a person intends to help out another fellow in need, rather than giving charity and expect a reward in heaven, the person will attempt to conduct a business and sell a product instead of giving it for free to someone who is a destitute.

Selfish instincts will take over a person's heart and overtake all common mercy and compassion that even if a refugees or a helpless women and children come to them for aid, or if a homeless woman asks for alms to feed her children and starts begging, men who do not believe in an eternal afterlife where all good deeds will be rewarded with ten-fold blessings, may feel inclined to elicit favours in exchange for the aid, and so, instead of giving her charity for the sake of God or the hope for reward from heaven and God, those people may ask her to do shameful things in return for that money. That makes the abuser more inhumane than the abused. And it also makes the abused ones and the victims hate humanity and lose all hope and all love and all mercy and all loyalty towards fellow human beings. These actions would never have happened had people believed in a god or held faith in an afterlife or hoped for a reward from heaven or god. Thus, it is important for people to believe in a God and to have hope in a Deity and to stay as sinless as possible, and to honour oneself, knowing that all of humanity is but a part of God, and therefore, the body is sacred and must

ever be demanded. Belief in God would mean a person would be less inclined to think of oneself as a low and demeaning creature, or as an animal whose life's only purpose is to serve himself sexually, to survive physically only to worship others sexually, and eat and kill and die like beasts and other heartless and brainless animals like dogs and pigs and alligators who mate and breed, and kill and die and even torture and consume their children.

DOES GOD HATE SEX?

When any debate about sexuality and chastity comes up, one question is oft-repeated:

What is the connection between chastity and religion?

When we refer to religion in these discourses, the three main Abrahamic faiths are meant, i.e., Islam, Judaism and Christianity. By saying the Abrahamic faiths, I do not mean other religions of paganism sources, or the ancient idolatries where there were no established ten commandments to govern men and nor were there any specific laws against sexual immorality. I mean the Abrahamic religions when referring to religion, as these major belief systems adhere to moral uprightness and has strict laws forbidding all sorts of sexual excesses and promiscuousness.

RELIGION VERSUS SEX:

Over the many years that I conducted investigative experiment, and interviewed hundreds of participants who volunteered to take part in my genialised study of chastity, celibacy, productivity and religion, I found many interesting results and discovered that religion had a huge part to play in people's promiscuity.

The results of this investigation truly baffled me and I was at a loss as to how it had come to be.

After sharing this research paper with several post graduate students of psychology and several behavioural analysts and criminologists, the social scientists had come up with multiple theories to explain and better understand the connection between the research findings of sensuality vs religiosity and the human behavioural patterns throughout history and geopolitical perspectives about the notion of celibacy.

Below are the three different answers from three divergent groups of experts, as to explain in their own words the connection between God or religion and sexual lust.

Portions of this study was conducted online after conducting interviews virtually. The third and final part of these explanation was taken from several religious bloggers who had been involved in similar research in their religious administration.

It is an honest, half-hearted attempt of several academics to explain the connection between sexuality and spirituality.

This study can be seen from two different perspectives, and has been proven repeatedly, but two general hypothesis was concluded:

1: Those who worship humans cannot worship God.

2: Those who worship God cannot worship humans.

Let me elaborate these points:

1:

Those who worship their lovers and their life's whole purpose is to please themselves sexually and please their sexual partners sexually and emotionally and physically, grow to despise religion as it curtails sexual madness and preaches sexual self-control and forbids and curtails many pleasures that are related to sexual slavery.

Religion forced men into freedom. Religion forces men and women into honouring themselves, by forbidding any sort of sexual relationships and sexual acts which does not lead to procreation. Those men who want to sexually enslave and insult other men and women, are forbidden by religion into doing so, thus in order to legalise their sexual perversion they try to destroy and disbelieve in all three Abrahamic religion and either make a religion of their own which shall justify and celebrate their sexual grooming and abuse by branding it as love and basic sexual rights or they must become absolutely faithless and make people believe they are animals who have no religion and no laws to follow and thus can sexually abuse and seduce and molest whomsoever they want, and those sexual perverts must also believe they shall not face any punishment or justice or hellfire and should they be able to brainwash their sexual abuse victims into believing what is being done to them is love then they can actually celebrate their deviousness. This is done by all sexually perverted men and women and they naturally dislike all three Abrahamic faiths.

(Note: Not all irreligious people are sexually insane or puerile, but all sexually insane people are faithless and godless, although they may sometimes publicly claim to be religious only to frame religious men and sexual predators to make religion look bad)

2:

The second hypothesis pointed out how anyone who believes or worships a God cannot ever worship human beings, merely because they do not

consider any man or woman to be worthy of their worship. Men who are honourable, men who are disgusted of sexual illicitness, men who hate objectifying their sexual partners, men who hate being sexually objectified and sexually insulted, tend to look for purity, and consequently, men who are pure hearted and proud of their own being, seek out a faith or a religious law which allows them to maintain honour and civilisation and upholds respect for women and men and young boys.

They tend to find themselves attracted to the paths of chastity, and they naturally abhor to become someone's sexual slave, as they find no enjoyment in sexually serving others with their body.

These men and women are naturally proud and have a severe sense of self-respect.

Whenever someone sexually propositions them, it angers them severely.

They hate using the body of others for their own sexual pleasure nor do they enjoy others using their bodies for their personal sexual fulfilment.

These men and women are genetically inclined to be dignified and proud and have a sense of self superiority and pride and honour.

They don't feel honoured to serve others sexually. They despise those who are sexually obsessed with other people's private organs, and thus, these proud men and women look down upon sexually obsessed people and deeply disrespect them.

In fact, there are a whole group of proud and honourable and reputation-obsessed individuals who cannot make themselves to worship another human being to level of wanting to serve that person sexually by offering them their own body for that person's sexual implementation. They simply cannot make themselves worship someone's private body parts which appears rather filthy and dirty to them, much like the way it would be difficult for Queen Elizabeth to ever want to have sexual relationships with a filthy and dirty drunk homeless man who lives in the drain and cleans toilet for a living. Yet, there may be a woman who is so humble and thinks so little of herself that she feels attracted towards this disgusting foul-smelling man and wants to sexually please his body by offering her heart and body to him for his sexual pleasures and fulfilment.

Essentially, chastity and promiscuity are all about pride and self-respect and the level of honour those proud people have. They cannot make themselves worship someone intensely enough to become that person's personal sexual slave nor can they make themselves humble enough to offer their bodies for that person's sexual fulfilment nor do these proud men feel attracted or interested in those people's stinking filthy body parts to allow them to want to worship it and pursue it and love it.

The research we conducted offered results which stated this very fact.

These proud men and women were the ones who naturally loved religion and were chaste because it is what their pride dictated to them.

These chaste men and women loved the fact that religion preached honour and self-respect and promoted abstinence and forbade sexual promiscuousness and sexual depravity and sexual immorality.

They loved the fact that religion will protect their children from sexually serving others. They loved the idea that religion does not brainwash children into sexual slavery by preaching to them lust or teaching them the benefits of becoming the slave of their desires by making them believe in false notions of love just to make them future sexual perverts or the slaves of sexual molesters.

These proud men and women who reported to being chaste claimed they love the fact that religion only allows sexual relationships for procreation, and does not allow men to use the bodies of women as an object to use, or abuse for their own pleasures, like the ways pigs and dogs use each other's body (without any notion for procreation).

Religion naturally suits them and their proud mentality and thus do they love religion that preaches modesty and self-control and they adhere to ideas which forbid all sexually degrading acts.

So, those men and women do not love or lust humans, and they only love God.

Or those who love God become proud, and cannot love and worship humans. Thus, they become religious.

A RELIGIOUS PERSPECTIVE:

There's a third version of this same research, but this is only suited for people who are religious:

This research intel-gathering will be presented as though it was gleaned from the perspective of God Himself.

If you are an atheist and faithless, please skip this chapter as this research may present information that can offend you and the findings and discoveries therein are for believers of God.

To understand the result of the research more conclusively, we collaborated with several religious scholars and holy personalities from different religions and requested their point of view as to why those who are sexually active immediately chose to go against monotheism or believe in god. Those who were most focused on sexual relationships and enjoyed it the most admired only the that person whom they worshiped, and often, ended up destroying the religions of the god of Abraham, or why did they often target at least one of the three Abrahamic religion and become zealous about preaching atheism. We wanted to know what was the explanation from their religious point of view, as to why those who are sexually active and obsessed over sexual relationships and romantic love, all ended up destroying the religion of the God of Abraham.

One of the renowned scholars who was also a popular YouTuber and had answered many personal questions regarding the people of his religion, agreed to answer my question in concert with the board members of his organisation. They, themselves, had experience dealing with questions

which pertained to the personal and family problems of many people of that religion who came to them for an answer or a solution.

Their conclusion was that those who worship human beings become the slave of human beings. And those who worship human beings cannot worship God.

From their religious point of view, they answered that God does not want those who worship other human beings to worship Him, as the God of Abraham is the god who only seeks people whose hearts are pure.

Religious scholars also explained the intricacies of the world love and they claimed that worship is the other word for love. To worship someone is to love someone or to love someone is to worship someone. The scholars said, when we mean worshipping God, we mean loving god, or at least, this was the summary of their broad explanation.

Their conclusion was that those who worship human beings, are irreligious, because God does not want them to worship Him, primarily because their heart was already obsessed over worshipping a fickle thing, and was deluged in the slavery of a human being, and the God of Abraham is very great and very selective of those who He allows to worship Him. Since these scholars were religious, they believed that the god of Abraham is true and controls the hearts of people. Thus, their version from the point of view of God suggests that when God sees a human being whose heart is enslaved to another human being, God develops a disliking of that person's nature, and does not trust that person and does not want that person to come and live in His house, and God's house is heaven.

When someone is free-hearted, is celibate, chaste and free-hearted and does not worship any human being and is not mentally so weak as to worship a human being or dream about that person loving them or themselves loving that person, and worship that person's body and serve it like a sexual slave, or when a person is completely free from all these human attachments and has a heart that is free from human thoughts and human focus and human obsession, then God chooses that person to believe in Him. God reveals Himself to that chaste and celibate person. God only allows pure-hearted human beings to know Him and thus permits them to worship Him.

Human flesh is not worthy of our worship, as every part of the human body is deluged with filth. How can an honourable and sane person ever find it in himself to worship the dirty body parts of another person, when that specific organ emits more than 60,000 litres of urine? Scientists report that the gas each human releases from their private organs can fill over 1500 hot air balloon with gas that smell worse than rotten eggs, yet millions of people worship the rear side of other humans, when they know that area of the body excretes the horrific smelling gas and liquid. Slavery is an unpleasant emotion, as it enables humans to be enslaved to other hateful people to the point that they worship their feet and watch images of their toes, and have foot addiction, when no animal, not even wild boars or dogs, would ever sit and watch photos of their paws. Dogs will refuse to sniff or touch other dog's paws, but humans find it acceptable to view the bacteria

filled feet of other men and women. When God sees a human being worshiping another human being, falling in love with another human being, worshiping that person so much that they want to serve them sexually, being jealous of that person and not letting that person take any other lover, then God becomes distrusting of that person's slavery and is disgusted of that person. God does not love him or trust him anymore. God does not want that person to believe in God any longer. God does not want that person to live in God's house in heaven. Thus, God purposefully hides Himself away from all those who are obsessed with sexual relationships and obsessed with their lover's filthy body parts. People who worship the body parts of another human are very naïve. Indeed, it takes a very insecure and foolish and even slave-minded person to gladly become a sexual slave of a person's filthy organs which emanate 240000 cups of most stinking yeast filled bacteria-filled liquid?

From the point of view of these religious speakers, they claim that God is the One who chooses people who would have the privilege to believe in Him. Each one of the people in the world whom God loves, they can believe in God because God reveals Himself to them and He shows himself to them and gives them signs until they believe in God and have faith in God and becomes focused on God alone.

THE TWO PERSONS: God's Choice

The religious speaker gave an example, as follows: If you made a beautiful house with amazing furniture, and you would have had the choice between inviting two men who would babysit your children and live with your cousins and your children and your niece and nephews. One man is absolutely chaste and celibate, and is pure and his love is also pure. He worships One God and if even if he doesn't believe in God, then he is still very pure-hearted. He never entertains any sexual thoughts or sexual fantasies. He does not dream of abusing or molesting the bodies of another human being. He does not dream that he is in love with someone or that someone is in love with him and thus, he does not justify committing sexual molestation on that person and does not have sexual fantasies about that person. The other person, however, is obsessed with sexual thoughts and sexual fantasies. This person stalks a person and sexually worships him or her. And that man is offering to come and live with your children and your niece and nephew and babysit them. His cell phone is filled with sexual videos. He constantly sexts with his lover. He's obsessed with sexual relationships. He does not follow any religious law. Not for a moment in his mind the love of purity of God enters. He is constantly dreaming about worshiping his lover and dreaming about sexual fantasies and sexual thoughts and sexual pleasures that he might want to do with his lover in the future. Would any human being in the world allow that person to come and take full responsibility of his children and his nieces and nephews and take over his house and live there, especially when he is not himself present to protect his children from him. The answer is: No! Never.

Now, the chaste person, let us call him person number two, have also applied for the same babysitting job and sought to work as bodyguard of your children and your nieces and nephew while you travel and are going to be out of the state for several months or move out of the country for several months, or several years. This person number two is extremely chaste and celibate. He is completely abstinent. He prays and he fasts all day, and he constantly helps people. He is continuously obsessed with how many charity organisations he is going to create. He studies and learns about all vitamins and medicines to help children become healthy. He teaches children for hours every day about the love of God and the purity of humanity and encourages them to help people. He never ever has any sexual thoughts towards any man, any woman, any young man, any young woman or any children. He is obsessed with helping others and loving people purely, and seeks to love his mother and his brother and his sister and his father in a very pure way. No sexual thoughts ever intrude his minds. No sexual fantasies even accidentally cross his thoughts. He is, in body, in mind, and at heart completely pure and celibate and chaste. His purity has made him obsessed with making other people pure-hearted. He preaches abstinence to all those human pupils. He preaches self-control. He teaches people to give charity away to the helpless. He teaches other youngsters to preach chastity and abstinence to other people instead of seducing them and grooming them sexually. All day and all night, this pious person teaches the children to be good, to be honest and to be pure-hearted. In his phone, there are only screenshots of how to stay chaste, and notes on how to stay celibate and how to give charity and how to help others who are helpless. He constantly investigates ways to destroy all sex trafficking rings and rescues all sex workers from prostitution and pornography. He does not allow any explicit image to ever exist in his vicinity. He constantly teaches children how to be pious, and makes them obsessed with goodness and helping others and saving others. This is the babysitter number two. If you were a person who would need to hire someone, or if you managed a nursery made or required a bodyguard or a governess or a teacher or in-house housekeeper, which person would you choose: person number one who is sexually obsessed and whose mind and heart has become perverted with sexual thoughts or person number two who is obsessed with purity, chastity and is strict and abstinent?

Thus, God chooses person number two and anyone who is celibate, and chaste and absolutely abstinent and pure hearted, within a few years, God reveals Himself to that person and invites him to heaven makes him believe in religion and enables that person to believe in God by coming in front of him and showing him all the signs and all the secrets of faith. Because God trusts him to be in His heaven with other children and live in eternity with other creations of god. God wants that person number two to be in His house. God trusts him. God does not want person number one, who is a sexually depraved person who tries to justify his sexual deviation by using

love as an excuse. No, indeed, God will never allow person number one to come to His heaven, and should God have control over that person's heart and mind, then God will blind him towards God's existence, and make him a disbeliever. The sexually deviant person will gradually become the enemy of God's religion so God will not have any excuse to let that person enter into His heaven or even come near His heaven. God does not want those sexually perverted people to worship Him or love Him. The impurity of their heart the obsession of their sexuality and the sickness in their mind and the perversion which destroys all purity and all pure love from their hearts, makes these people doubly vain. The mental weakness that these people suffer from which eventually makes them so uncontrollable in their sexual perversion that they are not safe with their own gender and not even with their own family bloodline and nor are underage children safe from their sexual advances. If God had a choice, would He want those sexually active people live in heaven? No, never. God will never allow those people to come near him, and so, God purposefully hides Himself away from them, and that person who become sexually obsessed and sexually active suddenly finds his heart hating God, hating religion, destroying God's honour, and destroying God's people. Ironically, God allows him to do those criminal acts. God even allows him to have money and power to destroy God's religion. Because God, being just, needs an excuse to not let him enter heaven. If the sexually perverted person did not harm religious people, and if he didn't go against God, then what excuse would a just God have to not let him into heaven after his sexual perversions?

Thus, you will see all the murderers, and all the genocide givers, all the framers and all the destroyers of the religion of Abraham, and the religion of God, are all sexually active and very sexually perverted and even sexual maniacs. They all worship one human being, and due to that worshiping, they become obsessed with that person's private parts, and find it perfectly reasonable to worship and smell and adore the organs of their lover's body, which produces thousands of horrifying and revolting-smelling volumes of gas, that smell worse than a skunk's wastes, for on average, a human released thousands of cubic metres of foul-smelling gas, that could fill at least fifteen hundred hot air balloons. Atoms of the fart can spread and contaminate an entire football field with germs, but those sexual maniacs who are obsessed with worshiping a lover and sexually fantasise and sexually worship every aspect of that human being, and spend their time in destroying their love's rivals, become mentally weak that they cannot retain any vestiges of humanity. Years of sexual relationships and sexual activities made their hearts and mind so weak that they are not strong enough to fight and be free. Their hearts are enslaved as their bodies are sexually enslaved and their minds are enslaved. They are often most passionate and insane. They are also jealous and angry, and thus God makes them His enemy and they become the enemies of God and a destroyer of God's religion.

Some of the religious scholars I had interviewed also said, that you will never find, in the entire world, a celibate or chaste and abstinent person who does not believe in God. Every celibate and every abstinent person in the world will believe in God, one day or the other, because God will not let them leave the world without believing in Him. Anyone can try this challenge by being absolutely chaste and celibate and abstinent for several years. Within five years or 10 years, anyone who was chaste long enough until they forget all their sexual memories, they began to believe in God. The religious classical scholars also said when they mean an abstinent person, they mean someone who is absolutely abstinent and who was able to save himself or herself from every sexual thought. To save oneself from every sexual action was the definition of being abstinent. To become absolutely pure hearted, pure-minded, pious and chaste, was the real meaning of abstinence, and anyone, who adopts this lifestyle, will find that within 5 to 10 years, God will compellingly come. God will show himself to that person. God will reveal Himself to that person and God will give that person sign after sign, and signs after signs anywhere he looks and everywhere he searches, until he will have no choice but to believe in God, because God wants him to come to God's house in heaven and stay there forever. God will not allow that person to start any genocide or hurt any people, or torture any human being or assault any human being and God will not allow that chaste person who is abstinent to sexually groom and preach sin to people or preach evilness and wretchedness, because God has chosen them, and when God has chosen a person, God purifies their heart and reveals Himself to them, so that the person can come to God willingly.

When I received such answers from the religious men who presided over a board of exegetical education, I was astounded by their reasoning, although some part of their discourses made sense to me. After their speech, and noting down the arguments of these religious people, our researchers were quick to expand this study, and so we gathered several religious people who were extremely religious, loved God, yet were married, sometimes to multiple women in the religions that allow polygamy. The same question was put forth to them and the answer to why or how these men who are sexually active were still believing in God and still worshiping the god of Abraham and were still thoroughly monotheistic and still so religious and pious that they were crying to God with every word and every syllable they uttered, and we wondered if God only allowed abstinent and chaste people to become believers of Him, then why were these men, many of them who were in polygamous relationships, were loving God and believing in a Higher power.

This dilemma merely demonstrated how research is a multi-pronged activity where, often you go out to find one answer to a specific problem, and you end up finding the solution of another thing.

This connection between sexual pleasures and relationships and God and religion was absolutely unexpected. I never even imagined that there can be

a connection between faith and sex. This is a side result of my investigation and research.

But I was still curious as to why so many married religious people existed in the world, because if sexual activity automatically disqualified them from believing in God, then why were they theists? We questioned all the religious people who loved God yet were married?

The answer was simple: Those who are religious yet appeared to be married, sometimes to even multiple women, were men who are not obsessed with sexual relationships. In profounder investigation, it was revealed that they were very simple-minded people. Their IQ and EQ were not extremely high. They were not focused at all on their sexual relationships. The more sexual acts they inevitably carried out, they became even more disheartened, because most of them were arranged into a marriage which they disliked. They only did their duty for the sake of procreation. Some of them are even hurt and were disgusted of those relationships which involved sexual intimacy with their partners. Many of them despised it and many of them revealed how they wept. These men and women were tearful on their wedding night and did not want to be sexually involved with their spouses. But they only were sexually intimate for the sake of a child. None of them, and I repeat, none of them are or were in love with their spouses. The polygamous ones were so unattached and disloyal to their spouses that they actually did not care whether their spouses left them or whether they hated them for being polygamous. All in all, nearly all the religious men who were sexually active absolutely hated the sexual relationships they were in. Thus, the sexual relationship with their spouses did not harm their heart and did not make them sexually obsessed or sexually depraved. And thus, they could still maintain a relationship with God and could still be within the folds of religion although they were sexually active.

These sexually active religious men and women were not at all obsessed with their sexual relationships or their spouses. They were not focused on it. They were not obsessed over it and were one bit jealous of their spouses. They did not mind their spouses leaving them or divorcing them remarrying or even taking another spouse, in those countries which permitted polygamy. Clearly, their sexual relationship meant nothing to them. They were not mentally obsessed over the sexual relationship with their spouses. They did not even remember their spouses properly. They were obsessed only with purity and with religion and loving God and cared for the suffering of all the people of their religion and this made them weep and cry 8 to 10 hours per night. These men and women hated their sexual partners, or were indifferent to their husbands and their wives and their spouses. Almost all of the interviews that I took was shocking to me. Most of the men and most of the women, unanimously agreed that they despise their sexual partners and were forced into an arranged marriage and they agreed to it only because they wanted to have children and continue the bloodline. They were not obsessed over the sexual relationship and despised it to the point that it was

a sort of like a torment for them, which they agreed to do only out of duty and only for the sake of future generation and future children.

These religious men and women had their hearts completely purified. Their hearts were not at all obsessed with sexual relationships and sexual thoughts. In fact, none of them ever enjoyed sexual relationship with their spouses. They absolutely despised it. Some of the stories were shocking to hear how each disliked the other, and the amount of anger they had and the amount of disgust they held for their spouses. And, they all were still religious because of that reason, because they were not worshipping the private part of another human being; because they were not enslaved to the love or the lust of another human being; because they were not jealous of that spouse; because they were not going to hurt anyone if that person would try to steal their spouse from them; because they would not destroy anyone for stealing their spouse or their sexual partners from them; because they never had a sexual thought or a sexual fantasy which gave them any sexual pleasure by thinking of their spouses whom they were married to; because they did not enjoy it in the least, and they did not like it and they did not love it and they did not worship them. In fact, marrying and having sexual relationships were a sort of sacrifice for them. A sacrifice which made them humble. A sacrifice which produced children whom they taught the love of God.

All these religious men and women had one thing in common: they were obsessed with the people of the religion who are suffering around the world. Each one of them unanimously admitted to crying at least one to two hours every day for all the suffering of the people of their religion that were facing hardships around the world. None of them were crying for the love of their spouses or for the sexual relationship and sexual thoughts of their spouses. None of them were taking pleasure from sexual intimacies, but rather they were all crying and weeping and suffering by noticing the sufferings of all the other people around the world who belonged to their religion or their country or their faith and family.

These religious men and women were also extremely afraid of their afterlife, and constantly prayed that they do not burn in hell. Somehow, those couples were extremely religious and were obsessed with God and heaven and hell and this meant they could never make themselves sexually pervert, even if they wanted to.

It seems that the fear of God, and the fear of a future hellfire forces their hearts to become pure and forces them not to find sexual pleasure and excitement and enjoyment from sexual thoughts. Therefore, sexual relationship with their spouses does not impurify their heart. It does not diminish the purity of their heart and the pureness of their soul. It does not make their heart sexually perverted. Because they are not obsessed over that sexual relationship and because they do not take pleasure from it. And so, their marriage and relationship does not harm them and does not damage their souls and does not impair their hearts. Their hearts are much more powerful than the lust in their mind. Their hearts weep and cry out in

the fear of God and the fear of death. Their hearts weep every single day for the suffering of the people of their religion around the world. Somehow, pure love manifests in their heart and lust have no place in their mind or in their heart at all. They do not enjoy anything that is related with lust and carnal desires. They feel degraded and insulted by the very act of sexually objectifying themselves or others, and they despise it, even though it is with their legal wife and husband.

These people were naturally emotional and thus, their nature somehow ended up becoming so removed from sensuality. Those who are naturally emotional and not focused on intellectual and intelligence activities, are naturally so emotional that they get emotionally charged easily and constantly empathise and connect with all those who are suffering around the world. They naturally sorrow for those who are suffering. On the other hand, those who are more intellectual and intelligent and are not emotionally as sensitive as these people who are religious, they tend to be removed from the realm of suffering, and cannot connect with those who are suffering around the world. They tend to be a little more selfish and think of their own future and their own happiness and their own pleasures. Thus, those who are intelligent must be celibate and chaste and abstinent in order to gain the amount of purity that extremely emotional and religious people naturally have in them.

If someone is an emotional wreck who constantly cries for the suffering of everyone around the world and is not intellectually too smart to constantly entertain themselves and be selfish in their own gains, then that person will logically not enjoy any sexual relationships or take pleasure from it.

However, if someone is intelligent and is not emotionally charged up by every single person who suffers around the world and does not feel their pain, but rather is obsessed with their own future and entertains themselves with their own thoughts and their own love and their own stories that they read, for that person, sexual relationship will absolutely diminish whatever mercy and heart they have left in themselves. Sexual relationship will make that person perverted in their minds and in their thoughts because they have a strong memory and no bouts of emotion by which they can purify their thoughts. Thus, if a person is intelligent, it is an obligation for them to be celibate and chaste and abstinent if they want to be pure hearted and if they want to be religious, and if they want God to allow them to worship Him.

These classical scholars of religion also added that people are like the children of God. Should you have made up a heaven, which would be a beautiful palace in your own home and adopted a group of children, and those children suddenly start having sexual relationship with each other, how horrified would you be? We are all the children of God and He made heaven for us where we will go and play like children and be pure hearted and eat and drink and live in bliss and happiness without any jealousy or any sexual madness or sexual dependency. But those who get obsessed sexually in the world are essentially destroying the holy sacrament of God's

love towards us and are destroying the innocence of their childhood with which they were born with. And God does not want those sexually obsessed people to come stay in His heaven with His other children. One must be extremely pure hearted and forgetful and childlike in their innocence and in their celibacy in order to be allowed to get a ticket into the heaven of God's Eternal home. One must have a pure heart and a pure soul and a pure mind to be worthy enough to live as the child of God in heaven for eternity.

Such bold statement seemed shocking to me. This was the astonishing conclusion and the result of the investigation of why all the people who are sexually obsessed, inevitably hate God and detest religion. And this also explained why every single one of those who are celibate and abstinent always remain strong believers and lovers of God.

This is a connection that I had not imagined would manifest, and certainly, was not the purpose of starting this research. It was an adjacent tangential information that I gained which was absolutely shocking and amazing at the same time.

And so, we conclude our investigation of the relationship between spirituality and sexuality. And it is now obvious that this investigation totally demonstrates how sex and religions cannot coexist, and establishes the relationship between religion and sexual lust, and shows that each one of them are the enemy of the other, and that one cannot survive in the heart where the other lives.

As for those humans who worship humans, they cannot ever worship god. And those who worship God cannot worship humans. Or God does not allow those who worship humans to worship Him or even know about Him. Thus, those who are obsessed with sexual activities can never find God because God does not want to be found by them.

THE GIFT OF CELIBACY:

The strength a person needs to be able to stay celibate and single and pure hearted and pure minded is beyond the strength of any man, even if they are the strongest in this world. It takes an unimaginable power and an unaccordable amount of strength and stamina to be able to stay celibate and single and chaste for one single day in this world. And no one can find that strength without prayer. No one in the world can glean that amount of power and that amount of strength in their willpower and in their soul and in their mind unless they pray and unless they get hope and unless they connect themselves with a higher power, unless they believe in an after eternal life. Only then, can a human being find the strength to be able to stay single, chaste, and pure-hearted and pure-minded.

In this book, we have tried to critically discuss various ideologies and philosophies and thought in detail, and we found sound reasons to reject sexually deviant ideas or Marxist dialectic principles which have been studied by intellectuals with great zeal. In various fields, modern and

ancient philosophers had systematically analysed and criticized the sexual activists' views as well as establishing and expounding religious and moral perspectives in epistemology, theology, religion, and the philosophies of ethics, law, and politics.

The essential question often is whether prayers have any value?

Speaking from a religious view of those who are believers in a monotheistic faith and believers in God and the Abrahamic Deity, for that religious person or the religious scholars, they say that those who pray always have their prayers accepted, if not in one way, then in another. For example, if you are praying for a billion dollars, you may not get a billion dollars, but there could have been a huge suffering written in your fate, which was meant to come into your life, but due to that prayer, God will cancel that harm from your life. So, the scholars insist upon prayers, and say prayer gets accepted in many ways. Sometimes, the non-acceptance of a prayer is a blessing in itself. Often times, we pray for something we believe we need or we want. But 10 years later, we thank God for not accepting that wish of ours, when we see the harm in that which we did not see 10 years earlier.

For those who are religious, the answer could be that if you pray for 1 hour every single day, if you cry to God and if you cry to your Creator, the one who made you with Honour and with self-respect, and the God who made you and gave you the commandments and the Bible and the testaments and sent down stories and verses in order to honour you and in order to make sure you stay humble and single and chaste, permits you to remain pure, because God does not want to humiliate you. God does not make laws which sexually humiliate people. People humiliate people and people abuse each other. People seduce each other. People sexually groom each other. But God forbids it and God despises it. And that God who wants you to be chaste and pure and pious is that God who made the heaven for your reward. That is the God who made your soul from himself to be Eternal and unseen. Pray to that God and that God will give you the strength to be able to face all the challenges of this world. If you are chaste, and if you are pious, and if your heart and your mind is pure, God will love you double the amount of those who are sexually active and mentally worshiping someone or sexually worshiping someone with their body or their mind. God will love you a lot more than how much God loves them. And when you pray to Him, He will accept your prayers. And He will give you the strength should you be desperate enough and should you pray insanely and desperately, God will give you the strength against all the world and all this power to make you unchaste, and God will give you the power against them to be able to stay chaste and pious and pure hearted. But you must constantly pray, and every single day, you must pray.

Additionally, you must cry every single day in your prayers to make God look at you and make God have mercy on you and to make God give you humility and to make God give you the strength and the ability and the gift and the honour to be able to stay single and to be able to stay chaste and pious and pure hearted and pure minded.

THE CYCLE OF LOVE:

What makes us human?

To love and be able to Love makes humans human.

What love signifies humanity? Pure love, and self-sacrificial love.

Humans Being are made to be civilised. Without civilisation, we cannot claim to be human but rather should call ourselves animals, or evolved from some animals.

The difference between human and animals is simple: Selfishness vs selflessness

Ambition is selfishness.

We as humans should not focus on going higher ourselves, when it comes to wealth or fame. We should strive to help others and should focus on how to make everyone's life better instead of our own.

AMBITION:

The first vicious trap that man falls into which leads him to destruction is ambition.

Ambition to go higher. Ambition to be happier. Ambition to get a lover.

Ambition for loyalty and love. Ambition to become powerful. Ambition to live in comfort ambition to get rich. Ambition to live in a civilised country instead of living in a third world one and making it better for those unfortunate people.

Ambition makes the fly go so far, he cannot fit through the entrance he came in and dies.

Ambition or curiosity killed the cat.

Ambition made Ali Baba's big brother forget the password to get out.

Ambition destroys no one but the ambitious.

Part of ambition is the obsession of selfishness to go higher and live a more happier life and this is the beginning of every lover's nightmare and destruction.

If those lovers were selfless, they would have let go off the girl or guy and lived a single and lonely but free selfless life, and in peace with their brains still sane and their hearts still existing. But ambition is a disease which

wastes the mind away with dreams that can never come true and ambition makes every man blind with anger, rage and persistence and relentless pursuit. The ambition which is driven by emotion is the worst kind of ambition because the more they are attacked, and prevented from achieving the goal, the more violently they react and fight back until they are absolutely destroyed.

Ambition, greed, lust and selfishness and passion and revenge are the first step towards destruction.

Selflessness, chastity, softness, and forgiveness are the path towards ultimate success and civilization.

Ambition makes men run after love.

Ambition makes men not give up on a lover, and for those who do not care much for love, it does not harm them, but for those who are intelligent emotional, this pursuit of love can annihilate themselves as well as their family.

The deadly cycle of ambition is given below:

Ambition►desperation►pursual►love ►not giving up relentless ► suffering ► heartbreak → betrayal → mental breakdown →losing faith in humanity → dependent on a lover→become half insane in suffering →cannot give up or even die because too many enemies will destroy family →forced to keep fighting for children or families protection and survival →break down even more emotionally→more torture in the hands of the enemy →heart almost dead with anger revenge→attacks enemy in anger→ get tortured even more by enemy →break down completely almost insane depression and madness →go back to lover to survive on their love→become intimate worshippers and dependent on the lover→the love and sexual relationship makes the rival jealous →the rival starts torturing →breaks down again→torture or get tortured until the soul is broke and the heart and enemy is dead→go back to lover to survive→suffer again for that ☹

By the time the rival dies, the ambitious man himself becomes so broken hearted and so mentally weak and so afraid that he becomes the villain lover who is maddeningly dependent on his lover, who kills and tortures all his rivals to keep the man or women to himself.

☐this cycle has been going on since the beginning of the universe ☐☐☐

A LOVE AFFAIR:

There was an immigrant who came from a Mediterranean country in Europe after becoming wanted by the government for a murder his cousin had done. He migrated to the United States in his late teens, and in order to become a legal citizen and to get his papers, he joined the US marines. Indeed, he was a great man and a bravehearted selfless and merciful human being. When he was stationed in the Middle Eastern country, he fought bravely, and stopped all kinds of injustice that he saw and risked his life and almost got suspended from the army when he stopped his classmates and his boss at gunpoint from doing any injustice or showing disrespect towards those terrorists that actually came to kill them. His greatness was unimaginable. He was brave as the bravest heart Roman legionnaire or gladiator that ever existed.

One day, an intelligence officer who was extremely rich and operated a black ops head who came to do a billion-dollar business deal met a group of soldiers or they were hired to guard his convoy. The immigrant soldier fell madly in love with that old rich man's young and beautiful relative. The girl also fell in love with such a bravehearted man, a soldier so handsome and so brave. When he was discharged from the army, he came back and since he was extremely ambitious, he wanted to pursue a relationship with a relative of such a rich man. He started wooing her. She needed his help, because she was depressed, lonely and her relatives were all dead and she was alone. He helped her relentlessly, risking his life to do everything for her. She fell madly in love with him and in turn, did everything for him and very soon the relationship became extremely sexual and extremely loyal on both sides. Soon, very soon afterwards, the immigrant soldier got framed for a crime. Initially, that old relative came and asked him to help him out on a mission, or assist on a business gig. When the soldier went to help him, he got framed and got captured by criminals and was tortured uncontrollably. He later found out that he was a wanted man and had to leave the country. Many criminals were pursuing him, imagining he stole their money. It was drug-related issue and became wanted immediately by all the government officials of Europol and Interpol. He became frantic as he was on the run. In this dire situation, a very beautiful person came and saved him and gave him a new identity and took him back to his original country. Eventually, after so many days of torture and pain when that person came to rescue him, he fell in love with that person and had sexual relationships with that person. That person videotaped it all and handed it over to that old man. The old rich man showed it to his young female relative. And that young woman became so heartbroken after seeing that sex video, that she broke up with him. Soon afterwards, another girl came and pursued a relationship with him. And he married her. He had two sons from her. By this time the young wealthy relative of that old man started getting into trouble again. By now, that immigrant soldier had returned to the United States and started helping her

and saving her from her woes all over again. She again fell in love with him madly and started a relationship with him, because by this time, he had broken up with his wife. He was now the father of two boys. She asked him why he broke up with his first wife. He replied that she was being hired by someone and that she was not sincere in her relationship with him.

Nonetheless he loved his sons very much.

It was a honeymoon for the young couple initially, but for the next 10 years, this immigrant soldier got tortured uncontrollably. Every single place he went, he got framed. Every single criminal was hired for some reason or the other to kill him and frame him.

The immigrant soldier was relentless, and the more he got attacked, the more he got pursued and the more he got tortured, the more desperately he came back to the rich man's female relative and the more the relationship became sexually intense and the more madly they fell in love with each other and the more insanely they were involved in sexual relationship with each other. They had become codependent and spend hours crying on each other's shoulder. Soon after that, the old rich man hired him for his own work, and started sending him on international missions across the Middle East. Once while he was doing a mission in a Middle Eastern country, the government intelligence agencies there captured him and tortured him a lot because someone gave them information that he came to that country to destroy them and kill them and frame them all.

It was a horrendous ordeal for the young soldier, who thought he was genuinely being arrested for real reasons, and he did not know that he was being framed by that rich old man. Because every time he got captured, the rich old man saved him, and even paid hefty ransom to free him.

Dozens and dozens of times, in hundreds and hundreds of missions across Europe, Middle East and North America, the old man sent the young soldier on fake missions. The young soldier thought he was going to save the world from a nuclear bomb. He had no idea that the whole mission was fake. And that the bomb was planted by his old rich boss. He thought he was saving the world while his boss had merely wanted to distract him, and sought to send him on fake missions to save the fake world, by giving attacks himself and making the soldier think that the world is under attack so that the soldier would go risk his life and enter into enemy territory. There, the old man had hired or tipped off government agencies and criminals to capture him and torture him and kill him and beat him and injure him and burn him. This story actually happened.

These stories are the stories of real men. These real men still exist. These stories are still happening over and over again in different ways around the world. These are the stories of men who ruled the world. These are the stories of men who are all billionaires. These are the stories that you can never hear on the media. These are the actual results of human slavery, and the end result of every man who became the victim of ambition and lust.

The ordeal for this brave young soldier had not ended. By this time, the old rich man had hired hundreds of sex workers, both men and women to seduce him. He fell in love with one of the women who was extremely beautiful and famous and had a daughter from her.

Soon after his daughter was born, she almost got kidnapped several times. He later found out that the rich old man, the one who was saving him, actually went to his parents and his relatives and showed them how dangerous a criminal he was. His parents almost disowned him upon hearing of all his crimes.

One day, when he was in the car with his 10-year-old son and 12-year-old son, his car got attacked by multiple mercenaries. The criminals and the Mafia gang surrounded his car, kidnapped both of his sons and took off. The young woman, who was the rich man's relative, risked her life and even got shot and did everything in her power to get his sons back from the kidnapper. She found out through her investigation (since she was also in the government agency working as an agent) and she found out that the babysitter and everyone else was hired by someone to kidnap both of his sons.

The man later went and hunted those mercenaries and found out that they were all hired by an unknown organisation. Their job was to kidnap both his sons and sexually assault them and drug them and groom them into becoming male prostitutes. All those men were also homosexual criminals. He later found out that almost several hundred homosexual criminals around North America and Europe, most of whom were in very deadly prisons, but were freed by that old man as that old man hired any homosexual criminals he found out and offered them 100 billion dollars if they would kidnap both his sons and sexually assault them in front of him by multiple men and drug them and brainwash those little boys into becoming sex workers for other men. This was an act of revenge by the old wealthy man, who wanted to punish the young Mediterranean immigrant soldier. This man felt extremely betrayed because the soldier was a huge activist of LGBTIQQ rights. He has spent all his money fighting for their rights and lobbying to senators and congressman to legalise all their rights and he could not believe that thousands of them were hired around the world to kidnap his sons and assault them sexually in front of him and groom them into becoming sexual sex workers. Those homosexual men were also trying to kidnap his daughter who was very young, less than 6 or 7 years old. Relentlessly, thousands of them pursued his sons like hounds or hunting tigers all around the world. This man soldier was a good father, and he did his best to save them, risking his life and doing everything in his power to earn enough money to hire enough bodyguards to save his sons from those criminals whose job was to kidnap them sexually assault them and then make them kill their father.

It was a long time afterwards, that the soldier finally found out that the old rich man was very possessive of that young woman and did not let any man

come near her. He had hired sex workers to go after every single man who came near her and made sexual videos of every single man and offered the sex videos to his daughter to make them leave his daughter alone. Those criminals that he had hired were the worst criminals in all of South America, North America and Europe. Each of them had a death count of at least 500 people. They were not human beings; their souls were all dead and they were monsters on the loose. They were like carrion vampires out there to take both his son away. Some of the criminals even fell in love with his younger son and with the offer of \$100 billion looming, they pursued the children like mad men. Till today, although the old man had died and the soldier also died in a severe fight, the hit is still on, as prior to his death, the old man had paid those hundred billion dollars to several top-rated Banks and should anyone be able to carry out the criminal acts and give evidence of that hideous act with those children, then the bank managers are supposed to give that money away to those criminals. The old man's hatred and his revenge lasted long after his death.

The unimaginable amount of insane torture which those twisted most-wanted criminals had planned to do to his two sons are so deadly that no human minds can imagine and no human soul could fathom.

What fault had these young boys, except that their father was ambitious and fell in love with a rich young beautiful woman who had a rich benefactor? Was it his fault when she was the one who continued sexual relationships with him for 25 years?

Yet, those boys are being hunted like animals, by men whose minds are sick beyond human imagination. Each of them has a record of mutilating and killing over a hundred human bodies.

Several of those hired men were involved in satanic ritual cult where they were supposed to sacrifice the children after sexually assaulting them! How could one human soul do this to another human soul? What does greed do to human souls? Does lust and love turn men into sick, insane, mad, retarded animalistic beastly monsters who are worse than any snake or scorpion or alligator or vampire?

The attack on the immigrant soldier's daughter was most severe. They had torture houses prepared for those little kids who had been born only several years ago. And most severe was their hatred for the girl because those criminal men only liked boys. The old man handpicked several hundred criminals from every prison in South America to North America with only one job! To torture, assault, brainwash and utterly destroy those kids' body and soul.

What fault was it of the little innocent kids? The plans of those people make a human no longer wish to live on Earth and make anyone wish to die and go to the afterlife because as even hell is better than a world where men like these reside.

Now, indeed, it is easy to hate that old wealthy man who hired so many molesters to abuse the sons of the immigrant soldier: why would he take

such bitter revenge on a soldier and immigrant soldier who was ambitious and fell in love and wanted to date a rich and young beautiful girl who just happened to be his relative?

What right had that old rich man to torture this young innocent soldier, frame him and destroy him and become so insane?

A little thorough investigation into his own life revealed that he was born and bred in a very broken family. When he was 15 or 16 years old, the old man was extremely handsome, and was living in Central Europe and people said he had the most beautiful eyes. He had a soft heart and loved his older sister. A man from the Mediterranean region who looked very similar to the soldier madly fell in love with him. That man pursued him relentlessly for 20 years. That stalker killed 12 of this wealthy man's girlfriends and his wife. That stalker also framed his father as a monster and killer and as a homosexual monster, so that this boy believes his father to be homosexual and agrees to go in a relationship with the stalker. And then the stalker also framed his mother to multiple criminal organisations who eventually tortured his mother to death. After such pain, that was when this old man, after becoming rich and after suffering through a severely tremendous pain throughout his life, saw a man come and take his only young relative away from him. He became insane with hatred and rage. He took out all his anger and all his revenge and all his sadness out on this young Mediterranean soldier.

This is the ultimate risk of lust and love, and it is a vicious cycle of all those who get involved in ambition. When that man was young, he was also ambitious and entered into a friendship with a criminal so he could earn money easily and with that money, he wanted to marry a very beautiful neighbour of his. But that business partner whom he was doing criminal and spying activities to earn money was the man who fell in love with him. The old rich man's ambition that he had 60 years ago got him involved with a stalker who fell in love with him and killed and destroyed and assaulted every single of his girlfriends and his wife. Eventually, also destroyed his family and had him tortured a thousand times just to save him and stalk him relentlessly and insanely. And the ambition of this young immigrant soldier destroyed him too. He was supposed to be a farmer or a criminal in his own home country. He became ambitious, and he wanted to have a love affair with a rich beautiful girl, who was completely out of his league. He became persistent and relentless and did not give up on her love. And that pursuit of her love and her loyalty made him the target of this old man who was filled with hate and rage of 50 years.

The old man was suffering in his own right, and he often spent days and nights crying. He wept for his mother and his father who were framed for despicable crimes. He swore that he will protect his relatives from all men of that race, who hate women. The old man had spent 6 years crying over the grave of his wife whom his stalker framed and had killed after the criminals sexually assaulted her in front of him when he was a young groom madly in love with his beautiful neighbour.

He wept for her for the next 20 years.

The old wealthy man was betrayed by everyone as a youth, and the man he trusted most with his life was behind the attack on every single member of his family because that stalker wanted him to have no friends or family except himself.

Can you blame the old man for being over protective? Hadn't he suffered enough, even at one point being repeatedly sexually forced to serve his stalker in return for a mission where they had to be homosexual lovers for the "enemies" to not suspect them? When he was only 25 years old? This act broke him down mentally as he felt molested and he had no choice. He hated every man who looked like his stalker and vowed the rage of hell on them, and was he terribly at fault for doing so? He unleashed hell on every young man who came into his life in his old age and tried to take his young female relative away. But hell was an understatement.

No, it was not hell! Hell is good because no child gets sexually assaulted in hell! No young men get sexually assaulted in hell, and no baby girls get ritually sacrificed in hell. Because God is great and man is not. God does not burn children. In hell, there are no children and there is no rape.

God is too great and man too evil. Hell is not enough for these evil men!

Every stalker stalks a man until the victim becomes the stalker. Then the victim who is now a stalker tortures the next victim who tries to take away his beloved and thus creates the next generation of crazy insane stalkers who then goes on to stalk a young weak person turning him into a future stalker who will torture the next victim for trying to take away his beloved. This world is hell and only the chaste can survive with a human heart and a soul still intact enough to feel the pain of others. And that old rich man's stalker was once upon a time also ambitious and fell in love with the wife of his boss in the criminal organisation in the Mediterranean part of Europe. And that criminal boss tortured him so severely that he broke down and when a young handsome boy from Central Europe came to help him in his criminal activities, he could not help but for madly in love with him. And that's the vicious cycle of broken men breaking men and ambitious men being destroyed and annihilated by their ambition. And this is the proof that nothing in the world is more dangerous than ambition and greed and lust for wealth or love.

THE CURSE OF AMBITION:

These men imagine themselves victims and wanted to become ambitious and thought they could earn more than they deserved. And each one of these men got destroyed and not only themselves but their children too. Ambition destroyed each one of them differently. Ambition made each one of them the victim of unimaginable cruelty and unimaginable pain and torment. Ambition destroyed them, lust and love annihilated them and tormented them to the point that they lost their soul. Selfishness and

survival made them monsters and animals who killed anyone and everyone but themselves and their beloved.

Human beings are not machines. We do not function when we get tortured, we lose our heart and we lose our soul and we lose our very mind. Every man who gets tortured and is emotional becomes insane. Clinically they become insane. Then they become depressed and then they become dependent and weak and they cannot control whom they become dependent on. They usually use someone who is weak. Someone who was loving them. Then they pursue that person relentlessly and on that path of pursuit, they get tortured by their rivals and when they are old, they themselves torture their rivals. Only if these men had chosen to stay happy and had these men been chaste, celibate, and abstinent, then none of these evil sick and vile and vicious things would have ever happened. Thousands of innocent people died in between the war of these men. Each of them took revenge on a religion or a race or sexuality and destroyed the country or a government. Each of them hated the other's race and the other country and framed them to each other. Each of them destroyed their children and had them attacked and assaulted and broken down. Each of these men and the criminals they hired and those who they were hired for had only one sin and one only. Ambition which is greed and lust which is the greed of love.

The world would never suffer. The children would never get assaulted. The men would never get tortured. Civilians would not have died in false wars. Religions would not have been framed. Relationships would not have been broken. People's honour would not have been destroyed by sexuality. No man would ever get tortured. No man would ever become the torturer. No children of no man would be the victim of sexual assault and prostitution. No man would have to die in fear. No man would have to live in fear or be tortured or be framed or assaulted. If they only followed one rule and one rule only. If they stayed celibate, abstinent and were not greedy and ambitious.

There are several adverse effects of promiscuity, and one such harm is that it makes people more inclined to sexual acts. In the course of this research, we saw that out of the 38 most passionately homosexual men I interviewed, all they were so madly in love with men that I had never seen a man love a woman one hundredth of how these men loved men. Contingent upon an information I came across from a guru or sage who convinced me that sexual relationships are nothing but humiliation and degradation which intelligent people take pain from and break down from it, a team of several elderly people from Russia, Africa, Arabia and India convinced me that when people get hurt, their secret wish or secret unconscious prayer gets accepted and those who are in a sexual relationship with them get humiliated or destroyed because of those people's hurt feelings.

I managed to get hold of 14 of their partners (14 former female partners of those passionate homosexual men) as the rest would not agree to give any interview nor answer any intimate questions.

All 11 out of 14 admitted, after repeated interviews and similar questionings that while in a sexual relationship with that man, those women felt extremely humiliated and degraded although those men were the best of men but since those men were intelligent, those women who were sleeping with them felt judged and hurt and insulted and wished that those men would also become a woman like them to service another man. As it turns out that those women's secret wish got accepted and all their former lovers or husbands fell madly and passionately in love with men, and these men are now begging to be the wife of other men. (Several of them are straight and still attracted towards women but they are being stalked by men) Often, these women were the ones who actively pursued the men and coerced them to become sexually intimate with them, and still, after the act, they felt humiliation and decided that the man should be sexually humiliated as well.

None of the homosexual men, I repeat, none of them were virgin. Every single one of them slept with women and two of them were abused when they were young by men but that's a different subject.

If those men never had sexual relationships with women, then those women would not have cursed these men into becoming homosexual sexual servers of other men.

The entire cycle of sexual relationships is nothing but a destructive circle of degradation, humiliation and pain. No greatness ever comes out of these. And eventually the pain, and the hurt will become so severe that every single person in the world will suffer because of it.

The Miracle of Chastity:

To be able to stay chaste and celibate and single is the greatest honour that God ever gives anyone in the world. This is an honour unimaginable. This is the most honourable thing in the world and this is the greatest thing that that could happen to man. Chastity celibacy and piety, it could be the greatest gift that could ever be given to someone.

God does not give it to anyone and everyone. Out of the billions of people in the world, less than one in every 50,000 people are able to stay absolutely pious, absolutely chaste and absolutely single. Imagine that one in 50,000 people. Or 25 people out of 1 million people in this planet earth are able to stay absolutely pious, chaste, or pure hearted and pure minded and absolutely celibate and single. That is how rare it is. This is how unimaginable it is. This is how powerful and how rare and how insane it is.

Every single person in the world can become sexually active but no one in the world - without a miracle of God and without a miracle of nature and without a miracle of the universe itself- can be able to stay single, chaste, pious and celibate and pure hearted and completely lust free.

Our present society, with all its sexual manifestations, which fills our consciousness today with lustful entertainment and distracted bewilderment, is not an accidental cataclysm, or a fortuitous phenomenon. It is the byproduct of abominations which have reined over every aspect of our life. With sexual revolution everywhere, the modern attitude towards opinions has arisen. Sexuality and morality have been equated and with rational and irrational opinions being exactly on the same footing, there is no standard of valid opinion, and no standard of intellectual ethics. With every Hollywood film glorifying the objectification of women, and teaching viewers that whipping, choking, flogging, beating, drowning, and binding women are perfectly acceptable behaviour provided it serves to enhance the sexual pleasures of men, today, there are no standard of right judgment that can be recognised. Every hurtful and vulgar and humiliation opinions are sacred and inviolable individual rights in this sexualised society. With this sexual revolution, the grossest irrationality is secure in that protection. Every folly and patent idiocy can claim the same respect withing the sphere of this sexual communism as the most stringent rational conclusion, and the child-molester or the incestuous person is entitled to consideration and even protection for his honest sexual opinions. The sexually hyped society believes that it would be heinous to dispute a perverted person's right to propagate sexual behaviour and impose them upon tender children.

From a religious perspective, for the religious person, if you do not pray every single day for your own safety and your own success and your own safety and the safety of all others in the world, then God see you as someone who is selfish. And who those who are selfish are not to be gifted such a great gift that is given to one person out of 50,000 people in the world. And that is the gift of celibacy. If you want to stay celibate, you must become selfless and you must prove to God how merciful and how loving you are and for that, you must force yourself to love others and you must force your soul to cry for the pain of others. Do not get out or get up from your kneeling position and do not get out from your prayer until there are tears flowing from your eyes out of the mercy of other people. Do not get up until you think of the pain of all the women who are tortured in the world and all the children who are abused in the world and do not get out of your prayer space until tears overflow from your eyes. And spend 30 minutes or 1 hour every single day and you will see how fast and how quickly God will give you the ability to be able to stay celibate and single and chaste. And if you don't prove yourself to be selfless and merciful, then why should God give you the gift of Chastity? Why should God give you the greatest gift in the universe which He does not give to anyone and everyone? Not even one out of 50,000 people get it. If you want something so special, then you must prove yourself to god. Because without the strength and the purity of God,

who in the world could give you the power to stay celibate, single, untouched and alive.

Prayer is powerful for many reasons: Another reason could be for those who believe in God that prayer itself has the power to be accepted and remove your problems away from your life. I do believe that all those who are able to stay single in the world or chaste or pure only have the strength or the ability to do that because they are praying. It will give you the chances and the situation in life that you will need to be able to stay single and chaste. Because those who believe in God also believe that their prayers get accepted, maybe not in every way but in some way or the other. If not in one way, then in another way. And then, when you pray to God and you believe that He will accept it, he will accept it. And for example, if someone is praying to God to give him the strength to stay celibate, then God might give him enough wealth or enough money or some online business which will give him the power to be able to stay away from unchaste people. Enough money that he will be able to stay at home. Or enough wealth or enough power that he will have the strength or the capability to be able to stay away from all sexually active people. And that way, sexually active people will not become jealous of him and thus will not make him sexually active as themselves. And thus, he can stay single and pious and chaste. But for that, he constantly needs to pray to God and cry to God every single day for 1 hour to be able to stay chaste so God makes the situation for him and should his prayers get accepted and should he cry desperately enough, then eventually God Will Make a Way out for him. He will get a business online which will allow him to stay away from unchaste and sexually active people and thus he will be saved from their jealousy and their pain and their hurt and thus he can stay celibate and single and pious and chaste and pure hearted and pure minded. On the other hand, God may make a situation for him where he will find enough friends who will give him mental strength and who also wants to be with him on the path of celibacy and they both together can become very successful in this life. And if someone does not pray and thinks that they have the capability of being able to stay single and chaste without the help of a supernatural god, without the help of prayers, then it could be that one day, that person will become very poor and will be forced to leave their house to earn money and the person they will go to the company and the job or the business or the store they will go to earn money will be impure, and every single person in that place will be sexually active and as coworkers, they will be connected with this person and then this person will never ever have the strength and the ability to be celibate. Because those people will wish on him to become like them and their wish and their indirect prayer will get accepted. And thus, he will become as sexually active as them. Or someone can suddenly get into a loan or not be able to give their taxes appropriately and thus they will be in prison and in prison, the cellmate will be someone who is extremely sexually active and a criminal. And that person will not let this person stay celibate or single. They may get sexually assaulted in prison. And thus, they will not be able to

have this power or the strength to be able to stay celibate, single, chaste or pure. Or a man can get drafted into an army, should their country go to war and all their buddies in their army can be men who are sexually extremely active and when they find a hint that this man is a celibate one amongst them, then they may become jealous and that jealousy will have such power that this man cannot fight against the jealousy and the hurt of 20 other men who he lives with and eats with and fights with. And thus, those army men's indirect wish and indirect prayer of pain and hurt and jealousy will overtake his power to be able to stay celibate and thus he will become as sexually active as them. So, in order for oneself to not fall into those situations which will definitely lead you into sexual relationships and sexual depravity whether you are willing or not, you must pray every single day with a senseless kind of person and a crazy kind of love for humanity and such emotion that it puts tears in your eyes. And that one hour of prayer will give your soul the strength to be able to fight with your own lust and will give your body the condition in life what you need to be able to continue being on the path of singleness and chastity and piety and purity.

So, if someone should come to the conclusion and if someone would like to start on the path of celibacy and singleness and chastity, let them pray for 1 hour every single day by themselves in a room, preferably at night, until they feel droplets of water coming out from their eyes. God will love you; man will love you and the whole world will love you and you will have the greatest gift in the world and that is the gift of celibacy and the gift of chastity the gift of honour and the gift of power the gift of respect the gift of self-respect and the gift of pride and the gift of purity and the gift no man in the world can get. Sexually promiscuous humans are unable to break loose from false consciousness, and like other lustful people, they are often caught in illusions and horrible uncertainty. Perhaps, this is one of the reasons why the philosopher Aristotle highlighted the dangers of sexual indulgence, and although he regarded final causes as a simple fact of nature, Aristotle felt that carnal desires made people weak. Like Plato and Socrates, Saint Aquinas, the most rational of the Christian theologians, felt that celibacy lies in God's purposes, and given his Aristotelianism, Aquinas felt able to argue that any sexuality other than heterosexual intercourse for the purposes of conception was unnatural, goes against final cause, and hence offensive to God as a violation of natural law. This does not mean that Aquinas endorsed all kinds of heterosexual intercourse. He advocated celibacy as earnestly as possible and allowed for marital intercourse only for the strict purpose of procreation. But he insisted that masturbation and homosexual (anal) intercourse were a violation of natural law. It is for this reason that Aquinas felt compelled to condemn the sexual desires and actions. It was indeed a valid line of argumentation because as humans, we can transcend our purely biological nature and discover how life truly and really is, rather than how it just appears to us. And being celibate allows humans to see the reality via objective lens.

4 levels of celibacy

4 rules or 4 levels of celibacy (if you can do all three along with the fourth, you'll literally become a saint within 5-10 years)

1) To avoid all kinds of sexual relationship with anyone and everyone and to avoid all kind of sexual talks and to abstain from all forms of sexual acts and to stop all sorts of sexual texting or sexting with anyone and everyone. One is able to rest contently if the heart does not condemn the body. The sexually indulgent people have never true joy, nor feel internal peace, for there is no peace to the one who constantly molests and is molested by others, hence this rule is necessary.

2) Never watch any sexually related movies or films, to never watch any sexually deviant videos or sexual intimacy in any video, movies or ads or shorts. To never read any sexually intimate books or any sexual acts in any novels. To never read or write or watch or listen to anything that is remotely sexual. No sexual books. No sexual movies. Never look at sexually exciting magazines or pictures. Never read any sexually active articles or interviews or news clipping. Never read any sexually intimate love stories or sex scenes in any novels or plays. Never listen to any sexual sounds or sexual illicit song's lyrics or music.

3) to never ever think of sexual relationships or sexual intimacy or sexual acts or sexually exciting scenes in your mind or thoughts. Never let yourself have a single sexual thought about anyone! This is the most important part of celibacy. Entire benefit of celibacy will be destroyed just by this one act. Sexual relationships sometimes can be accepted for procreation but never ever sexually objectify a person in your thoughts. This is the worst abuse a person can do to himself or to another person. To mentally rape someone is the worst kind of deviance. Never think or fantasise about any type of sexual thoughts. Never think of any sexual acts ever, towards anyone or even in your own thoughts. Never let yourself get sexually excited. Stop your mind before your mind and your thoughts makes you a cruel and weak animal. Never ever masturbate. Nothing kills the soul more than this one act. Nothing destroys a person's future more than sexual thoughts. Nothing makes all your happiness and greatness of your future life get completely annihilated than this simple act of masturbating. If you were supposed to be a billionaire, this one act will make you live the rest of your life as a beggar; if you were supposed to become a political leader or a world leader, this one act would destroy your entire future and make you a homeless person for the rest of your life. If you are supposed to get the most loyal best friend in the whole world who would take care of you and be your best friend and

most loyal to you, then this one act would destroy that happiness from your future and you would never even meet someone who would be your friend. If you were meant to be having the most beautiful and adorable children, adopted or biological, this one act would either make your childless or would give you the most horrible monsters and hateful children in your future. Every benefit of the life gets destroyed by this one act. And everyone overlooks this but this is the beginning of all sadness and all misery of life.

4) Never Fall in Love. Never fall in love with anyone. Let your heart be free. Let your mind be free. This is the ultimate epitome of celibacy piety purity greatness. This is the one thing that makes saints out of sinners and Angels out of humans. The purity of the heart and the freedom of the heart and the purity of the mind and the freedom of the mind. Never fall in love for there is no difference between falling in love with a person and to become a person's slave. No matter how madly you find yourself attracted to someone; No matter how much someone sacrifices their heart and soul for you, never Fall in love. If you can maintain this one thing, you will gain all the greatness of the afterlife and all the greatness of the saints all the greatness of the Angels and power over the whole world, a kind of power that will make you do good instead of evil. There is nothing greater than the person and no one more sublime than the person who can control his heart and his mind and keep it free and not let their heart and their mind become the slave of any one person. Everyone trusts them. Everyone loves them. Everyone worships them. And if there is a God up there, then that God would give that person sainthood or prophethood and make them an Angel walking on earth. This is the most difficult step of a human being. Almost no one in the world can save themselves from this act. Those who are intelligent fall in love most powerfully. With their mind and their heart and their thoughts and their memories, they become grateful towards one person and then eventually fall in love with that person and then worship that person and all the goodness of their life slowly starts to diminish away. A chaste person can enjoy freedom of the heart and harness his or her own inner strength and thus, is able to bear exceedingly much, and is often able to be exceedingly joyful in the midst of adversities. Sexually promiscuous people on the other hand suffer from an ever fearful and unquiet life, where every person standing before them is seen as an object and piece of flesh to be defiled and objectified.

Chastity versus Slavery:

Chastity is impossible if one's heart and mind is enslaved to another person's body. Those who are merciful fall in love out of gratitude. And then they become the slave of one person, not knowing if the person is secretly hating them and despising them and being disgusted of them and just acting nice to keep this person their emotional slave for the rest of their life. Falling in love is the first step towards sexuality intimacy and hence, slavery.

Falling in love is the first step towards losing one's soul.

Falling in love is the first step towards all sins.

Falling in love is the first step for people to slip away and get into the danger zone and lose and destroy their entire future. For those who are intelligent and those who are emotional, nothing can be more detrimental for them than falling in love with someone. Because this falling in love will make them sexually intimate with that person which will bring, if they're lucky, ultimate danger and ultimate torment and ultimate suffering in their life. And if they're not lucky, then that falling in love will make them sexually active or intimate with that person which will result in their own soul and heart and mercy dying away and themselves becoming a selfish monster, hurting and abusing anyone and everyone to get their own way and their own wealth and their own fame and their own survival. No greatness ever came out of those who fell in love. No goodness comes out of falling in love with people. This is one trap that even the most intelligent and the bravest and the most honourable of men get destroyed by. This is the most innocent step people take which completely destroys them. Falling in love is a quicksand which once you get into, 99 out of 100% of intelligent and merciful people get destroyed.

Immanuel Kant's work had been instrumental in demonstrating the necessity of chastity and proved innovative in various philosophical subjects. His books, now a philosophy textbook in many higher education institutions, states his philosophical analyses and views in a rather simple yet profound language as he attempts to highlight the harm in sexually using and objectifying others.

Falling in love is the current of ocean which pulls all intelligent, high moral-valued, most loving and merciful and brave men and dumps them and destroys their heart their soul and their entire future and their life.

Falling in love is nothing but falling into slavery. just the way being caught into slavery destroys a person's life, falling in love or being caught by the

hook of love completely annihilates an intelligent or emotional person's life and future.

Falling in love is a willing kind of slavery. It is the most dangerous kind of slavery because it makes you willing to give your heart and your soul and your mind and your body away to serve someone who secretly probably and will ultimately despise you and be disgusted of you.

Falling in love makes the slave feel that he is honoured by being someone's slave.

Falling in love makes a free person a slave of someone sexually, physically, mentally and emotionally to the point that that person wants to destroy, kill and murder anyone who comes near the sexual master.

Falling in love makes a man a dog, and nothing more than a dog and nothing less than a dog.

Falling in love destroys a person's moral value.

Falling in love enslaves a man's heart and a man's soul and a man's mind.

Falling in Love makes people suffer unimaginably for that person, which eventually mentally breaks them and makes them such so weak that they cannot control whom they fall in love with, be it their gender, be it their own children, be their own siblings or their own parents.

Falling in love destroyed so many great men in the history of time that there is no end to the harm of this innocent act. The act of falling in love itself does not hold much harm but the side effect and after effect of falling in love is the most dangerous thing that could happen to any human being in the world. This is the worst kind of curse that a person can face in their lifetime. This is the kind of curse that seems and looks like a blessing. This is the kind of curse that takes control of your mind and your heart and makes you do all kinds of crime willingly and happily. It makes you a slave which does not want to run away from slavery but wants to be the slave and serve someone who probably hates them and despises them, but at the same time enjoys their slavery and their service.

4 rules, which if you don't follow word for word, syllable to syllable, it is almost guaranteed that you can never ever be celibate, chaste or pure.

The testimony of a good conscience is the glory of a chaste person, and anyone who had sincerely adopted celibate lifestyle was privileged with a good conscience and lasting joy, and we have noted the points here:

1) Never ever go in front of anyone who is sexually active. Never ever stay or talk or live with someone who is sexually active or what sexually active. Only go in front of those who are completely celibate and was celibate and is single and was single. Be it your own mother. Be it your own father. Be it your own siblings. Be it your own children. Be it your best friend. Be it your cousins. Be it your neighbour. Be it your nurse or your doctor. Never ever go in front of someone who is sexually active. If you want to be celibate, then

do not take this risk. As crazy and as unimaginable or as absurd as it is, this law is the most reliable law in the world. Out of all the interviews that I took, over and over, this issue came up. None of my interviewees were being able to maintain celibacy or the oath of chastity until they moved away from every single person who was sexually active, even if it was their own mother. The power of people is unimaginable. The hurt of people is extremely deep. They will never allow you to be pure, and they have the power to not let you become celibate when they themselves are sexually active. People become hurt and when they become hurt, their indirect and unspoken wishes get answered in the wildest way. And when someone is sexually active, especially those who know you, like your relatives and your friends and they see you and they find out that you are celibate, there's no way you can stay celibate and pure and sexually inactive if you stay with them or in front of them or socialise with them. The moment you take the decision to stay celibate to become single, immediately move out of your family's home and immediately change your friends and immediately change all those who are you are related with and do not mix with anyone who is sexually active. There is no way you can become celibate and sexually inactive if you constantly mix with those who are sexually active.

2) Never stop praying. If you stop praying, then you will not have the power to stay away from those who are sexually active. In order to stay away from those who are sexually active, you must have some sort of freedom; freedom in a sense that you cannot be imprisoned; financial freedom so you're not imprisoned to your work life, where all your work colleagues are sexually active. In order to maintain that financial freedom, in order to maintain that amount of physical freedom, you must make it a law of your life to pray until tears come out of your eyes every single day for 1 hour. If you do not pray, there is no way you can stay chaste or celibate. The power of those who know you or the power of your family or the power of your friends or the power of those who are sexually active is way too powerful to let you leave them or stay away from them or become celibate and chaste when they themselves cannot become celibate or chaste. If they are not intelligent and emotional, too much harm in their life will not come when they are themselves sexually active, but if you are intelligent and emotional then you will face unimaginable harm by becoming sexually active and those around you will never let you be celibate or chaste. So, if you do not pray there's no way that you can stay pure, and chaste.

3) Try to avoid going in front of children. There is a strange kind of power that I have found out from my research, that children, especially when you're nice with them, and if you are a child loving person naturally, children have a way of making their caretaker have love in their life. They have a way of getting someone in your presence who will fall in love with you for a while until you become sexually active. Most of the people I know who went in front of children could not stay chaste. Someway or the other

someone fell in love with them and the person who fell in love with them, whether willingly or unwillingly, put them in a situation where they were forced to go into a relationship with that person for some pain or some difficulty or some challenge that came into their lives. But children have a way of making their caretakers or those whom they like, get into a sexual relationship with someone. So, if you want to stay celibate and chaste, stay away from children. Even if you love them and they are your niece and nephew, try not to go in front of them. I think children also have a sort of power and out of goodness of their innocent hearts they want you to have someone in your life who you will love or will love you and that makes you become married or get into a relationship somehow. So, try to stay away from children if you want to stay celibate, single or chaste.

4) Never talk to the opposite gender. Never speak, or never chat to the opposite gender. You can go in front of them and you can publish your pictures online or you can have a social media and you can publish a YouTube video and you can act in films, but never speak with the opposite gender. It is not because you are attracted to them or you could be homosexual and attracted to your own gender but if you speak with the opposite gender, they will never ever let you stay chaste. Whether with them or with your own gender, they will definitely make you sexually active and make you a sexual slave of someone or the other. I have not seen a single person ever get into a sexual relationship with anyone until they spoke with someone of the opposite gender. It does not matter if you are attracted to them or not but never ever speak to the opposite gender if you want to stay celibate and chaste.

People who were historically immoral were believed to have been intimate with people of both sexes, and even among famous personalities like the Roman emperors, the ones who behaved in the most outrageous fashion were often most intimate with the opposite gender, and gradually lost the ability to be chaste. Gaius Julius Caesar Germanicus was a Roman emperor who found great pleasure in raping the wives and daughters of senators and, once he had defiled these unfortunate women, he would speak to their husbands or fathers about how the lady performed in bed. Caesar Germanicus also liked to sexually humiliate senators who he found physically attractive, by forcing those men to run naked for miles in front of his chariot. As happens with all the people who are sexually promiscuous, this emperor began to hate all religions, and wanted to torture and kill all Jews, because they refused to worship him and adhered to a set of highly moral ten commandments from God. The emperor demanded that the Senate declare him as a deity and they complied, and after his self-deification, Gaius Julius Caesar Germanicus started building temples and statues in his honour and ordered the Jewish population of Rome to worship him. He also ordered his statue to be built in the Temple of Jerusalem, announcing that the Jews would have to give up their God and worship him,

but the emperor was assassinated before the project could be carried out. This was merely one example how unhinged men become when they allow their lust to take over their bodies. Not only do they become sexually unstable and immoral, they also begin to wage an all-out war against monotheism and religion.

If you want to be celibate, do not speak with people who belong to the opposite gender. Even if the person of the opposite gender is themselves celibate and chaste, still do not speak with anyone of the opposite gender. Either they will make you fall in love with them, or someone else or make you sexually serve them or someone else. But speaking is the beginning of all unchastity, unsatiety and all sexual intimacy. Going in front of strangers will not harm you as much as speaking a word or a sentence or mentally or emotionally connecting with someone of the other opposite gender. I have interviewed over 38 most passionately homosexual persons, and I was shocked or beyond shocked with my research. Every single one of those homosexual men were once upon a time, madly in love with a woman. They couldn't ever imagine one day they will become the physical and mental and sexual slave of a man. It all started with them speaking to a person of their opposite gender who made them fall in love with them or get into a sexual relationship with them because of some huge difficulty that came to those men's lives. In order to get out of that deadly situation, they got involved with a woman sexually, who immediately and unconsciously wanted that man to become a whore of another man by making them madly fall in love with men. Those women felt insulted after the sexual intimacy and wanted those men to become a sex slave because that's what they felt like while being sexually intimate with that intelligent man. What was the fault of these men? They spoke with someone of the opposite gender who wanted them to fall in love with them, then felt insulted and wanted them to become a sexual slave of another man and not let them stay a straight man or a celibate man. There is no way, if you are intelligent and emotional and sane, that you will speak with someone of the opposite gender who will not want you madly to fall in love with either them or some other person. If you fall in love willingly, then you will fall in love willingly. But if you're mentally strong and religious and want to hold on to celibacy with all your strength and power, then that person will put you in a situation not physically, but their unwanted wish will be that you will fall into a deadly situation like imprisonment or torture or poverty and will be forced to come to them and sexually serve them in order for your situation to become better or in order to save yourself. And that is the reason why thousands of people in the world become sexually active, not willingly but unwillingly. Because of the opposite gender person's unspoken wish. People are more powerful than you can imagine. Especially those who are emotional. Especially those who are passionate. So, do not speak with anyone of the opposite gender if you want to stay celibate. Never ever have I met a man or a woman who is sexually active but never spoke with the opposite gender. And every single madly homosexual man I interviewed were such, as 100% of them sexually

were involved with a woman before. None of them were virgin, none! And I have visited a religious country where I met several hundred young virgin girls and while speaking to them found out that none of them had spoken to the opposite gender yet.

Chastity is a unique gift and naturally, it will be difficult to maintain it, if you do not follow these four rules. To glory in tribulation is not grievous to him who lives a celibate and chaste life, for such glorying is glorying in the freedom of choice and is craven upon the pedestal of dignity. Brief is the sexual glory which is given and received of men as all lust eventually fades, and every man or woman who had once used your flesh to satisfy their sexual appetites will begin to despise you. Indeed, sadness always goes hand in hand with the joy and glory of the world.

These rules, if you follow word for word, you may have a 90% chance of being chaste and celibate. Which only 1 in 40000 people can attain among the world's human population in their earthly lifespan.

4 benefits you will definitely
enjoy should you be successful
in being absolutely chaste,
celibate, and pure hearted.

Number 1:

You will never starve. One way or the other, even if the whole world is starving, you will find food. Even if it is one day after 2 days of starving, you

will find food. If you are truly celibate and truly chaste and truly pure-hearted and pure-minded, you will never ever starve to death. Today or tomorrow, even if you're stuck in a jungle, a cow will come with milk or a chicken will come with eggs, but you will never starve. Even if the whole world goes into a nuclear winter, you will find radiation free food. Even if your entire country goes into a pandemic or a plague and everyone starves and dies and all fruits and vegetation ceases to grow in the world or gets infected and destroyed, you will still find food, enough food to keep yourself healthy should you stay celibate and single all your life. You will never ever starve. Whether you want to say that God will feed you or you want to say that the universe will feed you but food you will get, if you are celibate and single and chaste and pure. Right now, it will seem absurd because you have all the food in the world and most probably most sexually active. But one day might come which comes to almost everyone in the world, especially those who are sexually active, that a nuclear war might take place or a famine might strike or a volcano might erupt causing massive levels of volcanic ash to block some light from the world and make all vegetation die and rot away. Should a situation come like that in the world and at that moment you start being celibate, then you will not be able to enjoy the benefits of celibacy immediately. In order to be truly celibate, you must stay celibate for 5 to 7 years and then you will start reaping and gaining its benefits. Once it becomes a lifestyle once you forget all the memories of sexual intimacy, that is when you are truly celibate. And if you stay single and celibate and pure hearted and pure-minded for 5 to 7 years, only then can you reap the benefit of celibacy and chastity. So, before a war takes place or before a pandemic takes place or a plague breaks out or a disease, become pure and find the glory of celibacy.

WHY CHOOSE THE PATH OF ABSTINENCE? Why choose the path of suffering in opposition to the path of luxury and sensuality. One may ask oneself why should one choose the path of celibacy, chastity and abstinence and face such suffering and pain and loneliness and not choose the path which offers such happiness such comfort such luxury and fulfilment. Some might even go so far as to say it is impossible for a person to ever be abstinent and impossible for a person to ever become celibate or stay chaste. They will simply say it is unnatural and unimaginable or unattainable and unfathomable and illogical and insane and abnormal and not worthy enough. How can a person in their sane mind purposefully and willingly trash away and throw away a life of happiness, sensuality and sensual happiness along with luxury, comfort, love, children or wealth and fame or power and money?

For people who are addicted to sexual activities, they will find that their cowardice will be equal to their arrogance and injustice, and even if they do achieve some earthly success, they will ultimately become the object of satire or comedy rather than of serious history, since they would be considered deficient in the vile and vulgar qualification of national courage

or cooperation, as in their blind partiality of sexual love, they would have abandoned true friends and comrades and perhaps presided over the birth of a monstrous child. But why should anyone with the sane mind and logical thinking ever choose the path of celibacy, chastity, singleness and loneliness or abstinence which is inevitable to come along with suffering, poverty and lonesomeness and unsucccess for what is life without love, and what is life without wealth, and what is life without happiness, and what kind of happiness is there or can there exist without the happiness of children wealth Fame business power and so on and so forth?

The answer is very simple. Majority of the people who are married get divorced. And majority of the people who are married are in loveless marriages. Even if they do not believe that their spouse does not love them, the truth remains that their spouse eventually falls in love with someone else and for one reason or the other, is forced to stay in a marriage of convenience. Or the spouse is too poor to go or too afraid to start another life with another person or taking another chance. All those who enjoyed life with their children find that eventually, their children leave them.

The majority of people see their children leave very quickly within the age of 18 or 20. More than half of them breaks away from the parents due to arguments or past hidden anger over simple things. A fourth of them cuts off the relationship with their parents in order to keep their spouses happy. A quarter of children leaves from the vicinity of their parents and is not able to visit their parents often enough or even speak with them enough. Those who enjoy wealth and a life of luxury oftentimes suffer from chronic illness and autoimmune diseases such as arthritis, migraine and many other sicknesses which does not let them enjoy their wealth too much. Those who enjoy fame or success are often terrified of the plots and plans of their rivals. Should that person be a politician, that person will live in constant terror and fear that their opposing party may find out something about them which will make their vote go away. Should that person be an actor or a singer, they also stay in constant terror fearing that their relatives might say something bad about them to the media or their fans or one of their actions can be mistranslated by their fans and all their fame and love of their fans will melt away in a moment. Their terror and their fear make their happiness about their fame seem very useless to them. And those who chase after love or is madly in love with someone and does everything in their power to gain that person's love through gifts and helping, often times has no clue that that person they love despises them and is actually in love with someone else secretly. The person may spend their entire life serving them and loving them and foolishly and blindly believing that that person loves them, when in reality, that person maybe enjoying this person's sexual and emotional service and physical service while themselves secretly in love with someone else or fantasising about some other lover that they themselves look up upon and will secretly enjoy and celebrate when this person dies.

So, the truth is that in every happiness of this world, there is unhappiness.

In every fame, there is the fear of insult.

In every family, there is a lot of drama which eventually turns to blaming and hating.

In every relationship, there is either cheating or unloyalty or one side being in love with someone else and that makes the whole relationship fester under a false pretence. It could be real for one person but for the other person, and in most of the cases, it is not real but only a path of convenience and ease. And underneath the world of all those who are rich, lies the fear of poverty and the pain of loneliness and the fear of cancer and depression and pain and suffering which money cannot solve or the loss of a loved one which no wealth in the world can bring back.

This sexually revolutionised era gave rise to maddening lust and selfish desires, conditions that have ancestry in the stirrings of the modernity which it represents. Hume anticipated it in his phenomenal insistence on the non-continuity of the human self when he proclaimed that humans are nothing but a collection of perceptions which succeed each other with inconceivable rapidity and are in perpetual flux and movement, or so he thought. With the supercomputers and world wide web, we can appreciate the rapidity in which vulgar and perverted ideologies spread, and is accepted and normalised, and finally glorified, and those engaging in such lewdness are deified as celebrities, movie stars and social media influencers.

This world and this life are a life of pain and suffering inevitably comes to everyone. To some, it appears to come more often, and to some it appears to come less but to those whom the world tortures more on the outside, it only touches them more because they feel the pain less. And to those whom the world seems to be rewarding, their pain is the most severe inside and thus, the world does not give them pain and suffering because they are already suffering most insanely inside their heart and minds.

Every single person in the world suffers. Just different levels. Every single person in the world complains and has complaints. Different kinds of pain for different kinds of people. To sum it up, it appears that the other person's pain is less than their own. But for that person, that pain is more than enough. And for this person, their own pain is more than enough.

Indeed, the world spares no one. And the more it gives you, the more it tortures you in the end. The only way to save yourself from suffering is to not let the world give you any gain. This world is a path, a long narrow path that one must cross through time and age to reach. No one can delay it and no one that was ever born could avoid it. The more you will be tempted to pick up stones from the path the harder and the more painful your life's journey will be to reach the end. The more luxury and the more wealth and the more fame and the more sensual pleasures you attain will make your path and your life most difficult till you reach your end time. The simpler your journey, the more easy and more peaceful your journey is. So, when the world dazzles you with beautiful stones of sensual pleasures of wealth

and fame that comes with pleasure and happiness, deny it all. Say no to it and choose the path of purity and abstinence and very soon you will realise that all those glitters were not gold, but just a ruse to destroy most of those who are deluded and are passionate enough to not understand the harm and got attracted and took those stones and later suffered most severely but could not let go of the stones because they did not have enough sense left towards the end of their life.

For those who are intelligent and emotionally mature and are great and just and has high moral values and enough intelligence to know the difference between righteousness and evilness and goodness and badness, for them, the path of abstinence and loneliness can be more painful than for others who are lesser emotional and less grateful by genes and nature.

But for those of them who despite being intelligent and emotionally mature, took the path of sensual love of lust and enjoyment, those men suffered so greatly, and those women suffered so severely throughout their lives, not even realising that all this pain could have easily been avoided had they followed only one rule of abstinence and only one rule alone. Had those men and women who suffered most horrifyingly because of their not choosing the path of chastity and abstinence and celibacy, should those people being shown all the torment and all the torture and all the suffering and all the heartbreak and all the torment and all the searing pain and all the agony and all the injuries and injustice they would face throughout their lives, and should a video of their own life had been shown to them while they were at the age of 20 or 15 and had a video of their future and of all their torment and all their madness and suffering and torture could have been shown to them, image by image, video by video in a roll of a film or movie, and should those people have known that all this pain and suffering and all the torment and all the heartbreak and all the tears and all the wailing of their life could have been avoided should they have chosen the button of abstinence and should they have chosen the life of Chastity and should they have taken upon themselves the path of celibacy instead of being seduced by love dreaming themselves to be martyrs by letting themselves fall in love going into sexual relationships and starting their self-destructive journey which would determine their pain for the next 70 or 80 years and make them gain nothing but hatred, torture, torment and pain and suffering, then indeed those loving foolish youngsters would have chosen the path of abstinence, loneliness and superficial suffering. I have no doubt that all of those intelligent and emotional men and women would have chosen the path of abstinence, chastity, celibacy, and piety and purity.

With celibate lifestyle, a chaste person can burn through darkness and deceit with his power of purity, as he or she will be immune to the bondage of love and lust, and with that sacred flame, a chaste person can rise above ordinary life and defy the wrong. Celibate and chaste people defy falsehood, wills right, is loyal to truth, and can become all that man is, has been, and aspires to be, within the accumulated virtue of chastity. By the product of

this pure quality and power inherent in his or her chaste self, which has wrought from the lowest and dimmest rudiments, but was pursued unrestingly in the gradual paths of an aspiring celibate change, the free human mind can build a novel foundation to create that dignity which sets him on equal terms with all the sublimities of the universe.

But the world is a place of deception. It deceives, it is based on deception and it deceives all those and it deceives the most those who have emotion in them and those who have intelligence and humanity in them. It seduces them with love; it drowns their minds with love stories and love movies and love poetry making them believe that all happiness in the world and all the goodness in the world and all the greatness in the world is in love and wealth and fame. Most unfortunate people in the world never get a chance to even know the truth from falsehood and the right from wrong and deception from reality. It is too late and too long after that they realise the harms that they have done upon themselves and many die without ever knowing what they did to deserve such pain in their life. Many die believing in false love. Many die believing themselves to be martyrs and many die believing themselves to be honoured and their lives to be successful when in reality, there was no success in their life and after their death, no greatness and no great legacy was left behind.

The joy of the upright chaste people is found in celibacy and purity, and anyone who desires true and eternal happiness should care not for that which is temporal and humiliating, because he who desires the temporal glory of lustful human flesh, or who despises chastity from his heart, is proved to bear little love for his fellow man. People who live a chaste life eventually develop compassion and mercy, and care for neither praises nor reproaches and have great tranquillity of heart. But some people cannot resist temptations. If someone is like me and loves pizza, only then can they understand the dilemma of these people. If someone loves pizza and cannot dream of her life without pizza, whether it be Chicago Pizza, Italian pizza, deep dish pizza, mozzarella pizza and every Pizza and any pizza place in every place is equally attractive to them, and they cannot go a week without tasting pizza. They might even get kidnapped should the kidnapper offer them a free slice of pizza. Whenever they find cheese and sauce, they make a pizza out of it. They constantly think of pizza, watch videos of pizza and look for pizza, eat pizza, dream of pizza and plan on which next best pizza place to go and eat out after finishing eating pizza in one meal. Nothing in the world can make them hate pizza. And no amount of disease and promises of cancer can stop them from taking a bite from a cheesy slice of pizza. The smell of pizza makes them insane the taste of pizza makes them feel like they have gone to heaven. They even love the letters used to spell the word Pizza. Boxes of pizza cause their eyes to be glued to it even if it is empty. In any movie, they watch intently when the hero takes a slice of pizza, they become insane. There is nothing in the world that they live for

and should they have to choose one food that they could eat for the rest of their life, they would choose pizza. Now, there could be other people who love sushi and who loves steaks or who loves lasagna but this person is obsessed with pizza. And no one in the world and no fear and no commandment of God and no testament, and no doctors threatening them with cancer or diseases can ever stop them from having a slice or a bite of cheesy hot melting saucy pizza.

Now if that person should suddenly realise, that because of a pandemic or a rare fungus that has been born because of the climate of their country, all cheese has been infected by a sort of parasitic worm, and because of a pandemic or a plague or some other form of disease or disaster, all the rats in their whole country has started to eat cheese and infect the cheese with that plague. And every single cheese in their entire country and every inch of every single cheese in their whole country has become infected with a sort of maggot or worm which constantly eats the cheese and then defecates on it and then lays eggs on it and many worms and even some snakes and some poisonous centipedes which looks very clear in colour have built their nests with their eggs and their young ones into the cube of every single cheese in their entire country. These pizza lovers also find out that because of the weather, all the cheese in their country have become rotten. And all the cheese in their country have been infected with a type of fungus which will eat their brain cells and make them insane and infect them with 100 to 200 different kind of diseases and fill their stomachs with worms and parasites which will infect their body and make their skin completely filled with warts, sores and human flesh-eating fungus. And then the person realises that all the pizza store owners are warming those cheeses, sifting them a little bit in a normal sifter and is making it appear double cheesy with rotten butter and giving it to them on beautiful looking hot slices of pizza crust in a beautiful stone baked oven. In such a scenario, I do believe that if that person has any sanity or any sense left in him, then no matter how appealing and how beautiful and attractive that pizza would look to him and no matter how cheap the offer the store owner is offering him, that pizza, no matter how hungry he is and no matter how much the smell is paralysing his senses, he will not eat it and throw away that slice of pizza and never touch it or never go near it and never smell it or taste it or ever take a bite even at gunpoint. Why? Because the person knows what torture and what pain and what suffering or what disease and what fungus they will suffer for that one bite of one slice of pizza. It will no longer appeal to them and it will no longer make them senseless with relish, and it will no longer be difficult for that person to stay pizza less for the rest of his life. And that pizza is sexual pleasures. All sensual sexual pleasures lead to a very severely disappointing end especially for those who enjoy sensual and sexual thoughts and acts.

Should a person absolutely hate anything that is bitter and anything that is sour and tasteless and started suffering from a disease or a cancer that has been declared by the doctor as incurable. His death is coming close and

there is no hope for him. He sees no future and the pain has taken over him and that not even the most powerful injection of morphine can stop the pain of cancer that is eating away at his cells and his bones and his organs. He has started losing weight and his family has started mourning his departure. The doctors have stopped chemo because of the platelet count of his blood has gone too low and made him too weak to receive chemo. He is suffering and facing unimaginable pain with no cure to his cancer known. He has become hopeless and started taking farewell from all his beloved ones who are breaking down in tears and painful anguish. He has nothing but his graveyard and is preparing for his funeral, leaving his little children behind who will have no one to take care of them once he's gone. His country will need him because he was a politician whose decision could have saved the lives of 100 million people but death is close and he cannot save them because his end has come. And then a doctor comes out of the blue and brings to him a medicine that is bitter and he must eat it now and to make sure that the cancer does not return, and he must continue drinking that bitter medicine throughout the day and throughout the night for the rest of his life. Then the doctor confirms with 100% confirmation that his cancer will leave he will become cured and can live for another 50 to 60 years until old age takes him naturally and painlessly. But that herb is bitter and so extremely bitter that it lingers on the tongue for a while after eating. It makes the thought of that bitter herb makes a person convulse with disgust. But there is no hope and that person must take half a teaspoon of that bitter medicine several times throughout the day and every night for the rest of his life. That herb will detox his body and will detox his organs and it will give him appetite. It will destroy all the pain in his body and it will kill every cancer cell and it will detox his liver and make his organs grow back into his original form. It will make his mind sharp and it will give make his heart clear and healthy and the medicine will remove all heart diseases from his heart it will make his mind sharp again and remove the effects that chemo had on his brains. It will rejuvenate his brain cells and make him healthy. It will nourish him with calcium vitamin b, c, and d. It will give him every single amino acid that his muscle needs to rebuild itself. Several teaspoons of bitter potions, once daily or twice daily for the rest of his life will do him such good. Which man in the world should disagree to it? Which sane, suffering man after going through so much pain and suffering and hopelessness and pain and fear will say no to that medicine bitter as it is?

And that medicine is celibacy, abstinence, chastity and purity. This is the bitter herb that cures and shall cure every single person in the world from every ailment of the heart and the soul and will give them utter contentment and peace and will make them great as human beings and the greatest most merciful version of themselves in their future. The freedom of human beings, which is the essential transcendence of this intelligent species over all the palatable qualities of what mankind boasts and contemplates upon, is among the economical commonplaces of meditative

thought. But that supreme prodigy is itself removed to an immeasurably loftier plane of liberty and awe, when it can be removed from human bondage and ceases to lust after other human bodies, and can be perceived by the rest of mankind as a bestowed and privileged endowment, something akin to an ellipse from a transhuman sphere, but since the achievement of absolute celibacy is difficult, and chastity, as the built-up product of pure life, is slowly, painfully, and toilsomely wrought by man's own extraordinary effort, few people in the annals of history has been able to live a successful celibate existence, without succumbing to some form of human temptation or animal lust.

Sexual relationships and sexual love and sensual pleasures are most lucrative or attractive and promising and inviting and even comforting on the outside and underneath it all, hides the ugliness of these pleasures, underneath it is hidden heartbreak one-sided unrequited love, ungratefulness and dishonour from amongst your friends and your foes. There is only disease, suffering and rejection, friendlessness, loneliness and a depression that eats the soul away. Underneath the illusion of love and lust, lies a suffering that makes humans hopeless and depressed. Underneath the allurements of sexual love and sensual pleasures lies such torment and such suffering which causes humans to become cold-hearted and causes depression to make their hearts broken and enslaved and weak, which eats their mind's strength away and makes their brains paralysed and weak and so weak that people who spend their life in the quest of these pleasures eventually break down both mentally and emotionally and many a times have I seen the men who were most involved in sensual and sexual pleasures eventually becoming depressed and stalking a young woman or a young man and destroying their own lives and that beloved's life for the sake of a love they themselves make believe in. They resort to a type of stalking which makes them nothing but maddening crazy slaves of that lover of theirs. They become so weak that the more they are involved in sensual pleasures, the weaker they get and the dumber their brains become, and the more senseless their wisdom becomes until they live solely by depending on the imaginary love of their would-be lovers. They become so weak that they become dependent on someone and to keep that someone with them, they start hurting all love rivals and become a very worst version of themselves. All these stems from weakness of the heart and weakness of the mind and all the weakness of the heart and weakness of the mind creates despondency and hopelessness and a severest depression which makes people senseless and this starts from walking in the path of sensual pleasures.

The solace of the soul can never be found in sexual perversion and filth, and testimonial of hundreds of volunteers who adopted the path of celibacy reaffirmed that the true joy of the heart could be discerned in the midst of a

chaste lifestyle, and pure-hearted people were able to enjoy the serenity of a good conscience.

Sexual actions are allowed in religion and are made legal through marriage but nonetheless, any kind of sensual pleasure, even if is not sin in the eyes of God, but is a sin in the balance of the universe. All those men who thought themselves doing a great blessing of God by getting married and getting themselves involved in sensual pleasures and sexual love eventually faced the fierce torments and suffering of the world which came to them only because of this one reason: sexual pleasures and sensual fulfilment. Had these men known the harm of their sexual relationships and sexual acts, then they would have never gone down that path and never thought of it as worthy enough. Had they known that those whom they lust, stalk, and love actually despise them and is disgusted of them and will find other lovers who will be dependent on them even more eagerly and stalk them even more desperately and help even more and save them even more and be dependent on them even more and spend even more time with them and their families, then these men would not have spent the rest of their lives destroying their rivals and destroying the lives of innocent people for the love of one person who does not value them one ounce, and has many other lovers waiting to please them and be dependent on them and save them in return.

Ah, and those seemingly suffer in celibacy, had they seen the other version of them self, had they seen what they would have become if they had gotten into sexual pleasures and sensual life and, had they ever seen how they were saved from all those torments and all those tortures and all those suffering and all those situation which would make them weak and despicable human being and a real tortured soul, then all the loneliness of celibacy and all the insults of singleness and all the pain of abstinence would appear to them as the most happy and pleasurable thing in the world. They would appreciate it and they would love it and they would enjoy celibacy and they would value abstinence and they would fight for it and never in the world could anyone or anything ever seduce them away from their pure path of singleness celibacy and they would forever be happy in this peaceful life of abstinence.

Sexual fantasies, sensual thoughts and Masturbation:

There is nothing more dishonourable than the person who dishonours themselves.

There's no one more demeaning than one who demeans himself.

There is no one more destructive or brainless than who tortures and injures oneself.

No one has the right to rape themselves.

If someone should do so, then they will and most certainly become a monster eventually losing all respect for human beings and becoming selfish unfeeling and cruel towards everyone around them.

Some parents think it's okay to beat their own children. It is never okay to beat your own children. More so because they are under your trust and under your control.

The cruellest of men is the one who commits fornication with himself.

There's no greater evilness that eats the soul of human hearts away than this act of utter humiliation that one do to oneself. This act makes human monstrous and cruel mad makes them passionate and unfeeling towards everyone around them who are suffering, because they don't want to get distracted from this sickness that they have trained themselves to enjoy out of self loathe and the absence of self-respect.

To force one's own heart and mind to give pleasure by constantly thinking of demeaning sexual thoughts destroys a person's self-respect to the point that the person becomes extremely jealous of anyone who is purer than them or more pious than them.

This jealousy causes the person to lose faith in oneself and become mentally, and emotionally extremely weak and afraid which leads to the beginning of dependency and emotional despondency and madness of lust and slavery of a lover.

Masturbation is one act which appears so innocent and so harmless can utterly destroy a person heart and feelings, and mercy and humanity.

This act can and has destroyed many people's lives and utterly destroyed their entire future success.

It is the most horrifying act one could ever do to destroy their mental health and mental strength.

Suicide is very high amongst those who masturbate and people who have this habit suffer from extreme poverty, as almost ninety percent of homeless men reported to constantly practice the act of masturbating. It destroys their self-respect, their mental health and their success and fills their minds with fear, weakness and anger which eventually leads to self-destructive actions like crimes and drugs. I know many people who had the ugly habit of masturbation becoming devil worshiper, becoming godless, losing faith and losing self-respect. This is one act which appears completely harmless can damage a person's psychology, and for those who have no religion and no faith to teach them the difference between right and wrong they end up encouraging this act. This is the most disgraceful act that one human being can do to themselves. Psychologically, it has detrimental effects and oftentimes leads one person to depression even in later years of their lives. It is something that destroys every form of happiness and peace and self-reassurance, self-respect and faith and honour in oneself.

Throughout almost 3000 to 4,000 social media accounts and regularly writing down reports on their behavioural analysis, keeping a track after comments and their posts which led the researchers to understand that this person is constantly involved in this act, through their posts and their tweets, and then deeply researching all their other posts and their comments, the result was mind-boggling and deadly. All of these people appear to be extremely passionate, and vicious in their angry languages towards others. They tended to react violently to any slight or insult or hate from their fans or followers on their social media page. The people who regularly masturbated often supported one person violently one day and then completely cursed them and hated on them the next moment, and these psychologists and researchers assume that these people were almost becoming mentally imbalanced in their extreme feelings and mood changes. A profound researcher done on all petty felons, famous thieves and shoplifters and rioters, found that all the criminals who were found guilty in court were sexually very active, and were highly active in this sick act of masturbation. This act is so dangerous and so demeaning and so detrimental for a person's mental health and their emotional disposition, that it can actually change a person's nature and make a merciful person turn into a very violent creature.

In fact, if one person finds themselves out of control when it comes to stopping masturbating, then it's better for them to take a legal sexual partner rather than indulge in this dangerous and deadly act of sexual thoughts and acts. If not, they can dangerously effortlessly become mentally unstable and capable of violence and extreme hate. This particular act of masturbating makes a person totally feelingless until they become absolutely cruel.

Diaries from World War One and Two soldiers revealed that the most violent and sadistic torturers and rapists amongst soldiers were the ones who had recorded multiple accounts of their masturbating during the lonely time in the army.

Many of the soldiers who were practicing masturbation the most were later investigated for murdering children and raping women from ages 6 to 60. Some were found stealing food from old people's homes, and in many cases shooting them for not giving them food fast enough and in the Axis side of the war, many of the soldiers who wrote about their sexual fantasies and thoughts also write about the events where they burn down houses with little children inside and appear completely insensitive towards the horror of their own actions.

Thus, it shows how masturbation is the single most deadly and dangerous act that one person could do to absolutely destroy their own soul and erase their own moral values and their own heart and their own feelings and their own humanity. If people were to continue and be allowed and be encouraged to do this act and please themselves with sexual thoughts and fantasies, then this act itself would be enough to turn every human into monsters by the age of 30 to 40. This is one act one should avoid at any and every cost and control oneself unless that person wants to become a monstrous person who will have no humanity and no mental ability to differentiate between mercy and cruelty. Their charity and their mercy as well as their empathy will plummet faster and faster with age as they continue this act.

The human brain is malleable and has a way of destroying a person's guilt. This act destroys a person's guilt and moral values and makes them insensitive towards the feelings of others and makes them more and more desperate to please themselves in every possible way. In a warfare or war-torn country or a famine infiltrated place, one should make sure that the people they are locked in with do not participate in this sort of acts or else if that person is old enough and has been practicing this act for a long amount of time, they will definitely turn to cannibalism. All those soldiers of World War II who had written in their diaries also gave entries in graphic details about how they cannibalised their best friends without any feelings and remorse because they were in short of food and water supply.

Sexual dreams and thoughts are deadly because it causes people to become insensitiveness and this lack of empathy is directly connected with this act of sexual pleasure. The brain evolves quickly, especially as they age, meaning after the age of 25. With age, this filthy act becomes more worse and more deadly for a person's mental ability and moral values and their feelings or their mercy and their empathy and their capability to feel the pain of others and connect with it.

If someone is extremely young and in their teenage years and their brain is not fully developed, this does not harm them too much. But once a person starts becoming mature and the brain stops growing, then this act has deadly effects on the brain itself. It diminishes parts of the brains and decreases the size of the brain matters. It has an effect on the direct effect on the brain as if an extremely powerful drug is being taken. It squeezes the brains and has the absolutely dangerous effect of a very powerful and dangerous drug. Each dose of drug harms more than the last time the same

drug had harmed it, and with age, the brain literally and physically starts to deteriorate every time a person does this act. Not only their mercy and feelings get diminished, but their entire mental thought process and entire moral value diminishes fast through this act, but they themselves become naturally selfish and naturally unfeeling towards other people and become more and more desperate to please themselves until there is no difference between them and a drug addict. In fact, they become, not a normal drug addict, but a drug addict who has lost all of their mental abilities and their brain has become deteriorated through the long effects of drugs like morphine and other sorts of ecstasy that has directly impacted their brain health. And also, they become like a drug addict who loses all sense of empathy, sympathy, feelings and moral values and only becomes desperate to please himself for the next fix.

It is much better for someone to enter a marriage rather than spend one second of his life thinking sexually about another person, or permitting the mind to become filthy with sick and degrading thoughts about another person's body. This act is so dangerous and so demeaning and so detrimental for one person's mental health and their emotional disposition, that it can actually change a person's nature and make a merciful person turn into a very violent creature. There are no words enough to describe the horror of this act. There are no language and no research enough detailed to show the horror and the harms of having wet dreams and doing masturbation because this one act has terrible effect on the person's mental thought process and also has a deadly effect on all of those who are around that person or dependent upon that person. Never think sexually about another human being, because it is worse than marrying them or being intimate with them.

For most sexually addicted people who preach lust and sex to everyone around them, they find it imperative to demonise all religions in an effort to justify their immoral behaviour. Their inherent hostility to Islam, Judaism and Christianity blinds them to the fact that forces and ideologies which destroyed one set of ideas may as easily destroy another; or, if they do see this, they believe that a secular and sexually deviant way of life is the only correct path, and their inherent strength and the secular society's capacity to absorb and sexualise all alien elements will protect it from subversion.

The mental weakness, the lack of sympathy, the raging anger, the selfishness, the hatred, that skyrockets with this act and is so closely connected, that it should terrify any human being and every single person who is sensible should stay away from this act at any cost the same way we stay away from dangerous poisonous drugs which absolutely diminishes the brains and causes dementia and Alzheimer.

If anyone finds it impossible to control their desires and their sexual thoughts, then let them change all those who are they are staying with. Often times, it is the people you stay with who do not directly or indirectly help you or give you enough peace to make you enough confident to fight this disease of yourself and combat the disease of your mind and your

thoughts. Let them change all their roommates and if they stay with their family, let them move away from their family. It is far better to lose your family then let yourself get destroyed and become a monster through participating in this act and being too weak and too powerless to stop oneself from doing this act. It is far more better to save oneself from this dangerous act than to please the family and stay with them and being in a mental position where you don't have the strength to fight this off. Do not ever justify it and do not ever try to calm yourself by saying everyone else is doing it and it is fine. Do not justify it through religion and do not justify it through moral or immoral values and do not justify it through memes or media accounts or jokes of other friends. For some people, it does not harm them as much as it harms those who are emotional and intelligent. If someone is not really stupid and cruel, then this might not have too much long-term effect on them but for anyone who is intelligent or has any emotions, empathy and feelings of mercy towards others, then this act will absolutely diminish their moral values and make them a very despicable human being by the age of 40 to 50, and they will manifest the worst version of themselves. And if they could have saved themselves from this one act, then indeed, they could have not only succeeded in their lives because of their brilliant thoughts and their intelligent mind which would have been completely disease free, but they could have been a great human beings with their mercy and love which would have allowed them to help millions of people instead of destroying them and justifying it to themselves because of their own anger and their own hatred, which started from doing this act.

The amount of harm that sexual thoughts can bring onto a person is so many in number and in so many different ways that one cannot possibly imagine while doing the act that how far this harm is going to go. Not only does masturbating makes a person mentally weak but it also makes the person fall into depression. And the weakness of the mind eventually, by the time they become 40, turns into mental illness. They become so mentally weak that their brain stops working. They become so weak and so depressed that they do not have the strength to control their heart any longer. They cannot control whom they fall in love, be it with their own bloodline or their own gender or be it their own family or their own children. The more intelligent someone is, the more sexual thoughts make the person mentally weak and filled with self-hate. The more the person becomes mentally weak, the more the person worships people and becomes dependent on them mentally, emotionally, physically and sexually eventually. This kind of weakness makes the brain so diminished and lowers the IQ to a point that the person has no control over their mind and cannot make their own heart and mind and body follow what's right and what's wrong. They cannot choose between right and wrong. They become a slave of their mental illness. And this mental illness is a particular illness which makes a person enslaved sexually to every single person in the street. It's the disease which makes a person become so low to themselves become so

weak mentally and emotionally and physically pathetic that that person constantly looks for another person to depend on physically and emotionally and become so dependent on that person that they become a sort of a stalker which becomes so selfish that for their own survival, they will hurt and destroy anyone who tries to take their sexual idol or their sexual target or their human God from them.

Many writers have tried to reinstate moral values by invoking the rise and success of the European Renaissance but this effort, though noble, had failed, mostly because, from the religious point of view, the Renaissance was a rebirth of the paganism which Christianity had supplanted, and it was the source of that very decadence which we now perceive in Western life and thought. This moral degeneration led to the development of the porn industry, which often leads to people becoming addicted to the vile practice of being sexually perverted, and resort to engaging in disgusting practices such as masturbation, when there is nothing worse than this act in the world, although perhaps there is nothing that appears more innocent and harmless in the eyes of people. The different kinds of harm this act brings upon people is beyond the imagination of a normal person. But investigation after investigation and testimonies after testimonies prove over and over again how people became so mentally weak, so emotionally unstable and suffered so much grievous harm or had terrible things done by them because of this one act. It literally made them change into a person who was destroying every good and moral act and preached every debauched practice, whilst defiling every moralistic philosophy, laws and religion.

A RESEARCH:

As part of our investigation, we researched the content history of 17 famous YouTubers and 23 famous Quora account holders, particularly these YouTubers who were making hundreds or almost thousands of videos against a particular religion or a particular law that held moral values. Out of those YouTubers, who are pretty famous, I later found out after delving into their previous contents and bringing their previous posts from other social media that those admins were constantly confessing of doing acts of sexual depravity and masturbation. We were quite baffled as to find out why these leading YouTubers who were constantly destroying and insulting high moral values bringing millions of evidences from different places just to destroy a person's moral values, and religious values, why would all of them confess to and upload materials that gave indication that they were doing these sexual acts over and over and over again? Out of the 17 famous YouTubers, nine of them were former Christians, who had now become atheists. They were cursing God, and cursing all religious values and constantly preaching people to do every sexual act that made them happy. They were insulting religion by demeaning every single Abrahamic religion by bringing out all advices and faults that they found in the Bible and the Testaments. They were calling God names, and invoking every expletive and every curse words available in the book and were constantly preaching

people to do all sexual acts of degradation and one of them was even calling for the legalisation of incest. All of them hated religion for religion forbid them from homosexuality and incest. They were calling for a country where every sexual act with every single person would be open free and be available to do in the street and they were uploading videos against the veiling of women and insisted that every woman should be completely naked in the street, or some of them at least. Every one of those men were extremely sexually active. Every one of those men were sexually perverted from a very young age and found themselves constantly in the act of sexual actions or fantasies. They themselves uploaded that they were habitual in masturbating, and said so in their videos which were uploaded 4 to 5 years ago.

Three of them were violently against Islam and were ex-Moslems. They also were extremely sexually active and hated that religion for minimalizing their sexual actions and for the punishment of the afterlife that the god threatened them with should they act in a sexually perverted way. They were insulting their former religion and were cursing the prophet of that religion. They were bringing every single false narration that were made by people 300 years after their prophet's death and bringing them as evidence to curse him to defile his honour and constantly preached hatred towards them and violence towards people who followed the former faith, to all the world. They were making 10 to 20 videos per week, where they were preaching such hatred and bringing every single crime that was ever done by anyone from that religion and telling everyone to invade their country to destroy their religion to give civil wars and to make those people turn against their religion even if they themselves had to dress up as a person of that religion and attack their people to convince them that their religion is bad. They were calling for the unveiling of every woman from that religion and to make sure that every single person in that religion becomes sex workers. All of those three people who formerly belonged to that religion made videos and one of the most active one against their prophet, made a video where he made several videos where he constantly talks about his sexual fantasies and how he cannot control his masturbation. It seems as soon as those people became sexually obsessed with sexual relationships and lust, they became the greatest enemy of that religion. They became the destroyer of that religion and they were preaching violence against the religion which has already been the victim of extreme hate throughout the world. They were teaching 6 billion people to go against that religion and destroy that religion and to make every man and every woman and every child of that religion sex workers and naked. They were advising people to frame them and to destroy their image and to make them hate their religion, in order to destroy their religion since it forbade them from having sexual depravity and evilness. They were angry for the chastity laws and thus, they were bringing false narrations that were written about their prophet several hundred years after his death and spread those lies that

were circulated by his enemies who acted like his friends. All three of the YouTubers were extremely active sexually.

Five of them who were against Christianity were constantly making videos insulting every single Christian priests. One of them was or former Mormon and the rest were former Christians. They knew all about religion, since they came from strictly religious background and their obsession was to upload videos insulting Christianity and finding faults in it and cursing all the priests and nuns who are chaste.

They were making videos constantly trying to change the meaning of the words in the Bible and finding false reports with the Bible and preaching to everyone to leave Christianity and to ban Christianity in Europe and North America and to become atheists and believe in evolution and natural law of animals. They were bringing every single verse from the Bible and every single fault and discrepancies and inconsistencies they found or thought they found, and were constantly preaching to all Christians to leave their religion and to never let their sexual pleasure to be oppressed by the Christian faith. They were preaching insanely to everyone to leave that religion and to ban it from all public schools and libraries and to destroy all churches and stop all preachers from preaching. One of them had secretly become a Satanist. He was fighting for the right for every single person in North America and Europe to burn the Bible as the Bible oppresses sexual immoralities.

These vloggers were preaching against religion because they were unchaste, and had they been celibate, they would have been notable like the celibate philosophers who advocated the goodness in religion. The German philosopher Kant was almost unique among contemporary writers in his understanding both of traditional Christianity and of the forces of subversion at work in the sexually revolutionised world, advocated chastity and himself exercised a pure living with utter celibacy and lived and died as a virgin, and he often cited the harms of sexual indulgence by pointing out that it causes a slavery of the mind to the norms and judgements of ancient pagan civilisations. Moreover, these norms are usually hidden under the veil of morality or freedom of which there often remains little more than a name and certain emotional attachments, a lifestyle which becomes devoid of the intellectual and spiritual truth which stands at the heart of all religious revelations.

These men who were promiscuous were single handedly destroying Christianity in the eyes of all Christians by bringing the selected history and giving chosen events of all the violence that were done by Christians a or by those who called themselves Christians. They were fighting, literally fighting, for the right to burn the Bible saying that it condoned slavery and is homophobic and should be banned. They were actively telling people to ban all Christian preachers and humiliate them and make them leave their cities and to destroy all churches to make North America and Europe Christian free all over again. They were trying to preach madly, and make everyone adopt atheism and wiccans as the religion of North America and

Europe all over again and to ban all mosques and all churches and all synagogues in these two continents.

All four of them were extremely sexually active, as was evident from their content history and their comments and their video selection and likes, which were sexually extremely depraving. One of them, who was openly the Satanist, was constantly supporting Satanism and satanic temples and preaching of the burning of Bibles and telling everyone that they have the right to do that and that they should do that. He too was extremely sexually immoral. He had been giving sexual services to older friends from the age of 13 and had become almost as if he was a sex worker. He was sexually serving everyone as part of the ritual and forcing everyone to become like him. Out of all 17 of them, he was the most sexually depraved and appeared at times, not even normal when he started talking about how everyone should become sexually active everywhere and do everything through its power.

I conducted this research on various platforms, and the result were always identical.

The same thing happened on Quora.

Every single user who was constantly cursing either Christianity or Islam or Judaism were extremely sexually active. And their comments were violent at times. They were ready to kill anyone by using harsh words. It appeared to one of the researchers who was an expert in psychology that their sexual activities made them extremely angry and self-insecure. It made them hate themselves and loathe themselves to the point that they became violent in their language and passionate in their hatred. They did not want a single person to exist in the world who are chaste and celibate or abstinent and honourable. They thought that since they had become so sexually enslaved, every single person in the world should become as sexually depraved as them and that they would not allow a single person to be pure or better than them. Their self-hate and their self-anger ate them inside and made them a violent creature incapable of softness or understanding or wisdom or human mercy and feelings. That's why their comments were extremely violent and they were constantly preaching hatred towards all three religions and they were constantly dreaming of framing all three religions by doing violent acts and acting as if they are a member of that religion to make everyone from that religion hate their religion thinking that all the people of their religion are bad. They went as far as to frame religious men for crimes.

Religious societies have had their share of social and political troubles, and to the sexually liberated person, it may seem unreliable and appear to change shape as in a kaleidoscope, but they should accept that those religions like Judaism, Islam or Christianity, forms a coherent pattern in terms of cause and effect. To draw one fibre from it is to find that this is attached, by countless unseen filaments, to all the rest. Religious laws

advocate chastity and purity, and frown upon sexual immoralities and forbid incest, homosexuality and paedophilia, and if a small fragment of good habits were lifted from the pattern, it will bring with it, piece after piece of the whole structure and offer a much-needed light in this sexual world. Because research shows that everyone who was sexually depraved hated religion and if they continue on the path of their hatred and violence, maybe one day, they will end up murdering religious people and sexually assaulting religious women and men only for the anger towards them for being chaste, veiled and modest.

For youngsters, it may not seem to be such a problem to be sexually active. But once a person goes over the age of 20-25 and then that sexual act becomes a bad habit and an addiction. Within the age of 30, it starts making people hate themselves and it makes people extremely angry, passionate and hateful. Within the age of 35, it starts diminishing the brain and thinking capabilities and it does not let one person empathise with other people, and it only makes people one-sided, angry, and enslaved towards their sexual partner's body, and within the age of 30 and 40, should they constantly allow themselves to follow their sexual desires and please themselves sexually, these people will become extremely violent and unsafe for people to be around with. Should they get a chance, without the fear of government or police, these people will actually be capable of doing mass violence and many other dangerous things.

But, if someone is extremely brainless, whose IQ is extremely low and has no intelligence and very less emotion, then sexual relationships and sexual thoughts will not harm that person too much. Even if it harms that person's personal life, other people will not be harmed by that person. Because intellectually, he will not even remember to hate himself. He will not remember to hurt others. He will not remember to be jealous of others. But those who are intelligent and emotional, if those men and women continue on the path of sexual depravity, jealousy, anger, hatred, vengeance and violence will take over their hearts and souls and within the age of 40 to 50, they will become violent monsters. The more intelligent and the more emotional they are naturally by genetics, the eviller and crueller and violent they will become with their age. The sexual addicts and activists above all others should understand that every culture has something of value that allows for global or social peace and unity and they should realise that the modern civilisation created in the sexually liberated world, even if it seems constantly to better the lives of people in terms of technological advancement and monetary prizes, holds within a sinister dagger of damnation.

In previous generations, our ancestors and our great grandparents were not as intelligent as we are. It is because the people of this generation have access to extreme knowledge. They have access to google. They watch films, thousands each year, and every single person watch thousands of spy films which makes them as intelligent as an intelligence agent. Every single youngster has detective movies memorised which makes them extremely

intelligent. High school students and college students are constantly arguing with each other in debates. They are watching debates and talk shows and interviews and political debates. They're constantly watching the news and listening to speeches of intellectual leaders. They have multiple friends and through online and social platform they have friends from every country. And every single person from a different country has a different type of intelligence. Every single person of this generation is constantly learning from their friends and becoming more and more intelligent by the minute.

In our past generations, people did not have access to such knowledge or such debates and such political enigma such news anchors, articles, videos such as YouTube and such knowledgeable philosophies and philosophical debates. Thus, they were not as intellectually capable and brilliant as us. Their memory was not as strong as ours. And people who are in social media are constantly arguing with each other and getting involved in intelligent debates. They are being forced to remember past things and thus, their memory is becoming sharp by the minute. Our past generations did not have such intelligent memories. Thus, when we get involved in sexual relationships and sexual activities with our intelligence, we tend to become mentally involved with that person. We don't only get sexually involved but are mentally and physically involved. Each person is worshiping that sexual partner, with their intellectual capacity and their emotions and their memory they are remembering that relationship and remembering that person and they are remembering those feelings, and they are being emotionally, physically and intellectually extremely involved with that person. Our past generations forgot about the romantic partners. They were in financial difficulties. They were in deadly situations. They were facing famine and civil unrest. They were facing Injustice from their governments and racism from their governments. They were not involved with their sexual partners as we in this generation are. Scholars of this century have not been able to escape some form of subservience to occidental norms as they tend to be deeply concerned with ideas of the Renaissance. But people today, are free to enjoy sexual immoralities, and this is causing great harm.

Does the people of this generation, who with their intelligence and their emotional intelligence and their memory and their peaceful government and their leisure field heart and mind, when they get involved in a sexual relationship, think they will not have to suffer, as they tend to worship that person unimaginably and enjoy sexual relationships that are extremely volatile and extremely intense, and once it is over, the hurt, the depression and the heartbreak is severe. And most importantly, the degradation and the humiliation are most unutterably severe. Every single person who is sexually involved with one person, remembers how that person will always remember how this person sexually degraded himself or herself to that person. Thus, those who are involved sexually in this generation become extremely bitter and hateful and are filled with self-hate. They eventually

become incapable of mercy, justice and become incapable of loving people. They become passionate in their anger and their self-hate and their memories. The heartbreak, the degradation, the humiliation affects them severely, because they are intelligent and they understand that their sexual partners are insulting them. They understand the memories of pain. They understand how they were humiliated and degraded by worshiping another person who does not love them, that person's every body part.

So, when this generation of people get sexually involved, they become very cold-hearted and angry and one-sided and passionate. And when there are 8 billion people who are passionate, angry and filled with self-hate, jealousy and rage, the world does not last. And should a warfare break out, then the most horrible side of human beings shall come out. There will be no mercy; there will be no compassion; there will be no understanding and there will be no wisdom. Everyone will be a passionate and selfish monster. And those who are good and those feel who are good and did not remember their sexual relationships and were not obsessed over their sexual partners, those good people will be forced to become bad because they will not have a choice. All good people will either die or have to become bad in order to survive.

Contemporary religious writers had been accused of taking no pride in religion like Islam or Christianity, as any mention of God and faith elicits scorn from the sexually active men and women of this modern world, but no one could claim that they are uncritical of sexual decadence in the western world.

PENANCE:

There's nothing called forgiveness in the world and there is nothing called repentance. Penance must be given and this is the law of the universe. For every sin that a person does, for every harm and every hurt they do to others, they must repent or they shall face the punishment for it.

The path to all salvation and the path to all greatness is through the door of repentance.

Repent, repent and repent more. Do penance for every sin that you did in your past.

Until you repent and until you are penitent, you will never find strength in your heart or even the will or even the wish to become good. Those who are proud after sinning will never ever be able to stop sinning. They will sin more until they became old and haggardly and their brains get aged and they become dumb. They will sin until everyone is disgusted of them, they will sin and will not be able to control their urgency to sin. If someone is proud after sinning, they will never ever be able to even have the chance to repent or even have the chance to come to the path of purity. Penance and

repentance are the first step towards salvation and this is what the devil never allows anyone to do. This is what your enemies will never allow you to do. Because repentance is the path to all salvation, because repentance will save your soul. Because repentance will make you honourable.

Whenever someone sins or does a lustful act, the first thing the person does is become angry. The first thing the person does is become hateful and jealous. The person's ego flares up and they feel dishonoured for doing a dishonourable act and then they become desperate to dishonour everyone around them so that they can turn this dishonour into honour. For those sinners, there is no hope in the world. They will continue sinning and they will continue sexually using other people's body and they will continue letting their own body be used sexually and will continue taking pleasure from all kinds of sexual abuse and all kinds of sexual humiliation and degradation.

Dishonour they can never get away from.

Degradation they can never free themselves from.

Sexual humiliation they can never come out from.

Those proud sinners are cursed to be humiliated are cursed to be in degradation forever. They will never even have the mental strength or the mental intelligence or the wisdom to even know that they are degrading themselves and humiliating themselves by sexually becoming the slave of a person who despises them and is disgusted of their stinking private body parts. They will fool themselves until they become dumb and believe in their own lies. Because after sinning, they became proud and became desperate to make everyone a sinner like themselves. That pride ate their brain and the wisdom away and now they feel honoured in dishonour. They feel happy and respected when they are being whipped and abused and treated like a pig and dog. They feel honour when they're sexually serving someone who is absolutely disgusted of them and treats them like a public restroom.

Pride diminishes the brain. Ego blinds people and makes a person so dumb and so retarded that they enjoy being insulted, and they enjoy being humiliated and they see honour and degradation. In order to honour yourself or come in the path of Truth, and in the path of wisdom, the first step is repentance. Without repentance and humility, one can never attain honour, respect, freedom, religion, God or heaven or anything else in the world. They cannot even attain love. Those whom they love will one way or another, eventually become disgusted of them and hate them. Love can never exist when there is no honour between people. If you cannot respect a person, you can never love that person. And those who are sexually active with someone can never be respected by their partners and thus, the Love Is false. Perhaps it is dependency or perhaps it is slavery but that dependency will go to another person once this person dies and love will never exist between them, and had never existed therein.

No one in the world can wake up one day and choose to become chaste.

Chastity and celibacy are the greatest gift in the universe that any human being could ever attain. It is never given to anyone and everyone. To attain

it one must be worthy of it. To be worth the outfit one must repent and make themselves the greatest human being in the world. Between 50,000 people you must make yourself the greatest, the most merciful, the most humble, the most repentant, the most loving and the most caring and only then will you give get this gift of celibacy and Chastity and will be able to maintain it and enjoy its benefits forever.

No one in the world can choose celibacy on their own will. And no one in the world, no matter how strong they are, has the power to stay celibate and chaste and keep their mind pure, and away from all sexual thoughts and keep their heart free from falling in love. No one has the strength to do it in the world. And suddenly waking up one day and deciding will not help that person.

So, in order to deserve the gift of chastity and the gift of celibacy, one must repent. One must repent immensely for every sexual act and every sexual thought. For every sexual relationship in the past one must repent. For every time the person was cruel towards those who are in need, one must repent. For every act of mercilessness that a person was forced into by not giving charity or by not caring for people of other countries, one must repent. Without repentance, no one in the world will be able to receive any blessing, let alone the greatest blessing which is chastity and celibacy.

There is no sin in the world that one must not pay for it. Whether it is through depression, whether it is through rejection or whether it is through becoming a bad person and hurting others, no one in the world can stay without penance. For every act of selfishness and every act of sexual lust one must pay. Either the payment will be taken from them via extreme pain and suffering if the person is humble, or if the person is proud, then the payment is taken by making the person's mercy and love and justice snatched away from him. When a person is sexually active and are sinning through sexual thoughts and sexual movies and sexual actions and sexual relationships and other forms of cruelty, that person is proud and arrogant and not humble and not repentant but filled with passion and hate and anger, then the payment and penance for his evil actions comes through him changing. That person will suddenly find himself becoming extremely cruel and merciless and a killer. Suddenly, that proud sinner will find himself hurting others and destroying religions and framing innocent people and destroying his afterlife making God angry and preaching sexual molestation and abuse to everyone around him. And every single person who will sexually get involved in sin, he will get a copy of their bad deed and every single person who is suffering in the hands of the sexual molesters and sexual groomers, who learned sexual activities from his movies or his preaching, will curse that person, and he who made it will face the punishment of it in his life and his family life and with his children.

The proud sinner is one whose punishment comes in the form of his heart becoming evil. Punishment comes in the form of mercy, love and justice leaving his soul. Punishment comes in the form of a great man suddenly becoming an evil man. Punishment comes in the form of a free-hearted men

suddenly finding himself a sexual slave of a person and become so weak that he destroys every single of his rival to gain that person's love or lust. And that is the sign that he has been absolutely cursed and no repentance will be accepted from him because of his pride and because of his pride, he is being blinded and has become cruel and a sexual slave and can never ever come back to the path of freedom or justice or piety ever again. For those who are extremely humble, when they are involved in sexual relationships and selfishness their penance comes through suffering, unimaginable suffering, torment, poverty, famine, hunger and disease and terminal illness and so forth. But because of their humility, their sins eventually get forgiven and perhaps there is a chance of salvation for them in the afterlife even if it's not in the world.

And for those who are most humble and most merciful penance can be given through tears. Through begging forgiveness from God and from people and through penance by doing every good action possible in the world. Penance can be given in the form of unimaginable charity towards everyone who is suffering in the world and penance can come by preaching abstinence and through preaching respect and honour and through mentally helping everyone and giving them charity and teaching them faith and honour and respect and making them proud a human being and respected and honoured all over again. Penance can come via begging God for forgiveness for those who believe and crying and weeping for several hours each day thinking of all his past sins and the way is he sexually abused himself or others. For those people the path of Chastity, or the path of celibacy, then those people can repent and become celibate and reap the benefit of its greatness and become the greatest version of themselves, the purest most righteous sublime free version of themselves and can be the cause of the salvation of humanity rather than deceiving a million soul in the world. Those are the truly lucky and truly great ones. Because they have paid penance for their sins through unimaginable tears and unimaginable charity and through preaching goodness and greatness and abstinence and honour.

But penance must be given and repentance must be earned.

Because nothing in the world is free. And no sin in the world goes unpunished. No crime in the world and no sexual abuse in the world goes unpunished.

Karma is real.

Karma takes place in different ways and different shapes and different forms.

But for every sin, man has to pay.

For every pleasure they must suffer. And all those who tell themselves otherwise are only fools or fooling themselves.

Those who are intelligent shall choose the path of repentance by crying for the pain of others and by undoing their own harm and their own selfishness by giving unlimited charity by saving the souls of the world and most importantly by saving the honour of human beings.

What is the greatest form of charity? To save the soul of human beings and not only the body.

You can feed a human being and that person will live one extra day but should you save the person's soul, that person will become merciful and that person will teach honour and will learn to honour and respect himself and will respect others and will be the cause of salvation for a million other people. The greatest form of charity is to save a human being's honour. The greatest form of Charity is to teach abstinence and celibacy and chastity and honour and respect to every young girl and young boy so they could love them self with a pure love and love others with the pure love and honour their body and honour everyone else who is around them. To preach abstinence and to preach Chastity is the greatest charity that a human being can give to another human being. To teach people honour and to teach people to honour others is the greatest form of charity a human being can do and this penance is most loved and most beloved to God and to men.

Sexual relationships and sexual activities and sexual depravity has annihilated and destroyed the hearts and souls of our intelligent generation. In this world of social media, and intelligent debates, those who are being sexually active are becoming extremely filled with self-hate and eventually weakness and depression is taking over their minds and souls.

This depression is making them angry and weak at the same time. It is literally destroying the human fabric of every single person's personality. Sexual activities are literally making the personalities of people change into something more passionate and angrier and hateful.

There's hardly any freedom amongst this generation. Everyone is passionate and everyone is one-sided. Had there been a group of people who are sexually inactive and absolutely chaste and abstinent and celibate, then these people would have enough mercy and wisdom in them to actually apply Justice to the world. And had there been a country or a group which could maintain justice in the world then the world would not end up destroying each other. Every single country would not destroy the other country due to hatred and anger. Every single religion would not be obsessed with the destroying the other religion until the world becomes religion less.

Christians, Moslems and Jews are all sexually active in this generation. Except for a few Catholic fathers, most of the people of these religions are sexually active and are extremely passionate because of it. Thus, they constantly go online and curse each other and find faults with each other so passionately that they are as if they are obsessed with destroying each other. How silly it is for people to destroy each other's religion when each religion is connected with the other one, and each religion needs the other religion to survive?

If Christianity goes against Islam, leaving all the wiccans and the atheists alone, then they are destroying the only religion in the world that respects

Jesus and his mother Mary. They are literally killing themselves and shooting themselves on the feet. They are destroying the one religion whose followers were formerly pagan who now after coming into Islam were forced by Islam to respect and honour Jesus and Mary much more than their own prophet. Yet, sexually active Christians are obsessed on YouTube and Reddit and Quora to constantly annihilate, destroy and insult Islam and Moslems. When passionate Moslems see these posts, they are forced to defend themselves and then they find faults with Christianity. When Jews who are sexually active become passionate and someone kills them or hurts them and claims to be Muslim, they become so angry that they start attacking all Moslems. Those Moslems become enraged and then curse the Jews or at least, they feel such hurt and such pain that they do not want Judaism to exist anymore. And that prayer or wish is very bad especially when it comes from a person or a community who is being constantly demonised on the media for the last 50 years. But Moslems should know that if Judaism did not stay in the world, then no monotheistic religion in the world would last. It is their anger and faith that kept that religion intact for so long. Yet, I'm quite sure that if both these religions had a group of people amongst them who are sexually inactive and absolutely abstinent then they would find peace and compassion between themselves and forgive each other no matter how much people killed each group, or if other Moslems and Jews fought and someone framed them to each other to make them kill each other and destroy their religions.

For the most part in this century, it is sexually active people who have been through the modern educational machine who write the books which circulate in the West. The works they produced in the late twentieth century to the present could not have been read in the past without embarrassment. Writers like Al Kinsey, who tried to write about human sexuality in his 1948 publication, went as far as to claim that sexual inclination was such a basic human need and right, that even if infants cried, they did so likely from some sort of sexual desire. These men were the advocates of sexual immorality and societal degeneration. Their attacks against all religions depended, they thought, on proving that it contained nothing compatible with the best contemporary fashions of thought and did not accord with the moral and philosophical norms of European civilisation. These sexually deviant men scoured the libraries for any favourable references to sexuality in the works of the famous philosophers like Socrates, and made a lame attempt to claim that all humans, including children required sexual release. After interviewing several thousand convicted paedophiles and child molesters, these researchers of human sexuality narrowed their reports based solely on men who resided in State penitentiaries, and published books and reports based on this faulty intel. In their effort to justify sexual immorality, such as incest and homosexuality and paedophilia, they were often reduced to quoting long-forgotten passages from obscure writers or journalists who had found a good word to say for the sexual indulgence or for sexual freedom. The idea that the sexual civilisation they

admired so blindly might be open to radical criticism in terms of ethical norms scarcely crossed their minds.

Abstinent and chaste people are extremely important for the world to last. No one in the world can stay completely wise, merciful and free-minded and absolutely unbiased, unless they are completely and absolutely and 100% abstinent sexually and chaste and absolutely celibate.

No one in the world can stay merciful and loving and just unless they are completely abstinent. Those who are sexually extremely active are bound to become hateful and passionate and angry towards one group or the other, towards one race or the other, towards one religion or the other.

Imagine a world where 8 billion people are passionate.

Imagine a world where 8 billion people hate each other.

Imagine a world with multiple races and each race are willing to destroy each other.

Imagine a world where all eight billion people are intelligent and intellectual.

Imagine a world where 8 billion people are obsessed with destroying each other's religion.

Imagine a world where 8 billion people live in a world where there are at least 800,000 hydrogen and nuclear bombs are available to destroy each other.

The inclination of many contemporary sexual activists to turn their backs on thousands of years of historical and cultural development which was predicated on religious morality is irresponsible, as without the monothetic religion of an independent God, humans can scarcely retain any form of humanity, and people will regress to the foul practices of ancient civilisations, before the Christian morality had made its impact upon the heathen Roman leaders and pagan Europe.

We need a world where there's going to be absolutely abstinent people who will live in abstinence and learnt to control their feelings, to control their passion, to control their hate and to control their anger.

If you want the world to last, and if you want the world to live, then become abstinent today. Do not let yourself ever get involved in any sexual thoughts. How much violence and how much harm these sexual thoughts will bring unto you, you cannot imagine it.

Depression will eat your soul away. All those who are sexually active and even had sexual thoughts and watch sexually active videos, most of them suffered from depression, and a lot of those who suffer depression eventually became so mentally weak that they became, for 24 hours a day, dependent on another person to survive. And when that person is being threatened to be taken away from them, they resorted to violence and all kinds of evil and wicked actions and hurt other people to keep that person to themselves. And the people they hurt became so weak and mentally and emotionally weak that they also became mentally and emotionally and sexually dependent on another person and destroyed every single person

who tried to take that person away from them and so the cycle went on and on and on.

Those who did not suffer from depression but constantly were acting out on sexual fantasies and sexual thoughts, they became the reason for the millions of people in the world to leave religion and to harm each other or to hurt each other and to sexually assault each other.

Every single person who uploads videos constantly cursing religion and teaching people to sexually please themselves whichever way they want, they are themselves single-handedly making thousands and millions of rapists with their own hands. Those men who are watching their videos and leaving religion and are now becoming the slaves of their sexual desires instead of the slave of god, whose religion now is sexual pleasures instead of the ten commandments, those men start with sexual fantasies and thoughts, and then they watch sexual videos, and then they become so insane to act upon their sexual perverted thoughts that whenever they should get a chance, if there is a warfare or they find someone who's weak or someone who is helpless, then those men will go out and without the fear of God and without the fear of hell and religion and they will go out and do the most sexually depraved torture on that person. Maybe, they will give them some money to make it consensual or maybe not. But all those men will become monsters and all those who are being molested and abused might become so broken that they also themselves may become monsters to survive.

Who is to blame for it? The man who taught people to hate religion is to blame for it.

Why was he forced to hate religion? Because he was sexually active and thus, he became angry and hateful and jealous towards all things good and towards all religion which preaches goodness, chastity and abstinence.

No matter how desperately you want to sexually please yourself with sexual thoughts and sexual videos, fight with yourself. It is going to be hard but fight with yourself. Either you will become an Angel by being abstinent or you will eventually become a demonic version of yourself should you allow yourself to act upon your sexual thoughts or even allow your mind to think of sexual thoughts and take pleasure from it.

Those who live in worldly ecstasy and are guarded by the inward sense of selfish pleasures often forfeit power over the entirety of their senses, and in their minute sexual pursuits, and in their thoughts on things that are lustful, they learn to delight in humiliation and falsehood, and no longer hate to be deceived, while people who are chaste tend to have a vigorous memory, and find that they are suddenly gifted with sound speech, and their woes are soothed by friendship. They can eventually avoid many of the world's pains, baseness, and ignorance and live chaste and productive life. You will not die if you stop yourself from having sexual thoughts and watching sexual videos and having sexual fantasies or having sexually depraved actions with other people. You will not die. But you will die or be the cause of other people's death and suffering if you act upon those sexual

thoughts and sexual fantasies or even allow your mind to take pleasure from sexual masturbation

Don't drink poison just because it makes you high or makes you feel good.

Don't drink poison and think it won't harm me.

Most importantly, don't drink poison and then say, hey it didn't harm me yet, so I can do it all I want. If the poison didn't harm you yet, that means its effects will come when it comes without any mercy or reprieve.

Those who lose health, financial status or honour and fame are the lucky ones, because those, who after being involved in sexual acts don't lose in the obvious monetary gains or health, lose in ways that are irreparable. They lose their heart, they lose their religion and make hell their final destination which they will have to face very soon and they had worshiped someone who will enjoy seeing them burning in hell while the person is happily in heaven.

Those who are enjoying sexual activities and think they aren't losing anything are dead wrong. They are losing which the eyes can't see.

The once great persons have now become an unjust cruel person. The once merciful person now lost their mercy, the once great person now is now helping to oppress people and helping genocides take place or is helping to harm and hurt the innocent and those innocent people's curse will destroy him or her and their children.

Had these people stayed chaste, then they wouldn't have found themselves in a situation where they'd have to help oppress people and thus they and their children wouldn't have to suffer the ultimate consequences of their own actions.

Those who are into enjoying sexual pleasures, and does not let go of it, will one day become the reason for millions of people to lose faith in God and to disbelieve in religion. And when those men who became godless and faithless and fearless because of this man's anti religion acts, when the evil one amongst them goes out to hurt women and children and abuse them and torture them with no fear of God and an afterlife and no laws of religion to make the perpetrator even feel a little guilty, then the victims of those men will curse and wish suffering on the person who made their torturer so fearless and so evil and thus the curse of every oppressed and tortured person will annihilate the sexually active man and his entire progeny.

There are hundreds of incidences in my knowledge, and personal anecdotes where I was able to confirm that those people who engaged in excessive sexual acts and practiced masturbation often became so immoral in their behaviour that they often could not determine what was acceptable.

Gradually, they became more and more degenerate in their sexual mating habits, and began to hurt and abuse others, often even assault minors. The news reports of similar incidents each day, such as the story of a 42-year-old academic and educator in Connecticut who was found guilty of raping an eleven-year-old boy in a car outside the child's home.

Sexually stimulating behaviour is so detrimental that you may not even appreciate the level of devastation you are doing to yourself with each

minute of masturbating that is leading to sexual thoughts and sexual pleasures. Verily, you are burning down your own future and are destroying your mental strength and health and forcing depression upon yourself. Become pure today.

Most of the men who are chronically masturbate suffer from severe depression and often become addicted to harmful drugs, and 8/10 times, they get into cannabis or mushrooms to forget about the pain of depression. This is a lingering horror which not only will affect your heart and soul but also physically impair your life. No matter how much you repent afterwards, you will still have to face the consequences of your actions.

Maybe for those who are religious, God will forgive your masturbation practices, but God forgiving you means he will likely take retribution in the worldly life, while God not forgiving you means he has forsaken you to the devil and those evil powers will make you its own personal advocate and the devil will make you do so much evil that you cannot imagine it right now. All these emotional and physical damage will stem from thinking of vulgar thoughts. Each time you masturbate or take excitement from pornography, you are literally cutting off years from life.

Each time you have a sexually explicit thought, you are bringing on the most painful diseases on your own future. Each time you masturbate you are destroying the sustenance of your health.

Each time you masturbate or have sexual pleasurable thoughts, you are destroying your future fate, the woman you were supposed to marry or the man you were supposed to marry, would have been an amazing person who would love you and be a loving and excellent human being who would be most loyal to you, but because of your masturbating, you are bringing into your fate the most hateful and cruel or heartless and selfish man or woman as your partner in your future, who will secretly love someone else while enjoying your slavery and madness.

Each time you masturbate or take pleasure from sexual desires and thoughts, you are destroying one of your future children's fates. Your children who were meant to love you will for some reason or the other absolutely hate you and despise you. If your fate was written to get obedient loving children, somehow your worst genes and your partner's worst genes will combine to create the most disobedient, ungrateful and untalented and selfish evil child who you will be stuck with for the rest of your life.

Don't destroy your own fate for a few seconds of degrading pleasure.

Don't destroy your own future with your own hands for a few seconds for sexually worshiping someone who secretly hates you.

Don't kill yourself with your own hands.

Become proud today.

Become pure today.

Stop all sexual thoughts from today! Trust me, you won't die, but you'll gain so much within a few years that you'll be so proud and so happy and mentally so free and depression will leave you, and you will have a free

heart which is not enslaved to any horrible people who because of the drug of sadness and self loathe, is appearing like an angel to you and whose worshiping is making you more and more insane and slavish by the minute. Take the decision which almost no man has the strength or power to take. Become chaste, something which no man has the power to do except the strongest, bravest, or proudest men in the world.

Do not ever do an action which will demean you to another human being. Don't ever do anything which will degrade you to yourself.

If your parents were humble and of a country of people who are passionate and humble, there's a huge chance that you are also becoming like your mother or father and becoming a slave of your sexual partner in reality or in your sexual thoughts.

No matter how excited you feel in demeaning yourself in your own thoughts, JUST DON'T!

No matter how desperately you want to serve someone sexually, stop yourself!

Don't brainwash yourself or drug yourself or blind yourself into telling yourself that that person loves you or will love you no matter what you do.

Don't be that stupid. Fight with your own drugged dumb brain.

Fight with all your strength to become chaste.

Take an ultimatum today.

Tell yourself from today I shall be honourable.

From today I shall be proud.

From today I shall never anything to degrade myself.

Form today I shall not be the enemy of myself.

Never do anything that would make you degraded in the world and to yourself.

Gain your own respect.

No matter how much you enjoy degrading yourself, fight with your own thoughts and wishes and wants and fight to honour yourself.

Your enemies will want you to enjoy things that will degrade you. Your enemies will want you to do actions that will make you evil.

Your enemies will want you to do sins which will destroy your future and your fate.

Your enemies will want you to do things that will insult you.

Your enemies will want you to sin and degrade yourself and they will even applaud it and teach you that it is a good thing and it is healthy because they want you to be destroyed. They want you to do actions which degrades yourself. They want you to become mentally weak. Those who are jealous of you will never want you to become pure and chaste and celibate in abstinence and honourable. They will never want you to do a good action and good deeds which will make your future bright and honourable. They will never want you to do actions which will make your heart free. They will want you to do sins which will either destroy you financially mentally and

physically or those sins will make you such a bad person and such a weak person that you will have no choice but to do evil actions such as framing innocent people because that person is threatening to take away your lover whom you are dependent on because you're mentally weak because you did sins and do not have any mental strength or self-respect left.

Sinning by evil thoughts and evil actions and sexual thoughts and sexual actions makes people mentally weak. It makes them so weak that they start sinning and doing every evil act without remorse just to survive. Your enemies will want you to sin so you become weak so you become forced to do sins such as hurting others or destroying a good religion and they will prefer you destroying a good human beings' life because they are your rival who is threatening to take away your lover. They will want you to never be able to do good actions such as saving a religion or saving a good human being are becoming pious or becoming honourable. So don't listen to your enemies and those who are secretly jealous of you. Fight against them and fight to be honourable and fight to be respectable in your own eyes. Fight for your own self-respect. Fight to stay pious and chaste so you can become mentally independent. So, you do not have to fall in love and become enslaved to a person who despises you.

Why would you want to sin and have sexual thoughts and worship and fall in love with the person who despises you now or will despise you in the future? You can lie to yourself all you want, you can daydream, but that's what sinning does. Sinning and sexual thoughts makes you so dumb that it is like a vapor the covers your eye. It is like a drug that makes you dream of things that are not real. Those who are drugged with the drug of mental illness and mental weakness are weak as a result of their sinning and often times, those mentally ill people daydream that a person loves them, because the person is nice with them and they start worshiping that person and then the mentally weak person goes on to believe that this person loves me and to keep that love, they start destroying every single rival who comes near their lover. They become crazy and obsessed sexual slaves of love and in daydreaming and believing that that person loves them they start doing every evil actions and every kind of framing and murder just to keep that person to themselves. Because they're blinded with a drug which makes them believe that this person loves them, when in reality the person they are pursuing and falling in love with is a person who secretly despises them and is disgusted of them.

Why would you sin against God and have sexual thoughts and sexual fantasies dreaming about worshiping our lovers filthy body part who won't even go to the grave with you?

Why will you sin and have sexual thoughts for a few moments in this worthless life and destroy your entire religion and your entire future and your entire heaven for the sake of worshiping the stinking body part of a lover who despises you and hates you even though he or she is nice to you right now?

That person will never go to the grave with you. Maybe that person may cry for you a little bit and maybe you're stupid and dumb and retarded enough to believe that that person loves you and will love you and continuously cry for you till the end of their time. But they will not no one will. Some may fake it if they think you are fake dead. But no one in reality will ever cry for you and weep for you and love you. You may dream only want but you are just like a person who's starving in the desert and racing and chasing after mirage in the desert losing all your strength losing all your mind losing all your brain destroying your future destroying your life destroying your afterlife destroying your heaven destroying your relationship with God destroying yourself respect destroying your honour chasing and chasing after a mirage. A mirage that is love. A mirage in which you're dreaming that your lover loves you. A mirage and the daydream which makes you believe that if I love this person enough if I give enough work to this person if I save this person enough if I take a bullet for this person finally this person will love me the way I worship him or his private body parts. Are her stinking private body parts and his stinking private body parts. Don't destroy your future don't destroy yourself respect don't destroy your honour and your pride by worshiping someone who does not love you.

Every single one of your lovers will walk away from the grave after burying you or walk away from the cremation centre after cremating you and then the moment they walk out another person is going to fall in love with them another dumb retarded passionate psychotic stupid person will fall in love with them, that man or that woman will also dream that they love them. And then that person will pursue them chase them love them worship them destroy their families to make that person come to them start them save them take a bullet for them give them their wealth and their health and their everything in order to make that person love them. And should that new lover find out that another old lover pursued his victim like this, then that person will go back find out all your evil actions and all your sins and all your past history and then frame you and show that your former lover how evil his former lover or her former lover was. And all the love and all the years you wasted away for that lover will be completely useless and completely meaningless.

Don't be a fool and don't be obsessed with sexual thoughts and sexual fantasies dreaming about worshiping the body parts of a person who despises you or will despise you in the future. Who hates you or will hate you in the future. Be your own person. Build your own paradise. This world is such a short time. We remember when we were young and now, we're old, few years later we will all be dead 50 years later none of the people who are now walking around in the Earth will be alive. Everyone will be in their own respective grave. Most of them will be cremated and turned into ashes with nothing left of their body. No sign of their existence. Do not waste this short term of Life away worshiping a useless human being who does not love you and will not love you in the future. Even if he or she loves you today any minute human hearts change. Any minute this person will love someone else

double passionately and will hate you for no reason. Just to be loyal to their current lover they will hate you as their past lover are passed friend. Don't waste your counted days and counted hours and counted minutes of this precious life chasing and wasting your love on someone daydreaming that that person will love you. Stop worshiping humans. Stop worshiping the bodies of human. Start worshiping God and become like God himself. Become chaste. Become honourable. Become good today.

Don't delay, don't start from Tomorrow! Start from today. Take a decision be a little strong for your own sake. If you knew you were going to die 3 days later, and if you found out that God is real and that religion is true and heaven and hell are true then would you repent? I am sure there is not a single person in the world who would be willing to go to eternal hell, sacrificing everything of their future and eternity for sinning and worshiping a lover who despises them and is disgusted of them and hates them.

Don't be that dumb and idiotic person. Don't be so selfless and so slavish. Become free become honourable and become chaste and abstinent. Turn towards party. Believe in religion. Try to find the truth about religion and an afterlife and God. Try to be a good person and if there is eternity for immortal souls then work and hard and strive to gain a heaven and then afterlife of paradise.

Don't let your anger over your enemies make you destroy your own future. No matter how many enemies people make you have. No matter how many enemies you gain don't let your hatred for them or your anger towards them make you sin and destroy yourself. The more you sin, the more you're destroying yourself and no one else. The more you make other sin you get a copy of that sin too. The more you make people do good deeds, you get a copy of that good deeds and your position in heaven goes to an unlimited position of success and greatness.

According to some authorities in philosophy, the innovations of some sexually active people go beyond criticising philosophers' views to present fresh perspectives on a number of philosophical issues. By using peripatetic, eliminationist philosophies and transcendent philosophy as well as experiences of the West in philosophy and the humanities, they have been able to establish a distinct philosophical system.

To become familiar with the philosophical trend and some perspectives of Kant and Augustine, we can present two examples of their philosophical discussions. In the first example, we outline a formulation of a critical theological issue; and in the second one, we review their encounters with philosophical ethics, displaying their overall analysis and innovation in this regard.

In order to pray, we have to believe in a God. But how can one know God as a person? An objective person or object of proper noun cannot be known through demonstration. Knowledge of a person is either through sense or

knowledge by presence. Sensory knowledge of God and other abstract beings is not possible; therefore, the only way to knowing God as a person is through knowledge by presence. In demonstrative philosophical knowledge of God, however, scholars use the universal concept of 'the Necessary Being'.

Before presentation of any proof for existence of God, philosophers seen to answer two questions posed in this regard: (1) Is reasoning about the existence of God necessary? (2) Is reasoning about the existence of God possible?

Some have said that since knowledge of God is natural, it is not in need of reasoning. However, we must consider the natural knowledge of this Necessary Being. People commonly know God as 'the Creator' or 'the object of worship'. Philosophers prefer to use a title which recounts the divine essence without consideration of His act or any relation between God and others; hence, they usually use 'the Necessary Being,' which means an existent whose existence is necessary. The knowledge of God can be discerned on two levels. At the general level, there is a kind of knowledge by presence in all human beings which is semi-conscious and sometimes unconscious. Yet, we will need reasoning to reach a level of awareness by representation. Secondly, mediated and pointed reasoning can offer a clear path to that knowledge.

Become respected, become honourable. Become as chaste and as honourable as Jesus himself. Don't be disrespected anymore. Don't be dishonourable anymore. Fight with your own demons fight with your own thoughts. Sinning and repenting can never be as the person who never sinned in his life. Jesus never sinned. So don't sin and be a good human being; be a strong person. Do not be a weak slavish person inside. Don't waste your life away worshiping people. Make your heart so strong and so brave and so honourable that you can completely become sinless and you can spend every minute of your life and time doing the better of humanity and gaining your own Paradise and making God happy should you believe in him. Don't do actions that will degrade you don't do actions that will degrade others. All those who are jealous of you will be so happy to see you sin and destroy yourself.

Those who have close contact with sexually active people will be accustomed to hearing, with monotonous regularity, the righteous-cry: 'We believe in freedom in sexual expressions and act and seek to liberate all from religious oppression. We reject all and any God and religion which orders purity for people.' It is strange that any sane human should imagine this to be ever possible, because God and His monotheistic religion are an organic whole, a gestalt, in which everything is interconnected and in which no single part can be considered in isolation from the rest. Sexually promiscuous people would soon find that without the governance of God, and without the guidance of Abrahamic religions, they would be doomed to utter distress and live devoid of joy, as no law would mean no mercy, and no mercy would lead to expansive cruelty and immorality.

For centuries, religious scholars and philosophers had called for the purification of the religion from every element that could be traced directly to the pagan norms and promiscuous customs, and they condemned the blind adherence to the opinions of earlier pagan scholars and leader who advocated immorality.

Many philosophers like Immanuel Kant and even religious scholars like Saint Aquinas and Augustine have always been great travellers, and conducted extensive research on the adverse effect of sexual indulgence on humanity as a whole. These pilgrim-scholars from every corner of the world would stay in particular locales for a year or two to study the human conditions following promiscuity before returning home, and in this way their views often altered, or solidified. In fact, some of the most important of the eighteenth-century reformers and philosophers like Kant and Newton were so convinced of the dangers of sexual actions, that they remained lifelong celibate, and never indulged in any form of sexual thoughts or actions.

There are several types of people whom when they are scolded or frustrated, they go and burn themselves or jump off a roof and kill themselves. Don't be that frustrated person. Every single person who sins and gets angry at religious people for telling them not to sin or exactly those people who jump off a roof to kill themselves being angry at someone who insulted them. Those who are religious and righteous and preach you to do goodness and honour yourself or actually those who want you to go high. Those who tell you do as you will do whatever you want be the sexual slave of everyone sexually, to please yourself and degrade yourself and tell you become a little mentally weak animal who constantly thinks of sex and a little perverted insane uncontrollable sex maniac. Those people are evil those people want you to be degraded. Those people want you to humiliate yourself and others. Those people want you to be a sexual slave in a week disgusting human being. Those people want you to become so sexually addicted that you turn into a pervert and need to get more and more sexually active in order to get high. Those are your enemies those are those people are the ones who wants to destroy you and who will celibate when they see you go down and hurt others and destroy religions and insult yourself and go to hell willingly. Don't give your enemies such a satisfaction. Don't satisfy your enemies. Don't let your anger destroy yourself and make your enemies happy by destroying yourself even further. Never do a sin and never preach sin to anyone. You are your own self. You are responsible for your own actions. And every action you do you will be the one who will reap its benefits or its harms. And no one will face your hell for you and no one will face your heaven for you and no one will honour you and no one will help you honour yourself. You must take it upon yourself to honour yourself. You must take it upon yourself to become brave. You must fight against all the enemies that you have in the world whose constantly preaches you to

degrade yourself and to become faithless and to destroy your afterlife and to become a sexual slave and a disgusting slavish animal to every single person in the street.

Honour yourself! No one will honour you if you don't honour yourself!

Everyone will encourage you to become dishonourable.

Save yourself! No one will save yourself for you!

In fact, many will enjoy when you get tortured because of your lustful thoughts. Many will hold celebration and cheer when you succumb to your lustful desires and being harm unto your future.

Become sinless. Become honourable. It's time you take control of your life.

It's time you don't live to make your enemies happy. It's time you stop living to please yourself. Although everyone around you will teach you to please yourself. The worst thing a person could say to you and preach to you and brainwash you to become evil is to tell you to please yourself. There are many people in the world who use this word to destroy the honour and humanity of every human being. This is the word that people use as an excuse to do every evil in the world until they lose their mental wisdom mental capabilities and lose all control over themselves.

They lose control over what they want and what they don't want. They lose their mental abilities to differentiate between right and wrong. Because they have been brainwashed to do what makes them happy.

This is the greatest trap that anyone in the world could teach another person to do what makes you low.

Control yourself and control your thoughts and do not do what makes you happy. This is the excuse that people use when they say I cannot control whom I love. Or the heart loves what it loves. Or love is love, no matter with whom. This is the word that every child molester uses to groom children because they say their heart loves children sexually and they cannot control their love and the heart loves what it wants to love and do what makes you happy. This is the word incestuous people use to justify their evil and sick actions. And if you follow this law, you will become worse than an animal.

Scientists confirm that a nuclear war in the United States would wipe out 90 percent of the population, as most people would die from radiation fallout. The symptoms of radiation syndrome will depend on the dose a person receives, and they can include nausea, fatigue, vomiting, diarrhoea, skin damage, seizures, and even coma. At high enough doses of penetrating radiation, these symptoms will start within minutes and would be deadly.

The editors of Scientific American commissioned the special report because the US government is in the midst of a \$1.5 trillion project to refresh its obsolete nuclear weapons, including the ones stored at these silos in the western states. Their message had been unambiguous: 'We should rethink this miserable folly rather than once again squandering our wealth while driving a new arms race.' It is only inevitable that we will face a nuclear warfare in the near future, and when that takes place, we will not find pleasure in sexually servicing other people's radiation-filled bodies. It is the time to be chaste. Now is the moment to adopt celibacy and purity.

There are no words, there are no language, there are no letters in the world and there are no pages in the world to describe how much harm you are doing to yourself by each minute of sexual thoughts and sexual pleasures. If you knew how much harm comes from it then you would never ever under gunpoint or even threatened with that would ever allow yourself to take pleasure from sexual thoughts and sexual activities. The amount of evilness it brings into your soul. The amount of curse that comes into your life. The amount of destruction that is promised on You by each act of sexual pleasure pleasures and sexual thoughts is not imaginable for a human being to realise. But those evil people who are destroying the world killing innocent people committing genocide framing religions starting wars assaulting woman all had only one thing in common. They all began and they are still constantly in the act of sexual pleasures and sexual thoughts. Each one of them got destroyed because of this one's sin. The amount of harm it does is not describable by any human beings. No one can describe the amount of harm that is done to a person bisexual thoughts and sexual activities and sexual fantasies. No one will believe it no one will understand it no one will realise it. Unless they go so deep into the investigation of all the evil people in the world of all those who killed millions of all those who started worse. Of all those who killed children and assaulted women in millions. Every single one of those men had only one thing in common. They were allowing themselves all kinds of sexual thoughts sexual fantasies and sexual pleasures constantly and they were addicted to it. And this one action absolutely destroyed their future. It made them from a best man to the worst man in the universe.

No one will believe it until the investigated themselves. No one will understand the harm until they see those people in front of them. But do not take a chance stay away from it the way you would stay away from playing. There are movies which shows a person innocent good human being walking down the street until a vampire bites him and then the person becomes a killer and blood sucker of all other human beings. This one sexual thought it bites into your soul and it gets you infected and makes you addicted and then turns you into a human killer. To one way or the other it makes you suck the blood and the humanity and the goodness out of people. It takes every good action away from you and makes you the worst human being in the world. It starts a pet of evilness and it starts you on the path of destruction. But little-by-little small things it gets into your life until within 10 years you'll become a completely different human being. You become completely soulless merciless. Whether it is suffering that came to your life or mental weakness that made you depressed and do those actions whatever the cause whatever the reason, this one sexual thought opens up the path to every evil in your life. This one sexual thought is the vampire that bit you and made you a vampire just like himself. It made you from a saviour of humans to a destroyer of humans. Whichever way not physically

but then mentally or through your speeches or through your actions or through your money or somewhere or the other it will make you an evil person. The more you enjoy sexual pleasure and sexual thoughts the more it will destroy you. The more intelligent you are the more it will harm you. The more emotional you are the more deeply it will damage your mentally emotionally and physically. It will change your personality the way people's personality changes as soon as the vampire bit. Do not allow the vampire of sexual thoughts and sexual pleasures bite into your mind infect your mind infect your body infect your soul infect your personality until 10 years later you become a monster that no one ever could imagine you could become. Due to our participants' familiarity with modern Western thought and philosophy, we were able to present a diverse study and had been successful in examining a great number of psychological and theological subjects in a comparative fashion.

Many of my discussions with the participants in this celibacy experiment required me to engage critically with views of scientists and religious scholars, both theists and agnostics.

If only human beings knew the harm of sexual thoughts, they would avoid it like plague like coronavirus like HIV like cancer like any disease that is infectious. They would scream and shout and run away from it. They would never allow themselves to ever have a single sexual thought even if someone pointed a gun at them and threatened to kill them and their families. That is the amount of harm and destruction a single sexual thought can bring up on you if you are intelligent and emotional.

Control yourself before yourself take control over you. Control your mind before your mind takes control over your body and makes it do whatever it wants.

Become a saint become sinless. Every single person in the world deserves to be honourable and sinless. In a world where every single person is jealous and angry after being brainwashed by one or two sick-minded evil perverted sexually obsessed people. Everyone wants everyone to become like them. You must fight back and preach people. Goodness you must teach children. Goodness so they have a chance to live in honourable life as a human being in the world.

If we don't fight for Honour then who will?

If you don't honour yourself, then who will?

If you don't teach children Chastity, abstinence and honour then who will?

If you don't teach children not to objectify other human beings then who will teach them?

Will you keep the upbringing of your children into the hands of sexually perverted people who perhaps sexually assaults people and molest them and then goes on to use their money to make sexually perverted films and videos and flood the internet and control the media and eventually control the Congress and make laws that allow us all their sexual perversion to become legal and institutionalised and international?

Become abstinent from today. If you can control yourself and your desires. If you can attain abstinence and stop yourself from every single sexual thought, then I swear that one day you will become a saint. All the goodness in the world will come to you. All the power of heaven will come to you. There's so much greatness and so much goodness in store for you. Don't destroy it all; don't burn it down for the sexual pleasure of one or two minutes and the sexual thoughts which makes your heart weak and makes you mentally weak and makes you degrading and humiliating to yourself and eventually makes you filled with such self-hate that you become dependent on other human beings to live to survive. You start worshipping other human beings and their body and you only feel honoured when you are sexually serving someone else. Do not allow yourself to go so low. Fight to make yourself honourable. Try to become a saint. Look at the images of saints try to become just try to stay abstinent fight for a purity. Do not allow yourself to do things that are demeaning and humiliating and forbidden by wise and high moral human beings and forbidden by religion.

As academics, our treatment of human needs, sexual psychology and philosophy should be characterised by a precise analysis of concepts and terms in an attempt to clarify the point of diverse disputes. In this writing and research, I endeavoured to maintain objective scientific data along with purity of thought and philosophical language, not mixing them with other sciences.

You may think that fighting for sexual rights is going to make you honourable. But even if you make the whole world dishonourable it will not honour you. It will not make you one bit more honourable. It will not make you one ounce less sinful. But all the sins of the people of the world will add to your cart. And perhaps those people will do some good actions and repent during the ends of their lives and die as a sentence human being through pain and torment forgiveness or by forget forgetting all their sins. But if you are the one who taught them immorality and sin then you will bear their sin and your after life will be destroyed and your worldly life will be filled with hatred and humiliation and anger, jealousy and disrespect from yourself and everyone else.

There is so much greatness in the world hidden in chastity. There is so much purity and honour hidden in abstinence. There is so much wealth and health and greatness and love and friendship and loyalty hidden in celibacy that you cannot possibly imagine.

Don't become a self-pleaser and please yourself with sexual thoughts and sexual fantasies and sexual movies and explicit images. Fight every minute with your own self. Become insane in Fighting yourself. Fight with yourself as if you're fighting with your worst enemy. Because no one destroys no one can destroy you the way you destroy yourself.

No one can manipulate you the way you manipulate yourself.

No one can fool you the way you fool yourself.

No one can brainwash you and blind you the way you brainwash yourself and blind yourself by make believing and daydreaming that someone else

loves you and thus you worship that person and constantly have sexual thoughts about that person in the process, destroying your own future and destroying your life and destroying your religion and destroying your humanity and destroying your heart and destroying your moral values and destroying your honour and destroying your future and your family. Every single of those people who are so weak or brainwashed themselves that God will forgive them and they kept on having sexual thoughts ended up becoming the greatest destroyers of the greatest religions and the greatest destroyer of innocent lives and they harmed people and made by their words created such monsters that are now destroying the world. Don't be like those YouTubers who constantly obsess over destroying a religion or a moral value and are the reason for millions of people to go on sinning without accountability uncontrollably. Those people had only one fault now they're the reason for destroying all goodness in the world. But they had only one fault and that fault was sexual thoughts and sexual pleasures. This one action made them the worst human being in the world. This one action forced them to become a person by blinding them, force them to become a person who single-handedly created monsters who will destroy the world and assault woman and her children. Because they're teaching people to do what whatever they want to become the slave of their own desires and to become godless and fearless and are trying so hard to destroy religion and every moral value.

When people become so sexually immoral, they often face great troubles like natural and unnatural disasters. We live in a nuclear world, and face greater risk each day of an imminent all-out nuclear warfare. Scientists recently said that about 300 million people in the United States would be put at risk of death from exposure to radioactive fallout in the four days following a nuclear attack, according to a new report that models the possible effects of such a grim event. If America is attacked with nuclear weapons, an adversary would concentrate all fire on the country's intercontinental ballistic missile launch facilities and military silos, because any retaliatory attack from the US would come from these silos, located in Colorado, Montana, Nebraska, North Dakota, and Wyoming, and so, taking them out would be an enemy's first priority. In such a dreadful scenario, people who are addicted to sexual pleasures will not be able to survive a week.

Become chaste today if you want to save yourself and your family from these potential disasters. Don't blame yourself and don't be the stupid person who eats poison because it tastes like sweets. And they say I'll cancel it off by drinking some detox lemon water later. The damage the poison will do to your organ can never ever be repaired even by all the repentance in the world. Never ever allow yourself to sin even for a single minute or single second.

Each second of sinful thoughts and each second of sinful fantasies and sexual pleasures and sexual ideas and sexual excitement will destroy thousands of blessings from your future. It will annihilate millions of good actions that you were supposed to do. All the goodness that you did in your past all the people you helped and all their prayers for your greatness will get annihilated by one minute of sexual thoughts and sinful pleasures. Don't destroy yourself; don't burn down your own Palace; don't destroy and blow up your own country. Don't destroy your own heaven; don't create your own your own fire and hell by this one act of disgusting sickness which makes you take pleasure from sexually worshiping a hateful human being disgusting body part which day themselves are disgusted of.

The world and your enemies will want you to become dumb and selfish and will want you to destroy yourself. But fight against it and try with all your might and all your heart, one day at a time, one month and one year at a time, start from today and start on the path of chastity.

You are strong enough and you are great enough and you are powerful enough. You are not a weak retarded animal. You are a smart strong and brave human being. Try and be a human being.

Try and be a saint for a day or a month and year or for the rest of your life.

Try and be a little like Jesus. Try purity, try chastity, try abstinence and you will never go back to that life of filth and sexual slavery. And all the goodness in the world things which you do not even know are good for you will come to you. You will be the reason for such greatness. You will become mentally free, physically free, emotionally free. You will use your mind and your body and your brains to do goodness to people to save people to help the innocent. And if you allow yourself to sin and become a slave of your sexual pleasure, then one by one, you will be the reason for every evil action for every single genocide for every single crime for every single war for every single hatred amongst people. You will be the reason that religions will fight against each other. You will be the reason that men will go and assault woman. You will be the reason that children will get abused. You will be the reason for every evil in the world and you will get a copy of every single sin that every single person in the world is doing because of your actions because of your preaching because of your words of preaching of sin.

Do not fail.

Do not back off.

Do not let go of yourself.

Do not destroy yourself.

Do not jump off the cliff.

Do not burn yourself.

Do not destroy yourself. You are responsible for yourself. You are your own being. You must save yourself because no one else will. Start the start on the path of Chastity today. If you cannot control your thoughts, you can never ever control your body.

Take full control of your thoughts be at guard in your mind never let your mind run away.

Control your thoughts make it cry for people suffering. Do not let it have any filthy thoughts of lust and sexual slavery. Control your thoughts and control your eyesight and control your hearing and control your body and become the king of yourself.

Become the saint of yourself.

Become sinless as the day you were born.

Become a brave and a good human being.

Become a person whom every single person in the world can trust with their children.

Become a person who is the father and the mother of everyone or the brother and sister of everyone or the sun and the daughter of everyone. Do not become the sexual slave of every single person in the street of every gender of every blood and even your own family. Don't allow yourself to go so low and become so filthy and such pervert.

Do not let your enemies win by brainwashing you. Do not listen to people who encourage people to follow their desires and become sexually active and sexually perverted. Follow those who tell you to control yourself. Listen to those sermons which tell you to be sinless and honourable. Listen to those sermons that tell you to prepare for your afterlife. Listen to those sermons that tell you how little time you have left in this world and how you must journey into your afterlife by yourself in your grave at your death time and after that and through eternity. Listen to sermons of pious saints and preachers of pious religion those who weep and cry when they speak. Do not listen to people who try to humiliate you degrade you and teach you to degrade and humiliate others and teach you to take pleasure from it.

Start today. Start this moment. Do not close this book without making a strong intention that from today onwards you will never sin and you will never allow another sexual thought to come to your mind. Force yourself to become pure. You have tried the path of sin for 20 30 40 50 years. How about trying the path of Chastity the path of purity and the path of abstinence for whatever years you may have left in your life. You gained nothing by those sexual thoughts. Maybe you will gain everything in the world by attaining and pertaining to the path of Chastity abstinence and celibacy. Try it and don't deprive yourself. Try the path of purity once and you'll never regret it. The honour of the happiness the peace you will feel you will never ever leave that pet. We as human beings were born sinless, we were born pure; children don't understand sexual pleasures or sexual slavery. We are all a child at heart so open your child-heart, open your innocence and go back to the path you were born to be. Go back to the Innocence you are born with. Become innocent and become sinless and repent today and become a saint.

Don't allow any more sexuality and sexual promiscuousness to drown your money into drain water. Get out from that stinky filthy closed brain. Get out from that pothole and that manhole. Get out from that trash bin and

garbage bin and filled and stench and waste. Become the pure innocent person you were when you were born and when you were a child. And you will see all the problems in your life melting away.

GRATEFULNESS OR LOVE OR SLAVERY?

Whichever gift you are getting through someone, do not ever think it is coming from that person, as it is not the person who is showering boons on you, but rather, God is giving you via that person, and if God willed, he would or could have used another person to give the same benefit to you, so be grateful to God if you receive anything wonderful, and know it is not the giver who is giving you, but he or she is merely the messenger. Do not be grateful to man, and only express gratitude to God, who sent that man to help you today, and may send another person to help you tomorrow.

If the universal laws are allowed to play out as it normally does, the person who helped you today will use their power to destroy your life tomorrow. If you never turned against your benefactor, that person will back stab you instead, so remind yourself that whatever good a person does for you, it is being done because God wanted it to happen to you. Do not be grateful to man, for man is not great, but show gratitude to God for God is great.

No matter how much someone helps you, no matter how much someone loves you, no matter how much someone avenges you, no matter how many times someone risks their life for you, no matter how much money someone loans you or gifts you, no matter how many times and how many hours someone gives you a free therapy and promises to take care of you and love you and defend you till eternity do not lose yourself in their love and in their adoration.

No matter how much uncontrollable love and passions of gratefulness and insane worshiping you feel like doing, control yourself and force yourself to hate that person in an effort to control yourself. Force yourself to imagine images and sceneries which will help free you from their worshiping and their slavery.

Every single love, every single relationship, every single adoration and worshiping and every single crush our love our lust or whatever you want to call it the more, the more severe the love was, the more severe the hate became in the end. The more insane the gratefulness was the more deadly the consequence. The more grateful someone was to someone the more backstabbed this person eventually felt. The most loyal ones got betrayed most severely until it broke down every single lover in the world. The more you love the more the betrayal shall hurt and the more broken you shall

become after that relationship. The faster you will lose hope in humanity and the faster you will hate human beings and stop loving them and stop saving them. Loving one person can make you selfish and through that selfishness and that one minded love and that one loyalty towards that one person can end in such a severe heartbreak that it can make you a cruel person towards everyone and destroy your soul. It can make you a horrible person who does not care about the feelings of others or the pain of others because betrayal has kept their hearts and now, they have no heart left and no love to give. Distrust has taken over them betrayal has cut them into pieces and hopelessness is the only hope they have. Once someone gives up on love by the betrayal of a beloved their heart becomes dead, and then that person can never love humanity as a whole.

It is easier to say than to do. No one in the world can make a person ungrateful to a person who helps them saves them, rescues them from that sentences rescues them from poverty rescues them from getting beaten up defends them against their attacker the risk their life takes a bullet for them to save their life or their families life. How can a person with gratefulness in their heart and love in their heart ever not fully become the person slave. But that is the fact of the world that is the reality of the world that almost many of those love ended up in the bitterest hatred and the most cruellest betrayal. The one who did the most was the one who betrayed the most. The one who was grateful suffered so much and became so heartbroken that often times they became the abuser later. They became the one who broke hearts and they became the one who betrayed people in their later lives because human feelings did not matter to them anymore. Their heart had been broken too many times and Those whom they love the most betrayed them the most until they stopped loving everyone and started pursuing a weak person hoping that that person's weakness will make them stay with them. Thus, broken men break men.

And hated men hate men.

And betrayed men betray men.

And hurt men hurt men.

Do not allow gratefulness to turn into a love that will turn into slavery that will turn into passion and will make you a blinded and will make you lose your wisdom and make you a fool in love. And should you become a fool and I bring this person who is in love through your hands millions of people will die and you will do it all happily and willingly For the Love of one person whom you will believe in your retarded head to be in love with you we're in fact the person despises you. But in your dumbness and in your brokenness you will translate their weakness and their dependency to love and loyalty and will brave the horrors of the world for that person only for that person to betray you in the end and only for you to destroy all the world for that person's fake love.

There was a woman, who was one of the most beautiful women born in America to a German father and an Italian mother. She had the most

beautiful nature, the sweetest character and most loving heart and a gentle soul and no matter how much people betrayed her or scolded her, her love never stopped for them. She was extremely grateful and worked day and night to buy gifts for her niece and nephews. She loved her niece and nephew more than life itself. And she was extremely beautiful and had a such a voice that could captivate every heart with her singing. She was fluent in both German and Italian and travelled around the world in her singing concerts. Yet, she was extremely religious and never missed mass and was chaste - extremely chaste and pious. She had many fans and many men madly in love with her. And then one day, something happened to her voice, it was not working and she thought it was because of her drink she took she could not sing any longer and her whole career broke down. And then she found herself unable to speak, she lost her job and fell into loan. She fell into severe debt.

And then one day, a very rich man came in shining armour who had training in medicine at a young age he was extremely rich had a huge mansion and was madly in love with her. In this situation, she was in a precarious position where she had a lot of loan. Loan sharks were chasing her and she somehow got into jail sentence after she could not fulfil her singing contracts and had to break the law. This man freed her from jail by paying her bail money. Then she was attempted assaulted by her music manager and this man came to her rescue destroying that man's career to save her. He defended her and he paid all her debt and she had no long had any more loans any longer. He pursued her and he bought the best medical doctors from around the world to take care of her voice, so that she gets her voice back and can get back into singing. He bought her a huge house and he gave several million dollars to each of her niece and nephews. He also visited her uncle in Italy and her father in Germany and took care of them financially too which made her extremely grateful towards them. She fell madly in love with him and tried to repay him by going to every single person she knew senators congressman's businessman and forcing them to take that man as a partner business partner so that he could earn enough money. She helped him in every way possible and became extremely grateful towards him. This gratefulness eventually turned into love. She wrote thousands of poems for him and cooked day and night all kinds of Italian dishes for him even though he was a foreigner. She took care of everything that he needed and was fully devoted to him. And then she married him even though he was much much older than her and very unattractive looking too. But in her love, she was blinded and in her gratefulness she was passionate. In the meantime, someone died in her family through natural causes. But suddenly the police arrested her by saying that she gave the wrong medicine to that relative of hers. She tried to prove over and over again that she was not home, but it was to no avail as there was no eye witness. She then went into jail and got life or death sentence. One of her friends hired a lawyer to free her and did everything in his power to free her. But she did not care much about him. Because she

was madly in love with this man, the man she had married, the kind older man, the unattractive looking man who had helped her for so long. The court was getting anonymous evidences against her each day, and received hundreds and hundreds of evidences against her that were sent by an unknown person. However, her lawyer and the man who hired the lawyer literally tried to take the blame on themselves to free her from the death sentence. She eventually got freed and the man who freed her gives her a gift and asks her out on a date she refuses him because she's still madly in love with that old man. And then the old man suddenly dies in a car accident. In the meantime, her niece, for whom, for 10 years she worked as a singer from the age of 15 to 25 and gave her all her tuition fees for her private school and her private singing lessons went to a foreign country where her husband was from. She then called her aunt and told her on that she had run away and will not return to her aunt. In the meantime, in a car accident her old husband died. The woman broke down in maddening tears. She wept so uncontrollably and she considered even taking her own life. She sat down at the grave of her husband and for 12 years she cried non-stop. From morning till night, till the age of 35 or 36, she cried non-stop. Every single Charity she did, she did it for him. Every single song she sang, she sang for him. Every single of her art, she drew portraits of him and painted him and every single of his pictures she had a shrine made in her room. All the men that tried to pursue her to get into a relationship or even go on a date could not convince her to even go on a date with them even though they had risked their life to save her from a death sentence several years ago. This woman was distraught because her only beloved niece had run away from her and was not willing to tell any information about her life. She had tried many times to go and get her niece back from that country. And try to offer her money but already saw that her niece was extremely rich living in a huge mansion. And did not let the aunt enter and made her leave by force. So, the aunt was lonely and mourning her old husband who had saved her life from so many precarious situations. And she was heartbroken because the niece whom she loved so much and that niece who also loved her was now not agreeing to talk with her. Almost 10 years passes by of her crying and her weeping and she becomes a middle-aged woman. She loses her beauty and her hair and all her glamor and lustre in her widowhood. Every night, she used to walk in the rain go to the church to light a candle for him. The way she mourned, no woman in the world in history mourned her husband as much as her. She could not walk on the street that her husband had walked on. She would not let anyone touch his clothes and would sew them day and night to make sure that it stayed perfect. All her family were disappearing because she could not go on with her life. But they pitied her and let her stay without any job or anything as she continuously mourned that man and wept until her eyes became almost blinded by tears, those continuous tears. No one in her family could stand her mourning because she worked all night and she worked all day near his graveyard making the graveyard almost her shrine

by planting flowers all kinds of flowers. She even wrote letters and kept it near the grave. Her love was so severe and so blinded was she. Oftentimes her sister and her family members would come and ask her for what reason she loved an old unattractive man so badly. And her answer was only one. She said that she was grateful because he saved her from poverty. He saved her from sickness and he avenged her against those who attacked her and her enemies. And then she believed that he was the man who hired the best lawyer too make sure she did not get the death sentence of the accidental death of her family member which she was accused of. And in her gratefulness, she prayed every single day for hours in the church and prayed that the only reason that she was not taking her own soul was that so God could keep her with her husband in heaven. She did not want to take her own soul and go to hell while he would be in heaven and that was the only thing that kept her alive. Many men were extremely in love with her because her nature was so sweet and so loving and so soft hearted. At times, there were people who were very rude to her but she never hurt them back. Her friends, some of whom had betrayed her severely and had testified against her, were ill. And yet when they got sick, she used to spend hours every day making herbs in her garden and sending them herbal German tea even though they had betrayed her. All those who testified against her became a fan of her after seeing her forgiveness and her hatelessness because she was incapable of hating anyone even her worst enemy after hurting her a million times she would go and save them. There was no end to her sweetness and she did not seem human to some people. No matter how rude they were to her, she never remembered the rudeness and she never avenged herself.

Finally, after 10 years of crying and weeping and after hearing that her niece had given birth to a child, she could no longer control herself and she said that she will hide out near her niece's house and go in disguise to see her niece because she's not sure her niece had become a sex worker and had given birth to an unwed or fatherless child and would need her help, and by this time she was terrified of what was happening to her.

So, she took help from one of her friends and went to see her niece. And behold, there was a man, the owner of the house who was living with her niece, who was madly in love with her niece and was in a very sexual sexually intimate relationship with that young girl. And that old man who was paying her niece all her expenditure and was paying for her house was none other but the woman's old husband who had died 10 years ago!

She later found out that that was the man who had framed her for the accidental death of her family member. And had convinced her niece that she was the one who killed that relative to turn her niece against her. And he was the one who was madly in love with her niece and had sexual relationship with her for the last 10 years. He was the one trying to frame her over and over again and he was the one who poisoned her to make her voice get destroyed so she could no longer sing earn money enough to defend her niece against him. He was the villain who hated her the most.

He was the one behind all her misery for the last 15 years. He was the one who tried to get her a death sentence and tried his best to give thousands of testimonies and evidences to kill her so she he could not stop him from moving in with her niece. And yet for 10 years all her youthhood she worked she cried and spent all her wealth and all her strength and all her love loving a man who was not even Dead who faked his own death so he could move in with her niece without her suspicion.

This is the end result of gratefulness and love. This is the end result of a slavery towards humans are gratefulness towards humans.

If someone is a believer in God, for worshipers of God don't worship humans easily, this could be understood very easily or explained very simply.

That do not be grateful towards any humans and do not be grateful to anyone but to god. Humans don't deserve to be worshiped and don't deserve blind devotion and blind love. And Those whom you love the most probably will betray you the most and end up hating you the most and harming you the most.

For the religious people the explanation is very simple. For the believer the answer is very simple. Never be grateful towards humans no matter what they do for you. In one moment, all their gratefulness all their love all their taking care of you all their loyalty towards you in the split of a second can change. In a split of a second men's heart can change. In the split of a second the severest love the longest love the most tireless love the endless Love can turn into the most bitterest hate the most violent disgust and the most aggressive animosity.

Never trust human beings with your gratefulness and your heart and your love. Not unless you want to lose your heart not unless you want to lose your soul in pursuit of human reciprocation.

For those who are intelligent and those who are emotional, it could be that the person who is defending you the most. The person who is taking all the blame for you. The one who's giving his life for you and your family. The one who is avenging you. The one who is taking a bullet for you. The one who is walking on bombs to save you and the one who's defending your family for no reason and is helping you monetarily and saving you and helping you break out of prison or getting unfriended is the one who is behind it all.

There is a 100% chance that that person is the one who is doing all of it and saving you because that person saw that you have a soft heart and wants you to become enslaved to them. And the moment you become enslaved to that person and love that person that's the moment that that person will betray you and we'll start pursuing someone else with a softer heart perhaps your son or your daughter or your niece or your nephew. Because those humans are broken-hearted because they were betrayed because they have no feelings left and only insecurity. And in their insecurity and in their madness and in their weakness they chased after any free sold free-hearted human beings with gratefulness in them and they do not stop the person until that person becomes enslaved to them and in that moment they start

chasing another person for that person's love and that person's loyalty until that person also loses their freedom then they leave that person and go to the next one and the next one and the next one.

It's better to love everyone a little bit and keep your heart and soul pure and just and merciful towards everyone, then to love one person selfishly and insanely and lose your heart and your soul in pursuit of that person. Life in our sexually promiscuous world would have been more tenable had professional purity replaced blind bellicosity, and people from all walks of life were able to stay chaste without humiliating their own bodies and degrading the flesh of other humans. People have been brainwashed into becoming toilet bowl for other filthy human's body, and use their mouth and tongue as toilet paper, when being chaste can solve all of life's problems. But why are most people not chaste and celibate in this world? It is due to the simple reason that being celibate is the most difficult challenge in the universe, as you can win fifteen black belts but cannot be chaste, even if you wanted to. You have more chance of surviving a tsunami while being trapped inside a burning building than being able to stay pure and sex-free. You can prove me wrong and make an attempt to be chaste, but I feel that most will utterly fail. It takes the greatest superhuman powers to make an attempt at celibacy, so I do not imagine many people who read these pages will be successful.

No human being no matter what they do does not deserve your gratefulness. No human being deserves your worship. No human in the world no matter how great they are how handsome they are how sweet are they are deserve your slavery. You are a slave of God if you must be a slave but never be a slave of humans. The slavery of humans will make you the most despicable animal in the world. No human can stay human when they become the slave of another human being. They become like a dog heartless soulless and only worried about how to gain their masters affection and how to defend their Master until they get a new master. Human beings can only stay human.

That's gratefulness only destroys the grateful. And love only destroys the lover. And betrayal only destroys the betrayed. And a broken heart makes men break the hearts of others.

Gratefulness extreme gratefulness and thankfulness leads to love and extreme love leads to adoration and extreme adoration leads to slavery and extreme slavery leads to sexual love or sexual slavery.

Human beings can only stay humans if their hearts are free if their soul is free and if their Mercy is for all and not only just one person. Love for one person turns humans into monsters. Loyalty towards one person makes people disloyal to everyone. Love for one person forces a person to be unloving towards everyone.

Because when the person has to choose between saving all the children of the world or his lover he will choose his lover. How can a human being stay humane when he chooses his lover over 100 innocent people or a thousand innocent people or a million innocent people. No they do not stay human they become animals dogs pigs or any other pet animals who are bringing this heartless and or only loyal to their master. Because their Master can be nice on the outside and can take their violence and stupidity and it's too weak to show anger.

Fight with yourself. Some of us are naturally have a tendency towards becoming the slave of a human being. Some humans are naturally proud or naturally arrogant or naturally self-superior. Usually, they are not very merciful but they're not harmful either. They do not take their risk their lives to save human beings yet they never are the ones who destroy all of humanity for one lover. Those are freeborn souls proud of them self-arrogant self-superior. Those are free-hearted people who never fall in love and never get blinded no matter how much someone does for them. Some of them are naturally lucky to have that pair of jeans because both of their parents were free-hearted. And some of us are not so lucky especially those whose mothers were enslaved to their father or her partners or her boyfriends. Often times the children the sons and the daughter get that slavery from the mother or the father. They are weak hearted self-tarted and at first, they saved all the world and there's they are the saviours of the human beings of the world. Until they break down and fall in love with one person. And then they pursue and fight for that love of one person and they get so beaten and broken and betrayed by that person that they lose faith in humanity and can no longer love human beings and some of them who will get most tortured by the arrival of their lovers often end up becoming a monster themselves. They end up becoming the stalker they end up stalking someone they end up becoming the heartless person who pursues a person in slaves them dumps them and then goes after another person. Oftentimes those who are madly in love in young age grow old and become so broken and so weak that they end up stalking a person and become so uncontrollable in their anger and in their weakness that they start killing any rival who comes near their beloved. Those are the men who are true slaves born with animal genes and their mothers were all so the slaves of their partners so much so that she always preferred her partners over her children and now her children prefer his partners over all the world.

Should you find yourself a victim of that weak genes who has a tendency towards filing madly in love with someone and becoming that person's slave and hating everyone else then fight to keep your soul alive. Fight against the reality of your own future. Fight to be a human and don't allow yourself to become a dog in your slavery. Fight to be free although it will take all your strength all your intelligence all your wisdom and all the power of God and religion to feel. Do everything you can against that feeling and against that passion to become someone's slave. Do not allow yourself to become an

animal, blinded and brainless and believing in false love an enslaved towards the person so much so that you want to serve them sexually physically emotionally mentally financially until you lose your soul in your selfishness and ego.

The greatest curse and misfortune that a human being could suffer from is the slavery of lust or love. This is the curse that makes all great men become monsters. This is the slavery and curse which makes all merciful men merciless towards everyone but their lover. This is the one curse that makes men the most despicable disloyal, cruel, heartless soulless monster to everyone in the world except their lover. This is the one curse that men cannot control whom he becomes enslaved to first mentally then physically then emotionally and then finally sexually. This is the curse that infects many great men in the world. And it does destroys them destroys their life in the world and they're after life and most sad part is they never get the love of the lover whom they kill all the world to please they never get the love of the lover whom they destroy all the universe to be loyal to them. All their lovers throughout history ended up hating them. Men hated them their love are hated them and God hated them. Their slavery food no one but themselves. And the love they believed was all imaginary in their own head and did not exist. Yet men came to the world yet men fell in love killed destroyed annihilated and died for our love that never existed.

That German Italian American woman who was a singer tried a lot to feed herself from his love. Oftentimes her siblings her friends just to come and try to convince her for hours to be logical to forget him and to go on with her life. But her gratefulness was so severe and her love was so unimaginable and her passion was so extreme but no advice no logical argument no wisdom no other Love could make her forget about her husband her old, ugly husband who had been always in love with her niece and framed her to have her killed and destroyed her life in every possible way and even her even her singing future. But her heart was blended her mind was dumb she believed in love she had proof of that love and over and over again no matter how much people told her to forget about him she could not stop her weeping she could not stop her loyalty and for 10 years she prayed to be in heaven with him and had there been no religion than she would have killed herself a long time ago for a man who was violating her niece and destroying her life and her honour and framing her and destroying her and hating her and despising every bit of her.

She later found out the many books he wrote, the many novels he wrote about her. Each of the books he wrote in details where a character appears with her name and the hero of the book hates everything she says and despises everything she does everything she stands for and every single expression of hers he hated and was disgusted of her. She never knew his hate until the very end. While he was hating her and despising her and being disgusted of her, she was madly in love with him, crying over the false

grave, weeping her soul away for someone who despised every bit of her. The amount of hate he had for her was astounding and the amount of love she had for him was not believable. She would say to her Indian friends that had she been born in India in a century earlier she would have jumped in the funeral pyre and willingly burned to death with him, little did she know that he would be the one to light the fire and fake his death just so he could see her burn.

This is the reality of human beings. Human beings are naturally made very ungrateful. They don't deserve to be worshiped; they don't deserve to be loved; they don't deserve to be sacrificed for. And a million wise emotional men fall into the trap and destroy their soul and their heart and their life for a person who is disgusted of them.

Nothing good ever comes out of that kind of love. Nothing great comes out of that kind of slavery except suffering and pain. There is no greatness in it and there is no fulfilment in that kind of slavery and love.

It was selfish of her to spend 10 years crying for a man who hated her and was sleeping with her niece, it would have been better if she had used those 10 years to give charity concerts and save a million dying children and a million penniless homeless woman, she could have made the world a better place had she been a little selfless in her love and a little less passionate in her slavery. But she spent all her youth away became sick and eventually died. All the time worshiping that one person who hated her most.

This is the reality and the end of all those who fall in the trap of love and lust. Their love destroys no one but themselves. They hurt, they cry, they weep but nothing good come out comes out of that. Had they loved God, they would have become a saint had they loved humanity, they would have become the greatest civil rights activist and the saviour of a million souls. But no, they end up broken selfish hopeless betrayed and bitter.

Do not allow yourself to become a victim of that slavery and that love. Fight with that urge of gratefulness fight with that urge of weakness fight to stay free fight to stay unattached. Fight for justice fight for humanity and mercy and civilization to stay in your heart.

Try Chastity; try celibacy and do not let yourself get fooled by the mirage of love every person who is weak is cursed to see the mirage in the desert and they chase after that love until they all die thirsty. They never get that love because it never existed yet they were cursed with the brainlessness which made them feel that that love was real and important and without it they cannot survive. Yet that love was the thing that killed their heart kill their soul and kill their body.

There was an Indian man, I think his mother or his father is from Southern India of the Tamil region. He went to prison for some reason or the other,

probably in a fight while trying to defend his family in whatever crime he got life sentence without parole.

He was extremely talented in his fighting and in resisting of the police and his connections inside the prison got him noticed by a man who knew a man. That man came to his prison cell to his cellmate who was a very big Mafia member and told him that if he knew someone who was up for a very lucrative job because his boss wanted someone to get something or retrieve something from somewhere which would only be possible by someone who is extremely talented. So, the mafia boss says that he has a cellmate a really good man. The most honest, most honourable, most trustworthy and most talented.

This is the story of the Indian man when no one in his prison was as talented or honest or humble and selfless in the world. When his cellmate was so impressed by his talent and his greatness and his honesty his chastity, his nobility that he contacted his boss and said that I have the perfect candidate for your organisation. The boss came and with his cellmate and immediately broke him out of prison pulled all the strings in the Indian government took him out of Southern India into Central India and gave him all the power he needed to start a mission and help his organisation become powerful.

One after the other, selflessly and bravely with honesty and justice he successfully did every single one of those missions that his boss wanted him to do. Eventually the head of all the crime organizations became so happy with his work that he gave him a new identity and made him the head office organization and gave him an unlimited card to spend on his expenditure.

He started traveling internationally and was so grateful to the boss who had saved him from prison and gave him such a chance. Saved him gave him the opportunity that would make him one of the most powerful men in India.

This boss was a very powerful man. He had connections in the government and in every business and was a billionaire. From here onwards we will know him as the billionaire. The boss was the billionaire and the hero who got saved from prison was a hundred times more amazing and greater and talented than Indian James Bond. So this Indian James Bond does everything in his power to make his boss the billionaire the most powerful man in Asia. He bravely and successfully taking every life risk goes to every single mission around Asia Europe South America successfully getting whatever his boss Mr billionaire wants.

And so, his life was very smooth although he had become lonely. In each of his missions he was forced to kill one or two people and although they were also criminals and his enemies his heart broke and his soul died every time, he had to take the soul of another man. Oftentimes children fell at risk and he tried his best to save them.

Several times he was sent to chase and hunt down a man who his boss Mr billionaire told him was the greatest terrorist in all the world. Over and over again the boss Mr billionaire showed Indian James Bond how horrible that

terrorist was and how many people he killed and how many bombs he planted and how many civil wars he was trying to start. The Indian James Bond does everything in his power to hunt this man down. Eventually the war becomes very bitter and he kills that man. And then one more year goes away and he remembers what the terrorist said before he died. The terrorist told Indian James Bond that he was innocent and one day he will find out that his boss Mr billionaire is the bad guy. He didn't take it into account and thought that these are the last words of a terrorist criminal who is killing millions of people.

This Indian James Bond in his gratefulness towards Mr billionaire risks his own life and eliminates and imprison every last of his boss's enemies. Takes down every rival criminal agency and makes his boss Mr billionaire the most powerful man in the world.

Within 2 years, his boss Mr billionaire gives Mr Indian James Bond another mission. Gives him 100 different proofs and shows him a criminal who is behind many attacks around the world. Mr Indian James Bond swings full into action and pursues that man all around the world. He ends up capturing this man. And his boss Mr billionaire's other agents, tortures this man's wife and children which makes him feel very bad so he frees the man although he's a criminal. But it's too late; his wife is already dead shot in front of his own eyes.

The Indian James Bond is so honourable and so merciful that he goes to that family of that woman who is from a very different religion than his. Takes care of the family. Gives half of his wealth away to the family in his guilt although he was not responsible for what happened. But then his boss Mr billionaire shows him a bunch of more evidences and tells him if he does not kill this man within a year, then this man will kill all the world and India too. He convinced Mr billionaire or convinced Mr James Bond that this criminal wants to destroy and kill civilians out of vengeance and revenge for him because Mr billionaire did not give him enough wealth and enough power and did not rescue him. And that in his revenge, he's going and killing hundreds of people. Mr Indian James Bond sees with his own eyes hundreds of civilians dead in different villages and cities. He believes he has to stop this monster and does everything in his power in person, and that terrorists insanely tracks him down hunts him down gives a ferocious fight and then kills him.

In the meantime, the fighting becomes so severe that he himself gets injured with several bullet holes in his body. Mr Indian James Bond suffers from severe anxiety depression and pain and loneliness. One day when he goes to Mr billionaire's home, he sees a young girl. He asks his boss who she is, and he says something along the lines that either that girl is his niece or his adopted niece or something around that line. Basically, Mr billionaire is the old guardian of that young beautiful girl. Mr James Bond falls madly in love with her. In his loneliness and his pain and his fear and depression and after killing so many people and being chased around the

world and tortured and pursued, he is very broken hearted and lonely and so he falls madly in love with her.

He goes on out on dates with her and starts a relationship with her. Suddenly he starts getting attacked by criminals. One day he goes on a regular mission to retrieve a very vital information which his boss Mr billionaire said will save the lives of millions of people. When he goes there, he finds it very suspicious and astonishing that the people whom he was supposed to steal the information from were actually waiting for him to come. They captured him and they torture him uncontrollably. They break all his fingernails. They break his hand. They torture him inhumanely. No words are there to describe the amount of torture and torment and pain they put him through. They kept on asking him who sent him there and for what. But he being the most honourable man never gives away his boss's information and takes all the torture. They break his bones peel his skin drawing him in boiling water and torture him into half madness. Somehow, he escapes, and then he goes back even more broken than before completely injured barely clinging to his life he goes back to the beautiful girl whom he fell in love with who was the adopted or some kind of related with his boss. She takes care of him and they pursue the relationship more passionately. Suddenly the Indian man the Indian James Bond gets attacked again. This time he finds out that one of the men he killed before is actually still alive and is pursuing him and destroying him and torturing him. A group of criminals captured him and torture him most severely cutting off his body organs and burning his body. They break his fingers one by one all of his 10 fingers they injured him making him almost blind they break down 15 of his bones. And in that insane the painful situation he somehow still manages to escape by taking control of a gun and holding them at gunpoint. Then he calls his boss Mr billionaire to rescue him Mr billionaire tells him to come to a extraction point and send the jet to save him. He gets on that jet to get saved. As soon as he gets on that plane 15 members in the plane attack him and they start they tried to kill him and start beating him up mercilessly. Smashing his face bones and trying to kill him. Indian James Bond comes home after a huge severe bloody fight where he gets stabbed six times, he somehow still manages to pull a parachute grab the cell phone off of one of his attackers and jump off the plane. Because the number that he sees is his boss Mr billionaire's and he finds out that the boss is giving all the attacks and actually ordered those men and is asking them did you kill Mr Indian James bond. He becomes shocked he cannot believe that the man whom he sacrificed his life for, for last 10 years and took 10 bullets and millions of sessions of torture and beating to make him the richest man in the world destroyed all his enemies risking his life making him the most powerful man and have the world is the person who is actually ordering all the attacks on him. Indian James Bond becomes half mad in his pain and his depression and wants to find out the truth. Then he sees his boss Mr billionaire bounded while a person captures him and takes him to his boss and Mr billionaire tells him that under that threat, the terrorist made him

give that attack order and his location and extraction point so that that terrorist could kill him. He immediately believes it and in front of him, his boss gets tortured and screams and cries and his bosses' fingers also get broken by a hammer. The terrorist pretends to torture his boss in front of him and takes turn torturing each of them. This torture session convinces Mr James Bond that Mr billionaire was under duress and under threat and that's why he gave the location of Mr James Bond away to this terrorist and this terrorist was the one who sent the killers to kill him on the plane. Then he breaks out and promises Mr billionaire that he will rescue him. He tries to do a lot of spying to find out if Mr billionaire was actually kidnapped and sees that he is actually kidnapped. After Mr James Bond escapes during transportation, he later tracks down Mr billionaire through a lot of hacking and a lot of connection and spending all his money and finds out that his boss is still kidnapped by that terrorist who was torturing his boss and himself too. Mr James Bond does a lot more research and finds out the location of Mr billionaire and find him gagged and being tortured along with that beautiful girl who was his relative.

Mr James Bond once again risked his life spends his entire money to rescue his boss from that terrorist, he attacks, almost gets killed, in the meantime, his family and his sister and his siblings get assaulted in Southern India. Thousands of tigers suddenly attack his village, killing half of his family members who are located in that southern Indian village the way he came from originally. His sisters also get attacked and he has to spend all his time and all his money jumping between Mr boss and his sisters and his family back in southern India. Everyone who made that man had only one thing to say. That Mr Indian James Bond was the most honourable and most loyal and most loving and most merciful and most bravehearted men that the world ever knew. He spent half of his money maintaining the families of his enemies. He went to all the family members of those terrorists he killed and gave them well help and protected them in every way possible. Everyone who knew him said that there could not be a human being in the world more noble hearted than him and more honest and more grateful and more selfless and more sacrificing than him in the world. He did not care about his life he only cared about saving people he was blinded by gratefulness and would risk his life a billion times for his boss and his beloved. He goes to rescue Mr billionaire from that bloody kidnapping. In this mission he gets tortured uncontrollably, he gets beaten into pieces, he finds several other agents who are following him constantly believing him to be a terrorist and pursuing him. Almost several thousand people tried to destroy him attack him and kill him and every time he runs away and survives barely by a threat. He finally manages to go and rescue Mr billionaire from a house he was locked up in and gagged with that beautiful girl. By this time Mr Indian James Bond is madly in love with her and will do anything in the world to rescue her and save her. And her adopted guardian.

He uses many Intel gathering and finds out that Mr billionaire cannot be the person who is behind this attack because he is being gagged and tortured

and held against his will under the hand of that terrorist. When Indian James Bond comes to rescue him Mr billionaire selflessly and tell him to go and promises to hold back the terrorist and ask him for some grenade. Mr Indian James Bond believes that his boss, the great Mr billionaire is actually going to kill himself when the enemies come closer just to save Mr James Bond and that beautiful girl. He did rescue her successfully and leaves. In the meantime, his mother gets tortured to death. He breaks down even more emotionally and becomes completely dependent on that beautiful girl. Somehow, several thousand more people get hired around the world and international mercenaries are hired to torture and kill him and burn him. So, he leaves the girl with her family and he starts running around the world to save himself. By this time, he is injured so badly that majority of his bones are titanium. He cannot use his hands. His emotional state is dangerously broken. He spends days and nights constantly crying and weeping. He cannot figure out who is the one who is attacking him all around the world destroying his family destroying his village pursuing him around the world. He believes it is one of those former terrorists he had killed who somehow perhaps survived and is not attacking him. He gets captured many more times and tortured so severely that no human being in the world could stay safe facing those tremendous inhumane unimaginable unspeakable tortures. Later, one of the agents government agents from another country finally finds out that Mr billionaire is still alive. And Mr billionaire is the one who is still giving kill hits to kill Mr Indian James bond. And the fact is very simple Mr billionaire does not want Mr Indian James Bond to steal that beautiful girl away from him. Because that old guardian is in fact madly and insanely and inhumanely and unimaginably in love with that beautiful girl whom he had adopted and kept in his house. That agency also finds out that the two former terrorists that this Indian James Bond thought were terrorists and thus pursued them and killed them and their families also died or actually the former lovers of that girl. Mr billionaire uses Indian James bonds to kill each of the men who try to when the love of his adopted beloved girl. As we speak till now, the Indian James Bond is still devoted to the memory of the Mr billionaire who was his former boss. He believes that all his other enemies are the ones who's killing him. He does not know that the terrorist who was torturing Mr billionaire was actually hired by Mr billionaire to give a fake torture session to convince Mr Indian James Bond that he was under duress when he ordered the attack on him. That the whole kidnapping was a sham to distract him and divert his attention. Mr boss hired almost 100 prostitutes and sex workers from Europe and India to try to seduce Mr Indian James Bond so that he forgets about the adopted beautiful girl. Not only that Mr boss and you're also hired male sex workers to seduce or assault Mr Indian James Bond hoping that if he starts liking men then perhaps he will leave his adopted girl alone. Well Mr Indian James Bond is blinded in his gratefulness and sacrificing his life and giving all his wealth all his health all his sanity all his time and your thoughts and hell and body away to save his boss whom he is grateful to,

that boss is destroying him attacking him framing him, torturing him, deceiving him, beating him into a pulp, killing his family, assaulting his sisters, and trying to make him homosexual. This is what happens to men who are grateful even to men. Even a gratefulness which does not have any sexual element to it ends in utter humiliation and utter annihilation and utter destruction.

And it is also a fact that my theory has been proven over again. Had Mr Indian James Bond never fallen in love with that girl and never started a relationship with her and had never been sexually active, then none of these above attacks would ever have happened. He would not have been injured he would not have been tortured in humanely. He would not have lost most of his limbs. He would not have been burnt into ashes. He would not have lost his eyesight his hearing and all his teeth. He would not have lost all his nails and his fingers. He would not have lost his freedom and his honour. He would not have been framed or assassinated or pursued by a thousand assassins around the world. His mistake was only one and only one. Like her previous lovers he also fell in love with that beautiful girl. A lonely broken hearted depressed Mr Indian James Bond only mistake was to become sexually active and fall in love with the girl. That one act of Love let him into utter destruction and utter dissolution.

This will not stop this attack on him this destruction will not stop until he becomes celibate and abstinent and sexually chaste. Because he was born with a amount of sustenance in his name. For example, every child that is born is born with \$100. I am saying it as an example. When he tries to earn more than \$100 he use he loses his sustenance in other ways. Perhaps he will lose his health. Perhaps he will lose his mind. Perhaps he will lose his beauty. Whenever he tries to earn more than \$100. Because in his jeans and in his fate he was only supposed to get \$100 and that was all. When he tries to gain more in monetarily, he loses his sustenance through other ways. Mr Indian James Bond was born to lead a normal life in the middle class Southern Indian family. His ancestors were probably farmers and village dwellers. And he was supposed to be like them too. But he became ambitious and then he tried to earn more than he deserved. And when he became broken hearted and depressed because he was so merciful and so loving and so emotional. His guilt made him so that's depressed and so desolate and so lonely that he could not survive without love. But love was a sustenance that was not meant for him. He was already overeating his hundred dollars. He was already overeating his sustenance. He was over living his fate. And when he went to fall in love and enjoy the luxury and the sustenance of Love on top of being powerful and Rich, he lost everything. He lost his body he lost his heart he lost his mind almost. And the amount of torture and torment that came into his life was not worth the money or the love. Right now, because he's young and because he's still passionate and still not hopeless he believes that he is a martyr and will

sacrifice everything for the love of that girl. But within 5 to 10 years after he gets tortured uncontrollably. And Mr billionaire frames him to the girl repeatedly and the girl starts hating him and betrays him. He will lose everything. Mr Indian James Bond will have neither help nor mental wellness normally have the love of the girl whom he will sacrifice everything for nor will he have any power or any money left after becoming the most wanted person by his boss.

Every single man who pursued love madly after getting depressed and who pursued power and well insanely ended up absolutely destroyed broken hearted almost mentally broken down and could never ever recover from that torture that pain that's suffering that humiliation and that poverty and powerlessness.

Take the path of purity of perfume of cleanliness of clouds and skies of purity and humble City and honour and chastity and start today. In the bustling harmony of ladles clinking against pots and the fragrant dance of simmering spice, I find myself amid a symphony of humanity. Each serving is more than just sustenance: it's a whispered echo of compassion, a fleeting intersection of lives in need and those eager to offer warmth.

Within these walls, time dissolves into a mosaic of stories, each face punctuation on the pages of my life. From the wrinkled hands holding bowls to the hesitant smiles that carry tales untold, I am immersed in a kaleidoscope of raw realities and unspoken connections.

In the act of giving, I find a peculiar sense of self-discovery, as if each ladle dipped into the pot stirs not just soup but an essence of purpose within me. Here, within the chaos of ladles and laughter, I embrace the beauty of human vulnerability and the transformative power of kindness.

Such is the experience of anyone is an encounter with the abyss of immense uncertainty. But weary souls often leave full of vibrance and shaken with the joy of fraternity, many are also late to class. Those interested in experiencing such soul-tempering must sign up for volunteer shifts using the link below or risk languishing in self-loathing on account of having not done so.

HUMANITY VERSUS SEXUALITY:

It is the duty of every human being to sacrifice for the good for other human beings.

Selflessness is what keeps us human. Mercy and forgiveness is what makes us human beings. These are the attributes which distinguish us from wild beasts. Intelligence so we can understand the pain of others. Empathy so we can understand the pain of others and so we can learn mercy and have pity on other people. We are human beings and we are the best of all creation in the world. And that is because we are merciful. Our intelligence and our talent does not make us great. Rather our intelligence and our cunning and our brilliant minds can make us the worst human beings and far more worse than animals if we use that intelligence to hurt other people and become selfish and use and abuse everyone to make ourselves happy. It is our duty to show Mercy to everyone else. This is what keeps us human and this is what keeps us as the best of creation and so long as we continue having Mercy over each other. So long as we do not let passionate hatred vengeance and anger take over our mercy and forgiveness and empathy, so long will we stay a human being. It is important for us to be a human being in this world of nuclear giants. It is important for every single human being to have nothing but mercy and forgiveness for everyone else. Even when you see a country destroying you attacking you cursing you killing you, it is your duty as a human being to give them the benefit of doubt and imagine that they are being saying to you and you're being famed to them. It is important that we do not let passion take over us because the one passionate person's one anger and one hatred can obliterate all the world when that person gets their hand on a nuclear bomb. And that will be the beginning of the annihilation of the human civilization and the existence of humanity and the world itself. It is extremely important for every single human being to become absolutely passionless and to fill their hearts with ultimate forgiveness unimaginable forgiveness and mercy and love for everyone and anyone especially your enemies and those who are under you. The world and the news media and social media YouTube accounts Correa Christians Twitter tweets Instagram posts of this nuclear generation preaches nothing but absolute modelling and inhuman hatred. It also constantly preaches people by making themselves believe that they're the

victim. By victimizing every single person they teach people to victimise themselves to become selfish to look for their own happiness and to hate everyone and blame every single person for their fault and never themselves. To find faults with everyone except themselves. To preach unimaginable hatred and to manipulate people into hating the person they hate. Why has the world become so insane in their manipulation and their propaganda of hatred anger vengeance jealousy and madness. Why is there so much hatred amongst religion races genders sexualities? Because the world has become obsessed with selfishness and lust.

Nothing in the world is more selfish than lust. Lust and love whatever you want to call it the opposition over worshiping someone and to keep that person to yourself and to destroy all rivals who tries to take that person's love or loyalty away from you, is nothing but the greatest selfishness that ever existed in human beings.

Lust is being preached like madness in the world. Every single person is encouraging the other person to fall in love or fall in love with someone and to make themselves happy and to not care about how many people get hurt or how many people they hurt in order to make that person their own sexual slave or love slave.

You can imagine yourself a martyr by crying and saying you fell in love and that you're the victim, but no you only fell in love with that person are you feeling love with that person or love and lust with that person because you saw that the person was weak and you wanted that person to become your personal slave. You are nothing but a selfish monster. Should you find yourself in love with someone or in lust with someone and imagine yourself a martyr for sacrificing your life for that person, knock yourself out of that light. You are nothing but a selfish monster who is only sacrificing their life so that that person sacrifices their lives 100 times more because you'll figure it out that that person has loving them or has weakness in them or slavery in them and you want that person all to yourself to serve you physically emotionally mentally and sexually.

Do not allow yourself to fall in love do not allow yourself to worship someone and lust after someone. Because this is the act of the greatest selfishness in the world. You are thinking about your own happiness you are thinking about your own sexual fulfilment, you're thinking about your own emotional and sexual slave, you're thinking about the flesh and the need of your body, you are not thinking about the millions of people who are being molested and abused and sexually groomed and forced into relationships by other people who wants them to serve them. You're not thinking about all the weak people who are being taken advantage of by smart people who wants to save them and help them so that that person becomes their slave emotionally physically and sexually for the rest of their life because they're weak mentally and emotionally.

Every moment you spend trying to justify your own quest of lust and love. You are spending that hour and that minute being selfish and only thinking about your own gain and your own happiness. Every minute you spend trying to satisfy yourself and justify your actions, you are spending that hour not caring about the pain and torment of other people. You are spending that our in selfishness.

In a world where Africa is starving and Middle East is being ravaged by being framed amongst each other bombed into pieces. In a world where earthquakes happen and hundreds of children are trapped under rebels and crying for 5 to 6 days. Why do you spend it in selfishness to gain a little happiness pursuing and chasing someone because you worship that person sexually or you want that person to worship you sexually. You are nothing but a sexual monster and a selfish animal. And the more you preach love and lust or whatever you want to call it the more you're preaching selfishness. And each moment of selfishness will come back to you. Karma is real. Karma is so real that it will shock you. The karma will come back to you. When suffering comes to you when your nation gets invaded which will happen because you're not stopping other nations from being destroyed and bummed. When you're religion gets destroyed when your family gets attacked when your siblings and your children and those who you love gets assaulted or sexually groomed or sexually seduced are manipulated are used or abused, there will be those who will have power and money to stop it around the world, yet they will pursue their lovers chase after lust enjoy themselves preach hatred towards you and your nation, and victimise themselves and martyrs themselves and imagine themselves a very big victim of love. The time will come when every single person in the world will get their share of suffering. It is your human duty to do everything you can in every minute and every second of your life to feel the pain of every single child who is being smashed under rubble who's being blown into pieces and dying and injured and their bones apart. Think of your own children and your own niece and nephew and your own loved ones and think about the pain of all the children in the world. Think about the pain of all the fathers and the mothers in the world. Think about the pain of every single orphan child who grows up being abused and humiliated by people who do not want to take care of him because his real parents are dead or her real parents are dead. Think of every single woman who is being forced into sexual relationships for my little young age because they she doesn't have any food to eat and anywhere to go any friend to console her or any mother to love her. You are responsible for the pain of every single person in the world. Every moment you spend in lust and selfishness, you are doing the greatest sin and the greatest abomination by not feeling the pain of others and pursuing the happiness and the satisfaction of yourself.

Lust is nothing but the greatest act of selfishness in the world. Lust is something that blinds people towards the pain of others. Lust is something and sexual activities is something that makes a person passionate. And when a person burns with passion no mercy can come into His heart. When

a person burns with passion lust and sexual slavery no mercy no empathy no humanity can ever come into that person's heart. That person will become cruel and heartless and eventually that person will suffer and imaginable suffering in the world. If not in the world, then God will hate that person for those who believe religion that person's eternity will be damned. And they will find no peace and no love ever in the world. And the person who they are loving and lusting after and worshiping and destroying the rivals, will hate them despise them degrade them and insult them and will be their greatest enemy till the end of that person's life.

Lust is the ultimate selfishness.

LUST teaches people to victimise themselves. Lust teaches people to dislike those who preach selflessness and purity. Lust makes people hate themselves and thus it turns them bitter. Lust makes people's heart angry and hurt, which turns into bitter jealousy and that jealousy burns down every feeling of Mercy that they have in their hearts or were born with in their hearts when they were young.

Lust makes people victimise themselves and makes their passion burn so much so that they start sacrificing for useless things imagining those things to be great. Lust makes people enslave towards one person. And they believe themselves as Martyrs and victims and saints. Lust makes them enslaved to a person.

Lust makes them sacrifice everything and go through unimaginable pain and suffering to gain that person's love. Lust makes people imagine that they are in the greatest pain. And in order to get out from that pain and give themselves happiness they go and sacrifice their body their heart their soul and their mind for one person. And do that suffering they suffer such betrayal from friends and such pain and such backstabbing from All Those whom they sacrificed for. They suffer such anger and such torment from All Those whom they help that eventually they lose faith in humanity. They lose faith in the humanity of humans. They lose love for humanity. And every single of those people who are once in Love become heartless by the age of 40.

Suffering after suffering which came to them only because of their lust and their love makes their heart cold and bitter. It makes those once merciful men completely merciless. It makes those once greatest most selfless men into selfish animals who only care about themselves and their lover and no one else. It makes them worship someone who is weak because there blinded and their brain is diminished and they're intellectual capacity is damaged. They take a weak person and they translate that person's weakness into love they worship that person and destroy everyone else and see everyone as their enemy. Because once upon a time when they were

young and they sacrificed everything for people and over and over again they got tormented and betrayed. They lost their humanity and they lost all the mercy they had for people. And now they have become merciless. They have become damaged. They have become broken. They have become so mentally weak that they cannot survive unless they depend on another person's imaginary love.

That's love destroys all great men. Love and lust destroys the greatness of all great men. Lust destroys the justice of all just men. Love destroys the humanity of all humane men. Lust destroys the honour of every Honourable Men by making them enslaved physically sexually towards their lover whose imaginary love they become dependent on. Love destroys all those who are entrapped in it. Lust destroys all those who are enslaved to it.

The only way a person can save themselves is to save them from themselves from lust and love. Any act of less than Love any act of sexual thoughts sexual fantasies any act of sexual relationships with one way or the other, get an imaginable suffering an unimaginable torment to the person who is in love. Should that person truly love and should that person truly have intelligence and should that person truly have mercy in them. If Mercy let's bring this people fall in love then they get no harm. Because to begin with they had no mercy and loving them. Perhaps out of instinct they save people or cared for someone who was in a very volatile situation, but they were never in love for they had neither the emotion nor the intelligence to fall in love. That's those people when they are sexually involved don't get suffering in their life. But all those who are emotional all those who truly have a heart. All those who truly have intelligence and truly fall in love and truly sacrifice their life for that love, every single one of those men suffer unimaginable torment and unimaginable suffering until their hearts become dead and until betrayal after betrayal destroys their trust in humanity. Until bitterness torture suffering and loneliness destroys their mental strength and their mental health. And then depression takes over their souls and their mind and makes them enslaved to a weak person and makes them evil and cruel and heartless. And makes them so selfish and so desperate to survive that in order to survive they need that weak love of that weak lover. And in order to keep that weak lover all to themselves they destroy every woman's honour every Man's honour. To keep that weak lovers fake love loyal to them which they imagine is true, all these Great Men destroy religion after religion honour after honour Justice after Justice humanity and after humanity. All of her that fake love of that weak lover whom they imagine loves them. And because of their mental disability and mental weakness those once upon a Time great men now become nothing but slaves. Walking slaves were heartless soulless and brainless and only depends on a weak person's fake love for survival.

Every intelligent and emotional men and woman who fell in love suffered such a destruction and such torment that it ripped them apart into pieces. Human beings are made weak. Human beings are made sensitive. Human beings mind and their body and their brains are fragile. Humans need love to survive. Humans need comfort to survive. Humans need security to survive. Human beings need to have faith in other human beings to continue to be a human being. Human beings need to trust other human beings in order to love humans as humans and not become cruel and animals listing and heartless towards them. Human beings need mercy and forgiveness to survive not lust passion vengeance and anger.

Every single person who is intelligent and emotional, and felt in love and falls in lust, every single one of those men suffer unimaginably because of that love or that lust. Every single emotional and intelligent man from the beginning of time no matter how young they were, the moment they fell in love and the moment they pursued sexual relationship with that person whom they loved, they suffered unimaginably. They suffered they got tortured they got abuse they got hated they got betrayed until they lost their humanity. Until they lost their brain. Until they almost lost their mind. Until their Mercy was destroyed. Until they themselves became stalkers. Until they themselves became the torture who tortured them for stealing that their lover. Until they themselves become the destroyer of religion because religion forbids them from lust and sexual depravity which now they have been become dependent on.

This book may not receive a flattering reception, as the opinions and ideas herein may have already roused a feeling of curiosity mingled with astonishment in all who have read these pages, and this literary work is unlikely to win any global approval and or the assent of even a few, as these spoken thoughts are highly unpopular in a sexually promiscuous world. If these men protected themselves from falling in love. If these men protect them protected themselves from ever getting sexually involved with that person whom they are in love with or in love with, then they would never ever have suffered. Their Mercy would be intact, their humanity would be intact, their mental strength would be intact and they would never ever be so broken that they would become dependent on another person's love and become a monster themselves to keep that love towards them. They would never ever have been tortured. They would never ever have suffered and their humanity their Mercy their trust in humanity their Justice and their love for human beings would stay absolutely perfect. They would still be merciful they would still be just they would still be loving they would still be calm they would still be happy. They would not be broken. They would not be emotionally insecure. They would not be mentally dependent on the love of their weak lover so much so that they become a jealous monster and start killing their spouses. They would not become cruel human beings who have no mercy and no. They would not be so mentally enslaved that they would

get triggered by religion and thus destroy all religions in the world who preach Chastity to their lover and preaches abstinence and blames lustful people. They would not have given wars to destroy humanity or the laws of human beings. They would not have become the sexual and physical and mental and emotional slave of one person and destroy all the world. All these they could have avoided only if they never allowed themselves to get involved in any sexual relationships or any sexual love.

The amount of harm any sexual relationship can do to an intelligent and emotional person is beyond the imagination of human beings. Emotional and intelligent men see other men who are not 1/100 as loving as them and not 1/100th as emotional as them and not 1/100th as intelligent as them, and they believe that since those men have sexual relationships and sexual love and never get harmed by it, they believe they themselves will not get harmed by it. They just shoot themselves with the actions of dumb heartless men. And all of those emotional and intelligent men get destroyed. Because their standard is different because their love is more real and their intelligent is more than those normal men.

And that's the result and the aftermath of the relationships is 100 times more deadly than of those men who have no heart and no intelligence and no humanity and Justice to begin with.

I cannot number the amount of men I have seen with my own eyes become from the greatest of men to the worst of men. And to know that lust and love did this to them makes me weep in English and regret.

What would you say to the story of a man, who defended woman who are being sexually assaulted. Who worked for a woman who are sexually assaulted. Who went from six workers to sex workers paid them for no reason took them out on dates just to feed them and show them the zoo. Went to hundreds of lawyers to sue The Men who abused them feed them paid them his own money and send them off to countries where those woman's families lived in so they could live in honour and peace. What would you say if I told you that that man defendant every victim by almost getting beaten to death himself. What would you say to a man who gave all his wealth away to every woman whom I saw in distress. What would you say to a man who was the most honourable of all men in the world. What

What would you say to that man who went to a country as a soldier and when his other soldiers attempted to assault a woman, he held them at gunpoint and save the girl and gave her all his monthly salary. What would you say to that man who held a gun to the head of his own soldiers and men in arms, when they attempted to torture a woman or even insult a woman. What would you say to that man who risked his entire career being destroyed to save the honour of a woman who was her enemy and came to kill him and his friends. What would you say to that man who held a gun

point his friends for torturing someone of the enemy who what was trying to kill them, and risking his own life and his own career and being discharged and being court-martialled it still didn't stop him from defending those who are being tortured or abused or assaulted. And what would you say if I told you that that man fell in love with a woman and that woman had a secret rival who was one of the most powerful men in the world. And that rival tortured the soldier so much tormented him so much, imprisoned him so much. Brainwashed him drugged him beat him up betrayed him by paying his friends and turning them against him. And within 10 years this soldier got so broken, so heartbroken that he lost faith in all of humanity. What would you say if I told you that that soldier became so hurt and so lonely and wept so much that he started suffering from depression and wept for hours each day locked in his room. What would you say if that soldier's parents and his siblings and his niece and nephew and all his family members thought him bad because his rival framed him to them. And although he sacrificed his life almost hundreds of times for his family, they betrayed him and destroyed him and handed him over to his enemy to get tortured. What would you say to a man who got tortured by All Those whom he thought was his friends because the rival of his lover framed him and destroyed him.

What would you say to that man eventually becoming so depressed and so mentally and emotionally weak that he falls in love with the person. And he becomes insane for that person. And he becomes mentally and emotionally dependent on that person because that person is nice and because that person is so weak that no matter how much the rival of his lover framed him to that person, that person never was violent towards him. Does he feel madly in love with that person and became mentally and emotionally so dependent on that person that the soldier started killing anyone and torturing anyone who attempted to take that person away from him. What would you say that he destroyed and had assaulted every single woman who came near this person because he thought that those woman will take this person away from him. What would you say if I told you that that soldier ended up destroying and framing the religion of that country that he wants fought to save, because he thought that that religion dance the sort of relationship he has with this person. And he wanted this relationship to be honoured and thus he went on to destroy and frame every religion in the world. What would you say about the soul of that one person of that one soldier whom life destroyed and lost destroyed. And what would you say if I told you that if this soldier had never fallen in love with that woman, then the rival of that woman the secret lover of that woman would not have tortured him and destroyed him and tormented him into madness. And would not have destroyed every last mercy and humanity and justice that the soldier had in him.

For someone who is madly in love, the words and actions or even thoughts of his lover had greater significance to him or her than galactic

catastrophes or the death of stars, because the lover becomes a slave.

Who in the world could imagine that that soldier who once risked his life to save the honour of women will be the very man who will dishonour every single woman in the world. And who will destroy every religion which honours woman in the world. Who in the world would believe that this soldier who wants to defend those who came to kill him and defended their religion will now become the very person who will frame the religion and destroy those men because that religion looks down upon the relationship he has with that weak person.

What would you say to that most honourable and merciful and just and brave man who has now become a coward a slave of lust a vindictive vicious monster a framer of religions a dishonour and violator of womankind? Who is to blame what is to blame for the change in him. Can you blame a man for changing after suffering every kind of torture every kind of starvation every kind of beating every kind of drug and every kind of brain damage? Can you blame the rival of that woman the secret lover of that woman for torturing this man when that man himself suffered unimaginably and was sexually abused from a young age and had no one to love him but that woman. Can you blame that woman for falling in love with a handsome brave soldier who was so great and so honourable and so just and so merciful?

Nay rather blame them not but blame lust and love. Blame love which makes every loving man the most hateful cruel killer in the world. Blame love which makes every just man the most unjust torture in the world. Blameless and love for making every merciful man the most merciless man in the world. Blame lost in love for destroying the humanity of every human in the world. Blame the slavery of lost and love for trapping all good-hearted brave honourable just men and turning them into weak brainless heartless slaves of one person.

Blame lust and love for destroying the most honourable of men and making them the most dishonourable creatures that ever walked the Earth.

Blame lost in love for taking all the Honourable Men who sacrifice their souls for women and turning them into monsters who assault woman and insult woman and strip them so that their weak lover is not attracted towards women or honour woman.

Blame lost in love for destroying the soul of every bravehearted honourable man in the world. Blame lost in love to take the defender of religion of God and turning them into monsters who frame and insult the religion of God for their own lust and their own ego.

There's nothing more dangerous than love. There is nothing more detrimental than lust. And there's nothing in the world most beautiful more

beautiful and more amazing and more wonderful than the feeling of love and lust. In it is hidden all the evilness of the world.

Inside lust is hidden a monster which eats the soul away from Good Men and turns them into weak evil cruel psychopaths and killers and abusers and molesters and torturers and rapists.

If you can save yourself from every kind of lust and every kind of love and every kind of sexual relationship. Only then can you save your soul. Only then can you still stay loving towards human beings. Only then can you still be just and do justice to all the people of the world. If you can save yourself from sexual love and sexual lust only then can you save your humanity only then can you be stay honourable, only then can you stay humane, only then can you stay passionless and only then can you have mercy in your heart towards all of humanity and only then can you keep your greatness and your bravery and your heart and your love intact.

All the intelligent and emotional men in the world fall in the trap of Lost in love, and all of them 100 out of 100 of those men got tortured so badly and so deadly and so insanely that they lost their mind they lost their souls they lost their humanity they lost their love they lost their Justice they lost everything and all they were left with was vengeance anger hatred weakness sexual dependency sexual slavery cruelty and jealousy towards women and hatred and vengeance towards children and religion and god.

All those great emotional and intelligent men became enslaved in their weakness and in their madness they became enslaved towards a weak person and for that love they destroyed all the world they destroyed their life they destroyed their own soul and they destroyed their afterlife and their heaven.

What is the sign of intelligence and what is the sign of emotion?

Not all men in the world suffer such hideous aftermath if they fall in love but only the most intelligent and the most emotional and loving ones suffer the most.

What is the sign of intelligence and emotion.

Intelligent men are those who are writers. Intelligent men are those who can solve political problems. Intelligent men are those who can direct most amazing movies. Intelligent men are those who become the head of a mafia or an organization. Intelligent men are those who can invest and become rich fast. Intelligent men are those who become the head of their army unit. Intelligent men are those who climb fast and become the head and director of intelligence agencies. Intelligent men are all spies and special force soldiers who are adept into investigation and intel gathering. Intelligent men are those who can rescue themselves and others from any lethal

situation. Intelligent men are those who find out who's is being framed and who is the real criminal. Intelligent men are those who are not passionate against a religion or a race but is just and loving towards everyone. Intelligent men are those who never go against their family and their bloodline.

What is the sign of emotional human?

The signs of emotion are those who love their parents. The sign of emotional men are those who love their mothers. The sign of emotional woman are those who love their mothers and siblings. The sign of emotional men are those who love their niece and their nephews. The sign of emotional men is that when they see a woman suffer in the street, they do everything to protect her to save her even putting their own life at risk. Emotional men are those who give charity whenever they see someone in need even if they have to give away things from their own savings. Emotional men are those who even after their family misbehaves with them whenever they see their family in need they immediately help them with monetary funding and emotional support. Emotional men are those who even when they see their enemy getting tortured they stop that torture and they defend their enemy. Emotional men are those who defend women when they see a woman getting better or beaten or abused. Emotional men are those who weep when their friends die.

Emotional men are those who love their daughters regardless of her feelings towards him. Emotional men are those who defend their children regardless of whether their own life is at risk or not. Emotional men fall in love easily. Emotional men love women and help her selflessly until he gets destroyed. Emotional men are those who defend their mother against their abusive father. Emotional men are those who defend their siblings in fights. Emotional men are loyal. Emotional men are the greatest of men that God made. All saints and all prophets of God were emotional men. Emotional men are often used by others to defend themselves. Emotional men are those who starve themselves to give food to a helpless women or child. Emotional men are those who take the blame for their siblings so their siblings or their friends don't have to go to jail. These are the signs of emotional men. These are the signs of merciful men and women these are the signs of Great Men and women.

And when two of them the emotional and the intelligent is combined in one man or in one woman, and that man or that woman falls in love or lust, then they suffer unimaginably. There is no language in the world and no history pages in the world and no imagination of any humans in the world that could describe the amount of suffering and torture that befalls every single intelligent and emotional men who ever sexually got involved.

The reason for it is confusing. It's mind boggling. And it comes down to the same conclusion no matter which way you explain it.

The final answer is for reasons unknown. Whatever the reason is anyone who is emotional and intelligent, be It a man or a woman and gets sexually active ,goes through unimaginable suffering and torment and pain until they either die or they lose their souls and end up becoming evil.

Some say that those who are intelligent for example, that if intelligent and emotional men get sexually involved with a woman, the woman feels judged and objectified and insulted although she's still in love and he is in love too, but when she feels insulted as all sexual relationships in the world is humiliating in the end because it involves a human using the body of another human for their own satisfaction and sexual anything sexual is demeaning and degrading. Does it could be that those women who those men are sexually involved with feel insulted and humiliated and thus they want the man to suffer. And immediately her arrival or his rival or someone else comes into the picture and torments the man unimaginably until he becomes bad himself. Or when the man is sexually involved with a woman the woman wants him to become the wife of another man. And that's the man either falls in love with another man or another man falls in love with him and destroys him, or someone comes and tortures this man so much that he becomes mentally disabled or mentally damaged and ends up becoming evil cruel and weak and that weakness makes him fall in love with another weak man and thus they those people become the very cruel torture that their tormentor was 20 years ago.

And those who are pleasing themselves sexually and is not involved with any man or any woman in a relationship, those men or women tend to suffer because any sexual pleasure in the world gets unimaginable suffering and torment to people. This is the unwritten law of the universe. Any sexual pleasure gets ultimately brings unimaginable suffering to the person who is doing it. That's even if no one is involved in that sexual activity, the person who is sexually pleasing themselves ends up suffering tremendously in their life. For example unimaginable poverty comes to their life, or a family takes place in their country, or they lose their job and become homeless, some way or another the person becomes extremely prone to suffering disease and torment. And then the person who was taking pleasure from sexual thoughts becomes extremely mentally weak and thus they fall in love with someone. And the moment they fall in love with someone the rival of that woman comes to destroy them or if the woman does not have a sex or love rival then a man who is in love with this person comes to destroy this person. Whatever the reason whatever the cause whatever the situation anyone who is sexually involved suffers unimaginably. And when a whole country collectively and individually gets sexually involved destroys religion stops fearing God and get sexually active in order to please themselves and believes in propaganda and information and respects those who tells them to get more sexually involved, then the whole country together goes into war. Are the whole country faces unimaginable and tremendous hunger and starvation and feminine, or the whole country together gets annihilated by tsunami on an earthquake or a bomb. Whatever the reason or whatever the

cause anyone and everyone who is intelligent and emotional and get sexually involved and starts pleasing themselves sexually and starts taking pleasure from sexuality will 100% suffer unimaginably for that sin.

The more they enjoy the more they will suffer. It is the unwritten law of the universe and has been proven over and over again throughout history. And do that suffering people also lose their humanity and that is the greatest loss. Suffering itself is not so bad had that suffering made those human beings a great merciful human being in the end. But when a person is starving and their whole family is dying then that person will go out and murder anyone to get the food and give it to his child and that's the person will become a soulless killer. The woman will go out to sell her body and will hate her customers and be willing to kill the holy customers to get their money and feed her children and that's the woman will become a murderer. If I mean we're suffering is not only bad for the body but it's detrimental and harmful for the soul. It destroys the soul of every young man who is a soldier. It destroys the body of every young woman who had honour respect and mercy for everyone. Why are famine and suffering and torment destroys the soul and the humanity and the mercy of all human beings. And that's their suffering only makes them worse and only makes them more evil and only makes them more cruel and selfish and sadistic. Why are feminine killing torture survival destroys the humanity that humans have for other human beings. It turns them into selfish animals and monsters who would do anything to survive themselves and their family. That's the suffering that sexuality and sexual pleasures being bring collectively or individually upon a man or a country destroys them and ultimately annihilates them and puts them in the path of even more suffering in the future. The anger the PTSD the tournament of our never leaves the person's thought it makes them weak it makes them hopeless it destroys their soul it destroys their body it destroys their future. No one comes out of it more greater than they were before. No one comes out for war without blood in their hands and guilt in their souls which eats their soul away. No one goes in into our war and famine stricken country and comes out a sane and merciful person. Human beings are delicate creatures who need mercy and love to survive. They are not naturally beastly who can love by killing for food! But when they start abusing themselves sexually or another person sexually and takes pleasure from anything sexual they destroy their own future and they destroy their own sustenance and they destroy their own basic rights that they were born with and their own basic happiness that they were born with and were bound to get in their future, they destroyed their own future and their own greatness and their own sustenance by getting sexually involved and taking pleasure from any sexual things. In the end within the age of 20 30 or 40 they have no sustenance left in their fate. And thus they start suffering starvation hunger pain torment.

Every day when you go out in the street, you must fight to survive the onslaught of all the people in the world who have already lost their soul and have become slaves of their own pleasure and their own happiness.

Whether out of good heart or ignorance or vindication they will all end up doing the same thing and that is attacking you a manipulating you and trying to make you become like one of them. For them maybe it is not so harmful to please themselves even though in the long term it is harmful for everyone but for those who are intelligent and emotion emotional the harm is unfathomable and unimaginable and incomparable with anything else in the world.

Each act of sexual relationship can destroy an intelligent and emotional person and Italy their future and throw them in the path of other destruction for the rest of their life no matter how long they live.

Everyday when you go out in the street do not go out blindly do not go out with an open mind. Go out with a strong and strong-willed determination and do not keep your mind open to manipulation and influence of those who have become slaves of their sexual desires and are trying to make everyone else like them. It is only natural for those who are sexually active and have gone have gotten into that addiction of sexual slavery and dependency on other human beings to want to make eve

It is only natural for those who are themselves sexually dependent on others to want to justify it and honour themselves and make everyone become like them. They're self-hate and their anger and their weakness will force them to force everyone else to become like them. A lot of them do it out of vengeance and anger and self hate but most of them do it out of ignorance and love and they honestly believe that everyone should do what they're doing because they have been brainwashed to enjoy it and so out of goodness of their heart they brainwash others to enjoy it too. Even their sense of enjoyment has been manipulated and enslaved so much so that they enjoy sexually serving others and becoming a humiliating degrading object of sexual fulfilment for other people. They see honour and dishonour they see love and lust and they see freedom and oppression.

Weather out of ignorance or goodness whether out of vindication or pity you will be attacked by everyone in the street everywhere you go and you must fight back ferociously to keep your soul alive. Every single day the street the media will all attack you as if they have all gone half Men will attack you with spirits and guns and swords to destroy your soul to manipulate you to make you like one of them. You must fight back and save them from themselves and save them from the media and save them from sexual manipulators teach them on her teach them self-respect teach them humanity teach them mercy and teach them a love that is nothing but purity. Teach them to never allow themselves to be sexually used. Teach them never to sexually use other people's body or justify it or victimise

themselves or make themselves enjoy it or become dependent on that action of sexual slavery and sexual molestation of each other.

Imagine yourself a fish in the river who still have a soul and fisherman's beating you out with little worms in there fish rod, should you buy that bait then they will pull you up star view from all the water and oxygen that kept your soul alive and make you a dead watching fish like one of them. They will eat you alive and you will enjoy being eaten alive. You will not even know that you have been destroyed your soul is destroyed your oxygen is gone and you can no longer survive. Do not get baited by those beautiful dates that are out in the media where they constantly victimise sexual seducers and ministers and constantly demonize all chaste abstinent and celibate religious people. Do not allow yourself to get manipulated by them. Imagine that all the world has gone mad in their sexual madness and you alone are saying and you must save everyone else. Because if you do not save them then all those good-hearted people will all suffer and die and get destroyed. Every single one of those people will be annihilated like all the other people in previous civilizations who got destroyed without a Trace left of them or their generations. Because they were sexually active and sexually molesting and using each other while enjoying it for a while but their partners were feeling abused and the curse and the hatred that each of them had for each other secretly in the end destroyed their entire civilization and society. Should they have been chaste or should a single person amongst them preached amongst them on our self-respect celibacy and abstinence then they would never have suffered such humiliation that all the people previous to our generation had suffered.

The outcome of drug use only too often is sheer bafflement and disappointment. There is nothing in drugs that accords with a rational person's sense of order; on the contrary, upon pumping himself with harmful substances, he will find only a world of angry actions words which will seem totally incoherent and to which he will have no key. Every time you become high with drugs, you will have come yet again to the gulf of incomprehension which divides human mentalities and cultures. Both love for God and hope in His Mercy and affection for fellowman disappears from the matrix of a drug addict's heart which becomes disconnected with the coast of eternity and limitless opportunities of his life.

When you try to preach abstinence and celibacy and Chastity to people, majority of the people will call you mad insane crazy a psychopath selfish oppressor murderer torture. They will call you self precious bigoted fanatic evil cruel oppressive and all the other words that exists in the world. Do not get affected by their hateful words and by their hateful curses. When a doctor tries to do surgery on a child who has been manipulated and the child needs that injection or that shot to cure himself of a deadly bacteria a virus or a disease the child needs the vaccination and when the doctor comes to forcefully save the child the child shall curse the doctor curse him call him all the names in the world believe him to be a killer a torture who's

putting a needle in his baby veins but the doctor must not give up because the child will die. People who get sexually manipulated and sexually enslaved lose all their wisdom and all their humanity and all their senses. They become obsessed with sexual relationships they get addicted like drug addicts they cannot leave it and then they hate themselves for it and then they manipulate themselves and they choose to get manipulated by others until they become like a child as brainless as a child. They become angry and hateful towards anyone who tries to save their soul or teach them honour or respect. Their self-hate and self-anger diminishes their brain until they become like a child. So do not give up saving people or teaching them honour and self-respect no matter how much they fight with you do not let them go and save them all you can in every way possible. Let them call you crazy let them call you every other world word in the book that exists. But do not back off.

Every single people who suffered around the world every single woman who got assaulted when their country was taken over by foreign soldiers, every single soldier who got tortured to death face starvation and cold, every single civilian who got bummed in world wars and all their family members were lit on fire. Think of all those people. And all the people you see today might end up in a similar situation with even more suffering and pain if you do not save their soul right now. Those people who are suffering at that time had they known that this would have saved them then they would not have called you crazy or insane for preaching them Chastity celibacy and abstinence and for teaching them humanity and respect for other human beings.

Do not let those whose souls are dead and sexual pleasures have taken over their minds manipulate you or influence you. Fight to keep your humanity intact and fight to teach all those you face everyday the humanity of the soul and feelings and mercy and pure love for everyone else.

Cry weep to purify your soul.

Karma is real. When you don't feel. No one will feel for you.

When you take satisfaction from the sexual relationship or sexual humiliation of others in videos or reality, one day you either become a victim or your children will be a victim

DRUG ADDICTION AND SEXUALITY:

Many people who are drug addicts gave interviews, and from them, I learned many of the details given here.

There are many men in the world who are emotional. I myself have seen almost four of them. Amongst my research subjects, they agreed to volunteer with the stories of their lives. All four of them are addicts. I could not make myself tell them to let go of the addiction for I feared if they did not use drugs it would be as if they had killed themselves. Because I thought they would die out of sadness if they did not use drug to forget about their pain.

But that drug eventually made them mentally disconnected with the world. And that drug habit eventually made them selfish. And those merciful loving amazing men who are the greatest of men amongst their families and friends eventually became selfish and all their love went away and they became obsessed to get the next fix.

Somehow or the other drug also made the mentally weak and they became sexually dependent on other people. Oftentimes weak ones around them younger than them and weak. And their drug habit made them unattached to the pain of others.

Had they had patience. Had they worked strong enough. Although not their fault but had they tried through all their suffering and all their weeping if they could stay away from drugs, then I had strong belief that eventually these men could better themselves a lot more faster than now that they're addicted to drugs and addicted to make themselves forget the pain and make themselves feel high.

Drug is a very dangerous thing in the society of these youngsters of this generation.

I think the most painful thing about drug is that it is an act of selfishness. It is an act of making oneself forget the pain of others. Eventually it diminishes your sense of mercy and empathy for other people and makes you obsessed with being happy yourself with yourself.

Remind yourself that every time you're taking drugs you are in reality destroying the life of someone else someone who was helpless and someone who needed your help to survive. Every time you inject yourself with some dangerous drug you're essentially killing a part of your humanity and your

soul and in the process since you're an intelligent human being you're also killing and destroying the soul of another person who could have survived had you not drugged yourself to the point of insanity. Drugs are dangerous because the way it works is that the more you take it the more you need it the more you require drugs the more your body becomes dependent on it, and the more your body becomes dependent on it, the more your soul starts losing it's humanity until your heart becomes so selfish that if anyone takes that drug away from you or if you find yourself in a place with no money and no drugs your soul and your morality will fail you and your ethics will fail and will allow you to do any kind of deadly crime to gain some money to buy that fix of drug and so do not ever go near drugs or any other intoxicant because it is the worst kind of selfishness that one could ever do. We are human beings and thus we are social animals and even if you were to live in an isolated island with no humans or animals around you, you are still required to honour and respect and love yourself and in order to do so you cannot inject yourself with the deadly chemicals that were alter your brains and change your mind and turn you into something beastly and some kind of wild animal so try to be a human being and do not get addicted to anything whether it be sexual acts or fix of drugs.

Think about how many disasters took place in our world because someone decided to inject himself with drugs?

How many great men had their entire lives and careers destroyed and relationships ruined because they decided to become addicted to drugs, because for one brief moment, they chose to ignore all the goodness in the world and take a dose of harmful chemicals and drugs?

How many physicians invariably killed their patients because they were high on drugs and lost their talent or forgot the treatment for a certain disease?

How many great leader or military commanders lost their battles and succumbed to the enemy and caused their nation to be enslaved by the cruel adversary merely because they took drugs and got addicted to the selfish pleasure of the chemical compounds?

How many scientists forgot how to discover new and valuable theory and knowledge because they took so much dangerous drugs that it diminished their mental health and made them lose all intelligence?

Faling in love or lust with human beings is unhelpful, and serves to impede progress. It is akin to entering into the dark world of slavery, for the lover becomes a sexual slave of his lustful master. This quality of 'slave hood' is apparent in any lover of humans, as their obedient passivity causes them to lose all sense of self-righteousness and honour. Slavery is a pre-condition of a lover's actions and activity in the world. When a person becomes enchained with carnal desires, they will find it very difficult to lead normal productive lives, and her or his conduct in every aspect of daily life will be exemplify these menial qualities of restlessness and heartlessness. No more

will that person be able to deal with daily tasks with receptivity and attentiveness, or see fellow man or unfamiliar ideas with an unprejudiced point of view, and the lover's life will revel in a constant quality of sexual consciousness.

Every time you feel the urge to satisfy your emotional state and perhaps forget about a lingering pain or sadness by injecting yourself with dangerous drugs, this of those great men and unique poets and intellectuals whose contribution to mankind could have been invaluable had they been sober and clean but they all wanted to be selfish and quickly erase their sadness and pain by taking drugs.

Sadness is part of every human's life and so if you feel terrible sorrow or pain, harness that energy into something useful and use that pain to erase the pain of others and not kill your humanity by taking drugs and making your brain so mechanical that you cease to feel for others.

Those brilliant minds who took drugs to get rid of their sadness and pain should have stayed with those emotional experiences and tried to ensure no human in the world ever faces those terrible emotions again. But taking drugs destroyed all those golden opportunities for them.

If you feel pain in your heart. If you find yourself crying all night and all day out of all the suffering and the heartbreak your face, if you find yourself falling in Love with all the woman you see. If you find yourself loving all the children in the street. If you find yourself filled with emotions. And love and petite and mercy for all of humanity. If you find yourself move to tears easily then rejoice. There's nothing bad in it. It is a proof that you still have a soul. It is a proof that your heart is made with greatness. That Mercy still rules over passion and there's hope for you in the future. There are many few people in the world who have true intelligence and such strong love in them that pain sorrow and suffering does not turn them into bitter dependent monsters but rather makes them more meek and more emotional and more loving.

Depression and drug addiction is a grievous episode in any person's life, but do not try to destroy that pain of yours with something as poisonous as drugs. Even if you're suffering from unimaginable depression, every time you feel that urge to cry, then weep for the pain every man and every woman and all children are suffering from around the world. Use that love and use that power and use that mercy to save the world and to do all the goodness in the world. If you have love in you then you're lucky you were born with a pair of genes that is most beloved to all of humanity. You are born lucky as it is to say you are born with the privilege. All the saints of God and all the great men and all the bravehearted men and all the knights who saved countries and saved woman and saved children were all endowed with this greatest blessing that very few people in the world are born with, and that is love and that is mercy. If you have pain in you, and sorrow in your heart, it means you are great. Rejoice for the goodness of

your soul. Praise the Lord for making you born with a pair of genes which made you so merciful and so passionless and so forgiving and so soft-hearted. Do not destroy your soul by taking drugs. Do not destroy your humanity for a few hours of happiness and highness.

Use that depression use that sadness as a fuel to better all the world. Use that mercy and that love to save all the world. Use that purity and that love and that sadness to become close to God if you are religious. If you find yourself religious and believing in God then try to him. If you cry to him to the Lord who created you and you believe in that Abrahamic god. Then you will see yourself becoming a saint in front of your own eyes. You will witness the miracles of God in front of your own eyes. Even if you're a disbeliever you will find yourself becoming a believer. Should you use your emotion to cry like madness for all the pain in the world then you will see how you're being elevated into a position of saying to an angelic nature in the eyes of god.

Do not destroy your merciful heart which few people in the world still have intact. If you're in doubt with such blessing and such mercy and such love and such greatness, do not destroy it with drugs. Drug literally physically and biologically destroys your brain and the parts of your brain that are related with empathy sympathy mercy and love.

I had seen in front of my own eyes a man from Central Europe, born in the 1930s or 1940s, he was a meek man I'm filled with mercy and love and he loved his older sister and took all her bullying in such a way that very few men in the world would take. He was merciful and he was loving and I knew him personally. He was charitable and defended every woman who ever got beaten by her husband. He earned what money well and gave it all to his sister instead of being selfish and spending it on his himself. He took care of his family of his younger brother who was absolutely useless. Without ever wanting any return he took care of his entire family. This was a man of greatness this was a man of mercy. Not only that but he was handsome and loved by all who saw him. He fell in love with a woman who betrayed him with his friend destroyed him by insulting him constantly and one thing and the other led him to such pain and such suffering and torment that he went into drugs. Slowly by slowly the greatest man in the world became more and more heartless by the day. By the time he was 50 and approaching 60 he had become absolutely selfish and loveless. Hatred anger and vengeance had completely taken over his soul. He would constantly look for the next fix earn money get high on drugs and abuse and molest everyone he found around him. He used to hire sex workers of all genders and give huge drug-filled sex orgy parties in his mansion. Day by day he became more pathetic and more weak and by the time he was 80 he became a disgusting unfathomable human being indeed. He had become soulless his brain was damaged, and he had hurt so many people in his quest to gain the love of a

woman who hated him. It was a woman who was related to him in his family. Who was 30 years younger than him. In order to gain her love he destroyed all her rivals. He destroyed all the religion they stood for. He destroyed the countries and started political wars by paying mercenaries to give civil wars in the middle of those countries. This man from the most merciful humble beautiful amazing selfless human being turned into a selfish molesting abusing sex craved monster within the span of 20 years. And drug literally and physically destroyed his brain cells and made him a pathetic and evil and cruel heartless human being.

He started many civil wars in the 1980s and 1990s. In order to destroy or get back or take revenge on those who may imagine was his rival. And he did all of this to gain the love of a woman who was nice to him but inside deep down hated him. Then he went to men and those men were basing him. They were young and they were disgusted of his dependency on them and his sexuality. From a great man he had become almost despicable human being towards the end of his life. He died alone unloved by everyone hated by all cursed by all and was the reason for the suffering and the tournament of millions of women and children around the world. Because of the hate he preached and the fake news is he created through his mercenaries and the amount of religion he framed millions of people in the world would continue to destroy and hate each other and continue in the war affairs he started even 10 years after his death.

We can see how painstakingly lust enslaves a person to another's body, and he or she becomes an unconditional slave, who serves the whims of the sexual master, and ceases to be a human in his own right. However, with chastity one can be free, and rather than being slaves of human flesh, they can be a person in their own right, with their own agency. Love is nothing but an idea imposed upon the masses to deceive them into believing it is given and received freely, when it is nothing but another word for slavery, which is far worse and beastly than common servitude. A slave and a servant are not the same, for the servant works for his wages, and he may depart if the conditions of his service do not please him, and he may, if he chooses, set his will against that of his employer. But those who are enslaved to the human flesh will find that he or she can no longer retain agency over the persona, as the sexual master is not an employer, rather a master, and thus, the lover has no choice but to surrender his will to that of his master, exemplifying the quality of spiritual illness and mental poverty which lies at the very root of human bondage.

Because he had become selfish, and in his thirties after suffering from heartbreak after heartbreak. After his wife and his girlfriends died one by one. Which his secret lover was actually killing and framing everyone else. After suffering torment after torment and depression and hopelessness his weak body and his weak mind could not take it anymore and he turned to

drugs for a little happiness and he destroyed his entire soul and all his future and instead of becoming a great man in the world who would have saved all the world with mercy and love and would become celebrated and loved by all, he became the most hated man in the world after torturing and killing millions and millions of people.

Imagine yourself waking up everyday with two pills in front of you one is a black pill and one is a white pill.

The black pill is your drug. Weed mushrooms LSD marijuana whatever you want to call it all the drug in the world and all the highness in the world is in that one black pill in front of you on the right hand side of your face. On the left hand is a white pill which has nothing but sugar in it. It's going to make you taste a little bit sugary and get you some cavities which you can fix by going to the dentist and make you a little diabetic perhaps but eventually you can get cured from that diabetes by taking diabetes medications.

That black pill which is in front of you if you take it you will get a little high. You will forget about the pain for 1 hour. You will forget about all the heartbreak and all the suffering and all the images of your betraying lovers for 1 hour. For 1 hour you will not feel like weeping and crying out of loneliness and fear of your future and that. For 1 hour or 2 hours you will feel like you're in heaven happy imagining things in a dream world living out your dreams and fantasies. But in return for that one hour of happiness, you will destroy your soul. You will lose all your mercy. You will lose your greatness you will lose your humanity. You will lose all the soulful things that you were meant to do. You will lose all the greatness of the future that you were meant to do. If you were to become a civil rights activist, should you take that black pill which will give you 1 hour of happiness instead of becoming a civil rights activist who will save the world you will become a warmonger who will give wars to earn money so he could get more drugs and more lust. Instead of saving all the woman and children in the world who are suffering and getting forced into humiliating acts to survive, you will become should you take that black pill the very person who will torture those woman in order to earn money. If you take that black pill for that one hour of highness and feeling good, you will destroy your entire after life of being with God. You will destroy your entire heaven of Eternal bliss. For that one hour of happiness instead of becoming a saint or a beloved of God who would literally be possible to do miracles and save the world with God's power, instead you will become as disgusting person who will be hated by all and be despised by the person whom you are in love with and I hated and alone and be hated by God and face Eternal damnation just because that one hour of happiness from that black pill.

Should you take that white pill, your pain and suffering will not go away. Sometimes you will find yourself crying for hours until you feel like killing yourself. But after that when you wake up and go to take a walk you will

feel like saving the world. You will come up with ideas to save all the homeless in the street. And eventually you may save one person who will become a soldier and then a general and then he will stop the worst which war would have killed millions of people in the world. You will cry and weep uncontrollably and then take a pen or take your iPhone out and in your notes you will write a poetry which will hit the hearts of millions of people and after they read that poetry they will become better human beings and start giving charity to all the helpless and save all the poor people of their country. Should you take that white pill which is filled with sugar and candies and will make you cry even more because sugar is not helping you forget your pain. You will cry and you will weep for several hours or several days or several months or even an ear or two ears, but after that you will come up with an amazing plan and that plan will make you save a lot of people soul and all around the world you will be accepted to do good actions and save people, and every single people who will be saved you will get a copy of their good deeds and they're good actions. And then you will become a saint out of all the goodness that you preached and all the people that you saved. And in that and that closeness to God if you die in that situation you will go to Eternal heaven forget about all the pain in the world become most beloved to God and reach the highest position in heaven for eternity you will be happy.

The world is not for happiness, the world is for suffering, every single person in the world who tried to look for happiness in love and wealth and power and fame all got absolutely heartbroken in the end. None of them found happiness in any of these things at least of all drugs.

Do not destroy your own self for the happiness of a few moments. You must fight with your urgency to take drugs. You must fight against depression with other ways that will keep your soul intact. Take a hobby. If you're a woman get into makeup rest yourself up take pictures of yourself or make your friends take pictures of yourself. If you're a man get a new hairstyle and then take a hubby learn how to drive a private jet or a learn how to drive a fighter jet. Get try to get into acting. Buy a video camera make your friends or your sibling hold it try to act out fighting scenes like Jet Lee.

When you feel severe pain and suffering call a friend and talk to them. Watch a comedy cartoon. Take a hot shower drink a large cup of herbal tea which makes you fall asleep and take a long nap. Wake up from that nap and go for a long walk. If you have a swimming pool then swim for 20 minutes. Keep your mind distracted constantly distract yourself from your pain. Get into acting act out scenes. You don't have to be a professional movie maker. You can act out Shakespeare scenes in your own living room. Your own family members and friends and can come and watch you do a play and memorize lines from Shakespeare Hamlet and so forth.

Do not let yourself drown in your own misery and pain. You must fight to keep your soul alive. And you must fight to keep yourself drug free. If you find yourself getting into drugs after moving to a country or after moving in with a roommate or a friend or a family member. Immediately move out go to another place and another country until you find yourself enough come and a happiness to not take drugs.

Take the path of difficulty and pain because the end result is always amazing. Never take the shortcut path of happiness and lust and love and self pleasure. The end result is always bitter and destructive. And the worst of it all is that you will not even know that you're destroying yourself. You will think you're saving yourself but in fact and in reality you will be destroying yourself with your own hands.

Learn how to skateboard learn how to do skate roller skating. Learn tactics. Make yourself expert in an action. Whether it's a talent or not whether it

In the Christian beliefs, the scriptures insists upon the primordial purity of the Virgin Mary, because it is through her that the Word of God was given to this world, and she thus had to be free from slavery of human flesh, as only a free person can beget freedom and mercy, and so, those philosophers like Aquinas, Plato, Kant and Augustine insisted that humans can be free and honourable only if they are celibate or chaste, that is to say uncontaminated by profane desires and lustful knowledge. By the arguments of the philosophers, sexual and lustful worldly influence has been the reason for constant misunderstanding between the religious and irreligious people, and objectifying human flesh have led to long-term discord.

Whenever you feel sad or depressed. Turn on a cartoon or a spy film that saves the world, sit down with cheese flavoured spicy popcorn and a bottle of red bull, Mexican Fanta or a can of Arizona ice tea.

Whenever you have the crazy urgency to take drugs take a big mug temperature controlled hot enough to burn your tongue and make an extremely powerful cup of black coffee

Like a Super powerful coffee

Buy a coffee maker, buy every flavoured coffee, also try grinding it.

Become an expert in latte etc

Buy cappuccino mix if you hate black coffee,

You can also try shisha bubble gum flavoured, or even

Cigarettes (herbal) put herbs in it and it's much more better than drugs, try to keep it in your mouth even while you aren't smoking to stop yourself from the real drugs. (shisha, pipe etc)

Eat Godiva chocolates or

Dark chocolates (w/wo coconuts)

Cheese balls (Cheetos Utz balls etc)

Most expensive chocolate cake (David's chocolate cake or a box of donuts from donut plant (Brooklyn blackout or black and white)
Doritos (flaming hot etc spicy or cheesy)
Red bull
With a pack of pizza Pringles
Fanta pineapple
Any drinks that fizz
Potato sticks or vegan puffs

Buy some frozen pizza pockets and eat to your fill. Becoming fat is much more better than being a drug addict who has no brain or soul or mercy left to save the world. Those who love you will want you to be brilliant and loving and won't care about your weight so eat to your fill and drink green tea or take green tea pills to lose some weight later.

Whenever you get bored of eating take out your iPhone, iPod and listen to music

Writing dream stories with heart felt feelings. If you can sing, sing everyday a song and record it on your iPhone with apps that put extra rhythm in your words.

Start doing
Photography (astronomy)
Painting yourself

And try out acting action scenes to prove to yourself your own abilities.

Do not ever allow yourself to wallow in your own grief, spend every minute acting out make your friends hold a hand held camera and do actions stunts or even car drifting stunts.

Don't think yourself too old or too ugly to act.

Stop drugs and stop dreaming about your lovers which will only make you more soulless and enslaved to another person who despises you. Be proud and prove your own worth to yourself constantly.

The power of pain and the power of Mercy and the blessing that a person who is naturally emotional has, is the greatest blessing and the greatest Mercy and the greatest gift that one could ever have.

The power of love and the power of Mercy alone can save the world. It is true whether you want to call it the power of prayer or the power of human souls or the power of Mercy or the power of tears, whatever you want to call it but it is true that when someone prays with passion and love, 90 out of 100% time it gets accepted. 100% time it gets accepted but 90% of the

time it gets accepted immediately. When someone is suffering and a person with love and mercy in her heart or in his heart sees that suffering of that person and praise and weeps for that person's pain, immediately that person's life will change either he will or she will get better and be saved from that pain, or that pain will make that person a better person and will make that victim of the pain get immense and unimaginable reward and after life or in the future to come.

Every single person in the world who have an emotional heart and a loving soul and can feel the pain of others and feels Mercy towards the less fortunate or the luckiest ones in the world. They are born with the gem in their heart. They're the gems of society. They're the gifts of the world that keeps the world going. They're weeping and their tears are the reason why all the people in the world live in peace and in happiness.

Maybe that person may feel a little sad in his everyday life but because of his mercy and because of the prayer of his loving heart millions of people are getting saved every day and their destruction and they're suffering is going farther and farther away from their life.

Should all the merciful men and women who have loved in their heart and that suffer from unimaginable sorrow take the easier path and forget about their suffering by getting into drugs, then those persons prayer will not be accepted anymore. Then that person who was so merciful will lose his mercy and his the power that his mercy and love had the effect that the mercy and the power of his parents had had on humanity.

Rather than adoring and loving the saints and prophets and other noble characters and personalities and philosophers of the past, or even loving humanity at large, these lovers become entrapped into the web of filth and infatuation, and ceases to be human. They love someone for their flesh and body only, rather than admiring a religious or spiritual figure who can be loved for his courage and for his tenderness, or like the ancient liberators and warriors who are admired not only as warriors but also as the perfect husband, the perfect father and the perfect friend. Men like the saints and prophets are more worthy of human love because the humblest, most wretched man or woman, thinking of them, can dream of having such a friend. Those who were closest to these saints and prophets can find comfort in loneliness and courage in adversity, and this world would be a cold and inhospitable place without those great and free men and women who served humanity most selflessly.

For a moment of highness and a moment of drug use, that person will lose his passion and his feelings for humanity. And if he hadn't taken that drug perhaps his Mercy would force him to go out and do everything in his power to save the world and risk his life to make the lives of the most suffering people in the world get saved. But now because of his drug and because of his addiction to a moments of happiness he is going to become selfish forget

about the pain of others in his own highness and happiness and that's become a cruel and selfish person like all the other cruel and selfish people in the world.

Imagine that person who was once merciful taking drugs and becoming selfish and merciless and running after his own happiness and his own forgetting of his sorrows, imagine a young woman coming to him and telling him once upon a time I was suffering and I was your neighbour and I used to cry and weep all day but you did not care about me because you were too worried about your own pain and your own sadness and thus you got into drugs to forget about your pain and you go down two things that will make you happy instead of focusing on making others happy and now because you did not do anything to save me I am now a broken person who will go on to become weak and break all her children by not being able to give them love and that's because of her a chain reaction will start which will end in generations of abused troll monstrous people, all because of one neighbour of one man who was too busy taking drugs and being happy and being selfish himself and not caring about the pain of others. Because when someone gets into drugs they get into selfishness, the power of their prayer the power of their love and mercy is destroyed. They forget about the pain of others and they get obsessed and addicted to removing the pain of themselves. They become merciless and focused on their own happiness in their own survival and their own love and their own lust and their own pleasure.

The ones merciful men who would go out in the street and love anyone whom he saw suffering and helped all the warfare to stop and felt sorry for every single woman who got abused and did everything in their power to love all the children who are getting beaten up by their week minded parents has now become selfish because he's focused on his own next fix and his own next drug.

Not only that but those who get into drug addiction cannot even have the power to save themselves. Should that person stay away from drugs then that person would cry and pray and do everything in his mind and his intelligence to save himself from all the suffering he himself was facing, but now he will get into drugs and will go more deeper and deeper into his own suffering and torment until he loses his soul in the pain and torment that is going to break him mentally emotionally and destroy his soul and make him a selfish person who will do anything and everything only to survive.

It will make that person more and more weak by the day. And all those around him will enjoy his weakness and will enjoy the fact that he is now mentally dependent on them or sexually or emotionally dependent on them and no longer a free intelligent human being who is capable enough or brilliant enough to save the world to stop wars to give speeches to become a politician to become a civil rights activist to become an actor who would make movies that would honour a woman and children are to become a debater. But rather his brain has become he's obsessed over selfishness and

his own next drug. He has become cruel and he has lost all mercy and all feelings for human beings.

All because of his own selfishness and his own obsession to get away from his own sorrow and instead of using his sorrow and his pain to feel the pain of others in a way that no one else had the capability of feeling, he is now obsessed with taking drugs and making himself happy whatever the cost it is.

He is no obsessed with getting his own lover or getting his own lust or getting his own way or making his own pain go away and not looking to survive or to save himself or to save the world or to become more intelligent by the day or to become more talented so he could save all the world with his talent and his mercy and his justice.

How would they feel towards the end of their life those drug addicts who could have become the greatest doctors and the greatest actors and the greatest politicians and the greatest movie directors, end up becoming selfish little human beings who cared for none but their own selfishness and ended up making disgusting films which applauded the abuse of others and ended up becoming a warmonger who started worse against religions or countries that go against his personal selfishness or his ego.

Imagine that person who got into drugs only to forget about his pain now towards the end of his life, and seeing that millions of people who died because he was not merciful enough or humane enough are great enough to not do drugs and to focus on saving people and to focus on feeling the pain of others by letting his sorrow and his pain make him and give him a cause and an inspiration to save all those who are suffering on the world. To write their pain to feel their pain and to do everything in the world to let people know about their pain to spread awareness to become a great human being to become a saint a beloved to mankind and a beloved to god.

Drug diminishes the brains. Drug destroys a person's future by making him get more into the things that destroys him instead of looking for the cause which is bringing destruction and instead of making him feel the pain of others so he could fight to survive. Drug makes people more selfish and more self-centred. Drug makes people obsessed with lust and their sexual partners. Drug makes people incapable of feeling the pain of others. Drug makes people destroy others to get their own next fix.

Drug makes people not feel the pain of others nor have the urgency in them to help helpless. Drug makes people wallow in their own misery once the highness is gone and they by everyday they get more and more depressed and more and more dependent on drugs and drinks.

As though a divine incarnation, a person who falls in love cannot control his or actions and often model themselves upon the sexual master, and their lustful love becomes central in their physical and spiritual life, lending to an otherwise peaceful person something that resembles more like a wild beast

of prey. The lover of man can no longer be passionate and gentle, as he or she will become vilely enraged at someone who tries to take his beloved away from him.

Drug makes people dependent on romantic partners so much so that they will destroy all their rivals only to be with that person whom they believe is in love with them or they want to fall in love with them or make that person dependent on them. Drug destroyed so many great souls in the world. Because drug is selfishness and drug destroys the heart and the Brain.

It literally damages the intellectual capacity of amazing human beings who could have used their mental strength and their mental ability to keep footprints around the world of all greatness that the world needs so badly.

I have seen the most merciful and the most loving of men become dependent on drugs and before drugs they were making the most amazing films and the most beautiful books which wrote the pain of other people and after taking drugs they became selfish and obsessed with their own lust and their own happiness and their own ego and millions of people in the world are going to suffer because these people forgot to feel the pain of others.

If you have love in you, if you have the power to cry. If you're in doubt with mercy and feelings for other people. Then do the world a favour. Have a little Mercy on the people who are suffering. Have a little Mercy on all the women who are being sexually assaulted. Have a little Mercy on all the boys who are being molested and groomed. Stop drugs today stop your dependency on drugs or lust today and become a person who will make a film or write a book or write a poetry or do an action which will save the soul of millions of people in the world. There are 8 billion people in the world and only a handful of them have such mercy and loving them and talent to do something that will have an impact on all the world. If you have the talent if you have that power then do not misuse it. Do not destroy yourself with your own hands. Read the stronger person take care of your soul see it as a blessing each teardrop that falls from your eyes out of Mercy for others. Make yourself great you are already great. If you are merciful if you feel the pain of others if you naturally do not have vengeance and anger hatred and passion in you then you are already lucky. Use that love in you use that greatness in you to feel the pain of others and do not be selfish. You have no right to be selfish. There are enough selfish people in the world. But should you have a talent of Love or a talent to write or intelligence to do a good thing whether it's a movie or a book then you have no right to be selfish. All the woman and all the children in the world who are suffering will come to you and they will blame you and they will hold you responsible

for every pain and suffering that they suffered because you use drugs and you did not help them and you did not make a movie or write a book or make a political law or join politics to help save them. It is your responsibility alone. You are being selfish and cruel. The coolest thing in the world that you could do is destroy your own mercy and your own soul by getting into drugs and destroying your personality and your thoughts and your heart.

Stop drugs today. Stop drinking today.

Your sadness is your power. Your mercy is your power. Your love is your power.

You are amazing and you are great and you are perfect.

You do not need drugs to keep yourself going. You do not need drugs to make yourself complete. Stop it today be the greater person throw away every single drug from today disconnect with all those who supply you with drug give their information to the police start a campaign against drugs. Start counselling all the drug addicts perhaps counselling them and helping them get away from this addiction will help you get away from your addiction.

Start therapy today and try to talk with God whenever you feel high. Every time you feel like taking a drug sit down by yourself and cry to God for 20 to 15 minutes. Try to God beg him to let you go off drugs and to let you stay merciful and loving and give you a way out of this pain and the suffering. Take responsibility for your own soul because no one will.

Your enemies will rejoice when they see you as a drug addict who lost his mind and his soul and his heart. Your enemies Will rejoice to see you second to drugs and addiction and become a disgusting human being.

Fight with yourself fight with your own addiction it is your greatest enemy. Do not let addicts addiction take you over. Fight to keep your soul alive. Fight to keep your heart alive. Fight to keep Mercy in yourself. You must fight for yourself. No one else will fight for you.

It is not that hard. It is not that difficult. Make a rule that every time you feel like taking drugs you will eat snacks instead. Every time you feel depressed and before taking your next fix sit down in a prayer mat even if you're not a believer in God cry to the god of Abraham to free you from this addiction. Every time you feel like taking a drug, make yourself cry 10 minutes for all the people in the world who are suffering right now and have

no way out. Blame yourself for spending every single minute wasting away on your drug and your own selfishness and not trying to do something that would have helped and saved millions of people. Should a nuclear war take place to the natural disaster take place should a solar storm destroy the internet. You could have done so much goodness using this internet you could have written a book made a movie that would help people save the world and would make people merciful and would make people chaste and celibate. But instead you decided to take drugs diminish your brains and all those who are molesters and abusers and seducers took the chance of the film and made more and more movies too encourage sexual molestation and sexual grooming and millions of young women and young men got molested because of those movies and are now crying and weeping and you are busy taking a drug and not saving them by countering those evil sick men who have lost their minds and their brains and their humanity and their souls.

Most importantly don't victimise yourself. You may suffer you may have suffered heartbreak after heartbreak. Your girlfriends and your wives may have all betrayed you and cheated on you. Your children may hate you your family maybe against you your job May fire you. Your grades may be bad you may get expelled from your fancy university. You may lose a position in your job. You may get framed for a murder and go to a fancy prison in Europe or North America. You may cry and weep and suffer in depression until you become half mad with focusing on your own pain and your own suffering. You may victimise yourself and imagine yourself to be the most tormented human being in the world. You may think that no one in the world suffers as much as you. You may think that there's no one in the world who is unluckier than you. You may think that you're suffering if set against the suffering of all others of the world would still be the most severe. You may wallow in your own depression until it turns you mad. You may cry for hours each day. You may get anxiety attacks that makes you want to kill yourself. You may suffer from the severest form of meaning depression and spend hours each day crying until you lose your all hope and that seems like the only answer to you. And then you may victimise yourself to yourself. And justify taking drugs or drinks or anything to alleviate your pain.

The specific physical effects of substance use may vary among individuals and depend on the substance, dosage, delivery method, and length of use.

Substance use can sometimes lead to serious health consequences, like overdose and death.

It causes:

deficits in coordination

a quickened heartbeat

reddening of the skin or face

dizziness

nausea and vomiting

potential hypothermia
potential coma
methamphetamines
increased wakefulness and physical activity
decreased appetite
increased breathing
increased or irregular heart rate
increased blood pressure
increased temperature
cocaine
narrowed blood vessels
enlarged pupils
increased body temperature, heart rate, and blood pressure
headache
abdominal pain and nausea
erratic and violent behaviour
heart attack
stroke
seizure
coma
benzodiazepines
slurred speech
dizziness
problems with movement
slowed breathing
lowered blood pressure
heroin and other opioids
dry mouth
itching
nausea
vomiting
slowed breathing and heart rate
tobacco and nicotine
increased blood pressure
increased breathing
increased heart rate
tobacco or nicotine:
greatly increased risk of cancer
chronic bronchitis
emphysema
heart disease
leukaemia
cataracts
pneumonia
Long-term physical effects of using drug substances for an extended time
include:

heart disease
stroke
liver disease and inflammation
pancreatitis
digestive problems
cancer of breast, mouth, throat, oesophagus, voice box, liver, colon, and rectum
weakened immune system and severe dental problems
weight loss
intense itching leading to skin sores
risk of HIV, hepatitis, and other diseases from shared needles
loss of sense of smell
nosebleeds
nasal damage and trouble swallowing
other effects include:
infection and death of bowel tissue from decreased blood flow
inadequate nutrition and weight loss
collapsed veins
abscesses
infection of the lining and valves of the heart
constipation and stomach cramps

This is the greatest foolishness that everyone falls a victim to. Don't victimise yourself. Don't imagine yourself to be suffering or justify Your own self into taking drugs to relieve your pain.

People who try to justify their own actions to themselves suffer the most in the aftermath of it. Every sin and every harm that people do to themselves they justified by saying it's okay because I suffered. Or the worst sentence that a human being can do to himself and the worst way that a person could kill themselves and destroy their own soul is by saying this very word, that I deserve this. Because I suffered so much, I deserve this. I shall reward myself with some drugs or some sexual acts or something that's going to please myself.

Yourself is your greatest enemy. Don't reward yourself to make it strong so that it destroys your soul and your body and your future. And to victimise yourself you will feel like rewarding yourself and you will imagine that no one in the world is in worse pain than you.
This is the greatest mistake that all those who destroyed themselves said to themselves.

Never ever victimise yourself. This victim card is what every single seducer and every single sexual molester and every single sexual groomer uses to justify their sick sexual depravity.

They start victimizing themselves. They wallow in their own pain and then they justify their sexual seduction and sexual depravity by saying they can seduce or sexually groom anyone because they are a victim because if they don't do it then they will die or kill themselves.

This word this victim card is used by every sexual minister in the world and by every sexual groomer in the world never ever use the victim card. Never ever use the victim card to victimise yourself. You are not a victim you are an oppressor. You're oppressing yourself and by victimizing your own oppression you're giving yourself a green card to oppress others. And then justify it to yourself.

Love can be defined occasionally as a warm human emotion which the peasant can share with the mystic. The love people have for another is believed to be perhaps the strongest binding force in a world which is so marked with a binding power. For those people who find themselves hurtling down the path of love and lust, seek to pour their heart and body into another person who likely despise and hate them, but still a gullible lover will collect all his or her human emotion, which had been repressed at some points by the austerity of the doctrine of morality as developed in society, family or theology or even philosophy, and feels it has its full outlet in the person of a lover.

Don't use the word "I deserve happiness" or "I earned it" or I should "reward myself" to turn yourself into a selfish self-pleaser who will literally destroy your entire future and your humanity and then excuse it by justifying it.

Save yourself, don't abuse yourself!

Don't ever use the victim card to justify the selfish actions of yourself.

There are men and women your age struggling to get a meal a day. They are not worth less than you and you are not better than them. If you ignore their pain and still believe that you will be saved,

Think about all the day labourers in the world. They work 12 to 14 hours under hands and feet, they all suffer from many diseases, and they feed their children and pay the rent of their home by the hard work earned by their own hands. Think about the mechanics that work in garages. They walk work through an all night all day and ice-cold winter only to earn enough money to feed their wives and children. Think about the men who are security guards and Chase thieves and lyrics their life everyday in the cold in the winter at night by themselves to earn money to feed their wife and children while themselves suffering from PTSD a multiple disease. Think about the veterans whose soul got destroyed. Who suffer from injuries and PTSD and depression and still have to work to earn their pay. Think about all the men who pulled pictures in India and how they get beaten up by the

police and how they work hard physical with physical labour all day just turn one or two dollars to feed their wife and children and themselves. Think about all the men in Africa. Think about all the African men who join warlords fight and die and those who are forced into diamond mining only to earn enough money to eat a meal themselves and their children. Think of the suffering of all the Middle Eastern men whose whole country is ravished by war and whose children beg in the street and who enjoyed themselves and each of them in the Middle East have lost at least two to three of their own children and buried them with their own hands. They have no food they have no home they're kicked around from country to country and they're hated and blamed by the world. The religion insulted their honour diminished their stomach hungry their children did. Think about all the homeless people in Europe and America who live on the street in the cold. Who do not know where their next meal will come from. Who suffer from severe mental depression and anxiety. Think about all the homeless who have no medical care whose teeth are rotten who's cancer and ailment or eating in their body. Who don't know where the next meal will come from and eat out of dump trucks and garbage bins. Think about all the men in the world who suffer each day without complaining. Think about how much they feel like crying and how much anxiety they hide within themselves. Think about all the men who are homeless and who have no family and no parents who love them or grew them up. Think about men who have no siblings and were rejected by their lovers and forbidden to see their children. Think about the suffering of all the woman in the world who get beaten and whipped for a meal. Think about all the woman in the world who have a choice between homelessness and dishonour and has to take full responsibility for her starving children. Think about all the woman in the world who are kidnapped and put into sex trafficking rings around Europe in America and get beaten and whipped on a daily basis and insulted and assaulted for a couple of dollars to feed their children and themselves. Think about all the suffering of every single person in the world and stop thinking about your own suffering. Stop victimizing yourself and look at the real victims of the world. Look at the real victims of the real sexual assaults. Look at the real victims of poverty. Look at the real victims of sickness and disease. Look at the real victims of the world. Look at the real victims of mental illness and mental health. Look at the real victims of depression homelessness. Stop victimizing yourself and start victimizing others. Stop feeling sorry for yourself and start feeling sorry for others.

What are the effects of drug misuse?

Substance use disorder can lead to short- and long-term negative health effects. These can be physical and mental, ranging from moderate to severe. They will depend on the substance a person had been using.

Continued use of substances gives health-related problems caused by the usage that negatively affects a person's day-to-day life.

Examples of common psychoactive drugs include:

alcohol

cannabis
cocaine
heroin
hallucinogens
inhalants
prescription opioids
prescription stimulants
methamphetamine
tobacco or nicotine

Taking different drugs may cause:

changes in coordination
blood pressure and heart rate changes
feelings of being more awake or sleepy
changes in the appearance of a person's body

When chronic substance use occurs over a long period, these short-term physical effects may cause long-term changes to a person's brain and body.

The mental effects of drug misuse such as alcohol, cannabis, stimulants, and opioids, change an individual's brain function and structure after chronic use. This results in cognitive and behavioural changes and deficits that may remain even after someone stops using.

Short-term mental effects of common drugs include:

feelings of euphoria
easing of social interactions
irritability and anxiety upon withdrawal
enhanced sensory perception
feelings of euphoria and relaxation
anxiety
irritability upon withdrawal
drowsiness
concentration issues
dizziness
reduced anxiety
problems with memory
feelings of euphoria
restlessness upon withdrawal
prescription opioids:
pain relief
drowsiness
feelings of euphoria
methamphetamine:
increased wakefulness
anxiety upon withdrawal
Long-term mental effects

Examples of common drugs and mental effects associated with long-term drug include:

depression

anxiety

learning and memory problems

social problems

prescription opioids:

increased risk of overdose

methamphetamines:

anxiety

confusion

insomnia

mood problems

violent behaviour

paranoia

hallucinations

delusions

risk of overdose

mental health problems

irritability, trouble sleeping, anxiety upon withdrawal

What is substance use disorder? It is using more of a substance than a person intends or using it for longer than they mean to trying to cut down or stop using the substance but being unable to experiencing intense cravings or urges to use the substance needing more of the substance to get the desired effects (tolerance) developing withdrawal symptoms when not using the substance spending more time getting and using drugs and recovering from substance misuse continuing to use even when it causes relationship problems giving up important or desirable social and recreational activities due to substance use using substances in potentially harmful settings that put a person in danger continuing to use despite the substance causing problems to physical and mental health. More than 760,000 people have died since 1999 from opioid overdoses. In 2018, two out of three overdoses had links to opioid use.

What are the risk factors for drug misuse? Developing withdrawal symptoms when not using the substance. Certain substances may lead to drowsiness and slow breathing, while others may cause insomnia, paranoia, or hallucinations. Chronic substance use has links to cardiovascular, kidney, and liver disease. In addition to physical and mental effects, substance use can adversely affect a person's relationships, home and work life, and mental health.

What are the symptoms of addiction?

Psychological symptoms, social symptoms, physical symptoms. Addiction is a disease with a range of harmful conditions and behaviours. The main symptom of an addiction is a problematic pattern of use, which leads to

clinically significant impairment or distress. The specific symptoms vary according to the addictive disorder.

A person with a substance use disorder finds it difficult to control their use of a specific substance. They continue using a substance or engaging in addictive behaviour, even though they might be aware of the harm it can cause or when clear evidence of harm is apparent.

Powerful cravings also characterize addiction. The individual may not be able to stop partaking of the addictive substance or behaviour despite expressing a desire to quit.

The signs and symptoms of substance use disorder can vary with the individual, the substance or behaviour they are overusing, their family history, and their personal circumstances.

Century after century, poems have been composed in praise of the lovers of man and women, often vulgar poems unfit to be chanted beside the cradle or in the assemblies of the faithful, with lines expressing a devotion which can astonish those who know the trivialities of love and the temporariness of lust. Lovesick humans sometimes betray a profound nostalgia for that golden hour which they spend in the presence of their beloved, and savoured the sweet companionship of a human whose bodies are filled with numerous types of filth, and whose mind is clouded by thoughts and fancies of another.

Psychological symptoms of addiction that cause mental disorders include the following: An inability to stop using: In many cases, such as a dependence on nicotine, alcohol, or other substances, a person will have made at least one serious but unsuccessful attempt to give up. This might also be physiological, as some substances, such as heroin, are chemically addictive and cause withdrawal symptoms if a person stops taking them.

Use and abuse of substances continue despite health problems: The individual continues regularly taking the substance, even though they have developed related illnesses. For example, a smoker may continue smoking after the development of a lung or heart disease. They may or may not be aware of the health impact of the substance or behaviour.

Using substances can lead to solitude and secrecy.

Substance use disorder can impact the way an individual socializes with and relates to other people.

Sacrifices: A person with substance dependence might give up some activities that previously brought them joy. For example, a person with alcohol use disorder may turn down an invitation to go camping or spend a day on a boat if no alcohol is available. A person with nicotine dependence may decide not to meet up with friends if they plan to go to a smoke-free pub or restaurant.

Dropping hobbies and activities: As an addiction progresses, the individual may stop partaking in pastimes they enjoy. People who are dependent on tobacco, for example, might find they can no longer physically cope with taking part in their favourite sport.

Maintaining a good supply: People with substance use disorders will always make sure they have a good supply, even if they do not have much money. They may make sacrifices in their home budget to ensure the availability of the substance.

Secrecy and solitude: In many cases, a person with a substance use disorder may use the substance alone or in secret.

Denial: A significant number of people with substance use disorder are not aware that they have a problem. They might be aware of physical dependence on a substance but deny or refuse to accept the need to seek treatment, believing that they can quit “anytime” they want to.

Excess consumption or abuse of substances: Some types of substance use disorders, such as alcohol or opiate use disorders, can lead an individual to consume unsafe amounts of a substance. The physical effects of abusing a substance can be severe and include overdosing. However, for a person with substance use disorder, these effects will not be enough to prevent future overuse.

Having stashes: A person with an addiction may have small stocks of a substance hidden away in different parts of the house or car, often in unlikely places, to avoid detection.

Legal issues: This is more a characteristic of some alcohol and illicit drug dependences. Legal problems may occur either because the substance impairs judgment or causes the individual to take more risks to the extent of causing public disorder or violence, or breaking the law to get the substance in the first place.

Financial difficulties: An expensive substance can lead to sizeable and regular financial sacrifices to secure a regular supply.

The delivery method of a substance can cause damage. Smoking a substance, for example, can damage the lungs. Repeatedly using a substance can impact a range of bodily functions and systems.

Withdrawal symptoms: When levels of the substance to which a person has dependence drop below a certain level, they might experience physical symptoms, depending on the substance. These include cravings, constipation, diarrhoea, trembling, seizures, sweats, and uncharacteristic behaviour, including violence.

Appetite changes: Some substances alter a person’s appetite. Marijuana consumption, for example, might greatly increase their appetite while cocaine may reduce it.

Damage or disease from using a substance: Smoking substances, for example, tobacco and crack, can lead to incurable respiratory diseases and lung cancers. Injecting illicit drugs can lead to limb damage and problems with veins and arteries, in some cases leading to the development of

infection and possible loss of a limb. Regularly consuming excessive amount of alcohol can lead to chronic liver problems.

Sleeplessness: Insomnia is a common symptom of withdrawal. Using illicit stimulants, such as speed or ecstasy, might also encourage a disrupted sleep cycle, as a person might stay up late for several nights in a row to go to parties and use the substance.

A change in appearance: A person may begin to appear more dishevelled, tired, and haggard, as using the substance or carrying out the addictive behaviour replaces key parts of the day, including washing clothes and attending to personal hygiene.

Increasing tolerance: The body experiences reduced effects of the substance over time, so a person feels the need to take more to achieve the same effect.

Substance use disorder has many symptoms that can cause damage to an individual's physical and psychological health, everyday activities, and social life.

The effects depend heavily on the type of substance, personal circumstances, family life, a person's level of insight into their behaviour, and their current finances.

Psychologically, a substance use disorder can lead to continued use despite other effects on health and an inability to stop using. A person might be obsessed with getting hold of a substance or partaking in their damaging activities.

In this passage, we have tried to highlight the dangers of unnatural drug use, but addiction to drug is a form of slavery, and so, in order to be liberated from this bondage, you must try earnestly to be free. Live exclusively under the general editorship of your clear and free mind, and quit unnecessary films and books which teach you to be enslaved to someone or something, and rather, read works of a scholarly nature which treat the spiritual aspects of the ancient and religious traditions. Some of these books may concern the Islamic religion, while others will have an inner dimension of hope and spirituality, and yet others contain the intellectual teachings of those schools which have been intertwined with and are inseparable from religious spirituality. Books and poetry and other literary and philosophical works will provide you with a more in-depth knowledge of humans and humanity at a moment when broad and yet profound knowledge of the religious and humanistic and moral tradition has become so necessary for the contemporary sexual world.

One could go on for hours, listing the harms of substance abuse, but it is not our intention to make a grocery list of how damaging drug use can be, because it is for humanity we live and survive, and it is love that should drive us to make sound decisions. Therefore, we must cease drug use, not because it will harm us, but because it will grievously injure our human brothers and sisters.

Substance and addictive behaviours might also lead to a withdrawal from personal responsibilities, previously important activities, and social interactions. They may lead an individual to seek solitude and engage in the substance use disorder in secret.

Substance use disorder can also lead to confrontations with the law, both in obtaining a substance and carrying out uncharacteristic or disorderly actions that result from the use of the substance.

Regularly taking a substance can also cause physical damage, depending on the type of drug. Some substances cause withdrawal symptoms that include many physical effects, such as shaking, sweating, or nausea.

If a person or someone they know has any of these symptoms, they should consider treatment for themselves or the person they are concerned about, as soon as possible.

To someone who has been maddened with lust and desire, no detail of their lover's life, however trivial it might seem, is found unworthy of praise, and everything which the lover comes into contact is sanctified, but human worshipping is nothing but slavery, and this servitude eventually causes the human heart to die an earlier death.

What are the earliest signs of addiction? This depends on the substance involved. Generally, the person should pay attention to the quantity of the substance they are using. Using the substance in larger and larger amounts should be a red flag to the person that they may be on the path to addiction.

DONT POISON YOURSEL WHEN IT MELTS YOUR BRAIN AND ORGANS.
The SWEET DRUG WILL NOT ONLY KILL YOU, BUT IT WILL MAKE YOU A KILLER. IT WILL MAKE YOU SO MENTALLY WEAK AND DREAM OF LOVE, AND FALL INLOVE AND KILL EVERYONE FOR THAT LOVEVR, AND THAT LOVER WILL HATE YOU NO MATTER HOW NICE HE OR SHE IS ON THE OUTSIDED, YOU ARE ONLY HELPING YOUR ENEMIES WITH TAKING DRUGS.

HOW TO AVOID DRUG?

Chew gum, take high doses of gum ancandi, diabetes is better than drug, that will make you weak, and all weak men become slaves o lovers and killer for those lovers, and all lovers hate these weak men.

Don't worry about teeth either, you can cure it with essential oils but kick the habit of drugs and try to be sober.

Fill all your drug bottle s with labels and sugars. And then eat those sugar balls.

Every single selfish people in the world who constantly victimise themself become ending up becoming the worst monsters and selfish evil tortures in the world. Every single sexual seducer and groomer victimise themselves and point fingers that everyone else demonizing them and victimizing themself for not being able to sexually fulfil themselves enough. This

victimizing oneself makes a hard cruel. It makes people lose all empathy and sympathy towards other people and makes them selfish and obsessed to please themselves.

This victim card playing has turned great people into selfish monsters of this world. In this generation everyone is desperate to victimise themselves to make themselves a minority to make themselves a victim of sexual oppression when they themselves are the sexual seducers and groomers of other people. This victim card destroys the heart and the soul and makes a person mentally weak and makes the merciless and cruel towards everyone else.

Never ever victimise yourself when so many people in the world are suffering. How would you feel if you were become homeless today if you were living in the street today, if you did not know

Where your next meal was going to come from, how would you feel if you were born in India and had to do labour and pick garbage from the age of four to feed yourself and your siblings. How would you feel if you were born in Southeast Asia where you had to pull riches throughout the day get beaten up by the police spit at by people insulted by your passengers and end up pulling a heavy load with your bare hands and feet all day all night for hours in the scorching heat without any food and water and only to earn \$2 in the end of the day. How would you feel if you suffered from depression and mental illness and had no therapist and no medicine. How would you feel if every single of your teeth was rotten and all your gums were coming off and the cavity had infected your nerve and the pain was making you unconscious and you did not have any way of going to the dentist or taking care of your teeth. How would you feel if you had to sleep in the street in -10° and shiver in the cold in the snow while all the other men around you would be sitting at home near a fireplace drinking hot coffee and smoking Cuban cigars. How would you feel if all your all your children would be taken away from you and you would never be allowed to see them. How would you feel if you were in prison for a drug charge and you were assaulted by multiple men sexually and physically and beaten and starved and depressed and lonely.

You are none of those things yet. You are none of those suffering did you have to face till yet. How dare can someone after seeing the suffering of all the men around the world still victimise themselves for a useless thing and start becoming selfish and do everything in their power to make themselves forget their pain instead of using their pain to feel the pain of others and saving those people who have no one to save them.

How would you feel if you were in that situation and there was a man across the globe who had enough money enough power over the media and enough backup to stand in politics or enough power over financial situations and enough intelligent to control intelligence agents and that man instead of

saving all the men and women who are suffering around the world and all the children who are getting abused and beaten and starved, that man decides to take drugs and forget about the pain of others victimizing himself and wallowing in his own imaginary grief and imaginary pain.

Don't be that selfish person. It does not take the universe minutes to change your position. Right now you may be taking drugs forgetting about the pain of others trying to make yourself forget all the pain and trying to please yourself in every way. But within a month or an error it could be that you will be the one suffering in those places and there will be men powerful intelligent and smart and emotional enough to feel the pain of others, yet he would choose to ignore you and do drugs and forget about all the pain of the world and imagine himself being a victim of pain and suffering.

We came to the world for a few counted days spend every minute trying to better the lives of others before your turn comes to leave the world and when it's your turn to leave the world try to leave it better than you had found it because there will be no excuse for you should you spend your few days of time in this world being selfish and pleasing yourself and causing harm and pain to others.

At a time when so much attention is concentrated upon liberating everyone in terms of sexual freedom, we must try to retain our humanity by rezoning the role of religion on the stage of contemporary history. Even if you feel hopelessly addicted to harmful things like sex or drugs, it is helpful to focus upon the roots and sources of God and religion, and ponder over the spirituality which it has infused over the ages and remind ourselves of the shared humanity of us all, which has been and remains our perennial fountainhead of energy and rejuvenation.

You will be responsible for every action that you do you will be held responsible for every minute you spend in selfishness and lust and every minute that you let go away from you without doing something to help others who are in a far more situation than you are.

Don't compare yourself or put yourself in the same skill scale as dumb and heartless people. Those who have no heart and no mercy or those who have no brain and no sense are not judged by men or God and are not punished for their actions for they do not even know what they do not do they remember what they did not do they remember what others did for them nor do they remember what they did for others.

But those who are intelligent and have a heart and mercy to go with that intelligence get punished most severely for every act of selfishness and every act of sexual pleasure that they have done or they enjoy doing.

Not a single action of theirs goes unpunished not a single pleasure of theirs go by without them suffering severe torment and punishment afterwards in retaliation for it. This is the unwritten law of the universe and has been

there since the beginning of time and no one can change it and no one can edit it and no one can disprove it because it has been proven over and over again and shall be proven so long as the universe exists.

Don't compare yourself with those who are not intelligent and imagine yourself to be deserving to enjoy all the privilege that those brainless people have and think that you will not suffer the consequence of your own actions. Before suffering comes to you before pain and torment breaks down your emotions and your brain and your heart and your soul do what you can to save all others and strengthen your soul and keep your mind intact and sympathetic towards all the world and do not allow drug or any other substance diminish your brain your mental ability to think are your empathy and mercy to feel.

For a few moments of fleeting happiness do not destroy the future of yourself and the future of all the world.

For every act of sexual pleasure or any pleasure you are destroying a huge amount of sustenance from your future survival.

For every act of pleasure and sexual thoughts and acts you will destroy a huge fortune from your future.

For every action of sexual pleasure or any other pleasure that you take happiness from you will be destroying a huge amount of Fortune from your own future.

Every act every thought every imagination every sexual thought or act or image that you see or words that you read you are destroying a huge amount of livelihood from your future living.

By doing drugs or any other pleasure you are destroying no one but yourself.

What kind of a full load someone have to be to destroy their own future and to destroy their own mind and their own brains and their own merciful heart and their own power of sympathy which could have helped them save the world so their actions are even through their tiers and prayers.

By doing drugs or any other substance abuse you will be hurting and destroying no one but yourself and no one else will face the consequence of your own actions but yourself.

Fight with the urgency to destroy yourself and fight to save yourself and save others.

No matter how deeply you are hurting and no matter how deep the betrayal of others towards you destroying yourself is never the answer and you must fight to survive and you must fight to make the universe survive and you must fight to keep your humanity intact and you must fight to keep your mercy intact and you must fight to keep the humanity of humans intact.

You have no excuse .

You are responsible for yourself and for others .
Stop drugs today .
Right now.
No not one more fix.
Never one more fix.
Write a poetry.
Write a song every time you have that Maddening urge to take drugs.
Don't do drugs or lust.
Do prayers, do love for all of humanity.
Do greatness do talents.
Do plays photography movies car racing and puzzles and games and
everything other than drugs and sex. Because one of them destroys your
brains and the other destroys your soul and humanity.

PRIDE:

Be proud. Whether you are a man or a woman be proud.
Be honourable.
Some people are naturally proud .
Some people are naturally honourable.
Some people have no weakness or self loathe, they worship themselves
instead of others, they respect themselves, they are indeed proud naturally
noble and honourable. But they also have lesser feelings and lesser
humanity for they cannot feel the pain of others as they are not humble
enough to connect with the pain and hurt of other people.

And for those who feel most passionately.
Passion is a medicine made with poison, one drop and you become a
prophet a saint Jesus himself when you feel the pain of others and sacrifice
yourself for other people , and two drops kills the patient, because then you
go or save someone and get tortured or abused or terrified, and you lose
hope in humans after betrayal and when someone comes to save you while
you are in such severe pain, you because of your passion become that
person's slave, first mentally then emotionally then finally sexually.
For successfully to remain celibate, it is often imperative to pray to gain
continued strength to be chaste and pure, and for prayer, one has to be
aware of a deity, or have the knowledge of God or the Necessary Being. One
area upon which many philosophers have deliberated is knowledge of God.
They discuss this from two religious and philosophical perspectives.
Knowledge of God, or theology in its most particular sense, is one branch of
philosophy, and is the soul and heart of philosophy in divine philosophers'
opinion. Here, however, we cannot narrate a summary of all their opinions
in this regard but it is helpful to become familiar with the way one
contemporary philosophers expound and formulates a profound
philosophical problem.

Philosophers like Kant, Newton, Augustine and Aquinas imagined knowledge of God to be the noblest and most valuable knowledge, and human evolution is dependent upon knowledge of God, since closeness to God, which is the origin of every perfection, is dependent upon knowledge of God.

Most people commonly know God as 'the Creator' or 'the object of worship'. Philosophers however, prefer to use a title which recounts the divine essence without consideration of His act or any relation between God and others; hence, they usually use 'the Necessary Being,' which means an existent whose existence is necessary. However, the concept of necessary being is a universal concept, so could in principle be applied to multiple instances. So, for example, in the Islamic traditions, the proper noun, Allah, taken from their prophet's teachings, is preferred for referring to God as an objective existence.

Almost every single passionate men I have met have ended in the same path, they saved people out of passion, then they got burnt on the process, then they all became broken, they became heartbroken, they lost faith in humanity after a dozen betrayal.

Then in their emotional outburst and their tortured soul and their lonely wailing depression a man came to save them and they became that person's slave with their heart mind body and soul.

They couldn't love without that person, they thought they loved they are they survived only for that person, their passion made them that person's slave , they worshipped their beloveds body served his soul and dreamed that that person loves them too. All these great men all ended in this way. They spent the rest of their lives chasing away every rival from their beloved's life and destroyed anyone and everyone who came near their beloved.

Be not passionate dear readers , even when you see all the world burn be not passionate because if you become passionate now ,and your heart is naturally soft and trusting and simple ,then while saving the world you may yourself get so burnt that you will become the burner who himself will burn down whatever world is left.

There was a man who was soft hearted sweet decomposition, beautiful to look at loyal to his family , brilliant and loving. In East Germany during the cold war, He fell madly in love with a women and a person fell madly in love with him. (It is always this way, whichever of my interviewees were second born sons who looked good and we're madly in love with women , they all had a crazy stalker who was madly in love with them and destroyed all their life while acting like the benefactor and saviour to them).

When he tried to marry her, his secret stalker kidnapped her had her assaulted , hired a look alike to confuse him, kidnapped her sister and had her under duress and threat to curse him and claim to be a sex workers etc. However he forgave everything and still married her.

This mans secret lover hired multiple men to pursue his wife and make her cheat and lie to her about him . His secret stalker hired several sex workers to tell his wife he cheated on her. He wept for her for days cried and wailed all night for her . She mistreated him and her new boyfriend beat him up and took away the daughter who he claimed was his own and not the official father's.

He kidnapped the little baby girl and left his wife .

His secret stalker eventually killed his wife and framed him for it and later came to break him out of prison to save him.

This man later faced many pain and suffering.

Each time he went near a woman his secret stalker destroyed her. Framed her made her a sex workers out of death threats etc.

His life became insane for he was completely dependent on women's love and could not come near a women without her getting killed or framed.

Depression too k over his life and he attempted suicide multiple times. He became half insane with madness.

He constantly cried and wept while being in and out of prison .

Later he find his wife's daughter and as she is the only woman who cares for hima.md loves him ,he becomes dependent on her.

One day she brings a boyfriend, all though young he looks like the stalker he once had.

He wants to marry his step daughter and take her away from him.

This man rages with anger and madness.

He suffered for thirty years in the hand of his stalker and now finally when he found someone who loved him, a similar looking man tries to take her away from him?

He starts to destroy the boy's life.

He frames him in murders and pays women to give false sexual assault cases.

He vows to destroy him as he sees this young boy as a symbol of that person who destroyed his life.

He later has the boy imprisoned and assaulted sexually by hundreds of men.

He has men beat him and tortured beyond human imagination.

When the boy finds out it's his lovers step father behind it all. He vows revenge by taking the girl away from her father at any cost.

The old man now hires multiple men to burn his face cut off his male organs and takes up a different path, he starts acting like he supports the boy so the boy stops all animosity towards him.

Later he hired multiple homosexual sex workers to save the boy whenever he attacks him.

Each time the old man hires criminals to torture his son in law by cutting off his fingers burning him and beating him and burying him alive, he also sends homosexual sex workers to save him and proclaim love for that boy. Eventually hoping that the boy will leave his daughter and go to other men. The ruse works he becomes homosexual and leaves his daughter. Then the hired sex workers leave him. By now the boy is completely damaged. His brain is damaged. He is half insane, from the age of 20 to 30 he has been sexually assaulted by men almost 300 times. He has been beaten to half death nearly eight times. He has been imprisoned and framed and given death sentence almost 6 times from which his lover begged her father to spare his life.

Then this boy was buried alive with dead bodies several times and also locked in old abandoned grave yards for many times. Until he mentally broke down.

He became half insane and spent most of his time weeping and crying uncontrollably. Then one day while he wept, a young man came to help him and paid for his medical bills and was most sweet and nice to him. Then he fell in love with that beautiful loving soft hearted person. And when that man fell in love with someone else and wanted to marry her, he lost his mind. His entire life broke away in front of him. He cried all night, wailing like a child. All his life he had no one who loved him except this person, and now the person was going to marry someone else and forget about him? He immediately hired men to kidnap her or seduce her and break her up from him and have him tortured and frame her for it. He made his wife run away from him with another hired man and made his wife pregnant with another man's child hoping he would leave her. But later, that young girl will become this man's most beloved step daughter and when she grows up and brings another boy home. Her step father will destroy him and make him fall in love with someone else through years of torture.

What was their fault? This story is not a lie. It is so accurate that not a word is false. This story is not singular in fact similar stories have happened in almost every country in the world throughout time.

What fault did all these men have in common? Intelligence and emotional presence and passion.

What did they do to deserve such maddening pain which destroyed their lives? Sex! Love! Lust!

Had these men been celibate abstinent chaste, none of these tortures would have happened!

NOT ONE! THEY WOULD HAVE HAD COMPLETELY HAPPY PAINLESS LIVES! IF ONLY THEY HAD BEEN CAHSTE AND CELIBATE!

But passion made them enslaved to love and that love destroyed their entire life.

So, when you feel passion, control yourself, don't try to be a hero, this boy tried to be a hero and save a girl from her overbearing step father, he ended up becoming a monster worse than his father in law.

Passion is the disease. Passion is the poison.
Don't be a hero! Don't try to save the world!
SAVE THE WORLD FROM YOURSELF, BY SAVING YOURSELF FROM
BECOMING A MONSTER!

Say no to passion.
Say no to sex.
Because sexual relationships make every intelligent man passionate.
Say no to sex
Because sexual activities make every intelligent man suffer unimaginable pain which breaks down him mentally and emotionally.

Say no to sex,
Because nothing good ever came out of sex. No one who you have sex with will respect you enough to love you and will secretly be disgusted of you.

Say not or sex,
because every intelligent man who enjoyed sexual relationships became sexually enslaved to young boys and girls in their old age and destroyed the world to keep them to himself.

Say no to sex,
Because every intelligent man who had sexual thoughts and pleasures, became mentally weak and dependent upon their lovers and became fools believing in false love of their false fake lovers.

Say no to sex,
Because every war every murder every crime ever done in the world was perpetuated by men who were sexually active, never did a celibate man ever give any massive wars or massacres or genocides.

Say no to sex.
Because you are free, because you are honourable, because you respect your own body and your own soul.

Do not dishonour yourself to others by becoming their sexual servant and sexual pleaser.

Be proud be honourable be respectable.

There's no pride in serving other people's sexual needs with your honourable body.

No, they don't love it or like it or respect it but rather they are disgusted of it but they do not show their disgust for they enjoy having intelligent people as their personal physical and emotional and willing sexual slaves.

Honour yourself!

Fight for Honour!
Fight for respect!
Fight for chastity!
Fight for purity!
Do not let yourself enjoy serving others sexually!
Do not let yourself become the sexual slaves who feels honoured only when they can sexually serve and please other people's filthy body part!
Do not let your body become the waste basket and toilet bin bag for your sexual partners.
You are a human being; you are honourable. You are free. You are amazing. You are respectable.

Do not serve others sexually.
Serve the helpless when it comes to food water or medicine. But never sexually serve people.
You are not born to be a physical embodiment of a toilet tissue, your job is not to serve and worship other people's stinking filthy sexual body parts, no matter how madly you love them or how desperately you want to serve them and find pleasure in it.
Force yourself to become proud.
Force yourself to become a chaste human being.
Force yourself to respect yourself.
Respect your body.
Don't abuse your body by letting others abuse you.
Don't enjoy being used and abused and insulted.
Sexual actions and relationships are poison in the bottle of medicine.
Sexual activities or cyanide in the shape of vitamin C tablets.
Sexual relationships are flesh eating maggots in the shape of sweet bright beautiful gummy worms.
Sexual thoughts and sexual passions are poison ivy in the bottle of perfume.
Any and all sorts of sexual relationships and sexual activities and sexual thoughts and sexual actions and sexual excitements are nothing but a parasite which enters through any sexual acts into the body of a human being, and it does not leave until it eats every single organ and sucks out all the blood and destroys the body the heart the soul and the brains makes the person a monster and then leaves only with the person's death.
All sorts of sexual relationships and sexual acts are nothing but a beautiful garden which is covered with artificial grass the scent of which roses makes a person paralyzed with excitement and happiness but one step into that garden and the false fake dresses Fall away and every single person falls into the pit of snakes. For those who are snake-like in their nature without hearts and souls and brains do not get too much harmed by those snakes but any human being who falls into the pit of snakes will be eaten tortured to death.

Sexual relationships and sexual environments or nothing but a beautiful swimming pool which appears so attractive and alluring. It promises coolness with her bath but the moment someone steps into it a thousand sharks and 1,000 alligators rip the person apart and kills their soul and either kills them physically or makes them an alligator and a shark.

Be honourable, be proud without arrogance.

You are a human being. You are honourable. You are respectable. You were not born to serve others with your body. You were not born to let others use your body for their sexual pleasure.

RELIGION GAVE US FREEDOM TO BE CHASTE:

The freedom women and other minorities have today are due to the presence of billions of religious men and women, because if the world became atheistic or pagan again, then everyone would lose their rights and privileges. Religion first allowed women to be chaste, unlike Babylonian women who were forced to become sex workers or public prostitutes. No better were the treatment of chaste Roman women who were often tossed in to arena to be devoured by wild animals, after being raped by numerous gladiators. Celibacy and chastity were considered to be too special for the pagans and so they did not allow any women to remain chaste. Without religion, neither men nor women are able to be celibate and pure. Well, we might argue that many people in the world are willingly choosing a celibate life, and no secular government is banning them from doing so. However, if women have the right to be chaste and put covering over her private body parts, then it is only so because of the existence of religion in our world, as billions of people on earth still adhere to monotheistic faiths, be it Judaism, Islam or Christianity. If religion is eradicated from the world, all religious men are framed for massive war crimes, and every religious laws and symbols, like the priest's robes, habits or scarves are forbidden, then people will gradually regress to the olden days of godlessness, and soon, every right woman now have will be taken away from them. In that irreligious world, no woman will be permitted to be chaste or even wear clothing. Today, in many secular parts of the world, nuns could get arrested or receive hefty fines for covering their hair in public places, and soon, women may be fined for wearing trousers in public spaces. Men and women will not have the right to be celibate and chaste in a pagan or godless world, because only religion allows people to be pure.

Pagans abhorred chastity, as they believed anyone who was celibate would become too pure and too powerful, and become free from all sorts of sexual perversion and human bondage, so they devised various methods to punish anyone who was chaste. The greatest victims of these pagans were the Christians of that era who often adopted celibacy and took vows of chastity. Pagans in the Greek and Roman civilisations knew that if people became celibate, they would be free from sexual addiction and human bondage, and

so they punished men and women severely for being chaste, often burning celibate Christians causing them to suffer agonising deaths.

In the city of London, which was written about by the Romans more than 1900 years ago, women were treated harshly by the pagan rulers and were often brutally murdered or tortured if they tried to live a celibate life.

Protect your honour. Protect your humanity. Don't let the world fool you and turn you into a humble animal. Don't let people's encouragement manipulate you into worshiping another person's sexual organs. Of course the world will want you to become as low as them. It's a jealous world.

Everyone wants to pull everyone down to their own standard and justify their own animalistic lust and brainwash people into believing it's honourable and love to sexually humiliate yourself and others.

Don't let the world make you a slave of your sexual desire and eventually make you the sexual slave and emotional slave of someone else, because of your own self-hate and weakness.

Fight with lust and the sexual thoughts the way you would fight with fire.

Sexually involved actions are far far worse than any fire that the world could ignite to burn you in.

Lust and sexual desires and sexual actions are a fire that burns every humanity away from one's soul. Sexual lust is a fire that burns every man's strength and mental health and burns down a man's self respect and honour so fiercely, that every intelligent empathic man becomes mentally so weak and so damaged by the pains and pleasures of sexual relationships and pleasures that they get completely mentally and physically broken down.

Lust and sexual fulfilment and sexual activities are a fire that burns a man's entire manhood away. It burns down a woman's humanity, sexual actions literally change a person from a merciful man to a cruel heartless loveless man within 5-10 years.

Sexual lust and sexual actions literally change a human being, I have personally seen a brave man most honourable fall in love with a woman, pursue her for ten years weeping crying for her while having sexual relationships with the women who helped him pursue her. Eventually after the years of rigorous sexual relationships and activities the once most brave and honourable man became mentally so weak that he started suffering from severe depression crying for hours on end. He then fell in love with another person and paid and removed that person's spouse and became that person's complete insane slave, killing anyone who comes near him. This person with all his wealth all his power, all his honour ended up becoming a slave of another person dreaming and making believing that the person loves him or cares about him because that person was a little nice to him.

His sexual activities for the last 20 years made him weak pathetic and too brainless to even realise how much that person he loves hates him. And now, the once brave honourable man is now a sexual slave involved in jealousy with other women and threatening and killing people for a worthless person who secretly despises him.

In front of my own eyes, I have seen not one, but more than several dozens of similar cases where sexual relationships and activities changed a man's entire nature and goodness and turned them into monstrous slaves and cruel animals ready to kill and abuse and assault anyone who dares come near their designated sexual master of worship.

Their sexual actions have indeed turned them from honourable, respectable decent free hearted men into territorial hungry cruel crazy beastly human flesh eating angry emotionally unstable dogs.

No man in the world can stay free hearted and free minded, once they become addicted to sexual activities.

No man in the world can stay honourable and just once they get into a sexual relationship, indeed they will become either a slave of that person or the emotional and sexual slave of another person.

No man in the world can stay merciful once they get into extremely sexually enjoyable relationships, they will either hate one religion madly or hate one country madly or hate one race madly insanely and destroy that religion or that race or that ideology which tells him to curtail his sexual depravity or preaches him chastity making him feel insulted.

Of you have to trust your wealth and children to someone, trust it to someone who is celibate, abstinent or at least someone who absolutely hates sexual relationships and does not justify it or preach it. Your wealth will be safe with them because they won't spend it to please their sexual partners and your children will be safe from them because in their weakness and self-hate they won't sexually seduce them or even sexually molest them in their thoughts and minds which is just as horrifying.

If you have to trust your life to some bodyguard, then look for someone who is celibate and abstinent and chaste. He or she won't be enslaved to their sexual partners and will not betray you should they suspect you to fall in love with their partner, nor will they betray you for money because they don't need to please or keep a sexual partner loyal to them thus they are in no desperate need of extra money.

Be proud. But never passionate.

For passion burns down the mind and sled respect of human beings.

Passion makes you enslaved to one person so much so that you want to make your honourable pure body become that other person's personal toilet!

Passion makes you enjoy being insulted

Passion makes you feel honoured to be dishonoured.

Passion makes man stupid and blinds away all honour and common sense.

Passion makes people humble and love one proven blindly and hate others blindly.

Even when it comes to save the world or seek justice, never become passionate.

Out of a hundred men who go to save the world 99% of them face so much torture and suffering that 99 of them become the monster who destroys the rest of the world. Only one person can save the world and save himself too. The rest become broken and enslaved to sex and lovers and destroy the world themselves.

Say no to passion! Say no to sex! Say no to slavery!

Say yes to honour! Say yes to chastity! Say yes to humanity!

Be pious and stay sinless, and pray, since it is a communication between the Infinite and the finite, the Absolute and the contingent, in the proper sense of the term. If you pray, then across unimaginable distances, God will speak to you and you will be heard, and God, Who cannot be described in words, as we describe a tree or a house, is none the less will draw you out of this universe of words into a universe of meaning. There is a religious invocation which suggests something of this miracle: 'O Thou who art described though no description reaches Thy true being; Thou who art absent from us in mystery yet never lost; Thou Seer who art never seen; Thou who art sought and found; neither the heavens nor the earth nor the space between is void of Thee for the flicker of an eyelid; Thou art the Light of lights, the Lord of lords, encompassing all. Glory to Him whom nothing resembles; the All-Hearer, the All-Seer.'

Be celibate and do not live in bafflement and disappointment

All the problem and all the pain in the world starts from two things.

Number one cruelty and number two sin. Cruelty is not to feel the pain of others and to become selfish and only care for oneself and one's own happiness regardless of the cost of that on other people. Selfishness is a huge part of cruelty.

Number two is sin: any sin that involves another person dishonouring another person or hurting another person is a sin. And the greatest hurt that a human being can do to another human being is to go into a sexual relationship with them. Or to even think sexually of another person. Every single person in the world who is suffering is suffering because of two reasons number one cruelty mercilessness and selfishness and only to care for oneself and not feel for the pain of others. As a human being it is a great mistake and a great crime to not feel the pain of others and to only care for oneself and one's own happiness. It is a duty of every human being to do whatever Justice they can and to give whatever charity they can afford to follow him in beings and to feel their pain and to feel mercy and empathy towards them. Anyone who is unfeeling towards other human beings is doing a very severe crime towards all of humanity.

And number two is sin. Anyone who hurts another person is a sinful person and the most severe form of hurt is to sexually use or seduce or groom or abuse another human being. Whether you manipulate them into agreeing whether you brainwash them into enjoying it does not change the fact that you are sexually using another human being and thus hurting their soul. You are hurting by dishonouring another human being's body. No human being

in the world is born enjoying sexual relationship. It is definitely the form of the most severest abuse. Yes people of the previous generation did not have any other way to produce children and that's the sacrifice was needed on behalf of both of a man and a woman in order to bring a life into this world. But it is the most severest form of sacrifice and that's the reward is a soul being born into the world. But those who can procreate in this modern generation without using the body part of another human being without dishonouring the body of another human being without abusing or seducing or grooming or sexually humiliating or degrading another human being, and yet still chooses to sexually get involved is doing the greatest crime and the greatest sin ever done by man. You can deny it you can call that person crazy you can justify it you can manipulate people you can brainwash children into wanting it but it's not going to change the facts. The fact is sexual relationship is the most degrading and humiliating experience that any human being in the world can have. Yes, a lot of people are brainwashed into sexually serving others and some people are so emotionally weak that they sexually serve another person in order to keep that person with themselves to take care of them financially emotionally and physically. A lot of persons, or children or teenagers are brainwashed by the media by sick perverted abused people who control the media and teach them to enjoy being abused and some even go to the severest form of teaching people to enjoy being whipped or spanked or tortured well in a sexual relationship. But that does not change the humiliation or the degradation that is involved with sexual intimacy but rather it makes it even more painful and even more degrading and even more humiliating. If a person wants to live an ultimately happy life, they must do two things. Number one they must not be cruel they must be merciful and just and be charitable and save all the humans who are suffering around them even if they have to sacrifice their own comfort for it.

NUMBER TWO: If a person wants to live and ultimately happy life, they must never sin. They must never ever allow any sexual thoughts to come to their mind. No not sexually use another person's body and not ever use their own body as well. You have no right to sexually abuse your body. You have no right to hurt your own body. Your buddy does not belong to you. It belongs to all the human beings in the world whom you are supposed to serve and save and help. You have no right to abuse yourself nor have you the right to abuse anyone else. You have no right to kill yourself nor have you any right to kill other people. So, if someone wants to live an ultimately happy life, they must never ever allow themselves to sin. They must never allow themselves to become sexually active or ever go into a sexual relationship or ever have any sexual thoughts.

If a person can follow these two rules, then they will never ever suffer in their life. They will find ultimate happiness ultimate salvation ultimate happiness ultimate comfort ultimate peace and can live a full happy life without ever being bothered by any suffering or any torment or any heartbreak.

The solution is very simple:

Number one: be merciful and Number two: be abstinent and celibate.

If someone finds themselves involved in a murder case or are being framed in a murder case and facing the sentence of death or a prison sentence or a life sentence, then let that person become absolutely chaste celibate and abstinent and avoid all sorts of sexual relationship and sexual activities and let that person be merciful towards everyone else give charity and help people and pray for them and pray for them when he is not helping them physically. Within three to five years that person will become absolutely free. The crime they're being accused of will go away. If they're in prison they will be freed. If they have a death sentence pending the death sentence will be removed. If they follow these two rules 100%.

If a person finds themselves in a disease or in pain and is suffering a lot of discomfort and is fearing a lot of pain in the future, then let them follow these two rules let them cry for the pain of other of human beings let them give charity and most importantly let them become sinless by becoming absolutely chaste to never allow any sexual thoughts or any sexual activities to ever take place in that person's life. Within three to five years there is 100% chance that that person will become cured from that disease and all the discomfort and pain will go away because they will find a medicine or a cure for it.

If a person finds themselves homeless shivering in the cold without a place to stay then let them follow these two rules. Let them cry for the pain of those who are hungry children and women who are hungry who are facing more pain and fear than him. Let him pray for him every day several hours and weep for them since he is not financially able to help them. And let him or her stay away from every kind of sexual activities and sexual thoughts and sexual videos and never allow themselves to mentally sexually abuse themselves or another person through physical sexual relationship or sexual thoughts. And if that person can become absolutely sinless and lust free. And if that person can become celibate and abstinent and chaste and make their hearts full of Mercy towards other people. Then there is a 100% chance that within three to five years this person will find a very beautiful home and extreme warmth and happiness and fulfilment in his life.

If a person finds themselves in a severely difficult financial situation where they're facing starvation out of poverty. Then let that person follow two rules to cry and pray for all those who are starving around the world. To pray each day several hours until tears come from his eyes and his soul feels the pain of others. And let him become absolutely celibate and abstinent and chaste. Within three to five years of being absolutely pious and pure hearted and pure-minded and pure bodied this person will become financially independent and will find lots of food and lots of financial backup to save himself and live a happy life without any pain or suffering or fear of poverty or pain of hunger and starvation.

If a person finds themselves pursued and hunted by the government with hundreds of enemies around them and if he finds himself in a precarious situation where he is a wanted criminal or has a very powerful enemy who is absolutely intent on destroying his life and the life of his family members then let him do two things. Let him cry everyday 1 hour for the pain of all those who are suffering around the world. Let him pray and cry until mercy and pity and compassion takes over his soul. And every single day, he must cry for the pain of other people and pray for them. And let him become absolutely celibate and chaste and never allow himself or herself to think of anyone sexually remotely. If that person becomes absolutely celibate and chaste and abstinent and stops himself from looking at anything sexual or thinking anything sexually provocative or looking or watching any sexually provocative movie or sexually alluring videos or articles or books and absolutely becomes physically chaste and never ever goes near anyone sexually or allows himself to ever have a single sexual thought, then that person within three to five years will become absolutely aware of all his enemies plans and plots and will be able to save himself and live in peace and happiness forever himself and his family members, if they stay chaste too. No matter how powerful his enemies are he will win. No matter how dangerous and how deadly the situation is he will find a way out. Chastity and celibacy and mercy will give him the power to save himself from his enemy even if the enemy is the most powerful man in the world. Even if his enemy controls all the demons in the world. The Angels themselves and God will come down to help this person and save him only if the person is absolutely merciful making sure that he cries to purify his soul every day feels the pain of other people and becomes absolutely chaste and celibate and humble and never allows himself to become sexually active in any way shape or form. This person no matter how many enemies he has and how much they are harming him or destroying him, he will win and he will win within three to five years. And there is no doubt in this fact. For it has been proven over and over again.

If a person finds themselves suffering from the severest form of depression a depression that is making him insane or a depression that is making her go mad in her loneliness and she finds herself crying 8 to 12 hours per day then let her do two things. While weeping, let her weep for the pain of all those who are suffering physically and sexually around the world. And let her become absolutely celibate and chaste no matter how painful and how lonely and how weak and vulnerable that person is. Let her stay single without any sexual relationships and within three to five years, I swear that person will find a friend who will give them therapy or that person will find a cause that will make them forget all their depression and their pain or the person will find themselves in a new country in a new situation amongst new friends where that person will flourish and forget about their all their depression and will never ever feel like crying again in her entire life or in his entire life. Every pain every depression every anxiety every sadness will go away should this person be able to stay chaste and celibate an absolutely

abstinent for 3 to 5 years. No matter how insane it feels like and no matter how much that person believes that this depression will never leave and only death is the answer. Let her or him try two rules for 5 years and then they will see miracles taking place and we'll find such happiness and such contentment that no matter how much they try they cannot make themselves cry again.

If someone is suffering from dishonour and defamation, whether that person is a political leader or a celebrity or a singer or an actor, if a person finds himself the victim of defamation and the victim of hate mails and finds himself dishonoured by everyone around him, or if he finds himself being insulted by journalists and the victim of hate mail. If he finds himself suddenly the most hated person around. If he feels dishonour in every path, he takes then let him do only two things:

Number One: Mercy for people or love for humanity.

Number Two: Absolute chastity and absolute celibacy of the heart the mind and the body.

And if he finds himself being blamed for things he did not do and finds himself being insulted by everyone around him then let him follow these two rules. Let him repent and weep for all those who suffered humiliation a lot more than him let him feel their pain and cry and pray for them and try to honour human beings by preaching on her and making laws that honour people. Let him preach abstinence and honour and respect towards human beings. And number two let him become absolutely chaste. Let him become so chaste that he never has any sexual relationship or sexual thoughts or sexual action ever done. Let him stay away from all those who are sexually active and become absolutely abstinent, pure hearted and pure minded. If that person should become absolutely pure hearted and nothing but piety religion goodness of people Mercy towards others and feelings stays in his heart and mind. Then because of that Chastity and that abstinence and that purity, within 3 to 5 years he will find himself the most honoured person in the world. All the defamation will go away from him. All the dishonour will melt away from his name. Someone else will be defamed in his place. People will find the truth and people will start honouring him all over again. Those who despise him and dishonoured him will now become his greatest friends. He will find honour and respect from everyone and will find his heart so pure so purified by staying abstinent and celibate for so long that that honour will not even matter to him. And he will live a happy life with respect and honour and will be able to die with respect and honour.

In one of my extensive research projects back in 2016, during the freshman year of my university, I had gotten admitted into a university which had a special program for veterans giving them extra benefits and flexible rules for them. The particular section or school was made during World War Two to accommodate soldiers who missed class because of the war.

Out of 67 veterans and currently enlisted soldiers and NCOs I managed to interview, two female servicewomen offered to help with my research and

they became fascinated when I shared with them all my papers and investigations of the last 5 years.

They wanted to help me but we just didn't have enough time to even meet because the pressure was tremendous and they would lose scholarship money if their grades went down.

Later, a year after I graduated, one of the young women emailed me saying she herself had interviewed approximately 200 soldiers in the last 3 years while she travelled around the world from army base to base, and she was now also a high-ranking officer and wanted to share with me a rough report of her findings. When asked why she continued this research on her own, she replied that she didn't for one minute believe in my results and findings and wanted to find out if my report about the connection between suffering and sexuality was at all a fact or a fiction.

She only emailed me because she was extremely petrified by her own report.

Amongst 200 soldiers on active duty and another 60 of those who were discharged, 100% of those who was forced, due to self-defence to either kill in defensive measure, or had to attack innocents, were all sexually extremely active.

79% of all those who were injured were in sexual relationships or were in the past.

The rest 16% were sexually active (as in sexual videos) but not in a relationship.

96% of all those who were suffering from severe PTSD were all sexually active and 73% were currently in a sexual relationship.

The report was very simple. Anyone who is sexually active or in a sexual relationship is bound to be forced in a situation where they are forced to either kill or be killed.

I could never forget about this report and when I was introduced to a middle east bound BBC journalist, I immediately begged her to do a side report for me if she should find herself stationed at any of the war torn Middle Eastern countries.

When she found herself near the Iraq Syria border, she went to many refugee camps even near the ISIS held areas. She tried to interview as many men as possible and women too. Of the most afflicted areas and in the families and villages were more than half of the people were killed or injured, and we're living in utter poverty and severe violence where arms were being given to them by mercenary groups and everyone was killing everyone and rival factions were destroying each other mercilessly and woman and children were getting kidnapped and held hostages and killed. Of all the interviews she took 95 out of hundred percent of them were extremely sexually active. Although starving and in pain and in suffering all those people in Iraq were extremely sexually active. They used to follow a rule known as meta which the Sunnis forbid severely and that is a sort of

marriage that isn't bound by death or time like the typical Islamic Judaic Catholic marriage.

And since the Iraqis were majority of them Shias, they were following this rule and almost every single of those men were extremely sexually active with multiple sexual partners. And every single of those men were either being forced to kill or they were being killed to survive. Every single one of those villages were involved in severe fractional violence against e Each other. Half the members of each of their families sometimes were killed or injured. The more sexually active a person was the more the person was forced into violence. The more they were being forced to kill and the more they were being killed themselves.

If someone wanted to stop the war in the middle east, then all they had to do was done everyone from all sorts of sexual relationship sexual activity and sexual thoughts. Or they would have to make such strict laws by bringing religion that out of fear of death or fear of penalty people would not enjoy their sexual relationships. And within 5 to 10 years every single violence in the Middle East would end. There would be peace there would be no fractional violence no one would come and supply them with weapons no one would starve them and force them to kill in order for food or money. This one sexual relationship destroyed thousands and millions of people across the middle east. Because of their passionate nature they were involved more heartily into their sexual relationships and thus say they suffered most severely in the aftermath of that action.

This same journalist went to nearby country where two religions were involved in a bloodbath with each other. One was being rocketed and in defence they had no choice but to attack back and thousands of civilians on the other side were dying resulting in the outcry of the world where both religions were cursing blaming and hating each other. When my associate went to the city of the ones who were being blamed by all countries for a genocide only because they were trying to defend themselves, she found out that the country whose population was about 8 million and in the capital of the country almost 400,000 men were homosexual. These women were all forced by the government to serve in the army and these men were now forced to kill civilians out of self-defence because their enemies were using civilians to shield themselves. This each of those men were forced to kill dozens of civilians and children. A two-state resolution was not accepted by either side ending with almost the hatred for both Abrahamic religion around the world.

There will be no resolution there will be no end to that war there will be no end to the bloodshed and there will be no end to date. There's only one answer for both the sides. There's only one answer for both the states and both the countries and both the religions. And that is celibacy. If every single one of those soldiers on both sides became celibate today became abstinent and avoided all sorts of sexual relationship and sexual activities,

then wasn't one year every single of the violence would end. No one would be forced to kill the other no one would die no one would kill and everyone would live in peace and happiness. The more they were sexually active the more they were forced to kill civilians and the more the civilians and the relatives were cursing them and the more they were suffering and being attacked and the more they had to attack to survive and the more civilians died in the attack and the more the civilians curse them. It was a vicious cycle.

DEDICATION:

This book is dedicated to all the victims of sexual violence and sexual abuse around the world.

This document is dedicated to every woman and every man and every young boy and young girl who is being sexually molested, abused or groomed today.

With this book, I hope to end the degradation and the sexual humiliation of all those who suffer around the world because of man's sexual indulgence.

May all the future children and youngsters of the future get reprieve from the sexual violence and torture that they will be forced to endure in the name of love or lust by sexually deviated men who control the media and use it to legalise their sexual abuse by calling it love.

I hope with this book, humanity comes back to being human again and that we can love children and youngsters purely, and no young boy or girl is forced by their abusers in sexual degradation and relationships. I hope to put an end to all sexual deviation and depravity so that no young boy or girl is forced by their abusers to watch sexually degrading films which legalise their abuse and justify it or attempt to groom them.

May human love and human honour prevail.

May chastity and human dignity win this war of sex and degradation and unhuman abuse.

May dignity and modesty and honour rule the world once again, and no more youngsters and sexual abuse victims suffer or feel compelled to leave the world of sick-hearted evil men by taking their own life away.

To every victim of sexual grooming, my research is for you.

To every victim of forced consent and sexual abuse, my heart is for you.

To every victim of sexual seduction who took their lives away, my prayers are for you.

May humanity win.
May honourable love win.
May human dignity win.

Let children be loved with purity and honour.
Let women be loved with purity, honour and chaste religion.
Let men be able to fear God, be free and protect the honour of children and young men.
Let the manipulators and abusers become powerless and let the brave hearted men and women rule with honour, dignity, faith and purity.

All my thousands of hours of research and interviews and hundreds of days of writing would be worthwhile if one less woman is abused, and one man less goes to the sex workers and one youth less is abused and groomed.

If one less human body is used for sexual pleasure, and person more is honoured for my work, then all the thousands of hours of research and interviews are worth it.

If one extra woman can find dignity in this degradation-filled world, then years of my life's time and thousands of hours of study are well worth it.

Ultimate gratitude and thanks to those who swallowed their pride, ego and dignity to offer me conclusive and authentic reports about their personal life and experiences, and without whose data and expertise, this research would have been incomplete.

Many thanks to those men and women who volunteered to participate in this experiment and also those who endeavoured to conduct interviews and note all the data for this book.

If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain-
Emily Dickinson